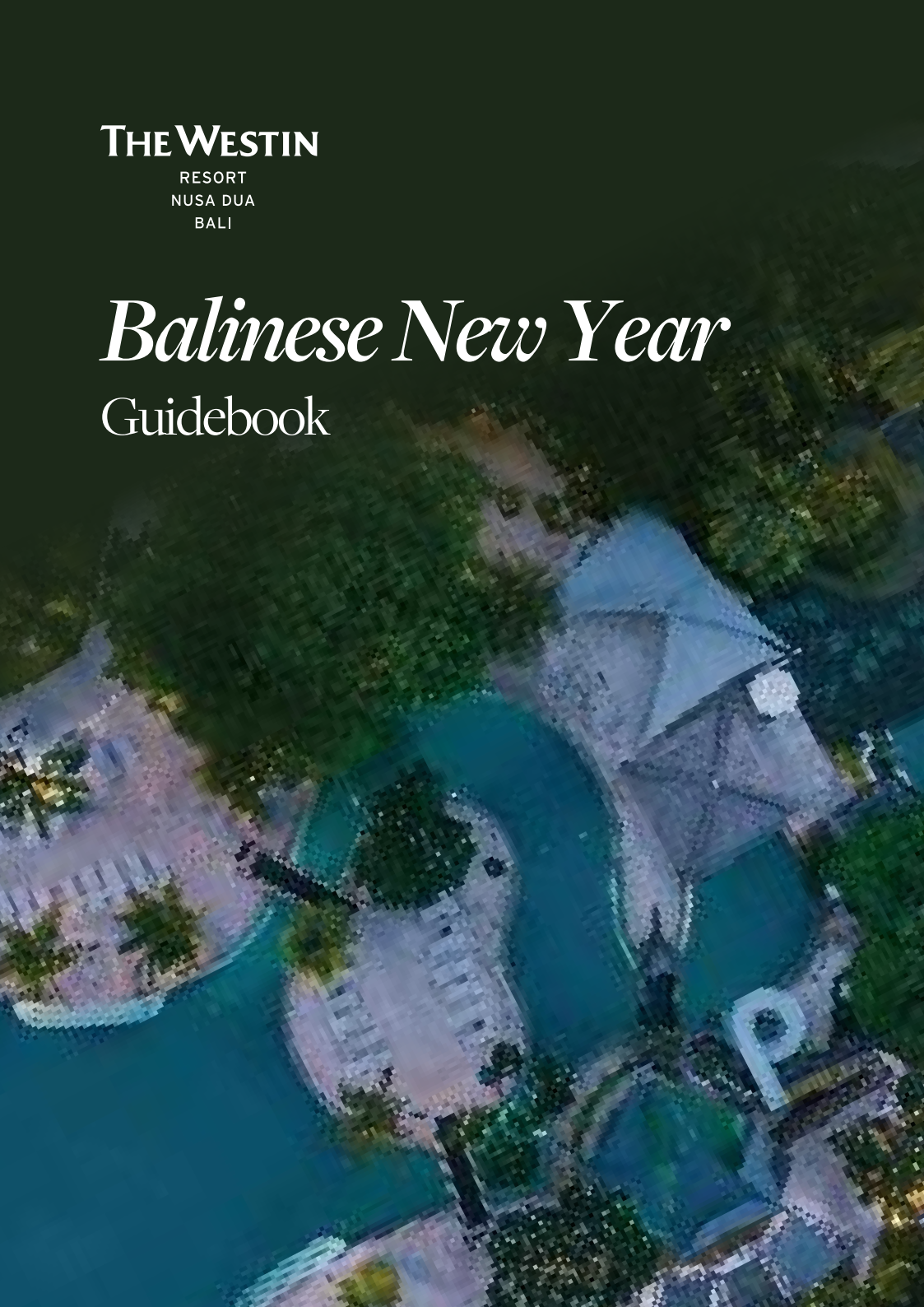


THE WESTIN

RESORT
NUSA DUA
BALI

Balinese New Year

Guidebook



Dear Guests,

We hope you are doing well.

Unlike the lively New Year celebrations commonly found in Western culture, Bali welcomes its New Year through peace and reflection during Nyepi, the Balinese Day of Silence. This sacred occasion is one of the island's most important traditions, dedicated to cleansing, renewal, and spiritual balance.

