

UPWORDS®

INSPIRATIONAL STORIES OF ORDINARY INDIVIDUALS

Issue No. 5 Vol. 5
December 2020

LEROY C. MCKENZIE JR.

*AUTHORPRENEUR/SPEAKER/BUSINESS
CONSULTANT*

**BUILDING
THE IMPACT TO CHANGE
THE WORLD!!!!**

**ON
AIR**

**FEATURED STORIES : SHANE BOOTH
SHYRETTA LEANNE CLARK, SARAH LYNNETTE, ROZ JONES,
DR.'S ALTON AND NICCKAY NATSON & NA'CHRISTIA**

Editor's Note



“UP WORDS” is a magazine dedicated to the inspiring journeys of people from all walks of life living in all areas of the world. Each cover story in the magazine focuses on people who, often against great odds, inspire hope in others through their story or journey. The cover story is complemented by various sections such as entrepreneurship, education, art, music, folk world, lifestyle, sports and spirituality- all of which highlight positivity.

Our world is filled with so much negativity and violence. And because of that individuals from all walks of life tend to forget that what gets us through the dark days are stories of hope.

“UP WORDS” stories of hope are those that say to the reader, “look what he or she has done; I too can do that.” “UP WORDS” also intends to differentiate itself from others by researching and telling the inspirational stories of the ordinary individual. The ordinary individuals' stories tend to be neglected; yet they comprise the majority of the population across the globe.

“UP WORDS” seeks to spotlight them, for they are the ones who will light the flames of tomorrow's generation. “UP WORDS” has something for everyone, young and old, male, female and individuals from diverse socio-economic backgrounds. It seeks to build bridges of understanding, facilitate dialogue across society's divisions and build peace for tomorrow's generation. The magazine believes that life's limitations can inspire us to strive for heights we may not have reached otherwise.

ABHIJIT GANGULY

Editor-in-Chief

Hon Advisors

Dame Dr. Munnì Irone (USA)
Raphael Louis (Canada)
Unisa Kamara (UK)
Damon Kowarsky (Australia)
Blanca Madrigal (Mexico)
Juan Requelme (Peru)
Oleg Smotrov (France)
Uwe Jonas (Germany)
Ntina Anastasiadou (Greece)
Maria José Castejon Trigo (Spain)
Jhohann Pimenta (Brazil)
Rodolphe de Decker (Belgium)
Alessio Roma (Italy)
Tamara Pereira (Portugal)
Angelo Borer (Switzerland)
Seongkuk Jeong (South Korea)
Waled Nour (Egypt)
Fatane Amiri (Iran)
Rahim Karim Karimov (Kyrgyzstan)
Carol Chiu (Taiwan)
Dr. Raja Rajeswari Seetha Raman (Malaysia)
Daya Dissanayake (Sri Lanka)
Lan Echo (Vietnam)
Aphinita Chaichana (Thailand)
Jameel Ahmed Raju (Bangladesh)
Hermelinda Simela (Mozambique)
Smith Nwokocho (Nigeria)
David Kissi (Ghana)
Chilekwa Louisa Kangwa (Zambia)
Reagan Opio (Uganda)
Chris Ticker (Liberia)
Lamin S Janneh (Gambia)
Cee Boo (South Africa)

TABLE OF
CONTENTS

1	Editor's Note
3	COVER STORY : LEROY MCKENZIE JR.
6	CHASING DREAMS : SHANE BOOTH
8	CHASING DREAMS : SHYRETTA LEANNE CLARK
10	CHASING DREAMS : SARAH LYNNETTE
12	HORIZON : DR.'S ALTON AND NICCKAY NATSON
15	HORIZON : ROZ JONES
17	SOUND OF MUSIC : NA'CHRISTIA HARRIS
20	LATE DIEGO MARADONA'S INDIA VISIT

BUILDING THE IMPACT TO CHANGE THE WORLD!!!!



Leroy C. Mckenzie Jr. is a native Baltimorean and a product of the Baltimore Public and Private school systems. He received his Bachelor of Science degree in Hotel/Restaurant Management from the University of Maryland Eastern Shore. He is a proud member of the New Psalmist Baptist Church; where he serves on several ministries. He is the President/CEO of JNF Enterprises, LLC., which is a Distribution, Publishing, and Business Consulting Firm located in Baltimore, Maryland. He is also a contributing writer for several magazines and newspaper.

