



ROYAL COLLEGE
of PODIATRY

ANNUAL CONFERENCE
& EXHIBITION

PODIATRY 2024

REVITALISING YOUR SOLE
WELLNESS AND RESILIENCE

28-30 NOVEMBER
[RCPOD.ORG.UK/PODIATRY2024](https://rcpod.org.uk/podiatry2024)

HARROGATE CONVENTION CENTRE

CONFERENCE
PROGRAMME



PODIATRY 2024 PROGRAMME



SOCIAL



FIRESIDE



MEET THE EXPERTS



PERSONAL INTROSPECTIVE



HANDS ON



SPOTLIGHT SESSION



PRESENTATION



DEBATE



TED-TYPE TALK

THURSDAY 28 NOVEMBER

09:00	REGISTRATION AND EXHIBITION OPENS	
09:30-11:30	SAVE A LIFE: TWO-HOUR RED CROSS BLS TRAINING* Additional fee £70 + VAT	Fully Booked Queen suite 1 and 2
10:00-11:30 Session Sponsored by 	TRADE LEARNING LAB: ALGEOS Orthotic Therapy: Principles, Prescriptions and Practice Join this workshop to improve your knowledge, skills and confidence in using Orthotic Therapy for common forefoot, midfoot and hindfoot MSK conditions. This practical workshop will demonstrate and debate different prescription variables and material choices, linking them to your assessment findings and treatment goals.	Kings suite
10:30-11:25	Student Network: Meet and greet Opportunity for all our students to meet and network	Hall D
10:30-11:25	Lessons from private practice: Do you know what policies you should have in your practice? Chair: Roisin Connell, Co-chair Panel members: Martin Furlong, Deputy General Secretary, Sharon Gray, Professional Support Officer and Janet McGroggan, Owner	Queen suite 4
10:30-11:25	Wellbeing session - Schwartz Rounds Schwartz Rounds provide a structured forum where all staff, clinical and non-clinical, come together regularly to discuss the emotional and social aspects of working in healthcare. Sarah Massie and Eryn London from the Point of Care Foundation.	Queen suite 3
10:30-11:25	Beginner/taster Silicone workshop Martyn Sherman	Fully Booked Queen suite 5
11:30	CONFERENCE OPENING	
11:30	Conference opening Emma Stoneman, Conference Chair, The Royal College of Podiatry	Auditorium
11:35	Clinical leadership Aimee Robson, Deputy Director, Improvement and Development (primary and community care) at NHS England	Auditorium
11:55	Identifying and planning to mitigate burnout in podiatrists Professor Cylie Williams, Monash University	Auditorium
12:15	KEYNOTE SPEAKER What is resilience and how can we achieve it? Professor Steve Peters, Consultant Psychiatrist	Auditorium
13:00-14:15	LUNCH: EXHIBITION, NETWORKING AND POSTER VIEWING	Hall Q
13:00-13:20	DEMO ZONE WITH FIREFLY - POSTPONED UNTIL FRIDAY 29 NOVEMBER 14:25-14:45	Demo zone in exhibition hall

THURSDAY 28 NOVEMBER (CONTINUED)

