



# GLOBAL GRANDMOTHERS'

COUNCIL NETWORK

*Voices of Wisdom in Times of Chaos*

Digital Magazine

March 2025 Issue 03



## *Retreat in Paradise*

**Heidi Little**

**What Does it  
Mean to Awaken?**

*Grandmother  
Flordemayo  
the Path*

# Grandmother Flordemayo

a Curandera Espiritu, or a healer of divine spirit. As a seer, she has the ability to see other realms of color, light, and sound. In addition, she can see the effects of existing imbalances on the physical, emotional, and spiritual realms within a person's energy system. She was born in the highlands of Central America, specifically Nicaragua, and was the youngest of 15 children. Born under the Mayan astrology sign of Q'anilmeaning seed, Flordemayo sees her role as cosmic germinator through teaching, community, manifestation, and development.

Founder of The Path, whose mission is to conserve and distribute seeds for future generations. The Path came to life in 2012 when Flordemayo received a vision during dialogue with the Beloved Mother. In this vision, Flordemayo finds herself sitting in a rocking chair, rocking back and forth while being lovingly guided to prepare seed bundles with prayer.

The Beloved Mother had shown a cosmic inspiration for Flordemayo to birth, The Path, an organization dedicated to the conservation and preservation of heirloom and heritage seeds.



GRANDMOTHER FLORDEMAYO



Now, The Path, prepares seed bundles to be given to the parents of babies born today and those born in the future in the dream of honoring and protecting light beings of all forms in this new era of the Divine Feminine. In recent years, she began to explore in-depth wisdom of the seeds. As a caretaker, she prays for their well-being and survival of the seeds.

Grandmother Flordemayo, is a founding member of the

- Confederation of Indigenous Elders of the America
- Institute of Natural and Traditional Knowledge,
- Church of the Spiritual Path
- International Council of Thirteen Indigenous Grandmothers.

As a world traveler she has offered ceremonies and spoken on a wide range of topics from healing with the use of herbs to her more recent project, The Seed Temple, located in Estancia, New Mexico. Flordemayo travels the globe to share her healings, prayers, and to foster a more spiritual understanding among humanity

### March 2025: Sowing Seeds of Sacred Knowledge

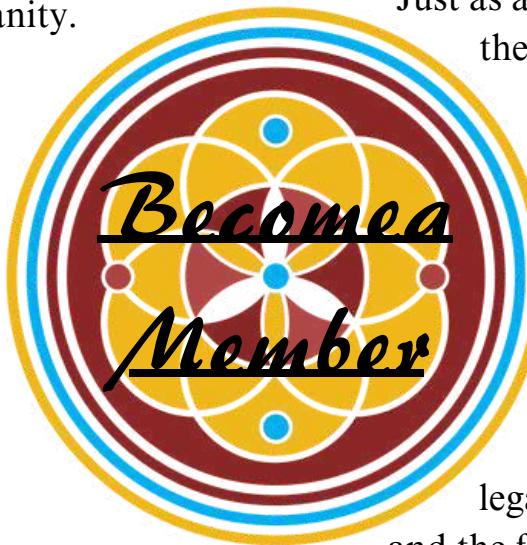
This year, we embark on a powerful journey to restore the Temples of Humanity, amplify Indigenous wisdom, and expand our sacred community.



In the heart of a seed lies the silent promise of life, a compact vessel of potential waiting to unfurl. Like us, each seed carries within it the stories of past generations, the wisdom of entire cultures, and the resilience to grow against all odds. This journey from seed to sprout mirrors our own human quest for growth, understanding, and connection. It is a testament to the enduring cycle of renewal and rebirth that defines both nature and humanity.

At The Path, we envision a sanctuary where the sacred tapestry of life is celebrated and preserved, a place where the four sacred elements, essential to all existence, are honored through temples dedicated to Earth, Air, Fire, and Water. These elements, fundamental to the world around us and within us, serve as the pillars of our shared humanity, nurturing the seeds, the animal kingdom, and all human cultures across the globe.

Central to our vision is the Seed Temple, a living library that binds us to our Ancestors and the myriad cultures that have sown the seeds of wisdom throughout time. This temple stands as a beacon of knowledge, a bridge connecting the past, present, and future, illustrating the profound connection we share with the Earth and its bounty.



The preservation of seeds goes beyond the mere act of saving physical specimens; it is an act of honoring the stories, the traditions, and the diverse expressions of life that they represent. It is an acknowledgment of our inherent wisdom and the necessity to nurture and support one another in our collective journey of growth.

Just as a seed requires the nourishment of the four sacred elements to blossom, so too do we need the nurturing embrace of our community, the wisdom of our Elders, and the guiding principles of Sacred Reciprocity to flourish. The Path is more than a place; it is a commitment to the cultivation of a world where the legacy of our Ancestors is cherished, and the future generations are empowered to thrive in harmony with all forms of life.

In this sanctuary, where the elemental and the spiritual converge, we invite all to join us in sowing the Seeds of Renewal. Together, let us cultivate a space of learning, healing, and reverence for the natural world and the interconnected web of existence that sustains us all. Here, amidst the temples honoring the sacred elements, we celebrate the infinite cycle of life, nurturing the seeds of wisdom that will grow into the forests of tomorrow.

## More About The Path

**The Path** is a non-profit organization situated on 40 sacred acres in Estancia, New Mexico. It is home to Grandmother Flordemayo's Seed Temple and the Sacred Temples for Humanity.

These sacred spaces are places for ceremony, prayer, teachings, and healing, a refuge for those seeking spiritual clarity and connection with Mother Earth.