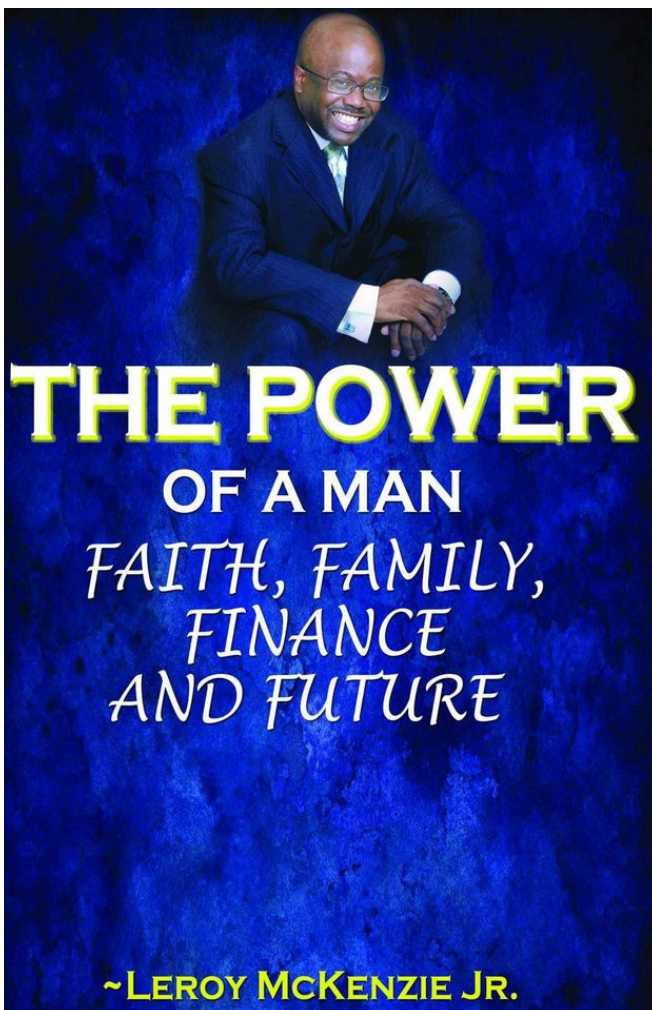
He serves on the board of the Women Offering Wealth (W.O.W.) Organization and Black Professional Men, Inc. Mr. Mckenzie has written three books of poetry, which have been featured on Heaven 600's poetry café, a business finance book, *The Customer Is Not Always Right*, *A Common Sense Guide To Establishing A Strong and Flourishing Business*, a book on entrepreneurship, *Young & Gifted*, *The New Generation of Entrepreneurship*, and a book on Leadership, *The Art of Leadership, Success Strategies for the 21st Century Leader*. He has also written the book "The Power of A Man, Faith Family, Finance and Future, and been a part of an Anthology...NEXT LEVEL LEADERS, THE KEYS TO LIVING IN THE OVERFLOW. He is an Amazon Best-Selling Author that has spoken at churches, internationally and various other venues throughout the country, enlightening, empowering and impacting individuals as well as corporations.



JNF Enterprises, was started in 2004, with the publishing of Mr. Mckenzie's debut books of Poetry "The Inner Soul" Volumes 1&2, and the launching of their Christian Apparel line Try3Jesus™.

Believing in the vision that God placed in him, Leroy set out to put the Distribution, Publishing and Business Consulting Industries on notice that there was about to be a new way of doing business. Following the purpose "Bringing Visions To Reality", JNF seeks to Enlighten, Empower, and Impact in the communities that it will touch. We seek to provide services and products that build impact throughout the world. By being a Christian based company, we add a spiritual foundation to our business that will add instant credibility, integrity, and a general sense of courtesy to the Distribution, Publishing, Business Consulting Industries. In this day and time businesses have missed the mark in providing exceptional products and services, and JNF is poised to bring back the basics of business. Leroy's message is always about "The Pursuit of Greatness".....being Great, living great and doing great!!!!





