

Loving life with little ones

about toddler

MK & Bedford

Oct - Dec 2024

FREE



HALLOWEEN
& CHRISTMAS
EVENTS

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CELEBRATE ST.
NICHOLAS DAY

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COGNITA

Nursery | Junior | Senior | Sixth Form

WELCOME



TO THE AUTUMN 2024 ISSUE!

I'm new! I've had the privilege of joining Toddle About as the owner and editor of this wonderful family-focused magazine. I'm both excited and humbled to embark on this adventure. This magazine has always been a space where families can **connect and share** their experiences, and I'm committed to keeping that sense of community strong. As a mother of one, with another little one on the way, I understand how important it is to feel connected to others, especially when navigating the ups and downs of raising children.

Taking over this magazine feels like the perfect extension of my own journey into motherhood. Toddle About reflects what I value most: **family, cultural diversity, and a love for nature.**

While this magazine offers a great platform for advertising, it is more than just ads—it's **a place for parents to come together** and share our stories. I'll be sharing mine, and I can't wait to hear yours too. But let's support our local businesses as well - they provide the services, products and activities that make life as parents a little easier and more fun, helping to keep our community thriving.

As the new owner, I'm excited to continue Toddle About's legacy, while also sharing my own experiences of **raising children in a multicultural household.** With my Polish background and their father's New Zealand roots, I want our children to grow up proud of both cultures. This blend enriches their lives, just as many of you are raising children in diverse and vibrant families.

Together, we can share, learn, and grow.

Loving life with little ones,

Joanna

OWNER & EDITOR

[Learn more at toddle.fun/subscribe](https://www.toddle.fun/subscribe)

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PS. Subscription to Toddle About is just £2 every 3 months and your **first issue is free!** Plus, you get other VIP perks such as automatic entry to exclusive giveaways and freebies. More info at www.toddle.fun/subscribe



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Join us on Whatsapp for important updates!



9,000 copies of Toddle About are distributed every quarter all over North Bucks & Beds, including Milton Keynes, Bletchley, Bedford, Buckingham, Newport Pagnell, Olney and surrounding areas.

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Follow us for daily updates!



Bite SIZED NEWS



Get Your Skates On For Festive Fun

Willen On Ice is a stunning winter wonderland experience for all ages, at Willen Lake in Milton Keynes. Set within a giant marquee adorned with thousands of twinkling lights, snow-covered spruces and an 800sqm real ice-skating rink, there's no place more magical for festive family fun. Plus, visitors can enjoy the bright lights and sounds of the fairground, tuck into tasty traditional street foods, and catch up with friends at the Après Ski Bar to enjoy a winter warmer. Willen On Ice runs 7th November to 5th January.

Book now at www.willenonice.co.uk.



Explore a Future-Inspired Education at Bedford Girls' School

Looking for the next step in your daughter's education? Bedford Girls' School, for ages 7-18, offers an outstanding program that nurtures future change-makers, creative thinkers, and problem solvers.

Join their Open Morning on 13th November at 10am. To book or arrange a visit, contact admissions@bedfordgirlsschool.co.uk.

See P.21



Buy & Sell Quality Preloved Baby & Children's Goods

Discover stalls packed with new and nearly-new baby and children's clothes, toys, equipment, and more—perfect for ages birth to 5 years old. A small selection of local businesses will also be showcasing their products and services. Entry is just £1.50, and kids go free. Looking to declutter? Book a stall and sell your preloved items!

Old Stratford Community Hall: Sunday, 13th October, 11am - 12:30pm

Medbourne Pavilion: Saturday, 9th November, 3pm - 4:30pm

For more info, visit www.littlepoppetsprelovedmarket.co.uk.

Fitness, Fun and Friendship at Fit Mummy MK

At the Major fitness gym in Bletchley, mums with babies and toddlers can attend group training sessions led by post natal specialists with their children. Fit Mummy owner Helen says, "Exercise is so important for your physical and mental health postpartum and it's an honour to be able to provide these classes so mums have a safe space to work on themselves with their little ones close by."

Visit www.majorfitness.co.uk/fitmummy. See P.9



Tatty Bumpkin MK Franchise for Sale

Would you like to run your own business? Looking for a new challenge that fits a round your family life, and you get to make the decisions? Perhaps a children's yoga franchise could be the answer! If you are passionate about the wellbeing of all children, and think you could help more children build their inner strength through Tatty Bumpkin's yoga-inspired classes, then please get in touch for a free information pack at www.childreninspiredbyyoga.com/miltonkeynes

See P.9



Vidoli Brown Dolls: Celebrating Diversity in Every Doll

Vidoli Brown Dolls believes every child should see themselves represented in their toys. Their beautiful collection of brown dolls celebrates diversity with a range of outfit, hairstyles, and features that empower children to embrace their unique beauty. More than just toys, Vidoli Brown Dolls inspire confidence and joy.

Discover the collection at www.vidolibrowndolls.com

See P.23



Open the Door to a Bright Future at Akeley Wood Nursery

Akeley Wood Nursery offers year-round tours and hosts monthly Breakfast with the Head events during term time. Families are invited to explore the Early Years Foundation Stage, designed to lay the groundwork for children's future success as they transition into school.

To book an event or arrange a personalised tour, contact admissions@akeleywoodschoo.co.uk or call 01280 828122. See P.2



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Study Centre
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Faces, The Centre 147 Church Lane, Goldington,
Bedford, MK41 0PW



kumon.co.uk

**Book
today!**



Bite SIZED NEWS

Tot Bop: Dance Classes for Little Movers

Tot Bop dance classes are so much more than a dance class. Suitable for children from the age of 1 up, all classes are super fun, funky and imaginative and are tailored to each age and stage of development.

Classes are designed to give boys and girls an accessible, inspiring and educational introduction to dance, where learning and fun are delivered in equal measures. The syllabus is aligned with EYFS guidelines and you can see the learning take place before your very eyes! Trial classes available in Aylesbury, Aston Clinton, Wing, Pitstone, Tring, Berkhamsted and Leighton Buzzard.

For more info visit www.totbop.co.uk or email rachelk@totbop.co.uk. [See P.21](#)



Phonics with Robot Reg Expands Across Milton Keynes and Beds

Claire and Theresa are thrilled to expand their Phonics with Robot Reg classes, now covering Milton Keynes and Central Beds. This term, they've added a new Minis session in Olney on Tuesday afternoons and launched both Minis and Pre-school classes in Leighton Buzzard on Thursday afternoons.

Take advantage of a special **Toddle About** offer and book a 3-week trial to experience the magic of Robot Reg for yourself.

[See P.29](#)



Stantonbury Theatre Celebrates 50th Anniversary

This December marks the 50th Anniversary of Stantonbury Theatre, Milton Keynes' first purpose-built theatre. Since opening, Stantonbury has proudly supported locally produced theatre, dance schools, and youth theatres, helping to shape the next generation of performers. Join the celebration with an exciting autumn programme for all ages, and stay tuned for a special 50th-anniversary concert in December!

Book your tickets now at www.stantonburytheatre.co.uk. [See P.8](#)

Discover Webber Independent School Nursery at their Open Day

Choosing the right nursery is a big decision, and Webber Independent School invites you to explore their beautifully appointed grounds and bespoke learning spaces at their Open Day. Children enjoy a rich program including Drama, Yoga, multi-sports, eco lessons, and cooking sessions with the in-house chef. Come see the creative outdoor play areas and experience the nurturing environment firsthand.

Visit www.webberindependentschool.com to book your place. [See P.40](#)



All Aboard the Santa Specials at Northampton & Lamport Railway

Combine the magic of both Santa and steam trains this Christmas with the Northampton & Lamport Railway's ever-popular 'Santa Specials'! Trains run every Sat and Sun from 1st to 22nd Dec. **Looking for something extra special?** They also offer 'Breakfast with Santa', which is a small intimate VIP experience. Also check out Santa Paws (30th Nov), where dogs also get a present from Santa! Advance tickets are essential for all trains.

See www.nlr.org.uk for full info and online tickets. Follow them on Facebook, Instagram & X. [See P.25](#)



HALLOWEEN

&

FIREWORKS

ACTIVITIES & EVENTS



HALLOWEEN TRAINS

Caldecotte Miniature Railway
26th October, 4.30pm

Families can enjoy a fun ride on the Halloween-themed miniature train at Caldecotte Lake. The event starts at 4:30 PM and is perfect for young children. Fancy dress is encouraged.

Cost: £1 per person, and under-2s go free.

Lakeside Grove, Bletcham Way, Milton Keynes MK7 8HP

www.caldecotteminiaurailway.co.uk



AMPTHILL FIREWORKS

Ampt Hill Great Park
1st November, 6 - 8:30pm

Ampt Hill Fireworks returns in 2024, promising Bedfordshire's biggest and best display. Enjoy dazzling fireworks, entertainment, and family-friendly fun at this highly anticipated event. Don't miss the region's spectacular show.

Cost: Adults (16+): £10, Children (4 to 15): £4, Family (2 adults and up to 3 children): £25, Under 4 FREE

Woburn Street, Ampt Hill, MK45 2HX

www.ampt Hill fireworks.co.uk



WOLVERTON FIREWORKS

Western Road Recreational Ground
5th November, 6pm-8pm

The annual fireworks event returns on Tuesday, November 5th, with a brand-new contractor promising a spectacular display set to themed music. Road closures will limit access, so attendees are encouraged to walk or use public transport. Bus services will operate as usual.

Cost: Free entry

Wolverton, Milton Keynes MK12 5GH

www.wolvertonandgreenleystowncouncil.gov.uk



HALLOWEEN PARTY AT SAFARI MK

Safari Play MK
27th October, 5.30pm-7.45pm

Get ready for a thrilling Halloween party featuring 2 hours of fun on a 3-tier play frame, spooky disco music, and exciting games. Kids aged 1 to 12 will enjoy a Halloween buffet, while adults can relax with tea and coffee. Don't miss the fancy dress parade.

Cost: Adults: £4.95 (unlimited tea/coffee) Child: tickets from FREE up to £16.95

Safari Play MK, 3 Carters Lane, Kiln Farm, MK11 3ET

www.safaripark.co.uk



PUMPKIN PATCH AT FROSTS

Willington Frost Garden Centre
Weekends 5th-31st October

This Halloween, visit Frosts Pumpkin Patch for a fantastic family adventure. Enjoy entrance to the pumpkin patch, a mini tractor trail, and spooky mini golf. With special photo spots and villains featuring Cruella, the Evil Queen, and Wednesday Addams, it's a must-visit event. Open 7 days a week from 26th October.

Cost: All £3.99; Under 1s: Free

Frost Garden Centre, Wellington, MK44 3QP

www.frostsgardencentres.co.uk



OLNEY FIREWORKS

Recreation Ground
3rd November 2024, display 6.45pm

The event is organized by the multi-award-winning Gala Fireworks, using state-of-the-art computerized firing systems to choreograph split-second sequences synchronized to music, designed to astound and amaze.

Cost: Single tickets cost £5, family tickets £15. Babies and toddlers go free

Recreation Ground (sports fields), Olney, MK46 4DW

www.theolneygroup.org

Some events must be pre-booked and event details are correct at time of printing but may change, please check before attending.

Christmas

ACTIVITIES & EVENTS

DEC
4th-8th

CHRISTMAS TREE FESTIVAL
St Paul's Church, Bedford

This year, Bedford Christmas Tree Festival's theme is "The Magic of Christmas" showcasing over 65 beautifully decorated Christmas trees created by local schools, community groups, and businesses.

4th-7th December: 10am - 5pm

8th December: 12noon - 4pm

St Paul's church, St Paul's Sq, Bedford
MK40 1SQ

 Bedford Christmas Tree Festival

Cost: £3 (children under 16 free entry)

Details correct at the time of going to print

7th DEC
5th Jan

WILLEN LAKE ON ICE
Willen Lake

Willen On Ice is back and, following last year's success, is now double the size. Enjoy festive ice-skating this winter with your family and friends on more real ice and with even more fun. This magical Christmas experience is not to be missed! Stay dry, no matter the weather, under our beautifully decorated marquee.

V10 Brickhill St, Milton Keynes,
MK15 9HQ

www.iceleisure.co.uk

Cost: Under 16: £9.90 off-peak and £11.95 peak including skate-hire.

Adult: £12.40 off-peak and £15.40 peak including skate-hire.

29th NOV
15th Dec

SANTA'S GROTTO AT THE MUSEUM
Milton Keynes Museum

Join Father Christmas and his merry elves as they transform the museum grounds into a magical grotto.

Bring your little ones to help Mrs. Christmas whip up some special reindeer treats for Christmas Eve, enjoy festive crafts with the elves, and meet Santa himself to receive a special gift. (Fridays through Sundays only).

McConnell Drive, Milton Keynes
MK12 5EL

www.miltonkeynesmuseum.org.uk

Cost: £15 per child, adults are free

Please note: You must also purchase Museum tickets in advance



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TICKETS



17th Dec - 29th Dec 2024

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Aladdin

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with audience participation throughout

Purchase tickets online at www.stantonburytheatre.co.uk ☎ 01908 324466



SWEET POTATO BISCUITS

The perfect on-the-go snack – a favourite with little ones and grown ups! Made with simple ingredients you likely already have at home. One bite and you won't be able to stop!

INGREDIENTS

- 230g sweet potato, peeled and roughly chopped
- 50g unsalted butter or vegan alternative
- 150g self raising flour
- 30g wholemeal flour

VEGAN, NO EGGS & NO DAIRY

MAKES: 40 BISCUITS

AGE: FROM 6 MONTHS

PREP: 15 MINUTES

COOK: 10 MINUTES



COOKING INSTRUCTIONS

1. Preheat the oven to 180°C/160°C fan/ Gas 4.
2. Steam the sweet potato over a gentle heat for 15-20 mins until soft, then set aside to cool. Once cooled, weigh out 200g of the sweet potato.
3. Put the sweet potato into a large bowl and mash with a fork.
4. Melt the butter and add with the flour to the sweet potato. Mix to form a dough.
5. Put the dough onto a sheet of baking paper and roll out to 5mm thick, then cut into shapes with a cookie cutter or sharp knife.
6. Transfer the baking paper and biscuits to a baking tray and bake in the oven for 10 mins until lightly golden, checking to make sure they don't overcook.
7. Remove from the oven and allow to cool before serving.



