



ROYAL COLLEGE  
of PODIATRY

ANNUAL CONFERENCE  
& EXHIBITION

# PODIATRY 2024

REVITALISING YOUR SOLE  
WELLNESS AND RESILIENCE

28-30 NOVEMBER  
[RCPOD.ORG.UK/PODIATRY2024](https://rcpod.org.uk/podiatry2024)

HARROGATE CONVENTION CENTRE

CONFERENCE  
PROGRAMME



# PODIATRY 2024 CONFERENCE PROGRAMME



SOCIAL



FIRESIDE



MEET THE EXPERTS



PERSONAL  
INTROSPECTIVE



HANDS ON



SPOTLIGHT  
SESSION



PRESENTATION



DEBATE



TED-TYPE  
TALK

## THURSDAY 28 NOVEMBER

09:00	REGISTRATION AND EXHIBITION OPENS	
09:30-11:30	<b>SAVE A LIFE: TWO-HOUR RED CROSS BLS TRAINING*</b> Additional fee £70 + VAT	Queen suite 1 and 2
10:00-11:30 Session Sponsored by 	<b>TRADE LEARNING LAB: ALGEOS</b> <b>Orthotic Therapy: Principles, Prescriptions and Practice</b> Join this workshop to improve your knowledge, skills and confidence in using Orthotic Therapy for common forefoot, midfoot and hindfoot MSK conditions. This practical workshop will demonstrate and debate different prescription variables and material choices, linking them to your assessment findings and treatment goals.	Kings suite
10:30-11:25	<b>Student Network: Meet and greet</b> Opportunity for all our students to meet and network	Hall D
	<b>Lessons from private practice: Do you know what policies you should have in your practice?</b> Chair: Roisin Connell, Co-chair Independent Practice Group (IPG) Panel members: Martin Furlong, Head of Employment Support, Sharon Gray, Professional Support Officer and Janet McGrogan	
10:30-11:25	<b>Wellbeing session - Schwartz Rounds</b> Schwartz Rounds provide a structured forum where all staff, clinical and non-clinical, come together regularly to discuss the emotional and social aspects of working in healthcare. Sarah Massie and Eryn London from the Point of Care Foundation.	Queen suite 3
10:30-11:25	<b>Beginner/taster Silicone workshop</b> Martyn Sherman	Queen suite 5
11:30	CONFERENCE OPENING	
11:30	<b>Conference opening</b> Emma Stoneman, Conference Chair, The Royal College of Podiatry	Auditorium
11:35	<b>Clinical leadership</b> Aimee Robson, Deputy Director, Improvement and Development (primary and community care) at NHS England	Auditorium
11:55	<b>Identifying and planning to mitigate burnout in podiatrists</b> Professor Cylie Williams, Monash University	Auditorium
12:15	<b>KEYNOTE SPEAKER</b> <b>What is resilience and how can we achieve it?</b> Professor Steve Peters, Consultant Psychiatrist	Auditorium
13:00-14:15	LUNCH: EXHIBITION, NETWORKING AND POSTER VIEWING	Hall Q
13:00-13:20	<b>DEMO ZONE WITH FIREFLY</b>	Demo zone in exhibition hall