As Mr. Mckenzie has grown his business and brand, he has been purposed to grow others. My assignment with every encounter is to teach you something, equip you with something and to impact you to want to do something. Leadership is a term that should not be taken lightly and everyone that takes on the responsibility of being a leader must move people forward as well as the world as a whole forward. We move forward by accepting the visions that we each have been given and must bring to reality!!!!



THE WILL TO SUCCEED !

My name is Shane Booth and I'm a 46 year old brain injury survivor. On the 5th August 2009 I was involved in a major life threatening motorbike accident at a place called Baden-Baden in Germany. This accident left me fighting for my life, with as several broken limbs and, a traumatic brain injury. The accident ultimately left me disabled and, for three months I was unable to speak.

Fast forward 11 years and, not only am I public speaking to the masses as (The man that speaks) motivating an inspiring literally hundreds of people to be the very best version of themselves but, I've also returned to cycling a sport that I've always been very good at and, passionate about.

Have I got a story for you, it's a story about how two people, one of which is me a 46 year old disabled brain injury survivor, the other one is my brother-in-law a 51 year old heart attack victim, have defied all the odds and are now achieving some pretty spectacular cycling goals.



It was a journey that sore me have, a pretty impressive crash on day one, ending up in hospital. Then despite being advised against it by the hospital, we went on to complete the challenge in just three days.

Our next challenge was to cycle what turned out to be 123.3 miles from where I live in the Midlands, down through Wales finally arriving in the coastal town of Aberystwyth. On Monday 26th October, we drove to Devon, ready to cycle 100 miles of the Devonshire coastline in just one day on Tuesday. Sometime during July 2021, we will be cycling the LEJOG, Lands-end to John 'O' Groats. The route that we're planning on taking covers 937 miles across some beautiful and picturesque English countryside.

We will be cycling roughly 180 miles from where I live in the Midlands, down to London sometime during the course of January 2021. I will be returning to competitive cycling in 2021, in fact I did have aspirations of qualifying for the 2024 Paralympic Games in Paris, I'm saying did have aspirations because, I've recently learnt that my bike, a recumbent trike isn't a supported bike at this level of competition.





SHYRETTA LEANNE CLARK

A MODERN-DAY RENAISSANCE WOMAN

Born and raised in Mobile, Al, Shyretta always had big dreams and big ideas in a small city. She started singing and writing at the age of 6 years old, which is when she became the youngest lead soloist in the choir. Becoming a mother at 17 years old put an already focused young lady in overdrive and she has not stopped since. She has gone on to have a successful career in healthcare leadership, she is also a published author of three books, owner of three businesses, and has earned three degrees in science.



“I SIT UP EVERYDAY BRAINSTORMING IDEAS THAT CAN HELP CHANGE THE WORLD. THIS IS MUCH BIGGER THAN ME AS AN INDIVIDUAL. I WILL HAVE OFFICIALLY ‘MADE IT’ THE DAY I SEE MY DAUGHTER GROW UP TO BE A KINDHEARTED ADULT FILLED WITH COMPASSION FOR OTHERS, AND ALSO WHEN I KNOW THAT I HAVE TOUCHED THE LIVES OF MILLIONS IN A POSITIVE WAY”

- SHYRETTA LEANNE CLARK

A promotional banner for Shyretta Leanne Clark. On the left is a smaller version of the portrait of her in the blue top and straw hat. The background is blue with white and orange text. The text reads: "Shyretta Leanne Clark" in large white letters, "AUTHOR OF THE HOT NEW NOVEL SERIES CHARITY'S MODERN LIFE." in smaller white letters below it. In the center, it says "AVAILABLE NOW" in white on an orange background, followed by the "amazon" logo. On the right, there are four book covers from the "Charity's Modern Life" series: "Vanessa Heart Sentence", "Charity's Modern Life", "I Love My G-Mom", and "Charity's Modern Life". At the bottom, there are social media icons for Facebook, Instagram, and Email, with the handles "@CharitysModernLife", "@ShyCare4U", and "SleanneClark@gmail.com" respectively.



