

Nature's Apothecary

ALTERNATIVE & HOLISTIC HEALTH SERVICES

Nature provides us relief from all ailments and assists our bodies with healing itself. Our Products are Organic, GMO Free, Non-Irradiated, Capsulized Herbs, Spices and Loose-Leaf Teas.

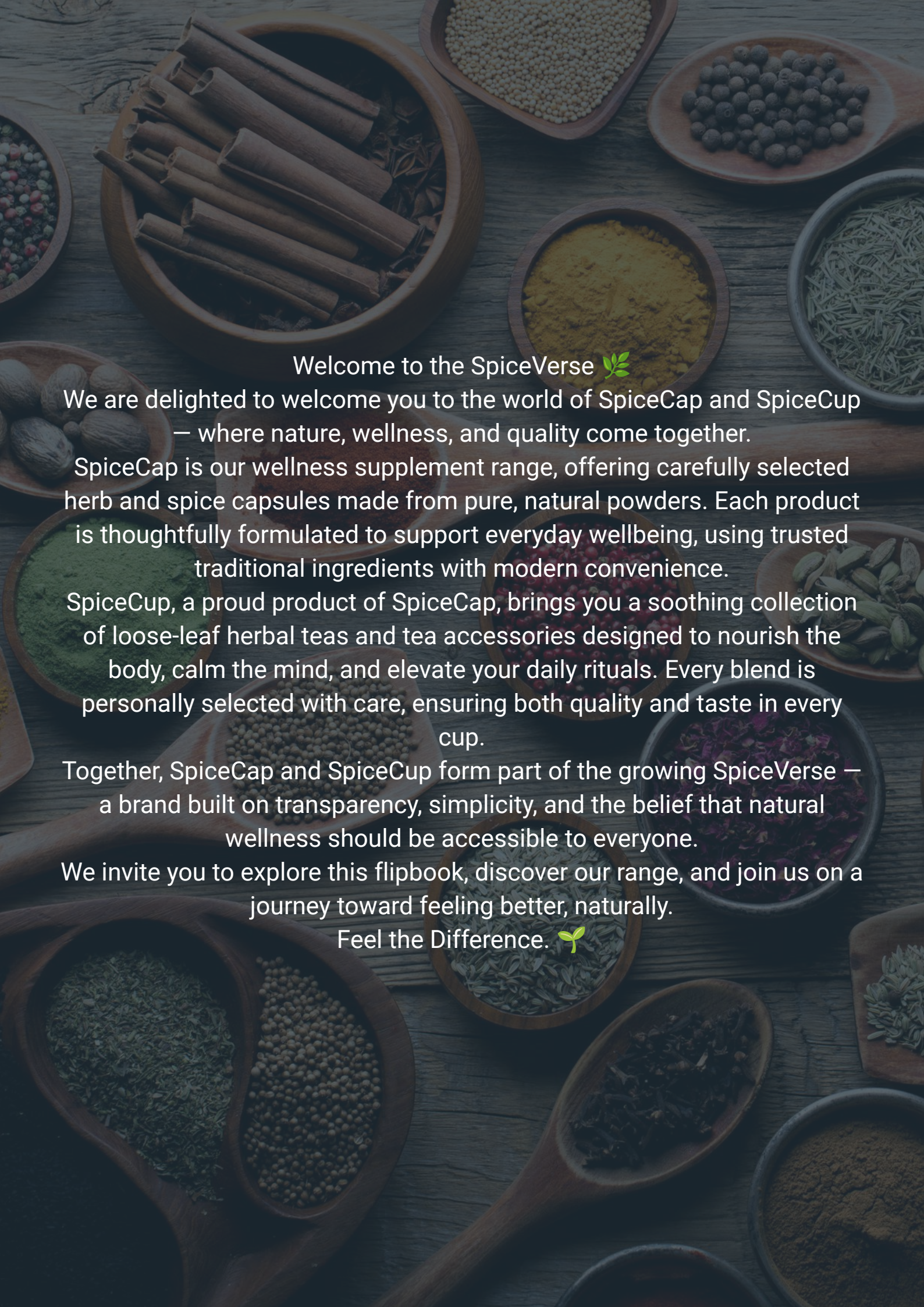
Nature's Apothecary - Your Partner in Natural Health
in Partnership with



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Welcome to the SpiceVerse 🌿

We are delighted to welcome you to the world of SpiceCap and SpiceCup — where nature, wellness, and quality come together.

SpiceCap is our wellness supplement range, offering carefully selected herb and spice capsules made from pure, natural powders. Each product is thoughtfully formulated to support everyday wellbeing, using trusted traditional ingredients with modern convenience.

SpiceCup, a proud product of SpiceCap, brings you a soothing collection of loose-leaf herbal teas and tea accessories designed to nourish the body, calm the mind, and elevate your daily rituals. Every blend is personally selected with care, ensuring both quality and taste in every cup.

Together, SpiceCap and SpiceCup form part of the growing SpiceVerse — a brand built on transparency, simplicity, and the belief that natural wellness should be accessible to everyone.

We invite you to explore this flipbook, discover our range, and join us on a journey toward feeling better, naturally.

Feel the Difference. 🌱

ACTIVATED CHARCOAL

- Treats hangovers.
- Removes toxins and treats poisoning and overdoses.
- Promotes a healthy digestive tract.
- Reduces gas and bloating.
- Stops diarrhea.
- Heals skin.
- May lower cholesterol levels.
- Supports kidney health.



Gel Capsules
R80.00

Veggie Capsules
R95.00

ALOE VERA

- Alleviates constipation, IBS, and acid reflux.
- Strengthens immunity.
- Improves skin hydration and reduces inflammation.
- Eases joint pain and swelling.
- Fights oxidative stress.
- Regulates blood sugar and enhances insulin sensitivity.
- Speeds up wound healing, alleviates pain, and prevents infections.
- Has antibacterial, antiviral, and antifungal properties.



Gel Capsules
R130.00

Veggie Capsules
R145.00

ASHWAGANDHA ROOT

- Reduces stress and anxiety & Alleviates depression symptoms.
- Benefits athletic performance.
- Boosts testosterone and fertility in men.
- Lowers blood sugar levels.
- Reduces inflammation.
- Improves brain function and memory.
- Enhances sleep quality.
- Eases PMS symptoms in women.



Gel Capsules
R110.00

Veggie Capsules
R125.00

BARLEY GRASS

- Excellent source of fiber.
- Regulates immune function, cell growth, and vision.
- Skin health.
- tWound healing.
- Oral health.
- Blood clotting.
- Good for bone formation.
- Heart health.
- Protects against chronic disease.



Gel Capsules
R160.00

Veggie Capsules
R175.00

BEETROOT

- Reduces blood pressure.
- Boosts brain power.
- Improves athletic performance.
- Fights inflammation.
- Supports liver health.
- Encourages weight loss.
- May help erectile dysfunction.
- Improves digestion.



