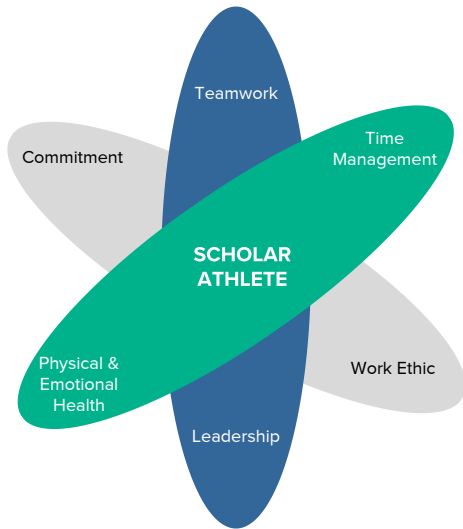


## Innovation in **Education** + High Performance **Athletics**



UNISUS Scholar-Athlete Profile

The UNISUS Scholar-Athlete program combines a world-class International Baccalaureate education with a holistic, focused approach to sports. The program is designed for students who aspire to reach high-performance or advanced levels in their athletic pursuits and successful academic achievements.

Research indicates that students who engage in competitive athletics at school develop crucial skills that have long-lasting positive effects. UNISUS Scholar-Athletes develop essential skills such as resilience, heightened accountability, and unwavering dedication towards achieving their goals and objectives. These skills not only benefit them in sports but they also have a profound impact on their overall personal growth and success.

## Key benefits of the **Scholar-Athlete** Program

### Academic Pathway

- IBDP and/or enriched B.C. Dogwood Diploma for grade 12 graduating students
- Our individualized pathways to graduation and individual learning system enables all students to achieve their best academically
- The IB based program creates confident, capable learners prepared for success in college/university
- IB is globally recognized by top universities worldwide for early acceptance and scholarship attainment
- Many IB graduates receive first year credits when achieving benchmark results

### Athletic Development

- Holistic athlete development including physical strength and conditioning, mental wellbeing, nutrition, and injury prevention
- Focused dry-land training to complement on ice/snow training led by qualified sports therapists
- Individualized training plans and performance achievement reports supported by analytics and video.
- Post-secondary application and offer management with focused approach to athlete brand development





# UNISUS HOCKEY ACADEMY PROGRAM LEVELS

The UNISUS Hockey Academy is tailored for scholar-athletes aspiring to achieve their highest potential in hockey, while acquiring academic achievements to enable life-long academic and professional success. Our comprehensive athletic development systems allows for an accelerated development in hockey skills, while pursuing excellence in academics at the same time.

## Hockey Skills Academy

1

- Suitable for: all skill levels, to develop their athletic skills in hockey to a high level
- Suggested age range: 9 to 18 years old
- Training program includes: 4.5 hours of on-ice training per week, and up to 4 hours of off ice athletic development training per week
- Competition option: Schedule enables Scholar-athletes to continue to participate in competitive play with their current hockey teams

## Hockey Skills Academy + UNISUS Giants Team Competition

2

- Suitable for: students who have attained a strong skill levels are invited to try out for teams. Students remain in the Skills Academy, but also spend time training for and competing as a team, preparing students down a trajectory of NCAA competition levels while pursuing excellence in academics.
- Training program includes: 4.5 hours of on-ice training per week, and up to 4 hours of off ice athletic development training per week.
- Competition option: Students will join the UNISUS Giants School Team for competition and tournaments, including the opportunity to attend international tournaments in different countries





# HOCKEY PROGRAM 2023/2024 SCHEDULE

The UNISUS Hockey Academy schedule is designed to enable successful academic advancement within the scholar-athlete program, while simultaneously supporting successful hockey and general athletic skill progression, all within the school calendar and achieving the BC instructional hour requirements.

