



THE DAILY DOSE BY ADITYA SEHGAL



'What's done is done. What's gone is gone. One of life's lessons is always moving on. It's okay to look back to see how far you've come but keep moving forward.' -Roy T. Bennett,

JANUARY 2, 2024



'He stood at the gateway between two worlds, at the place where imagination passed into creation.' -Michael Bedard

JANUARY 3, 2024



'I have noticed that the people who are late are often so much jollier than the people who have to wait for them.' -E. V. Lucas

JANUARY 4, 2024



'Straight is the line of Duty, Curved is the line of Beauty, Follow the straight line, thou shall see. The curved line ever follow thee.' -Hilary Mantel

JANUARY 5, 2024



'We fake perfect so others don't have to experience any unpleasant realities.' -Bryant McGill,

JANUARY 6, 2024



'If you can't show it, you don't know it.' -Aron Ra

JANUARY 7, 2024



'The pen is mightier than the sword unless it's a real sword in which case the guy with the pen should run away fast.'

- Roger Eschbacher

JANUARY 8, 2024



'There are no foreign lands. It is the traveler only who is foreign.'

-Robert Louis Stevenson Location: V&A museum earthenware of a foreigner: AD 581-618, Chinese Sui dynasty

JANUARY 9, 2024



'Feelings come and go like clouds in a windy sky.
Conscious breathing is my anchor.' -Thich Nhat Hang

JANUARY 10, 2024



'Step one: ascertain whether God exists. Step two:
figure out who He is. Because it's no good spending
your life devoutly worshipping the Invincible Sun if God
turns out to be the Eternal Flame. That's not just
useless, that's counterproductive.' -KJ Parker

JANUARY 10, 2024



'True friends chop the onions and cry together.' - Ljupka Cvetanova

JANUARY 11, 2024



'A tiger's function in the scheme of things is to help maintain balance.' - Jim Corbett
Tiger-shaped finial from the throne of Tipu Sultan

JANUARY 12, 2024



'Progress isn't made by early risers. It's made by lazy men trying to find easier ways to do something.' -Robert Heinlein

JANUARY 13, 2024



'Real beauty is in the fragility of your petals. A rose that never wilts isn't a rose at all.' -Crystal Woods

JANUARY 14, 2024



'It was like rising slowly out of a pink cloud, or a magnificent dream which, try as you might, drains out of your mind as the daylight shuffles in, leaving a terrible sense of loss; nothing, you know instinctively, nothing you're going to experience for the rest of the day is going to be one half as good as that dream.' - Terry Pratchett

JANUARY 15, 2024



'They ran to the museums for paintings. I ran to the roof for sunsets.' -Darnell Lamont Walker

JANUARY 16, 2024



'Why they always look so serious in Yoga? You make serious face like this, you scare away good energy. To meditate, only you must smile. Smile with face, smile with mind, and good energy will come to you and clean away dirty energy. Not to hurry, not to try too hard. Too serious, you make you sick. You can calling the good energy with a smile.' (From Ketut Liyer, the Balinese healer) -Elizabeth Gilbert

JANUARY 17, 2024



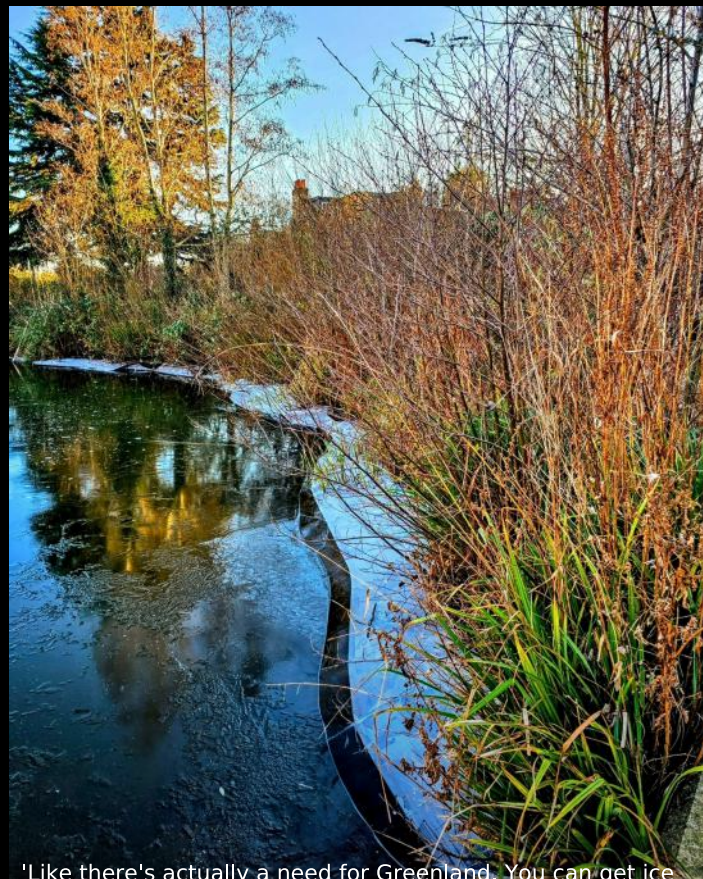
'Don't be drawn into any web of entanglement created by others.' -Steven Redhead

JANUARY 18, 2024



'It is a pretty structure, isn't it? It makes you think of something solid, stable, well linked. In fact it happens in chemistry as in architecture that 'beautiful' edifices, that is symmetrical and simple, are also the most sturdy.' -Primo Levi

JANUARY 19, 2024



'Like there's actually a need for Greenland. You can get ice at 7-Eleven.' -Steve Kluger

JANUARY 20, 2024



'Time marches on. Nothing we build lasts forever, not without others to keep it.' - Pierce Brown

JANUARY 20, 2024



'The sky was low at night, full of the presence of a strange and watchful God.' -F.Scott Fitzgerald

JANUARY 21, 2024



'Men build too many walls and not enough bridges.' -Joseph Fort Newton

JANUARY 21, 2024



'Don't take yourself so seriously. You're just a monkey with a plan.' -Naval Ravikant

JANUARY 22, 2024



'Only a shard of sky. But it shone so bright, so strong, piercing her vision. For some reason, looking up at it, she felt herself smiling.' -E. C. Colton

JANUARY 22, 2024



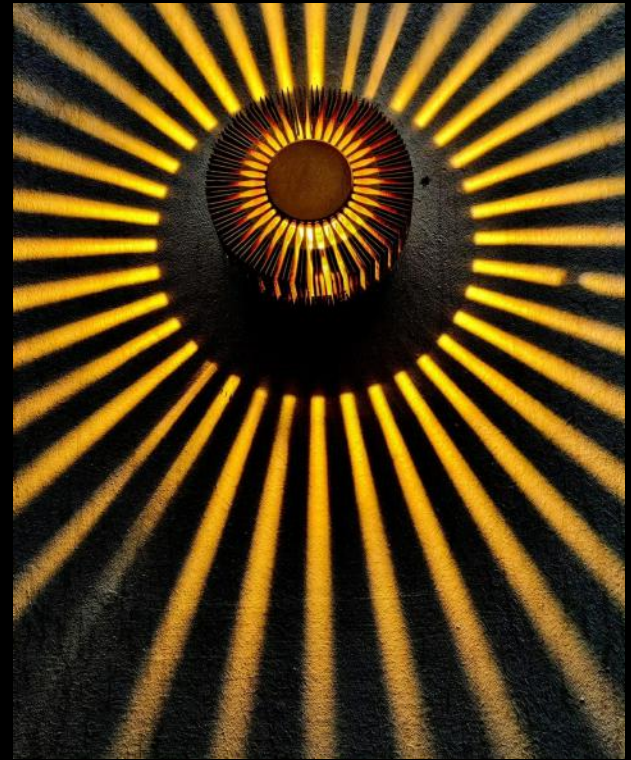
'It ought to be plain how little you gain by getting excited and vexed. You'll always be late for the previous train, and always on time for the next.' -Piet Hein

JANUARY 23, 2024



'When you live up to your down as much as your up,
you can then be OK with everything in between.
Therein lies life.' -Julianne O'Connor

JANUARY 24, 2024



'The universe is all about balance. The forces of light
and darkness are meant to keep a check on one
another. If one becomes too powerful and starts
overrunning the other, that balance will be upset. For
the tyranny of virtue is as unbearable as the
stranglehold of vice.' -Shatrujeet Nath

JANUARY 25, 2024



'Being the richest man in the cemetery doesn't matter to me. Going to bed at night saying we've done something wonderful... that's what matters to me.' -Steve Jobs

JANUARY 25, 2024



'We expect too much of new buildings, and too little of ourselves.' -Jane Jacobs

JANUARY 27, 2024



'You need to focus on takeoff and landing. The flight should be on autopilot.' -Dr Sanjeev Juneja