Gel Capsules
R85.00

Veggie Capsules
R100.00

BLACK SEED

- Alleviates constipation, IBS, and acid reflux.
- Strengthens immunity.
- Improves skin hydration and reduces inflammation.
- Eases joint pain and swelling.
- Fights oxidative stress.
- Regulates blood sugar and enhances insulin sensitivity.
- Speeds up wound healing, alleviates pain, and prevents infections.
- Has antibacterial, antiviral, and antifungal properties.



Gel Capsules
R150.00

Veggie Capsules
R165.00

CANCER BUSH

- Boosts immune system.
- Provides anti-inflammatory effects.
- Offers stress relief and pain relief.
- Enhances energy and stamina.
- May have anti-cancer properties.
- Supports liver health.
- Benefits for females:
 - Balances hormones, Reduces hot flashes and Relieves menstrual pain.



Gel Capsules
R100.00

Veggie Capsules
R115.00

CAYENNE PEPPER

- Eases arthritis pain.
- Anti-inflammatory properties.
- Manages blood pressure.
- Boosts heart health and metabolism.
- Relieves constipation, headaches, and congestion.
- Alleviates nerve pain.
- Assists in healing stomach ulcers.
- Strengthens immunity.
- Contains vitamins C, B6, E, potassium, manganese & flavonoids.



Gel Capsules
R70.00

Veggie Capsules
R85.00

CHIA SEEDS

- Highly nutritious.
- High in fiber.
- Contains important bone nutrients: calcium, phosphorus and magnesium.
- Rich in antioxidants.
- May aid weight loss.
- May reduce heart disease risk.
- Drinking chia seeds with water in the morning boosts digestion and improves bowel movements.



Gel Capsules
R75.00

Veggie Capsules
R90.00

CINNAMON

- Antioxidant effects and inflammation reduction.
- May lower blood pressure and cholesterol.
- High in antioxidants.
- Supports heart health.
- Preserves brain function.
- Fights infections and viruses.
- Reduces allergy symptoms.
- Improves dental and skin health.
- Helps normalize blood sugar and prevent insulin resistance.

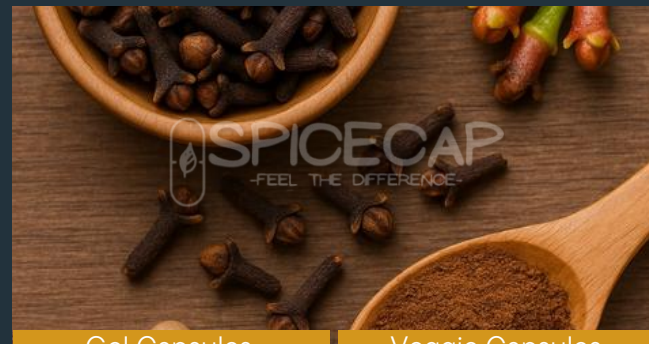


Gel Capsules
R70.00

Veggie Capsules
R85.00

CLOVES

- Promotes digestion.
- Good for bones & joints.
- Boost immune system.
- Reduces body pain & inflammation.
- Stimulates blood circulation.
- May help regulate blood sugar.
- Help relieve sinus, cold, cough, viral infection & toothache.
- Clove is rich in antioxidants and has antibacterial properties.
- It has a type of salicylate that can help prevent acne.



Gel Capsules
R85.00

Veggie Capsules
R100.00

COLLAGEN BOVINE PEPTIDES

- Improves skin hydration, elasticity, and reduces wrinkles.
- Supports joint flexibility, alleviates pain.
- Aids cartilage regeneration.
- Strengthens gut lining, enhancing digestive health.
- Promotes healthier hair and stronger nails by supplying amino acids for keratin.
- May reduce inflammation.



Gel Capsules
R150.00

Veggie Capsules
R165.00

CRANBERRY

- Promotes bladder health and may prevent urinary tract infections.
- Fights cavities.
- Exhibits antibacterial effects.
- Rich in antioxidants.
- Potential anti-aging properties.
- Aids vitamin B12 absorption.
- May lower bad cholesterol.
- Supports eye health and vision.
- Boosts the immune system.



Gel Capsules

R100.00

Veggie Capsules

R115.00

CUMIN

- Promotes digestion.
- Rich in iron.
- Contains beneficial plant compounds.
- May aid in diabetes treatment.
- Could improve blood cholesterol.
- May support weight loss and fat reduction.
- May prevent food-borne illnesses.
- Fights chronic inflammation.



Gel Capsules

R75.00

Veggie Capsules

R90.00

DANDELION

- Help neutralize free radicals, which are known to contribute to aging and chronic disease.
- May help with inflammation.
- May reduce blood-sugar levels.
- May support digestive health.
- May reduce blood pressure.
- Supports liver health.
- May help lower cholesterol and triglycerides.



Gel Capsules

R140.00

Veggie Capsules

R155.00

DEVIL'S CLAW

- May Reduce Pain.
- May Reduce Inflammation and Arthritis.
- Improve mobility.
- Help prevent bone loss.
- Effective in managing diabetes.
- Reduces oxidative stress.



Gel Capsules

R150.00

Veggie Capsules

R165.00

FENNEL

- Fights bad breath.
- Boosts digestive health and reduces gas and acidity.
- Regulates blood pressure and may combat diabetes.
- Alleviates asthma and respiratory issues.
- Supports lactation.
- Enhances skin appearance.
- Improves eyesight.
- Aids weight loss.
- Potentially benefits liver health.



Gel Capsules
R75.00

Veggie Capsules
R90.00

FENUGREEK

- May lower blood sugar and improve insulin sensitivity.
- Can boost testosterone, libido, and sexual function in men.
- May alleviate menstrual cramps and PMS symptoms.
- Believed to enhance breast milk production.
- May reduce total cholesterol and triglycerides.
- May lower heart disease risk.
- Can suppress appetite and aid weight loss.



Gel Capsules
R110.00

Veggie Capsules
R125.00

FLAXSEED

- Enhances digestive health and may support weight loss.
- Reduces inflammation.
- Fights cancer.
- Combats depression.
- Lowers blood sugar.
- Promotes heart health.
- Eases menopausal symptoms.
- Assists with dry eyes syndrome.
- Improves skin and hair health.



Gel Capsules
R80.00

Veggie Capsules
R95.00

GARLIC

- Garlic improves cholesterol, potentially lowering heart disease risk.
- Prevents blood clots.
- Enhances digestion.
- Supports liver health.
- Benefits skin health.
- Boosts the immune system, helping protect against illnesses like the common cold.
- Active compounds in garlic can lower blood pressure.



Gel Capsules
R70.00

Veggie Capsules
R85.00

GINGER

- Help treat nausea & morning sickness.
- Fight fungal infections.
- Protects against stomach ulcers.
- Eases menstrual pains.
- Can help regulate blood sugar and may help lower cholesterol.
- Relieve joint & muscle pain.
- Promotes digestion.
- May inhibit cancer growth.
- Can help with osteoarthritis.