|      |   |      | Monday - Thursday |                      |   |  | Friday                           |                    |
|------|---|------|-------------------|----------------------|---|--|----------------------------------|--------------------|
|      |   |      | Non-hockey        | Hockey team G5-6     | Hockey skills G4-7  | Hockey skills G8-10  | All students                     |                    |
| 820  | - | 830  | Att               | Morning attendance   |   |  |                                  | Morning attendance |
| 830  | - | 925  | P1                | Academic lessons     | Academic lesson   |  |                                  | Academic lessons   |
| 925  | - | 1020 | P2                |                      | <b>Grades 5-6 Hockey.</b><br><br><b>Team training.</b><br><br><b>1h ice-time + return travel.</b>   | Academic lesson  | Academic lesson                  |                    |
| 1020 | - | 1040 | B                 | Morning break        |   | Morning break  |                                  |                    |
| 1040 | - | 1130 | P3                | Academic lesson      |   | Academic lesson  | Academic lessons                 |                    |
| 1130 | - | 1220 | P4                | Academic lesson      |   |  |                                  |                    |
| 1220 | - | 1240 | L1                | Lunch                | Lunch   | Lunch  | Lunch                            |                    |
| 1240 | - | 1300 | L2                |                      | <b>Grades 4-7 Hockey.</b><br><br><b>Skills training.</b><br><br><b>1h ice-time + return travel.</b> | <b>Grades 8-10 Hockey.</b><br><br><b>Skills training.</b><br><br><b>1h ice-time + return travel.</b> |                                  |                    |
| 1300 | - | 1350 | P5                | Academic lessons     | Academic lessons  | Academic lesson  | Curricular enhancement programme | Academic lessons   |
| 1350 | - | 1440 | P6                |                      |   |  |                                  |                    |
| 1440 | - | 1530 | P7                |                      |   |  |                                  |                    |
| 1530 | - | 1630 | A1                | CASE                 | <b>Dryland training:</b><br><br><b>Fitness &amp; Movement Program</b>                               |  |                                  | Early release.     |
|      |   |      |                   | Buses depart at 1640 |   |  |                                  | End of school.     |

- Dryland - one day multisport, one day yoga and flexibility, two days strength and conditioning, along with special guest coaches and personal branding sessions
- Academic Standards - All scholar-athletes are required to maintain academic competence consistent with their grade level. Teachers will monitor academic progress and reassign off-ice and on-ice training time to ensure academic progress is met.







# HOCKEY PROGRAM COACHES

UNISUS brings together both on-ice and off-ice coaching and capabilities to deliver our program, both as permanent UNISUS staff members, outside coaching, as well as one off experts that we draw on for capability development throughout the year for athletic development as well as specialized skill and performance coaching.

## Hockey Academy Ice Coaches

Mike Bromberg (Lead Coach)

- Playing Experience: Deerfield Falcons - Central Stats Hockey League Peewee (Midget Minor). Highland Park Giants - Metro North High School Hockey League. Northlands Voyagers - MJHL. New England College - NCAA Div III
- Coaching Experience: Over 27 years of hockey coaching experience in the US and Canada
  - Head coach in the US: Level 5 certified US Coach. Chicago Americans (MEHL AAA), Orlando Fury (Jr. A)
  - Head coach in Okanagan BC: West Kelowna Minor Hockey, Okanagan Knights HPL
- Skills Instruction: Canadian Professional Hockey Schools, Turcotte Stickhandling School, Bad Boy Hockey Schools



Dzmitry (Dima) Laurenau (Assistant Coach)

- Playing Experience: Has played in Belarus, USA and Canada (Jr.A and Jr.B). GOJHL Port Colborne Pirates going to league finals with 38G and 32A in 51 games
- Coaching Experience: Coach Dev 1 certification, with 8 years coaching experience, including Winfield U15 Rep team, Kelowna U13 T1 (ranked #1 in Western Canada), Kelowna U15 Zones
- Skills Instruction: Skills coach for the Jr.B team in Toronto. Started Hockey Skills program called Next Level Hockey, working with players from U7 to NCAA and WHL Players

Greg Martinuik (Assistant Coach)

- Playing Experience: 5 years of Junior Hockey between Alberta and BC in the AJHL/RMJHL. Played at Concordia University and NAIT (Northern Alberta Institute of Technology), graduating with a diploma in Personal Fitness Training. Also played at San Angelo Outlaws of the WPHL
- Coaching Experience: Hockey Canada Coach 2 Certified. NAIT Diploma (PFT). 3 years West Kelowna Minor Association, 3 years HPL private stream Hockey
- Skills Instruction: 21 years personal training and founder of "Fit Physiques Personal Training". 8 Years Selects Hockey Academy Skills coach/founder Kelowna BC

## Hockey Academy Staff Members

Delano Ducheck (Athletic Director)

- Delano is the Athletic Director at UNISUS, coordinates the overall drylands program, and enables the multi-sport components of the program
- He is the head coach of the local swim team while also teaching Middle School. He is a nationally-ranked Canadian Intercollegiate Athletic Union all-Canadian swimmer, and brings his love of teaching and mentoring into both athletic coaching and the classroom.

