



SPA

AT SEAFIRE

TREATMENT MENU

Welcome to SPA at Seafire, the pre-eminent destination for natural beauty and holistic wellness on the most beautiful and alluring island of the Caribbean. The tranquil, pristine healing waters and idyllic setting of the Cayman Islands are the inspiration behind SPA at Seafire, a refuge for serenity and earthly balance. We invite you to explore a wide variety of unique spa treatments in an ultra-relaxing island oasis setting. Specially curated holistic wellness experiences performed by spa professionals from around the world will combine a knowing touch with organic products to harmonize your mind, body, and spirit.

SPA AT SEAFIRE EXPERIENCE

Welcome to the SPA at Seafire! To achieve optimal results and to maximize therapeutic benefits from your spa treatments, we recommend that you arrive at least 60 minutes early to enjoy the spa amenities. In consideration of all guests, all spa appointments will begin and end at the scheduled time.

WHAT TO WEAR

All spa guests receiving a spa service will be provided with a locker for their personal belongings and provided with a robe and slippers to wear in the Spa. A swimsuit is required for use of the vitality pool. The SPA at Seafire assumes no liability for any lost, stolen or misplaced personal items.

DIGITAL DETOXING AND COURTESY

To enhance your experience, we recommend you leave your electronic devices in your room or stored away safely in your locker. Not only will this enhance your moment of relaxation but will also create a more mindful and meaningful spa experience and a sense of privacy for other guests. Phone conversations in our public spaces are discouraged and photography is prohibited.

An aerial photograph of a coastal scene. The top half of the image shows a rocky shoreline densely covered with bright yellow, leafy seaweed. Below the rocks, the ocean is a deep blue, with white foam from breaking waves swirling around the base of the shore. The text "LOCALLY INSPIRED JOURNEYS" is centered in the middle of the image, overlaid on the blue water.

LOCALLY INSPIRED
JOURNEYS

LOCALLY INSPIRED JOURNEYS

Indulge in a luxurious escape with our locally inspired spa journeys, where the essence of the Cayman Islands meets world-class wellness. Each journey is crafted to celebrate the island's rich natural beauty, using ingredients such as coconut, mango, seaweed and sea salt. Whether you're seeking deep relaxation or a revitalizing experience, our bespoke spa journeys offer the perfect blend of luxury and local heritage.

Seven Mile Treasures | 2 hours

Breathe in, breathe out, imagine you are floating in the beautiful blues of Seven Mile Beach. Listening to the calming sounds of the ocean waves, your therapist will begin your journey with a stimulating exfoliation with bladderwrack seaweed, this flowing application feels like waves of sand sweeping across your body. A layer of potent seaweed gel is then applied to deeply hydrate, detoxify, firm and tone the skin. Whilst wrapped up in your cocoon, drift away with a soothing scalp and face massage. Once you have cleansed your skin of the remaining product, the final step of your journey is a deeply relaxing full-body massage with our warm angelicus serratus oil, leaving your skin soft and replenished. Your treatment is concluded with a revitalizing sea moss, ginger, lemon, and agave tonic.

Caymanian Dream | 1 hour 30 minutes

A luxurious and rejuvenating experience that transports you to a tropical paradise. Your journey begins with a complete full-body exfoliation with our delicious, locally made mango body polish, leaving your skin perfectly smooth. After a refreshing shower, your body will be enveloped in our ultra-nourishing coconut body butter. Whilst wrapped up, enjoy a 20 minute tropical hydrating facial to revitalize and hydrate your skin, followed by a soothing warm salt stone foot massage. Your journey is complete with a refreshing pineapple, mango, orange, and passion fruit tonic.

SEAFIRE SIGNATURE
TREATMENTS

SEAFIRE SIGNATURE TREATMENTS

Our Signature Spa Treatments offer a luxurious experience, blending premium ingredients and expert techniques to nourish the body and mind. Each treatment is tailored to your needs, promoting relaxation, rejuvenating the skin, and enhancing well-being. Indulge in these exclusive therapies for a truly revitalizing spa journey.

