

# Newsletter (January-March 2021)

## Art Collage from our students



## Fostering social inclusion during the 'New Normal'

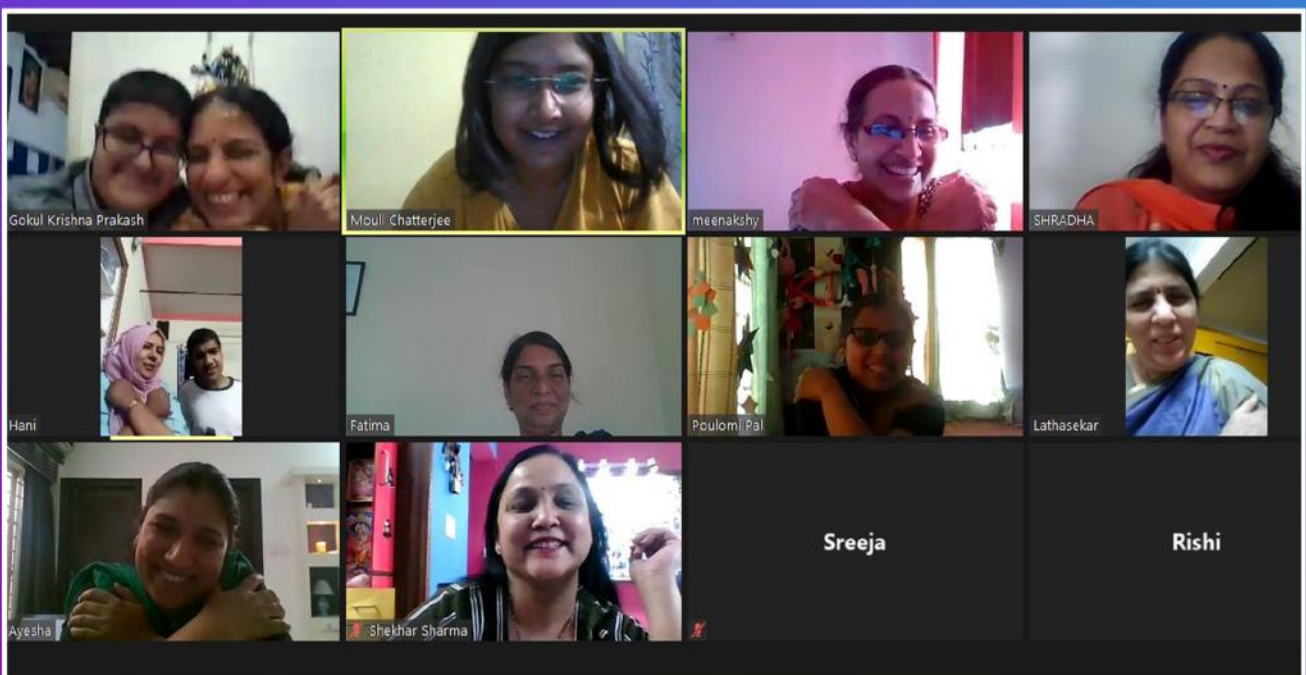
Tempest 2021 was a virtual literary festival organized by Vidyaniketan on 17th-19th February 2021. We are proud of our students and 6 of them were announced as winners under various categories of the competition like stand and deliver, bind a book, Time a Rhyme. All participants received certificates from the event.



On this Women's Day on 8th March, 2021, Poulomi Pal (Program Head, Pragati towards Livelihood, a unit of BGCT) conducted the session with our mothers on sharing our journey and creating a



doodle using triangle shape. Inverted triangle represents family planning across developing countries. We chose a triangle to celebrate caregiving as our mothers are 'Pyramids of Care'.



On Good Deeds Day: March 16, 2021, we had the honor of having Mr. Jonathan Zadka, Consul General of Israel to South India, and Ms. Hila Zadka, head of culture & academic relations Israel in Bengaluru, visiting the centre of Biswa Gouri Charitable Trust to celebrate Good Deeds Day.

