



TRANSITIONAL KINDERGARTEN & KINDERGARTEN READINESS

FREQUENTLY ASKED QUESTIONS

Welcome to Paso Robles Joint Unified School District! Whether you are returning or joining us for the first time, we are truly glad to have you as part of our community. The first day of school is an important milestone for both students and families, and we are honored to partner with you as your child begins this exciting journey.

You may be wondering what the school day will look like for your child, and how you can help them feel confident and prepared from the very first day. To support you, we've gathered answers to some of the most frequently asked questions from families entering TK and Kindergarten—so you can feel informed, supported, and ready for a strong start.

We're here to support you every step of the way—please don't hesitate to reach out with questions, share feedback, or connect with your school site for additional guidance.

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SAVE THE DATE:
TEACHER MEET & GREETs
ON WEDNESDAY,
AUGUST 12, 2026.

WHAT IS A TYPICAL DAILY SCHEDULE?

Our daily schedule is designed with a combination of whole-group and small-group instruction to capture a variety of learning opportunities for all student. The daily schedule includes opportunities for creative movement and hands-on exploration that supports academic progress, physical development, social connection, and joyful discovery.

- First Bell
- Morning Meeting/English Language Arts Large Group
- English Language Arts Centers
- Outdoor Learning and Snack
- Large Group SS/Calendar/Heggerty
- Math: Large Group, Small Group, Floor Play
- Music/Movement
- Lunch
- Storytime/Quiet Activities
- Outside Exploration and PE
- Centers: Dramatic Play, Science, Blocks, Art
- Afternoon Meeting & Dismissal



WHAT DOES MY CHILD NEED TO BRING?

- A backpack/bag is helpful (though not required) to carry items back and forth.
- A labeled water bottle is recommended
- A labeled lunch box (if sending snack and lunch from home)
- A change of clothes is recommended
- All school supplies are provided by district

ARE MEALS PROVIDED AT SCHOOL?

Meals are provided by our district culinary team. They provide a variety of nutritious meals comprising of many local items, such as produce, pasta, and baked goods. Students are served nutrition and lunch; menus are available on the district website. If your family prefers to send snacks or lunch from home, please label your child's lunch box so it can be returned easily.

WILL SOMEONE HELP THEM IN THE LUNCHROOM?

Yes, staff are on hand to assist students during snack and lunch when needed. If sending items from home, we do encourage families to pack items and containers that students can open and access independently to reduce wait time and increase independence.

WHAT IF MY CHILD IS NOT FULLY TOILET TRAINED?

Staff are available to support with toileting for our TK students. We encourage families to communicate with teachers with progress and toileting needs to ensure consistent support and expectations.

- Make sure your child has a change of clothes each day in case of accidents
- Your child should be able to change his/her own clothes, placing soiled clothes in a bag to take home for laundering. Your child can use the regular restroom or the Nurse's restroom to change, depending on level of comfort/need.
- Inform your child's teacher so that you can establish a toileting routine to support- ie. scheduled bathroom breaks, visual routine, etc.
- Celebrate your child for following the toileting routine and communicating when they need to use the restroom.
- Remember: Accidents can happen and often do occur at the beginning of school, even when students are fully toilet trained- students can easily get distracted

WHAT IF MY CHILD STILL NAPS?

Our TK program intentionally builds quiet and rest times after lunch into daily schedules to support young children's developmental need for calm, regulation, and restorative rest. At the start of the year, each teacher will share their rest-time routine specific to their classroom. We welcome family input on your child's usual rest patterns—partnering with teachers helps us tailor rest supports and make transitions smoother for every learner.



WHEN WILL I BE NOTIFIED OF MY CHILD'S TEACHER?

We know how important it is for families to connect with classroom teachers and to create excitement and expectations for your child. To support strong home-school communication:

- Classroom teachers will be shared with families the week before the first day of school.
- Join us for Teacher Meet & Greet on Wednesday, August 12, 2026. This event is a chance to meet your child's teacher, visit the classroom, and learn how we'll work together to support your child's success.

CAN I WALK MY CHILD TO THEIR CLASS EACH DAY?

Yes – we welcome families to drop off students each morning at class. Teachers and school sites will share expectations to support positive drop off routines. Remember that new routines and experiences can be exciting and sometimes stressful for young children and parents. Our staff is here to support you and your children during this exciting new journey. A couple reminders for the first day:

- Bring your patience, a smile, and a positive attitude... our children respond to our energy and emotions.
- On your way to school, remind your child of something they have been looking forward to (ie. the playground, art time, new friends).
- Remind your child when you will be back to pick them up to help alleviate any uncertainty throughout the day.
- Look to your teacher if you need support and they will help guide you and your child.



WHAT ARE THE TOP 5 THINGS I CAN DO AT HOME TO HELP MY CHILD PREPARE FOR SCHOOL?

- READ- build reading into your routine everyday - our Paso Robles City Library has many books, programs, and story times available.
[Children's Library | Paso Robles, CA](#)
- Encourage independence with dressing, such as putting on and taking off one's own jacket, independently pulling up and buttoning pants, tying shoelaces, etc.
- Begin building consistent morning and bedtime routines
- Practice clean up at home (ie. after meals, play, laundry, etc).
- Play games - structured games, such as board games, build foundational skills such as cognitive development, taking turns, waiting, maintaining regulation, handling disappointment, and social interactions.