Warming Herbal Poultice Massage | 1 hour 30 minutes

Warmed steamed poultices of orange, clove, ginger and seaweed oils are massaged into the body releasing precious seaweed oils that gently exfoliate and nourish your skin. The deep heat of the poultice penetrates muscle tissue, offering deep relaxation and leaving you pain-free and balanced.

Caribbean Coffee Scrub + Massage | 1 hour 30 minutes

Begin with an enlivening full-body exfoliation with our hand-blended concoction of roasted coffee beans, Himalayan salt, peppermint and coconut oil. Complete this treatment with a vitalizing personalized massage using unrefined organic coconut oils that will leave you feeling fresh and hydrated.

The Seafire Voyage Journey | 1 hour 30 minutes

A complete top-to-toe relaxation journey, incorporating scalp, face and body massages, as well as stretches that replicate the movement of the sea. Combining both gentle and stimulating movements, this is an ultimate luxury treatment to relieve aches and pains tailored to individual needs. Includes your choice of oil to personalize your experience and a dry brushing to stimulate circulation.

Seafire Ultimate Skin Renewal | 1 hour 30 minutes

This bespoke hybrid treatment combines the powerhouse combination of HydraFacial® technology and Doctor Babor skincare. The Ultimate Skin Renewal is a blend of the HydraFacial® Classic and CRYO Sculpt Anti-Aging Facial. Treatment includes: lymphatic drainage, deep pore cleansing, Doctor Babor Collagen Booster, and a revitalizing CRYO Gua Sha massage. To finish, a CRYO sheet face mask is applied for the ultimate rejuvenation. Ideal for those seeking an instant glow, firmer, plumper, and more youthful-looking skin.

A man and a woman are lying on their backs, wearing white robes, receiving a spa treatment. Their eyes are closed, and they appear relaxed. Two therapists, also in white, are performing a massage on their heads and necks. The scene is set in a bright, clean environment, likely a spa or wellness center. The text "PAIRED EXPERIENCES" is centered over the image.

PAIRED EXPERIENCES

PAIRED EXPERIENCES

Share a serene, intimate environment where you can unwind, reconnect, and enjoy each other's company in total tranquility.

Cayman Couple's Retreat | 1 hour or 1 hour 30 minutes

A unifying experience for two will bring you together with side-by-side massages in our couples massage room. Relax together and enjoy individual Artisan's Touch massages performed simultaneously, the added luxury of warm pink salt stones brings instant relaxation and muscular relief to tension areas. A signature harmonizing ritual concludes the treatment to align your energies and strengthen your bond.

Dreamy Duo | 1 hour 15 minutes

Join together in our couples treatment room and indulge in our luxurious seaweed-based sugar scrub sleep cocoon. Begin your experience with a full-body exfoliation to soften your skin and evoke a sense of deep relaxation through the soothing aromas of lavender and rosemary. After rinsing off the scrub in our grand couples shower, we envelop your body in a nourishing lavender butter, cocooning you with our signature weighted blanket allowing the product to deeply penetrate into the skin. Whilst cocooned, drift away with a calming scalp and foot massage. This is the ultimate relaxation experience.

Side-by-Side Pedicures | 1 hour 15 minutes

The ultimate way to relax and connect with a loved one is through a luxurious side-by-side pedicure. Indulge in a soothing salt stone pedicure for two while sipping a complimentary glass of champagne for the perfect spa experience.



BODY MASSAGES

BODY MESSAGES

Efficient yet fulfilling massages that ensure you feel completely nurtured from head to toe.

The Artisans Touch | 1 hour or 1 hour 30 minutes

Our experienced therapists specialize in a wide range of massage techniques, allowing them to expertly blend various modalities to suit your needs; providing you instant relief from built up stress and unwanted tension. This bespoke, light-to-moderate massage features our premium coconut oil, which is uniquely infused with powerful antioxidants and vitamins to provide you with either a detoxing, calming or immune boosting effect. This is a unique massage experience consciously curated for you.