JANUARY 27, 2024



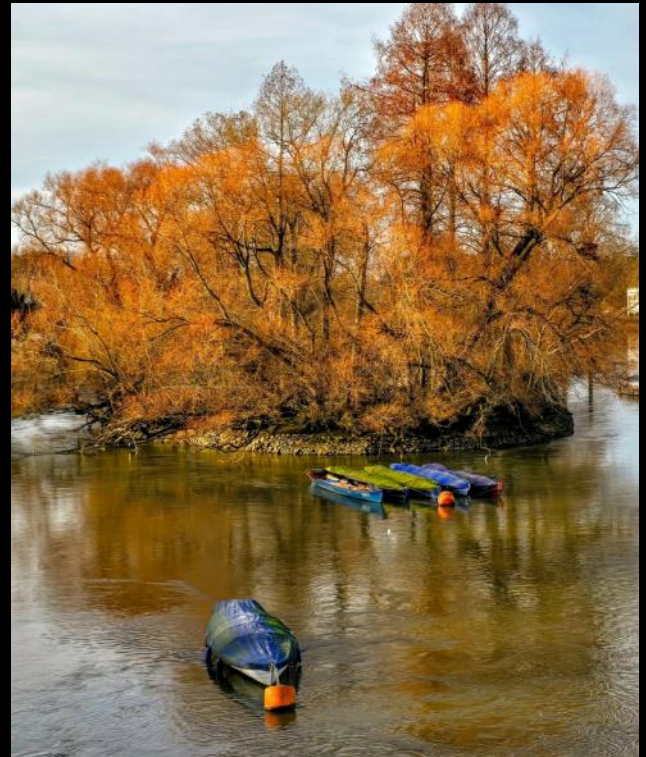
'I realise there's something incredibly honest about trees in winter, how they're experts at letting things go.' -Jeffrey McDaniel

JANUARY 28, 2024



The glass ceiling of happiness is held in place by two stout pillars, one psychological, the other biological. On the psychological level, happiness depends on expectations rather than objective conditions. We don't become satisfied by leading a peaceful and prosperous existence. Rather, we become satisfied when reality matches our expectations. The bad news is that as conditions improve, expectations balloon.' -Yuval Noah Harari

JANUARY 28, 2024



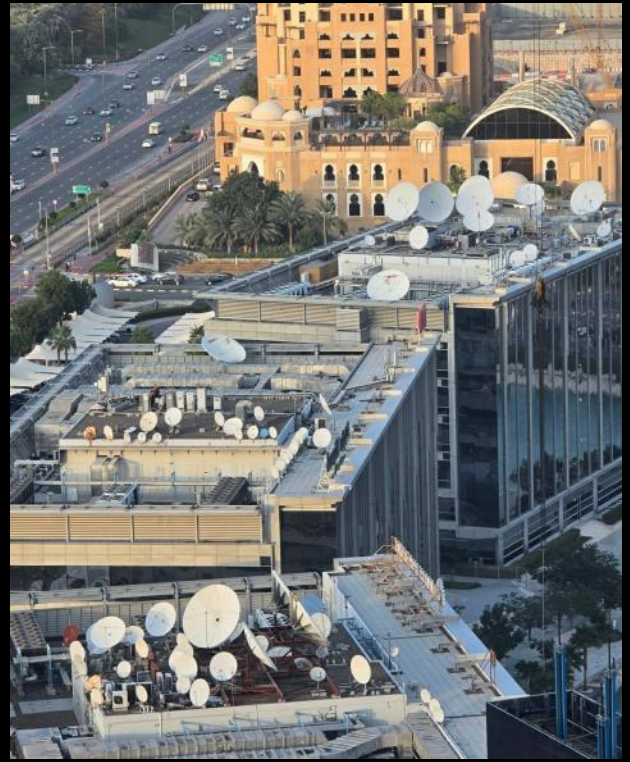
'His boat sank. They were all on his side.' -Ljupka Cvetanova

JANUARY 29, 2024



'To know how to read is to light a lamp in the mind, to release the soul from prison, to open a gate to the universe.' -Pearl S. Buck

JANUARY 31, 2024



'President Kennedy asked me about the satellite. I told him that it would be more important than sending a man into space. "Why?" he asked. "Because," I said, "this satellite will send ideas into space, and ideas last longer than men.' -Newton N. Minnow

FEBRUARY 1, 2024



'Morning is wonderful. Its only drawback is that it comes at such an inconvenient time of day.' -Glen Cook

FEBRUARY 1, 2024



'I came to realise that there are two types of cities in the world. The first are those you cannot penetrate. Even when you've entered this type of city, you are always on the outside, constantly circling its walls. You are always at a distance, never crossing its threshold. The other type, meanwhile, you can never leave. Once you enter, you remain imprisoned there forever.' -

Bakhtiar Ali

FEBRUARY 2, 2024



'No man can see over his own height. Let me explain what I mean. You cannot see in another man any more than you have in yourself. Your own level strictly determines the extent to which he comes within your understanding. If your intelligence is unawakened, mental qualities in another, even though they be of the highest kind, will have no effect on you at all... his higher mental qualities will no more exist for you than colors exist for those who cannot see.' -Arthur Schopenhauer

FEBRUARY 2, 2024



'That's rule number one for a photographer, isn't it? Fill your frame?' -David Cronenberg

FEBRUARY 3, 2024



'It is hard to make the boat go as fast as you want to. The enemy of course, is resistance of the water, as you have to displace the amount of water equal to the weight of the men and equipment, but that very water is what supports you and that very enemy is your friend. So is life: the very problems you must overcome also support you and make you stronger in overcoming them.' -George Yeoman Pocock

FEBRUARY 4, 2024



'Isn't it strange how a lamb can feel like a lion when comparing itself to a mouse, whereas a lion feels like a lamb when measuring itself against dragons?' -Richelle E. Goodrich

FEBRUARY 5, 2024



'I love you when you bow in your mosque, kneel in your temple, pray in your church. You and I are sons of one religion, and it is the spirit.' -Khalil Gibran

FEBRUARY 6, 2024



'Twist a tongue, and tongue a twist how many twists can a tongue twister twist around their twisting tongue. If a tongue twister's tongue could twist, how many twists would the tongue twister's tongue twist while their tongue was a twisting.' -Jazz Feylynn

FEBRUARY 7, 2024



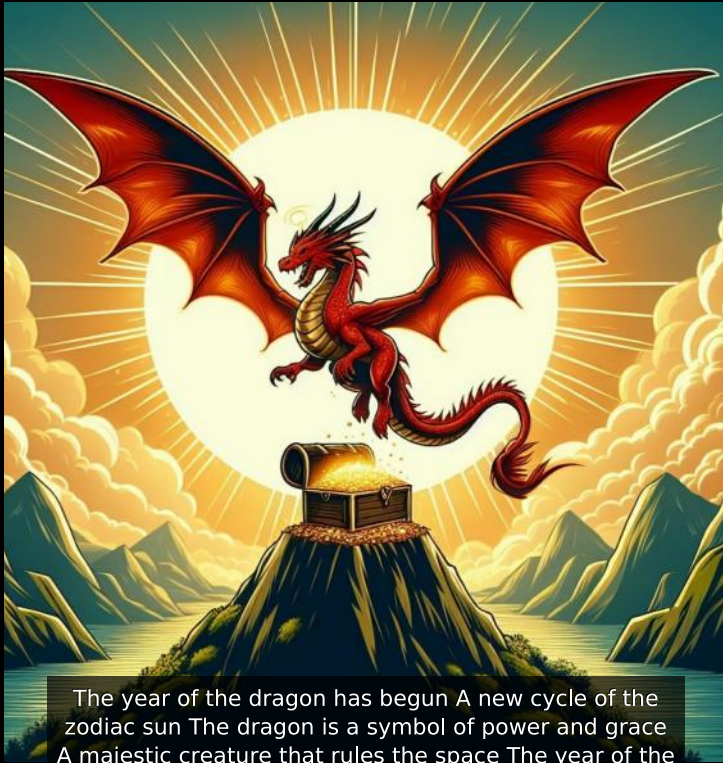
'Those who can make you believe absurdities, can make you commit atrocities.' -Voltaire

FEBRUARY 9, 2024



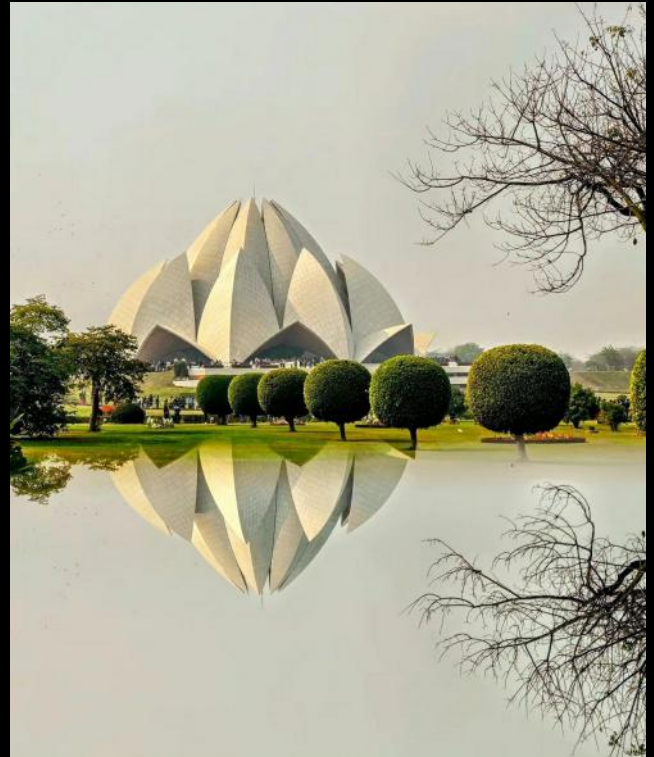
'Great minds see unity whereas small minds see division.' - Wald Wassermann

FEBRUARY 9, 2024



The year of the dragon has begun A new cycle of the zodiac sun The dragon is a symbol of power and grace A majestic creature that rules the space The year of the dragon brings hope and joy A chance to start fresh and enjoy The dragon is a guardian of wealth and health A generous spirit that shares its stealth The year of the dragon is a blessing and a challenge A opportunity to grow and balance The dragon is a teacher of courage and wisdom A wise mentor that guides your vision -
Chat GPT4 Happy