Gel Capsules
R70.00

Veggie Capsules
R85.00

GINKGO BILOBA

- Cognitive disorders
- Dementia
- Dizziness and vertigo
- Intermittent claudication (pain in limbs due to reduced blood flow)
- Macular degeneration (damage to the central retina)
- Glaucoma (high intraocular pressure damaging the optic nerve)
- Memory loss
- Premenstrual syndrome (PMS)
- Vasodilation



Gel Capsules
R150.00

Veggie Capsules
R165.00

GREEN TEA

- Regulates weight loss, BMI and waist circumference
- Boosts energy.
- Supports cardiovascular health.
- Protects against cell damage.
- May alleviate inflammatory disease symptoms.
- Improves skin conditions like acne, rosacea, and alopecia.
- Enhances immune function to combat infections.



Gel Capsules
R160.00

Veggie Capsules
R175.00

HARITAKI

- Relieves constipation and regulates bowel movements
- Supports gut health.
- Combats oxidative stress and reduces inflammation.
- Acts as a natural expectorant for respiratory relief.
- Decreases stomach acidity and prevents peptic ulcers.
- Enhances mental clarity, focus, and memory.



Gel Capsules
R120.00

Veggie Capsules
R135.00

HIBISCUS

- Packed with antioxidants.
- Help lower blood pressure.
- Help improve blood fat levels.
- Boost liver health.
- Promote weight loss.
- Contains compounds that may help prevent cancer.
- Help decrease the growth of bacteria.



Gel Capsules

R120.00

Veggie Capsules

R135.00

HYSSOP

- Relieving respiratory conditions (cold, asthma, bronchitis)
- Eliminating gastrointestinal parasites and Optimizing digestion.
- Increases circulation and oxygenation and Calms anxiety & stress.
- Treating muscle pain and inflammation.
- Defending against infections and Preventing chronic diseases.
- Soothing premenstrual syndrome symptoms.
- Boosting immunity.
- Lowering blood pressure to prevent heart diseases
- Reducing pain from insect bites and stings.



Gel Capsules

R160.00

Veggie Capsules

R175.00

LEMONGRASS

- Promoting weight loss.
- Treating gastritis.
- Reduces LDL cholesterol and Manages blood pressure.
- Help to strengthen the immune system.
- Managing insomnia and anxiety.
- Healing wounds.
- Treating yeast infections.
- Treating bad breath.
- Repelling insects.



Gel Capsules

R110.00

Veggie Capsules

R125.00

LION'S MANE

- Enhances thinking and memory and could improve mild cognitive impairment.
- May protect against Alzheimer's and dementia
- Supports symptoms of depression and anxiety
- Aids recovery from nerve injuries
- Protects against stomach ulcers
- Promotes heart health
- Helps manage diabetes symptoms
- May prevent cancer



Gel Capsules

R180.00

Veggie Capsules

R195.00

MACA ROOT

- Boosts energy and endurance, enhancing performance.
- Supports hormonal balance for both men and women.
- Can reduce depression symptoms and improve mental focus and memory.
- Increases libido and sexual function.
- Acts as an adaptogen to manage stress and improve mood.
- May enhance fertility in men and women.
- Contains essential minerals for bone health.



Gel Capsules

R150.00

Veggie Capsules

R165.00

MILK THISTLE

- Milk Thistle boosts liver health and protects kidneys & gallbladder.
- Aids diabetes treatment.
- Enhances heart health.
- May assist in cancer treatment.
- Supports weight loss and improves digestive health.
- Promotes brain health and delays aging.
- Strengthens bones.
- Potentially beneficial during breastfeeding.
- Boosts immunity and prevents allergies.



Gel Capsules

R130.00

Veggie Capsules

R145.00

MORINGA

- Skin and hair protection and nourishment.
- Treatment for Edema, Asthma and Diabetes.
- Liver protection.
- Stomach upset relief.
- Mood and nervous system disorder treatment.
- Cardiovascular system protection.
- Kidney stone prevention.
- High blood pressure reduction.



Gel Capsules

R75.00

Veggie Capsules

R90.00

MUCUNA

- Boosts dopamine production and overall brain function.
- Support Blood Sugar Regulation.
- May Increase Sexual Function.
- May prevent various oxidative stresses.
- May possess the ability to benefit skin health.
- Effective against snake venom.



Gel Capsules

R130.00

Veggie Capsules

R145.00

NUTMEG

- Combating depression, anxiety and insomnia.
- Increasing brain power.
- Alleviating muscle and joint pain.
- Treating acne.
- Improving digestion.
- Preventing tooth decay and cavities.
- Boosting immunity.
- Aiding detoxification.
- Enhancing libido.



Gel Capsules

R75.00

Veggie Capsules

R90.00

OMEGA 3

- Supports overall health and well-being.
- Promotes heart health with omega-3 fatty acids and fiber.
- Aids digestive health through dietary fiber.
- Provides antioxidants like sesamin and vitamin E.
- Supports bone health with calcium and magnesium.
- Boosts immune function with zinc from pumpkin seeds.
- Enhances skin and hair health with vitamin E and essential fatty acids.



Gel Capsules

R100.00

Veggie Capsules

R115.00

ROSEHIP

- Lower LDL Cholesterol.
- Boost Immunity.
- Regulates blood sugar levels.
- Improve Circulation thus increasing metabolic activity.
- Enhance Bone Health.
- Treatment for tightening and toning the skin.



Gel Capsules

R130.00

Veggie Capsules

R145.00

SAW PALMETTO

- Stimulates hair growth.
- Treats Impotence.
- Increase sex drive and libido in both women and men.
- Reduces Kidney Disorders
- Reduces Prostate Enlargement
- Increases Muscle Mass
- Boosts Immunity

*** Also available : 30 capsules per pack at half the price.**



Gel Capsules

R800.00

Veggie Capsules

R815.00

SEA MOSS

- Boosts immunity and acts as an antioxidant.
- Supports thyroid function and regulates metabolism with iodine.
- Aids digestion and promotes gut health.
- Promotes healthy skin, hair, and nails.
- May lower bad cholesterol and enhance blood circulation.
- Acts as a natural appetite suppressant and supports metabolism.
- Reduces joint pain and inflammation.
- May support cognitive function and alleviate anxiety.



Gel Capsules
R160.00

Veggie Capsules
R175.00

SENNA

- Combats Hair Loss
- Provides Relief From Constipation
- Eliminates Intestinal Worms and Cleanses The Colon
- Boosts Immunity
- Treats Indigestion
- Promotes Weight Loss
- Treats Skin Conditions
- Treats Hemorrhoids
- Promotes Respiratory Health



Gel Capsules
R100.00

Veggie Capsules
R115.00

SHATAVARI

- Helps regulate hormonal fluctuations & ease PMS symptoms, menstrual cramps and mood swings.
- Supports uterine health, improves fertility, and alleviates menopausal symptoms like hot flashes and vaginal dryness.
- Increases prolactin levels, enhancing breast milk production in nursing mothers.
- Helps regulate menstrual cycles.
- Reduce cortisol levels and promoting relaxation.