SARAH LYNNETTE
“THE PEACEMAKER”

“The Peacemaker” that was the title I bestowed myself with at the age of 6 years old. Even then, I knew that I was here to help relieve the stress and chaos from the world. I just didn’t know what vehicle I’d take me to accomplish the task. Along the journey of growing up I observed the effects of alcoholism, narcotics abuse, mental illness, racial judgement, and parental abandonment. There were many times I had no idea how I would be able to pull myself together enough emotionally so that I could stand tall and be the pillar of strength that my loved ones could lean on. My life experiences, while not traditional in the least, developed the emotional depth I needed to better understand my deep empathy for others and to better understand myself. This journey led me to this pivotal year - 2020

The year I finally decided that my worth and my value are not to be defined only by the amount I give to others - even while depleted.

The year I realized the only person to have ever held me back - was myself.

The year I decided to step up and go toe to toe with fear and won.

The year I realized that it was time to take a stand and use my gifts of healing to help more than just the people in my immediate circle.



2020 was the year I decided that it was safe enough and that I was strong enough to become my most authentic self. I am now a woman's transformational empowerment coach. I studied under the phenomenal Crystal Andrus Morrisette at the S.W.A.T Institute for empowerment coaches and I've been featured in Simply Woman's magazine. I've released more this year than I ever imagined I'd be able to handle, but I've also received more than what I'd ever thought to pray for.

There were some that watched me grow up thinking there'd be no way that I could manifest a flourishing garden from the soil in which I was planted, but today, I am a walking example of what mindset positivity, faith, and perseverance can do. As the founder and CEO of Let Her Free, I am thrilled to be dedicated to helping women heal and become more empowered. My greatest desire is for each of us to walk with our heads held high, our shoulders back, with peace of mind, and a healed heart. For more on me and my story of how mindset work helped to change my life, stay on the lookout for my book, *Amplify Your Author Journey*, launching in January 2021.

Listen, I don't know you or what you're going through. All I know is that you are here for a reason. You are a woman. You're the one that will bring our planet back into peace and balance, but first we must get you to a place where you can feel that within yourself.

I Love you sis.
With love,
Sarah Lynnette



PIONEERS WITH CLEAN HANDS AND PURE HEARTS BUILDING KINGDOM

Dr.'s Alton and Nicckay Natson are Apostles who have been sent, called, and chosen by God. They are the founders of Alton and Nicckay Natson Global Inc (ANNGI), a non-profit organization, Alton and Nicckay Natson Ministries (ANNM), and Kingdom Global Alliance Network, where they are headquartered in Atlanta, Georgia. Dr. Nicckay has been awarded an iconic leading lady award presented by (WWT) Women Without Titles (Founder: Prophetess Felicia Johnson) for being a woman who does great things on the earth and has been honored by God in heaven but not by men on earth.

She has also been awarded by Shekinah Global Ministries (Founder Apostle Dr. Doris Riley) an award for her leadership role and mentorship programs. She has also been awarded by Lady Capri Ministries (Founder Dr. Nakia Eason) for being a woman of vision for her leadership and excellence. She has been featured in God Lock Magazine, on the QUEEN Millionaire Podcast, and Faith Focused Finish Radio Talk Show. Dr.'s Alton and Nicckay are both spiritual parents and mentors of many. They provide a spiritual covering for their sons and daughters in the faith and those in the five fold ministry through the Kingdom Global Alliance Network. They take very seriously the role and responsibility that God has called them both too. God has graced Apostle Nicckay to be an intercessor.

She is a prophetic teacher, an emerging prophetic voice, and a seer; the Lord has also graced Apostle Alton to be a watchman, a great teacher, and a man of wisdom. Apostle's Alton and Nicckay are a dynamic duo; they are both radical for Christ with a kingdom mindset; they are pioneers for this age and the age to come. They both blaze the trail for the body of Christ without compromise.

Dr. Nicckay is the co-author of *Daughters of Triumph*, *Overdue*, *Letters to my Legacy*, and *Unshakable Faith*; the author of *The Birthing of An Intercessor*, *Lifting the Mask*, *The Pure in Heart*, a 31-day devotional. Dr. Alton is currently working on two books, one collaboration and authoring the *Love Nest* that he and Dr. Nicckay are writing together.