Good Deeds Day was started in Israel in 2007, by volunteers, to spread giving, joy and happiness to people in need across the world. It's an annual tradition to foster the idea that every simple person can do good for others. To celebrate the tradition, the Israeli consulate has contributed to the Biswa Gouri Charitable Trust about 3000 seeds and 100 plants of a variety of vegetables, herbs and flowers to support their new initiative to create occupational, educational & therapeutic nursery projects for young



As a part of the nursery, the trainees acquire knowledge and professional training in gardening and nursery work - the work develops daily work habits & understanding of the nursery processes, which strengthens the trainees' self-image and allows them to experience growth & success. It was a special opportunity for us to host and demonstrate our work to the team from the consulate.



# Capacity building for parents & organization

Our speech therapist, Dhanu John has been providing training since February 2021 for parents to learn more on ways to apply PECS process and technology like Avaz to improve communication skills of their children with Autism and Intellectual Disabilities.



Avaz

Keyboard: I want to play drums

Home → Advanced → my topics → indoor → listen to music

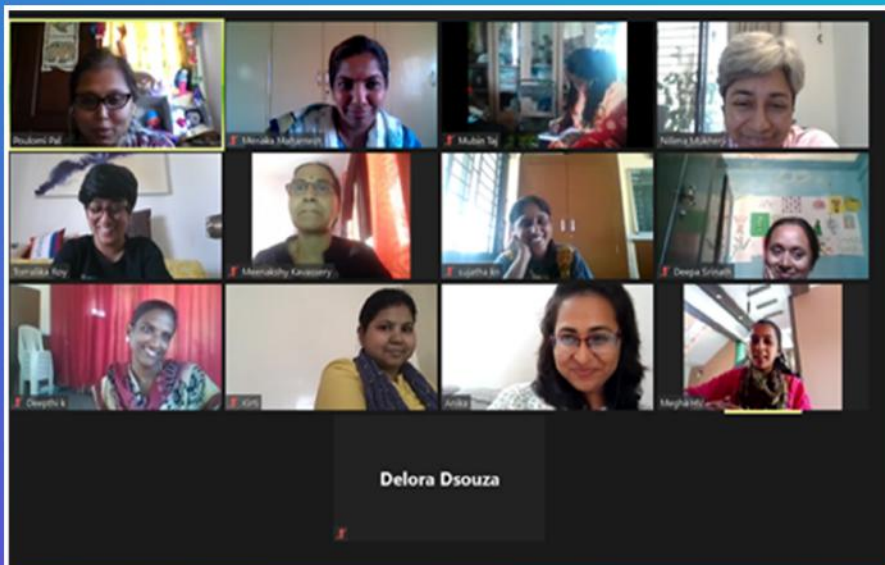
singer, dance, is, listen, play, sing, volume down, volume up, whistle, loud, soft

Enable kids with autism to « speak » with pictures!

## Phase I – How to Communicate



Poulomi Pal (Program Head, Pragati towards Livelihood, a unit of BGCT) hosted a session for our staff to build communication and team building to “Know one’s partner/colleague” through symbols.



On 27th & 28th of March, R K Surdeo (HRD Trainer, Social development sector) conducted team building training for staff and leadership training for our board members. It is our blessing to have R. K Surdeo amongst us to facilitate an intense reflection for the organization development processes.



