



Muskie Community Center

DINING MENU

July 2025

Lunch is offered to the public 11 a.m. to 12:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All lunches are served with 1% milk, water, and fruit salad.</p> <p>Community Fundraising make the following available: Coffee, Tea and Desserts.</p>	<p>1</p> <p>Chicken Florentine Penne Pasta Spinach or Salad Bar Dinner Roll</p>	<p>2</p> <p>Pulled Pork Baked Beans Summer Squash Or Salad Bar</p>	<p>3</p> <p>Chicken & White Bean Skillet Roasted Potatoes Beets or Salad Bar Dinner Roll</p>	
<p>7</p> <p>Chicken Cacciatore Penne Pasta Peas or Salad Bar Dinner Roll</p>	<p>8</p> <p>Baked Ham Sweet Potato Cauliflower or Salad Bar Dinner Roll</p>	<p>9</p> <p>Baked Chicken Parsley Potato Broccoli or Salad Bar Dinner Roll</p>	<p>10</p> <p>Cuban Roast Pork Seasoned Rice Vegetable Medley Or Salad Bar Dinner Roll</p>	<p>11</p> <p><u>Breakfast Buffet</u> Teriyaki Salmon Au Gratin Potato Carrots or Salad Bar Dinner Roll</p>
<p>14</p> <p>American Chop Suey Spinach or Salad Bar Dinner Roll</p>	<p>15</p> <p>Chicken, Tuna & Egg Salad Sandwiches Pasta, 4-Bean Salad or Salad Bar Asst. Breads</p>	<p>16</p> <p>Meatloaf Mashed Potatoes Green Beans or Salad Bar Dinner Roll</p>	<p>17</p> <p>Chicken Marsala Rice Pilaf Zucchini or Salad Bar Dinner Roll</p>	<p>18</p> <p><u>Breakfast Buffet</u> Baked Stuffed Haddock Baked Potato Beets or Salad Bar Dinner Roll</p>
<p>21</p> <p>Cheeseburger Oven Fries Broccoli or Salad Bar Dinner Roll</p>	<p>22</p> <p>BBQ Ribs Baked Beans Summer Squash or Salad Bar Biscuit</p>	<p>23</p> <p>Meat Lasagna Spinach or Salad Bar Dinner Roll</p>	<p>24</p> <p>Teriyaki Chicken Rice Carrots or Salad Bar Dinner Roll</p>	<p>25</p> <p><u>Breakfast Buffet</u> Fillet O' Fish & Cheese Oven Fries Green Beans or Salad Bar Hamburger Bun</p>
<p>28</p> <p>Ham, Turkey, Tuna, Cheese Sandwiches Pasta, 4 Bean Salad or Salad Bar Asst. Breads</p>	<p>29</p> <p>Chicken Parmesan Linguine Broccoli or Salad Bar Dinner Roll</p>	<p>30</p> <p>Shepherd's Pie Green Beans or Salad Bar Dinner Roll</p>	<p>31</p> <p>Sweet & Sour Pork Rice Vegetable Medley or Salad Bar Dinner Roll</p>	<p><u>Breakfast Buffet</u> Served every Friday From: 8 - 9:30 a.m. Cost: \$8 per person</p>

Congregate Dining – congregate diners age 60 or older are not required to pay, contributions are by donation, are voluntary and can be confidential; congregate diners under 60, a fee of \$7.50 is required (unless noted otherwise).
We are an equal opportunity provider.



Muskie Community Center

ACTIVITIES

July 2025

★ Special event/by appointment only

	TIME	ACTIVITY	COST
Mondays	By Appointment 8 a.m. - 3 p.m. 9 - 10 a.m. 10 - Noon 12:30 - 2:30 p.m.	★ Notary Services ★ Pool Table ~ Sign up at Reception - Veterans Play Free Richard Simmons Workout ★ Wii Fit & Wii Games ★ Mahjong ~ Beginners are welcome!	Donations Accepted \$5 per hour \$2 per person \$2 per person \$2 per person
Tuesdays	By Appointment 8 a.m. - 3 p.m. 9 - 11 a.m. 10 a.m. - Noon Noon - 2:30 p.m. 1 - 2:30 p.m.	★ Notary Services ★ Pool Table ~ Sign up at Reception - Veterans Play Free Quilts & Crafts ★ Wii Fit & Wii Games Hand & Foot ~ Canasta ~ Rummy Type Card Game Muskie Music Makers	Donations Accepted \$5 per hour \$2 per person \$2 per person \$2 per person \$1 per person
Wednesdays	By Appointment 9 - 10 a.m. 9:30 - 10:30 a.m. 10 a.m. - 1 p.m. Noon - 2:30 p.m. 2 - 3:30 p.m. July 16, 1 - 2:30 p.m.	★ Notary Services Richard Simmons Workout French Social Hour ~ Converse with others in French ! ★ Computer/Phone Classes Cribbage Waterville Chess Club ~ Beginners are welcome! ★ Family Caregiver Support Group	Donations Accepted \$2 per person \$2 per person \$7 per Class \$2 per person \$2 per person Free
Thursdays	July 3, 8 a.m. - 2 p.m. 9 - 10 a.m. 1 - 3 p.m. July 17, 9 a.m. - 1 p.m. July 17, 10:30 - 1 p.m. July 17, 11 a.m. - Noon 12:30-2:30 p.m.	★ Veterans Assistance -Veterans' Service Officers Line Dancing Class Scrabble ~ Sign up at Reception Power Hour with CMP Representatives ★ givelT.getIT ★ Round Table Discussion with John Nale, Esq. ★ Trivial Pursuit	Free \$2 per person \$2 per person Free Free Free \$2 per person
Fridays	8:30 a.m. - 3 p.m. 9 - 10 a.m. 10 a.m. - Noon 1 - 3 p.m. July 25, 1 - 2:30 p.m.	★ Pool Table ~ Sign up at Reception Veterans Play Free Richard Simmons Workout ★ Wii Fit & Wii Games "63" Card Game ~ Beginners are welcome! ★ Medicare 101 Clinic at Muskie	\$5 per hour \$2 per person \$2 per person \$2 per person Donations Accepted

Rummage Sale set for September 25 from 9AM-3PM

Save the date for the 3rd annual Rummage Sale at the Muskie Community Center on Thursday, September 25 from 9 a.m. - 3 p.m. We are currently accepting donations for any lightly used items that we can add to the sale such as: household items, games, books, puzzles, decorations, jewelry, tools, art, etc.

For more information or to donate, please visit the front desk receptionist or call the Muskie Community Center at (207)873-4745.



Spectrum Generations is an Equal Opportunity Provider. Please let us know if you require special accommodations at least two weeks prior to the event.