

Maritime
Conference
Spotlight
August 2025 Edition



Sandy Lake Academy Spring Concert p.4

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SANDY LAKE ACADEMY SPRING CONCERT

At Sandy Lake Academy, our mission is to educate the whole person to the glory of God as we prepare a people to meet the Lord in glory when He comes. God has given us a commission to share His loving deeds and praise his wonderful works. Few mediums can rival music for the effective proclamation of God's goodness. We are called to "Sing to Him, sing praises of Him; tell of all His wondrous works!" (1 Ch. 16:9), and that is just what students, staff, and friends of SLA did at our annual Spring Concert at the Rebecca Cohn Auditorium on June 1, 2025.

Coupling our 50th Anniversary with our Spring Concert, the Rebecca Cohn furnished the perfect venue to showcase our excellent music program. As a gift to our school and broader community, school administration decided to make the concert free for attendees, and our community responded with a sold-out show! Concert goers were blessed with musical pieces from around the world presented by our Elementary School choir, double Gold Medalists at the 2025 Kiwanis Music Festival. The grade 6 Gospel Glow group brought joyful energy to the stage with their musical hand mime. Following this, our High School choir lifted their voices in praise to God with excerpts from Handel's Messiah. SLA students also performed as soloists

and orchestral musicians for the concert.

This concert could not have happened without the amazing dedication of Music Director José Dias, Music Assistant Leah Slaunwhite, the support and dedication of our staff and students, and the Lord's blessings in furnishing the heavenly music, talents, and funds to undertake such an endeavour. On behalf of SLA, I'd like to thank all of those who came out to attend the concert. Many of our Maritime Conference Board of Directors members and Conference staff made the trip to show support to our program, and we express our sincere gratitude for them being there. We invite those who wish to view the concert or make a donation to our Music Program to click on the links below. Thank you for your continued support of, and belief in, our education program. It is truly touching lives and drawing souls closer to Christ.

[Sandy Lake Academy 50th Anniversary Spring Concert](#)

[Give to the SLA Music Department](#)

Stephen Kibbee, BSc., MEd.

Principal of Sandy Lake Seventh-day Adventist Academy



Straight from

*Catherine's
Kitchen*

Pumpkin Bread

Preheat oven to 375° Fahrenheit.

In a large bowl combine the following ingredients:

- 1 can of pumpkin puree (15oz/398 ml)
- 1 tbsp of ground flax in 2 tbsp of water (let this sit for 5 mins.)
- ½ cup of plant-based milk
- ¼ cup of light tasting oil
- 1 ¼ cup of sweetener

Combine the following ingredients together then add into the wet ingredients that are listed above and mix well:

- 1 ¾ cup of flour
- 1 tsp of baking soda
- ½ tsp of baking powder
- ½ tsp of salt
- 2 tsps of Ceylon cinnamon
- ½ cup of raw pumpkin seeds

Bake on the middle rack for 1 hour or until a toothpick comes out clean. Let it sit on a wire rack for about 10 minutes to cool.

Slice and enjoy!

Catherine Walsh

Health Ministries Director of the Maritime Conference



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ROOTED IN WELLNESS

SAVE THE DATE
OCTOBER 2 to 5, 2025
Hosted by the Maritime
Health Ministries Dept.

Rooted in Wellness Workshop



Only 60 Spots!

Learn how to be the very best YOU in this hands-on workshop!

When: Thursday, October 2 to Sunday, October 5, 2025.

Where: Beautiful Pugwash, Nova Scotia

Natural Remedies

Prices include a cabin, meals, and workshop supplies

Early Bird Special Please register by Thurs. September. 11th

Per person: \$150

Couples: \$250

Family: \$350 (2 parents and children, please specify how many and ages)

Mental Health

After September 11th

Per person: \$200

Couples: \$300

Family: \$400 (2 parents and children, please specify how many and ages)

Day passes (Includes lunch and classes): Per person: \$20

Massage Therapy

**DEADLINE FOR REGISTRATION IS
THURSDAY, SEPTEMBER 18TH**

Hydrotherapy

To register, please contact

catherine.walsh@maritimesda.com

Poultices, Compresses,
and more!!