Massages of the World | 1 hour or 1 hour 30 minutes

Experience authentic massage therapies from around the world. Select from firm, long-lasting pressure of a traditional Balinese massage, hypnotic strokes of Hawaiian Lomi Lomi massage, or the deeply therapeutic benefits of a Thai oil massage that incorporates stretching and flexibility. Each modality is subject to availability, be sure to ask for the specialist of the day.

Mindful Dreams Ritual | 1 hour or 1 hour 30 minutes

This powerful, sleep-encouraging experience includes a full-body massage that incorporates Hawaiian Lomi Lomi and Balinese techniques, and the use of lavender and rosemary essences. Our 90-minute experience includes a soothing foot soak ritual that incorporates a lavender foot scrub to soften and refresh your feet; as well as a meditative sound bowl sequence and relaxing face and scalp massage to calm, protect, and open your senses.

Salt Stone Massage | 1 hour or 1 hour 30 minutes

Unwind with this incredibly relaxing massage, elevated by the therapeutic warmth of Himalayan salt stones. These stones help replenish essential minerals, relieve physical tension, and restore harmony to your nervous system. At the same time, a luxurious seaweed-infused body oil delivers intense hydration, leaving your skin feeling soft, refreshed and rejuvenated.

BODY MESSAGES

Efficient yet fulfilling massages that ensure you feel completely nurtured from head to toe.

Babymoon Massage | 1 hour

Nurture your body and uplift your spirit during this momentous time with a relaxing massage using pure, vegan and cruelty-free body care and advanced body positioning system designed to provide a comfortable prenatal massage experience.

Gentleman's Wellbeing Massage | 1 hour or 1 hour 30 minutes

Designed to unwind both body and mind. This Gentleman's massage blends expert techniques and customized pressure to relieve tension, soothe muscles, and enhance your overall sense of wellbeing.

Deep Muscle Melter with Theragun | 1 hour or 1 hour 30 minutes

Designed to target deep tension. Your massage begins with a warming session using our pro Theragun, a state-of-the-art percussion therapy device that softens fascia, releases adhesions, and rapidly boosts circulation. Blending the power of advanced massage tools with expert hands-on techniques, this treatment delivers optimal recovery, deep relief, and renewed vitality from head to toe.

Deep Muscle Melter | 1 hour or 1 hour 30 minutes

Release muscle tension and stress with this firm, therapeutic massage. This treatment targets key muscle groups with deep, focused techniques to revitalize your body and restore your energy.

BODY MASSAGE ENHANCEMENTS

Elevate your experience with a variety of treatment enhancements. Enhancements are available as incorporated additions without adding additional time to the treatment.

Muscle Ease Body Balm

The must-have enhancement for any massage. Upon first application, frankincense and Yakima peppermint essential oils offer an instant sensation of relief. When massaged into the skin, the detoxifying process begins, promoting new cell growth, reduced joint inflammation, improving blood flow and elevating your mood.

Himalayan Salt-Stone Therapy

The addition of warm salt stones to your massage on targeted areas of the body can work up to ten times deeper than just massage alone. For added heat therapy and tension relief, this is the enhancement for you.

Hydrating Hair + Scalp Treatment

This ultra-hydrating warm coconut oil treatment will deeply moisturize your locks from scalp to ends while a pressure-point scalp massage eases cranial tension.

Energizing Salt Stone Body Brushing

Stimulate circulation and begin the detoxifying process with a full-body dry brushing with our Himalayan salt body scrubber. Take the body scrubber home with you, our gift to you.

Acupressure Face Massage

Specific pressure on Marma points will tone facial muscles, balance energy and improve general wellness; all the while enhancing skin tone and circulation.

Illuminating Eye Masks

Nutrient-packed gel eye masks infused with hyaluronic acid to diminish dark circles and help to erase fine lines.

Rejuvenating Face Mask

A nutrient-packed gel face mask infused with hyaluronic acid to diminish smooth, hydrate and brighten dull skin.