Gel Capsules
R140.00

Veggie Capsules
R155.00

SHILAJIT

- Prevents or slows Alzheimer's disease and slows aging.
- Raises testosterone.
- Treats chronic fatigue syndrome.
- Reduce altitude sickness.
- Treats iron deficiency anemia
- Treats infertility.
- Supports heart health.
- Improves bone density in females.
- Reduce risks of osteoporosis and fractures.



Gel Capsules
R180.00

Veggie Capsules
R195.00

SOURSOP

- Controls blood sugar and may lower blood pressure.
- Reduces inflammation and may have antibacterial properties.
- Exhibits anti-cancer properties.
- Rich in antioxidants.
- Supports digestive health.
- Promotes healthy sleep.
- May reduce fever and body temperature.
- Has anxiolytic and antidepressant effects.



Gel Capsules
R160.00

Veggie Capsules
R175.00

TURMERIC (BLACK PEPPER ADDED)

- Regulates blood sugar.
- Boosts mood.
- Reduces inflammation and pain and eases joint pain.
- Aids in weight loss.
- Enhances skin health.
- Treats ulcerative colitis.
- Prevents diabetes in prediabetics.
- Increases antioxidant capacity.



Gel Capsules
R70.00

Veggie Capsules
R85.00

VALERIAN

- Reduces sleep latency and improves overall sleep quality.
- Anxiolytic properties promote relaxation and lower stress.
- Acts as a natural muscle relaxant for menstrual discomfort.
- Calms stress, lowers cortisol levels.
- Enhances emotional well-being.
- May lower blood pressure.
- Contains antioxidants.



Gel Capsules
R150.00

Veggie Capsules
R165.00

WATERMELON SEED

- Enhances skin health and strengthens hair.
- Supports heart health.
- Lowers blood sugar.
- Boosts immune system and boosts metabolism.
- Prevents osteoporosis.
- Improves male fertility and reduces prostate cancer risk.
- Increases energy levels.
- Alleviates asthma effects.



Gel Capsules
R85.00

Veggie Capsules
R100.00

IMMUNE BOOST

- Enhance immune function.
- Strengthen your defense against illnesses.
- Reduces the length and severity of colds and flu's.
- Contains:
Cayenne • Turmeric • Black Pepper • Ginger
Garlic • Moringa • Hibiscus • Cloves

* Immune Boost contains 90 capsules per pack



Gel Capsules

R100.00

Veggie Capsules

R120.00

7 DAY STARTER PACK

WHAT IS THE SPICECAP 7-DAY STARTER PACK?

- The SpiceCap Starter Pack is a simple, 7-day trial, designed to help you experience the benefits of our top 7 spice capsules – without committing to a full month.

It's ideal for:

- First-time customers who want to try before they buy
- Anyone looking to gently introduce natural supplements into their routine
- A short wellness reset for digestion, energy, immunity & inflammation

What's inside?

- You'll receive 7 capsules each of:
- Cayenne Pepper – Boosts metabolism & circulation
- Turmeric – Supports joints & inflammation
- Cloves – Rich in antioxidants
- Cumin – Aids digestion & gut balance
- Cinnamon – Balances blood sugar
- Garlic – Strengthens the immune system
- Ginger – Eases nausea & bloating
- That's 49 capsules total – enough for a week of wellness.

How to use it:

- Take one capsule of each spice daily with food and water. You can take them all at once or spread them throughout the day.
- After 7 days, you'll have a better sense of which capsules support your body best – and which you'd like to continue with.



Gel Capsules

R60.00

Veggie Capsules

R75.00

7 DAY PILLBOX



R30.00



SPICECAP
-FEEL THE DIFFERENCE-

Veggie Capsules vs Gelatin Capsules



Veggie Capsules

- Made from **Plant-Based Cellulose**
- 100% Vegetarian & Vegan Friendly
- **Non-GMO & Allergen-Free**
- No **Animal** Byproducts
- Ideal for Those with Dietary Restrictions
- Stability in Wider Temperature Range

Benefits:

- Suitable for Vegetarians & Vegans
- Dissolves Quickly in the Stomach



Gelatin Capsules

- Made from **Animal-Derived Gelatin**
- Contains **Bovine or Porcine Gelatin**
- High **Protein** Content
- **Cost-Effective**
- Smooth & Easier to **Swallow**
- Sensitive to **Heat & Humidity**

Benefits:

- Low Cost & **Widely Available**
- Smooth **Dissolution**

NEW
Veggie Capsules

NOW AVAILABLE AT AN
EXTRA R15.00 PER PACKET OF 60 CAPSULES



SIP AND SEE THE POWER OF TEA

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PRICE LIST

CANCER BUSH TEA

- Immune system support.
- Anti-inflammatory and antioxidant properties.
- Stress and anxiety relief.
- Potential reduction of depression symptoms.
- Supports digestive health.
- May help manage blood sugar levels.
- Traditionally used for overall well-being.
- Possible adaptogenic properties for stress management.



25g - R65.00
50g - R95.00

CHAMOMILE TEA

- Promotes relaxation, calms the mind and soothes anxiety and stress.
- Improves sleep quality and helps with insomnia.
- May alleviate menstrual cramps and PMS symptoms.
- Supports digestive health and relieves issues.
- Acts as a natural muscle relaxant with anti-inflammatory properties.
- Soothes skin irritations and wounds.
- May reduce cold and flu symptoms.
- Supports immune function.



25g - R60.00
50g - R90.00

DANDELION TEA

- Supports liver and kidney function and aids detoxification
- Rich in antioxidants and vitamins A, C, and K
- Reduces inflammation
- Supporting digestive health and relieving constipation
- Regulating blood sugar levels and lowers blood pressure.
- Acts as a natural diuretic and aids in weight loss.
- Supporting bone health
- Improving skin health and reducing acne



25g - R70.00
50g - R100.00

GREEN TEA

- Rich in antioxidants that combat oxidative stress and inflammation.
- May lower LDL cholesterol and improve cardiovascular health.
- Boost memory and cognitive performance.
- Increases metabolism and fat burning.
- Improves Mood and Reduces Stress.
- May help regulate blood sugar and improve insulin sensitivity.
- Enhances skin health and appearance.



25g - R70.00
50g - R100.00



PRICE LIST

HIBISCUS FLOWER TEA

- Lowers blood pressure in mild hypertension
- May reduce cholesterol levels
- Rich in antioxidants for cell protection
- Supports liver health, detoxification and immune function.
- Helps regulate blood sugar levels
- Acts as a natural diuretic for kidney function
- Aids in weight management
- May reduce inflammation and improve overall health



25g - R55.00
50g - R85.00

LEMON BALM TEA

- Reduce symptoms of anxiety and stress.
- Reduce or eliminate arthritis and joint disorders.
- Reduce or eliminate indigestion, allergic reactions, and headaches.
- Soothes indigestion, excess flatulence, constipation, acid reflux, disease, cramping or bloating.
- Effective against a variety of cold, flu and infections.
- Soothes painful menstrual cramps.
- Lowers blood pressure.



