



## The faculty at a Glance

Established on January 8 1965, the Faculty of Psychology of Universitas Gadjah Mada (UGM) is recognized as one of the leading psychology programs in Indonesia. The faculty of Psychology offers Psychology Study Programs that aim at producing high-quality scientists as well as professional practitioners, decision-makers, community leaders and managers in psychology-related fields.

Our students are encouraged to incorporate local wisdoms with global and universal values and principles. In doing so, we expect our alumni to become adaptable personally and professionally. All the while, we provide opportunities to our students to expand their networks and challenges to excel at the national and international levels. The faculty is currently known as one of the top choices for higher education among the aspiring high school students.



locally  
rooted.  
globally  
respected.



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**▶** Kanal Psikologi UGM

Faculty of  
**Psychology**  
UNIVERSITAS GADJAH MADA

## Vision

To be an excellent, innovative, world-class Psychology faculty that serves as a leading science hub of behavioral sciences focuses on mental health and social harmony, dedicated to the nation's best interests as defined by values embedded within the national culture and Pancasila (ideology).

## Mission

Organizing higher education that produces competent graduates from undergraduate, postgraduate, and doctoral programs with strong integrity, resilience, independence, creativity, and dignified character.

Carry out inter-, multi- and transdisciplinary research that is able to provide an in-depth understanding of Indonesian people, society and the nation, as well as human behavior in general.

Carrying out research to develop methods, procedures and instruments of applied psychology that can be a means of problem-solving and improving the quality of life of the Indonesian people and nation, as well as humans in general, as a manifestation of the positive benefits of applying psychology knowledge and profession for academics and the Indonesian nation.

## Heads of Faculty



**Dean**

Rahmat Hidayat, S.Psi., M.Sc., Ph.D.



**Vice Dean of  
Academic and Student Affairs**

Galang Lufityanto, M.Psi., Ph.D., Psikolog.



**Vice Dean of  
Finance, Human Resource, and Asset**

Dr. Sumaryono, M.Si., Psikolog.



**Vice Dean of  
Research, Community Service,  
and Collaboration**

Dr. Wenty Marina Minza, M.A.

## Study Programs

All programs are accredited A (highest standard) by the National Accreditation Board for Higher Education (BAN-PT) of Indonesia and currently undergoing review for Foundation for International Business Administration Accreditation (FIBAA).

### Undergraduate Program

Duration of study: 4 years or 8 semesters

Credits required: 144 credits

Degree title: S.Psi (Sarjana Psikologi)

### International Undergraduate Program

Duration of study: 3.5-4 years or 7-8 semesters

Credits required: 144 credits

Degree title: S.Psi (Bachelor)

### Master of Psychology

Duration of study: 2 years or 4 semesters

Credits required: 42 credits

Degree title: M.A. (Master of Arts)

### Master of Professional Psychology

Duration of study: 2-4 years or 4-8 semesters

Credits required: 50 credits

Degree title: M.Psi, Psikolog

### Doctorate

Duration of study: 4 years or 8 semesters

Credits required: 36-50 credits

Degree title: Dr. (Doktor)

## **Find out about our units and centers:**

- The Center for Public Mental Health (CPMH)
- Center for Indigenous and Cultural Psychology (CICP)
- Center for Life-Span Development (CLSD)
- Unit for Psychodiagnostics Tools Development
- Unit for Human Quality Development (UPKM)
- Psychological Consultation Unit (UKP)
- Mental Process and Behavior Laboratory (Lab PMP)

# Center for Public Mental Health



CPMH focuses on research, education, training, and advocacies on public mental health. We cover various mental-health-related areas such as family well-being, school-based mental health, workplace mental health & well-being, community mental health, and post-disaster psychosocial recovery. We also research human rights issues in mental health and mental health system development. As a center that have been established since 2010, the Center has specific skills in mental health promotion, community engagement, and translating research into policy and practice.