BODY TREATMENTS
AND AFTER SUN SOOTHERS

BODY TREATMENTS AND AFTER SUN SOOTHERS

Replenish your skin and reap the benefits from our selection of body treatments and after sun soothers.

Detoxifying Seaweed Leaf Wrap | 1 hour 30 minutes

Experience a seaweed treatment like no other with this extraordinary detoxifying therapy. Begin with an invigorating full-body exfoliation using bladderwrack seaweed to boost metabolism, kickstarting the purification process while instantly softening the skin. After rinsing off the scrub, your body will be cocooned in laminaria seaweed leaves, renowned for their potent detoxifying and anti-inflammatory properties. Whilst enveloped, enjoy a rejuvenating eye treatment, and soothing face and scalp massage. Finish with an application of our ultra-nourishing body lotion to complete your experience.

Warm Spiced Mud Wrap | 1 hour

This luxurious mud wrap is crafted from fresh ocean seaweed, packed with powerful antioxidants and minerals. Ideal for results-driven clients, it delivers immediate and noticeable skin benefits, including firming and toning the body. A potent detoxifier and metabolism booster, this treatment also includes a relaxing scalp massage to relieve tension while the wrap works its magic. Your experience concludes with the application of a deeply nourishing moisturizer to lock in hydration and leave your skin feeling revitalized.

Sun Soother Body Wrap | 1 hour

Originally designed to soothe and heal sunburned skin, this wrap is a refreshing treatment that provides deep hydration, balance, and anti-inflammatory benefits to all skin types. Whilst cocooned, enjoy a soothing scalp massage, followed by a gentle application of nourishing moisturizer to leave your skin feeling soft, supple, and restored.

Biodynamic® Body Exfoliation | 1 hour

A gentle exfoliating treatment of sugar, salt and rich shea butter to buff your skin to perfection. Drift away in the warmth of herbal compresses and a soothing application of cashmere oil uniquely infused with Biodynamic® organic flower essences to evoke a feeling of harmony and happiness to the body and mind. Leave with your skin feeling incredibly nourished, supple and anew.



SLEEP AND
DEEP RELAXATION

SLEEP AND DEEP RELAXATION

Offering you multiple ways to unwind you mind and muscles.

Mindful Dreams Ritual | 1 hour or 1 hour 30 minutes

This powerful, sleep-encouraging experience includes a full-body massage that incorporates Hawaiian Lomi Lomi and Balinese techniques, and the use of lavender and rosemary essences. Our 90-minute experience includes a soothing foot soak ritual that incorporates a lavender foot scrub to soften and refresh your feet; as well as a meditative sound bowl sequence and relaxing face and scalp massage to calm, protect, and open your senses.

Biodynamic® Warm Oil Wrap + Massage | 1 hour 30 minutes

A sumptuous relaxation massage with heated salt stones followed by a warming application of lustrous body oil infused with deeply sedative Biodynamic® passionflower essences that penetrate deep into the skin with help of a secure and comforting cocoon with a weighted blanket to induce deep relaxation. Complimented by a tension-relieving neck and scalp massage.

Lavender Sleep Cocoon | 1 hour 15 minutes

Indulge in our luxurious seaweed-based sugar scrub sleep cocoon. Begin your experience with a full-body exfoliation to soften your skin and evoke a sense of deep relaxation through the soothing aromas of lavender and rosemary. After rinsing off the scrub, your body is enveloped in a nourishing lavender butter, cocooning you with our signature weighted blanket to allow the product to deeply penetrate into the skin. Whilst cocooned, drift away with a calming scalp and foot massage.

Therapeutic Sound Healing | 45 minutes

In this sound healing session, you will start by setting a personal intention, creating a mindful focus for your experience. As you settle in, the soothing sounds of crystal sound bowls and other healing tools will begin to work their magic. The vibrations from the bowls resonate deeply, helping to calm and align your central nervous system, which can often be overwhelmed by stress or illness. This gentle yet powerful sound therapy promotes relaxation, releases tension, and restores balance, leaving you with a profound sense of inner peace and rejuvenation.