Starting from 6AM on 19 March until 6AM on 20 March 2026, the entire island will observe 24 hours of complete silence. During Nyepi, no one may leave their home or accommodation, and all roads, businesses, and even the airport will be closed. Guests are invited to embrace this unique time for rest, meditation, and quiet reflection.

To honor this sacred tradition, we kindly ask for your cooperation:

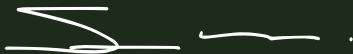
- Please remain within the hotel grounds during Nyepi
- Swimming in the ocean or visiting the beach is not permitted
- Kindly refrain from leaving the resort, as the local community (Banjar) ensures the island remains undisturbed
- Please keep noise levels to a minimum out of respect for this day of silence

If this is your first Nyepi experience, you are about to witness something truly special. Embrace this rare opportunity to disconnect from the outside world and immerse yourself in Bali's deeply spiritual traditions.

Our team remains at your service to ensure your comfort throughout this meaningful occasion. Should you require any assistance, please do not hesitate to contact us.

Wishing you a peaceful and memorable Nyepi with us.

Be inspired,



Sander Looijen
General Manager

Balinese New Year



Sacred Traditions

On the Island of the Gods, the Balinese welcome the New Year with a full 24 hours of total peace and stillness known as Balinese New Year.

In 2026, Balinese New Year falls on Thursday, 19 March, marking the beginning of the new Saka calendar. Unlike other New Year celebrations, Balinese New Year is observed in complete silence across the island—no flights, no traffic, no lights, and no outdoor activities.

(Three Days Before Balinese New Year)

Melasti Purification

Also known as Melis, the villagers carry sacred temple heirlooms and effigies in a solemn procession to the sea or other natural water sources.

The ritual symbolizes spiritual cleansing—purifying both the universe (Bhuana Agung) and the human soul (Bhuana Alit). Holy water is used to wash away negative elements, restoring balance and harmony before entering the new Saka year in reflection and stillness.



(Night Before Balinese New Year)

Ogoh-Ogoh Parade

As dusk falls, giant paper-mâché effigies called Ogoh-Ogoh are paraded through the streets to drive away evil spirits. This spectacular event takes place near the Nusa Dua gates at 6:30PM

a must-see cultural experience!



Curated Moments of Stillness

Dining Venues

Opening Hours

Wednesday, 18 March 2026

Pengrupukan Day

BREAKFAST

| | |
|--|---------------|
| Seasonal Tastes <i>Buffet Breakfast</i> | 6:30AM – 11AM |
| The Lobby Bar & Lounge | 8AM – 11AM |

LUNCH

| | |
|--|---------------|
| Prego | 12PM – 3PM |
| By The Water <i>Food service starts at 12PM</i> | 11AM – 6PM |
| Ikan Restaurant & Bar <i>Ikan Bar opens at 11AM</i> | 11:30AM – 5PM |
| The Lobby Bar & Lounge | 11AM – 6PM |
| Ganesha Elite | 11AM – 6PM |

DINNER

| | |
|---|---------------|
| Prego | 5PM – 10PM |
| Hamabe | 5:30PM – 10PM |
| Ikan Restaurant & Bar <i>Ikan Bar is open until 11PM</i> | 5:30PM – 10PM |
| The Lobby Bar & Lounge | 6PM – 11PM |
| Ganesha Elite | 6PM – 11PM |

Thursday, 19 March 2026

Balinese New Year Day

BREAKFAST

| | |
|--|---------------|
| Seasonal Tastes <i>Buffet Breakfast</i> | 6:30AM – 11AM |
| The Lobby Bar & Lounge | 8AM – 11AM |

LUNCH

| | |
|--|---------------|
| Prego | 12PM – 4PM |
| By The Water <i>Food service starts at 12PM</i> | 11AM – 6PM |
| Ikan Restaurant & Bar <i>Ikan Bar opens at 11AM</i> | 11:30AM – 6PM |
| The Lobby Bar & Lounge | 11AM – 6PM |
| Ganesha Elite | 11AM – 6PM |