FEBRUARY 9, 2024



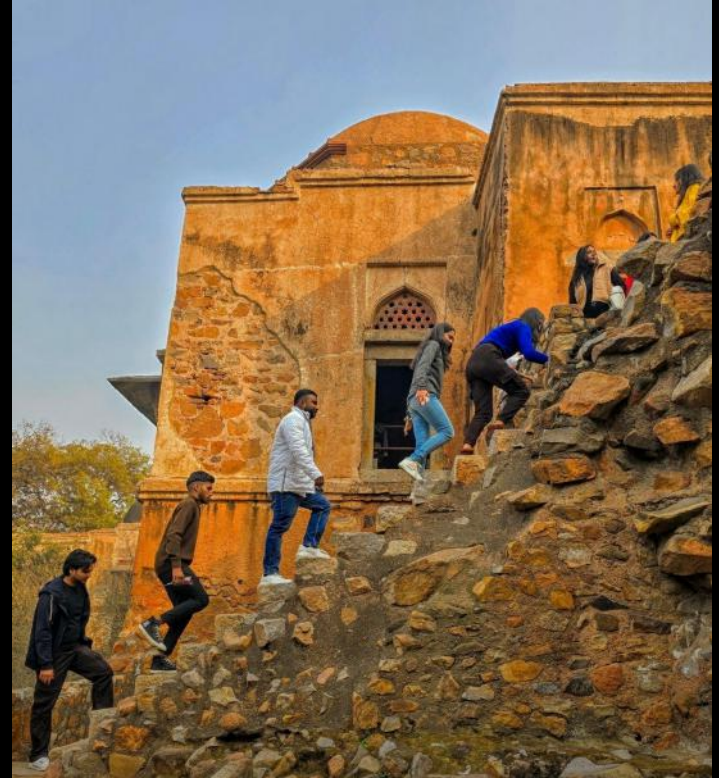
'Remain in the world, act in the world, do whatsoever is needful, and yet remain transcendental, aloof, detached, a lotus flower in the pond.' -Osho

FEBRUARY 10, 2024



'You just can't differentiate between a robot and the very best of humans.' -Isaac Asimov

FEBRUARY 10, 2024



'It's like algebra, that's all. I just have to figure it out, step by step.' -Hollis Seamon

FEBRUARY 11, 2024



'It was the kind of conversation you could only hold in whispers.' -Aimee Bender

FEBRUARY 13, 2024



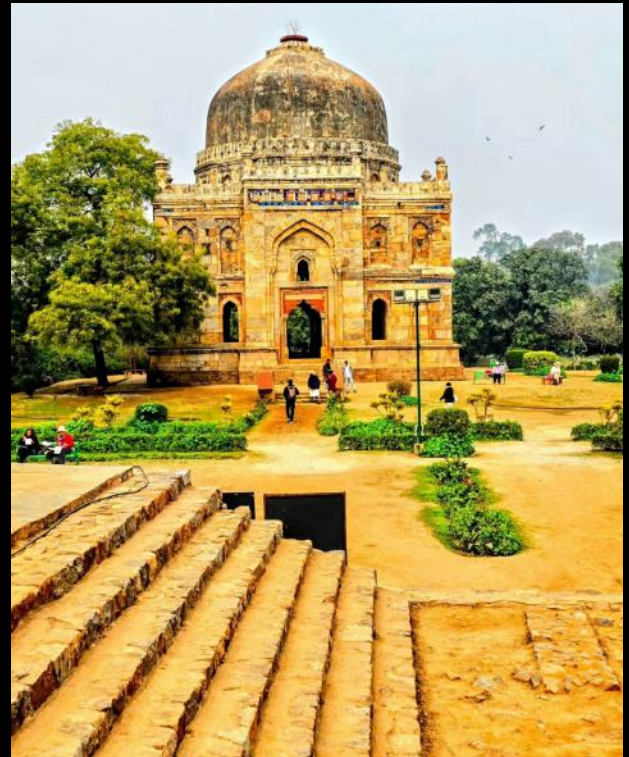
'Don't make a great effort, or struggle, or fight as you sit. Let go of everything. This prevents backache, shoulder-ache, or headache. If you are able to find a cushion that fits your body well, you can sit for a long time without feeling tired.' -Tich Nhat Hanh

FEBRUARY 14, 2024



'Most of us carry loads on ourselves that we really don't need to carry.' -Abhishek Ratna

FEBRUARY 15, 2024



'What are the hopes of man? Old Egypt's King Cheops erected the first pyramid And largest, thinking it was just the thing To keep his memory whole, and mummy hid; But somebody or other rummaging, Burglariously broke his coffin's lid: Let not a monument give you or me hopes, Since not a pinch of dust remains of Cheops.'
-Lord Byron

FEBRUARY 16, 2024



'Sometimes you don't realize your fear of heights until you stand at the edge of the cliff, ready to jump.' -BlueMystique

FEBRUARY 17, 2024



'You have your way. I have my way. As for the right way, the correct way, and the only way, it does not exist.' - Friedrich Wilhelm Nietzsche

FEBRUARY 18, 2024



'We don't need a handful of people going green perfectly. We need millions of people doing it imperfectly.' -adapted from Anne Marie Bonneau

FEBRUARY 19, 2024



'The ultimate purpose of money is so you do not have to be in a specific place at a specific time doing anything you don't want to do.' -Naval Ravikant

FEBRUARY 20, 2024



'While this dump was reviled by humans, to Shadow it was a magical place of the most succulent fragrances . . . of rotting meat and fermenting apples. He braved the ravaging moths and the mad hornets to romp among the piles of garbage, intoxicated by the smells of life on earth.' -Steven James

FEBRUARY 21, 2024

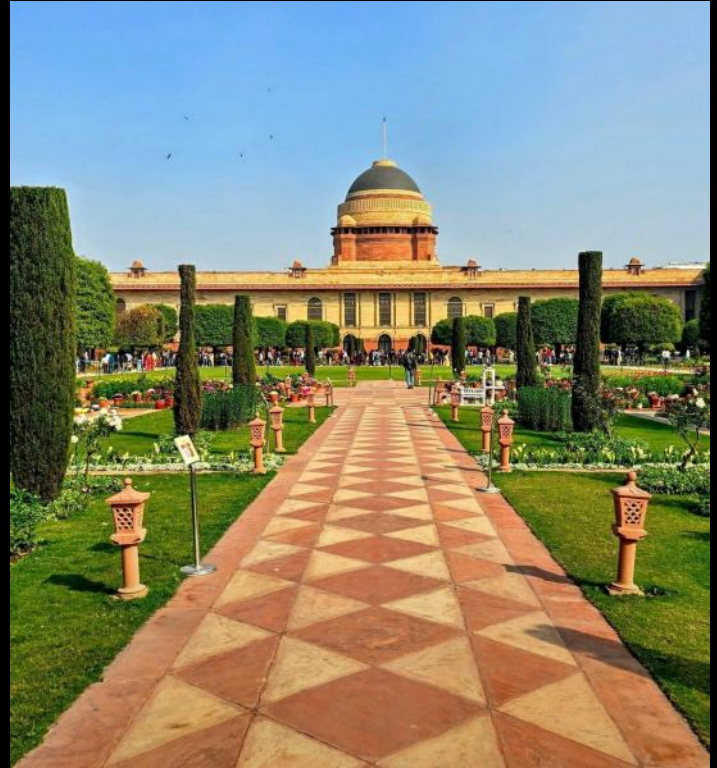
'Never let hard lessons harden your heart; the hard lessons of life are meant to make you better, not bitter.'
-Roy T. Bennett

FEBRUARY 22, 2024



'At 240 pm, bees are the stoics of the garden, buzzing away without a care for the clock, reminding us that sometimes the best way to deal with life's buzz is to just keep buzzing along!' -Chat GPT

FEBRUARY 22, 2024



'Only he who has no use for the empire is fit to be entrusted with it.' -Zhuangzi

FEBRUARY 23, 2024



'...history, as you may know, is much like a spiral staircase that gives the illusion of going up, but never quite goes anywhere.' -Robert Jackson Bennett

FEBRUARY 24, 2024



'A howl is as infectious to a wolf as a yawn is to a human.' - Kevin Ansbro Wolf Moon 24 2 24

FEBRUARY 24, 2024



'It was deep afternoon when shadows begin to grow, light becomes gold, and you realize that this particular day has reached its destiny. Like old age, it's not yet over, but there's no denying the time of day.' -Vicki Covington

FEBRUARY 25, 2024



'India is a place where colour is doubly bright. Pinks that scald your eyes, blues you could drown in.' -Kiran Millwood Hargrave

FEBRUARY 26, 2024



'We live on a blue planet that circles around a ball of fire next to a moon that moves the sea, and you don't believe in miracles?' -Anonymous

FEBRUARY 27, 2024



1. Donald Trump: "Believe me, folks, nobody hangs upside down on a branch like a pigeon. Nobody." 2. Boris Johnson: "Well, you see, the pigeon, it's uh, it's like a bat, but with feathers, hanging upside down. Quite remarkable, really." 3. Elon Musk: "The pigeon, much like our ambitions, defies gravity, embracing innovation even in the face of convention." 4. Steve Jobs: "Here's to the crazy ones, the pigeons who hang upside down, the ones who see things differently." - ChatGPT

FEBRUARY 28, 2024



'Happy and free like a bumblebee' -Independent Zen

FEBRUARY 29, 2024



"No helmet will protect you from old age."