A photograph of a traditional hammam (steam bath) interior. The walls and ceiling are covered in intricate blue and white mosaic tiles. The floor features a complex geometric pattern in shades of blue, green, and red. Two curved marble-topped benches are visible, each holding several brass or copper vessels, including a large bowl and a small pitcher. A showerhead is mounted on the wall between the benches. The lighting is warm and focused, highlighting the textures of the mosaic and the metallic sheen of the vessels.

HAMMAM
JOURNEYS

HAMMAM JOURNEYS

Our private Hammam Suite offers you the luxury of experiencing the ultimate mind body experience on the warm stone.

Purification Hammam Journey | 2 hours

Our Purification Hammam Journey begins with a deep cleansing ritual. A luxurious black soap application to deeply cleanse, purify and prepare your skin. A full-body exfoliation using a kessa glove and miel d'ambre, containing rich argan oil, honey, orange peel and brown sugar take you on an aromatic journey revealing a radiant glow. Complete your full-body cleanse with an optional luxurious hair wash and facial exfoliation. After the cleansing ritual, surrender with a full-body massage. Let the skilled hands of our therapists work their magic, combining traditional Moroccan stretching techniques and their own personalized massages, easing away tension and stress and guiding you into a state of deep relaxation.

Indulgent Hammam Experience | 1 hour 30 minutes

This experience starts with a refreshing full-body cleanse, as part of the purification journey, followed by a lavish botanical rose cocoon that deeply nourishes your skin. As the enriching wild rose, pale rose, and sesame oils are absorbed, feel the tension and stress melt away. Inhale the captivating scent of wild rose as your mind drifts into peaceful relaxation, enhanced by a soothing face, neck, and scalp massage. When the experience concludes, you will emerge feeling completely rejuvenated, with radiant, nourished skin and a lasting sense of tranquility.

A woman with dark hair and closed eyes is lying on a woven bamboo mat. She is wearing a small gold hoop earring. Two hands are gently massaging her forehead. A white towel is rolled up under her neck, and another white towel is draped over her shoulder. The background is a blurred green, suggesting an outdoor or tropical environment.

ISLAND INSPIRED AND
HIGH-PERFORMANCE FACIALS

ISLAND INSPIRED AND ORGANIC FACIAL TREATMENTS

Tropical Hydrating Facial | 1 hour

This ultra-hydrating facial is what you need to smooth, plump and quench dehydrated skin. Featuring a double coconut cleanse, shredded coconut scrub, refreshing enzymatic mango face mask and our signature tropical coconut facial steam; your skin will undoubtedly feel quenched, renewed and simply glowing.

Ocean Essence Radiance Facial | 1 hour

This skin type-specific, ocean inspired organic facial is deeply detoxifying, thoroughly revitalizing and helps to smooth skin tone and increase skin circulation and clarity. This facial incorporates a relaxing facial massage, using a range of organic seaweed products and a sonic facial brush to release any build-up of toxins and to repair and nourish skin cells damaged by pollution and chemical exposure.

Jewels of the Sea Deluxe Facial | 1 hour 30 minutes

Start your journey with a relaxing back massage to induce relaxation and gently melt away muscular pain, followed by a results-driven hydrating and age preventive facial. This facial contains a luxurious massage to deeply hydrate the skin along with a dual action facial mask, utilizing the exclusive re-mineralizing, mermaid's purse and laminaria organic seaweed face mask. This will leave the skin rejuvenated, the appearance of deep-set wrinkles is reduced and the skin's texture hydrated and plumped. This is the crème de la crème of all facial experiences.

Beyond Organic Biodynamic® Facial | 1 hour

Go a step beyond organic with a facial using Eminence's Biodynamic® skin care products featuring ingredients harvested at peak potency for the most effective natural results. Hypoallergenic and suitable for even the most sensitive of skin types, these superior ingredients promote cellular repair whilst Hungarian facial techniques relieve facial tension, increase tonality and dramatically improve the health of your skin (and the planet).