STORAGE
Store in an airtight container for 3 days or freeze for up to 3 months!

Recipe by Romina Bertinazzo, author of *The Yummy Little Belly* cookbook which contains over 80 quick, easy and nutritious recipes to keep you and your little ones happy is out now.



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www.childreninspiredbyyoga.com/miltonkeynes
miltonkeynes@tattybumpkin.com





CELEBRATE ST. NICHOLAS DAY AT HOME - 6TH DEC

Fun, Festive, & Multicultural!

Celebrating St. Nicholas Day at home is a wonderful way to bring the festive spirit into your family while introducing fun and meaningful traditions from around the world. These engaging customs will make the day extra special for your little ones, while sharing the magic of giving, kindness, and culture. Here are some creative ways to celebrate from various countries, turning December 6th into a delightful family tradition!



POLAND: THE MAGIC OF MIKOŁAJKI

On the evening of December 5th, Polish children eagerly await a visit from **Święty Mikołaj** (St. Nicholas). You can recreate this at home:

What to do: Have your children place a small stocking or their favorite pillowcase under their pillow.

Morning surprise: St. Nicholas (or you!) leaves sweets, chocolates, fruits, or small gifts for them to find in the morning.

Add a twist: If your child has had a few naughty moments, include a small stick or piece of coal as a playful reminder to behave better next year. A little note from St. Nicholas encouraging kindness and good deeds can make it extra meaningful.



GERMANY: NIKOLAUSTAG AND THE KRAMPUS TWIST

In Germany, December 6th is **Nikolaustag**—a day full of surprises!

What to do: Have your children place a pair of shoes outside the door or by the fireplace on the night of December 5th.

Morning surprise: Fill the shoes with traditional German treats like chocolate coins, clementines, nuts, or a small toy. Add some sparkle by sprinkling "gold dust" (glitter) inside the shoes for a magical touch.

Add a Krampus twist: For a little fun, leave a twig or playful note from Krampus (a mischievous figure in German folklore) as a gentle reminder to behave well.



SWITZERLAND: SAMICHLAUS AND SCHMUTZLI

In Switzerland, St. Nicholas—known as **Samichlaus**—is accompanied by his helper, **Schmutzli**. You can bring this fun tradition home:

What to do: Write a special "report" about your child's good deeds (and areas to improve) and leave it out on the night of December 5th.

Morning surprise: Along with the report, leave a small sack filled with Swiss-inspired treats like clementines, nuts, chocolates, and perhaps a gingerbread cookie.

Get creative: Dress up as Samichlaus or Schmutzli for some playful roleplay! You can even craft a simple Schmutzli costume with a brown robe or blanket and a basket for collecting treats. The kids will love joining in on the fun!



THE SPIRIT OF ST. NICHOLAS

The true heart of **St. Nicholas Day** lies in generosity and kindness. This is the perfect time to teach your children about giving back:

Give back: Involve your children in spreading kindness by baking cookies for neighbors, donating toys to a local charity, or making homemade cards for friends and family.

Acts of kindness: Encourage each family member to share one kind deed they'll do in honor of St. Nicholas. It's a great way to reinforce the spirit of giving and spread some holiday cheer.

By blending these international customs, you can create a fun and meaningful celebration that brings treats, surprises, and heartfelt lessons into your home. Making St. Nicholas Day a special family tradition that brings joy for years to come!

Lockers Park School



Stay And Play - 18th October



Discover the magic of Little Lockers Book online now at our website or visit the QR code



TODDLE MODELS

Baby and Toddler Photo Competition Winner

Thank you to everyone who entered our Summer Toddle Models competition!

Congratulations to little Caiden and Jessica who have both won a bundle of Orchard Toys games worth £50!

We received so many gorgeous entries - we hope you enjoy looking through them as much as we have and that this gives all our entrants a lovely keepsake.



Albert, 10 months



Jian, 14 months



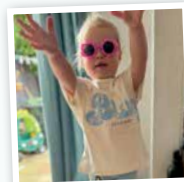
Find out more at
www.orchardtoys.com



Caiden, 4 years old



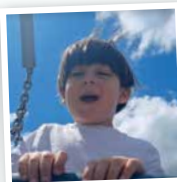
Jessica, 7 months old



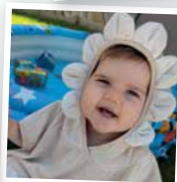
Annabelle, 2 years



Arash, 2 years



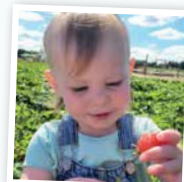
Arthur, 5 years



Daisy Dottie, 16 months



Essie, 2 years 9 months



Florence, 20 months



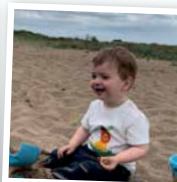
Forest & Robin, 4 & 2.5



George, 2 years 6 months



Harrison, 2 year 3 months



Harry, 1 year 10 months



Hazel, 3 years 4 months



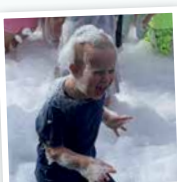
Hope, 3 year 4 months



Imogen, 5 years



Jace, 7 months



Jack, 5 years



Wren, 21 months



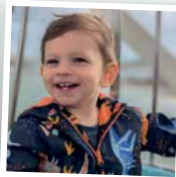
Malaya, 19 months



Nicholas, 3 yrs 8 months



Nour, 4 years



Oscar, 16 months



Rose, 7 months



Ruby, 18 months



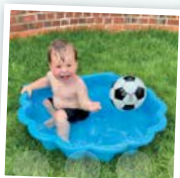
Vihaan, 16 months



Willow, 2 years 11 months



Zachary, 2 years



Luca, 20 months



Alice, 2 years 11 months



Archie, 18 months



Aurora, 1 year 2 months



Alfie, 3 years

COMPETITION

TODDLE MODELS



WIN TICKETS TO STICK MAN ON STAGE

THE PRIZE: Win a Family Ticket To See Stick Man On Stage, worth £90!

Courtesy of Official London Theatre, this is a unique chance to win tickets to Freckle Productions' touching, funny and utterly original adaptation of **Julia Donaldson and Axel Scheffler's Stick Man** in London.

What starts off as a morning jog becomes quite the misadventure for Stick Man: a dog wants to play fetch with him, a swan builds a nest with him, and he even ends up on a fire! How will Stick Man ever get back to the family tree?

This award-winning production, from the team behind **Zog and Zog and the Flying Doctors**, features a trio of top actors and is packed full of puppetry, songs, live music and funky moves.

Stick Man is at Bloomsbury Theatre in London from 4th Dec - 5th Jan and tickets are on sale now at www.OfficialLondonTheatre.com.

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LONDON
THEATRE
.com

HOW TO ENTER:

Send us a photo of your little one enjoying some fancy dress fun!

We will print as many entries as possible in the next Toddle About magazine to give you a lovely keepsake.

Enter by **Wed 27th November 2024**.

WORTH
£90

ENTER AT:

www.toddle.fun/toddlemodels



BIRTH TRAUMA

It can feel unbearable,
but help is available!

by Dr Kim Thomas



After Daisy had pushed for two hours without success, doctors decided that they needed to use forceps to help her baby out. She'd already had a long, painful labour, and now the room was fillin with people, leaving Daisy feeling frightened and out of control. Her baby daughter was eventually born safely, though back-to-back. Shortly afterwards, however, Daisy had a haemorrhage. She felt tired and exhausted and found it difficult o breastfeed. At home, her stitches became infected.

She also began having flashbacks o the birth and found it difficult o see anything that reminded her of what had happened, such as tv shows involving birth. In addition, Daisy felt that she wasn't a good mother because she still couldn't do simple things like sit up in bed to feed her daughter.

Birth trauma is the name we use for what happened to Daisy.

It describes the experience of being so traumatised by birth that the memory of what happened continues to affect you every day. This often takes the form of flashbacks o the birth, feeling intensely anxious all the time or avoiding anything that reminds you of the birth.

In some women, the trauma symptoms are severe enough to qualify for a diagnosis of post-traumatic stress disorder (PTSD), which affects one in 25 women after birth – about 30,000 a year in the UK. Sometimes, fathers or partners can also be so traumatised by the experience of watching birth that they develop birth trauma.

When you're a new mother, already struggling with the demands of caring for a newborn, having birth trauma on top can make life feel unbearable. The mums who come

to us at the Birth Trauma Association tell us that the constant sense of anxiety – watching over their baby to make sure it doesn't die, feeling frightened to leave the house – leaves them feeling isolated. Some feel guilty because they find it ha d to bond with their baby. Others tell us that family and friends don't understand why they still feel traumatised and insist that they just need to "move on".

Fortunately, help is available. In England there are new maternal mental health teams to support women with birth trauma, and there is also the option of self-referring to therapy if you need it from the NHS Talking Therapies service (outside England you will need a referral to therapy from your GP or health visitor).

Two forms of therapy: trauma-focused CBT and EMDR (Eye Movement Desensitisation and Reprocessing) are very effective at treating trauma symptoms.

Daisy was initially worried about receiving therapy because she was scared the counsellor would think she was a bad mother, but she found it helpful. She also benefi ed from a birth debrief with the hospital, which enabled her to get answers to her questions about what happened during the birth. Most maternity units now provide a birth debriefing se vice.

If you'd like to share your experience with someone who understands, you can email the Birth Trauma Association's peer supporters on support@birthtraumaassociation.org.uk or join our Facebook group (facebook.com/groups/theBTA). Women tell us that having the opportunity to talk to others who have been through a similar experience makes a huge difference – and some even say that it saved their life.



Dr Kim Thomas is CEO of the Birth Trauma Association, a charity that supports mothers and fathers affected by traumatic birth. She is also author of the recent parliamentary report into birth trauma.
www.birthtraumaassociation.org



BEDFORD, LUTON & MILTON KEYNES

Maternity & Neonatal Voices

Working in partnership to improve maternity & neonatal services

WE ARE LISTENING

Maternity & Neonatal Voices are a team of women and birthing people, midwives, doctors, health visitors and commissioners working together to review and contribute to the development of local maternity care and neonatal care.

We want to hear about your experience of your local maternity and neonatal services so we can improve them. Please scan the QR code to complete our survey.



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| <p>1 DAISY FIRST AID BUCKINGHAM</p> <p>5.0 ★ </p> | <p>6 AQUA INCLUDE</p> <p>5.0 ★ </p> |
| <p>2 FIT MUMMY MK</p> <p>5.0 ★ </p> | <p>7 LITTLE TURTLE SWIM COMPANY</p> <p>5.0 ★ </p> |
| <p>3 JUMPING BEANS UNDER 5S STAY AND PLAYGROUP</p> <p>5.0 ★ </p> | <p>8 THORNTON COLLEGE</p> <p>5.0 ★ </p> |
| <p>4 PHONICS WITH ROBOT REG MILTON KEYNES</p> <p>5.0 ★ </p> | <p>9 SHAKING THE TREE CEREMONIES</p> <p>5.0 ★ </p> |
| <p>5 LITTLE TINKERS PRESCHOOL</p> <p>5.0 ★ </p> | <p>10 KIDSLINGO SPANISH NORTHANTS</p> <p>5.0 ★ </p> |

FEATURED JUMPING BEANS UNDER 5S STAY AND PLAYGROUP



This welcoming Stay and Play Group invites Mums, Dads, Childminders, and caregivers with children under 5 to join them every Wednesday from 9:30 am to 11:30 am. Held mostly outdoors, the sessions feature water play, painting, messy activities, and toys to encourage socialising. A healthy snack is provided. Due to limited spaces, booking and payment in advance is required. Join in the fun in this playful, safe environment.



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HALLOWEEN HANDPRINT

CRAFT ACTIVITY

Make a pumpkin keepsake craft with your toddlers, preschoolers or older kids this Halloween. Turn their handprints into a ghost, and Jack-o'-Lantern.

SUPPLIES:

- Air Dry Clay
- Paint
- Drinking Straw
- Craft Stick
- Green Ribbon
- Parchment Paper

TIP: Make sure to use parchment paper when rolling out the dough. This will stop the dough from sticking to the table and will make it easy for you to transfer it to another area to let it dry for 24 hours.

HOW TO MAKE:

STEP 1: Roll the clay out on parchment paper until it's about 1/2 inch thick. Let your little one press their hand onto the clay. You may want to help by applying a bit of pressure to their hand to make sure the handprint makes a clear impression.

STEP 2: Use a craft stick to cut the shape of a pumpkin, making sure your child's handprint is in the middle of the pumpkin. Smooth out the edges of the pumpkin with your fingers (use a bit of water, if necessary).

STEP 3: Use a drinking straw to punch a hole in the stem.

STEP 4: Transfer the clay to a dry area. Let it stand for 24 hours until it is dry.



STEP 5: Use acrylic paint to turn the handprint into a Halloween design. It can be a ghost, Jack-o'-Lantern, Frankenstein etc. Paint the rest of the pumpkin orange and the stem brown.

STEP 6: Thread a green ribbon through the hole in the stem.



Craft kindly supplied by Stef Luca of NonToyGifts, author of "Color By Number Animals". Discover more at www.nontoygifts.com

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www.stantonburytheatre.co.uk

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JoeyFootballFun

Little Kickers (Milton Keynes)

01494 911133 | mk@littlekickers.co.uk

www.littlekickers.co.uk

Rugbytots (MK and Bedford)

0345 3136712 | shauna@rugbytots.co.uk

www.rugbytots.co.uk

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www.polarnopyret.co.uk



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ENTER NOW: Visit toddle.fun/competitions each day from December 1st to 12th to enter!