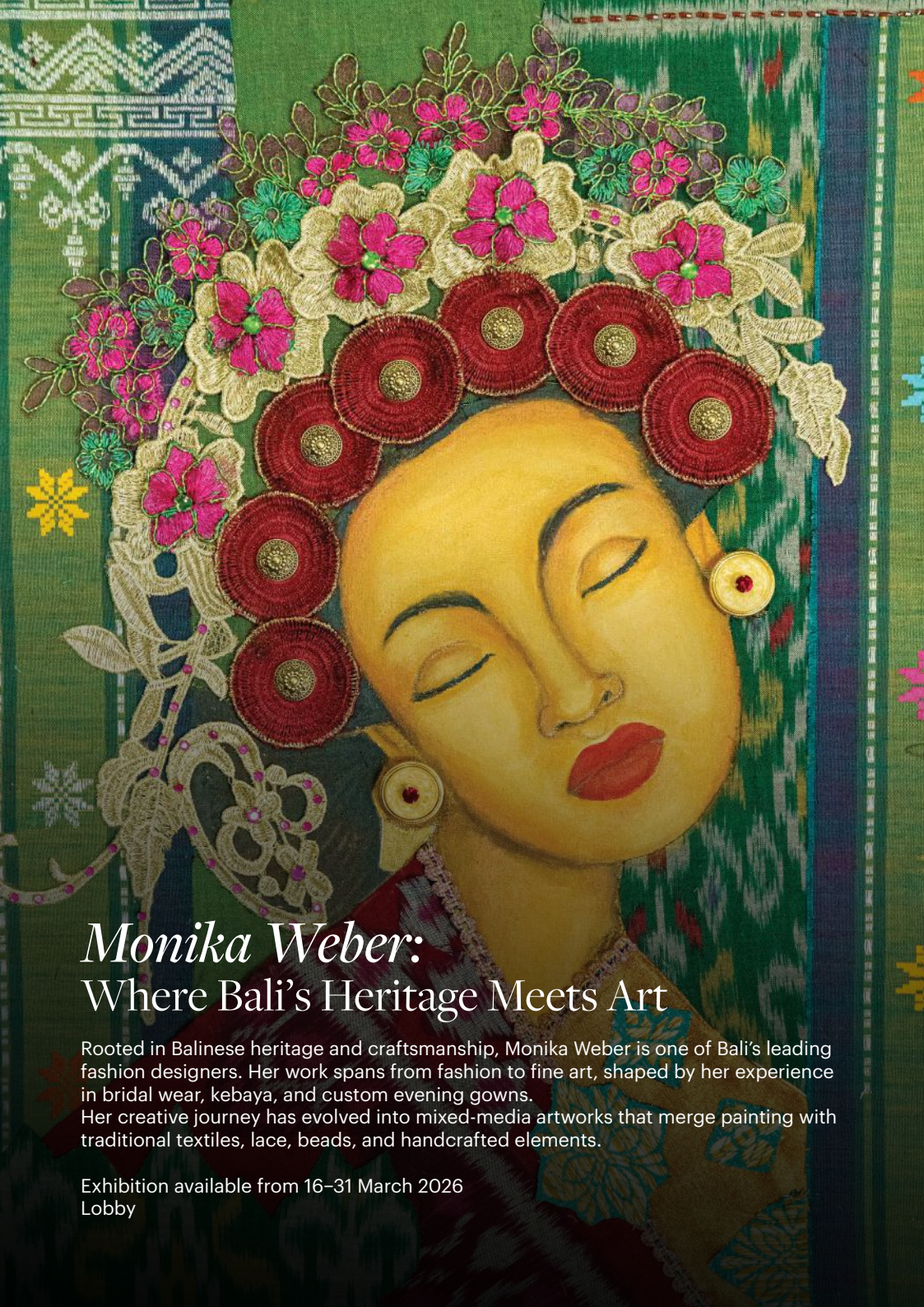
DINNER

| | |
|--|---------------|
| Prego | 5.30PM – 10PM |
| Hamabe | 5:30PM – 10PM |
| Seasonal Tastes <i>Buffet Dinner at IDR 690,000</i> | 6PM – 10PM |
| The Lobby Bar & Lounge | 6PM – 10PM |
| Ganesha Elite | 6PM – 10PM |

ON BALINESE NEW YEAR DAY - THURSDAY, 19 MARCH 2026

In-Room Dining available 24 hours

In observance of Balinese New Year Day, all guests are required to remain within the resort area. We kindly recommend reserving your dining table in advance and taking advantage of the earlier dinner service hours. Please note that operating hours may be adjusted in accordance with Balinese New Year regulations.