HIGH-PERFORMANCE FACIALS

The Departure Facial | 1 hour

This recovery facial is the perfect finish to your well-deserved time away. An exclusive formula peel with a unique blend of AHAs work from the inside out to target inflammation, dry and oily skin, enlarged pores, sun damage, and lackluster tone.

Vitamin "Sea" Facial | 1 hour or 1 hour 30 minutes

Say goodbye to signs of premature aging caused by dehydration, sun exposure, and environmental pollutants with this super-charged antioxidant facial and triple exfoliation. A 20% stable vitamin C concentrate serum and cell-plumping soybean mask, create an extraordinary brightening effect to help combat hyperpigmentation and age spots. This hyper-corrective combination helps reveal noticeably smoother skin texture and a balanced tone.

CRYO Sculpt Anti-Aging Facial | 1 hour 15 minutes

Experience the fusion of cold therapy and sculpting Gua Sha to alleviate puffiness, diminish fatigue, and firm and tighten skin's appearance. Beginning with our exclusive skin activator to invigorate your skin, a gentle yet powerful triple exfoliation primes the skin to fully absorb the potent collagen boosting formulas from Doctor Babor. The CRYO Gua Sha massage is complemented by a firming peel-off mask and sculpting massage, unveiling an instantly radiant, refreshed, plumped and visibly even complexion.

Personalized High-Performance Facial | 1 hour or 1 hour 30 minutes

This advanced treatment is completely customized for your specific needs. Your beauty therapist will select from ultra-potent formulations and targeted active ingredients of hyaluronic acid, marine collagen and powerful peptides that will hydrate, lift, detoxify, and soothe your skin improving elasticity and providing a face-lifting effect. Complete your service with a delicious collagen infusion elixir to nourish your skin from the inside out.

FACIAL ENHANCEMENTS

Elevate your experience with a variety of treatment enhancements. Enhancements are available as incorporated additions without adding additional time to the treatment. All enhancements are an additional cost.

Hydrating Hair + Scalp Treatment

This ultra-hydrating, warm coconut oil treatment will deeply moisturize your locks from scalp to ends while a pressure point scalp massage eases cranial tension.

Illuminating Eye Mask

Nutrient-packed gel eye masks infused with hyaluronic acid to diminish dark circles and help to erase fine lines.

Invigorating CRYO Massage | Additional 15 minutes

Experience the benefits of cold therapy with our CRYO massage globes that alleviate puffiness, diminish fatigue, and firm and tighten skin's appearance.

Hydrating Hand Treatment

While you enjoy your facial, we apply our rejuvenating hand treatment to stimulate cell renewal and leave delicate skin plump and renewed.

LED light therapy

Revitalize your skin with advanced LED light therapy. Red, Blue and infrared wavelengths stimulate collagen, reduce inflammation, and promote healing—leaving your complexion smoother, firmer, and radiant.

HYDRAFACIAL® TECHNOLOGY

A non-invasive, transformative skin health treatment for the best skin of your life. Every HydraFacial® treatment uses patented vortex technology to deeply cleanse, extract and hydrate the skin. This experience can be customized further with personalized boosters, LED light therapy, and lymphatic drainage to address specific skin concerns. The results are immediate, pain-free and glowing, boosting confidence with no downtime.

HydraFacial® Classic | 1 hour

Includes: cleanse, peel, extraction and hydration.

HydraFacial® Deluxe | 1 hour 15 minutes

Includes: lymphatic drainage, cleanse, peel, extraction, hydration and LED light therapy.

ENHANCEMENTS

Upgrade your HydraFacial® with a special enhancements

Professional Boosters

Take your treatment results to the next level with potent formulas packed with active ingredients. Ask your Beauty Therapist for your personal recommendation.

Neck and Décolleté Treatment | 15 minutes

Turn back time with this hydrating, sculpting and rejuvenating treatment.

Rejuvenating Hand Treatment | 15 minutes

Often an area to show the first signs of aging, treat your hands to a revitalizing treatment followed by an ultra-nourishing hand mask.

Perk® Eye Treatment | 10 minutes

An innovative way of maintaining skin health around the delicate eye area by gradually reducing puffy eyelids and under eye circles.