13:25-13:45	DEMO ZONE WITH RUCK UK	Demo zone in exhibition hall
13:50-14:10	DEMO ZONE WITH TINEXYL PRO	Demo zone in exhibition hall
13:00-13:40	TRADE LEARNING LAB WITH EMBLATION	Kings suite
13:15-13:45	Meet Council An opportunity to meet The Royal College of Podiatry Council members.	Hall D
13:30-14:15	Death Café Led by: Sally Gates, Chair of the RCPod's EDI and Podiatric Research Assistant As Benjamin Franklin said, "In this world nothing can be said to be certain, except death and taxes." Talking about death is often viewed as taboo, so the Death Café provides a safe and non-judgemental space to talk, cry, laugh and acknowledge the impact of death, whether from a professional, personal or abstract point of view. It is an opportunity to share personal experiences, discuss fears and anxieties and clear the air so that you feel more comfortable in your relationship with death. Unfortunately, we can't help with the taxes.	Fully Booked Crowne suite
13:30-14:15	Wellbeing session - men's health and wellbeing Led by: Dave James, Coach, Mentor and International speaker	Wellbeing zone in exhibition hall
14:15-15:15	WORKSHOPS	
	Record keeping Chair: Mr Steve Kriss, Council member, The Royal College of Podiatry and Consultant Podiatric Surgeon Sharon Gray and Katie Harwood, Professional Support Officers, The Royal College of Podiatry	Queen suite 4
Session Sponsored by HUNTLEIGH <small>A MEMBER OF THE ARJO FAMILY</small>	Getting confidence in vascular assessment for MSK podiatry Chair: Emily Haworth Nick Knight, Michelle Miskell, Beth Lillico, Martin Fox and Joanne Casey	Hall D
	Conditions-specific rehabilitation programmes This will be a presentation along with delegate participation in the auditorium. There will be three conditions covered: achilles tendinopathy, plantar fasciopathy and lateral ankle instability. <ol style="list-style-type: none">1. Importance of programmes for various foot injuries/conditions following arecovery from injury2. Importance of specific rehab plan following injection therapy. Injection alone reduces pain, but do not aid recovery. Importance of return to sport-specific rehab programme. Chair: Liam McManus, Council member, The Royal College of Podiatry Olga Jones and Abid Hussain	Kings suite

THURSDAY 28 NOVEMBER (CONTINUED)

	<p>Nail and nail pathology Presentation and interactive workshop on detecting and diagnosing common nail pathologies. Chair: Keri Hutchinson, Council member, The Royal College of Podiatry Dr Kashif Bhatti, Consultant Dermatologist, Leeds and Dr Ivan Bristow, Visiting Professor, Health Sciences University</p>	Auditorium
	<p>Successfully using social media to promote you and your practice Chair: Emma McConnachie, Media and Communications Officer, The Royal College of Podiatry, Sarah-Jane Walls, owner of the Rehab Hub</p>	Queen suite 3
	<p>QuickChange – getting children moving: the award-winning project, leading the way for prevention, aiming to improve future generations (fitness and health)! Insightful presentation and active participation: Dive into the world of children’s podiatry with hands-on activities and thought-provoking discussions. Chair: Nina Davies, Clinical Systems Pathway Development Lead, Leeds Community NHS Trust Stephen Coombs, Podiatry Professional Lead, Cardiff and Vale University Health Board and Dr Charlotte Holley, Highly Specialised Podiatrist, Cardiff and Vale University Health Board</p>	Queen suite 1
	<p>Podiatrist’s perspective: Discover how podiatrists make a real difference in healthcare</p>	
	<p>Tackling child obesity: Gain valuable knowledge on current child obesity and activity levels</p>	
	<p>Dynamic round table: Participate in lively discussions on fun and effective movements for children in clinical settings</p>	
	<p>Quick change finale: Wrap up with a quick and energising conclusion</p>	
	<p>Student workshop: Empower your university journey Self-coaching and healthy habits strategies for students Chair: Sue Pike, Council member, The Royal College of Podiatry Monique Cleary</p>	Queen suite 2
	<p>New technology within training and education of podiatrists Chair: Jane McAdam, Chair of Council Speakers: Philip Hendy, Podiatry Academic/Programme Lead at University of Plymouth, Dr Veronica Newton, Lecturer at Salford University</p>	Queen suite 5
15:15-16:00	REFRESHMENTS: EXHIBITION, NETWORKING AND POSTER VIEWING	
15:20-15:40	DEMO ZONE WITH EMBLATION	Demo zone in exhibition hall
15:40-16:00	DEMO ZONE WITH ALGEOS ON BLUEDOP	Demo zone in exhibition hall
15:30-16:00	<p>Wellbeing: Meditation Sally Gates, yoga teacher and Podiatric Research Assistant</p>	Wellbeing zone in exhibition hall
16:00-17:30	PLENARY SESSION	