# PODIATRY 2024 CONFERENCE PROGRAMME

## THURSDAY 28 NOVEMBER (CONTINUED)

13:25-13:45	<b>DEMO ZONE WITH RUCK UK</b>	Demo zone in exhibition hall
13.50-14.10	<b>DEMO ZONE WITH TINYEXYL PRO</b>	Demo zone in exhibition hall
13:00-13:40	<b>TRADE LEARNING LAB WITH EMBLATION</b>	Kings suite
13:15-13:45	<b>Meet Council</b> An opportunity to meet The Royal College of Podiatry Council members.	Hall D
13:30-14:15	<b>Death Café</b> <b>Led by:</b> Sally Gates, Chair of the RCPod's EDI and Podiatric Research Assistant As Benjamin Franklin said, "In this world nothing can be said to be certain, except death and taxes." Talking about death is often viewed as taboo, so the Death Café provides a safe and non-judgemental space to talk, cry, laugh and acknowledge the impact of death, whether from a professional, personal or abstract point of view. It is an opportunity to share personal experiences, discuss fears and anxieties and clear the air so that you feel more comfortable in your relationship with death. Unfortunately, we can't help with the taxes.	Crowne suite
13:30-14:15	<b>Wellbeing session - men's health and wellbeing</b> <b>Led by:</b> Dave James, Coach, Mentor and International speaker	Wellbeing zone in exhibition hall
<b>14:15-15:15</b>	<b>WORKSHOPS</b>	
	<b>Record keeping</b> <b>Chair:</b> Mr Steve Kriss, Council member, The Royal College of Podiatry and Consultant Podiatric Surgeon Sharon Gray and Katie Harwood, Professional Support Officers, The Royal College of Podiatry	Queen suite 4
<b>Session Sponsored by</b> <b>HUNTLEIGH</b> <small>A MEMBER OF THE ARJO FAMILY</small>	<b>Getting confidence in vascular assessment for MSK podiatry</b> <b>Chair:</b> Emily Haworth Nick Knight, Michelle Miskell, Beth Lilco and Joanne Casey	Hall D
	<b>Conditions-specific rehabilitation programmes</b> This will be a presentation along with delegate participation in the auditorium. There will be three conditions covered: achilles tendinopathy, plantar fasciopathy and lateral ankle instability. <ol style="list-style-type: none"><li>1. Importance of programmes for various foot injuries/conditions following a recovery from injury</li><li>2. Importance of specific rehab plan following injection therapy. Injection alone reduces pain, but do not aid recovery. Importance of return to sport-specific rehab programme.</li></ol> <b>Chair:</b> Liam McManus, Council member, The Royal College of Podiatry Olga Jones and Abid Hussain	Kings suite
	<b>Nail and nail pathology</b> Presentation and interactive workshop on detecting and diagnosing common nail pathologies. <b>Chair:</b> Keri Hutchinson, Council member, The Royal College of Podiatry Dr Kashif Bhatti, Consultant Dermatologist, Leeds and Dr Ivan Bristow, Visiting Professor, Health Sciences University	Auditorium
	<b>Successfully using social media to promote you and your practice</b> <b>Chair:</b> Emma McConnachie, Media and Communications Officer, The Royal College of Podiatry, Sarah-Jane Walls, owner of the Rehab Hub	Queen suite 3

# PODIATRY 2024 CONFERENCE PROGRAMME

## THURSDAY 28 NOVEMBER (CONTINUED)

	<p><b>QuickChange – getting children moving: the award-winning project, leading the way for prevention, aiming to improve future generations (fitness and health)! Insightful presentation and active participation:</b> Dive into the world of children’s podiatry with hands-on activities and thought-provoking discussions.  <b>Chair:</b> Nina Davies, Clinical Systems Pathway Development Lead, Leeds Community NHS Trust  Stephen Coombs, Podiatry Professional Lead, Cardiff and Vale University Health Board and Charlotte Holley, Highly Specialised Podiatrist, Cardiff and Vale University Health Board</p>	Queen suite 1
	<p><b>Podiatrist’s perspective: Discover how podiatrists make a real difference in healthcare</b></p>	
	<p><b>Tackling child obesity: Gain valuable knowledge on current child obesity and activity levels</b></p>	
	<p><b>Dynamic round table: Participate in lively discussions on fun and effective movements for children in clinical settings</b></p>	
	<p><b>Quick change finale: Wrap up with a quick and energising conclusion</b></p>	
	<p><b>Student workshop: Empower your university journey</b>  Self-coaching and healthy habits strategies for students  <b>Chair:</b> Sue Pike, Council member, The Royal College of Podiatry  Monique Cleary</p>	Queen suite 2
15:15-16:00	<b>REFRESHMENTS: EXHIBITION, NETWORKING AND POSTER VIEWING</b>	
15:20-15:40	<b>DEMO ZONE WITH EMBLATION</b>	Demo zone in exhibition hall
15:40-16:00	<b>DEMO ZONE WITH ALGEOS ON BLUE DOP</b>	Demo zone in exhibition hall
15:30-16:00	<p><b>Wellbeing: Meditation</b>  Sally Gates, yoga teacher and Podiatric Research Assistant</p>	Wellbeing zone in exhibition hall
16:00-17:30	<b>PLENARY SESSION</b>	
16:00	<p><b>Plenary Session Chair</b>  Emma Stoneman, Conference Chair, The Royal College of Podiatry</p>	Auditorium
16:00	<p><b>Conference welcome from CEO</b>  Jane Pritchard, Chief Executive and General Secretary, The Royal College of Podiatry</p>	Auditorium
16:10	<p><b>The medical team role in mental health - how elite football research relates to podiatric practice</b>  Dr Caroline Ellis-Fortey</p>	Auditorium
16:30	<p><b>Finding balance in private practice</b>  Pete Williams, Director/Owner Eclipse Foot Clinic</p>	Auditorium
16:50	<p><b>Bob Prince memorial lecture</b>  Operating behind enemy lines  Mr Antony Wilkinson, Consultant Podiatric Surgeon</p>	Auditorium
17:30	<p><b>Closing remarks</b>  Emma Stoneman, Conference Chair, The Royal College of Podiatry</p>	Auditorium