Perk® Lip Treatment | 5 minutes

Gently exfoliates, deeply nourishes, and plumps the lips.

A close-up, low-angle shot of a man's face as he lies back. A thick, white, textured facial mask is being applied to his skin with a fan-shaped brush. The brush has a silver handle and light-colored bristles. The mask is already partially applied to his forehead, nose, and cheek. The man has dark hair and a beard. The background is a soft, out-of-focus orange-brown color.

GENTLEMAN'S
WELLBEING

GENTLEMAN'S WELLBEING

Indulge in our tailored gentleman's spa treatments. Designed for the modern man, these treatments provide the perfect balance of relaxation and grooming.

Gentleman's Wellbeing Massage | 1 hour or 1 hour 30 minutes

Designed to unwind both body and mind. This Gentleman's massage blends expert techniques and customized pressure to relieve tension, soothe muscles, and enhance your overall sense of wellbeing.

Gentleman's High-Performance Facial | 1 hour

Tailored for men's specific anti-aging skin care needs, this treatment includes deep cleansing and exfoliation to remove impurities from the skin, which cause a dull and aged appearance over time. A series of hot + cold towels and detoxifying clay and algae mask will reduce the appearance of fatigue, lines and wrinkles leaving your skin rebalanced, smooth and energized.

Gentleman's Wellbeing Pedicure | 1 hour

Not just a traditional pedicure. In addition to general maintenance of the skin and nails, this pedicure includes an invigorating exfoliation, nourishing foot mask enveloped in a warm steamed towel cocoon and is finished with a deeply relaxing foot and hand pressure point massage.

PRENATAL BODY
AND FACIAL EXPERIENCES

PRENATAL BODY AND FACIAL EXPERIENCES

With gentle techniques and pregnancy-safe products, these treatments relieve discomfort, reduce stress, and promote relaxation. Whether you're looking for a calming massage or a hydrating facial, our expert therapists will ensure a safe, revitalizing experience, leaving you feeling relaxed and glowing. Treat yourself to the care you deserve during this special time. All our prenatal services are available from 13 weeks.

Babymoon Massage | 1 hour

Nurture your body and uplift your spirit during this momentous time with a relaxing massage using pure, vegan and cruelty-free body care and advanced body positioning system designed to provide a comfortable prenatal massage experience.

Natal Facial | 1 hour

Enhance your "pregnancy glow" with a relaxing facial utilizing Biodynamic® skin care products void of all synthetics and chemicals. This facial is especially beneficial during and after pregnancy when your skin can be the most sensitive. Look and feel your best after an ultra-nutritive skincare treatment that includes a chamomile facial steam to enhance a sweet clover mask and soothing calendula moisturizer.

Biodynamic® Body Exfoliation | 1 hour

A gentle exfoliating treatment of sugar, salt and rich shea butter to buff your skin to perfection. Drift away in the warmth of herbal compresses and a soothing application of cashmere oil uniquely infused with Biodynamic® organic flower essences to evoke a feeling of harmony and happiness to the body and mind.

Ultra Nourished Nails

Manicure 1 hour | Pedicure 1 hour 15 minutes

Our most deeply hydrating manicure or pedicure experience promotes healthy nails. Especially great for sensitive skin, it features luxurious unscented products containing nourishing probiotics, a soothing massage to ease muscle aches, and a non-paraffin hydration treatment with 100% certified organic shea butter infused with Biodynamic® flower essences. Complete your treatment with an application of your choice of polish.

ABBREVIATED MOMENTS



ABBREVIATED MOMENTS

In this fast-paced world, be sure to make time for yourself and enjoy a moment of calm with a 30 minute abbreviated moment.

Marine Eye Treatment

Organic Laminaria seaweed eye patches are meticulously hand-harvested from the pristine Atlantic Ocean waters, providing an ideal solution to refresh and revitalize tired eyes. This treatment includes a facial cleanse, face and eye contour massage with lymphatic drainage techniques, and the use of specialized products targeting the unique signs of aging around the eyes. The experience is further enhanced with a soothing scalp massage and a rejuvenating eye mask.