MARCH 1, 2024



'Tears are the noble language of eyes, and when true love of words is destitute. The eye by tears speak, while the tongue is mute.' -Robert Herrick

MARCH 2, 2024



'When I shop, the world gets better, and the world is better, but then it's not, and I need to do it again.' -Sophie Kinsella

MARCH 3, 2024



'Living in new shapes, reshapes our thinking.' -Lois Farfel Stark

MARCH 4, 2024



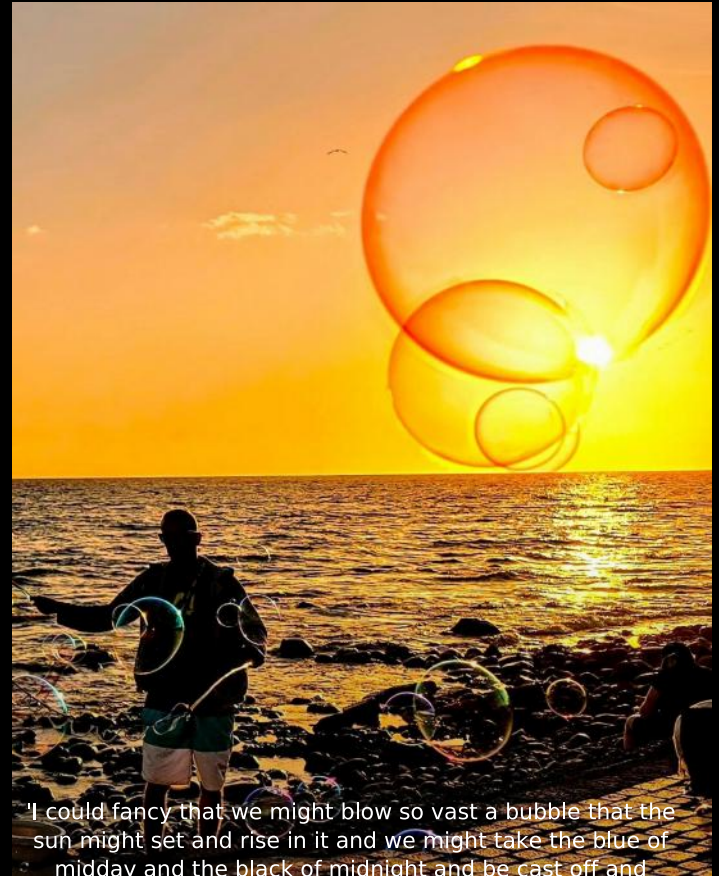
'The mystery of life isn't a problem to solve, but a reality to experience.' -Frank Herbert, Dune

MARCH 4, 2024



'Reality is one, bubbles are many.' -Wald Wassermann

MARCH 5, 2024



'I could fancy that we might blow so vast a bubble that the sun might set and rise in it and we might take the blue of midday and the black of midnight and be cast off and escape from here and now.' -Virginia Woolf

MARCH 5, 2024



'It's a dangerous business, Frodo, going out your door. You step onto the road, and if you don't keep your feet, there's no knowing where you might be swept off to.' -J.R.R. Tolkien

MARCH 5, 2024



'People are not cactuses, they need plenty of water and, when talking about friendship, the water is our time.' - Biruté Sol

MARCH 6, 2024



'Life's journey does not take place down an easy roadway, as some might imagine. It takes place inside a giant house with a million doorways. Every day of our lives we are faced with decisions to make, doorways to walk through. It can be confusing at times, like walking through a carnival maze. Some decisions we make are big, some small, but they all have consequences.' -K. Martin Beckner

MARCH 7, 2024



'When pigs fly, believe you must, for bacon in the sky, there is!' -Yoda GPT

MARCH 7, 2024



'Do not worry that your life is turning upside down. How do you know the side you are used to is better than the one to come?' -Rumi

MARCH 8, 2024



'Like the way the sun is right now, with the long shadows, and that kind of bright, soft light you get when the sun isn't quite setting? That's the light that makes everything better, everything prettier, and today, everything just seemed to be in that light.' -John Green

MARCH 8, 2024



'Plato said that we are trapped inside a cave and know the world only through the shadows it casts on the wall. The skull is our cave, and mental representations are the shadows.' -Steven Pinker

MARCH 8, 2024



'Who's to say which is stronger? Flowers break concrete just like hammers do.' -Bethanee Epifani J. Bryant

MARCH 9, 2024



'The camouflaged dragon looked like the air itself took the shape of a living creature.' -A.J. Sky At Mirador del Balcon -
The Tail of the Dragon, Gran Canaria

MARCH 9, 2024



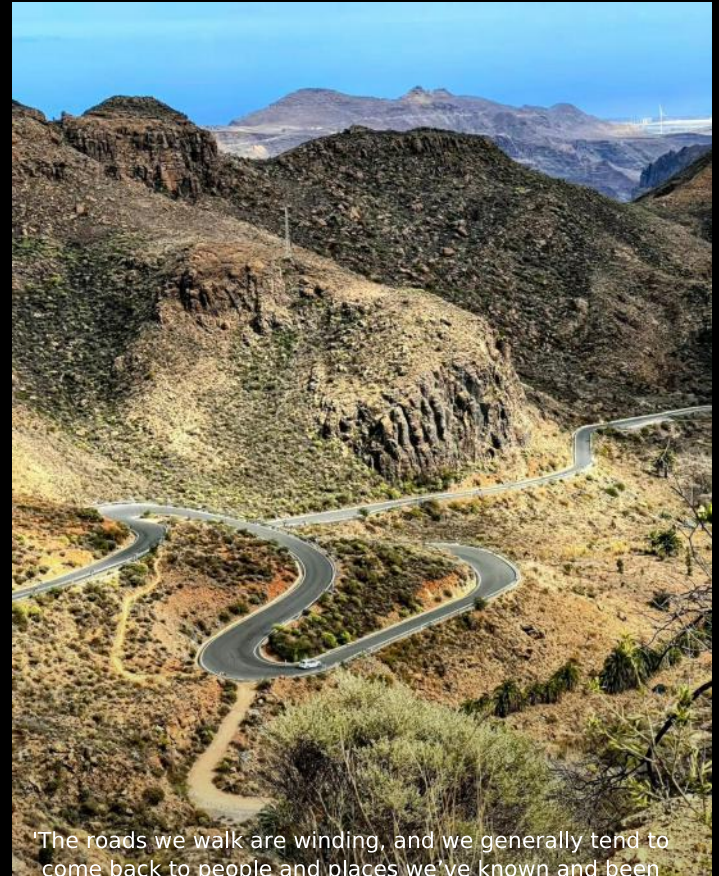
'Take the stones that failure throws at you and build legacies the world will always remember you for.' -
Israelmore Ayivor

MARCH 10, 2024



'When the sun has set, no candle can replace it.' -George R.R. Martin

MARCH 11, 2024



'The roads we walk are winding, and we generally tend to come back to people and places we've known and been before, and often at just the right time.' -Sean Gibson

MARCH 12, 2024



'Without sound, There would be no music. And without music, There would be no life. And without a life force, There would be no matter. But it does not matter - Because what is matter, If there is no light?' -Suzy Kassem

MARCH 13, 2024



-The snowdrop and primrose our woodlands adorn, and violets bathe in the wet o' the morn.' -Robert Burns

MARCH 14, 2024



'Life is not light, but refracted colour.' -Johann Wolfgang
von Goethe

MARCH 14, 2024



'But he calls down a blessing on the blossom of the may,
Because it comes in beauty, and in beauty blows away.' -

W.B. Yeats

MARCH 15, 2024



'English people don't like to be told 'enjoy your meal'. They will enjoy their meal if they feel like enjoying it. It is advisable not to command them such things in case they have other plans with their meal, such as preferring to dislike it.' -Angela Kiss

MARCH 16, 2024



'The sparrow is sorry for the peacock at the burden of its tail.' -Tagore

MARCH 17, 2024



'Making blue has always been magic: the domain of alchemists since the beginning of human history. To find red only required blood or berries or the smearing of red clay. To make brown was as simple as reaching down to the earth beneath one's feet. White chalk is plentiful in many places, or can be replaced by fire ash. But blue appears rarely in forms from which paints or dyes can be made...blue requires earthly magic.' -Lucy H. Pearce

MARCH 18, 2024



'Some people drink to drown their sorrows, others drink so they can swim in them.' -Alice Feeney

MARCH 18, 2024



'We'd all be lucky in life if we had the chance to experience an unexpected adventure, and then make our way back safely to a place of comfort. Sometimes the only way we can appreciate our home and the simple happiness it has to offer is to be away from it for a while.' -Noble Smith

MARCH 19, 2024

'Beauty, to me, is about being comfortable in your own skin. That, or a kick-ass red lipstick.' -Gwyneth Paltrow

MARCH 19, 2024



'If you cross an onion with a UFO, what you get is a flying saucer that brings tears to your eyes.' -Terence McKenna

MARCH 21, 2024



'He turned slowly like a fridge door opening.' -Douglas Adams

MARCH 21, 2024



'Air is the element most needed by fire. This is why you need open spaces, the wind, and to fly. Because you have fire in you. This is why you look into the sky, why you make wishes, why you tread lightly. You, too, are the air, because inside you there is fire. Why do you think we breathe? Because we are kindling our fires.' - C. JoyBell C.