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"I'm soooooo bored!"

by Laura Tristram



SHOULD BOREDOM BE PART OF YOUR CHILD'S DAILY ROUTINE?

When you're a parent, life can feel non-stop. We're in a constant struggle to keep our little ones healthily entertained, rushing between various groups and clubs, with day trips squeezed in between work and household chores.

We dread hearing those words slip from our children's mouths... "I'm bored!"

However, new research from the Child Mind Institute suggests that allowing children to experience boredom can actually be beneficial or both them and their parents.

IS BOREDOM BAD?

Parents, influenced by societal narratives, often perceive boredom as an unproductive and negative state. Being busy is often equated with success, leading to the belief that boredom signifies laziness.

It's time to rethink this notion.

Boredom can play a significant role in children's development and mental health, forcing them to use their imagination and creativity to entertain themselves. This self-directed play fosters curiosity, helps them discover their interests, and enhances their innovative thinking.

Research even shows that engaging in *monotonous* tasks can boost creativity when later performing creative activities.

PROBLEM-SOLVING AND SOCIAL SKILLS

The ability to persist is crucial for facing future obstacles and cultivating a proactive mindset. Dealing with the "problem" of boredom enhances their problem-solving skills and self-reliance, fostering a sense of initiative and independence.

'Free play', where children engage in unstructured activities of their own choosing, allows children to interact with peers, developing essential social skills like negotiation, collaboration, and communication. These skills are vital for forming relationships and working well with others.

Successfully finding ways to entertain themselves boosts children's confidence, helping them take risks and explore new things, thereby strengthening their self-esteem.

FREE TO 'BE'

By giving children the free time to 'be', we can improve mental health as it **reduces anxiety and stress**. It gives them the opportunity to process thoughts and emotions and engage with their surroundings. These periods of boredom can lead to more creative activities.

HOW TO INTRODUCE MORE BOREDOM

1. Remove Structured Activities

Encourage children to create their own activities on an "activity detox" day, helping them explore their interests and creativity.

2. Keep It Simple

Offer materials like blocks, art supplies, and household items to inspire creativity and free play.

3. Less Screen, More Space

Take your child to open spaces and allow them to explore independently, fostering a sense of independence and creativity. Limit the use of electronic devices and encourage imaginative play instead.

4. Be The Change

Show them how to change by engaging in creative activities yourself and limiting your own screen time.

Experiencing boredom helps children develop crucial life skills like problem-solving and creativity. Boredom also helps children build tolerance for less enjoyable experiences and encourages mindfulness, self-reflection, and interpersonal communication skills.

It's a valuable lesson for all: alongside your to-do list, create a 'let's be' list. Make time to be mindfully present with those around you. Amidst the rushing around, take a moment to walk and clear your head. These idle moments without a to-do list are essential for mental clarity and happiness. So, the next time your child complains of being bored, embrace the opportunity to foster their creativity, growth, and wellbeing.

Laura Tristram is a teacher, mum, and mental health and wellbeing lead at Lumii.me



VIP CLUB READER REVIEW: 'BUILD YOUR OWN' KITS



★★★★★ Written by Catherine Baynton, Toddle About Subscriber

Build Your Own creates eco-friendly cardboard kits for children, promoting STEM learning, reducing screen time, and encouraging family interaction. The kits are sustainable and easy to assemble. From £9.99 at www.buildyourownkits.com.

First impressions were extremely positive - the boxes are very colourful and the four animals we received (a kitten, puppy, dragon and unicorn) looked amazing. We pulled open the box carefully, as the inside had some pictures which can be coloured in. There were a lot of small parts which needed to be popped from their cardboard, so I popped them into piles, ready to assemble our animal (first up as the unicorn of course!)

The smaller parts were a bit fiddly but Annabelle was able to push all of the bits together fine (I did cheat as we went along to ensure all was secure). There was no glue needed, which meant no mess and no need for a change of clothes or a protective apron. It took

us around 30 mins to build each one and once put together, they were rather sturdy and could withstand being played with and bounced around the table.

These were really great activities to do together. As we were building the unicorn, you could see the excitement building as the flat 2D pieces of coloured cardboard turned into a 3D animal. It now sits with all of her other toys so she can play with it again and again.

I really like how it is made out of 100% sustainable cardboard, contains zero plastic and both the kit and its packaging is recyclable, meaning not only is it a fun activity, but it's eco-friendly too.



Review has been edited.



Catherine and her daughter Annabelle were given this product as a **freebie** for writing this review. Subscribe to Toddle About and you can do the same!
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MILTON KEYNES & BUCKINGHAM

MILTON KEYNES

MONDAY

PARENTS & TOTS

Cornerstone Toddlers

Cornerstone Church, 300 Saxon Gate West, Milton Keynes, MK9 2ES. 01908 237777 or 07854 762676. www.cornerstonemk.co.uk.

Times: 10:00 - 11:30. **Ages:** 1 mths - 4 yrs 11 mths. **Cost:** £1 (drop in). **Dates:** 7 Oct - 21 Oct & 4 Nov - 9 Dec.

MK Multiples

Kents Hill Community Centre, Kents Hill, Milton Keynes, MK7 6HG.

Times: 10:00 - 12:00. **Ages:** Pregnancy - 5 yrs. **Cost:** £4 (drop in). **Dates:** 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Moorlands Family Centre

Moorlands Family Centre, Beanhill Local Centre, Dodkin, Milton Keynes, MK6 4LP. 01908 679819. www.milton-keynes.gov.uk.

- **Sensory Play:** 8:30 - 17:00.

Ages: 0 - 2 yrs. **Cost:** Free (booking essential).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Rainbow Children's Centre

Pepper Hill School, Bradville, Milton Keynes, MK13 7BQ. 01908 227925. www.facebook.com.

- **Story based play café:** 9:15 - 10:15.
- **Community Larder:** 13:00 - 16:00.

Cost: Free (booking essential).

Dates: 7 Oct - 16 Dec.

Squirrels Children's Centre

Squirrels Children's Centre, Redbridge, Stantonbury, Milton Keynes, MK14 6BB. 01908 317863. www.facebook.com.

- **Stay and Play:** 10:00 - 11:30. **Ages:** 0 - 4 yrs.
- **Story & Rhyme Time:** 13:30 - 15:00. **Ages:** 0 - 5 yrs.
- **Community Larder:** 14:00 - 16:00.

Cost: Free. (Booking essential)

Dates: 7 Oct - 16 Dec.

MUSIC & SIGNING

Cha Char Chimps - MK South

The Oak Tree Centre - Monday, Wallinger Drive, Shenley Brook End, Milton Keynes, MK5 7GZ. 07445831415. www.ccchimps.com.

- **The Oak Tree Centre 2024:** 10:00 - 11:00.

Cost: £6.95 (booking essential).

Dates: 7 Oct - 21 Oct.

Music Bugs Milton Keynes

Summerlin Centre Station Rd, Woburn Sands, Milton Keynes, MK17 8SG. 0844 822 1158. www.musicbugs.co.uk.

Times: 10:00 - 10:35 & 11:00 - 11:35.

Ages: 0 - 4 yrs. **Cost:** £6 (booking essential).

Dates: 7 Oct - 21 Oct, 4 Nov - 16 Dec & 7 Oct - 9 Dec.

Ragdolly Annas

Shenley Brook End Village Hall, Church End Road, Shenley Brook End, Milton Keynes, MK5 7AA. 07989 713745. www.ragdollyannas.co.uk.

- **Ragdolly Annas Shenley Brook End:** 10:00 - 10:45.

High energy, music and rhyme activity for the 0-5's

Ages: 0 - 5 yrs. **Cost:** £7.95 (booking essential).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

SENSORY & DEVELOPMENT

Phonics with Robot Reg Milton Keynes

The Quaker Centre, 1 Oakley Gardens, Downhead Park, Milton Keynes, MK15 9BH. 07809 459648. www.robotreg.co.uk.

- **MINIS Phonics:** 12:45 - 13:30.

With songs, role play & dancing

Ages: 1 - 3 yrs.

- **Pre-school Phonics:** 13:45 - 14:30.

Fun introduction to Phonics

Ages: 2½ yrs - 4 yrs 11 mths.

Cost: £7.50 (booking essential).

Dates: 7 Oct - 21 Oct, 4 Nov - 16 Dec & 7 Oct - 9 Dec.

DANCE & DRAMA

Stantonbury Theatre

Stantonbury Theatre, Stantonbury, Milton Keynes, MK14 6BN.
01908 324466. www.stantonburytheatre.co.uk.

- **Black Sheep Young Performers:** 16:00 - 17:00.

Develop performance skills and creative expression
Ages: 7 - 10 yrs.

- **Black Sheep Young Company:** 17:30 - 19:00.

Professional-style training for young performers
Ages: 11 - 16 yrs. **Cost:** £10 (booking essential).

- **Black Sheep Actors:** 19:00 - 21:00.

Develop and inspire creative theatre making and performance

Ages: 18 - 99 yrs. **Cost:** £15 (booking essential).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

- **Aladdin Pantomime:** 13:00 - 15:00.

A traditional, fun-filled, professional pantomime!

Ages: 2 - 99 yrs. **Cost:** £18.50 (booking essential).

Dates: 23 Dec - 23 Dec.

Tot Bop

Pitstone Village Hall, Vicarage Road, Pitstone, Leighton Buzzard,
LU7 9EY. 01525 237474 / 07775 582791. www.totbop.co.uk.

- **Tiny Tots (1-2.5) - Pitstone:** 9:30 - 10:05.

Ages: 1 yrs - 2½ yrs.

- **Baby Boppers (age 2.5 - rising 5) - Pitstone:** 10:20 - 11:05.

Ages: 2½ yrs - 5 yrs.

Cost: £8 (booking essential). **Dates:** 7 Oct - 21 Oct.

PHYSICAL FUN

Rugbytots (Milton Keynes & Bedford)

Lace Hill Academy, Catchpin Street, Buckingham, MK18 7RR. 0845
313 6712. www.rugbytots.co.uk.

Times: 9:10 - 9:40 & 10:35 - 11:20. **Ages:** 2 - 7 yrs. **Cost:** £7 (booking essential). **Dates:** 7 Oct - 21 Oct & 4 Nov - 16 Dec.

HEALTH & WELLNESS

Fit Mummy MK

Fit Mummy MK, 24 First Avenue, Bletchley, Milton Keynes, MK1 1DX.
07723 020994. www.fitmummybootcamp.com.

- **Fit Mummy Bootcamp:** 11:00 - 11:45.

Group fitness for mums with babies and small children

Cost: £7.50 (booking essential). **Dates:** 7 Oct - 21 Oct & 4 Nov - 16 Dec.

PREGNANCY

Vicki Wilkinson Birth & Baby

The Discovery Room, John Lewis, The Centre:MK, Malborough Gate,
Milton Keynes, MK9 3EP. 07581 559856.
www.vickiwillkinsonbirthandbaby.co.uk.

- **Tinies Baby Massage - Milton Keynes:** 10:00 - 11:00.

Ages: 0 - 6 mths. **Cost:** £50 (booking essential). **Dates:** 7 Oct.
Restore U, 1 Well Street, Buckingham, MK18 1EW. 07581 559856.
www.vickiwillkinsonbirthandbaby.co.uk.

- **Pregnancy Flow - Buckingham:** 19:30 - 20:30.

Ages: Pregnancy. **Cost:** £11 (booking essential). **Dates:** 7 Oct - 30 Dec.

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- Rachel, Clives Mum -

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www.minimozart.com

TUESDAY

PARENTS & TOTS

Milton Keynes Christian Centre Toddler Group

Milton Keynes Christian Centre, Milton Keynes Christian Centre,
Strudwick Drive, Oldbrook, MK6 2TG.
01908 670655. www.mkc.org.uk.

Times: 10:00 - 11:00. **Ages:** 0 - 4 yrs. **Cost:** £1 (drop in).

Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

Milton Keynes Central Library

555 Silbury Boulevard, Milton Keynes, MK9 3HL.

- **Song and Rhyme Time:** 10:00 - 10:30. **Ages:** 0 - 2 yrs.

Free weekly drop-in Baby Songs and Rhymes for the Under 2s.

- **Storytime:** 10:45 - 11:15. **Ages:** 0 - 5 yrs.

Free weekly drop-in Storytimes for the Under 5s.

- **Lego & Duplo Club:** 16:00 - 17:00. **Ages:** 0 - 17 yrs.

Free weekly drop-in Lego & Duplo Club for all ages.

Cost: Free (drop in).

Dates: 1 Oct - 17 Dec.

Woburn Sands Library

The Institute, High Street, Woburn Sands, MK17 8SD.

- **Storytime (Woburn Sands Library):** 11:15 - 11:45.

Free weekly drop-in Storytimes for the Under 5s.

Ages: 0 - 5 yrs. **Cost:** Free (drop in). **Dates:** 1 Oct - 22 Oct & 5 Nov - 17 Dec.

Wolverton Library

Town Hall, Creed Street, Wolverton, MK12 5LY.

- **Lego & Duplo Club (Wolverton Library):** 15:30 - 16:30.

Free weekly drop-in Lego & Duplo Club for all ages.

Ages: 0 - 2 yrs. **Cost:** Free (drop in). **Dates:** 1 Oct - 17 Dec.

Milton Keynes Central Library, 555 Silbury Boulevard, Milton Keynes,
MK9 3HL.

Cost: Free (drop in). **Dates:** 1 Oct - 17 Dec.

Moorlands Family Centre

Moorlands Family Centre, Beanhill Local Centre, Dodkin, Milton
Keynes, MK6 4LP. 01908 679819. www.milton-keynes.gov.uk.

- **Baby Group:** 13:45 - 14:45.

Ages: Pregnancy - 1½ yrs. **Cost:** Free (drop in).