THURSDAY 28 NOVEMBER (CONTINUED)

16:00	Plenary Session Chair Emma Stoneman, Conference Chair, The Royal College of Podiatry	Auditorium
16:00	Conference welcome from CEO Jane Pritchard, Chief Executive and General Secretary, The Royal College of Podiatry	Auditorium
16:10	The medical team role in mental health - how elite football research relates to podiatric practice Dr Caroline Ellis-Fortey	Auditorium
16:30	Finding balance in private practice Pete Williams, Director/Owner Eclipse Foot Clinic	Auditorium
16:50	Bob Prince memorial lecture Operating behind enemy lines Mr Antony Wilkinson, Consultant Podiatric Surgeon	Auditorium
17:30	Closing remarks Emma Stoneman, Conference Chair, The Royal College of Podiatry	Auditorium
17:35-18:30	POSTER VIEWING AND TRADE DRINKS RECEPTION	Exhibition hall
17:35-18:30	Career networking event for Qualified Podiatrists	Hall D
20.00-00:00	Gait and Motion Ibiza night – tickets available from Gait and Motion	

FRIDAY 29 NOVEMBER

08:00	REGISTRATION, REFRESHMENTS, EXHIBITION, NETWORKING, WELLBEING AND POSTER VIEWING	
08:00-09:00	Student breakfast career networking session	Hall D
08:00-09:00	Ultrasound workshop - an introduction This session will show delegates the various parameters that they need to adjust to optimise an image, some of the artefacts/pitfalls they need to be aware of and some basic imaging e.g. plantar fascia and achilles and an opportunity to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).	Queen suite 3
09:00-10:00	WORKSHOPS	
	Lone working - keeping yourself safe and protected Chair: Katie Harwood, Professional Support Officer, The Royal College of Podiatry Emma Noe, Head of Podiatry Services, Harrogate and District NHS Foundation Trust, Wendy May, Specialist Podiatrist and H&S Rep at South Warwickshire NHS Foundation Trust	Queen suite 4
	Clinical examination of the foot and ankle 10-minute presentation followed by 50 minutes of practical 1. Importance of examination following detailed history taking to confirm a diagnosis and to consider at least two differential diagnosis 2. Importance of performing specific tests for specific conditions e.g. rupture achilles tendon - Thompson's test 3. Importance of using validated tools to classify certain conditions e.g. OA Chair: Usamah Khalid, Council member, The Royal College of Podiatry David Gruhl and Jonathan Barbar	Fully Booked Queen suite 2

FRIDAY 29 NOVEMBER (CONTINUED)

	<p>Balancing Act: Foot health and function in Cerebral Palsy Chair: Lawrence Ambrose, Head of Policy and Public Affairs, The Royal College of Podiatry Emma Livingstone, Founder and CEO from UP - the adult cerebral palsy movement and Professor Cylie Williams, Monsah University</p>	Hall D
	<p>Demystifying infection in the diabetic foot Chair: Richard Leigh, Council member, The Royal College of Podiatry Professor Michael Edmonds, Consultant Physician, Kings College Hospital Mr Frank Webb, Lead Consultant Podiatric Surgeon, Derbyshire Community Health Services</p>	Kings suite
	<p>Ultrasound (USS) workshop - forefoot assessment This will be a demonstration of how to undertake a forefoot USS assessment covering the key pathologies, with an opportunity for delegates to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).</p>	Queen suite 3
	<p>Problem MSK patient? Or patient with multiple problems? Chair: Dr Helen Branthwaite, MSK Lead, The Royal College of Podiatry</p>	Auditorium
	<p>Apprenticeships Hear first-hand from podiatrists taking on apprentices, current apprentices, and recently qualified apprentices Chair: Adele Holmes, The Royal College of Podiatry, Council member Philip Hendy, Podiatry Academic/Programme Lead at University of Plymouth Martin Furlong, Deputy General Secretary, The Royal College of Podiatry, Tannah Elland and Laura Cowcher, apprentice students, University of Plymouth</p>	Queen suite 1
	<p>Short papers Chair: Suzy Taylor, Clinical Lead, The Royal College of Podiatry A randomised controlled trial comparing the clinical and cost-effectiveness of swabs compared to tissue samples in the management of infected diabetic foot ulcers Dr Michael Backhouse, University of Warwick An investigation into the suitability of skin hydration measurement tools for use on the foot Dr Jennifer Andrews, Salford University When offloading becomes a burden: a scoping review of qualitative studies exploring the experiences of psychological distress among podiatrists and other healthcare professionals Silva Cochrane Investigating patient and clinician perceptions of the 'in-remission' status for diabetes foot disease Gordon Donaldson, Glasgow Caledonian University Protocol for a randomised controlled trial of carbon fibre shoe stiffening inserts in people with first metatarsophalangeal joint osteoarthritis: The Big Toe Osteoarthritis (BigTOE) Trial Dr Michael Backhouse, University of Warwick Promoting the Fourth Pillar: Enhancing Research Capability and Capacity Among Podiatrists in NHS Lanarkshire Stuart McNeil, NHS Lanarkshire Podiatry</p>	Queen suite 5