# PODIATRY 2024 CONFERENCE PROGRAMME

## THURSDAY 28 NOVEMBER (CONTINUED)

17:35-18:30	POSTER VIEWING AND TRADE DRINKS RECEPTION	Exhibition hall
17:35-18:30	Career networking event for Qualified Podiatrists	
20.00-00:00	Gait and Motion Ibiza night – tickets available from Gait and Motion	

## FRIDAY 29 NOVEMBER

08:00	REGISTRATION, REFRESHMENTS, EXHIBITION, NETWORKING, WELLBEING AND POSTER VIEWING	
08:00-09:00	Student breakfast career networking session	Hall D
08:00-09:00	<p><b>Ultrasound workshop - an introduction</b></p> <p>This session will show delegates the various parameters that they need to adjust to optimise an image, some of the artefacts/pitfalls they need to be aware of and some basic imaging e.g. plantar fascia and achilles and an opportunity to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).</p>	Queen suite 3
09:00-10:00	<b>WORKSHOPS</b>	
	<p><b>Lone working - keeping yourself safe and protected</b></p> <p>Chair: Katie Harwood, Professional Support Officer, The Royal College of Podiatry</p> <p>Emma Noe, Head of Podiatry Services, Harrogate and District NHS Foundation Trust, Wendy May, Specialist Podiatrist and H&amp;S Rep at South Warwickshire NHS Foundation Trust</p>	Queen suite 4
	<p><b>Clinical examination of the foot and ankle</b></p> <p>10-minute presentation followed by 50 minutes of practical</p> <ol style="list-style-type: none"> <li>1. Importance of examination following detailed history taking to confirm a diagnosis and to consider at least two differential diagnosis</li> <li>2. Importance of performing specific tests for specific conditions e.g. rupture achilles tendon - Thompson's test</li> <li>3. Importance of using validated tools to classify certain conditions e.g. OA of the 1st MTPJT-Coughlan and Shurnas Scale.</li> </ol> <p>Chair: Usamah Khalid, Council member, The Royal College of Podiatry David Gruhl and Jonathan Barbar</p>	Queen suite 2
	<p><b>Podiatry's role in the lifelong management of individuals with cerebral palsy</b></p> <p>Chair: Lawrence Ambrose, Head of Policy and Public Affairs, The Royal College of Podiatry</p> <p>Emma Livingstone, Founder and CEO from UP - the adult cerebral palsy movement</p>	Hall D
	<p><b>Demystifying infection in the diabetic foot</b></p> <p>Chair: Richard Leigh, Council member, The Royal College of Podiatry Professor Michael Edmonds, Consultant Physician, Kings College Hospital Mr Frank Webb, Lead Consultant Podiatric Surgeon, Derbyshire Community Health Services</p>	Kings suite
	<p><b>Ultrasound (USS) workshop - forefoot assessment</b></p> <p>This will be a demonstration of how to undertake a forefoot USS assessment covering the key pathologies, with an opportunity for delegates to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).</p>	Queen suite 3

# PODIATRY 2024 CONFERENCE PROGRAMME

## FRIDAY 29 NOVEMBER (CONTINUED)

	<p><b>Problem MSK patient? Or patient with multiple problems?</b> Chair: Dr Helen Branthwaite, MSK Lead, The Royal College of Podiatry</p>	Auditorium
	<p><b>Apprenticeships</b> Hear first-hand from podiatrists taking on apprentices, current apprentices, and recently qualified apprentices Chair: Adele Holmes, The Royal College of Podiatry, Council member Philip Hendy, Podiatry Academic/Programme Lead at University of Plymouth Martin Furlong, Deputy General Secretary, The Royal College of Podiatry, Tannah Eland, Freya Holmes and Gaia Holmes, current and recently qualified apprentices</p>	Queen suite 1
	<p><b>Short papers</b> Chair: Suzy Taylor, Clinical Lead, The Royal College of Podiatry <b>A randomised controlled trial comparing the clinical and cost-effectiveness of swabs compared to tissue samples in the management of infected diabetic foot ulcers</b> Dr Michael Backhouse, University of Warwick <b>An investigation into the suitability of skin hydration measurement tools for use on the foot</b> Dr Jennifer Andrews, Salford University <b>When offloading becomes a burden: a scoping review of qualitative studies exploring the experiences of psychological distress among podiatrists and other healthcare professionals</b> Silva Cochrane <b>Investigating patient and clinician perceptions of the 'in-remission' status for diabetes foot disease</b> Gordon Donaldson, Glasgow Caledonian University <b>Protocol for a randomised controlled trial of carbon fibre shoe stiffening inserts in people with first metatarsophalangeal joint osteoarthritis: The Big Toe Osteoarthritis (BigTOE) Trial</b> Dr Michael Backhouse, University of Warwick <b>Promoting the Fourth Pillar: Enhancing Research Capability and Capacity Among Podiatrists in NHS Lanarkshire</b> Stuart McNeil, NHS Lanarkshire Podiatry</p>	Queen suite 5
10:00-10:45	<b>REFRESHMENTS - EXHIBITION, NETWORKING AND POSTER VIEWING</b>	
10:00-10:20	<b>DEMO ZONE WITH TALAR MADE</b>	Demo zone in exhibition hall
10:25-10:45	<b>DEMO ZONE WITH ALGEOS ON DARCO</b>	Demo zone in exhibition hall
10:00-10:45	<p><b>EDI café</b> RCPod EDI group Chair Sally Gates and EDI group members</p>	Crowne suite
10:00-10:45	<p><b>Ultrasound workshop – an introduction</b> This session will show delegates the various parameters that they need to adjust to optimise an image, some of the artefacts/pitfalls they need to be aware of and some basic imaging e.g. Plantar fascia and achilles and an opportunity to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).</p>	Queen suite 3