## Highlighted events & activities

- Annual International Summer Course on Advocacy Skills in Mental Health System Development: From Research to Policy.
- Designing the National Medium-Term Development Plan (RPJMN) of the National Mental Health System in collaboration with the National Development Planning Agency.
- Developing massive online open courses (MOOCs) on several topics: "Campus-based mental health", "Mental health literacy", "Psychological First Aid", "Strong family", and "Marriage psychology".

## Highlighted research

- Using collaborative visual research methods to understand experiences of mental illness, coercion and restraint in Ghana and Indonesia. Collaborative research with Middlesex University, University of Ghana & King's College University.
- The impact of Covid-19 on people living with psychosocial disabilities in Ghana and Indonesia and priorities for inclusive recovery. Collaborative research with Middlesex University, University of Ghana & King's College University.
- Mapping of Indonesian mental health problems. Collaborative research with Healthy Indonesia Partnership Foundation (YKIS), supported by UNICEF.

## Head of center

Dr. Diana Setiyawati, M.HSc.Psy.

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# Center for Indigenous and Cultural Psychology



At CICIP we focus our research on a range of psychological topics which are relevant to the Indonesian people. Some of the research include national identity, social responses toward the pandemic, intergroup relations, and historical representations of past political events. Our research uses a variety of methods, including case studies, surveys and analysis of social media, and our team of researchers disseminate their work through seminars and both national and international journals.

## Highlighted research & events

### ■ Research

- Coping through the Pandemic: Twitter analyses of psychosocial responses towards the Impact of COVID-19 among Indonesians. Results presented at the Southeast Asian Indigenous Psychology Scientific Meeting (SEAIP).
- The role of multiculturalism and the need for cognition in the existence of prejudice in the Higher Education environment in Indonesia. Project sponsored by the National Research and Innovation Agency (BRIN).
- Hashtag as a means to express solidarity with medical workers during the initial periods of the COVID Pandemic in Indonesia
- Shared identity through friendship in neighborhood contexts
- Identity, multiculturalism, self-esteem, and life satisfaction of five ethnicities in Indonesia
- Problems and efforts to deal with the COVID-19 pandemic

### ■ Publication

We disseminate our research in national & international reputable journals, as books or book chapters, as policy recommendations (policy briefs and popular articles), and in national & international conferences. We also publish our own Working Paper Series available on our website [cicp.psiologi.ugm.ac.id](http://cicp.psiologi.ugm.ac.id).

### ■ Events

- Theory-Building Training, held biannually.
- Visiting professor
- School of researcher (only for CICIP members)

## Head of center

Haidar Buldan Thontowi, S.Psi., M.A., Ph.D.

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# Center for Life-Span Development



CLSD is one of the research centers at the Faculty of Psychology, Universitas Gadjah Mada (UGM) aimed to facilitate research, community services, and publication activities within the field of human development across the life-span. CLSD was developed as an extension from the former Early Childhood Development Laboratory (Lab. PAUD 2013 - 2018), which activities were focused on early childhood development and education.



## Research

We conduct research related to the aspects of human development from infancy to late adulthood, including the physical, cognitive, and socio-emotional aspects. Our ongoing research:

- Self-esteem, loneliness, and psychological distress among celebrity worshippers
- Moral development in Indonesia
- Memory and executive function in infants
- Assessment of socio-emotional conditions of preschool and primary school students: Preparation for school transition from online to offline learning

## Highlighted activities

### ■ Community Services

We conduct workshops, training, seminars, and courses with various themes related to human development. In 2022, we developed a module for community service in life-span development, consisting of various themes. We have been implementing the socio-emotional development module in training for the cadres of early childhood services in villages.

### ■ Internship Program

We provide internship opportunities to undergraduate and graduate students. Interns are involved in the Center's activities, including research and publications, as well as community services. They are also encouraged to propose their own research or programs. In order to make our interns skilful and productive, we facilitate them with many kinds of training.

## Head of center

Sutarimah Ampuni, S.Psi., M.Si., MPsy., Psikolog.

