

Mentone

SEVENTH-DAY ADVENTIST CHURCH

1230 Olivine Ave - Mentone, CA 92359

(909) 492-0738

www.mentonechurch.org



Church at Study

10:00 am

Children's Classes

- Cradle Roll (Ages 0-3)
- Kindergarten (Ages 4-6)
- Primary (Ages 7-9)
- Juniors (Ages 10-12)
- Earliteens (Ages 13-15)

Youth and Adult Class

- Youth (Ages 15+)

Young Adult Class (meets in "The Upper Room")

- Young Adult Class (18-35)

Adult Classes

- Adult Lesson Study (Sanctuary Front)
- Adult Lesson Study (Room behind the piano)
- Spirit of Prophecy class now studying *The Story of Redemption* (Pathfinder Room)
- Revelation of Hope class (Fellowship Hall)

Thank you for choosing to worship with us today. If we can help you in any way, please let us know by contacting one of our pastors, greeters, elders, deacons, or deaconesses, or by our church app/website.

Religious Liberty Offering, January 11 - As students of prophecy, we know that a time will come when our freedom to worship will be taken away. But until then, God calls us be His ambassadors of liberty—to faithfully reflect His character and His love within our communities and our nation. Today, let's continue in the footsteps of our early Adventist pioneers in generously supporting the religious liberty ministries of our church.

Testimonies for the Church - We have 50 people signed up to read through this important 9-volume set in the next 16 months. We started last Monday, so there is still time to catch up. Contact Pastor Rodney by email or text if you are interested in joining.

Join the Ten Days of Prayer - From January 8 to 18, our world church is engaged in prayer and fasting. We believe prayer is the birthplace of revival. The Holy Spirit has brought about conversions, renewed passion for evangelism, revived churches, and healed relationships. See www.mentonechurch.org/prayer for more information.

Church at Worship

January 11, 2025 8:30 am* 11 am**

Prelude		Organ
Welcome and Announcements		Elder Roy Fargo* Elder Karl McCalla**
Introit*		Organ
Invocation		Pastor Fred Dana
Songs of Praise	#390 We Love Thy Sabbath, Lord #627 Jacob's Ladder	
Opening Hymn	#27 Rejoice, Ye Pure in Heart!	
Worship in Giving	(Religious Liberty NAD)	Dave Smith
Offertory		Instrumental Quartet
	<i>Amazing Grace</i>	
Children's Story	Anique Augustus* Marsha Nagel**	
Scripture Reading	Reem Fargo* Canela Smith** Revelation 14:2-3	
Prayer Song*		Congregation
	<i>#668 O Thou Who Hearest</i>	
Worship in Prayer		Roy Fargo* Jason Smith**
Worship in Song		Instrumental Quartet
	<i>Jesus is Coming Again</i>	
Sermon		Pastor Fred Dana
	<i>Manipulating the Mind at the End of Time</i>	
Closing Hymn		#506 A Mighty Fortress
Benediction		Pastor Fred Dana

* Please Kneel

Platform Elder: Roy Fargo* Karl McCalla**
Song Leader: Gary Strunk* Gabrielle Simmonds**
Pianist: Kristen Wong* Belen Lohr**
Organist: Anna Sparks

Lead Deacon: Loren Smith
Sunset Tonight: 5:00 pm
Sunset Next Friday: 5:06 pm

@ Mentone Next Week

United Prayer (Zoom)

6:00 am - Mon. – Fri., 7 am Sab. & Sun., 12 pm Mon., Wed., & Fri.

Monday, January 13

5 pm - Monday Nights with God Zoom Bible study (ID/passcode online)

Tuesday, January 14

9 am – 4 pm High School Homeschool Co Op

1 pm – 3 pm Elementary/Middle School Homeschool Co Op

2 – 6 pm – Various children/youth music practices

6 pm – Church Choir practice

6 pm - Great Controversy Class in Youth Room

7 pm – Best Weigh Program initial meeting in Fellowship Hall

Wednesday, January 15

7 pm - Prayer Meeting (Multi-Purpose Room and Zoom)

Sabbath, January 18

Sermon – Pathfinder Sabbath

Speaker Schedule

January 25 – Sermon: Melissa Reid – Religious Liberty (NAD)

Birthday Blessings!

