



PhAMA
Pharmaceutical Association of Malaysia



SAFE
MEDICINE
DISPOSAL



MyMediSAFE

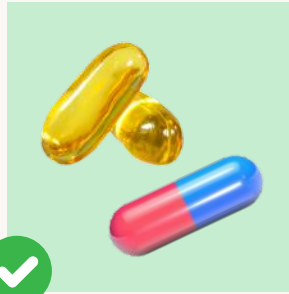
Safe Medicine Disposal



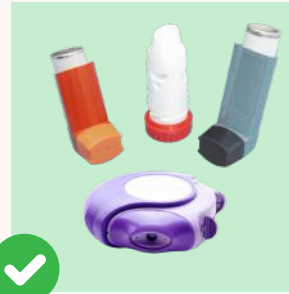
What can & can't be dispose of ?



Tablet



Capsules



Inhalers



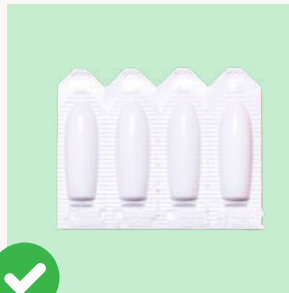
Liquid medications



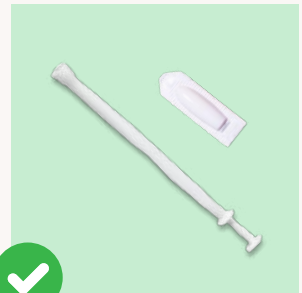
Eye drops



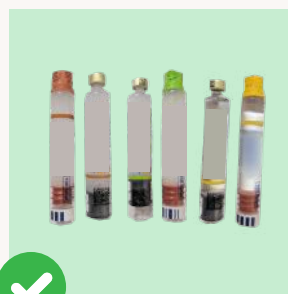
Nasal drops
or sprays



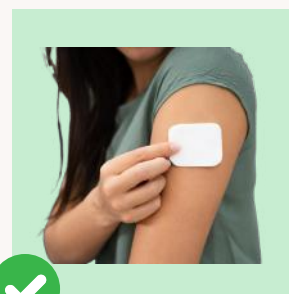
Suppository



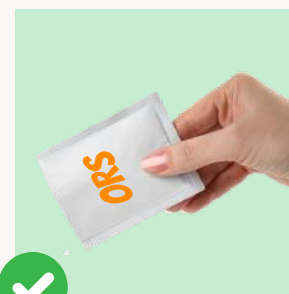
Pessary



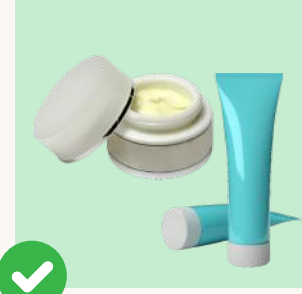
Insulin



Patches



Sachets



Topical
preparations



Sharp materials



Medical
Devices

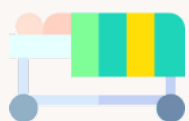


Clinical wastes
(Eg: gauze, diapers, used
intravenous drugs)



Prosthetics

When to dispose of my medications?



Patient **passed away**



Change in medication



Expired medications



Experience any **side effects** or **allergic reactions** from medications that affects quality of life



Too much medication due to change in medication regimen



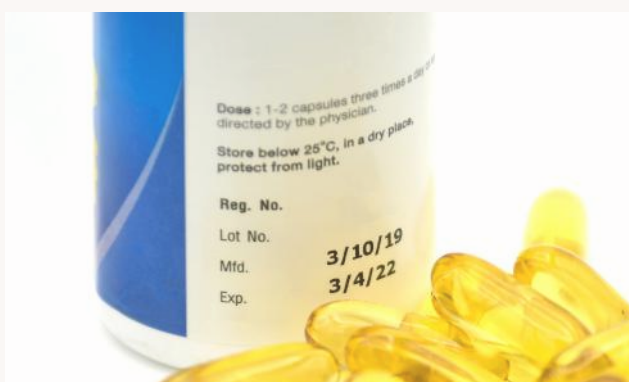
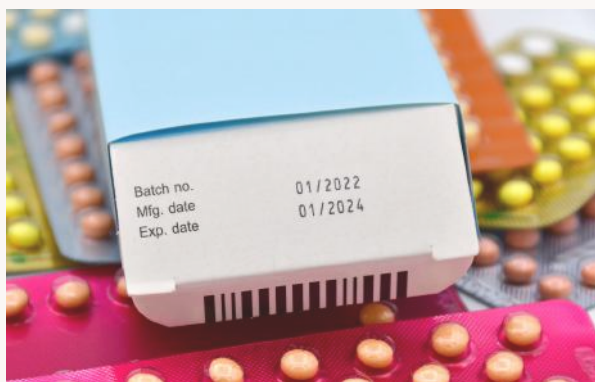
Damaged medications

Which medications can I dispose of?

EXPIRED MEDICATIONS

- Medications which had **passed the “used-by” date** on the packaging
- Expired medications can be identified by checking their packaging, where they are often **labelled with “EXP DATE”**

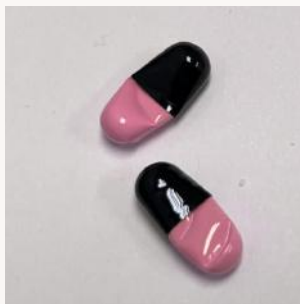
Wording on Packaging	Definition
JAN 24 or Jan 2024 or 01/24 or 01/2024	Discard 1/02/2024
Discard after January 2024	Discard 1/02/2024
Use within one month of opening	As stated on packaging (ideally every 28 days)
Discard 7 days after opening	As stated on packaging



Which medications can I dispose of?