Or Visit the Health Page to register on-line

<https://www.maritimesda.com/ministries/health-ministries>



Preparation Principles The Daniel Fast

Laying the Groundwork

- **Intentions and Goals:** Reflect on your personal reasons for participating in this fast. Are you seeking spiritual growth, physical health improvements, or guidance in a specific area of your life?
- **Practical Preparations:** Start thinking about the practical aspects of the fast. How will your daily routines change? What adjustments will you need to make in your schedule?
- **Community Engagement:** Consider inviting friends or family members to join you on this journey. Sharing the experience can provide mutual support and encouragement.



Spiritual Preparation The Daniel Fast

Faithful Foundation

- **Bible Study:** Let's delve into the Bible and read about Daniel's own experiences with fasting and prayer. (Daniel 1, Daniel 10:1-3)
- **Prayer:** This week, begin to pray about your upcoming fast. Seek guidance, strength, and focus from God.
- **Journaling:** Consider starting a fasting journal. Jot down your thoughts, reflections, prayers, and anything that God is speaking into your life during this period.

SEPTEMBER 1-21

Dietary Preparation The Daniel Fast

Nourishing Choices

- **Food Guidelines:** Familiarize yourself with the foods you will be eating and those you will be avoiding during the fast.
- **Meal Planning:** Start planning your meals. Look for Daniel Fast-friendly recipes and create a grocery list.
- **Gradual Transition:** Consider beginning to gradually eliminate the non-Daniel Fast foods from your diet to make the transition smoother.

Readying yourself for The Daniel Fast

Final Preparations

- **Commitment:** Take time to reaffirm your commitment to this fast. Understand that there will be challenging moments, but the spiritual benefits will far outweigh the sacrifices.
- **Prepare Your Environment:** Remove any potential distractions or hindrances from your environment. This includes non-Daniel Fast foods, or anything else that may derail your focus.
- **Support System:** Inform your friends and family about your upcoming fast. Invite them to support you during this period, and maybe even join you on this journey.

SEPTEMBER 1-21



Maritime Conference 2025 Women's Retreat



“Strong and Free Together”

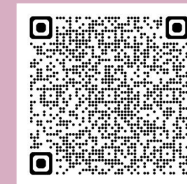
God's will for us is to be Strong & Free and have community
despite the chaos in our world today.

Sept. 19-21, 2025

CAMP PUGWASH, Pugwash, NS

12 DEPARTMENTAL | AUGUST 2025

Online Registration



Contact Us

1-506-233-7896

121 Salisbury Rd., Moncton, NB E1E 1A6
cyndi.miller@maritimesda.com

Maritime Conference 2025 Women's Retreat

"Strong and Free Together"



Nicole Sydenham
Featured Presenter

Nicole is the pioneer as the first Canadian Conference Women's Ministries Director to be appointed in Canada and has served for over 20 years in three different conferences: Quebec, Manitoba and 15 of the 24 years in Alberta. In 1993, she was the first female camp pastor across Canada.

Nicole has been the keynote speaker for Women's Retreats across Canada and the USA, at graduations, and various camp meetings.

Nicole has been a Pastor's wife for over 40 years, an elder at the College Heights Church for 24 years, and since May 2021, she has served as the quarter-time visiting pastor. In addition, she has

contributed several stories for devotional books.



Nicole likes to tell stories, make people laugh, take selfies/pictures to remember the moment, and then share them with those in the photo. Most importantly, she wants to help others have a personal connection with Jesus. Her passion is to encourage others and share Bible truths that are relevant to what they are going through in their lives.

She enjoys travelling with her husband of fifty-one-years (Pastor Ron), to Kenya and Rwanda on humanitarian projects with *A Better World*. She loves cooking and getting together with their four (plus her spiritual daughter) children, spouses and 13 grandkids for soup, buns & Bible.

Last year, she received the Burman University Honorary Alumnus Award of the year.

Registration Fees & Deadlines

Early Bird: \$125 by Sept 1, 2025

Late Registration: \$150 after Sept 1, 2025

Meeting Only (No Meals): \$30.00

Deadline: September 12, 2025

(This deadline is very important as we need to make sure we have the right amount of food as well as table settings, etc.)

