

LOW INCOME BENEFITS & TIPS



Guaranteed Income Supplement

From the federal government is a monthly payment available to low-income individuals who are receiving Old Age Security.

Alberta Seniors Benefit

A monthly benefit to eligible seniors with low-income to assist with living expenses.



Special Needs Assistance for Seniors

Provides financial assistance to eligible seniors with low-income toward the cost of eligible items such as:

- Continuous Positive Airway Pressure (CPAP) machine and supplies
- Housekeeping and yard maintenance
- Diabetes supplies
- Home clean-up
- Nutritional beverages
- Prescription costs
- Bed bug treatment
- Celiac groceries
- Clothing
- Podiatry
- Relocation of washer and dryer
- Respite care
- Wigs
- Personal response service monitoring fees
- Medical travel
- Appliances and furniture



Dental and Optical Assistance for Seniors

Provides financial assistance to eligible seniors with low to moderate income for basic dental and optical services.



Rental Assistance Benefit

Rent Assistance Benefit (RAB) is a long-term benefit that subsidizes Albertans with lower incomes to support their rental needs.

Do you already get the Rental Assistance Benefit?

If you receive a T5007 Tax Slip from WBH, let Alberta Seniors Benefits know. They can remove that amount when assessing your application each year.



Seniors Home Adaptation and Repair Program

Seniors Home Adaptation and Repair program helps eligible seniors finance home repairs, adaptations and renovations through a low-interest home equity loan.

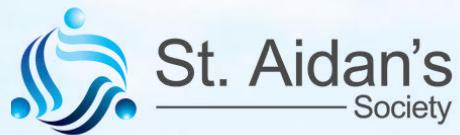


Get support from a St. Aidan's Society Link Worker

Finding and accessing the available programs and benefits can improve the financial and overall health for older people. St. Aidan's Society Link Worker can help with system navigation and provide information and connections to help support the needs of older people.

Contact: linkworker@staidsociety.ca or 780.743.4370 Ext 1.

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Low Cost and No Cost Bank Accounts

Low-cost accounts cost a maximum of \$4 per month in banking fees. The Government of Canada and certain financial institutions have an agreement to provide low-cost basic banking services to seniors.



Rogers Connected for Success

Connected for Success offers affordable 5G mobile plans and phones, and high-speed low-cost internet and TV bundles to low-income Seniors.

Telus For Good

Telus for Good offers low-cost plans for eligible Seniors for mobile phones and plans, internet connections and access to low-cost TELUS Health Medical Alert services.

Seniors Property Tax Deferral Program

The program allows eligible senior homeowners to defer all or part of their annual residential property taxes through a low-interest home equity loan.



SMART Bus

The Special Mobility Assistance Required Transportation (SMART Bus) service is available to eligible riders that are:

Seniors (65 years or older) OR

An individual with mobility issues that prevent or severely restrict their use of conventional bus service.

Eligible low income riders can apply for a 75% discount on 10 and 25 ride passes for SMART Bus through the RMWB LIFT Program.

RMWB Transit

Seniors who are 65 years or older ride for free by showing the driver a valid photo ID.

Eligible low income adults 64 and younger can apply for a \$10 monthly pass through the RMWB LIFT Program.



Some extra tips to make the next year go smoothly:

If your income changes, report it to the Government to avoid possible claw back on benefits the following year.

- Keep all medical travel receipts
- Keep all home repair receipts
- If you move, change your address with all Governments
- File your taxes to ensure you receive your benefits
- Keep your most recent Notice of Assessment and tax summary in a safe accessible spot
- Get a [My Service Canada](#) account
- Get an [Alberta.ca](#) account



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