Sabrina Bergamorto (Strength and Condition Training)

- She holds a Bachelor of Arts and Bachelor of Education degree from the University of British Columbia. She is a certified Group Fitness Instructor, and will be dedicated to the conditioning aspect of the dry-land training

## External Experts

Terry McKaig (Actuate Agency - Personal Brand development)

- Head coach, director and lead architect of the UBC Baseball program over 23 years. The UBC Baseball brand is now one of the most recognized college baseball programs in North America. 26 of his former players were drafted in the MLB draft. He launched the Actuate Agency to assisting athletes in Canada understand how to build their brand and use NIL to their advantage.

Derick Pariag (Total Athlete Development System - Expert Advisor and Specialized Sessions)

- Derick Pariag is an expert in Neuro-Musculoskeletal Movement, Injury Prevention, Assessment, and Treatment, and Physical and Sports Injury Rehabilitation.
- He is also an Applied Exercise and Sports Scientist, a Strength and Conditioning Coach, and a certified coach with the Canadian National Coaching Certification Program (NCCP)





# HOCKEY PROGRAM PRICING INFORMATION

Our Pricing Schedule reflects the UNISUS commitment to and investment into the development of scholar-athletes. The pricing is structured to make the skills program accessible to parents while maintaining a high level of capabilities on the coaching team. These prices reflect the 2023-2024 costs.

| <b>UNISUS HOCKEY ACADEMY - TEAMS</b>               |             |   |
|--|-------------|---|
| <b>Grades K-3 tuition</b>                          | \$14,800.00 | Includes:<br>- UHA skills development 8-10 hrs/wk on & off ice training<br>- athlete personal branding & individualized athlete development<br>- bus transportation to & from school (Kelowna/Penticton stops)<br>- nutritional program (includes hot lunch and snacks)                                       |
| <b>Grades 4-7 tuition</b>                          | \$16,100.00 |   |
| <b>Grades 8-12 tuition</b>                         | \$17,980.00 |   |
| <b>Team Costs</b>                                  | \$3,385.00  | Includes:<br>- registration fees<br>- team apparel<br>- up to 9 showcase tournaments excluding tournament transportation  |
| <b>Sept 2023 founding family bursary</b>           | -\$5,000.00 | Founding family bursaries are applied upon successful application. This annual bursary is granted for all the years that the student is enrolled at UNISUS  |
| <b>UNISUS HOCKEY ACADEMY - DEVELOPMENT PROGRAM</b> |             |   |
| <b>Grades K-3 tuition</b>                          | \$14,800.00 | Includes:<br>- UHA skills development 8-10 hrs/wk on & off ice training<br>- athlete personal branding & individualized athlete development<br>- bus transportation to & from school (Kelowna/Penticton stops)<br>- nutritional program (includes hot lunch and snacks)<br>Excludes league/team participation |
| <b>Grades 4-7 tuition</b>                          | \$16,100.00 |   |
| <b>Grades 8-12 tuition</b>                         | \$17,980.00 |   |
| <b>Sept 2023 founding family bursary</b>           | -\$5000.00  | Founding family bursaries are applied upon successful application. This annual bursary is granted for all the years that the student is enrolled at UNISUS  |



Our program is in the launch year, and we are committed to demonstrating the outcomes of the program over the year, both in terms of athletic advancement of participants, but also academic progress. If you have questions on the program please email [hockey@unisus.ca](mailto:hockey@unisus.ca).

## Program launch dates

- Soft launch September 11th for dry-lands training
- Program introduction September 15th 3pm, with parent Q&A session

## Transportation

All transportation to and from the ice at the Summerland Hockey Arena will be provided by UNISUS busses

## Equipment storage

A storage locker will be provided for keeping equipment onsite. All student participants and parents will be provided with the access code for the equipment for retrieval for practices and for washing equipment.

## Communications

All communication will be via both the UNISUS website parent portal news feeds, as well as via email as required for specialized instructions.