Monika Weber: Where Bali's Heritage Meets Art

Rooted in Balinese heritage and craftsmanship, Monika Weber is one of Bali's leading fashion designers. Her work spans from fashion to fine art, shaped by her experience in bridal wear, kebaya, and custom evening gowns.

Her creative journey has evolved into mixed-media artworks that merge painting with traditional textiles, lace, beads, and handcrafted elements.

Exhibition available from 16–31 March 2026
Lobby

A Serene Evening Feast

Indulge in a serene buffet dinner to mark Balinese New Year, Bali's Day of Silence and New Year, in a calm evening setting.

Thursday, 19 March 2026

6:30PM – 10PM

Seasonal Tastes

IDR 690,000 per person inclusive of selected non-alcoholic beverages
50% off for children aged 4–12 years

Price is inclusive of 21% government tax & service charge.



Silent Night, Sound Bath

Float Under Stars

Mark Balinese New Year with a serene Floating Sound Bath at our premium pool. Drift in gentle waters as calming sound vibrations guide you into stillness beneath the night sky.

A tranquil union of sound, water, and silence

Complimentary for resident guests
Thursday, 19 March 2026 | 8PM to 9PM
Premium Pool

Advance booking is required.
For reservations, please contact Service Express®



Physical Mobility Flow

Sunrise Session on Balinese New Year Day

Begin Balinese New Year morning with gentle mobility and mindful movement. Flow with breath, release tension, and settle into stillness as the day unfolds in quiet calm.

Gentle stretches | Breath-led flow | Closing stillness

Complimentary for resident guests
Thursday, 19 March 2026 | 7AM to 8AM
Heritage Garden

Advance booking is required.
For reservations, please contact Service Express®





THE WESTIN
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Resort Activities

Celebrate Balinese New Year in stillness and simplicity with meaningful recreation experiences designed for reflection, relaxation, and togetherness.

Thursday, 19 March 2026

| | |
|--------------|-----------------------|
| 8AM - 9AM | Yoga for beginners |
| 9AM - 10AM | Balinese Craft |
| 10AM - 11AM | Billiard competition |
| 11AM - 12PM | Chess Competition |
| 12PM - 1PM | Break |
| 1PM - 2PM | Ping Pong competition |
| 2PM - 2:30PM | Sound Bath |
| 3PM - 4PM | HIIT |
| 4PM - 5PM | Fruit Carving |

Please visit Pool towel Counter to join fun engagements
Complimentary for resident guests



Westin Family Activities

A day of fun, creativity, and Balinese traditions!

Thursday, 19 March 2026

| | |
|----------------|--|
| 9AM- 10AM | Kids Zumba |
| 10AM - 11:30AM | Making Tie-Dye** |
| 11:30AM - 12PM | Suikawari Games |
| 12PM - 1PM | Closed for cleaning |
| 1PM - 2PM | Table Games - Cards, blocks and coloring fun |
| 2PM - 4PM | Making Tote Bag** |
| 4PM - 5PM | Feeding Fish |
| 7PM - 8:30PM | Stargazing |

**Reservations are required one day in advance at IDR 250,000 net/kid

Join us for a magical day of learning, play, and cultural discovery!
For reservations, please dial Service Express® or visit towel counter.





Reconnect to Stillness

Experience the spirit of Nyepi with curated wellness rituals inspired by Balinese tradition, promoting stillness, reflection, and renewal for harmony of body, mind, and spirit.

Exclusive Inclusions: Healthy Meal & Product Gift

IDR 3,000,000 per person or IDR 5,500,000 per couple
19-20 March 2026

Exclusively available at Heavenly Spa by Westin

Prices are subject to 26.5% government tax & service charge.
For reservations, please contact +62 811-3885-683
or spa.bali@westin.com

THE WESTIN RESORT NUSA DUA, BALI
Kawasan Pariwisata Nusa Dua, ITDC Lot N-3, Nusa Dua 80363, Indonesia