Island Glow Express Facial

A refreshing double cleanse, professional peel exfoliation, revitalizing herbal facial steam and specific ampules for your skin-type are perfect for those short on time or a transformative addition to any spa day. *Does not include extractions.

Tension Reliever

A targeted area, customized massage with lasting muscular relief to improve your overall well-being.

Beach Feet

Let us tend to your tired and aching feet. A revitalizing foot scrub exfoliation and hot towel compress, followed by a soothing foot massage to increase circulation and harmonize all systems of the body.

Seafire Head + Shoulder Massage

This therapeutic treatment targets key areas to relieve tension in the neck, shoulders, and scalp, helping to reduce stress, headaches, and neck pain. By improving circulation and easing muscle tightness, this massage promotes relaxation and a sense of well-being, leaving you feeling calm and rejuvenated.

HAND AND FOOT
TREATMENTS

HAND AND FOOT TREATMENTS

Enjoy one of our signature hand and foot rituals in the luxury of our nail salon. Sip a cup of our premium botanical tea and enjoy relaxing music or a complimentary podcast on our meditation iPads.

MANICURES AND PEDICURES

Classic Manicure and Pedicure

Manicure 45 minutes | Pedicure 1 hour

A luxurious nail experience that includes a soak, exfoliation, massage, cuticle care, nail shaping and application of vegan, hypoallergenic, non-toxic nail polish, free of formaldehyde, toxic preservatives and chemicals.

Salt Stone Manicure and Pedicure

Manicure 1 hour | Pedicure 1 hour 15 minutes

This luxurious service includes a soothing massage using warm Himalayan salt stones. The therapeutic properties of the stones help to ease muscle soreness while promoting relaxation, leaving your hands and feet feeling rejuvenated, soft, and refreshed.

Deluxe Ocean Rituals: Seaweed Slippers and Seaweed Mittens

Manicure 1 hour | Pedicure 1 hour 15 minutes

Our deluxe ocean rituals provide a holistic experience for both the mind and body, inviting you to unwind through a calming meditation as the soothing sounds of ocean waves guide you into state of relaxation. Your ritual begins with a warm hand or foot soak, followed by meticulous nail and cuticle care. A sea salt exfoliation gently smooths the skin while promoting circulation. Next, warm Atlantic seaweed leaves are applied to detoxify and nourish. Allow yourself to sink further into relaxation with a soothing massage. Your ritual concludes with a perfect coat of polish.

EXPRESS SALON SERVICES | 30 minutes

Callus Treatment

The ultimate treatment to remove hard, callused skin. This express salon service will leave your feet feeling silky soft and revitalized.

Buff and Polish

Cut / Filing of the nails, buff and polish for hands or feet.

Gel Polish/Shellac Removal:

Removal of gel polish or shellac and a gentle buff.

NAIL SERVICE ENHANCEMENTS

Elevate your experience with a variety of treatment enhancements.

Salt-Stone Pressure Point Therapy | \$15 USD

Warm Himalayan salt stones make a luxurious addition to your manicure or pedicure. The added heat therapy will provide instant relief to tired hands and aching feet.

Illuminating Eye Masks | \$30 USD

Nutrient-packed gel eye masks infused with hyaluronic acid to diminish dark circles and help to erase fine lines.

Rejuvenating Face Mask | \$30 USD

A nutrient-packed gel facemask infused with hyaluronic acid to diminish smooth, hydrate and brighten lack-lustered skin.

Hydrating Hand Treatment | \$30 USD

While you enjoy your pedicure, we apply our rejuvenating hand treatment to stimulate cell renewal and leave delicate skin plump and renewed.

Gel Polish Application | \$25 USD | Additional 15 minutes

Complete your nail service with an application of gel polish. Up to two weeks of long-lasting wear and superior shine.

French Polish Application | \$15 USD | Additional 15 minutes

A classic finishing touch of a french polish application.

SPA

A T S E A F I R E