MARCH 22, 2024



'Call it walking meditation or a neighborhood stroll; by whatever name suits you, rediscover the art of meandering' -Gina Greenlee

MARCH 23, 2024



'The potential of the average person is like a huge ocean unsailed, a new continent unexplored, a world of possibilities waiting to be released' -Brian Tracy

MARCH 23, 2024



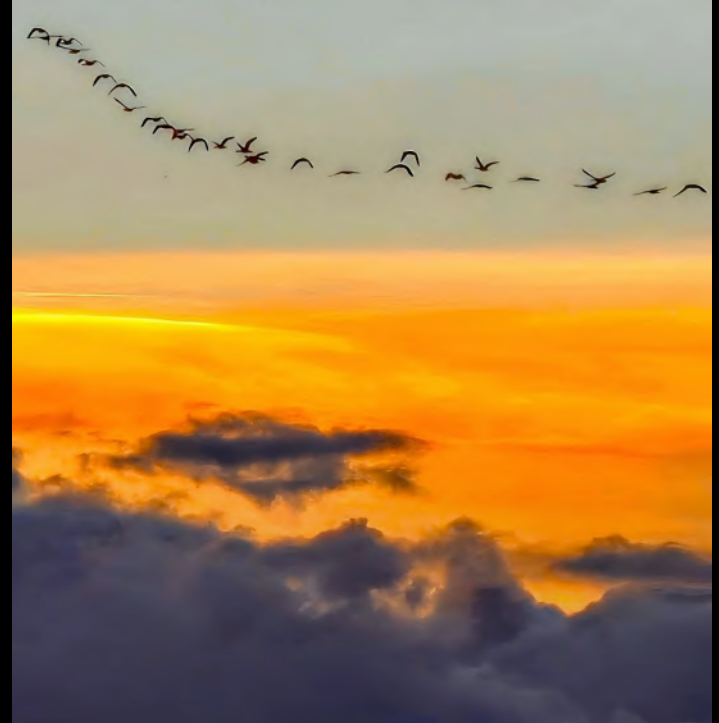
'There are not more than five primary colours, yet in combination they produce more hues than can ever been seen.' -Sun Tzu

MARCH 23, 2024



'Where did you go to, if I may ask?' said Thorin to Gandalf as they rode along. To look ahead,' said he. And what brought you back in the nick of time?' Looking behind,' said he.' — J.R.R. Tolkien

MARCH 24, 2024



'There are people ahead of you who are on the right path. Follow them. There are people behind you on the wrong path. Lead them.' -Aegelis

MARCH 24, 2024



'Focus like a laser, not a flashlight.' -Michael Jordan

MARCH 25, 2024



'There's always that one bench with a great view. Where you can sit, think and plan your tomorrow. And when your tomorrow arrives, you come back to add memories to your memories.' -M. Boria

MARCH 25, 2024



'I will come again & conquer you because as a mountain you can't grow, but as a human, I can.' -Sir Edmund Hillary

MARCH 26, 2024



'An entrepreneur is someone who will jump off a cliff and assemble an airplane on the way down.' -Reid Hoffman

MARCH 27, 2024



'The Road goes ever on and on Down from the door where it began. Now far ahead the Road has gone, And I must follow, if I can, Pursuing it with eager feet, Until it joins some larger way Where many paths and errands meet.' -J.R.R. Tolkien

MARCH 27, 2024



'We can think of climate change like a bullet about to leave a gun aimed for our heads. If it were a real gun and a real bullet, we'd react immediately and try to run for cover. But the climate change bullet is a bullet that won't immediately kill us, and we know it. It will take time for it to reach us, maybe a decade, or several decades, or even a century. We might not even be around when it hits, and instead of killing us, it will kill our children or our grandchildren, or someone else's child

MARCH 28, 2024



'Mother Nature is a self-taught engineer.' -Stewart Stafford

MARCH 28, 2024



'Alone of all the races on earth, they seem to be free from the 'Grass is Greener on the other side of the fence' syndrome, and roundly proclaim that Australia is, in fact, the other side of that fence.' -Douglas Adams

MARCH 29, 2024



'You never really know what's coming. A small wave, or maybe a big one. All you can really do is hope that when it comes, you can surf over it, instead of drown in its monstrosity.' -Alysha Speer

MARCH 30, 2024



'The gull sees farthest who flies highest.' -Richard Bach

MARCH 30, 2024



'See? The line between good things and bad things is very thin. Most of the time, you can find them at the same place.' -Yumi Tamura

MARCH 31, 2024



'Support and encouragement are found in the most unlikely places.' -Raquel Cepeda

MARCH 31, 2024



'One day your life will flash before your eyes. Make sure its worth watching.' -Edward

APRIL 1, 2024



'Suddenly, I saw ocean again—then another horizon—
but this time the deep blue sky was on the wrong side of
the line...the Holy crap, we're upside down side.' -M.A.
George

APRIL 1, 2024



'The effect or impact any occurrence has is only temporary,
even though at first it may indeed be overburdening.' -
Steven Redhead

APRIL 2, 2024



'Thinking is hard work, which is why you don't see many
people doing it.' -Sue Grafton

APRIL 3, 2024



'Traffic in Joburg is like the democratic process. Every time you think it's going to get moving and take you somewhere, you hit another jam.' -Lauren Beukes

APRIL 4, 2024



'Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.' -Leo F. Buscaglia

APRIL 4, 2024



'Only half the story is true. The rest is necessary.' -John Yau

APRIL 5, 2024



'The tongue may hide the truth but the eyes—never!' -
Mikhail Bulgakov

APRIL 5, 2024



'Stay alert at all times, alert to any opportunity for rest.' -
Ulysses Brave

APRIL 5, 2024



'What hath night to do with sleep?' -John Milton

APRIL 5, 2024



'As big and wide and wondrous as the world can be,
everyone eventually wants to come home.' -Erin A. Craig

APRIL 6, 2024



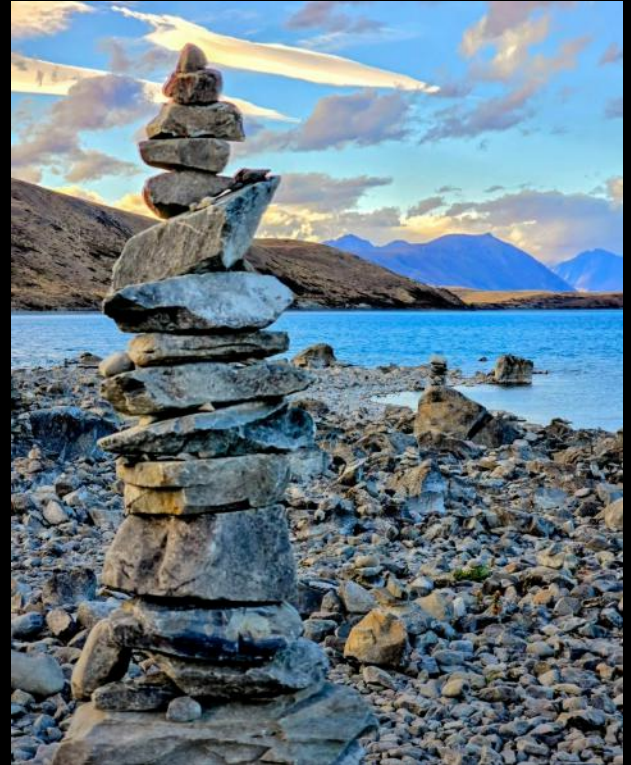
'Not all treasure is silver and gold, mate' -Johnny Depp

APRIL 7, 2024



'It is not the jumps you made in your life but mostly the jumps you haven't made are the real source of regrets in your life!' -Mehmet Murat ildan

APRIL 8, 2024



'If we all threw our problems in a pile and saw everyone else's, we'd grab ours back.' -Regina Brett

APRIL 8, 2024



'You're not a performing seal. If you need to perform tricks to keep his/her attention, you never really had it to begin with. Imagine how exhausting that would be long term. You're starting an intimate, supportive relationship, not joining the circus' -Catherine Gray

APRIL 9, 2024



'The stairway to heaven is not a sweeping spiral vanishing to infinity but a tiny step that leads to the next step.' -Chloe Thurlow

APRIL 10, 2024



'People usually consider walking on water or in thin air a miracle. But I think the real miracle is not to walk either on water or in thin air, but to walk on earth. Every day we are engaged in a miracle which we don't even recognize: a blue sky, white clouds, green leaves, the black, curious eyes of a child—our own two eyes. All is a miracle.' -Thich Nhat Hanh

APRIL 11, 2024



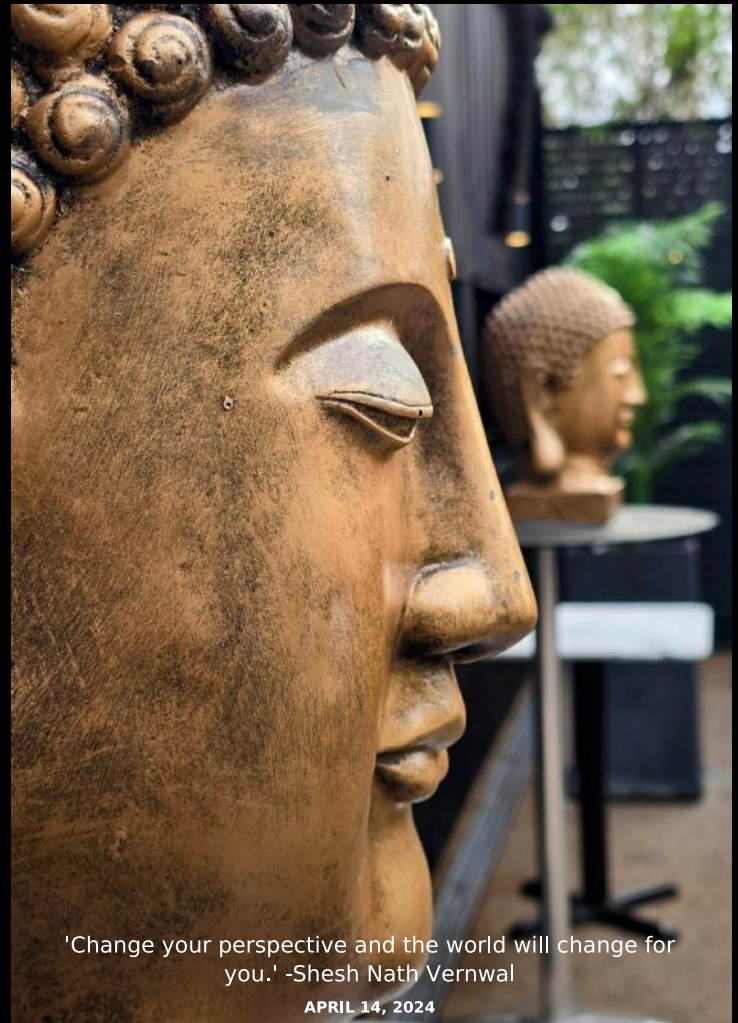
'Spring is proof that there is beauty in new beginnings.'
-Matshona Dhliwayo