# PODIATRY 2024 CONFERENCE PROGRAMME

## FRIDAY 29 NOVEMBER (CONTINUED)

10:45-12:00	<b>PLENARY SESSION</b>	
10:45	<b>Plenary Session Chair</b> Emma Stoneman, Conference Chair, The Royal College of Podiatry	Auditorium
10:45	<b>The Royal College of Podiatry Chair of Council welcome</b> Professor Jane McAdam, Chair, The Royal College of Podiatry	Auditorium
10:50	<b>Menopause matters</b> Dr Nicky Keay, Honorary Clinical Lecturer, Division of Medicine, University College London	Auditorium
11:15	<b>Gravitational effects on lower limb perfusion</b> Rachel Forss, Senior Lecturer in Podiatry at Brighton University and Justine Tansley, Research Assistant	Auditorium
11:35	<b>AI in healthcare - The hype vs the reality</b> Sina Kahen, international speaker and author	Auditorium
12:00-13:00	<b>LUNCH, EXHIBITION, NETWORKING, WELLBEING AND POSTER VIEWING</b>	
12:00-12:20	<b>DEMO ZONE WITH SIDAS UK</b>	Demo zone in exhibition hall
12:00-13:00	<b>Ultrasound workshop - an introduction</b> This session will show delegates the various parameters that they need to adjust to optimise an image, some of the artefacts/pitfalls they need to be aware of and some basic imaging e.g. Plantar fascia and achilles and an opportunity to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).	Queen suite 3
12:15-13:00	<b>Menopause café session</b> Led by: Dr Veronica Newton, Lecturer at Salford University	Crowne suite
12:20-13:00	<b>Discussion zone: Referral pathways between NHS and independent practice</b> Led by: Emma Noe, Head of Podiatry Services, Harrogate and District NHS Foundation Trust	Hall D
12:30-12:50	<b>DEMO ZONE WITH ABMPI</b>	Demo zone in exhibition hall
13:00-14:00	<b>WORKSHOPS</b>	
	<b>How to handle complaints: Advice and guidance on preventing and managing patient complaints</b> Chair: Sue Pike, Council member, The Royal College of Podiatry Sharon Gray and Katie Harwood, Professional Support Officers, The Royal College of Podiatry and Ben Stokes, Weightmans	Queen suite 1
	<b>Are you sitting comfortably - MSK workplace injuries</b> Chair: Dr Helen Branthwaite, MSK Lead, The Royal College of Podiatry Robert Adams, Advanced Podiatrist and Wendy Carswell, Biomechanics Physiotherapist	Queen suite 2
	<b>Ultrasound (USS) workshop - forefoot assessment</b> This will be a demonstration of how to undertake a forefoot USS assessment covering the key pathologies, with an opportunity for delegates to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).	Queen suite 3