- **Sensory Play:** 8:30 - 17:00.

Ages: 0 - 2 yrs. **Cost:** Free (booking essential).

Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

Rainbow Children's Centre

Pepper Hill School, Bradville, Milton Keynes, MK13 7BQ. 01908
227925. www.facebook.com.

- **Maternity MK:** 9:00 - 16:00.

- **Soft Stay and Play:** 10:00 - 11:30.

Ages: 1 - 5 yrs.

- **Soundstart provided by CLMK:** 13:30 - 14:30.

Cost: Free (booking essential).

Dates: 1 Oct - 17 Dec.

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Squirrels Children's Centre

Squirrels Children's Centre, Redbridge, Stantonbury, Milton Keynes, MK14 6BB. 01908 317863.

- **Development Checks:** 9:30 - 12:30.
- **Let's get busy. Let's explore:** 13:30 - 15:00.

Ages: 0 - 5 yrs.

Cost: Free (booking essential).

Dates: 1 Oct - 17 Dec.

Winslow Baby and Toddler Group

Winslow Public Hall, Elmfields Lane, Winslow, MK18 3JA.

Times: 10:00 - 11:15. **Ages:** 0 - 5 yrs. **Cost:** £2.50 (drop in).

Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

MUSIC & SIGNING

Cha Char Chimps CIC

Old Bath House & Community Centre Tues 9:45am (Mixed ages up to 4 years), 205 Stratford Road, Wolverton, Milton Keynes, MK12 5RL. www.cchimps.com.

- **Tuesday Chimps with Baby VIP Area:** 9:45 - 10:45.

Cost: £6.95 (booking essential). **Dates:** 1 Oct - 15 Oct.

Mini Mozart Bedford & Milton Keynes

St Mary & St Giles Church, 1 Church Street, Stony Stratford, Milton Keynes, MK11 1FD. 0207 193 1983. www.minimozart.com.

- **Mini Mozart: Babies & Toddlers:** 10:00 - 10:40.

Live toddler music classes led by professional musicians

Ages: 0 - 4 yrs. **Cost:** £12 (booking essential).

Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

Music Bugs Milton Keynes

360 Play, Roebuck Way, Knowlhill, Milton Keynes, MK5 8HL. 0844 822 1158. www.musicbugs.co.uk.

- **Music Bugs (360 Play, MK)**

Get 3 sessions (in a row) as a trial for just £12

Times: 10:00 - 10:35. **Ages:** 3 mths - 4 yrs. **Cost:** £6.95 (booking essential).

Times: 11:00 - 11:35. **Ages:** 3 mths - 4 yrs. **Cost:** £6 (booking essential).

Dates: 1 Oct - 22 Oct, 5 Nov - 17 Dec & 1 Oct - 10 Dec.

DANCE & DRAMA

Stantonbury Theatre

Stantonbury Theatre, Stantonbury, Milton Keynes, MK14 6BN. 01908 324466. www.stantonburytheatre.co.uk.

- **Aladdin Pantomime**

A traditional, fun-filled, professional pantomime!

Times: 10:00 - 12:00. **Ages:** 2 - 99 yrs. **Dates:** 17 Dec - 17 Dec.

Times: 13:00 - 15:00. **Ages:** 2 - 99 yrs. **Dates:** 24 Dec - 24 Dec.

Cost: £18.50 (booking essential).

HEALTH & WELLNESS

Fit Mummy MK

Fit Mummy MK, 24 First Avenue, Bletchley, Milton Keynes, MK1 1DX. 07723 020994. www.fitmummybootcamp.com.

- **Fit Mummy Bootcamp:** 11:00 - 11:45.

Group fitness for mums with babies and small children

Cost: £7.50 (booking essential). **Dates:** 1 Oct - 22 Oct & 5 Nov - 17 Dec.

WEDNESDAY

PARENTS & TOTS

Buckingham Library

Buckingham Library, Verney Close, Buckingham, MK18 1JP. 01296 382415. www.buckinghamshire.gov.uk.

- **Bounce and Rhyme:** 10:30 - 11:00.

Nursery rhymes, action songs and simple percussion music.

Ages: 0 - 4 yrs. **Cost:** Free (drop in).

Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.

Jumping Beans Under 5s Stay and Playgroup

Springfield Community Hall, Springfield, Milton Keynes, MK6 3JH. 07962891680. www.instagram.com.

- **Every Wednesday - All Year Round:** 9:30 - 11:30.

Cost: £4 (booking essential). **Dates:** 2 Oct - 18 Dec.

Newport Pagnell Library

St John Street, Newport Pagnell, MK16 8HQ.

- **Lego & Duplo Club (Newport Pagnell Library):** 15:30 - 16:30.

Free weekly drop-in Lego & Duplo Club for all ages.

Ages: 0 - 17 yrs. **Cost:** Free (drop in). **Dates:** 2 Oct - 18 Dec.

Moorlands Family Centre

Moorlands Family Centre, Beanhill Local Centre, Dodkin, Milton Keynes, MK6 4LP. 01908 679819. www.milton-keynes.gov.uk.

- **Stay and Play:** 13:30 - 15:00.

Ages: 0 - 3 yrs. **Cost:** Free (drop in).

- **Sensory Play:** 8:30 - 17:00.

Ages: 0 - 2 yrs. **Cost:** Free (booking essential).

Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.

Rainbow Children's Centre

Pepper Hill School, Bradville, Milton Keynes, MK13 7BQ.

01908 227925. www.facebook.com.

- **Tiny Rainbows:** 10:00 - 11:00.

Ages: Pregnancy - 1 yrs.

- **Development checks:** 12:30 - 16:00.

Cost: Free (booking essential). **Dates:** 2 Oct - 18 Dec.

Squirrels Children's Centre

Squirrels Children's Centre, Redbridge, Stantonbury, Milton Keynes, MK14 6BB. 01908 317863.

- **Pop in and play:** 13:30 - 15:00.

Dates: 2 Oct - 18 Dec.

- **Well-being Wednesdays:** 9:30 - 11:30.

Ages: 0 - 5 yrs. **Dates:** 9 Oct, 23 Oct, 6 Nov, 20 Nov, 4 Dec & 18 Dec.

Cost: Free (booking essential).

MUSIC & SIGNING

Music Bugs Milton Keynes

The Methodist Church, Silver Street, Stony Stratford, Milton Keynes, MK11 1JS. 0844 822 1158. www.musicbugs.co.uk.

Times: 10:00 - 10:35 & 11:00 - 11:35. **Ages:** 0 - 5 yrs. **Cost:** £6 (booking essential).

Dates: 2 Oct - 23 Oct, 6 Nov - 18 Dec & 2 Oct - 11 Dec.

Ragdolly Annas

Summerlin Community Centre, 138 Station Road, Woburn Sands, Milton Keynes, MK17 8SG. 07989 713745. www.ragdollyannas.co.uk.

- **Ragdolly Annas Woburn Sands:** 10:00 - 10:45.

High energy, music and rhyme activity for the 0-5s. **Ages:** 0 - 5 yrs.

- **Ragdolly Annas SEND Woburn Sands:** 11:15 - 12:00.

High energy, music and rhyme activity all ages (SEND)

Ages: 0 - 30 yrs. **Cost:** £7.95 (booking essential).

Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.

SENSORY & DEVELOPMENT

Phonics with Robot Reg Milton Keynes

360 Play, Roebuck Way, Knowlhill, Milton Keynes, MK5 8HL. 07809 459648. www.robotreg.co.uk.

- **MINIS Phonics:** 10:00 - 10:45.

With songs, role play & dancing. **Ages:** 1 - 3 yrs.

- **Pre-school Phonics:** 11:00 - 11:45.

Fun introduction to Phonics

Ages: 2½ yrs - 4 yrs 11 mths. **Cost:** £7.50 (booking essential).

Dates: 2 Oct - 11 Dec.

DANCE & DRAMA

Stantonbury Theatre

Stantonbury Theatre, Stantonbury, Milton Keynes, MK14 6BN.

01908 324466. www.stantonburytheatre.co.uk.

- **Aladdin Pantomime:** 10:00 - 12:00.

A traditional, fun-filled, professional pantomime!

Ages: 2 - 99 yrs. **Cost:** £18.50 (booking essential).

Dates: 18 Dec - 18 Dec.

HEALTH & WELLNESS

Fit Mummy MK

Fit Mummy MK, 24 First Avenue, Bletchley, Milton Keynes, MK1 1DX. 07723 020994. www.fitmummybootcamp.com.

- **Fit Mummy Bootcamp:** 11:00 - 11:45.

Group fitness for mums with babies and small children

Cost: £7.50 (booking essential). **Dates:** 2 Oct - 23 Oct & 6 Nov - 18 Dec.



Phonics with Robot Reg

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Moorlands Family Centre

Moorlands Family Centre, Beanhill Local Centre, Dodkin, Milton Keynes, MK6 4LP. 01908 679819. www.milton-keynes.gov.uk.

- **Soft Play Session:** 9:30 - 10:30.

Ages: 0 - 5 yrs. **Cost:** Free (drop in).

- **Sensory Play:** 8:30 - 17:00.

Ages: 0 - 2 yrs. **Cost:** Free (booking essential).

Dates: 3 Oct - 24 Oct & 7 Nov - 19 Dec.

Noah's Ark Baby & Toddler Group

Whaddon Way Church Centre, Beaverbrook Court, Bletchley, Milton Keynes, MK3 7JS. 01908 372072. www.whaddonway.church.

Times: 10:00 - 11:30. **Ages:** 0 - 4 yrs. **Cost:** Free (booking essential).

Dates: 3 Oct - 24 Oct & 7 Nov - 19 Dec.

Rainbow Children's Centre

Pepper Hill School, Bradville, Milton Keynes, MK13 7BQ. 01908 227925.

- **Maternity MK:** 9:00 - 16:00.

- **The Art Room:** 13:00 - 14:30.

Cost: Free (booking essential). **Dates:** 3 Oct - 19 Dec.

Squirrels Children's Centre

Squirrels Children's Centre, Redbridge, Stantonbury, Milton Keynes, MK14 6BB. 01908 317863. www.facebook.com.

- **Forest Tots:** 9:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** £2 (drop in). **Dates:** 3 Oct - 19 Dec.

Steeple Claydon Baby & Toddler Group

The Village Hall, 48 Queen Catherine Rd, Steeple Claydon, MK18 2PY.

Times: 10:00 - 11:30. **Ages:** 0 - 5 yrs. **Cost:** £2.50 (drop in).

Dates: 3 Oct - 24 Oct & 7 Nov - 19 Dec.

MUSIC & SIGNING

Music Bugs Milton Keynes

Portfield Community Centre, 8 Wordsworth Avenue, Newport Pagnell, MK16 8SB. 0844 822 1158. www.musicbugs.co.uk.

Times: 10:00 - 10:35 & 11:00 - 11:35. **Ages:** 6 mths - 4 yrs. **Cost:** £6 (booking essential). **Dates:** 3 Oct - 24 Oct, 7 Nov - 19 Dec.

SENSORY & DEVELOPMENT

Phonics with Robot Reg Milton Keynes

East Street Community Centre, East Street, Olney, Milton Keynes, MK46 4DH. 07809 459648. robotreg.co.uk.

- **Pre-school Phonics with Robot Reg Class:** 13:30 - 14:15.

Fun introduction to Phonics

Ages: 2½ yrs - 4 yrs 11 mths. **Dates:** 3 Oct - 24 Oct, 7 Nov - 19 Dec.

- **MINIS Phonics with Robot Reg:** 14:30 - 15:15.

With songs, role play & dancing

Ages: 1 - 3 yrs. **Dates:** 3 Oct - 5 Dec.

Cost: £7.50 (booking essential).

CREATIVE

The Parks Trust Milton Keynes

The Parks Trust, Campbell Park Pavilion, 1300 Silbury Boulevard, Milton Keynes, MK9 4AD. 01908 233600. www.theparkstrust.com.

- **Tree Tots (Under-5s):** 10:00 - 10:50.

Cost: £1 (booking essential). **Dates:** 7 Nov - 19 Dec & 2 Jan.



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ccchimps.com/milton-keynes-booking-sasha

or email ness@ccchimps.com

THURSDAY

PARENTS & TOTS

Church Mice

St Peter's & St Paul's Church, Church Street, Olney, Milton Keynes, MK46 4AD. 01234 712772. www.olneyparish.org.

Times: 10:30 - 11:30. **Ages:** 0 - 5 yrs. **Cost:** Free (booking essential).

Dates: 3 Oct - 24 Oct & 7 Nov - 19 Dec.

Stony Stratford Library

5-7 Church Street, Stony Stratford, MK11 1BD.

- **Stories, Songs and Rhymes:** 10:00 - 10:30.

Free weekly drop-in Storytimes for the Under 5s.

Ages: 0 - 5 yrs. **Cost:** Free (drop in). **Dates:** 3 Oct - 19 Dec.

Bletchley Library

Westfield Road, Bletchley, MK2 2RA.

- **Storytime:** 10:00 - 10:30. **Ages:** 0 - 5 yrs.

Free weekly drop-in Storytimes for the Under 5s.

- **Lego & Duplo Club:** 15:30 - 16:30. **Ages:** 0 - 17 yrs.

Free weekly drop-in Lego & Duplo Club for all ages.

Cost: Free (drop in). **Dates:** 3 Oct - 19 Dec.

Kingston Library

Winchester Circle, Kingston, MK9 3HL.

- **Storytime (Kingston Library):** 10:00 - 10:30.

Free weekly drop-in Storytimes for the Under 5s.

Ages: 0 - 5 yrs. **Cost:** Free (drop in). **Dates:** 3 Oct - 19 Dec.

Westcroft Library

Wimborne Crescent, Westcroft, MK4 4DE.

- **Lego & Duplo Club (Westcroft Library):** 15:30 - 16:30.

Free weekly drop-in Lego & Duplo Club for all ages.

