

**THE WESTIN**

RESORT  
NUSA DUA  
BALI

# Balinese New Year Resort Program



Dear Guests,

We hope you're doing well.

Unlike the lively New Year celebrations in Western culture, Bali welcomes its New Year with peace and reflection. This sacred day is one of the island's most significant traditions, dedicated to cleansing and renewal.

Starting at 6AM on 29 March until 6AM on 30 March 2025, the entire island will observe 24 hours of complete silence. No one may leave their home or accommodation, and all roads, businesses, and even the airport will be closed. This is a time for meditation, fasting, and self-reflection.

To honor this tradition, we kindly ask for your cooperation:

- Please remain within the hotel grounds during Balinese New Year.
- Swimming in the ocean or visiting the beach is not permitted.
- Avoid leaving the resort, as the local community (Banjar) ensures that the island remains undisturbed.
- Keep noise levels to a minimum in respect of this sacred day.

If this is your first Balinese New Year experience, you're in for something truly special. Embrace the rare opportunity to disconnect from the world and immerse yourself in Bali's deep spiritual traditions. Our team is here to ensure your comfort—please don't hesitate to ask if you have any questions.

Wishing you a peaceful and memorable Balinese New Year with us.

Be inspired,

A handwritten signature in dark ink, consisting of a stylized 'S' followed by a horizontal line and a small dot.

Sander Looijen  
General Manager

# Balinese New Year and It's Sacred Traditions

On 29 March 2025, Bali will welcome the Çaka Year 1947 with a day of absolute silence—no lights, no traffic, no fire, and no noise.

In the days leading up to Balinese New Year, the island comes alive with vibrant rituals:

- **Melasti Purification (Three Days Before Balinese New Year)**  
Balinese Hindus perform sacred water purification ceremonies at beaches across the island, including Samuh Beach.
- **Ogoh-Ogoh Parade (Night Before Balinese New Year)**  
As dusk falls, giant paper-mâché effigies called Ogoh-Ogoh are paraded through the streets to drive away evil spirits. This spectacular event takes place near the Nusa Dua gates at 6:30PM—a must-see cultural experience!

On Balinese New Year itself, Balinese families spend the day in quiet reflection, fasting, and meditating. It's also a time for forgiveness, symbolizing a fresh start for the year ahead.

Enjoy this rare moment of stillness and cultural wonder—it's a memory you'll cherish for years to come!

## Dining Venue Opening Hours

### Friday, 28 March 2025 | Pengrupukan Day

#### BREAKFAST

Seasonal Tastes | Buffet Breakfast 6:30AM - 11AM  
The Lobby Bar & Lounge 8AM - 11AM

#### LUNCH

Prego 12PM - 3PM  
By The Water 11AM - 6PM  
(Food Service Starts at 12:00 noon)  
Ikan Restaurant & Bar 11:30AM - 5PM  
(Beverage Starts at 11AM)  
The Lobby Bar & Lounge 11AM - 6PM

#### DINNER

Prego 5PM - 10PM  
Velada 5PM - 12:30AM  
Hamabe 5:30PM - 10PM  
Ikan Restaurant & Bar 5:30PM - 10PM  
(Beverage until 11PM)  
The Lobby Bar & Lounge 6PM - 11PM

### Saturday, 29 March 2025 | Balinese New Year Day

#### BREAKFAST

Seasonal Tastes | Buffet Breakfast 6:30AM - 11AM  
The Lobby Bar & Lounge 8AM - 11AM

#### LUNCH

Prego 12PM - 3PM  
By The Water 11AM - 6PM  
(Food Service Starts at 12:00 noon)  
Ikan Restaurant & Bar 11:30AM - 6PM  
(Beverage Starts at 11AM)  
The Lobby Bar & Lounge 11AM - 6PM

#### DINNER

Prego 5PM - 10PM  
Hamabe 5:30PM - 10PM  
(Family dining at 5:30PM - 8PM)  
Seasonal Tastes 6PM - 10PM  
(Balinese New Year Buffet Dinner)  
Velada 6PM - 10PM  
The Lobby Bar & Lounge 6PM - 10PM

### ON BALINESE NEW YEAR DAY - SATURDAY, 29 MARCH 2025

In Room Dining available 24 hours

Due to the restriction to stay at the resort, we recommend to book your table in advance and take advantage of the early dinner opening hours. Opening hours are subject to change.



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# Balinese New Year Activity Program

Find harmony in the stillness of Balinese New Year with a day of complimentary enriching activities, from fitness to cultural traditions. Embrace tranquility and togetherness.

Saturday, 29 March 2025

## TIME

8AM – 9AM  
9AM – 10AM  
10:30AM – 11:30AM  
1PM – 2PM  
2PM – 3PM  
3PM – 3:30PM  
3PM – 4PM  
4PM – 5PM  
5PM – 6PM

## ACTIVITY

Morning yoga  
Cardio aerobics  
Water polo  
Fruit carving demonstration  
Ping-pong competition  
Sound bathing session  
Canang Sari making – Balinese heritage  
Swimming competition  
Water volleyball competition

Meeting point: Pool towel counter

For reservations, please dial "0" or contact Service Express®



# WESTIN FAMILY ACTIVITIES



A day of fun, creativity, and Balinese traditions!

Saturday, 29 March 2025

8AM – 9AM	Kids Zumba – Get moving and energized
9AM – 10AM	Balinese Offering – Create a traditional canang sari
10AM – 11AM	Balinese Dance – Dress up and learn graceful moves
11AM – 12PM	DIY Necklace – Craft your own fabulous accessory
12PM – 1PM	Closed for cleaning & disinfecting
1PM – 2PM	Table Games – Cards, blocks & coloring fun
2PM – 3PM	Tie-Dye Making – Get creative with colors**
3PM – 4PM	Suikawari Games – Traditional fun
4PM – 5PM	Fish Feeding – Connect with nature
7PM – 8:30PM	Cinema Night – Wind down with a cozy movie

Join us for a magical day of learning, play, and cultural discovery!

