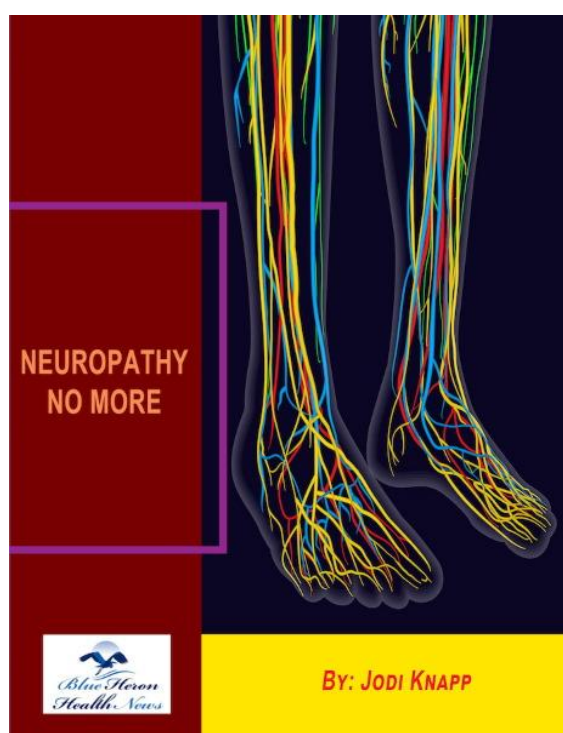


**NEUROPATHY
NO MORE**

Neuropathy No More PDF Book and Diet by Jodi Knapp

The Neuropathy No More PDF Book written by Jodi Knapp as well as the Neuropathy No More diet described in detail inside its pages are about effectively managing the underlying cause of this condition in order to eradicate its unpleasant symptoms in a relatively short time.



[Click here to download Neuropathy No More PDF Book and Diet](#)

As you will learn in the Neuropathy No More PDF book, neuropathy is an unusual illness because its real causes are actually other illnesses. Other things are going wrong with us and neuropathy is one of the side-effects.

If you are having trouble regulating blood sugars then nerve damage is a common side-effect of that problem.

If you suffer from any kind of immunity disease then, again, neuropathy is a known side-effect of such illnesses.

As you will read in the Neuropathy No More PDF Book, chronic inflammation is endemic throughout the western world; and it often has nerve pain as one of its side effects.

That's why the Neuropathy No More diet is so important.

There's a long list of conditions that directly lead to neuropathy.

And sometimes we get the neuropathy before we even know about the condition that's causing it.

That's because the condition itself hasn't been picked up by our doctor. In this case, neuropathy is our first clue that something's going badly wrong with our body.

Either way, it's an underlying illness that leads to neuropathy. Neuropathy is its side-effect.

If we could treat that underlying illness then, as explained in The Neuropathy No More Book (PDF), of course, our troubles are over. We get shot of the illness – and the neuropathy that it's causing.

Although many health conditions can eventually lead to neuropathy, just about all those health conditions themselves originate from one single problem.

But it's now firmly understood by medical scientists that these apparently different conditions all have, at their source, a single cause.

If we tackle that single cause head-on then, we've also tackled the condition itself. And because that condition is the source of our neuropathy, that means we've treated that as well.

This is exactly how I got well again. I managed that underlying cause and watched the benefit work its way up to the condition I really wanted to affect – which was my neuropathy.



I was watching a television documentary about natural health treatments. The show described how natural remedies for serious diseases were successfully treating conditions that modern medicine had given up on.

At that time, I was very skeptical about alternative treatments. I only really believed in my doctor. But as I watched the documentary, it was clear the results of natural treatments were very, very impressive.

And I was sitting there in pain while I watched this documentary. The more I saw examples of other people having their health transformed by simple, natural methods, the more I wanted the same.

I eventually found a well-respected, serious alternative health practitioner who had a fantastic reputation for helping neuropathy sufferers manage their symptoms.

Her name is Jodi Knapp (the Neuropathy No More PDF book's author). Jodi is a fantastic natural health practitioner. She's also the reason I finally learned how to treat my neuropathy symptoms.