Ages: 0 - 17 yrs. **Cost:** Free (drop in). **Dates:** 3 Oct - 19 Dec.

PHYSICAL FUN

Little Kickers MK

Brooklands Community Sports Pavilion, Countess Way, Brooklands, Milton Keynes, MK10 7HN. 01494 911133. www.littlekickers.co.uk.

- **Mighty Kickers:** 16:10 - 16:55.

Ages: 3½ yrs - 5 yrs. **Cost:** £7.85 (booking essential). **Dates:** 3 Oct - 24 Oct & 7 Nov - 19 Dec.

SWIMMING

Turtle Tots Northamptonshire, Milton Keynes & Bedford

DW Fitness - MK, Stadium Way, Milton Keynes, MK1 1ST. 01604 372747. www.turtletots.com.

Times: 10:30 - 13:00. **Ages:** 3 mths - 4 yrs. **Cost:** £15 (booking essential). **Dates:** 3 Oct - 24 Oct & 7 Nov - 12 Dec.

HEALTH & WELLNESS

Fit Mummy MK

Fit Mummy MK, 24 First Avenue, Bletchley, Milton Keynes, MK1 1DX. 07723 020994. www.fitmum.ybootcamp.com.

- **Fit Mummy Bootcamp:** 11:00 - 11:45.

Group fitness for mums with babies and small children

Cost: £7.50 (booking essential). **Dates:** 3 Oct - 24 Oct & 7 Nov - 19 Dec.

FRIDAY

PARENTS & TOTS

Deanshanger Library

Deanshanger Library, Little London Deanshanger, Deanshanger, MK19 6HT. 0300 126 7000. www.northamptonshire.gov.uk.

- **Rhymetime:** 14:15 - 14:45. **Ages:** 0 - 5 yrs.

Cost: Free (drop in). **Dates:** 4 Oct - 25 Oct & 8 Nov - 20 Dec.

Westcroft Library

Wimborne Crescent, Westcroft, MK4 4DE.

- **Storytime (Westcroft Library):** 10:00 - 10:30.

Free weekly drop-in Storytimes for the Under 5s.

Ages: 0 - 5 yrs. **Cost:** Free (drop in). **Dates:** 4 Oct - 20 Dec.

Newport Pagnell Library

St John Street, Newport Pagnell, MK16 8HQ.

- **Stories, Songs and Rhymes:** 10:00 - 10:30.

Free weekly drop-in Storytimes for the Under 5s.

Ages: 0 - 5 yrs. **Cost:** Free (drop in). **Dates:** 4 Oct - 20 Dec.

Wolverton Library

Town Hall, Creed Street, Wolverton, MK12 5LY.

- **Stories, Songs and Rhymes:** 14:00 - 14:30.

Free weekly drop-in Storytimes for the Under 5s.

Ages: 0 - 5 yrs. **Cost:** Free (drop in). **Dates:** 4 Oct - 20 Dec.

Woburn Sands Library

The Institute, High Street, Woburn Sands, MK17 8SD.

- **Lego & Duplo Club (Woburn Sands Library):** 15:30 - 16:30.

Free weekly drop-in Lego & Duplo Club for all ages.

Ages: 0 - 17 yrs. **Cost:** Free (drop in). **Dates:** 4 Oct - 20 Dec.

Olney Library

High Street, Olney, MK46 4EF.

- **Lego & Duplo Club (Olney Library):** 15:30 - 16:30.

Free weekly drop-in Lego & Duplo Club for all ages.

Ages: 0 - 17 yrs. **Cost:** Free (drop in). **Dates:** 4 Oct - 20 Dec.

Stony Stratford Library

5-7 Church Street, Stony Stratford, MK11 1BD.

- **Friday Lego & Duplo Club:** 15:30 - 16:30.

Free weekly drop-in Lego & Duplo Club for all ages.

Ages: 0 - 17 yrs. **Cost:** Free (drop in). **Dates:** 4 Oct - 20 Dec.

Kingston Library

Winchester Circle, Kingston, MK9 3HL.

- **Lego & Duplo Club (Kingston Library):** 15:30 - 16:30.

Free weekly drop-in Lego & Duplo Club for all ages.

Ages: 0 - 17 yrs. **Cost:** Free (drop in). **Dates:** 4 Oct - 20 Dec.

Moorlands Family Centre

Moorlands Family Centre, Beanhill Local Centre, Dodkin, Milton Keynes, MK6 4LP. 01908 679819. www.milton-keynes.gov.uk.

- **Sensory Play:** 8:30 - 16:30. **Ages:** 0 - 2 yrs.

Cost: Free (booking essential). **Dates:** 4 Oct - 25 Oct & 8 Nov - 20 Dec.

Rainbow Children's Centre

Pepper Hill School, Bradville, Milton Keynes, MK13 7BQ. 01908 227925. www.facebook.com.

- **Soft Stay and Play:** 9:45 - 11:15. **Ages:** 1 - 5 yrs.

- **Rise and Shine Breakfast:** 9:15 - 9:45.

- **Help Hub:** 13:00 - 15:00.

Cost: Free (booking essential). **Dates:** 4 Oct - 20 Dec.

Squirrels Children's Centre

Redbridge, Stantonbury, Milton Keynes, MK14 6BB. 01908 317863.

- **Development Checks:** 9:00 - 12:30. *Booking essential.*

- **Talk, Play & Support:** 9:00 - 14:30. **Ages:** 0 - 4 yrs. *Drop in.*

- **Baby Massage:** 11:30 - 12:00. *Booking essential.*

Cost: Free. **Dates:** 4 Oct - 20 Dec.

The Webber Nursery

Webber Independent School, Soskin Drive, Stantonbury Fields, Milton Keynes, MK14 6DP. 01908 574740.

www.webberindependentschool.com.

Suitable for expectant parents to pre-schoolers.

- **Stay & Play Session:** 9:30 - 10:30.

Ages: 0 - 4 yrs. **Cost:** Free (drop in). **Dates:** 25 Oct.

Woburn Baby And Toddler Group

Woburn Village Hall, Crawley Rd, Woburn, MK17 9QD. 07717 883356.

Times: 9:45 - 11:30. **Ages:** 0 - 4 yrs. **Cost:** £2.50 (booking essential).

Dates: 4 Oct - 25 Oct & 8 Nov - 20 Dec.

MUSIC & SIGNING

Cha Char Chimps - MK Show

Newton Leys Pavilion - Friday, Furzey Way, Newton Leys, MK3 5SP. 07445831415. www.cccchimps.com.

- **Cha Char Chimps Show:** 10:00 - 11:00.

Dates: 4 Oct - 17 Oct.

- **Halloween Special Newton Leys:** 10:00 - 11:15. **Date:** 25 Oct.

Cost: £6.95 (booking essential).

Cha Char Chimps CIC

Cha Char Chimps Old Stratford Community Hall - Fridays 9:45am (Mixed ages up to 4 years), Deanshanger Rd, Old Stratford, MK19 6NL. www.cccchimps.com.

- **Cha Char Chimps Show - Old Stratford:** 9:45 - 10:45.

Cost: £6.95 (booking essential). **Dates:** 4 Oct - 18 Oct.

Music Bugs Milton Keynes

The Sunshine Centre, Dulverton Drive, Furzton, MK4 1EZ. 0844 822 1158. www.musicbugs.co.uk.

Times: 10:00 - 10:35 & 11:00 - 11:35. **Ages:** 0 - 5 yrs. **Cost:** £6 (booking essential). **Dates:** 4 Oct - 25 Oct, 8 Nov - 20 Dec & 4 Oct - 13 Dec.

Ragdolly Annas

Tattenhoe Pavilion, Holburn Crescent, Tattenhoe, Milton Keynes, MK4 3EQ. 07989 713745. www.ragdollyannas.co.uk.

- **Ragdolly Annas Tattenhoe:** 10:00 - 10:45.

High energy, music and rhyme activity for the 0-5s

Ages: 0 - 5 yrs. **Cost:** £7.95 (booking essential). **Dates:** 4 Oct - 20 Dec.

SENSORY & DEVELOPMENT

Phonics with Robot Reg Milton Keynes

360 Play, Roebuck Way, Knowhill, Milton Keynes, MK5. 07809 459648. www.robotreg.co.uk.

- **MINIS Phonics:** 9:30 - 10:15. **Ages:** 1 - 3 yrs.

With songs, role play & dancing

• **Pre-school Phonics:** 10:30 - 11:15. **Ages:** 2½ yrs - 4 yrs 11 mths. **Cost:** £7.50 (booking essential).

Dates: 4 Oct - 25 Oct, 8 Nov - 20 Dec & 4 Oct - 13 Dec.

Phonics with Robot Reg Milton Keynes

Stony Stratford Methodist Church, Silver Street, Stony Stratford, Milton Keynes, MK11 1JS. 07809 459648. www.robotreg.co.uk.

- **Pre-school Phonics:** 13:30 - 14:15. **Ages:** 2½ yrs - 4 yrs 11 mths.

Fun introduction to Phonics.

Cost: £7.50 (booking essential). **Dates:** 4 Oct - 25 Oct, 8 Nov - 20 Dec.

DANCE & DRAMA

Stantonbury Theatre

Stantonbury Theatre, Stantonbury, Milton Keynes, MK14 6BN.
01908 324466. www.stantonburytheatre.co.uk.

Aladdin Pantomime

A traditional, fun-filled, professional pantomime!

Times: 14:00 - 16:00. **Ages:** 2 - 99 yrs. **Dates:** 27 Dec - 27 Dec.
Times: 18:30 - 20:30. **Ages:** 2 - 99 yrs. **Dates:** 20 Dec.

Cost: £18.50 (booking essential).

Tot Bop

Billington Village Hall, Gaddesden Turn, Leighton Buzzard, LU7 9BW.
01525 237474 / 07775 582791. www.totbop.co.uk.

- **Tiny Tots:** 9:30 - 10:05. **Ages:** 1 yrs - 2½ yrs.
- **Baby Boppers:** 10:20 - 11:05. **Ages:** 2½ yrs - 5 yrs.

Cost: £8 (booking essential).

Dates: 4 Oct - 25 Oct.

PHYSICAL FUN

Little Kickers MK

Oakgrove Leisure Centre, Venturer Gate, Oakgrove, Milton Keynes,
MK10 9JQ, 01494 911133. www.littlekickers.co.uk.

- **Mighty Kickers:** 16:25 - 17:10.

Ages: 3½ yrs - 5 yrs. **Cost:** £7.85 (booking essential). **Dates:** 4 Oct - 25 Oct & 8 Nov - 20 Dec.

HEALTH & WELLNESS

Fit Mummy MK

Fit Mummy MK, 24 First Avenue, Blechley, Milton Keynes, MK1 1DX.
07723 020994. www.fitmummy_ybootcamp.com.

- **Fit Mummy Bootcamp:** 11:00 - 11:45.

Group fitness for mums with babies and small children

Cost: £7.50 (booking essential). **Dates:** 4 Oct - 25 Oct & 8 Nov - 20 Dec.

SATURDAY

PARENTS & TOTS

DadTime

Kents Hill Community Centre, Frithwood Crescent, Kents Hill, Milton Keynes, MK7 6HQ, 07887 756651. newcitychurch.co.uk.

Times: 10:00 - 12:00. **Ages:** 0 - 4 yrs. **Cost:** Free (drop in). **Dates:** 5 Oct - 19 Oct & 9 Nov - 21 Dec.

Milton Keynes Central Library

55 Silbury Boulevard, Milton Keynes, MK9 3HL.

- **Saturday Lego & Duplo Club:** 10:00 - 12:00.

Free weekly drop-in Lego & Duplo Club for all ages.

Ages: 0 - 17 yrs. **Cost:** Free (drop in). **Dates:** 5 Oct - 21 Dec.

Olney Library

High Street, Olney, MK46 4EF.

- **Saturday Lego & Duplo Club:** 10:30 - 11:30.

Free monthly drop-in Lego & Duplo Club for all ages.

Ages: 0 - 17 yrs. **Cost:** Free (drop in). **Dates:** 5 Oct, 2 Nov & 7 Dec.

- **Storytime:** 11:00 - 11:30.

Ages: 0 - 7 yrs. **Cost:** Free (drop in). **Dates:** 26 Oct & 30 Nov.

Stony Stratford Library

5-7 Church Street, Stony Stratford, MK11 1BD.

- **Saturday Lego & Duplo Club:** 11:00 - 12:00.

Free weekly drop-in Lego & Duplo Club for all ages.

Ages: 0 - 17 yrs. **Cost:** Free (drop in). **Dates:** 5 Oct - 21 Dec.

DANCE & DRAMA

Stantonbury Theatre

Stantonbury Theatre, Stantonbury, Milton Keynes, MK14 6BN. 01908 324466. www.stantonburytheatre.co.uk.

- **The Noise Next Door: The Adventure Academy. For Adventurers!:** 14:00 - 15:00.

Reckless and ridiculous comedy with *The Noise Next Door!*

Ages: 5 - 105 yrs. **Cost:** £14 (booking essential). **Dates:** 5 Oct.

- **The Bubble Show!:** 14:00 - 15:00.

Mr. Bubbles with his soap bubbles in all shapes and sizes!

Ages: 3 - 12 yrs. **Cost:** £13.50 (booking essential). **Dates:** 12 Oct.

- **Tricky Teddy's Halloween Magic Show:** 14:30 - 15:30.

• **Tricky Teddy's Halloween Magic Show:** 14:30 - 15:30.

• **Tricky Teddy's Halloween Magic Show:** 14:30 - 15:30.

• **Tricky Teddy's Halloween Magic Show:** 14:30 - 15:30.

- **Aladdin Pantomime:** 10:00 - 12:00.

A traditional, fun-filled, professional pantomime!

Ages: 2 - 99 yrs. **Cost:** £18.50 (booking essential). **Dates:** 21 Dec - 21 Dec & 28 Dec - 28 Dec.