# PODIATRY 2024 CONFERENCE PROGRAMME

## FRIDAY 29 NOVEMBER (CONTINUED)

	<p><b>Reasonable adjustments - Do you know your rights as an employee and your responsibilities as an employer?</b> Chair: Sally Gates, EDI group chair</p> <p>Janine Booth, Neurodiversity in the Workplace Trainer, Margaret Kennedy, NHS Clinical Lead Podiatrist, Marie Laurent, Disabled Workers Working Group Chair, The Royal College of Podiatry and Di Scott-Brown, Employment Relations Officer, The Royal College of Podiatry</p>	Queen suite 4
	<p><b>Lesion Recognition - back to basics</b> Presentation and interactive workshop - how to recognise the different morphological features of both benign and malignant lesions on the lower limb and become confident in their diagnosis and referral.</p> <p>Dr Julian Peace, Speciality Doctor in Dermatology, Barnsley, West Yorkshire and Dr Ivan Bristow, Visiting Professor, Health Sciences University</p>	Auditorium
	<p><b>Business finance - staying the right side of HMRC</b> Chair: Keri Hutchinson, Council member, The Royal College of Podiatry</p> <p>David Davies, TWD Accountants</p>	Kings suite
	<p><b>Wellbeing session - Schwartz Rounds</b> Schwartz Rounds provide a structured forum where all staff, clinical and non-clinical, come together regularly to discuss the emotional and social aspects of working in healthcare.</p>	Queen suite 5
	<p><b>Caring for the carers</b> Sarah Masie from the Point of Care Foundation and Rushmi Kanjee, Podiatry Professional Development Lead – Bedfordshire and Luton</p>	
	<p><b>Student Workshop on Podiatric Surgery</b> Mr James Cowden and Ms. Jade Tang, Faculty of Podiatric Surgery, The Royal College of Podiatry</p>	Hall D
14:00-14:45	<b>REFRESHMENTS, EXHIBITION, NETWORKING, WELLBEING AND POSTER VIEWING</b>	
14:00-14:45	<p><b>Ultrasound workshop - an introduction</b> Showing delegates the various parameters that they need to adjust to optimise an image, some of the artefacts/pitfalls they need to be aware of, some basic imaging e.g. plantar fascia and achilles and an opportunity to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).</p>	Queen suite 3
14:15-14:45	<p><b>Wellbeing: Yoga</b> Simple seated exercises to reduce stress, mobilise joints and stretch muscles (no bare feet or sportswear required).</p> <p>Dr Anne Monaghan, Yoga Teacher and Policy and Public Affairs Officer, The Royal College of Podiatry</p>	Wellbeing zone in exhibition hall
14:00-14:20	<b>DEMO ZONE WITH TALAR MADE</b>	Demo zone in exhibition hall
14:25-14:45	<b>DEMO ZONE WITH CROWN MEDICAL ORTHOTICS PTY LTD</b>	Demo Zone in exhibition hall
14:45-15:45	<b>WORKSHOPS</b>	
	<p><b>Introduction to mental health first aid</b> Mental health first aid is the help you give to someone developing a mental</p>	Queen suite 5



# PODIATRY 2024 CONFERENCE PROGRAMME

## FRIDAY 29 NOVEMBER (CONTINUED)

	<p>health problem, experiencing a worsening of a mental health problem or in a mental health crisis. The workshop is an introduction to how we can enhance our skills and understanding in how to support patients, colleagues, family and friends or others.</p> <p><b>Chair:</b> Sue Pike, Council member, The Royal College of Podiatry Bente Moller, Mental Health First Aid Trainer</p>	
	<p><b>Prescribing in private practice and utilising POMS in Clinical Practice</b></p> <p><b>Chair:</b> Suzy Taylor, Clinical Advisor, The Royal College of Podiatry Claire Westwood-Surridge and Laura Saunders</p>	Queen suite 2
	<p><b>Lesion recognition – back to basics Presentation and interactive workshop:</b></p> <p>How to recognise the different morphological features of benign and malignant lesions on the lower limb and become confident in their diagnosis and referral.</p> <p><b>Chair:</b> Usamah Khalid, The Royal College of Podiatry, Council member Dr Julian Peace, Speciality Doctor in Dermatology, Barnsley, West Yorkshire and Dr Ivan Bristow, Visiting Professor, Health Sciences University</p>	Queen suite 4
	<p><b>The new British Society for Rheumatology (BSR) guideline for the management of foot health in inflammatory arthritis (IA)</b></p> <p>This lecture format session will provide delegates with a clinically relevant update about the new best practice guidance for the management of foot health in IA.</p> <ol style="list-style-type: none"> <li>1. Why do we need a Foot Health in Inflammatory Arthritis Guideline? (10 min) - Edward Roddy</li> <li>2. BSR Foot Health in Inflammatory Arthritis Guideline: Evidence and recommendations (25 mins) - Lara Chapman</li> <li>3. Implementing the guideline (15 min) - Dr Michael Backhouse</li> <li>4. Q&amp;A (10 min).</li> </ol> <p><b>Chairs:</b> Dr Lindsey Cherry, University of Southampton and Robert Field, Dorset Healthcare</p> <p><b>Speakers:</b> Edward Roddy, BSR Foot and Ankle guidelines co-lead, Lara Chapman, BSR Foot and Ankle guidelines working group member; Guideline lead author and Dr Michael Backhouse, BSR foot and ankle guidelines co-lead</p>	Auditorium
	<p><b>Ultrasound (USS) workshop – forefoot assessment</b></p> <p>This will be a demonstration of how to undertake a forefoot USS assessment covering the key pathologies, with an opportunity for delegates to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).</p>	Queen suite 3
	<p><b>Podiatry in end-of-life (EOL) care</b></p> <p>This interactive session will cover the definition of EOL and how someone is identified as EOL. Relevant clinical case studies will highlight the complexity of managing EOL patients. The DECIDE tool will also be introduced, which can aid clinicians in their decision making regarding wound debridement in EOL patients.</p> <p><b>Chair:</b> Mr Steve Kriss, Council member, The Royal College of Podiatry and Consultant Podiatric Surgeon, Mark Povey, Clinical Lead Podiatrist, Kent Health Community NHS Foundation Trust</p>	Queen suite 1
	<p><b>Heel pain</b></p> <p><b>Chair:</b> Liam McManus, Council member, The Royal College of Podiatry Matthew Douglas-Harris – Plantar heel pain and menopause Chris Drake – Plantar heel pain (title to be confirmed)</p>	Kings suite