FRIDAY 29 NOVEMBER (CONTINUED)

10:00-10:45	REFRESHMENTS - EXHIBITION, NETWORKING AND POSTER VIEWING	
10:00-10:20	DEMO ZONE WITH TALAR MADE	Demo zone in exhibition hall
10:25-10:45	DEMO ZONE WITH ALGEOS ON DARCO	Demo zone in exhibition hall
10:00-10:45	EDI café RCPod EDI group Chair Sally Gates and EDI group members	Crowne suite
10:00-10:45	Ultrasound workshop – an introduction This session will show delegates the various parameters that they need to adjust to optimise an image, some of the artefacts/pitfalls they need to be aware of and some basic imaging e.g. Plantar fascia and achilles and an opportunity to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).	Fully Booked Queen suite 3
10:45-12:00	PLENARY SESSION	
10:45	Plenary Session Chair Emma Stoneman, Conference Chair, The Royal College of Podiatry	Auditorium
10:45	The Royal College of Podiatry Chair of Council welcome Professor Jane McAdam, Chair, The Royal College of Podiatry	Auditorium
10:50	Menopause matters Dr Nicky Keay, Honorary Clinical Lecturer, Division of Medicine, University College London	Auditorium
11:15	Gravitational effects on lower limb perfusion Rachel Forss, Senior Lecturer in Podiatry at Brighton University and Justine Tansley, Research Assistant	Auditorium
11:35	AI in healthcare - The hype vs the reality Sina Kahen, international speaker and author	Auditorium
12:00-13:00	LUNCH, EXHIBITION, NETWORKING, WELLBEING AND POSTER VIEWING	
12:00-12:20	DEMO ZONE WITH SIDAS UK	Demo zone in exhibition hall
12:00-13:00	Ultrasound workshop - an introduction This session will show delegates the various parameters that they need to adjust to optimise an image, some of the artefacts/pitfalls they need to be aware of and some basic imaging e.g. Plantar fascia and achilles and an opportunity to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).	Queen suite 3
12:15-13:00	Menopause café session Led by: Dr Veronica Newton, Lecturer at Salford University	Crowne suite
	Trade Learning Lab: Foothealth Orthotics Induction to using Foot orthoses in Clinical Practice Speakers - Nick knight and Zoe Wilson	Kings suite

FRIDAY 29 NOVEMBER (CONTINUED)