Tot Bop

Pages Park Pavilion, Richmond Road, Leighton Buzzard, LU7 4RF.
01525 237474 / 07775 582791. www.totbop.co.uk.

- **Tiny Tots:** 8:45 - 9:15. **Ages:** 1 yrs - 2½ yrs.
- **Baby Boppers:** 9:30 - 10:15. **Ages:** 2½ yrs - 3½ yrs.
- **Funky Monkeys:** 10:30 - 11:15. **Ages:** 3½ yrs - 5 yrs 11 mths.
- **Groovy Movers:** 11:30 - 12:15. **Ages:** 5 - 9 yrs.

Cost: £8 (booking essential). **Dates:** 5 Oct - 26 Oct.



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www.toddle.fun/vip

PHYSICAL FUN

Little Kickers MK

Oakgrove Leisure Centre, Venturer Gate, Oakgrove, Milton Keynes, MK10 9JQ. 01494 911133. www.littlekickers.co.uk

- **Little Kicks:** 8:30 - 9:15. **Ages:** 1½yrs - 2½ yrs.
- **Mighty Kickers:** 10:30 - 11:15. **Ages:** 3½ yrs - 5 yrs.
- **Junior Kickers:** 11:30 - 12:15. **Ages:** 2½ yrs - 3½ yrs.
- **Mega Kickers:** 11:30 - 12:15. **Ages:** 5 - 7 yrs.
- **Cost:** £7.85 (booking essential).
- **Dates:** 5 Oct - 19 Oct & 9 Nov - 14 Dec.

Little Kickers MK

Tickford Park Primary School, Avon Close, Newport Pagnell, MK16 9DH. 01494 911133. www.littlekickers.co.uk

- **Little Kicks:** 8:45 - 9:30. **Ages:** 1½ yrs - 2½ yrs.
- **Junior Kickers:** 9:35 - 10:20. **Ages:** 2½ yrs - 3½ yrs.
- **Mighty Kickers:** 10:25 - 11:10. **Ages:** 3½ yrs - 5 yrs.
- **Mega Kickers:** 11:15 - 12:00. **Ages:** 5 - 7 yrs.

Cost: £7.85 (booking essential).

Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

Little Kickers MK

Woughton Leisure Centre, Rainbow Drive, Leadenhall, Milton Keynes, MK6 5EJ. 01494 911133. www.littlekickers.co.uk

- **Junior Kickers:** 8:45 - 9:30. **Ages:** 2½ yrs - 3½ yrs.
- **Mighty Kickers:** 9:40 - 10:25. **Ages:** 3½ yrs - 5 yrs.
- **Mega Kickers:** 10:45 - 11:30. **Ages:** 5 - 7 yrs.

Cost: £7.85 (booking essential)

Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

Little Kickers MK

Royal Latin School, Chandos Road, Buckingham, MK18 1AX. 01494 911133. www.littlekickers.co.uk

- **Junior Kickers:** 9:10 - 9:55. **Ages:** 2½ yrs - 3½ yrs.
- **Mighty Kickers:** 10:05 - 10:50. **Ages:** 3½ yrs - 5 yrs.
- **Little Kicks:** 11:00 - 11:45.

Ages: 1½ yrs - 2½ yrs. **Cost:** £7.85 (booking essential).

Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

Little Kickers MK

Brooklands Community Sports Pavillion, Countess Way, Brooklands, Milton Keynes, MK10 7HN. 01494 911133. www.littlekickers.co.uk

- **Junior Kickers:** 9:30 - 10:15. **Ages:** 2½ yrs - 3½ yrs.
- **Mighty Kickers:** 10:15 - 11:00. **Ages:** 3½ yrs - 5 yrs.

Cost: £7.85 (booking essential).

Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

Rugbytots (Milton Keynes & Bedford)

Shenley Brook End School, Walbank Grove, Shenley Brook End, Milton Keynes, MK5 7ZT. 0845 313 6712. www.rugbytots.co.uk

Times: 9:00 - 9:30, 9:40 - 10:25, 10:35 - 11:05 & 11:15 - 12:00.

Ages: 2 - 7 yrs. **Cost:** £7 (booking essential).

Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

Rugbytots (Milton Keynes & Bedford)

Lace Hill Academy, Catchpin Street, Buckingham, MK18 7RR. 0845 313 6712. www.rugbytots.co.uk

Times: 8:35 - 9:05, 9:45 - 10:30 & 11:25 - 12:10.

Ages: 2 - 7 yrs. **Cost:** £7 (booking essential).

Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

OTHER

Little Poppets Preloved Market - Milton Keynes

Medbourne Pavilion, 31 Pascal Dr, Medbourne, Milton Keynes, MK5 6LS. 07894 126753. www.littlepoppetsprelovedmarket.co.uk

- **Medbourne Pavilion baby & children's nearly new sales:** 15:00 - 16:30.

Ages: Pregnancy - 8 yrs. **Cost:** £1.50 (booking essential). **Dates:** 9 Nov.

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SUNDAY

DANCE & DRAMA

Stantonbury Theatre

Stantonbury Theatre, Stantonbury, Milton Keynes, MK14 6BN. 01908 324466. www.stantonburytheatre.co.uk

- **Aladdin Pantomime:** 13:00 - 15:00.

A traditional, fun-filled, professional pantomime!

Ages: 2 - 99 yrs. **Cost:** £18.50 (booking essential).

Dates: 22 Dec - 22 Dec & 29 Dec - 29 Dec.

PHYSICAL FUN

Little Kickers MK

Rickley Park School, Rickley Lane, Milton Keynes, MK3 6EW. 01494 911133. www.littlekickers.co.uk

- **Little Kicks:** 8:45 - 9:30. **Ages:** 1½ yrs - 2½ yrs.
- **Junior Kickers:** 9:35 - 10:20. **Ages:** 2½ yrs - 3½ yrs.
- **Mighty Kickers:** 10:25 - 11:10. **Ages:** 3½ yrs - 5 yrs.
- **Mega Kickers:** 11:15 - 12:00. **Ages:** 5 - 7 yrs.

Cost: £7.85 (booking essential).

Dates: 6 Oct - 20 Oct & 10 Nov - 15 Dec.

Rugbytots (Milton Keynes & Bedford)

Hazeley Academy, Emperor Dr, Hazeley, Milton Keynes, MK8 0PT. 0845 313 6712. www.rugbytots.co.uk

- **Rugbytots Milton Keynes (Hazeley Academy):** 9:10 - 9:40, 9:45 - 10:30 & 22:35 - 23:20.

Rugbytots is fun, structured play sessions

Ages: 2 yrs - 3 yrs 5 mths. **Cost:** £7 (booking essential).

Dates: 6 Oct - 20 Oct & 10 Nov - 15 Dec.

SWIMMING

Turtle Tots Northamptonshire, Milton Keynes & Bedford

DW Fitness - MK, Stadium Way, Milton Keynes, MK1 1ST. 01604 372747. www.turtletots.com

Times: 14:30 - 17:00. **Ages:** 3 mths - 4 yrs. **Cost:** £15 (booking essential).

Dates: 6 Oct - 27 Oct & 10 Nov - 15 Dec.

MK Hospital Hydrotherapy Pool, Physiotherapy Dept., Standing Way, Eagleston, MK6 5LD. 01604 372747. www.turtletots.com

Times: 9:00 - 12:30. **Ages:** 0 - 4 yrs. **Cost:** £15 (booking essential).

Dates: 6 Oct - 27 Oct & 10 Nov - 15 Dec.

OTHER

Little Poppets Preloved Market - Milton Keynes

Old Stratford Community Hall, Deanshanger Road, Old Stratford, Milton Keynes, MK19 6NL. 07894 126753. www.littlepoppetsprelovedmarket.co.uk

- **Old Stratford baby & children's nearly new sales:** 11:00 - 12:30.

Old Stratford baby & children's nearly new sales

Ages: Pregnancy - 8 yrs. **Cost:** £1.50 (booking essential). **Dates:** 13 Oct.

BEDFORD AREA

MONDAY

PARENTS & TOTS

Daisy Hill Children's Centre

Hillgrounds Road, Kempston, Bedford, MK42 8QH. 0300 323 0245.
www.beststart.bedford.gov.uk.

- **Play & Learn (0-Cruisers)** 9:30 - 11:00.

Ages: 5 mths - 1½ yrs.

- **Baby Brasserie** 9:30 - 11:30.

Ages: Pregnancy - 6 mths.

Cost: Free (drop in).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Bedford Borough Family Hubs

Lakeview Village Hall, 155-160 Brooklands Avenue, Wixams, Bedford, MK42 6BE. 0300 323 0245. www.beststart.bedford.gov.uk.

- **Play & Learn Toddler + (Lakeview)**: 9:30 - 11:00.

Ages: 1 - 4 yrs. **Cost:** Free (drop in).

Dates: 7 Oct, 21 Oct, 4 Nov, 18 Nov, 2 Dec & 16 Dec.

Queens Park Family Hubs

Marlborough Road, Queens Park, Bedford, MK40 4LE. 0300 323 0245.
www.beststart.bedford.gov.uk.

- **Play & Learn Toddler + (Queens Park)**: 13:30 - 14:30.

Ages: 1 - 4 yrs. **Cost:** Free (drop in).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Pine Cones Family Hub

Slade Walk, Bedford, MK41 7SA. 0300 323 0245.
www.beststart.bedford.gov.uk.

- **Play & Learn (0-Cruisers) Pine Cones**: 13:30 - 15:00.

Ages: 5 mths - 1½ yrs. **Cost:** Free (drop in).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Bedford Central Library

Harpur Street, Bedford, MK40 1PG. 01234 718178.
www.virtual-library.cultural-services.net.

- **Baby Rhymetime (Bedford Central Library)**: 11:30 - 12:00.

Ages: 0 - 1½ yrs. **Cost:** Free (booking essential).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Bromham Benefice

St Owen's Church Bromham, Bromham, Bedford, MK43 8HH.
www.bromhambenefice.org.

- **Messy Morning**: 11:30 - 13:30.

Ages: 0 - 5 yrs. **Cost:** £2 (booking essential).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

The Forest Centre & Millennium Country Park - Forest of Marston Vale

The Forest Centre and Millennium Country Park, Forest of Marston Vale, Station Road, Marston Moretaine, MK43 0PR. 01234 767037.
www.marstonvale.org.

- **Jolly Christmas Crafts**: 11:00 - 12:00 & 13:00 - 14:00.

Ages: 6 - 10 yrs. **Cost:** £4 (booking essential). **Dates:** 23 Dec.

- **A festive tea party with the princesses**: 12:30 - 14:00.

Ages: 4 - 10 yrs. **Cost:** £15 (booking essential). **Dates:** 30 Dec.

The Parish Church of Transfiguration

Transfiguration Church - Kempston, Bedford Road, Kempston, MK42 8QB. 01234 854726. www.transfiguration.org.uk.

- **Transfig Tots**: 9:15 - 11:00. **Ages:** 0 - 5 yrs.

Cost: Free (drop in). **Dates:** 7 Oct - 21 Oct & 4 Nov - 16 Dec.

MUSIC & SINGING

Ragdolly Annas

Pages Park Pavilion, Pages Park, Billington Road, Leighton Buzzard, LU7 4TG. 07989 713745. www.ragdollyannas.co.uk.

- **Ragdolly Annas**: 10:00 - 10:45. **Ages:** 0 - 5 yrs.

High energy, music and rhyme activity for the 0-5's

- **Ragdolly Annas**: 11:15 - 12:00. **Ages:** 0 - 1 yrs.

Babies only music and movement class

Cost: £7.95 (booking essential). **Dates:** 7 Oct - 21 Oct & 4 Nov - 16 Dec.

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TUESDAY

PARENTS & TOTS

Queens Park Family Hubs

Marlborough Road, Queens Park, Bedford, MK40 4LE. 0300 323 0245.
www.beststart.bedford.gov.uk.

- **Play & Learn (0-Cruisers)**: 9:30 - 11:00. **Ages:** 5 mths - 1½ yrs.

- **Baby Brasserie**: 9:30 - 11:30. **Ages:** Pregnancy - 6 mths.

Cost: Free (drop in). **Dates:** 1 Oct - 22 Oct & 5 Nov - 17 Dec.

Peter Pan Children's Centre

Edward Road, Bedford, MK42 9DR. 0300 323 0245.
www.beststart.bedford.gov.uk.

- **Play & Learn Toddler + (Peter Pan)**: 9:30 - 10:30.

Ages: 1 - 4 yrs. **Cost:** Free (drop in).

Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

Daisy Hill Children's Centre

Hillgrounds Road, Kempston, Bedford, MK42 8QH. 0300 323 0245.
www.beststart.bedford.gov.uk.

- **Play & Learn Toddler + (Daisy Hill)**: 13:30 - 14:30.

Ages: 1 - 4 yrs. **Cost:** Free (drop in).

Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

Eastcotts Children Centre

65 Beauvais Square, Shortstown, Bedford, MK42 0GG. 0300 323 0245.
beststart.bedford.gov.uk.

- **Play & Learn (0-Cruisers)**: 13:30 - 15:00.

Ages: 5 mths - 1½ yrs. **Cost:** Free (drop in).

Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

Bedford Central Library

Harpur Street, Bedford, MK40 1PG. 01234 718178.
www.virtual-library.culturalservices.net.

- **Building Block Play for Over 1s:** 11:00 - 13:00.

Ages: 1 - 5 yrs. **Cost:** Free (*drop in*).

- **Rhymetime:** 14:00 - 14:30.

Ages: 1½ yrs - 5 yrs. **Cost:** Free (*booking essential*).

Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

Great Barford Tots & Teenies

Great Barford Village Hall, Fishers Close, Great Barford, Bedford, MK44 3HA. 07970114030. **Times:** 9:45 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £3 (*booking essential*). **Dates:** 1 Oct - 22 Oct & 5 Nov - 17 Dec.