# PODIATRY 2024 CONFERENCE PROGRAMME

## FRIDAY 29 NOVEMBER (CONTINUED)

	<p><b>Mastering central forefoot pain: Using the surgical sieve to aid diagnosis</b> An interactive workshop around a patient's journey presenting with forefoot pain from referral through to post-op care and audit. <b>Chair:</b> Martin Fox, Council member, The Royal College of Podiatry Mr James Cowden and Ms. Jade Tang, Faculty of Podiatric Surgery, The Royal College of Podiatry</p>	Hall D
15:45	<b>PLENARY SESSION</b>	
15:45	<p><b>Plenary Session Chair</b> Emma Stoneman, Conference Chair, The Royal College of Podiatry</p>	Auditorium
15:45	<p><b>Person-centred care - how you can make a difference</b> Tommy Whitelaw, Health and Social Care Alliance Scotland</p>	Auditorium
16:30	<p><b>Capacity and best interests decisions</b> Ben Troke, Weightmans Solicitors</p>	Auditorium
16:55	<p><b>Jewel in the Crown short paper presentation and presentation of award</b> <b>"I have taken five different kinds of tablets and injections, and I still have foot pain": an international qualitative exploration of foot and ankle disorders in rheumatic and musculoskeletal diseases</b> Lara Chapman, NHS England (NHSE)/NIHR Clinical Doctoral Research Fellow at Leeds Institute of Rheumatic and Musculoskeletal Medicine</p>	Auditorium
17:15	<p><b>Close</b> Emma Stoneman, Conference Chair, The Royal College of Podiatry</p>	
18:45	<p><b>Conference Social Event, Crowne Plaza, Harewood Suite</b> Join our fun night of bingo and games including prosecco reception, buffet, singalong choir and music <a href="http://www.rcpod.org.uk/podiatry2024/social-event">www.rcpod.org.uk/podiatry2024/social-event</a> <b>Member ticket: £28 Student member ticket: £15</b></p>	

## SATURDAY 30 NOVEMBER

08:15	<b>REGISTRATION</b>	
	<p><b>Wellbeing: Yoga</b> Simple seated exercises to reduce stress, mobilise joints and stretch muscles (no bare feet or sportswear required) Dr Anne Monaghan, Yoga Teacher and Policy and Public Affairs Officer (NI), The Royal College of Podiatry</p>	Crowne suite
09:00-10:00	<b>WORKSHOPS</b>	
	<p><b>Nail surgery guidelines update</b></p>	Kings suite
	<p><b>Autism and neurodiversity: Understanding and supporting autistic patients</b> Chair: Sally Gates, EDI Group Chair Dr Steven Kapp, Senior Lecturer in Psychology, University of Portsmouth</p>	Queen suite 4
	<p><b>Lessons from private practice: stepping into your career in private practice</b> Chair: Roisin Connell, Co-Chair Independent Practice Group (IPG) Panel: Katie Harwood, Professional Support Officer, The Royal College of Podiatry David Davies, TWD Accountants and Becky Hargreaves, York Podiatry</p>	
	<b>Short papers</b>	Queen suite 5