12:20-13:00	<p>Discussion zone: Referral pathways between NHS and independent practice</p> <p>Led by: Emma Noe, Head of Podiatry Services, Harrogate and District NHS Foundation Trust</p>	Hall D
12:30-12:50	DEMO ZONE WITH ABMPI	Demo zone in exhibition hall
13:00-14:00	WORKSHOPS	
	<p>How to handle complaints: Advice and guidance on preventing and managing patient complaints</p> <p>Chair: Sue Pike, Council member, The Royal College of Podiatry Sharon Gray and Katie Harwood, Professional Support Officers, The Royal College of Podiatry and Ben Stokes, Weightmans</p>	Queen suite 1
	<p>Are you sitting comfortably - MSK workplace injuries</p> <p>Chair: Dr Helen Branthwaite, MSK Lead, The Royal College of Podiatry Robert Adams, Advanced Podiatrist and Wendy Carswell,</p>	Queen suite 2
	<p>Ultrasound (USS) workshop - forefoot assessment</p> <p>This will be a demonstration of how to undertake a forefoot USS assessment covering the key pathologies, with an opportunity for delegates to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).</p>	Queen suite 3
	<p>Reasonable adjustments - Do you know your rights as an employee and your responsibilities as an employer?</p> <p>Chair: Sally Gates, EDI group chair Janine Booth, Neurodiversity in the Workplace Trainer, Margaret Kennedy, NHS Clinical Lead Podiatrist, Marie Laurent, Disabled Workers Working Group Chair, The Royal College of Podiatry and Di Scott-Brown, Employment Relations Officer, The Royal College of Podiatry</p>	Queen suite 4
	<p>Lesion Recognition - back to basics</p> <p>Presentation and interactive workshop - how to recognise the different morphological features of both benign and malignant lesions on the lower limb and become confident in their diagnosis and referral. Dr Julian Peace, Speciality Doctor in Dermatology, Barnsley, West Yorkshire and Dr Ivan Bristow, Visiting Professor, Health Sciences University</p>	Auditorium
	<p>Business finance - staying the right side of HMRC</p> <p>Chair: Keri Hutchinson, Council member, The Royal College of Podiatry David Davies, TWD Accountants</p>	Kings suite
	<p>Wellbeing session - Schwartz Rounds</p> <p>Schwartz Rounds provide a structured forum where all staff, clinical and non-clinical, come together regularly to discuss the emotional and social aspects of working in healthcare.</p> <p>Caring for the carers</p> <p>Sarah Masie from the Point of Care Foundation and Rushmi Kanjee, Podiatry Professional Development Lead – Bedfordshire and Luton</p>	Queen suite 5

FRIDAY 29 NOVEMBER (CONTINUED)

	Student Workshop on Podiatric Surgery Mr James Cowden and Ms. Jade Tang, Faculty of Podiatric Surgery, The Royal College of Podiatry	Hall D
14:00-14:45	REFRESHMENTS, EXHIBITION, NETWORKING, WELLBEING AND POSTER VIEWING	
14:00-14:45	Ultrasound workshop - an introduction Showing delegates the various parameters that they need to adjust to optimise an image, some of the artefacts/pitfalls they need to be aware of, some basic imaging e.g. plantar fascia and achilles and an opportunity to optimise an image, some of the artefacts/pitfalls they need to be aware of, some basic imaging e.g. plantar fascia and achilles and an opportunity to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).	Queen suite 3
14:00-14:45	Discussion Zone - First Point of Contact Facilitator Emma Mitchell, First Point of Contact Practitioner, Southend Victoria Primary Care Network	Crowne suite
14:15-14:45	Wellbeing: Yoga Simple seated exercises to reduce stress, mobilise joints and stretch muscles (no bare feet or sportswear required). Dr Anne Monaghan, Yoga Teacher and Policy and Public Affairs Officer, The Royal College of Podiatry	Wellbeing zone in exhibition hall
14:00-14:20	DEMO ZONE WITH TALAR MADE	Demo zone in exhibition hall
14:25-14:45	DEMO ZONE WITH FIREFLY	Demo zone in exhibition hall
14:45-15:45	WORKSHOPS	
	Introduction to mental health first aid Mental health first aid is the help you give to someone developing a mental health problem, experiencing a worsening of a mental health problem or in a mental health crisis. The workshop is an introduction to how we can enhance our skills and understanding in how to support patients, colleagues, family and friends or others. Chair: Sue Pike, Council member, The Royal College of Podiatry Bente Moller, Mental Health First Aid Trainer	Queen suite 5
	Prescribing in private practice and utilising POMS in Clinical Practice Chair: Suzy Taylor, Clinical Advisor, The Royal College of Podiatry Claire Westwood-Surridge, Laura Saunders and and Jim Pickard	Queen suite 2
	Lesion recognition – back to basics Presentation and interactive workshop: How to recognise the different morphological features of benign and malignant lesions on the lower limb and become confident in their diagnosis and referral. Chair: Usamah Khalid, The Royal College of Podiatry, Council member Dr Julian Peace, Speciality Doctor in Dermatology, Barnsley, West Yorkshire and Dr Ivan Bristow, Visiting Professor, Health Sciences University	Queen suite 4