\*\*Advanced reservation required with an additional fee of IDR 150,000 per person



## Soul Breathing: Connect, Relax, Renew

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Reconnect with your inner self through ancient pranayama and mindful breathing. Calm your mind, relax your body, and renew your spirit in this transformative session.

Saturday, 29 March 2025

8PM - 9PM

Wellness Studio

Complimentary for in-house guests

For more information please dial 0 or visit Service Express® desk





# Serenity to Silence

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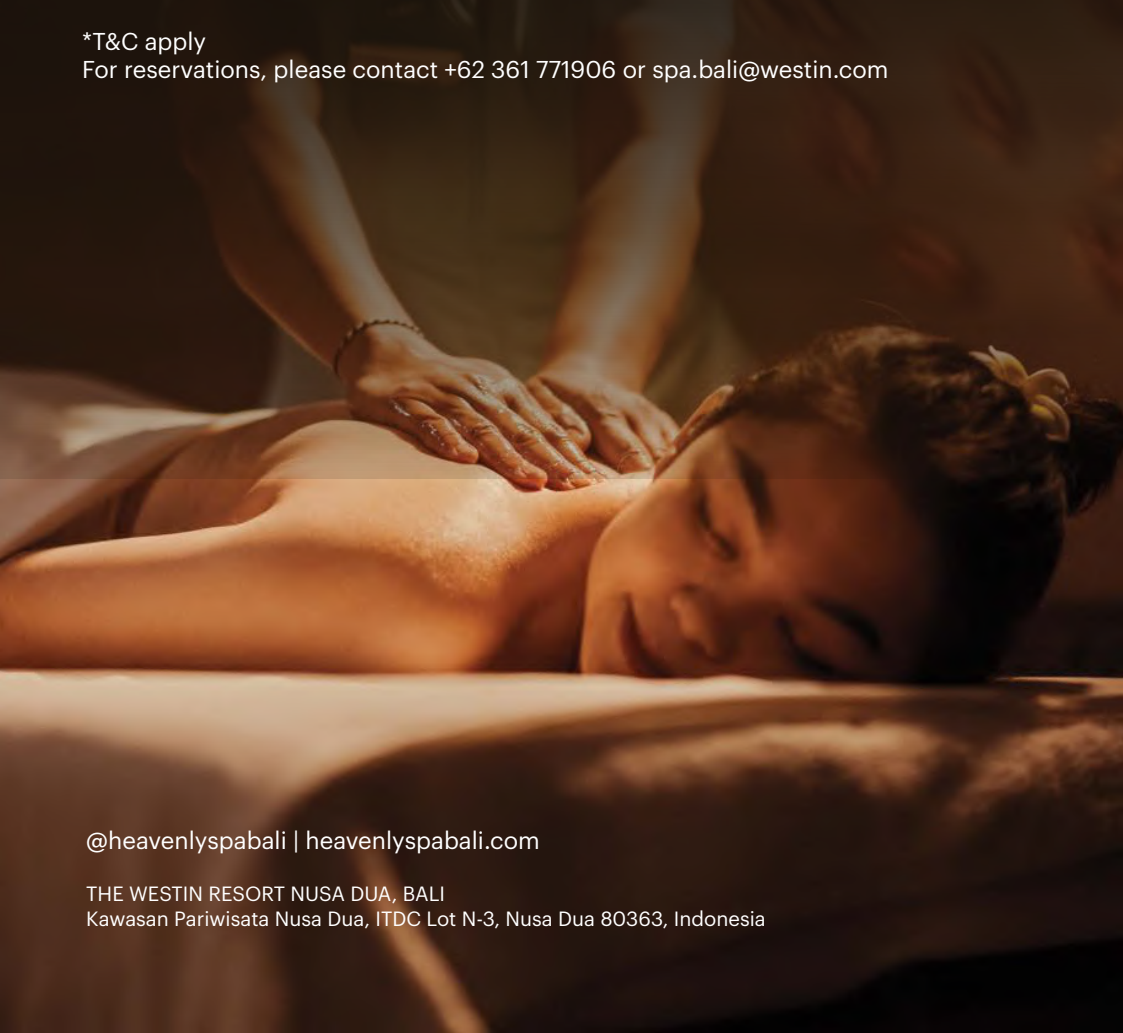
Rejuvenate this Balinese New Year with sound healing, a nourishing body scrub, a Balinese massage, and a refreshing facial.

IDR 2,300,000 per person for a 120-minute session

Price is inclusive to 26,5% government tax and service charge

\*T&C apply

For reservations, please contact +62 361 771906 or [spa.bali@westin.com](mailto:spa.bali@westin.com)



[@heavenlyspabali](https://www.heavenlyspabali.com) | [heavenlyspabali.com](https://www.heavenlyspabali.com)

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# Sandikala: A Journey Through Art

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A mini showcase of Balinese arts and crafts, including paintings from the local community, Mangurupa. Inspired by the poetic transition of twilight, this cultural display invites you to pause, reflect, and connect with the serene energy of Balinese New Year through captivating artistic expressions. Available from 17-30 March 2025.

Experience Sandikala through a live monologue dance, an art showcase, and a special SLB kids' performance on a special Celebrate Balinese New Year Resort Reception on 27 March 2025.

To purchase the artworks, contact our Service Express®