APRIL 12, 2024



'They blossomed, they did not talk about blossoming.' -
Dejan Stojanovic

APRIL 13, 2024



'Change your perspective and the world will change for
you.' -Shesh Nath Vernwal

APRIL 14, 2024



'The slope that leads toward insanity has the paradoxical distinction of being both steep and yet undetectable to the person sliding down it.' -Suzanne Rindell

APRIL 15, 2024



'But it's the government that says: you have to live in these cubes. And freedom is reduced to the choice to put a flowerpot in the window.' -Thom Mayne

APRIL 16, 2024



'In order to be irreplaceable, one must always be different.'
-Coco Chanel

APRIL 18, 2024



'That was the trouble with younger siblings, wasn't it? Tell them to do one thing and they'd immediately do the opposite, was how the complaint usually went.'
-F.C. Yee

APRIL 19, 2024



'There is nowhere morning does not go.' -Leah Hager
Cohen

APRIL 20, 2024



'It was the size of a palace and gilded from top to bottom as if the owner had said, "Try for blindingly ugly, but I'll settle for merely gaudy if I must.'" -Sarah K.L. Wilson

APRIL 21, 2024



'There are no perfect symmetries, there is no pure randomness, we are in the gray region between truth and chaos. Nothing novel or interesting happens unless it is on the border between order and chaos.' -R.A. Delmonico

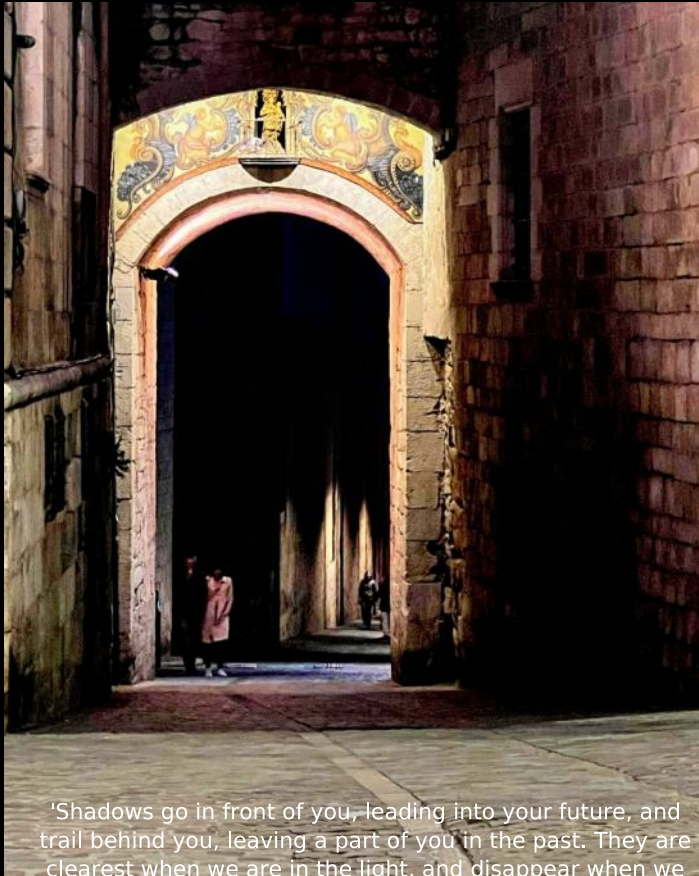
APRIL 21, 2024



-The most important thing about quests, he decided, was not in finding what you went looking for, but in finding what you never could have imagined before you ventured forth.

-Lois McMaster Bujold

APRIL 22, 2024



'Shadows go in front of you, leading into your future, and trail behind you, leaving a part of you in the past. They are clearest when we are in the light, and disappear when we lose ourselves in darkness.' -Kiersten White

APRIL 22, 2024



'The greater part of our happiness or misery depends upon our dispositions, and not upon our circumstances.' -Martha Washington

APRIL 23, 2024



'Why it's simply impossible! Alice: Why, don't you mean impossible? Door: No, I do mean impossible. (chuckles) Nothing's impossible!' -Lewis Carroll

APRIL 23, 2024



'Sooner or later, everything old is new again.' -Stephen King

APRIL 24, 2024



'Life is a juggling act, and balance is the magician's wand that keeps all the chaos up in the air with style.' - Don Santo

APRIL 25, 2024



'Some say knowledge is power. Some tell us that all power comes from the gods. Others say it derives from law. Who truly killed Eddard Stark, do you think? That day on the steps of Baelor's sept, all of us were as powerless as any cobbler in the crowd. So Power is a mummers trick? A shadow on the wall - Varys murmured, yet shadows can kill. And oftentimes a small man can cast a very large shadow' - George RR Martin

APRIL 25, 2024



'Clean the lamps and fixtures gently, as if you are polishing your heart and soul to make them shine the brightest' - Shoukei Matsumoto [A Monks guide to a clean house and mind]

APRIL 26, 2024



Everyone you meet is a part of your journey, but not all of them are meant to stay in your life. Some people are just passing through to bring you gifts; either they're blessings or lessons.' -Roy T. Bennett '

APRIL 26, 2024



'Shopping is a woman thing. It's a contact sport like football. Women enjoy the scrimmage, the noisy crowds, the danger of being trampled to death, and the ecstasy of the purchase.' -Erma Bombeck

APRIL 27, 2024



'The updated version of Descartes's Cogito is 'I am seen, therefore I am' - and that the more people who see me, the more I am...' -Zygmunt Bauman

APRIL 28, 2024



'The three most harmful addictions are heroin, carbohydrates, and a monthly salary.' Nassim Nicholas Taleb

APRIL 29, 2024



'If I was to establish a system, it would be, that Mountains are produced by Volcanoes, and not Volcanoes by Mountains.' -William Hamilton

APRIL 29, 2024



'What is important is to spread confusion, not eliminate it.' -Salvador Dalí

APRIL 30, 2024



'It was a time I slept in many rooms, called myself by many names. I wandered through the quarters of the city like alluvium wanders the river banks. I knew every kind of joy, ascents of every hue. Mine was the twilight and the morning. Mine was a world of rooftops and love songs.' -Roman Payne

APRIL 30, 2024



'If you go beyond the clouds, you will get endless sunshine.' -Mwanandeke Kindembo

MAY 2, 2024



'In the end we are all just clouds wandering around without fighting off the winds.' -Sijdah Hussain

MAY 2, 2024



'If love be blind, love cannot hit the mark.' -William Shakespeare, Romeo and Juliet

MAY 2, 2024



'Dusk is just an illusion because the sun is either above the horizon or below it. And that means that day and night are linked in a way that few things are there cannot be one without the other yet they cannot exist at the same time. How would it feel I remember wondering to be always together yet forever apart?' - Nicholas Sparks

MAY 3, 2024



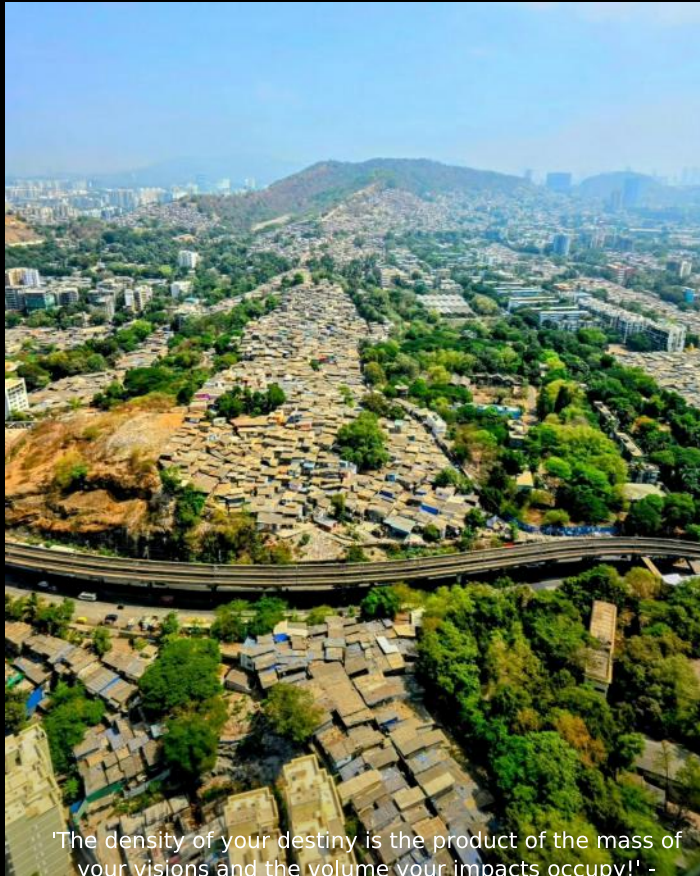
'We are often unaware of the gradual decline and the erosion in our lives but not unaware of the gnawing feeling it brings.' -Eric Samuel Timm