FRIDAY 29 NOVEMBER (CONTINUED)

	<p>The new British Society for Rheumatology (BSR) guideline for the management of foot health in inflammatory arthritis (IA)</p> <p>This lecture format session will provide delegates with a clinically relevant update about the new best practice guidance for the management of foot health in IA.</p> <ol style="list-style-type: none"> 1. Why do we need a Foot Health in Inflammatory Arthritis Guideline? (10 min) - Edward Roddy 2. BSR Foot Health in Inflammatory Arthritis Guideline: Evidence and recommendations (25 mins) - Lara Chapman 3. Implementing the guideline (15 min) - Dr Michael Backhouse 4. Q&A (10 min). <p>Chairs: Dr Lindsey Cherry, University of Southampton and Robert Field, Dorset Healthcare</p> <p>Speakers: Edward Roddy, BSR Foot and Ankle guidelines co-lead, Lara Chapman, BSR Foot and Ankle guidelines working group member; Guideline lead author and Dr Michael Backhouse, BSR foot and ankle guidelines co-lead</p>	Auditorium
	<p>Ultrasound (USS) workshop – forefoot assessment</p> <p>This will be a demonstration of how to undertake a forefoot USS assessment covering the key pathologies, with an opportunity for delegates to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).</p>	Queen suite 3
	<p>Podiatry in end-of-life (EOL) care</p> <p>This interactive session will cover the definition of EOL and how someone is identified as EOL. Relevant clinical case studies will highlight the complexity of managing EOL patients. The DECIDE tool will also be introduced, which can aid clinicians in their decision making regarding wound debridement in EOL patients.</p> <p>Chair: Mr Steve Kriss, Council member, The Royal College of Podiatry and Consultant Podiatric Surgeon, Mark Povey, Clinical Lead Podiatrist, Kent Health Community NHS Foundation Trust</p>	Queen suite 1
	<p>Heel pain</p> <p>Chair: Dr Richard Wilkins, Chair of MSK UK</p> <p>Matthew Douglas-Harris – Plantar heel pain and menopause</p> <p>Chris Drake – Plantar heel pain (title to be confirmed)</p>	Kings suite
	<p>Mastering central forefoot pain: Using the surgical sieve to aid diagnosis</p> <p>An interactive workshop around a patient's journey presenting with forefoot pain from referral through to post-op care and audit.</p> <p>Chair: Martin Fox, Council member, The Royal College of Podiatry Mr James Cowden and Ms. Jade Tang, Faculty of Podiatric Surgery, The Royal College of Podiatry</p>	Hall D
15:45	PLENARY SESSION	
15:45-16:45	<p>Ultrasound workshop - an introduction</p> <p>This session will show delegates the various parameters that they need to adjust to optimise an image, some of the artefacts/pitfalls they need to be aware of and some basic imaging e.g. Plantar fascia and achilles and an opportunity to have a go themselves. The session will be delivered in small groups with one mentor guiding each group (5:1 ratio).</p>	Queen suite 3

PODIATRY 2024 PROGRAMME

FRIDAY 29 NOVEMBER (CONTINUED)