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First, Jodi Knapp confirmed that neuropathy is almost always the side-effect of some other illness.

You don't get neuropathy. You get something else that causes neuropathy. You might not know yet what that something else is yet. But it is the underlying cause of your neuropathy.

We can't manage neuropathy directly. So Jodi's plan is to treat that underlying cause – because when we do this, we're treating the cause of our neuropathy.

For over a decade now, medical scientists have realized that the primary cause of a long list of deadly western illnesses, including the ones that lead directly to neuropathy, is the gut.

I found that a bit weird too when I first read the Neuropathy No More PDF book. But human gut bacteria has been with us since the dawn of time. It doesn't just keep us healthy – it keeps us alive.

There are hundreds of types of bacteria. Each type has its own jobs to do.

When they're healthy and plentiful, our gut bacteria minimize inflammation, protect us from heart and kidney disease, manage our weight, regulate our cholesterol, stabilize our blood sugars, keep our moods consistent – and perform dozens of other tasks that literally make our lives possible.

But we also know that our gut bacteria is delicate. Really delicate. These microscopic life-savers need just the right nutrition and just the right conditions if they're to thrive.

Our food habits rarely give them the nutrients they need. And without a regular supply of the right nutrition, our gut bacteria struggle to stay alive.

Over years, those little guys slowly die off. As they do, they stop performing those vital, life-giving tasks in our bodies. And so we slowly become ill.

And it's those illnesses that give us our neuropathy.

And that's the link. Unhealthy gut bacteria leads to any one of a range of illnesses.... which have neuropathy as a side-effect.

The good news is that we can help that gut bacteria. And when we help them we're helping the chain of events that lead to neuropathy, as you will learn in the Neuropathy No More PDF book.

About half of all Americans have poor gut health. It's mostly not our fault.

Most of us don't eat healthily because we don't know how to. Health advice is complicated, contradictory and confusing.

Yet when you stop worrying about eating healthily and, instead, just eat for your gut bacteria then everything becomes a whole lot easier.



Because those little guys don't ask you to give up every darned thing you like to eat or drink!

They simply need you to include in your diet plentiful supplies of the stuff that keep them in tip-top shape. Is that difficult? No. This is about eating some more foods – not throwing out foods you love.

All I had to know was which specific foods to eat – and how much of it to eat. Get this right and our good bacteria thrives. And when they thrive, everything else falls into place.

It takes a couple of weeks to get those bacteria back on their feet. But once they are... you can almost feel the difference it makes.

Jodi Knapp has created a program that shows us how to get those vital little helpers back on their feet: the Neuropathy No More PDF book.

There are now over 7,000 people who have learned a brand-new way to manage their neuropathy.

Here's what's in the Neuropathy No More PDF book:

- Jodi Knapp explains the how and why of neuropathy so I truly understood my illness...
- She lists the specific supermarket foods that maintain a healthy gut...
- She gave me alternatives for a couple of items that I should eat less of in order to speed up my recovery...
- She described the combinations and exact quantities of food that I needed to eat...
- Jodi described quick food preparations that give your gut bacteria everything they need for optimal health...
- To make things even more straightforward, Jodi Knapp has split her program into steps. She introduces new elements with each step, so you can make very small changes over time...

I gave my gut bacteria exactly what they needed in the quantities they needed them.

If I could have known about this earlier that would have been great. But I'm grateful I found this plan when I did. It's made such a difference.

The Neuropathy No More diet is not a restrictive diet. And you can eat plenty of food!

I lost some weight over the weeks – about 16 pounds went steadily but quickly. Yet, Jodi’s plan has you eating more food, not less.

Jodi’s program shows us how to maintain optimal gut health – which is the ultimate cause of neuropathy – and so treat all our neuropathy symptoms.

Remember there’s a simple route leading to your neuropathy. The loss of bacteria leads to illness which then causes the neuropathy side-effect.

Gut health is the key link in this chain because it starts the whole thing off. Maintaining gut health treats all links of the chain. And everything I needed to achieve this is in Jodi Knapp’s Neuropathy No More PDF book.

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