25g - R65.00
50g - R95.00

LEMONGRASS TEA

- Relieves stress, anxiety, and promotes relaxation.
- May reduce pain and inflammation.
- Supports digestive health and relieves nausea.
- Aids in weight loss and acts as a natural detoxifier.
- Possesses antimicrobial and antifungal properties.
- May lower cholesterol and regulate blood sugar.
- Supports immune function and relieve cold & flu symptoms.
- Improves skin health and reduces acne.



25g - R50.00
50g - R80.00

MINT TEA

- Aids in digestion & supports gallbladder and liver function.
- Promotes better sleep, relieves stress & promotes mental alertness.
- Eliminates bad breath.
- Eases headaches and migraines and combats coughs & congestion.
- Helps weight loss.
- Immune booster.
- Relief from menstrual cramps.
- Combats motion sickness.



25g - R50.00
50g - R80.00



PRICE LIST

MULLEIN TEA

- May have properties that reduce inflammation.
- Relieve symptoms of a viral infection.
- May offer antibacterial effects.
- Reduce oxidative stress that can lead to cell damage.
- Possesses anti-inflammatory effects.
- Possesses anti-fungal effects.
- Possesses anti-cancer effects.



25g - R85.00
50g - R115.00

RASPBERRY LEAF TEA

- Supports women's health during pregnancy and childbirth
- May tone the uterus and pelvic muscles
- Rich in vitamins and minerals (magnesium, iron, calcium)
- Can regulate menstrual cycles and reduce cramps
- Has potential anti-inflammatory and antioxidant properties
- Supports digestive health and reduces nausea
- Aids postpartum recovery and breastfeeding
- Consult a healthcare professional for personalized advice.



25g - R65.00
50g - R95.00

RED CLOVER TEA

- Ease menopause discomfort.
- Slows bone loss.
- Reduces anxiety.
- Relieves coughs,
- Nutrient-rich for skin rejuvenation.



25g - R75.00
50g - R105.00

SAGE TEA

- Boosts memory and cognitive function.
- Relieves hot flashes.
- Enhances dental hygiene.
- Regulates bowel movement and improves digestion.
- Boosts the immune system.
- Supports skin health and wound healing & stimulates hair growth.
- Supports calorie control.
- Encourages calmness and promotes restful sleep.



25g - R50.00
50g - R80.00



PRICE LIST

SOURSOP LEAF TEA OR SOURSOP POWDER TEA

- Strengthens the immune system and guards against infections.
- Reduces inflammation, arthritis, joint pain, and muscle soreness.
- Supports digestion, promotes bowel movements, and prevents constipation.
- May lower blood pressure, reduce cholesterol, and prevent cardiovascular disease.
- Regulate blood sugar levels.
- Provides stress relief and improves sleep quality.
- Aids in detoxification, supporting liver and kidney function.
- Promotes skin health by clearing acne and irritation.
- Offers a natural energy boost without crashes.
- Supports weight management and boosts metabolism.
- Enhances cognitive function and mental health.



25g - R70.00

WILD OLIVE LEAF TEA

- Manages cholesterol levels.
- Assists in weight loss and help reduce food intake.
- Helps combat acne and promote healthy skin.
- May lower blood pressure.
- May decrease blood sugar levels.
- Improves hair follicle health.
- May protect against Alzheimer's Disease.
- Manages gout symptoms.



25g - R55.00
50g - R85.00

ZESTIES

- Help combat oxidative stress and reduce the risk of chronic diseases.
- May improve cognitive function.
- Protects against Alzheimer's and Parkinson's.
- Enhances metabolism and assist in weight loss.
- May lower cholesterol levels.
- Improves blood vessel function, reducing the risk of heart disease.
- Helps manage inflammation in the body.
- Improves overall health.



25g - R45.00
50g - R60.00

As with any herbal remedy, consult a healthcare professional for personalized advice.



PRICE LIST

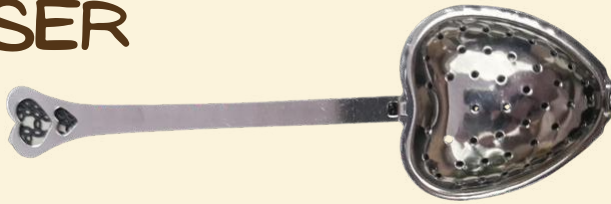
TASTER PACK

- Sip and See the Power of Tea.
- 14 different SpiceCup teas.
- Designed for exploration and first-time tasting.
- Loose tea samples.
- Includes self-fill teabags.



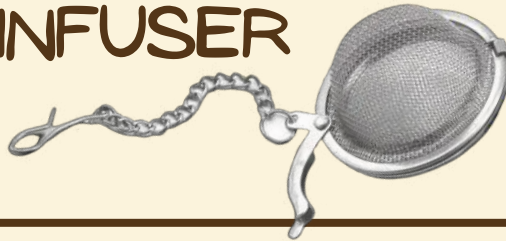
R90.00

INFUSER



R30.00

BALL INFUSER



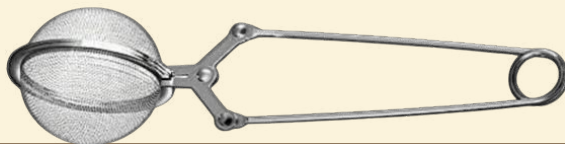
R40.00

TEASPOON



R10.00

TEA STRAINER



R60.00

SELF-FILL TEABAGS



**R5.00 for
10 Bags**

**R10.00 for
20 Bags**

INTRODUCING SPICEPOD

SpicePod offers high-quality loose herbs and spices used in SpiceCap capsules and SpiceCup teas, created in response to customer demand for trusted ingredients in more flexible quantities. It allows customers to mix and use the same quality herbs without altering sourcing or standards. SpicePod fits into the SpiceVerse ecosystem, providing the foundational ingredients in a versatile format, distinct from the measured capsules and blended teas. Key definitions highlight that SpicePod is the source of premium, pure herbs and spices.



SpicePod

Pure ingredients. Honest sourcing. The Origin.