They are kingdompneuers leaders within their community, and one 's who know how to operate and flow in the kingdom and the marketplace with grace.



Before Dr. Nicckay owned her businesses, she worked for 20 plus years and wore many different hats from an early childhood educator to the principal, from director to mentor director, training and teaching leaders and managers how to be effective at leadership, and organizational management, building systems, creating policies from a business consultant and coaching for the government were she coached, advised, consulted and mentored over 40 sites for the government on a regional level, from that to a behavior analyst to a lead mental health therapist to a therapist supervisor. She worked these jobs until her husband said to her that he wanted her to come off of the job and work on the things that God has birth and placed within her for them. Before Apostle Alton owned his businesses, he served his country for 20 years in the military. He started out from an nothing and retired as a Major.



CONNECT WITH APOSTLE'S ALTON
& NICCKAY NATSON :

WWW.DRNICCKAYNATSON.COM,
WWW.NATSONENTERPRISE.COM,
WWW.ALTONANDNICCKAYNATSONMINISTRIES.ORG

FACEBOOK: ALTON AND NICCKAY NATSON MINISTRIES
DR. NICCKAY NATSON @REMNANTARISING

TWITTER: @DESTIN4GREATER

INSTAGRAM: DR. NICCKAY NATSON



Dr's Alton and Nicckay are also the Founders of Natson Enterprises, Rejuvenation Counseling, Coaching & Consulting LLC., Dream Realty, Remnant Arising Academy & Training Institute, Touched by Heaven Christian Gifts & Accessories, and Natson Publishing & Creatives LLC. On the ministry side, Alton and Nicckay Natson Ministries both Dr.'s Alton and Nicckay also founded L.I.F.T (Ladies In Faith Together) International, a global ministry beyond the four walls of the church a ministry that empowers, educates, equips, and platform woman in ministry and in the marketplace along with various other things with the belief that my pulpit is the world, Kingsman International a ministry that restores the whole man, educate, and equips, The Love Nest, The Love Nest Magazine for married couples, singles, and everybody. Manifesting the Kingdom Prayer Call/Kingdom Snipers Global Intercessory Prayer Hub, and the Kingdom Talk Broadcast Talk Show (KTB).

Dr. Nicckay is a Licensed Clinical Christian Psychologist, Licensed Clinical Christian Therapist, Licensed Christian Marriage & Family Therapist, Certified Professional Life Coach, and Certified Professional Mentor. Dr. Alton is licensed as a Clinical Pastoral Counselor, Licensed Christian Marriage & Family Therapist, Certified Mentor, and Certified Professional Life Coach. They are both helping families resolve the complexities of life through professional Christian counseling, life coaching, mentoring, inner healing & deliverance.



AMPLIFY YOUR JOURNEY!

ROZ JONES

I love my journey. It's actually been quite a ride. Come over here while I share some of it with you.

Funny how your purpose will sneak up and grab you when you're not even looking... at least that's my experience. I was a corporate executive and making it rain, when a beloved church mother asked me to accompany her to the hospital for a minor procedure. While she was in the OR, one of the doctors came out and shared with me they needed to do emergency surgery and needed a consent form signed. I could not do that. All I could respond is, "Whatever the normal hospital policy for cases where there is no next-of-kin, that's what you must enforce."

After she was released is when things really got interesting. There's an old saying, "your gifts will make room for you" and that's how caregiving was for me. What began as two days of in-hospital care developed into two weeks followed by six weeks of rehab ... and I was there the entire time.



During that experience is when I decided to professionally pivot into full-time caregiving ... and the rest as they say, is history.

Here are some valuable lessons I've learned along the way:

There are three P's in life, business, and caregiving: (a) PERSISTENCE (b) PATIENCE and (c) PERSPECTIVE.



a) Be diligent about your craft. Keep up with industry trends, commit to being a credible resource; and never give up.

b) Give yourself grace ... the same as you extend to others. Charity begins at home and spreads abroad ... stay mindful of this point, especially when things aren't going right.

c) You are not expected to be perfect to give value or make an impact. If there is one who seems to have that expectation, that's a clear indication that they are not 'your people'.