MAY 3, 2024



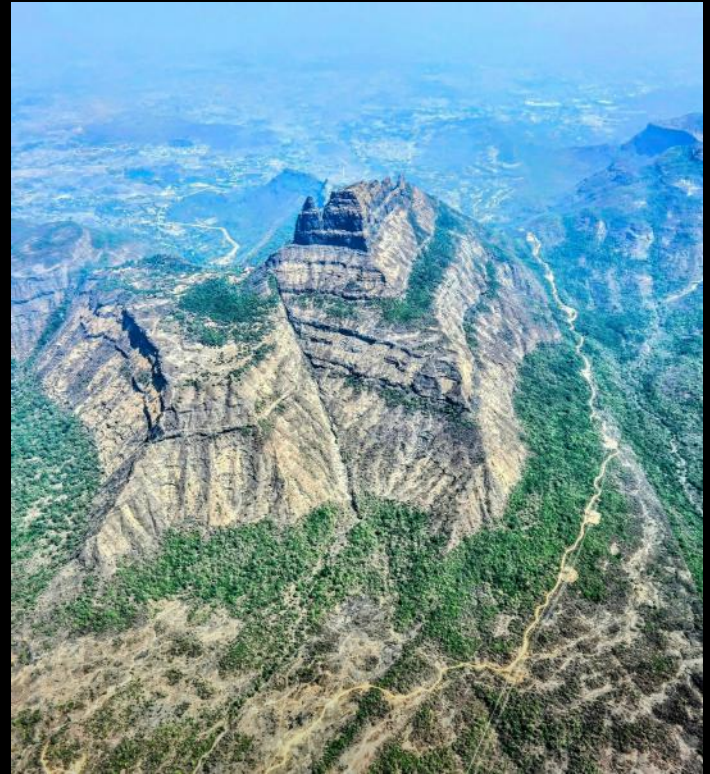
'I know windmills very much.' -Donald Trump

MAY 4, 2024



'The density of your destiny is the product of the mass of
your visions and the volume your impacts occupy!' -
Israelmore Ayivor

MAY 5, 2024



'Speak to me, oh rocks and streams, Tell me tales of
mountains tall... Oh boulders cleft and thunder cleaved,
Beneath the veil of waterfalls...!' -M P Ceran

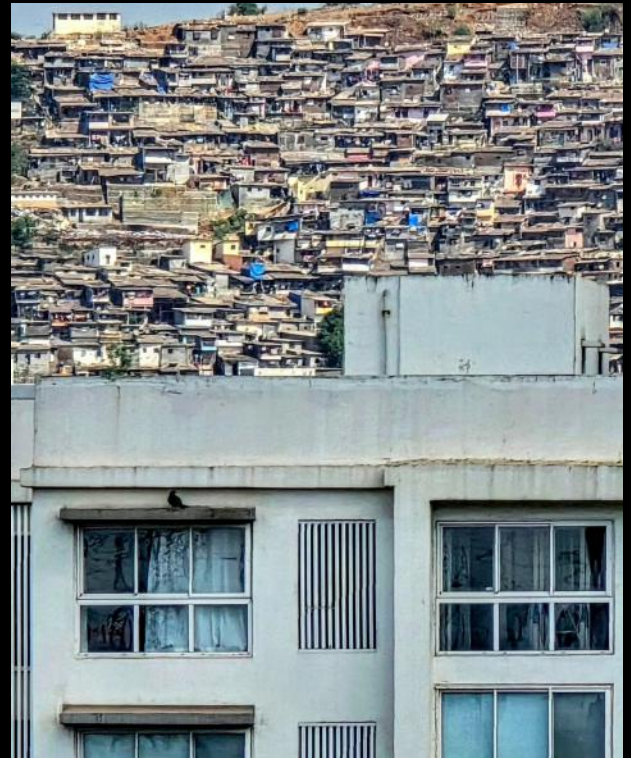
MAY 6, 2024



'Life is not linear. I see it as an ascending spiral. Issues or challenges we face run vertically alongside the spiral. We move along the path of the spiral, and we will see reoccurring challenges and issues, but they really are different each time because we are different.'

-Melissa Heisler

MAY 7, 2024



'More than anything she wanted the world to be uncomplicated, for right and wrong to be as easily divided as the black and white sections of an Oreo. But the world was not a cookie.'

MAY 8, 2024



'Always operate on the basis that everything is distorted.' -
Henry Joseph-Grant

MAY 9, 2024



'Behind every great man is a woman rolling her eyes.' -Jim
Carrey

MAY 10, 2024



'Reality is not digital, an on-off state, but analog. Something gradual. In other words, reality is a quality that things possess in the same way that they possess, say, weight. Some people are more real than others, for example. It has been estimated that there are only about five hundred real people on any given planet, which is why they keep unexpectedly running into one another all the time.' -Terry Pratchett

MAY 10, 2024



'The question is: why can't parking lots be modest paradises?' -Eran Ben-Joseph

MAY 11, 2024



'May the week end But the weekend never end.' -
Hrishikesh Agnihotri

MAY 11, 2024



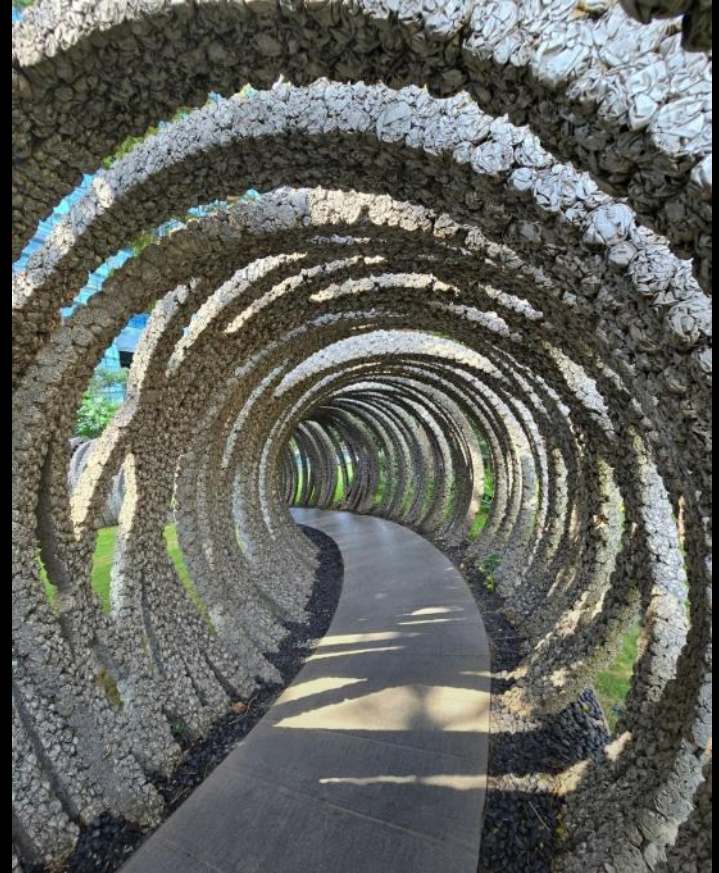
'Those who drink whiskey with the owls at night, cannot
soar with the eagles the next day.' -Brian D. Ratty

MAY 12, 2024



'Even four harnessed horses cannot bring imprudent words back into the mouth.' -Confucius

MAY 12, 2024



'Grief is a tunnel, not a cave.' -Richie Norton

MAY 13, 2024



'And let's not forget the cigarette. His eternal cigarette, connecting him to heaven by the fine coil of smoke twisting and rising above him.' -Kamel Daou

MAY 14, 2024



'I keep trying to rationalise everything and it's driving me crazy. Did you spot that flying horse earlier? I found myself trying to explain it with Darwin's Theory of Evolution.' -

Victor Kloss

MAY 14, 2024



'Better thorns than flowers -- for flowers fade.'
-Abram J. Ryan

MAY 15, 2024



'Happiness is a warm puppy.'
-Charles M. Schulz

MAY 15, 2024



'If you only read the books that everyone else is reading, you can only think what everyone else is thinking.' -Haruki Murakami

MAY 16, 2024



'In 1599, in a half-timbered building off Moorgate Fields, something momentous happened. A company was founded whose ownership was cut up into tiny pieces to be bought and sold freely and anonymously, like pieces of silver. One could own a piece of the company without being involved of it. The first global joint-stock company was thus born, undoubtedly Tudor England's most revolutionary invention. Its name? The East India Company' - Yanis Varoufakis

MAY 16, 2024



'At old age, one realizes that life is truly a dream.' -Michael Bassey Johnson

MAY 17, 2024



'His heart has always been too big for a ribcage. Whoever noticed that, broke it.' -Nitya Prakash

MAY 17, 2024



'Togetherness is not a destination, togetherness is the journey.' -Abhijit Naskar

MAY 18, 2024



'I don't think I've drunk enough beer to understand that.' - Terry Pratchett

MAY 18, 2024



'People are inclined to believe that you're a diamond only when you have a lot of diamonds.' -Tamerlan Kuzgov

MAY 19, 2024



'Don't regret the minefields you stepped into, just try and learn not to step into the same one twice.' -Stewart Stafford

MAY 20, 2024



'To see a World in a Grain of Sand And a Heaven in a Wild Flower Hold Infinity in the palm of your hand And Eternity in an hour' -William Blake

MAY 20, 2024



'When you look at a piece of delicately spun glass you think of two things: how beautiful it is and how easily it can be broken.' -Tennessee Williams