The Forest Centre & Millennium Country Park - Forest of Marston Vale

The Forest Centre and Millennium Country Park, Forest of Marston Vale, Station Road, Marston Moretaine, MK43 OPR. 01234 767037. www.marstonvale.org.

- **The Monster Mash Halloween Kids' Disco:** 17:00 - 19:00.

Ages: 2 - 12 yrs. **Cost:** £15 (*booking essential*). **Dates:** 29 Oct.

MUSIC & SIGNING**Ragdolly Annas**

Astral Park Community Centre, Johnson Drive, Leighton Buzzard, LU7 4AY. 07989 713745. www.ragdollyannas.co.uk.

High energy, music and rhyme activity for the 0-5s

- **Ragdolly Annas:** 10:00 - 10:45. **Ages:** 0 - 5 yrs.
- **Ragdolly Annas Babies:** 11:15 - 12:00. **Ages:** 0 - 1 yrs.

Cost: £7.95 (*booking essential*).

Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

Ragdolly Annas

Parkside Community Hall, Woburn Street, Ampt Hill, MK45 2HX. 07989 713745. www.ragdollyannas.co.uk.

- **Ragdolly Annas Ampt Hill:** 10:00 - 10:45.

High energy, music and rhyme activity for the 0-5s

Ages: 0 - 5 yrs. **Cost:** £7.95 (*booking essential*).

Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

DANCE & DRAMA**Bedford Ballet**

Priory Methodist Church, 63 Newnham Avenue, Bedford, MK41 9Q. 07957 650042. bedfordballetschool.com.

- **Mum's and Babies | 15 months - 2½ years:** 9:45 - 10:25.

Ages: 1 yrs 3 mths - 2½ yrs.

- **Children's Ballet | 2½ - 4 years:** 10:30 - 11:10.

Ages: 2½ yrs - 4 yrs.

- **Children's Ballet | Ages 3 - 4½ years:** 15:45 - 16:25.

Ages: 3 yrs - 4½ yrs.

- **Children's Ballet | Ages 4½ - 6 years:** 16:30 - 17:10.

Ages: 4½ yrs - 6 yrs.

- **RAD Syllabus | Primary 5½ - 7 years:** 17:15 - 17:55.

Ages: 5 yrs 6 mths - 7 yrs.

Cost: £10 (*booking essential*).

Dates: 1 Oct - 22 Oct & 5 Nov - 3 Dec.

WEDNESDAY**PARENTS & TOTS****All Nations Church Bedford**

All Nations Church Bedford, Brickhill Drive, Bedford, MK41 7QF. 01234 273773. www.allnationsbedford.org.

- **New Mums and Babies:** 10:30 - 12:00.

Ages: 0 - 1 yrs. **Cost:** Free (*drop in*).

- **Stay & Play:** 13:30 - 15:00.

Ages: 0 - 4 yrs. **Cost:** £1 (*drop in*).

Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.

Goldington Family Centre

28 Meadway, Bedford, MK41 9HU. 0300 323 0245. www.beststart.bedford.gov.uk.

- **Play & Learn Toddler + (Peter Pan):** 9:30 - 10:30.

Ages: 1 - 4 yrs. **Cost:** Free (*drop in*).

Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.

Queens Park Family Hubs

Marlborough Road, Queens Park, Bedford, MK40 4LE. 0300 323 0245. www.beststart.bedford.gov.uk.

- **Mind the Bump:** 10:00 - 11:00.

Ages: Pregnancy. **Cost:** Free (*booking essential*). **Dates:** 2 Oct - 23 Oct & 6 Nov - 18 Dec.

Kingsbrook Children's Centre

Canvin Way, Bedford, MK42 0HL. 0300 323 0245.

www.beststart.bedford.gov.uk.

- **Play & Learn Toddler + (Peter Pan):** 11:00 - 12:00.

Ages: 1 - 4 yrs. **Cost:** Free (*drop in*). **Dates:** 2 Oct - 23 Oct & 6 Nov - 18 Dec.

Cherry Trees Children Centre

Hawkins Road, Bedford, MK42 9LS. 0300 323 0245.

www.beststart.bedford.gov.uk.

- **Play & Learn (0-Cruisers) Cherry Trees:** 13:30 - 15:00.

Ages: 5 mths - 1½ yrs.

- **Baby Brasserie (Cherry Trees):** 13:30 - 15:00.

Ages: Pregnancy - 6 mths.

Cost: Free (*drop in*).

Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.

Pine Cones Family Hub

Slade Walk, Bedford, MK41 7SA. 0300 323 0245.

www.beststart.bedford.gov.uk.

- **Play & Learn Toddler + (Pine Cones):** 13:30 - 14:30.

Ages: 1 - 4 yrs. **Cost:** Free (*booking essential*).

Dates: 2 Oct - 23 Oct, 6 Nov - 18 Dec.

Busy Tots Silsoe

Silsoe Village Hall, Village Hall, Silsoe, MK45 4DY. 07882418770.

- **Busy Tots Playgroup:** 10:00 - 12:00.

Ages: 0 - 4 yrs. **Cost:** £4 (*booking essential*).

Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.

Christ Church Bedford

Christ Church Bedford, 140 Dudley Street, Bedford, MK40 3SX. 01234 327150. cbbedford.churchinsight.com.

- **Little Fishes:** 13:30 - 14:45.

Ages: 0 - 1 yrs. **Cost:** Free (*drop in*).

Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.

Sharnbrook Tiny Tots

Sharnbrook Village Hall, Lodge Road, Sharnbrook, Bedford, MK44 1JP.

- **Sharnbrook Tiny Tots Playgroup:** 9:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** £2.50 (*drop in*).

Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.

The Forest Centre & Millennium Country Park - Forest of Marston Vale

The Forest Centre and Millennium Country Park, Forest of Marston Vale, Station Road, Marston Moretaine, MK43 OPR. 01234 767037. www.marstonvale.org.

- **The Monster Mash Halloween Kids' Disco:** 17:00 - 19:00.

Ages: 2 - 12 yrs. **Cost:** £15 (*booking essential*). **Dates:** 30 Oct.

MUSIC & SIGNING**Ragdolly Annas**

The Recreation Rooms, Mentmore Road, Linslade, Leighton Buzzard, LU7 2NZ. 07989 713745. www.ragdollyannas.co.uk.

- **Ragdolly Annas Linslade:** 10:00 - 10:45.

Cost: £7.95 (*booking essential*). **Dates:** 2 Oct - 23 Oct & 6 Nov - 18 Dec.

DANCE & DRAMA**Bedford Ballet**

Biddenham Village Hall, Nodders Way, Biddenham, MK40 4BJ. 07957 650042. bedfordballetschool.com.

- **Musical Theatre | Ages 4 - 6 years:** 16:15 - 17:10.

Ages: 4 - 6 yrs. **Cost:** £10 (*booking essential*).

Dates: 2 Oct - 23 Oct & 6 Nov - 4 Dec.



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Venue 2: Biddenham Village Hall, Nodders Way, MK40 4BJ

Phone: 07957650042 Email: bedfordballet@gmail.com
www.bedfordballetschool.com



SWIMMING

Swimkidz South Bucks

Cottesloe Physio, Old Park Farm, Cublington Rd, Wing, Leighton, Buzzard, LU70LB.

- **Swimkidz South Bucks: 10:00 - 12:00.**

Ages: 8 mths. **Cost:** £15 (booking essential).

Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.

THURSDAY

PARENTS & TOTS

All Saints Church, Riseley

All Saints Church, 16 Church Lane, Bedford, MK44 1ER. 01234 708234.
www.allsaintsriseley.org.

- **Music and Movement: 9:30 - 10:15. Ages:** 0 - 5 yrs.
- **Stay & Play: 10:30 - 11:15. Ages:** 0 - 5 yrs.

Cost: Free (drop in). **Dates:** 3 Oct - 24 Oct & 7 Nov - 19 Dec.

Goldington Family Centre

28 Meadway, Bedford, MK41 9HU. 0300 323 0245.
www.beststart.bedford.gov.uk.

- **Play & Learn (0-Cruisers): 9:30 - 11:00. Ages:** 5 mths - 1½ yrs.
- **Baby Brasserie: 9:30 - 11:30. Ages:** Pregnancy - 6 mths.

Cost: Free (drop in).

Dates: 3 Oct - 24 Oct & 7 Nov - 19 Dec.

Eastcotts Children Centre

65 Beauvais Square, Shortstown, Bedford, MK42 0GG. 0300 323 0245.
www.beststart.bedford.gov.uk.

- **Play & Learn Toddler +: 11:00 - 12:00. Ages:** 1 - 4 yrs.

Cost: Free (drop in). **Dates:** 3 Oct - 24 Oct & 7 Nov - 19 Dec.

Bedford Central Library

Harpur Street, Bedford, MK40 1PG. 01234 718178.
www.virtual-library.culturalservices.net.

- **Rhymetime: 11:30 - 12:00.**

Ages: 1½ yrs - 5 yrs. **Cost:** Free (booking essential).

Dates: 3 Oct - 24 Oct & 7 Nov - 19 Dec.

Bromham Benefice

St Mary's Church, Oakley, Church Lane, Oakley, Bedford, MK43 7RU.
www.bromhambenefice.org.

- **Messy Morning: 10:00 - 11:45.**

Ages: 0 - 5 yrs. **Cost:** £2 (booking essential).

Dates: 3 Oct - 24 Oct & 7 Nov - 19 Dec.

Jolly Tots

London Road Methodist Church, 96 London Road, Bedford, MK42 0NT.

Times: 9:15 - 11:15. **Ages:** 0 - 5 yrs. **Cost:** £1 (drop in).

Dates: 3 Oct - 24 Oct & 7 Nov - 19 Dec.

Providence Baptist Chapel Bedford

Providence Baptist Chapel, Rothsay Road, Bedford, MK40 3PT.
07976 846159. providencechapel.org.uk.

- **Providence Parents and Toddlers: 10:00 - 11:30.**

Ages: 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 3 Oct - 24 Oct & 7 Nov - 19 Dec.

The Forest Centre & Millennium Country Park - Forest of Marston Vale

The Forest Centre and Millennium Country Park, Forest of Marston Vale, Station Road, Marston Moretaine, MK43 0PR. 01234 767037.
www.marstonvale.org.

- **Ghostly Crafts: 11:00 - 12:00 & 13:00 - 14:00.**

Ages: 4 - 9 yrs.

Cost: £4 (booking essential). **Dates:** 31 Oct.



DANCE & DRAMA

Tot Pop

Wing Village Hall, 71 Leighton Road, Wing, Leighton Buzzard, LU7 0NN. 01525 237474 / 07775 582791. www.totpop.co.uk.

- **Tiny Tots:** 9:30 - 10:05. **Ages:** 1 yrs - 2½ yrs.
- **Baby Boppers:** 10:20 - 11:05. **Ages:** 2½ yrs - 5 yrs.

Cost: £8 (booking essential).

Dates: 3 Oct - 24 Oct.

SWIMMING

Swimkidz South Bucks

Cottesloe Physio, Old Park Farm, Cublington Rd, Wing, Leighton Buzzard, LU7 0LB.

- **Swimkidz South Bucks:** 10:00 - 12:00.

Ages: 8 mths. **Cost:** £15 (booking essential).

Dates: 3 Oct - 24 Oct & 7 Nov - 19 Dec.

PREGNANCY

National Childbirth Trust (NCT) North Bedfordshire

St John's & St Leonard's Church Hall, 38 St Johns St, Bedford, MK42 0DL. 0300 330 0700. www.nct.org.uk.

- **Bumps and Babies, Baby Cafe (Infant feeding support), Sling hire:** 10:30 - 12:30.

Ages: Pregnancy - 9 mths. **Cost:** £2 (booking essential).

Dates: 3 Oct - 24 Oct & 7 Nov - 19 Dec.

FRIDAY

PARENTS & TOTS

Queens Park Family Hubs

Marlborough Road, Queens Park, Bedford, MK40 4LE. 0300 323 0245. www.beststart.bedford.gov.uk.

- **Play & Learn (0-Cruisers) Queens Park:** 13:30 - 15:00.

Ages: 5 mths - 1½ yrs. **Cost:** Free (drop in). **Dates:** 4 Oct - 25 Oct & 8 Nov - 20 Dec.

Pine Cones Family Hub

Slade Walk, Bedford, MK41 7SA. 0300 323 0245. www.beststart.bedford.gov.uk.

- **Baby Brasserie (Pine Cones):** 9:30 - 11:30.

Ages: Pregnancy - 6 mths. **Cost:** Free (drop in).

Dates: 4 Oct - 25 Oct & 8 Nov - 20 Dec.

Cherry Trees Children Centre

Hawkins Road, Bedford, MK42 9LS. 0300 323 0245. www.beststart.bedford.gov.uk.

- **Play & Learn Toddler +:** 9:30 - 10:30.

Ages: 1 - 4 yrs. **Cost:** Free (drop in).

Dates: 4 Oct - 25 Oct & 8 Nov - 20 Dec.

Pine Cones Family Hub

Slade Walk, Bedford, MK41 7SA. 0300 323 0245. www.beststart.bedford.gov.uk.

- **Play & Learn Toddler + (Pine Cones):** 13:30 - 14:30.

Ages: 1 - 4 yrs. **Cost:** Free (booking essential).

- **Play & Learn (0-Cruisers) Pine Cones:** 9:30 - 11:00.

Ages: 5 mths - 1½ yrs. **Cost:** Free (drop in).

Dates: 4 Oct - 25 Oct & 8 Nov - 20 Dec.

Christ Church Bedford

Christ Church Bedford, 140 Dudley Street, Bedford, MK40 3SX. 01234 327150. www.ccbedford.churchinsight.com.

- **Morning Out:** 9:30 - 11:00.

Ages: 0 - 4 yrs. **Cost:** £2 (drop in).

Dates: 4 Oct - 25 Oct & 8 Nov - 27 Dec.

- **Forge - after school club:** 15:30 - 16:45.