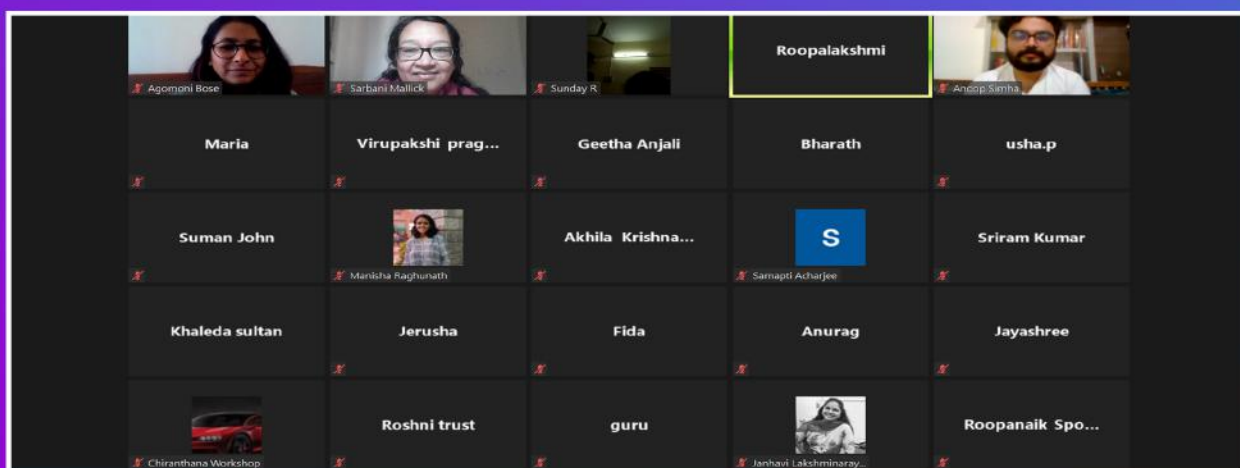
## Making our presence felt

On 21st January, Sarbani Mallick(Managing Director & Managing Trustee, BGCT) addressed a session on “Transition planning for young adults with special needs” at Banjaara Academy. It was part of the training session for people from different backgrounds- parents, professionals who have opted for the course on counselling.



On 22nd January, Sarbani Mallick(Managing Director & Managing Trustee, BGCT) was invited by Delhi Public School, Yelahanka to empower parents to work with the school in building a structured learning environment in the home setting in the post-pandemic times.

Sarbani Mallick(Managing Director & Managing Trustee, BGCT), took part in a session at the Disability NGO Alliance in Karnataka on please “preparing young adults for employment”.



## Aadhar Outreach Program

We visited our field partners for the Aadhar Outreach Program (a joint collaboration of IDFC FIRST Bank & BGCT)- Transcendent Knowledge Society in West Bengal, Ashadeepa, Sankalpa and B. D Tatti in North Karnataka.

We are glad and proud to be associated with each of our partners and we are elated to see the impact of our program. Due to Covid19, we had to host digital training sessions for the trainers, the trainers initiated home visits and sub centre based intervention. This supported the parents to be empowered to carry on activities with their children. We look forward to focusing on individualized education plans to have a structured Primary Intervention unit for children with Delayed Development upto 10 years at these outreach partners.



We salute the commitment, spirit and heart of each member of the outreach partner teams who remain undeterred to reach the children and their families during these challenging times. In the past 6 months of the program, we have reached 94 children .





# Awards and Certification



**Skill India**  
वीरता महार - कुशल भारत



**N·S·D·C**  
National Skill Development Corporation  
Transforming the skill landscape



**BISWA GOURI**  
Charitable Trust  
विद्यया विभवतः कर्मणोः शान्तिः  
BIBILES - PLAGATI - ANDAJI

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**BISWA GOURI CHARITABLE TRUST, BANGALORE**

**NSDC APPROVED TRAINING CENTRE**

NSDC TRAINING CENTRE ID : **141324**

Bangalore, Karnataka

Biswa Gouri Charitable Trust has been certified under the National Skill Development Cooperation (NSDC). We are glad for the recognition of our skill training unit and hope to reach many more young adults in the upcoming year. We were honoured to have the NSDC team at BGCT campus to discuss the programs.



Sarbani Mallick was honoured by TANGENT 10 Club of Bangalore for our dedication and positive attitude to work with individuals with Autism.



Designed and curated by our young adult Shradha  
from Pragati towards Livelihood  
(a unit of BGCT)  
under the guidance of Muneesh



<https://www.biswagouri.org/>