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# Unit for Psychodiagnostic Tools Development



The psychodiagnostic tool development unit is a unit under the Faculty of Psychology Universitas Gadjah Mada whose activities center on the development and evaluation of measures in psychology. This activity includes the development of new tests and the adaptation of tests from abroad. The activities carried out in test evaluation activities are item analysis and tests, studies on the validity of tests and studies on issues outside of tests, for example, policies, or issues of equality in measurement in the field of psychology.

## Divisions

### ■ Academic Potential Test

This division develops tests that are used in the selection process for prospective students or employees. Some of the available tests:

- Postgraduate Academic Potential Test (PAPS)
- Gadjah Mada Scholastic Test (GMST)
- Basic Academic Ability Test (TKDA)
- Cognitive Potential Test

### ■ Measurement tools development

This division is engaged in the development and evaluation of measurement instruments, including validity studies and psychometric tests.

### ■ AJT Cognitive Test

This division is engaged in the management and delivery of services related to AJT COGTEST. AJT COGTEST is a cognitive test developed collaboratively between the Faculty of Psychology UGM and the Darma Bermakna Foundation. This test is the most comprehensive test that measures cognitive abilities in Indonesia and even in the world as this uses the CHC Cognitive Theory to measure a wide range of individual cognitive abilities.



## Head of unit

Wahyu Widhiarso, S.Psi., M.A.

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# Unit for Human Quality Development

Unit for Human Quality Development (*Unit Pengembangan Kualitas Manusia*; UPKM) provides various services related to human resource assessment and development. Our clients range from regional to multi-national organizations and companies. Adhering to the motto "INTEGRITY IN QUALITY", we always uphold integrity and objectivity in service quality. We continue providing services to contribute to improving Indonesia's human resources quality.



## Available services

### ■ Individual Assessment

- Recruitment & Selection
- Potential Reviews
- Individual Consultation

### ■ Organizational Assessment

- Job Analysis
- Managerial/ Competency Assessment
- Workload Analysis

### ■ Talent Management

- Talent Mapping
- Talent Pools
- Talent Scouting
- Work Readiness Soft Skills

### ■ Organizational Research

- Job Stress Indicator
- Sector Development Capacity
- Public Service
- Working readiness
- Employee Engagement Survey

### ■ Training

- Interpersonal Training
- Organization Development
- Organization

## Head of unit

Prof. Dr. Avin Fadilla Helmi, M.Si.

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# Psychological Consultation Unit



UKP provides psychological consultation services to the public, performed by experienced psychologists, assisted by student assistants who are trained and skilled in providing the best service to service users (clients). We always uphold the ethics of the psychology profession to protect clients' confidentiality.



## Activities

- **Routine services for individuals**
  - Psychological assessment, psychological test service for the community.
  - Counseling for referred clients (mandatory counseling).
  - Tailored psychological services for partners, psychological intervention program development.
  - Psychologists/psychologist assistants training.
- **Non-routine services for general public**
  - Psychological consultation
  - Education through social media
  - Research



## Head of unit

Restu Tri Handoyo, Ph.D., Psikolog

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# Mental Process & Behavior Laboratory



The Faculty of Psychology UGM has the vision to develop Psychology as a science hub that leads the development of behavioral sciences. PMP Lab, as an integrated research laboratory, builds upon its investigations of psychological phenomena based on visible behavior, invisible mental processes, and physiological & neural reactions that accompany these psychological phenomena.



## Highlighted activities

- **Running scientific laboratories.**
- **Organizing the function of education and research for the academic community.**
  - Biopsychology course practicum with mini role experiments and role play neuropsychology tools.
  - Immersion Lab: perform cognitive experiments.
  - Mentorship of Master students.
  - Assistance and consultation for project-based research and activities by doctoral students.
- **Education: practicum, Lab Immersion, mentorship.**
- **Research students and lecturers**
  - Provide lab services for Thesis and Dissertation
  - Provide lab services for independent and group research.

## Head of laboratory

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