Payments

E-transfer to: Treasury@maritimesda.com

Cheques can be mailed to:

Maritime Conference Office
121 Salisbury Rd.
Moncton, NB E1E 1A6

Cash/Debit/Credit: can be paid at registration

Cabin Reservations

Cabins are provided. Please list who you would like to room with on your registration.

AUGUST 2025 | **DEPARTMENTAL 13**

How vast are the possibilities of prayer! How wide is its reach! What great things are accomplished by this divinely appointed means of grace! It lays its hand on Almighty God and moves Him to do what He would not otherwise do if prayer was not offered. It brings things to pass which would never otherwise occur. The story of prayer is the story of great achievements. Prayer is a wonderful power placed by Almighty God in the hands of his saints, which may be used to accomplish great purposes and to achieve unusual results which are promised by God to the children of men. The only limits to prayer are the promises of God and His ability to fulfill those promises. "Open thy mouth wide and I will fill it." Psalm 81:10 ~ E. M. Bounds, *The Possibilities of Prayer*, pg. 35



Maritime Prayer Ministries



WHAT IS GOING ON IN YOUR CHURCH?

We want to know what God is doing in your church! Don't keep the blessings to yourself! Let us know so that we can be inspired!

Submit your reports for the MC Spotlight to ron.marshall@maritimesda.com before the 15th of each month (except for July & December, it will be on the 03rd)

"Tell the world about Jesus...tell them about His love...as you go... tell the world!"





NORTH SYDNEY ADVENTIST HEALTH EXPO 2025

Medical missionary work is the right hand of the gospel. It is necessary to the advancement of the cause of God. As through it men and women are led to see the importance of right habits of living, the saving power of the truth will be made known. Every city is to be entered by workers trained to do medical missionary work. As the right hand of the third angel's message, God's methods of treating disease will open doors for the entrance of present truth.

—Testimonies for the Church 7:59

<https://m.egwwritings.org/en/book/117.319#319>).

The North Sydney Adventist Health Expo was successfully held on May 25, 2025, at the North Sydney Fire Hall. This community health initiative was the result of a year-long preparation effort, starting with a creative project spearheaded by the Adventist Men's Group who constructed a blender bike from repurposed bicycles. Their hands-on teamwork and innovation set the tone for an engaging and interactive health expo.

EXPO HIGHLIGHTS:

The event featured 8 thematic wellness stations, each emphasizing a core principle of healthy living on the RESTORED (akin to the NEWSTART) health principles, with an added VBS/Children's Station:

1. Registration
2. Rest
3. Eat Wholesome Food / Nutrition
4. Sunlight
5. Trust in Divine Power
6. Oxygen / Air
7. Restraint / Self-Control / Temperance
8. Exercise
9. Drink Water / Hydration
10. VBS / Children's Station
11. Women Health Screening



Each station offered practical insights and activities aligned with the Adventist health message, aiming to promote holistic well-being—body, mind, and spirit.

The expo was supported by a dedicated team which included:

- 6 doctors (4 of whom were non-Adventist from the community)
- 5 nurses (1 nurse was from the community)
- A Women Health Screening Team working with NS Health to promote cancer screening.
- Several volunteers from the church and the community.



The blender bike constructed from repurposed bicycles by the Adventist Men's Group.

The event successfully reached and served approximately 50 participants, who engaged with each station and received practical health information, personal assessments, and lifestyle guidance.

The Health Expo was a meaningful outreach effort that highlighted the Adventist commitment to holistic well-being and community service. It was not only informative but also spiritually enriching and well-received by attendees.

This collaborative effort not only fostered greater health awareness, but also strengthened community ties and reflected the spirit of service central to the Adventist mission.