January 11th – Anthony Bonilla 12th – Sofia Garcia, Ron Harrison, John Shin

13th – David Morris 14th – Isabel Yoona Chong, Sam Katrib 16th – Jennifer Glaser, 17th – Intissar Issa, Daniel Morgan, Abraham Thomas, Janet Ganding, Essie Lee, 18th – Michaela Lohr, Maila Cruz, Aidan Cruz

Mentone Apps: Download our family of apps for your phone, tablet, and smart TV at www.mentonechurch.org/apps

Have you seen our blog? Find the latest church news at www.mentonechurch.org/blog

Adventist Christian Talk Radio – Listen to and share 107.3 FM and www.kwrsradio.org with everyone you know.

Read the Bible in 2025. See <https://mentonechurch.org/bible-reading-plans> for more information.



Bulletin information must be submitted to office@mentonechurch.org by **Sunday at 8 pm.**

For more information and announcements, see www.mentonechurch.org

Mentone Church Life

January 11, 2025

On Sabbath, January 25 we will have Melissa Reid, Associate Director for Religious Liberty for the NAD speaking for both our services. Despite religious liberty offering being assigned today you may still donate to that program at any time.

Our delicious oranges and other fruits on our church campus are now ready to be picked and enjoyed! Please support our children ministries fundraiser, including the School, Co Op, Pathfinders, and Adventurers. Please feel free to pick on your own and make donations to the respective funds on the tithe envelope or online. If help picking and delivery is needed, please contact one of the following - for School Esterady Čincala (909) 602-4301, for Pathfinder/Adventurer Clubs Sam and Kathleen Wong at 909-282-7447 and for Co Op contact Daniela Sprengle at 909-831-2579.

Best Weigh, For Healthy Nutrition & Weight Loss – Learn how to make therapeutic lifestyle change for results that last. Get fit, lose excess fat, reduce health risks, reverse chronic disease. Your job: Eat less, move more, relax. We provide the inspiration. Led by Jon Opsahl, MD, MPH, TLC, group facilitator and personal coach. Meetings are on Tuesdays from 7-8:30 pm, January 7 - March 11, 2025. If have any questions or to sign up contact Jon at (951) 957-2730.

Life Stream Community Blood Drive is on Sunday, January 12 from 9:30 am - 2:30 pm. Please sign up ahead of time and receive donor points to redeem for e-gift cards and exclusive items. For appointments, call 800-879-4484 or visit <https://www.lstream.org/mentone/>. For more information regarding donor points and store, visit <https://www.LStream.org/donorstore/>.

Nedley Depression and Anxiety Recovery Program is scheduled to begin, Monday, January 27, 2025 at 6:30 pm and run until March 24, at the church. Contact Coralie Dinger for more information or to sign up at (916) 474-0182.

Please consider giving to the Building Fund to increase it, for future building needs and plans for our church campus.

Financial Information

As of December 31

Church Budget: \$294,768.38 (Goal: \$343,186.00)

Christmas Offering: \$7,951.70 (Goal \$11,820)

Senior Pastor: Fred Dana (845) 313-4822

Associate Pastor: Rodney Bowes (951) 500-8559

Associate Pastor: Guilherme Borda (909) 654-1254

Spanish Coordinator: Samuel Florian (951) 640-5567

Church Office/Clerk: Maggie Bonilla (909) 492-0738

We Believe

That God is the Creator and Sustainer of all that is, and that He is loving and good. That the three Persons – God the Father, the Ancient of Days; Jesus Christ, the Son of God; and the Holy Spirit, the Comforter – are eternally one in character and purpose. John 1:1-3, 1 John 4:8, Matthew 28:19

That God reveals Himself in nature, history, the Bible, the witness of the Holy Spirit, the ministry of prophets, and especially through the life of Jesus Christ. Romans 1:20, 2 Timothy 3:16, John 14:26, 1 Peter 1:21, John 5:39

That we were created “in the image of God,” free to choose either to respond in faith and love to the truth about God, or to reject it. We are fully dependent upon God for our existence and salvation. Genesis 1:26, Joshua 24:15, Acts 17:28

That our salvation comes through Jesus Christ when we repent and freely accept Christ’s death on the cross as paying the penalty for our rebellion and sins. As we daily cooperate with the transforming power of the Holy Spirit, we enter into a personal faith-based relationship with Jesus for healing and restoration. This power comes through Christ’s present ministry in heaven and is evident in Christ-like interests and behavior. Acts 2:38, John 1:12, Ephesians 2:8-10, Hebrews 7:25