DAMAGED MEDICATIONS

- Medications that have undergone **physical changes**, making them potentially unsafe or ineffective for use
- Medications which **was not kept within the required environment** stated on the product packaging
- These changes can result from improper storage conditions, exposure to extreme temperatures, humidity, or contamination



Tablets or capsules that are cracked, broken, or chipped



Mould growth



Changes in colour



Colour fading



Unusual spots

UNUSED MEDICATIONS



- Medications that had **passed its expiry date**, **contaminated** and **deemed unsafe** to be used, or **no longer needed** by the patients

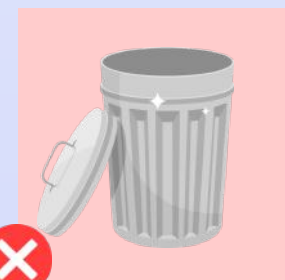
How to dispose of my medications ?



EXPIRED MEDICATIONS

DAMAGED MEDICATIONS

UNUSED MEDICATIONS



1

SEPARATE

Check and **SEPARATE** your expired, damaged or unused medications



4

DISPOSE

DISPOSE medications at your nearest MyMediSAFE partner for proper and safe disposal



5

SCAN

SCAN the QR code on the collection box and answer the short survey



2

REMOVE

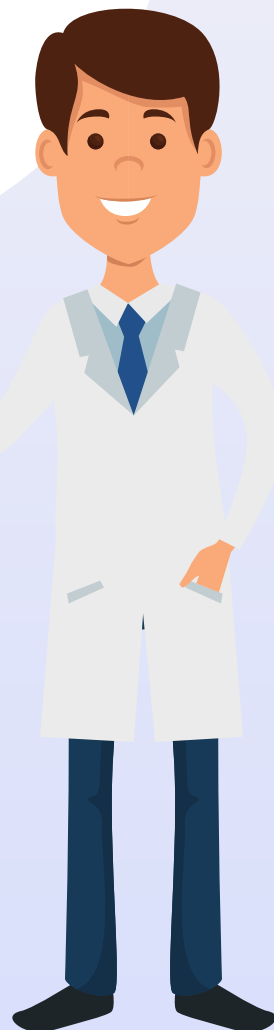
REMOVE your personal information and destroy the FarmaTag hologram safety label from the medication's packaging



3

PACK

PACK your medications in suitable containers. Do not remove medications from their original packaging



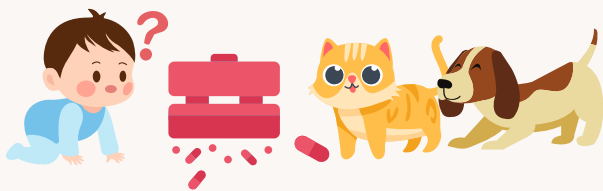
SCAN ME



**For a Greener Future,
Let's dispose medications safely!**

Why is it important to dispose of my medications safely?

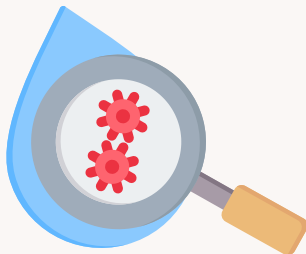
- To prevent health risks, environmental risks and financial losses



Accidental Ingestion



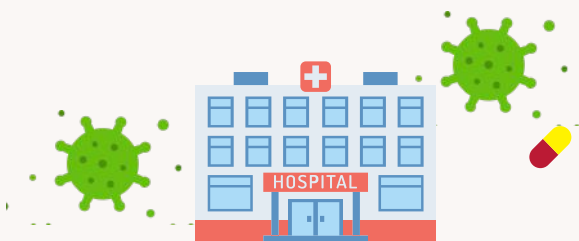
Drug Misuse



Water Contamination



Harm to Aquatic Life



Increased Healthcare Costs



Increased Waste Management Costs

What can you do to help reduce medication wastage?



Check your medications regularly



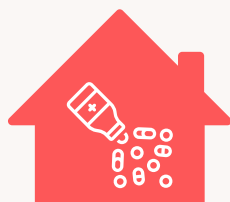
Inform the pharmacist your medication balance



Take your medications accordingly



Bring all of your medication list or prescriptions



Do not store too many unused medications



Do not buy medications if there is enough balance

How to check medication expiry date?

CORRECT METHOD

- Look at the drug strip or medicine box to check the drug's expiration date



Safe Medicine Disposal Glossary

	ENGLISH	BAHASA MELAYU	中文	தமிழ்
	Safe	Selamat	安全	பாதுகாப்பான Pātukāppāṇa
	Medicine	Ubat	药物	மருந்து Maruntu
	Disposal	Pelupusan	处置	அகற்றல் Agattral / கழித்தல் Kalitthal
	Expired	Luput	过期	காலாவதியானது Kālāvatiyāṇatu
	Expiry date	Tarikh luput	保存期限	காலாவதி தேதி Kālāvati tēti
	Unused	Tidak digunakan	不再使用	பயன்படுத்தப்படாத Payanpaduttapadaata
	Damaged	Rosak	变质	சேதமடைந்தது Sehtamadainthathu



PhAMA
Pharmaceutical Association of Malaysia



SAFE
MEDICINE
DISPOSAL



MyMediSAFE



Let's make safe medicine disposal everyone's responsibility—take the first step with your pharmacist today!

**Disposal
Bin Location**



For More Information :

www.mymedisafe.org.my