Elder Greg Ramjas

Health Director of the North Sydney SDA Church





Bearing Fruit

In our May 2025 edition of the *Maritime Conference Spotlight*, the *Charlottetown Seventh-day Adventist Church* shared that they were in the process of expanding their two-year-old orchard they planted outside of their building. They presently have 27 trees in total consisting of apple, pears, Asian pears, and plum trees. They are currently seeking from their members a meaningful name to give their orchard, asking them to drop their suggestions into a submission box. This orchard is not only intended to serve the local church, but they have plans to use it as a place of outreach and connection for the people in their wider community. They are hoping to come up with a name that reflects the spirit and the purpose of their special place. Please continue to keep their project in your prayers.

Ron Marshall

Communications Director of the Maritime Conference



The Charlottetown SDA Church Orchard



Bonnie Arsenault (a volunteer helper from the community), Yanique Lawrence (a member actively involved in tending to the orchard), and Erica George



Adventist Women Leaders "Soul Care for Women Leaders"

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Inspired to CHANGE

Pastors of the *Maritime Conference* had their first worker's meetings for the year May 20-23, 2025, at *Camp Pugwash* in Nova Scotia. Pastor Jerome Hurst and Pastor Claval Hunter from the *Center of Community Change* from the *Theological Seminary at Andrews University* spoke to them throughout the week about community outreach. Since the last pastor's meetings in September 2024, a considerable number of our pastors agreed to work with *The Center of Community Change* when the director Ignacio Goya introduced them to the *Center*.

The Center of Community Change is committed to mentoring pastors and lay leaders in community development to reengage their churches with their communities. They adhere to the "*Christ Method*

Alone" principle which is based on the *Spirit of Prophecy*.

"Christ's method alone will give true success in reaching the people. The Savior mingled with people as one who desired their good. He showed sympathy for them, ministered to their needs, and won their confidence. Then He invited them, "Follow Me." ... Accompanied by the power of persuasion, the power of prayer, the power of the love of God, this work will not, cannot, be without fruit."
Ministry of Healing 143.3

It was truly an inspiring week as they spoke about topics such as: Practical Ways to Have an Impact on Your Community, How to Turn Your Church Board into an Outreach Team, the Importance of Self-Care, and the Importance of Assessing the Needs of Your Community. Pastor Claval stated, "...too often we limit our



The Maritime Conference team with pastors Claval Hunter and Jerome Hurst.

membership to the number of people in our congregation and we create programs to minister to them. If we shift our mindset to thinking that our community is our membership, then it would change the way we do ministry tremendously. It would encourage us to create ministries that

will cater to the needs of those in our communities.”



We are excited for our pastors who will be working with *The Center of Community Change*. We believe that incite and training from the *Center* will bless their ministries tremendously as they continue to reach out to their communities for *Pentecost 2025*. We want to express our gratitude to *The Center of Community Change* for the training session and are looking forward to the great things that will happen as they work with our pastors to help them to reach out to those in their communities.

Ron Marshall

Executive Secretary of the Maritime Conference



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Upcoming Trips

Trips are exclusively for those ages 18-35 from most conferences. You must come with your local pastor.

2025

| | |
|----------------------|-------------------------------|
| June 4-16 | Georgetown, Guyana |
| June 11-23 | Liberia, Costa Rica |
| Jul 23-Aug 4 | Chitré, Panama |
| Jul 23-Aug 4 | Jinotepe, Nicaragua |
| Jul 30-Aug 11 | Danlí, Honduras |
| Jul 30-Aug 11 | Santa Ana, El Salvador |
| Jul 30-Aug 11 | Totonicapán, Guatemala |
| Aug 6-18 | Bogotá, Colombia |
| Aug 6-18 | La Vega, Dominican Republic * |
| Aug 13-25 | Cancún, Mexico |

| | |
|----------------------|-----------------------------|
| Aug 13-25 | Nagua, Dominican Republic * |
| Aug 20-Sep 1 | Belize City, Belize |
| Sep 10-22 | Rio de Janeiro, Brazil |
| Sep 17-29 | São Paulo, Brazil |
| Sep 24-Oct 6 | Santa Cruz, Bolivia |
| Oct 8-20 | Pucallpa, Peru |
| Oct 15-27 | Viña del Mar, Chile |
| Oct 22-Nov 3 | Quito, Ecuador |
| Oct 29-Nov 10 | Holguín, Cuba |

* possibilité de prêcher en français



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