MAY 22, 2024



'Every morning a boy gazed across the meadows at a house with Golden windows. He asked his father to visit it. They walked until they reached the house, but found no Golden windows. A girl from the house came out and asked if they were looking for something. 'Yes,' said the boy, 'the house with the Golden windows'. She replied, 'You're at the wrong place. Wait till sunset and I'll show you the house with Golden windows I see every evening'. She pointed to the boys home' - Ravi Zacharias

MAY 23, 2024



'To put it squarely, as I say in my memoir, the eternal triangle has come full circle.' —Muriel Spark

MAY 23, 2024



-There's nothing quite like a properly fluffed pillow.' -A.D. Aliwat

MAY 25, 2024



'Most men lead lives of quiet desperation and go to the grave with the song still in them. Live your beliefs and you can turn the world around. Nothing can be more useful to a man than the determination not to be hurried.' -Henry David Thoreau

MAY 26, 2024



'What if everything is an illusion and nothing exists? In that case, I definitely overpaid for my carpet.' -Woody Allen

MAY 26, 2024



'I got a flue shot and now my chimney works perfectly.' -

Steve Martin

MAY 27, 2024



'If a black cat crosses your path, it signifies that the animal is going somewhere.' -Groucho Marx

MAY 28, 2024



'One clear moment, one of trance One missed step, one perfect dance One missed shot, one and only chance Life is all...but one fleeting glance.' -Sanober Khan

MAY 28, 2024



'I love fried okra. The fact that it's okra makes me feel like it's good for you - I forget the fact that it's fried.' - Jason Aldean

MAY 29, 2024



'Photographers have become particular about background and candid shots. Pose as though you aren't posing.' - Bienvenido N. Santos

MAY 30, 2024



'A little rule, a little sway, A sunbeam in a winter's day, Is all the proud and mighty have Between the cradle and the grave.' —John Dyer

MAY 31, 2024



'Drove my Chevy to the levee but the levee was dry' -Don McLean

JUNE 1, 2024



'Its hard enough to know the past. Knowing the future is virtually impossible' -Paul Johnson

JUNE 1, 2024

'While we try to teach our children all about life, our children teach us what life is all about.' -Angela Schwindt

JUNE 2, 2024



-How do I explain where my mind goes? How I float out of myself.' -Erin Stewart

JUNE 3, 2024



'Dark and light striking each other, vividly etching wild colors through the horizon. The charm of sunset makes me want to scurry home.' -Tara Estacaan

JUNE 4, 2024



'Do you know why the nose of the bull dog is sloped backwards? So it can keep on breathing without ever letting go.' -Winston Churchill

JUNE 5, 2024



'If our brains were simple enough for us to understand them, we'd be so simple that we couldn't.' -Ian Stewart

JUNE 6, 2024



'At bottom every man knows well enough that he is a unique being, only once on this earth; and by no extraordinary chance will such a marvelously picturesque piece of diversity in unity as he is, ever be put together a second time.' -Friedrich Nietzsche

JUNE 7, 2024



'I have lost my dewdrop", cries the flower to the morning sky that lost all its stars.' -Rabindranath Tagore

JUNE 8, 2024



'If God wanted humans to play chess, he would have made us black or white.' -Zenna Henderson

JUNE 9, 2024



'I love hearing the stories that they tell They've seen places beyond my land and they've found new horizons They speak strangely but I understand' -Abba

JUNE 10, 2024



'Read a saying: "Whatever you focus on - grows." Focus on worry your worry grows Focus on opportunity you see them everywhere and they grow Focus on appreciation it grows Most people allow their focus to slide around... Guide yours' -Dr Julia Garner

JUNE 11, 2024

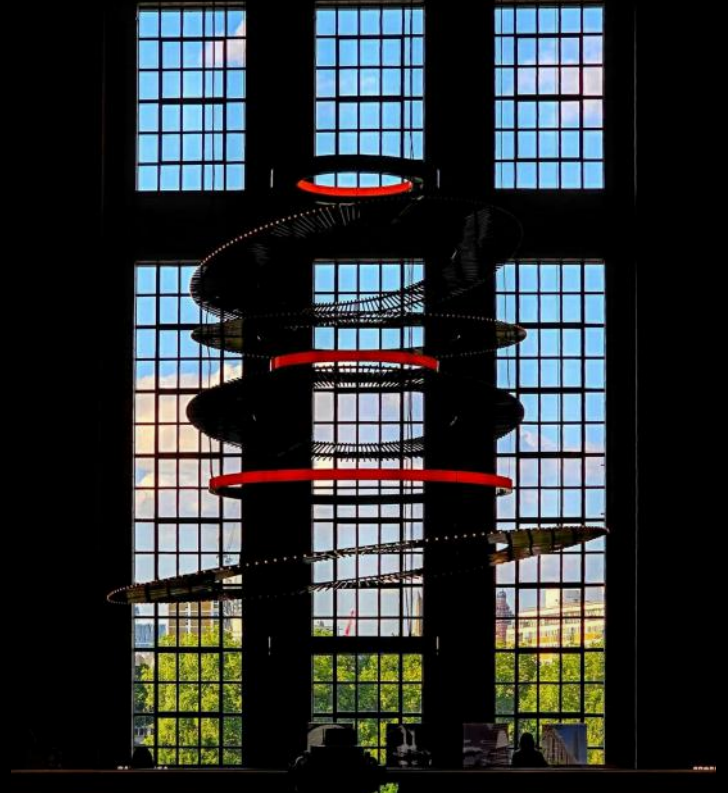
'Transition always starts with an ending. To become something else, you have to stop being what you are now; to start doing things a new way, you have to end the way you are doing them now; and to develop a new attitude or outlook, you have to let go of the old.' - William Bridges

JUNE 12, 2024



'Like wildflowers; You must allow yourself to grow in all the places people thought you never would.' -E.V

JUNE 13, 2024



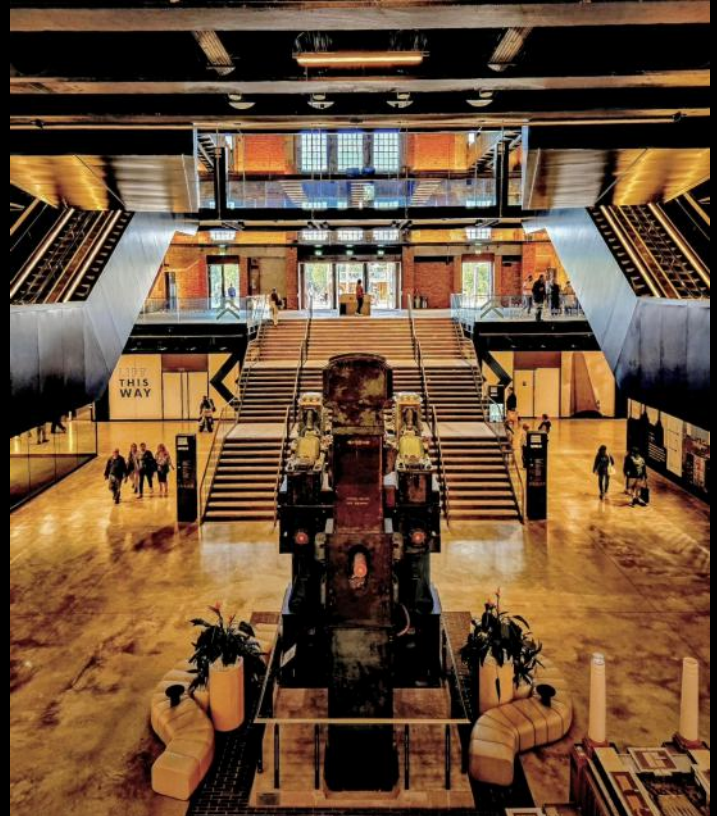
'Ideas become reality. once you hit that reality, you get a new idea. it's a virtuous upward spiral. However, the majority are satisfied living within the idea of the reality instead of the reality of the idea.' -Richie Norton

JUNE 14, 2024



'Keep your sunny side up' -Jennifer L. Holm

JUNE 15, 2024



'Man created Guilt. Guilt is the Perpetual Engine that Drives the World.' -Vineet Raj Kapoor

JUNE 16, 2024



'One who makes himself a worm cannot complain afterwards if people step on him.' -Immanuel Kant

JUNE 17, 2024



'It's nice to have things to look forward to.' -Stephen Chbosky

JUNE 18, 2024



'The more you don't want to be like your parents, the more you will resemble them.' -Yong Kang Chan

JUNE 19, 2024



'Any landing you could walk away from was a good landing.' -Ilona Andrews

JUNE 20, 2024



'Being regal is a state of mind. Act like a queen, believe it in your heart, and a queen is what everyone will see.' -C.L. Wilson

JUNE 21, 2024



'The giant tree starts out as the tiniest shoot, the tallest tower starts out as a single brick, the longest journey starts with the first step.' -Lao Tzu

JUNE 21, 2024



'The miracle of children is that we just don't know how they will change or who they will become.' -Eileen Kennedy-Moore

JUNE 23, 2024



'I do mindless stuff while watching mindless stuff.' -Jazz Feylynn

JUNE 24, 2024



'Despite their illusive nature, twilight never fails to provide a magical quality to the day—a transitional space between day and night, light and dark, head and heart...' -Felisa Tan

JUNE 26, 2024



'The Scientist's clear mind sees a foggy world, full of complexity and nuance and messiness, the Zealot's foggy mind shows them a clear, simple world, full of crisp lines and black-and-white distinctions.' -Tim Urban

JUNE 27, 2024