15:45	Plenary Session Chair Emma Stoneman, Conference Chair, The Royal College of Podiatry	Auditorium
15:45	Person-centred care - how you can make a difference Tommy Whitelaw, Health and Social Care Alliance Scotland	Auditorium
16:30	Capacity and best interests decisions Ben Troke, Weightmans Solicitors	Auditorium
16:55	Jewel in the Crown short paper presentation and presentation of award "I have taken five different kinds of tablets and injections, and I still have foot pain": an international qualitative exploration of foot and ankle disorders in rheumatic and musculoskeletal diseases Lara Chapman, HEE/NIHR Clinical Doctoral Research Fellow at Leeds Institute of Rheumatic and Musculoskeletal Medicine	Auditorium
17:15	Close Emma Stoneman, Conference Chair, The Royal College of Podiatry	
18:45	Conference Social Event, Crowne Plaza, Harewood Suite Join our fun night of bingo and games including prosecco reception, buffet, singalong choir and music www.rcpod.org.uk/podiatry2024/social-event Member ticket: £28 Student member ticket: £15	

SATURDAY 30 NOVEMBER


08:15	REGISTRATION	
08:30-08:55	Wellbeing: Yoga Simple seated exercises to reduce stress, mobilise joints and stretch muscles (no bare feet or sportswear required) Dr Anne Monaghan, Yoga Teacher and Policy and Public Affairs Officer (NI), The Royal College of Podiatry	Crowne suite
09:00-10:00	WORKSHOPS	
	Nail surgery guidelines update Emma Noe, Emma Noe, Head of Podiatry Services, Harrogate and District NHS Foundation Trust and Suzy Taylor, Clinical Advisor, The Royal College of Podiatry	Kings suite
	Autism and neurodiversity: Understanding and supporting autistic patients Chair: Sally Gates, EDI Group Chair Dr Steven Kapp, Senior Lecturer in Psychology, University of Portsmouth	Queen suite 4
	Lessons from private practice: stepping into your career in private practice Chair: Roisin Connell, Co-Chair Independent Practicse Group (IPG) Panel: Katie Harwood, Professional Support Officer, The Royal College of Podiatry David Davies, TWD Accountants and Becky Hargreaves, York Podiatry	Queen suite 1

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SATURDAY 30 NOVEMBER (CONTINUED)

	<p>Short papers Chair: Usamah Khalid, Council Member, The Royal College of Podiatry The lived experiences and challenges faced by homeless adults in accessing adequate foot care services: An interpretative phenomenological study engaging with the poorest and most vulnerable members of society Joanna Bower, Plymouth University Novel application of in-vivo Confocal Raman Spectroscopy to examine the composition of the plantar foot skin in age and diabetes Dr Jennifer Andrews, Salford University Malignant melanoma misdiagnosis in the diabetic foot. What can we learn from the published literature? Dr Ivan Bristow and Michelle Reynolds A virtual musculoskeletal podiatry service implemented to address prolonged NHS waiting times Brunilda Agalliu, South West Podiatry Early access to virtual resources for the self-management of plantar fasciitis: A proof of concept and feasibility study Kerry Nyland</p>	Queen suite 5
	<p>Global Podiatry Chair: Jane McAdam, Chair of Council, The Royal College of Podiatry Speakers from the American Board of Podiatric Medicine International (APMI), Australian Podiatry Association (APODA) and Canadian Federation of Podiatric Medicine (CFPM)</p>	Queen suite 3
	<p>Legs Matter – the safe administration of early intervention compression hosiery</p>	Queen suite 2
10:00-10:25	BREAK AND NETWORKING	Hall D
10:25-11:15	PLENARY SESSION	
10:25	<p>Plenary Session Chair Emma Stoneman, Conference Chair, The Royal College of Podiatry</p>	Auditorium
10:25	<p>Making waves in vascular podiatry Martin Fox on CV prescribing and the future Katie Evans-Bundy, NHS Wales, on triage clinic for vascular acute team and positive data Ffion Lloyd-Thomas, NHS Wales on AliveCor integration and referral direct to cardiology project</p>	Auditorium
10:55	<p>Shaping the future of podiatry in rheumatology: Emerging challenges and transformative opportunities in clinical and academic practice Professor Heidi Siddle, Professor of Musculoskeletal Health and Consultant Podiatrist, University of Leeds</p>	Auditorium
11:15-12:15	WORKSHOPS	
<p>Session Supported and Sponsored by </p>	<p>How to assess vascular lower limb for nail surgery interactive scenario-based workshops Chair: Patrick McGill and Emily Haworth Speakers/demonstrators: Joanne Casey, Katie Evans-Bundy, Ffion Lloyd-Thomas, Martin Fox and Beth Lillico</p>	Kings suite