That we are mortal and that in death we sleep in the grave until the resurrection at the Second Coming of Christ. Then the gift of immortality will be given to all who have put their trust in Him, and that 1,000 years later, the wicked will be resurrected to receive their reward of eternal death. We are a “living soul”, body, soul, and spirit, and do not exist apart from our body. Genesis 2:7, John 11:12-14, John 5:28, 29, Revelation 20

That our body is the temple of the Holy Spirit, and it is to be treated with the respect due its Creator. The fullness of human life is achieved when, by the grace of God, we obey His physical, mental, and moral laws. 1 Corinthians 6:19 & 10:31, 3 John 1:2, John 10:10

That the Ten Commandments are grounded in love and are a revelation of God’s character. They are the explicit expression of His will for us and are His standard of judgment. Exodus 20, Romans 7:12, James 2:12, John 15:10

That the Seventh-day Sabbath was made and blessed by God as a symbol of His creative power and sovereignty. It has been designated as a sign of His redeeming and sanctifying power to be kept sacred by all who claim Him as Lord and Savior. Genesis 2:3, Ezekiel 20:12, Deuteronomy 5:12-15

That God’s church is the primary means by which He maintains His unity with us and we with each other. This involves defined membership, symbols of commitment in baptism by immersion, participation in the Lord’s supper, personal involvement in worship, study, witnessing, and financial support for her mission through returning of tithes and free will offerings. 1 Corinthians 12, 1 Peter 2:5-9, Hebrews 10:24, 25, John 17:20, 21

That the redemptive process will come to its climax at the end of time with the Second Coming of Christ, which is imminent, and will be completed when the whole creation is again in perfect harmony with the Creator. Titus 2:13, 1 Thessalonians 4:13-18, Revelation 22:20, John 14:1-3

That the Three Angels’ Messages of Revelation 14:6-12 constitute the last warning message to the world, reminding men of the character of God.

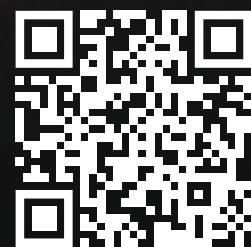


RELIGIOUS
LIBERTY OFFERING
**JANUARY 11
2025**



**GIVE YOUR
OFFERING ONLINE AT
[ADVENTISTGIVING.ORG](https://adventistgiving.org)
Search for "Liberty"
under "World Offerings"**

**DON'T LET
THE LIGHT
GO OUT**





BESTWEIGH

For Healthy Nutrition & Weight Loss

Tuesdays, 7:00 - 8:30 pm

January 7 - March 11, 2025

Plus, a follow-up meeting in April & June

Mentone SDA Church – Fellowship Hall

1230 Olivine Ave, Mentone, CA 92359

FREE! All materials available online.

Printed copies available for nominal fee.

10-Week Small Group Program

Facilitated by Jon Opsahl, MD, MPH, TLC

Learn how to make therapeutic lifestyle changes for results that last: Get fit, lose weight, reduce risks, reverse chronic disease.

Your job: Eat less, Move more, Relax.

Our job: Assess, Plan, Inspire.

Individualized Diet & Exercise Plans.

No medical services, No drugs, No supplements.

Participants do NOT need to be vegetarian or vegan.

Don't give-up on your New Year's resolution!

For more information or to register, call:

909-206-8741



Children's Ministries Fundraiser for

Oranges and Lemons!

Please help support our various children's ministries, including the Mentone SDA School, the Homeschool Co-op, Pathfinders, and Adventurers, by purchasing oranges/lemons/grapefruits/pomelos/sweet lemons/avocados.

How to Purchase:

Option 1: Pick on your own and make donations to the respective funds on the tithe envelope or online.

Option 2: Have the fruit picked for you! For this option you will need to contact the ministry leader you would like to support indicating how many and what you would like picked and arrange for pick up or delivery.

Suggested donations are as follows: Oranges \$10 per large grocery bag, avocado/grapefruit/pomelos- .50 each, and lemons and sweet lemons/limes -5/\$1.00. *The tangerines/mandarins are NOT for sale

Contact information:

For School: Esterady Cincala (909) 602-4301

For Pathfinder/Adventurer Clubs: Sam and Kathleen Wong at 909-282-7447

For the Homeschool Co-op: Daniela Sprenkle at 909-831-2579

The Children Thank You for Your Support!!

BLOOD DRIVE

Scan the code to make
your next appointment!