Ages: 9 - 11 yrs. **Cost:** Free (booking essential).

Dates: 4 Oct - 25 Oct & 8 Nov - 20 Dec.

Clophill Toddler Group

Clophill Village Hall, Kiln Lane, Clophill, Bedford, MK45 4DA.

Times: 10:00 - 11:30. **Ages:** 0 - 3 yrs. **Cost:** £3 (drop in). **Dates:** 4 Oct - 25 Oct & 8 Nov - 20 Dec.

FUN FOOTBALL CLASSES WITH JOEY FOOTBALL



INDOOR FOOTBALL CLASSES, FUN GAMES & THEMED EXERCISES FOR TODDLERS & KIDS, 18 MONTHS+!

- Boosts confidence
- Introduces structure
- Promotes bonding & friendship
- Encourages social skills & teamwork

FREE TRIAL CLASS!



SUNDAYS @ BRICKHILL COMMUNITY CENTRE, MK41 7AF
SATURDAYS @ GREAT OUSE PRIMARY ACADEMY, MK 40 4TJ

FOR MORE INFO CALL: 07757 548324
EMAIL: JOEYFOOTBALLFUN@GMAIL.COM
OR VISIT: JOEYFOOTBALLFUN

FACES Bedford

Kingsbrook Children's Centre, Oak Road, Cavin Way, Bedford, MK42 0HL. 01234270601. www.facesbedford.org.

- **Multi-Tots:** 10:00 - 12:00.

Term-time group for parents with twins/triplets aged 0-5

Ages: Pregnancy - 5 yrs. **Cost:** £3 (drop in).

Dates: 4 Oct - 25 Oct & 8 Nov - 13 Dec.

St Mary's Church, Marston Moreteyne and Lidlington

St Mary's Church, Marston Moreteyne and Lidlington, Church Walk, Bedford, MK43 0NR. www.stmarys-marston.org.

- **Tea and Tots:** 9:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 11 Oct, 8 Nov, 13 Dec, 25 Oct, 22 Nov & 27 Dec.

The Forest Centre & Millennium Country Park - Forest of Marston Vale

The Forest Centre and Millennium Country Park, Forest of Marston Vale, Station Road, Marston Moretaine, MK43 0PR. 01234 767037. www.marstonvale.org.

- **The Merry Little Party - Kids' Disco:** 17:00 - 19:00.

Ages: 3 - 11 yrs. **Cost:** £15 (booking essential). **Dates:** 20 Dec.

MUSIC & SIGNING

Mini Mozart Bedford & Milton Keynes

Putnoe Heights Church, Putnoe Heights, Bedford, MK41 8EB. 0207 193 1983. www.minimozart.com.

- **Mini Mozart Toddlers:** 9:30 - 10:10.

Live toddler music classes led by professional musicians

Ages: 1 yrs 4 mths - 4 yrs. **Cost:** £11 (booking essential).

Dates: 4 Oct - 25 Oct, 8 Nov - 13 Dec, 4 Oct - 25 Oct & 8 Nov - 13 Dec.

- **Mini Mozart Babies:** 10:25 - 11:05.

Live music classes for babies led by professional musicians

Ages: 0 - 1 yrs 4 mths. **Cost:** £12 (booking essential).

Dates: 4 Oct - 25 Oct & 8 Nov - 13 Dec.

SWIMMING

Swimkidz South Bucks

Cottesloe Physio, Old Park Farm, Cublington Rd, Wing, Leighton Buzzard, LU70LB.

• **Swimkidz South Bucks: 9:30 - 12:00.**

Ages: 8 mths. **Cost:** £15 (booking essential).

Dates: 4 Oct - 25 Oct & 8 Nov - 20 Dec.

SATURDAY

PARENTS & TOTS

Queens Park Family Hubs

Marlborough Road, Queens Park, Bedford, MK40 4LE. 0300 323 0245. www.beststart.bedford.gov.uk.

• **Saturday Stay and Play: 10:00 - 11:30.**

Ages: 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 5 Oct, 19 Oct, 16 Nov, 30 Nov & 14 Dec.

Daisy Hill Children's Centre

Hillgrounds Road, Kempston, Bedford, MK42 8QH. 0300 323 0245. www.beststart.bedford.gov.uk.

• **Dad's Group: 10:00 - 11:30.**

Cost: Free (drop in). **Dates:** 5 Oct, 19 Oct, 16 Nov, 30 Nov & 14 Dec.

Bedford Borough Libraries

Bedford Central Library, Harpur Street, Bedford, MK40 1PG. 01234 718178. www.virtual-library.culturalservices.net.

• **Lego Club : 11:00 - 15:00.**

Cost: Free (drop in). **Dates:** 5 Oct - 19 Oct & 9 Nov - 14 Dec.

DANCE & DRAMA

Bedford Ballet

Priority Methodist Church, 63 Newnham Avenue, Bedford, MK41 9Q. 07957 650042. www.bedfordballetschool.com.

• **Children's Ballet | 2 - 4 years: 9:30 - 10:10.**

Ages: 2 - 4 yrs. **Cost:** £10 (booking essential).

• **Children's Ballet | Ages 4 - 5 years: 10:15 - 10:55.**

Ages: 4 - 5 yrs. **Cost:** £10 (booking essential)

• **RAD Syllabus | Primary 5 ½ - 7 years: 11:00 - 11:40.**

Ages: 5 yrs 6 mths - 7 yrs. **Cost:** £10 (booking essential).

• **RAD Grade 1 | Ages 7 - 9 years: 11:45 - 12:30.**

Ages: 7 - 9 yrs. **Cost:** £10 (booking essential).

• **RAD Grade 2 | Ages 8 - 10 years: 12:35 - 13:30.**

Ages: 8 - 10 yrs. **Cost:** £10 (booking essential).

Dates: 5 Oct - 19 Oct & 2 Nov - 7 Dec.

Bedford Ballet

Biddenham Village Hall, Nodders Way, Biddenham, MK40 4BJ. 07957 650042. bedfordballetschool.com.

• **Children's ballet | Ages 2 - 3 years: 9:45 - 10:25.**

Ages: 2 - 3 yrs. **Cost:** £10 (booking essential).

• **Children's ballet | 3½ - 5 years: 10:30 - 11:10.**

Ages: 3½ - 5 yrs. **Cost:** £10 (booking essential).

• **Children's Ballet | Ages 4 ½ - 6 years: 11:15 - 12:00.**

Ages: 4 yrs 6 mths - 6 yrs. **Cost:** £10 (booking essential).

Dates: 5 Oct - 19 Oct & 2 Nov - 7 Dec.

PHYSICAL FUN

Joey Football

Great Ouse Primary Academy, Seaforth Gardens, Bedford, MK40 4TJ. facebook.com. *Fun indoor football sessions for toddlers*

• **Indoor Football Classes (1½ - 2.5 years): 8:00 - 8:45.**

• **Indoor Football Classes (2.5 - 3.5 years): 9:00 - 9:45.**

• **Indoor Football Classes (3.5 - 5 years): 10:00 - 10:45.**

• **Indoor Football Classes (5 - 7 years): 11:00 - 11:45.**

Dates: 5 Oct - 14 Dec.

Rugbytots (Milton Keynes & Bedford)

Great Denham Community Hall, Great Denham, Bedford, MK40 4GP. 0845 313 6712. www.rugbytots.co.uk.

• **Rugbytots**

Rugbytots is a fun, structured play session.

Times: 8:35 - 9:05, 9:10 - 9:40, 9:45 - 10:30 & 10:35 - 11:20.

Ages: 2 - 7 yrs. **Cost:** £7.50 (booking essential).

Times: 11:25 - 12:10. **Ages:** 2 - 7 yrs. **Cost:** £7 (booking essential).

Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

Rugbytots (Milton Keynes & Bedford)

Redborne Upper School, Flitwick Road, Ampthill, Bedford, MK45 2NU. 0845 313 6712. www.rugbytots.co.uk.

Times: 8:35 - 9:05, 9:10 - 9:55, 9:45 - 10:15 & 10:35 - 11:20.

Ages: 2 - 7 yrs. **Cost:** £7.50 (booking essential).

Times: 11:25 - 12:10. **Ages:** 2 - 7 yrs. **Cost:** £7 (booking essential).

Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

SWIMMING

Swimkidz South Bucks

Cottesloe Physio, Old Park Farm, Cublington Rd, Wing, Leighton, Buzzard, LU70LB.

• **Swimkidz South Bucks: 8:30 - 11:30.**

Ages: 8 mths. **Cost:** £15 (booking essential).

Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

SUNDAY

PARENTS & TOTS

Bedford Borough Libraries

Bedford Central Library, Harpur Street, Bedford, MK40 1PG. 01234 718178. www.virtual-library.culturalservices.net.

• **Sunday Funday : 11:30 - 13:30.**

Cost: Free (drop in). **Dates:** 6 Oct - 20 Oct & 10 Nov - 15 Dec.

The Forest Centre & Millennium Country Park - Forest of Marston Vale

The Forest Centre and Millennium Country Park, Forest of Marston Vale, Station Road, Marston Moretaine, MK43 0PR. 01234 767037. www.marstonvale.org.

• **Krisgar's Christmas Magic Show : 10:30 - 11:30.**

Ages: 3 - 9 yrs. **Cost:** £5 (booking essential). **Dates:** 8 Dec.

Times: 10:00 - 12:00. **Ages:** 3 - 10 yrs. **Dates:** 15 Dec.

Times: 10:00 - 11:00. **Ages:** 3 - 10 yrs. **Dates:** 22 Dec.

Cost: £10 (booking essential).

PHYSICAL FUN

Joey Football

Brickhill Community Centre, Avon Drive, Bedford, MK41 7AF. facebook.com. *Fun indoor football sessions for toddlers*

• **Indoor Football Classes (1½ - 2.5 years): 9:00 - 9:45.**

• **Indoor Football Classes (2.5 - 3.5 years): 10:00 - 10:45.**

• **Indoor Football Classes (3.5 - 5 years): 11:00 - 11:45.**

• **Indoor Football Classes (5 - 7 years): 12:00 - 12:45.**

Dates: 6 Oct - 15 Dec.

SWIMMING

Turtle Tots Northamptonshire, Milton Keynes & Bedford

Trinity Arts & Leisure - Beds, Bromham Road, Bedford, MK40 2BS. 01604 372747. www.turtlelots.com.

Times: 14:30 - 16:30. **Ages:** 3 mths - 4 yrs.

Cost: £15 (booking essential).

Dates: 6 Oct - 27 Oct & 10 Nov - 15 Dec.

WHERE'S Santa?



MERRY
CHRISTMAS

CMK Centre

15th Nov – 24th Dec 2024

The Centre:MK, 33a Silbury Blvd,
Milton Keynes MK9 3ES

Child: £15.50, Adult: £6, Baby under
12m: £5

Woburn Sands Emporium

30th Nov - 24th Dec 2024

WS Emporium, Newport Rd,
Woburn Sands, MK17 8UF

Child: £16, Adult: £5, under 12
months: £7

Frosts Garden Centre

16th Nov - 24th Dec 2024

Frosts Garden Centre, Newport
Rd, Woburn Sands, Milton Keynes
MK17 8UE

Family tickets start at £32 for one
adult and one child

Dobbies Garden Centre

28th Nov – 24th Dec 2024

Dobbies Garden Centre,
Belvedere Lane, Watling Street,
Milton Keynes MK17 9JH

Child: £12.99 (includes gift, entry
for up to 2 adults)

Santa's Breakfast at Dobbies Garden Centre

30th Nov – 24th Dec 2024

Dobbies Garden Centre

Over 3s: £16.99, Under 3s: £13.99 –
Adults from £8.60

Vintage Christmas Grotto at Bletchley Park

01, 07, 08, 14, 15, 19-23rd Dec

Bletchley Park, Sherwood Drive,
Milton Keynes MK3 6EB

Child: £14 (plus museum admission)

Santa's at Milton Keynes Museum

29th Nov – 15th Dec 2024

MK Museum, McConnell Drive,
Stacey Bushes, MK12 5EL

Child: £15 (museum tickets
required) Adults are free

Father Christmas at Thrift Farm

Every weekend in December 2024

Thrift Farm, Buckingham Road,
Whaddon, MK17 0EQ

£20 per child, £15 per Adult, free for
Babies under 18 months

Olde Watermill Shopping Village

23rd Nov – 24th Dec 2024

Mill Lane, Off Faldo Road, Barton-
Le-Clay, MK45 4RF

Child: £17.49, Adult: £5.99, Under 2
months £7.99

The Old Stone Barn

7th - 14th Dec 2024 from 12PM
to 4PM

Home Farm, Warrington, Olney
MK46 4HN

Child: £10, includes a gift from
Santa

Santa at Mead Open Farm

30th Nov– 24th Dec 2024
(weekends and select weekdays)

Stanbridge Rd, Billington,
Leighton Buzzard LU7 9JH

Child: £15, Adult: £30

Bedford Winter wonderland

30th Nov– 24th Dec 2024

Bedford Bedford Park, Park
Avenue, Bedford MK41 7SS

£2 admission, Under 3 free

Santa's Grotto at Whipsnade ZOO

30th Nov– 24th Dec 2024
(weekends and weekdays)

Whipsnade, Dunstable LU6 2LF

Child: £17.50

Frosts Garden Centre Willington

23rd Nov – 24th Dec 2024

Frosts Garden Centre, Sandy Road,
Willington, Bedford MK44 3QP

Family tickets start at £32 for one
adult and one child

Hogshaw Farm & Wildlife Park

23rd Nov– 24th Dec 2024
(weekends and weekdays)

Claydon Road, Hogshaw, MK18
3LA

Aged 2-15 £29.95, Under 2's £24.95

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This is your opportunity to try and buy products, listen to parenting experts, watch demos on all things bump, baby & toddler.

FREE EVENT!

Saturday 26th April 2025

🕒 10am - 3pm

📍 The Ridgeway Centre, Milton Keynes

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