# PODIATRY 2024 CONFERENCE PROGRAMME

## SATURDAY 30 NOVEMBER (CONTINUED)

	<p><b>The Prognosis of Chronic Limb-Threatening Ischemia in Patients Following Kidney Transplant: A Systematic Review</b> Nathalie Farrugia Schembri, University of Malta</p> <p><b>The lived experiences and challenges faced by homeless adults in accessing adequate foot care services: An interpretative phenomenological study engaging with the poorest and most vulnerable members of society</b> Joanna Bower, Plymouth University</p> <p><b>Novel application of in-vivo Confocal Raman Spectroscopy to examine the composition of the plantar foot skin in age and diabetes</b> Dr Jennifer Andrews, Salford University</p> <p><b>Malignant melanoma misdiagnosis in the diabetic foot. What can we learn from the published literature?</b> Dr Ivan Bristow and Michelle Reynolds</p> <p><b>A virtual musculoskeletal podiatry service implemented to address prolonged NHS waiting times</b> Brunilda Agalliu, South West Podiatry</p>	
	<p><b>Global Podiatry</b> Chair: Jane McAdam, Chair of Council, The Royal College of Podiatry Speakers from the American Board of Podiatric Medicine International (APMI), Australian Podiatry Association (APODA) and Canadian Federation of Podiatric Medicine (CFPM)</p>	Queen suite 3
10:00-10:25	<b>BREAK AND NETWORKING</b>	Hall D
10:25-11:15	<b>PLENARY SESSION</b>	
10:25	<p><b>Plenary Session Chair</b> Emma Stoneman, Conference Chair, The Royal College of Podiatry</p>	Auditorium
10:25	<p><b>Making waves in vascular podiatry</b> Martin Fox on CV prescribing and the future Katie Evans-Bundy, NHS Wales, on triage clinic for vascular acute team and positive data Ffion Lloyd-Thomas, NHS Wales on AliveCor integration and referral direct to cardiology project</p>	Auditorium
10:55	<p><b>Shaping the future of podiatry in rheumatology: Emerging challenges and transformative opportunities in clinical and academic practice</b> Professor Heidi Siddle, Professor of Musculoskeletal Health and Consultant Podiatrist, University of Leeds</p>	Auditorium
11:15-12:15	<b>WORKSHOPS</b>	
<p>Session Supported and Sponsored by <b>HUNTLEIGH</b> <small>A MEMBER OF THE ARJO FAMILY</small></p>	<p><b>How to assess vascular lower limb for nail surgery interactive scenario-based workshops</b> Chair: Patrick McGill and Emily Haworth Speakers/demonstrators: Joanne Casey, Katie Evans-Bundy, Ffion Lloyd-Thomas, Andrew Latham and Beth Lilico</p>	Kings suite
	<p><b>Lessons from private practice: Stepping out of your private practice and into retirement</b> Chair: Roisin Connell, Co-chair Independent Practice Group (IPG) Panel: Katie Harwood, Professional Support Officer David Davies, TWD Accountants</p>	

# PODIATRY 2024 CONFERENCE PROGRAMME

## SATURDAY 30 NOVEMBER (CONTINUED)

	<b>Diabetes Africa handbook on diabetes footcare in dark skin tones</b> Bernadette Adeyileka-Tracz, Executive Director, Diabetes Africa Jayne Robbie, Senior Lecturer - Faculty of Health, Education and Life Sciences, Birmingham City University and Specialist Podiatrist at University Hospitals Birmingham NHS Trust	Queen suite 3
	<b>Mental health first aid</b> Mental health first aid is the help you give to someone developing a mental health problem, experiencing a worsening of a mental health problem or in a mental health crisis. The workshop is an introduction to how we can enhance our skills and understanding in how to support patients, colleagues, family and friends or others. Chair: Keri Hutchinson, Council member, The Royal College of Podiatry Bente Moller, Mental Health First Aid Trainer	Queen suite 5
	<b>Prescribing in private practice and utilising poms in clinical practice</b> Claire Westwood-SurrIDGE and Laura Saunders	Queen suite 2
	<b>Addressing childhood chronic lower limb pain and diagnostic uncertainty</b> Chair: Simon Jones Professor Cylie Williams, Monash University, Charlotte Holley, Highly Specialised Podiatrist, Cardiff and Vale University Health Board and Nina Davies, Clinical Systems Pathway Development Lead, Leeds Community NHS Trust	Queen suite 4
12:15-13:15	<b>PLENARY SESSION</b>	
12:15-13:05	<b>Explore several complex cases with our expert panel</b>	Auditorium
13:05-13:15	<b>Conference reflections</b> Emma Stoneman, Conference Chair, The Royal College of Podiatry	Auditorium
13:15-14:00	<b>LUNCH AND NETWORKING</b>	
13:30-15:30	<b>SAVE A LIFE: TWO-HOUR RED CROSS BLS TRAINING*</b> Additional fee £70 + VAT	Queen suite 3
14:00-15:00	<b>Pharmacy and dermatology</b> Dr Rod Tucker, Pharmacist, East Riding of Yorkshire and Dr Ivan Bristow, Visiting Professor, Health Sciences University	Queen suite 1
14:00-15:00	<b>New ultrasound guidelines Q&amp;A</b> Professor Heidi Siddle, Professor of Musculoskeletal Health and Consultant Podiatrist, University of Leeds and Jai Saxelby	Queen suite 4
14:00-15:00	<b>Beginner/taster Silicone workshop</b> Martyn Sherman	Queen suite 5
14:00-15:00	<b>Legs Matter – the safe administration of early intervention compression hosiery</b>	Queen suite 2