SATURDAY 30 NOVEMBER (CONTINUED)

	<p>Lessons from private practice: Stepping out of your private practice and into retirement</p> <p>Chair: Roisin Connell, Co-chair Independent Practice Group (IPG) Panel: Katie Harwood, Professional Support Officer David Davies, TWD Accountants</p>	Queen suite
	<p>Diabetes Africa handbook on diabetes footcare in dark skin tones</p> <p>Bernadette Adeyileka-Tracz, Executive Director, Diabetes Africa Jayne Robbie, Senior Lecturer - Faculty of Health, Education and Life Sciences, Birmingham City University and Specialist Podiatrist at University Hospitals Birmingham NHS Trust</p>	Queen suite 3
	<p>Mental health first aid</p> <p>Mental health first aid is the help you give to someone developing a mental health problem, experiencing a worsening of a mental health problem or in a mental health crisis. The workshop is an introduction to how we can enhance our skills and understanding in how to support patients, colleagues, family and friends or others.</p> <p>Chair: Keri Hutchinson, Council member, The Royal College of Podiatry Bente Moller, Mental Health First Aid Trainer</p>	Queen suite 5
	<p>Prescribing in private practice and utilising poms in clinical practice</p> <p>Claire Westwood-Surridge, Laura Saunders and Jim Pickard</p>	Queen suite 2
	<p>Addressing childhood chronic lower limb pain and diagnostic uncertainty</p> <p>Chair: Simon Jones Professor Cylie Williams, Monash University, Dr Charlotte Holley, Highly Specialised Podiatrist, Cardiff and Vale University Health Board and Nina Davies, Clinical Systems Pathway Development Lead, Leeds Community NHS Trust</p>	Queen suite 4
12:15-13:15	PLENARY SESSION	
12:15-13:05	Explore several complex cases with our expert panel	Auditorium
13:05-13:15	<p>Conference reflections</p> <p>Emma Stoneman, Conference Chair, The Royal College of Podiatry</p>	Auditorium
13:15-14:00	LUNCH AND NETWORKING	
13:30-15:30	<p>SAVE A LIFE: TWO-HOUR RED CROSS BLS TRAINING*</p> <p>Additional fee £70+ VAT</p>	Queen suite 3
14:00-15:00	<p>Pharmacy and dermatology</p> <p>Chair: Jane McAdam, Chair of Council, The Royal College of Podiatry Dr Rod Tucker, Pharmacist, East Riding of Yorkshire and Dr Ivan Bristow, Visiting Professor, Health Sciences University</p>	Queen suite 1
14:00-15:00	<p>New ultrasound guidelines Q&A</p> <p>Chair: Usamah Khalid, Council member, The Royal College of Podiatry Professor Heidi Siddle, Professor of Musculoskeletal Health and Consultant Podiatrist, University of Leeds and Jai Saxelby</p>	Queen suite 4
14:00-15:00	<p>Beginner/taster Silicone workshop</p> <p>Martyn Sherman</p>	Queen suite 5
14:00-15:00	<p>Legs Matter – the safe administration of early intervention compression hosiery</p>	Queen suite 2

Please note conference programme details may be subject to change, including but not limited to speaker, speaker time, content of session, virtual or in-person attendance. *Limited numbers.