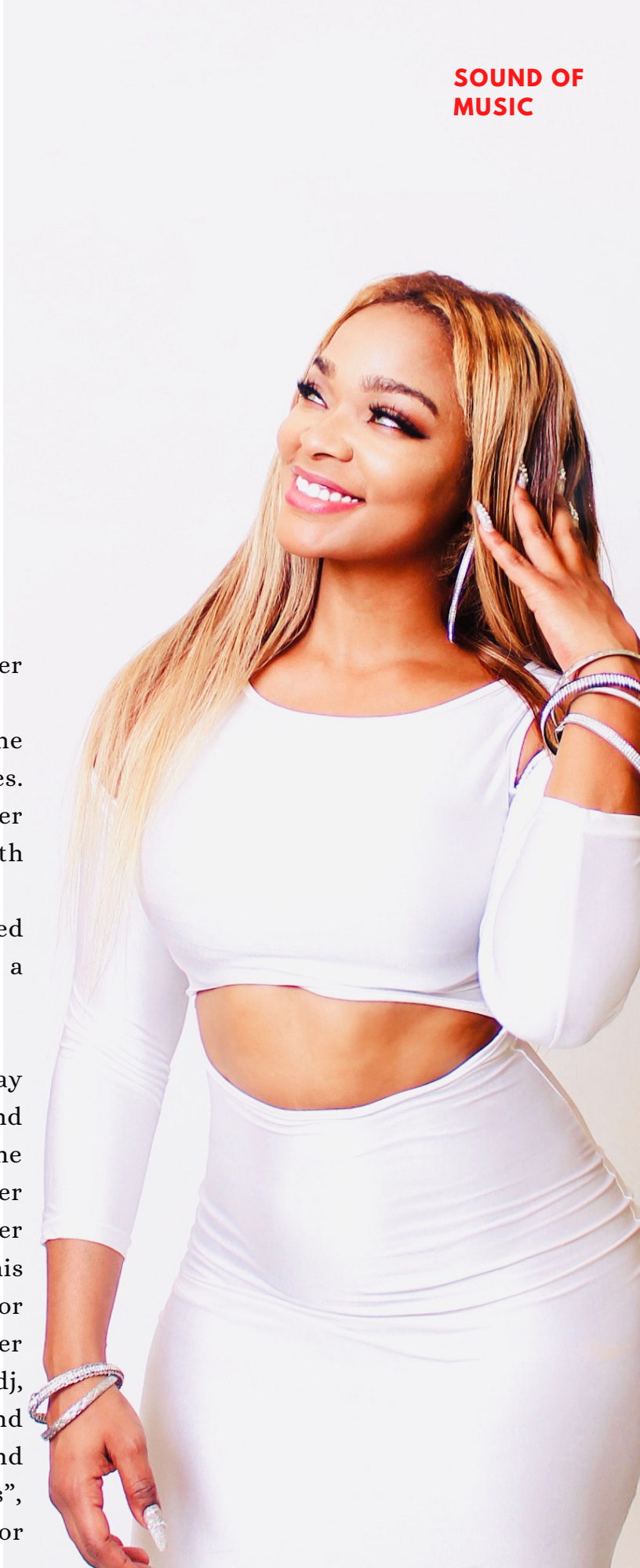


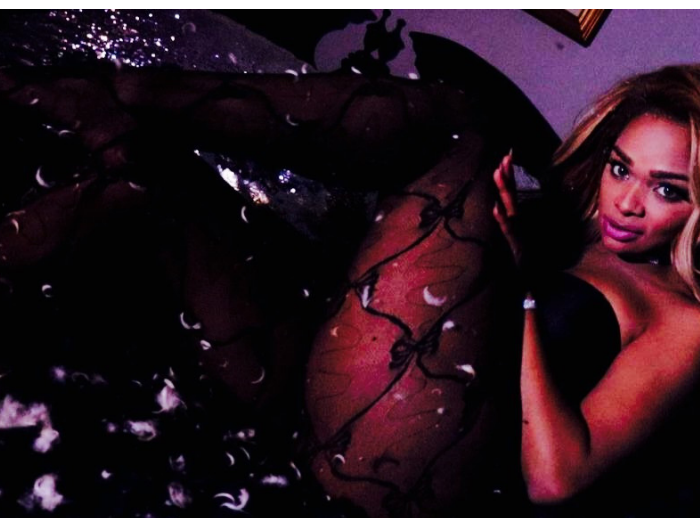
To sum it up, you're going to make mistakes - learn from them. Failure is not final - it's really the assurance that your future is full of not-yet-attained wisdom. Keep Pushing to find it ... as you seek to Amplify Your Journey!