SCAN ME

PROUDLY HOSTED BY

Mentone Seventh-Day Adventist Church

Sunday, Jan. 12, Sunday, Mar. 9,
& Sunday, May 4
9:30 AM to 2:30 PM
1230 Olivine Ave., Mentone
in the bloodmobile

For appointments, call 800.879.4484, visit
lstream.org/mentone, or scan the QR code above.

The Online Donor Store is back! Donors will earn points with every donation to redeem for e-gift cards and exclusive items. For more information, visit LStream.org/donorstore.



LifeStream
Blood Bank

Get your Life back

Change your life
in 8 weeks!

Learn how to:

- Identify depression and anxiety and their causes
- Manage stress without distress
- Improve brain function, emotional intelligence, energy levels, and mood
- Live above loss
- Defeat depression and anxiety through right thinking and positive lifestyle choices
- Achieve peak mental performance and eat for optimal brain function



Mondays
January 27 to
March 24 @
6:30 pm

1230 Olivine Avenue
Mentone, CA 92359

Register Today!
mentonechurch.org/depression
909-206-8741



Divorced? Separated?

FIND HELP AT

The logo for DivorceCare is centered on a horizontal brushstroke of dark blue paint. The word "DIVORCE" is written in a bold, yellow, sans-serif font. The word "Care" is written in a yellow, cursive script font, with a registered trademark symbol (®) to its upper right.

DIVORCE *Care*[®]

WEEKLY DIVORCE SUPPORT GROUP

DivorceCare is a weekly seminar and support group that will help you heal from the hurt. It is a warm, caring environment.

You will learn practical information that will help you deal with the challenges of divorce. Best of all, you will gain hope for the future.

Mentone SDA Church
Wednesdays 7:00-8:30 pm
February 5-April 30, 2025 (13 weeks)
Meetings will be in the fellowship hall.

Contact: Cheryl Craven at 909/435-5675

FREE SERVICES

Medical, Vision & Dental Clinic

(*SAT 11:30AM-5PM)

Feb 7-9, 2025, Fri-Sun, 8AM-5PM*

Our **FREE** services for uninsured & under-insured include:

Medical

- Illness diagnosis
- Health promotion & education
- Blood pressure screening
- Diabetes education & blood sugar checks (fast for at least 6 hours prior)

Dental & Vision


- Fillings
- Extractions
- Cleanings
- Restorative
- Eye exams/prescriptions

Other Services

- Massages, physical therapy, clothing give away, hair cuts

First come, first served:

- Register at the event
- All services are **FREE** of charge
- No appointment is necessary
- Come early to ensure you get seen

 Life and Health is a non-profit network of physicians, optometrists, dentists, and medical professionals dedicated to providing free medical, vision, and dental care to those who are uninsured or under-insured. This free clinic is made possible by volunteers and by donations.

Call (702) 600-3588 or
email admin@lifeandhealth.org



 **San Bernardino Community
SDA Church** 1696 N G St,
San Bernardino, CA 92405



This clinic is **NOT** for emergency care, such as chest pain, bleeding, premature labor, or trauma. For emergencies, call 911 or go to the nearest emergency room.

VOLUNTEERS NEEDED

Medical, Vision & Dental Clinic

(*SAT 11:30AM-5PM)


Feb 7-9, 2025, Fri-Sun, 8AM-5PM*

WE NEED **VOLUNTEERS**:

- Dentists/Hygienists/Dental Assistants
- Optometrists
- Physicians/Medical Professionals
- Mental Health Counselors
- Clothing Program
- Legal
- IT/Data Entry
- Barber/Hairstylist
- Massage Therapists
- Interpreters
- Pastors
- Prayer Warriors
- Security

We can use your help. Even if you are licensed out of state, you can still volunteer. Find out how to get a temporary volunteer license by emailing admin@lifeandhealth.org.

LIFE + HEALTH NETWORK Life and Health is a non-profit network of physicians, optometrists, dentists, and medical professionals dedicated to providing free medical, vision, and dental care to those who are uninsured or under-insured. This free clinic is made possible by volunteers and by donations.

 **San Bernardino Community SDA Church** 1696 N G St, San Bernardino, CA 92405



Sign up at lifeandhealth.org/free-clinics
or call (702) 600-3588





I Believe



28
Basic Truths
for Kids

Scripture
Songs

Stories

Science



ibelieve28.com

YouTube: @ibelieve28

Instagram: [ibelieve28forkids](https://www.instagram.com/ibelieve28forkids)