— by SpiceCap —

CLICK ON ICONS FOR



WhatsApp



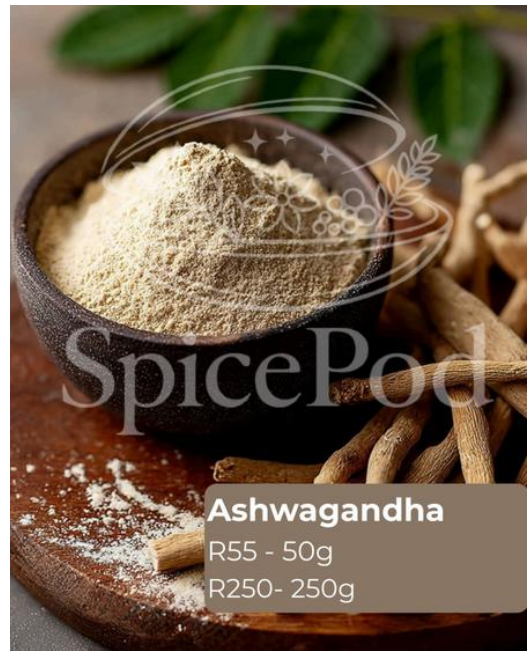
Activated Charcoal

R40 - 50g
R180- 250g



Aloe Vera

R55 - 50g
R250- 250g



Ashwagandha

R55 - 50g
R250- 250g



Beetroot

R60 - 50g
R270- 250g



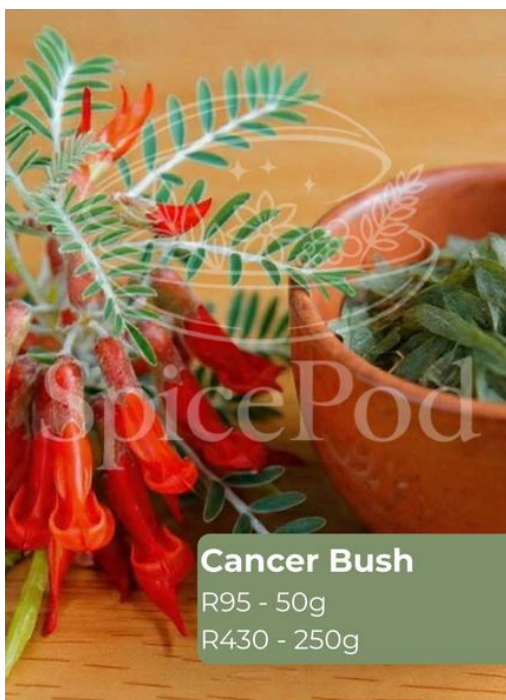
Barley Grass

R80 - 50g
R360- 250g



Black Seed

R80 - 50g
R360- 250g



Cancer Bush

R95 - 50g
R430 - 250g



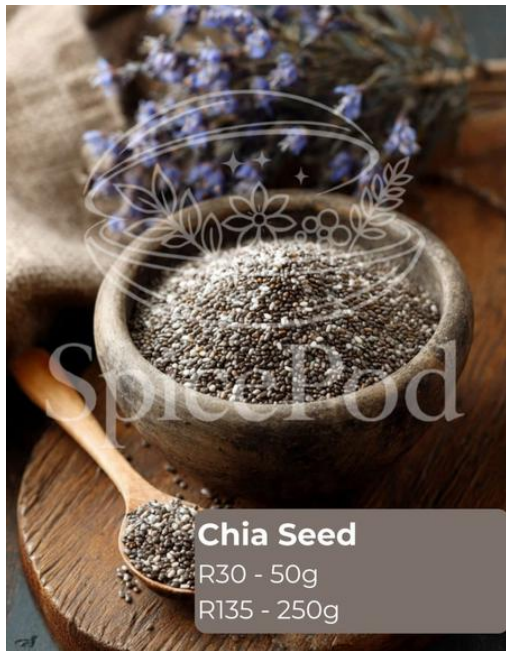
Cayenne Pepper

R30 - 50g
R135 - 250g



Chamomile

R90 - 50g
R405 - 250g



Chia Seed

R30 - 50g
R135 - 250g



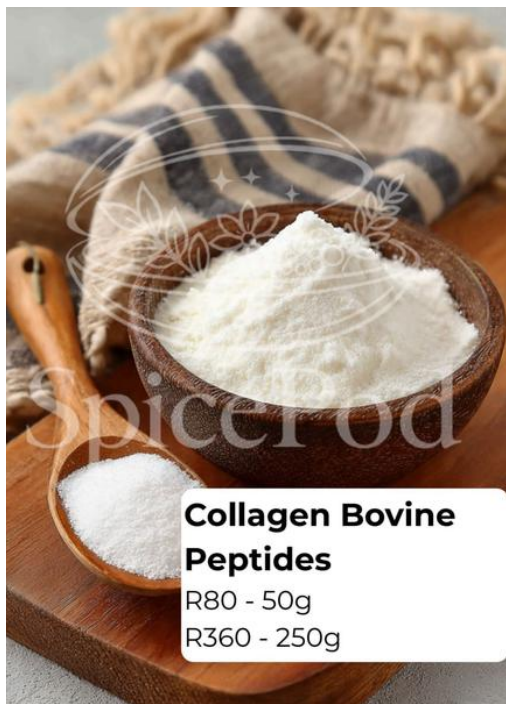
Cinnamon

R30 - 50g
R135 - 250g



Cloves

R40 - 50g
R180 - 250g



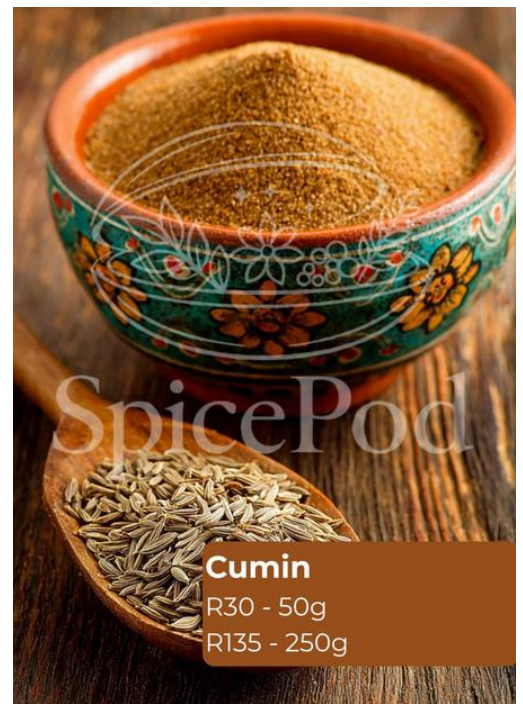
Collagen Bovine Peptides

R80 - 50g
R360 - 250g



Cranberry

R80 - 50g
R360 - 250g



Cumin

R30 - 50g
R135 - 250g



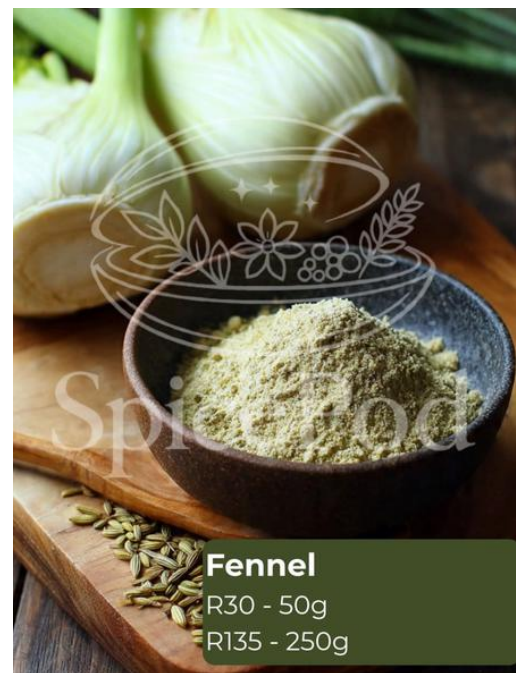
Dandelion

R100 - 50g
R450 - 250g



Devil's Claw

R80 - 50g
R360 - 250g



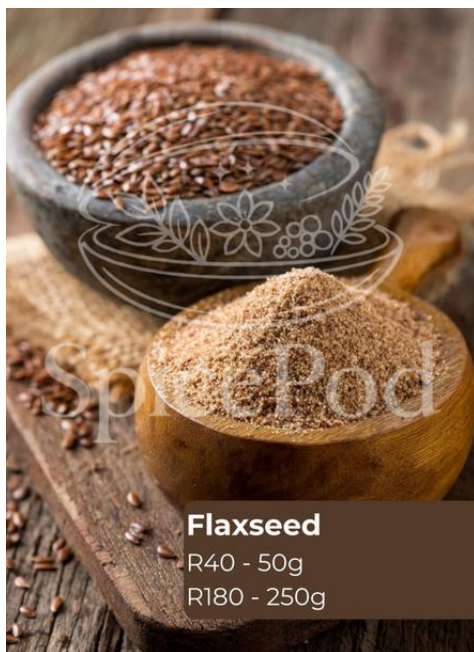
Fennel

R30 - 50g
R135 - 250g



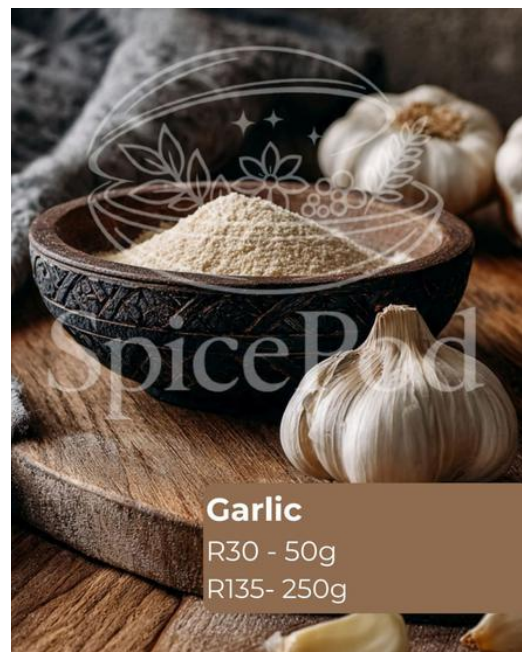
Fenugreek

R55 - 50g
R245 - 250g



Flaxseed

R40 - 50g
R180 - 250g



Garlic

R30 - 50g
R135 - 250g



Ginger

R30 - 50g
R135 - 250g



Ginkgo Biloba

R80 - 50g
R360 - 250g



Green Tea

R100 - 50g
R360 - 250g



Haritaki

R40 - 50g
R180 - 250g



Hibiscus

R85 - 50g
R385 - 250g



Hyssop

R80 - 50g
R360 - 250g



Lemon Balm

R95 - 50g
R430 - 250g



Lemongrass

R80 - 50g
R360 - 250g



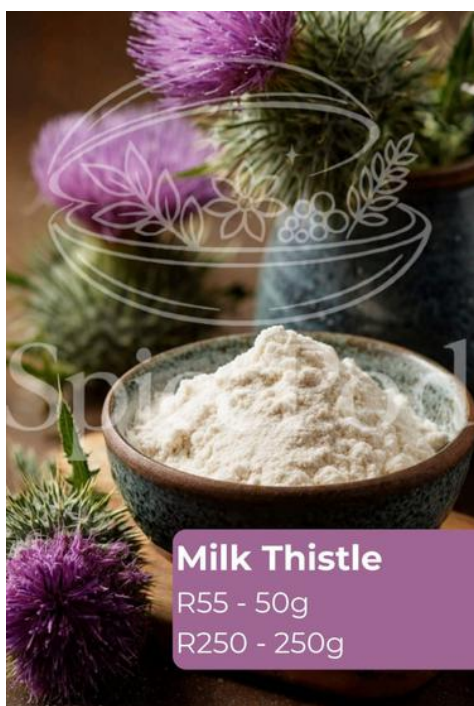
Lion's Mane

R140 - 50g
R630 - 250g



Maca Root