Na'Christia Born To Be A Star

Na'Christia is a singer, composer, and dancer from New Orleans, LA - the birthplace of jazz, zydeco, and bounce music. At age 5 she discovered her singing and dancing abilities. Her passion for performing resulted in her participation in various aspects of dance with concentrations in ballet, tap, and hip hop. Her raw talent and love for these crafts compelled her to pursue her dreams in becoming a musical powerhouse.

Singing became a part of Na'Christia's everyday life. She first performed with her family's band in their school talent show, then she participated in 2 more that year showcasing her gifts. As a child she would sneak into her grandfather's room and rummage through his albums while dressing up and performing for her dolls using his mics and all. Her grandfather "Dynamite Red", famous local musician/dj, performed with legends like "Fatts Domino" and other NOLA music legends; he wrote and produced his hit single "Cold, Cold Mardi Gras", which can be heard throughout the city for carnival time.





Dynamite Red and her family's musical background was inspiring and left a significant impact on her goals of becoming a singer. Waking up to the sounds of mixing and scratching on Saturday mornings gave Na'Christia life. She became a member of her church and school choir which she credits for helping her find her voice. Her new goal was becoming educated on reading music, harmonizing, and various styles of music. Once her knowledge, abilities, and confidence sharpened her and 4 friends put together a group where they practiced weekly and assembled a cohesive look to go along with their unique sound. With Na'Christia taking the lead they won their first talent show proving they had what it took to inspire and entertain others through music.

Na'Christia's love for composing came naturally through her interest in creative writing. After her songwriting abilities developed a cousin introduced her to the studio to view the recording process. Being in the studio increased her desire to record, it felt like home to her. Soon after Na'Christia was in the studio quite often vowing to learn the ropes in hopes of one day becoming a pro! Na'Christia's path to greatness included continuing to sing, compose, and record music while seeking out fresh and trendy beats at quality recording studios.



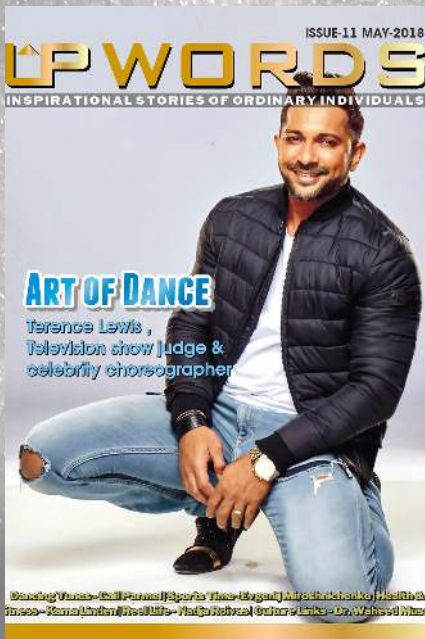
Choreographers and dancers who saw her vision were then sought to help illuminate her productions and bring them to life. Na'Christia's love for music comes from her blood and soul. Na'Christia's motto is "confidence is the entire vibe of the song". In 2020 the music video for her first single "Is It Real" was released reaching 17k views and counting.

Na'Christia is a groundbreaking promising talent and commands her listeners with sweet sultry vocals, quality production, and relatable lyrics. This R&B sensation makes "Is it Real" a memorable visual that's sure to make her a household name. She is presently working on her EP titled "All Bets On Me". Her new hit single "Is It Real?!" is available now on all music outlets .

DIEGO MARADONA'S VISIT TO INDIA: SOME OF THE BEST MOMENTS CAPTURED ON CAMERA



PAST ISSUES



Website:

<http://upwordsmagazine.mystrikingly.com>