Please note conference programme details may be subject to change, including but not limited to speaker, speaker time, content of session, virtual or in-person attendance. \*Limited numbers. More sessions and speakers to be announced.

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## ANNUAL CONFERENCE INFORMATION



### CONFERENCE VENUE DETAILS

Harrogate Convention Centre is in the centre of North Yorkshire's most vibrant modern spa town with great places to eat, drink, shop, and relax.

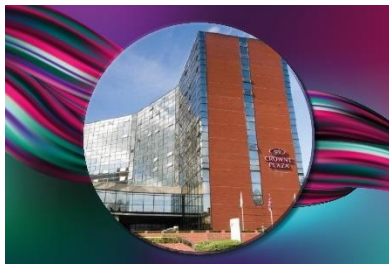
[Find out more about Harrogate Convention Centre](#)  
[Find out more about Harrogate](#)  
[Getting here- Harrogate Convention Centre](#)



### HOTEL DETAILS

Harrogate has a large range of hotels, many within walking distance of the Convention Centre. We have negotiated special rates for delegates at selected hotels.

[Download list of hotels with special rates and booking form](#), or go to the [online booking portal](#).



### CROWNE HOTEL DETAILS

Located in the centre of Harrogate the Crowne Plaza hotel offers great accommodation to explore both Harrogate and the Conference and Exhibition.

**Kings Road, Harrogate, HG1 1XX  
United Kingdom**

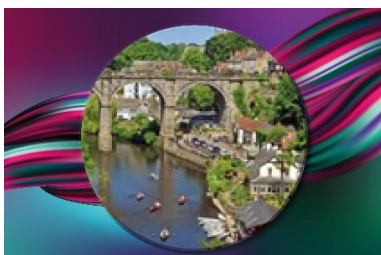
#### **Parking and Transportation**

#### **Pet Policy**

- Guide dogs/service animals are allowed
- Pet walking area available
- Assistance dogs only in the hotel, we do however allow well behaved dogs on our terrace

#### **Parking and Transportation**

- Car Parking Available
- Complimentary Daily Self-Parking unavailable
- Self-Parking Fee: 12 GBP
- Underground car park with 150 spaces, with 2 electric charging points. Residents are charged £12 per day, register car on arrival at reception. There is a car height restriction of two metres.



### PLACES TO VISIT

[Things to do in Harrogate near Crowne Plaza Harrogate Hotel \(ihg.com\)](#)

[THE 10 BEST Restaurants Near Harrogate Convention Centre \(tripadvisor.co.uk\)](#)

# PODIATRY 2024 CONFERENCE PROGRAMME

## CONFERENCE SOCIAL EVENT

# PODIATRY 2024

REVITALISING YOUR SOLE  
WELLNESS AND RESILIENCE



ROYAL COLLEGE  
of PODIATRY



Join our fun night of bingo and games including prosecco reception, buffet, singalong choir and music.

18:45 Prosecco reception

19:30 Buffet served

20:15-20:30 Bingo to start

STUDENT  
MEMBER  
TICKET  
**£15**

MEMBER  
TICKET  
**£28**

CROWNE PLAZA  
HAREWOOD SUITE

29 NOVEMBER  
[RCPOD.ORG.UK/PODIATRY2024](http://RCPOD.ORG.UK/PODIATRY2024)

## OVER 800 ATTENDEES BOOKED

ANNUAL CONFERENCE  
& EXHIBITION



ROYAL COLLEGE  
of PODIATRY

# PODIATRY 2024

REVITALISING YOUR SOLE  
WELLNESS AND RESILIENCE

28-30 NOVEMBER  
HARROGATE  
CONVENTION CENTRE

**BOOK  
YOUR TICKET  
TODAY**

[RCPOD.ORG.UK/PODIATRY2024](http://RCPOD.ORG.UK/PODIATRY2024)