R55 - 50g
R250 - 250g



Milk Thistle

R55 - 50g
R250 - 250g



Mint

R80 - 50g
R360 - 250g



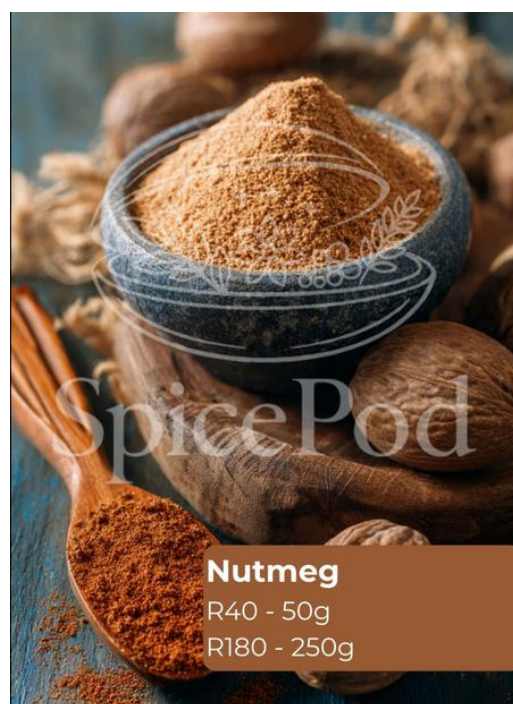
Moringa

R40 - 50g
R180 - 250g



Mullein

R115 - 50g
R520 - 250g



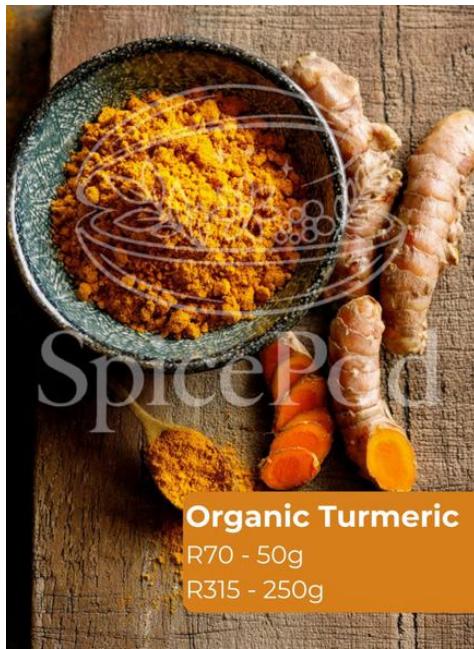
Nutmeg

R40 - 50g
R180 - 250g



Omega 3 Seed Mix

R55 - 50g
R250 - 250g



Organic Turmeric

R70 - 50g
R315 - 250g



Pumpkin Seed

R40 - 50g
R180 - 250g



Raspberry Leaf

R95 - 50g
R430 - 250g



Red Clover

R105 - 50g
R475 - 250g



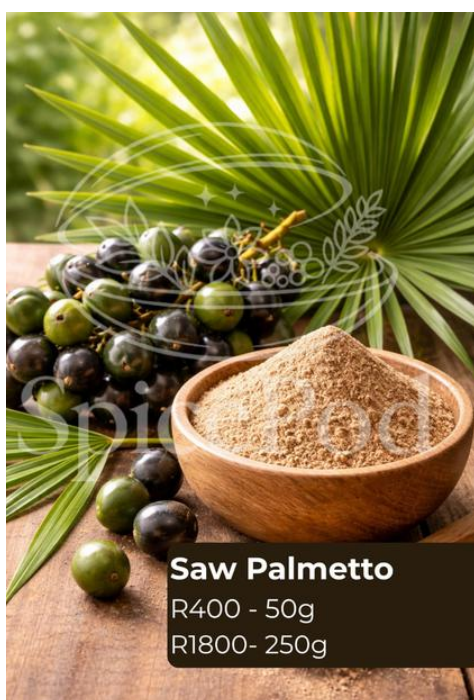
Rosehip

R50 - 50g
R225 - 250g



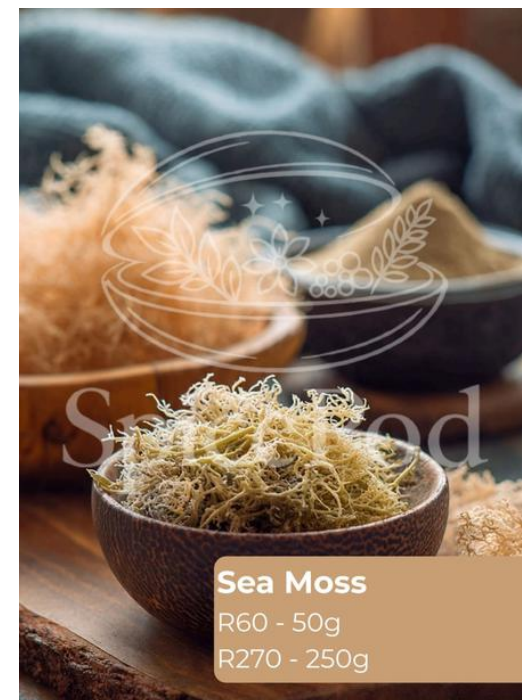
Sage

R80 - 50g
R360 - 250g



Saw Palmetto

R400 - 50g
R1800 - 250g



Sea Moss

R60 - 50g
R270 - 250g



SpicePod

Senna

R50 - 50g
R225 - 250g



SpicePod

Shatavari

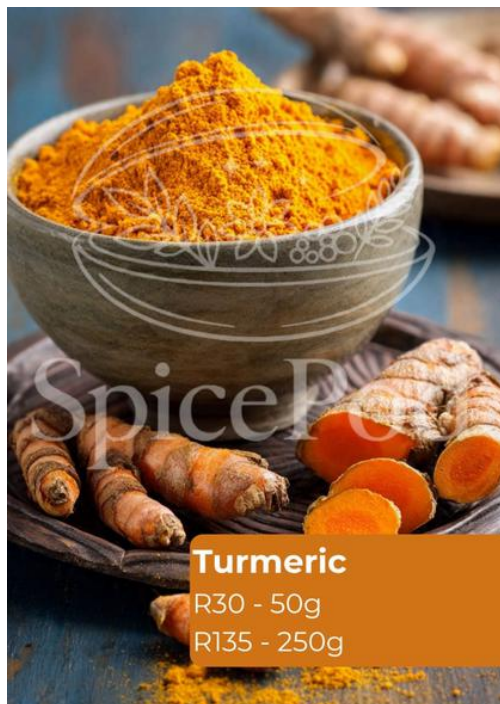
R55 - 50g
R250 - 250g



SpicePod

Shilajit

R140 - 50g
R630 - 250g



SpicePod

Turmeric

R30 - 50g
R135 - 250g



SpicePod

Valerian Root

R65 - 50g
R295 - 250g



SpicePod

Watermelon Seed

R95 - 50g



SpicePod

Wild Olive Leaf

R85 - 50g
R385 - 250g



Est. 2026

SpiceLux

Luxury. Relaxation. Nature. You.

Welcome to SpiceLux

SpiceLux is the wellness soul of the SpiceVerse — a premium self-care range where nature, ritual, and luxury meet. Proudly crafted as part of the SpiceCap family, SpiceLux transforms the healing power of herbs, spices, and botanicals into indulgent moments of restoration and calm.

