

foundation
PHYSIOTHERAPY
& WELLNESS

Recruitment Handbook

welcome to Foundation.

Foundation Physiotherapy and Wellness is a group of physical health solution clinics located in across Toronto. We make it a priority to get our clients outcomes they value. Our mission is to guide our communities on the journey of moving better, feeling better and living better.



WHO ARE WE?

We are a relatable and energetic group of health care teams who empower our clients to move, feel and live better

HOW WE DO IT?

We offer specialized physical health solutions. Our unique four step process starts with a detailed initial assessment, followed by a treatment plan, a genuine relationship and the outcome. It is a fun, energetic, empowered and results driven experience.

WHY WE DO IT:

We love what we do. We love building relationships and creating meaningful impact. We love inspiring others, including ourselves, to improve, learn and grow.

Our CORE VALUES

- Going Above & Beyond
- Building Genuine Relationships
- Making an Impact in our Communities
- Being Lifelong Learners & Leaders
- The Value of OUTCOMES



We believe in fostering an internal culture for employees and associates, so they can positively engage clients towards reaching their goals.

Our Employee Experience:

Fun

Opportunities for growth

Understanding

Nonconformist

Driven & engaging

Appreciated

Teamwork & collaboration

Independence & flexibility


Open-minded

Never stop learning!

A photograph of two men in blue t-shirts. The man on the left is looking at a smartphone held in his hands. The man on the right is leaning in, looking at the phone. The background is a light-colored wall with some faint graffiti or drawings.

What we offer:

- Structured Education Curriculum**
- Clinical & Caseload Mentorship**
- In-house Wellness Privileges**
- Yearly Compensation Increases**
- Compensation & Leadership Ladders**
- Engaging Leadership Team**
- Client Experience & Admin Support**
- Documented Systems & Operations**
- Marketing & Branding Support**
- Outreach Events**
- Ongoing Professional Development**
- Extended Health Benefits Plan**



OUR TEAM & SERVICES

- Physiotherapists
- Registered Massage Therapists
- Chiropractors
- Pelvic Health Therapists
- Naturopathic Doctor
- Vestibular Therapists
- Running Program
- Cycling Program
- Client Experience Reps

"People will forget what you *said*.
People will forget what you *did*.
But people will never forget
how you made them feel."

-Maya Angelou

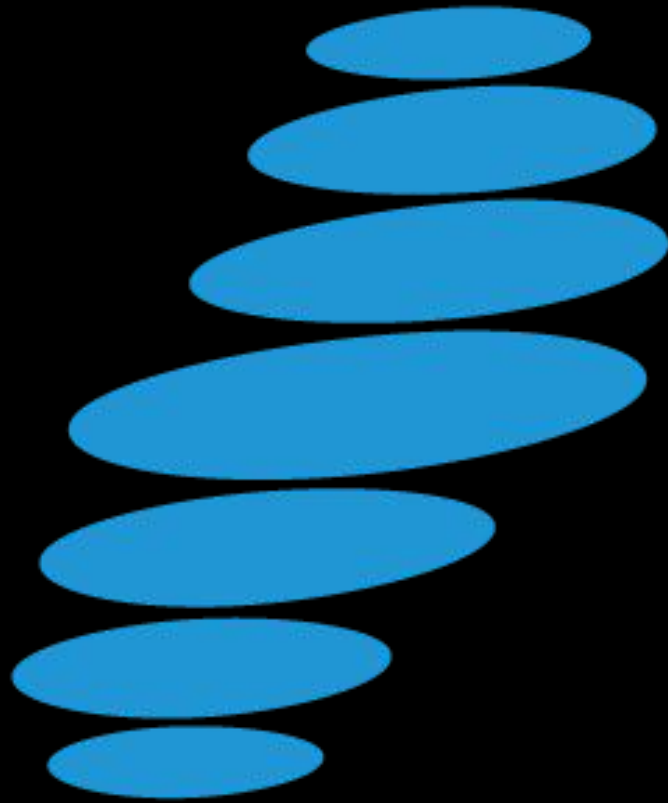


OUR PARTNERS

- **Toronto Arrows**
(professional rugby team)
- **Canada Beach Soccer**
- **Olympic Athletes**
- **Toronto Roller Derby**

- **Toronto Raptors'**
North Side Crew
- **Toronto Rush Ultimate**
Frisbee Team
- **Local Gyms, Trainers &**
Fitness Influencers





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