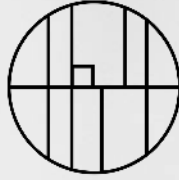


THE SÉR EXPERIENCE

YOU ARE OUR STATE OF MIND



INSTRUCTIONS | INGREDIENTS BOOK



We've curated this experience with you in mind. We wanted to be more than just a product. We believe in selfcare and our first experience reflects our culture of being at peace with ourselves first. We've partnered with small business to deliver natural, quality hand crafted experiences gifted to you

We also believe in the power of community and it's because of you, we are able to build our community.

Thank You



STEP 1

YOU

You are the first step

You've got great shoes, an awesome sense of style. but sometimes we need to focus on us as well. That's why we've curated this experience for you.

Now, choose your favorite playlist, forget the world and focus on this moment with yourself.

Because to us you're our state of mind.



STEP 2

DIFFUSE

Our room spray is infused with ginger and notes of grapefruit for a clean and energizing aroma.

Press the nozzle two to three times to diffuse within your space.

It's an invigorating elixir for your home and day to day life.

Ginger Essential Oil is stimulating and warming. It can enhance concentration and it can soothe and reduce feelings of stress, sadness, anxiety, lethargy, agitation, dizziness, and fatigue.

WARNING:

DO NOT USE THESE PRODUCTS IF YOU ARE ALLERGIC TO ANY OF THE INGREDIENTS OR IN OPEN AND CRACKED SKIN.
CONSULT YOUR PHYSICIAN BEFORE USE

Ingredients:

Polysorbate 20, Body Linen Spray, Pink Pepper EO, Grapefruit EO, Ginger EO.

STEP 3

INFUSE

In a large basin with warm water, add half of the foot soak powder and let it infuse for 30 seconds.

Test the water to make sure the temperature is not too hot for your skin.
Soak your foot for at least 10 minutes.

Grapefruit Oil's aroma is fresh, tart, uplifting and invigorating. It has both toning and astringent properties, working as a skin conditioner

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Ingredients:

Epsom Salt ,Peruvian Pink salt ,citric Acid,Baking Soda,water ,Almond Oil, grapefruit EO , Ginger, natural colorants.



STEP 4

EXFOLIATE

After soaking your feet for at least 10 minutes it's important to exfoliate by simply lather the exfoliating soap in water and massage your feet with the natural sponge and soap.

The soft and nourished skin after being exfoliated will also help your feet crack less in dry temperatures such as during winter weather.

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Ingredients:

Vegetable Glycerin ,almond oil,water,grapefruit doTerra essential Oil.



STEP 5

DRY

Our 100% cotton towel will help you dry your feet and remove any left dead skin for a healthy and invigorating moment with you.

Put on our shoes and go to town! Because we want you to be your best and feel the best!

100% cotton

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