Each SpiceLux creation is thoughtfully formulated to soothe the body, quiet the mind, and elevate everyday self-care into a sacred ritual. From mineral-rich bath salts and foot soaks to nourishing scrubs and balms, every product reflects our belief that true luxury lies in slowing down and reconnecting with nature.

Rooted in tradition yet designed for modern living, SpiceLux invites you to pause, breathe, and indulge in wellness — the SpiceVerse way.

Luxury. Relaxation. Nature. You.

Rose & Hibiscus
R100 - 300g



Raspberry Leaf & Red Clover
R100 - 300g



Chamomile & Lavender

R100 - 300g



Cancer Bush & Vanilla

R100- 300g



Mint & Lemon Balm

R100 - 300g



Lemongrass & Ginger

R100 - 300g



Soursop & Green Tea
R100- 300g



Lemongrass & Ginger
R100 - 300g



Thank you for taking the time to explore the world of
SpiceCap, SpiceCup, SpicePod and SpiceLux.

Each item in our carefully curated range reflects our dedication to purity, wellness, and the quiet luxury of natural living. Whether you are beginning your journey with us or continuing to enjoy your trusted favourites, we are truly honoured to be part of your daily ritual.

Your continued support inspires us to grow, evolve, and gracefully expand the SpiceVerse with new offerings that embody our passion for quality and innovation. We look forward to sharing this journey with you as we unveil even more refined additions to our brand.

With sincere appreciation,
The Nature's Apothecary & SpiceCap Teams

Nature's Apothecary
Angela Theron: 065 948 7959



Pure ingredients. Honest sourcing. The Origin.

by SpiceCap



Luxury. Relaxation. Nature. You.