The Seed Temple is the heart of The Path, a living sanctuary for heirloom seeds, safeguarding genetic diversity and cultural heritage. Seeds from the Temple are not sold but prayerfully gifted to those committed to their care.

Each seed represents a living legacy, carrying the wisdom of our ancestors and holding the potential for a sustainable future. The Path exists to protect these seeds, teach their importance, and build resilience in our communities.



# The Importance of Seed Banks for Our Future

- TO preserve crop diversity, Seed banks protect and save plant genetic diversity, which is the most crucial reason for the protection of seeds. Just as human beings and animals are adapted to different conditions for survival, so are our crops. Different types of the same species exist due to this adaptive nature. Therefore, it is of critical necessity that such diversity is preserved
- Adaptation to changes in climate. Climate change is requiring adjustments to agricultural practices and may mean geographical shifts of the areas where specific crops can be grown. A diversity of crop seed kept available in seedbanks can allow the farmers to better adapt to these changes.
- Assurance that seeds continue to be available after natural or man-made disasters. Natural disasters, war, and other calamities cause crop losses and can also destroy seed supplies. Seed banks, along with the help of professional seed growers, can help farmers recover and plant again.
- Providing seed genetic material for scientists and plant breeders. Seeds kept in modern seed banks contain a treasure trove of useful genes that plant breeders can use for developing improved varieties of our major food crops, improving resistance to current and emerging plant diseases, insects, and environmental stresses.
- Ensuring food sovereignty for future generations.
- Many older varieties of crops are no longer being grown due to the standardization of commercial crop

seed and farming practices. Larger seed companies are buying out smaller ones, and are removing many old varieties from circulation, in favor of more profitable strains. Seed banks that preserve the older traditional varieties allow us to continue to choose the seed we can grow to produce our food, the supply.



## Why do we need to preserve seeds?

“Simply put, we need to preserve the seeds, as they are a living library. These crops were developed over centuries and millennia by farmers and their stories are woven into the cultural memory of the people that have grown them. Seeds that have been adapted for the different soils and climates of an area, with all their qualities and characteristics, are the result of generations of meticulous care and dedication. If we keep these seeds alive, we are keeping our heritage alive. The lineages of these seeds have a ‘soul’ in a sense, intimate with the peoples that have planted them. In our current time, modern technology has gone beyond traditional plant breeding into artificial genetic modification, primarily for a profit and control motive, taking out the ‘soul’ of the seeds. Seed saving and preservation is our defense against this and provides a bridge for us to cross through these challenging times.”

Greg Schoen  
Lead Seed Keeper at The Path

## The Path's Mission:

- Conserve and distribute heritage seeds
- Educate communities about their importance
- Create spaces for healing, ceremony, and spiritual growth

**Now, More Than Ever:**  
The Path has faced significant challenges this year, including damage caused by a supercell storm in 2023. With Grandmother Flordemayo on sabbatical to focus on her health and care for her husband, your support is more vital than ever.

[followthegoldenpath.org](http://followthegoldenpath.org)

As we prepare to step into 2025, your contribution is essential to:

- Restore the Seed Temple and Sacred Spaces
- Support Indigenous teachings and spiritual gatherings
- Sustain ongoing operational costs to ensure The Path remains open
- "Revitalize the Sanctuary, Rekindle the Spirit"

"The Path grows when you care and share"

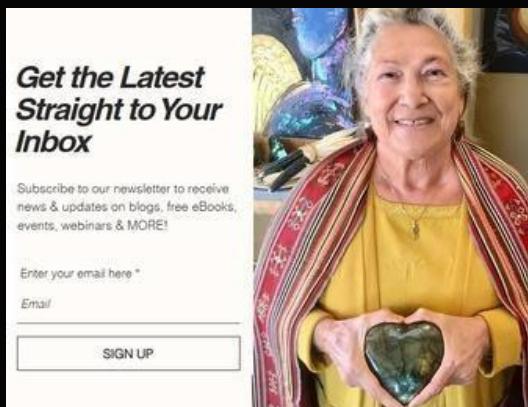


# Love and Light

serves as the sacred connection between Grandmother Flordemayo and The Path, the non-profit she founded. This spiritual hub is a one-stop destination for unique spiritual gifts, wellness offerings, and personal transformation.

Our offerings include monthly FREE Blogs, monthly FREE E-books, webinars and training, sacred and spiritual items, and retreats designed to inspire, uplift, and guide seekers on their journeys. Collaborating with Elders, educators, wisdom keepers, and creatives, Love and Light builds bridges of awareness and strengthens our connection with the Four Sacred Elements and the invisible realms.

Our focus remains clear: to empower each other with a collective intention that serves the greater good of humanity. Each offering is infused with the essence of Love and Light, carrying forward Grandmother Flordemayo's vision for humanity. Like a seed, Love and Light seeks to grow and nurture connections within our network of visionaries, Elders, and planetary activists. All are welcome on this path, and we are honored that you have found your way to Love and Light.



***Special Offer – Love and Light Discount Code: In honor of your generous support, we are offering a 25% discount on all purchases at Love and Light.***

**👉 Use Code: HOLIDAY25 (case sensitive) at checkout. Discover beautiful spiritual gifts, webinars, training, and sacred items, perfect for gifting your loved ones at any time of the year.**

*Continue Exploring*



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You can email Heather at: [hhalldudney@gmail.com](mailto:hhalldudney@gmail.com) or [Heather@followthegoldenpath.org](mailto:Heather@followthegoldenpath.org)  
Please visit Grandmother Flordemayo's website: [grandmotherflordemayo.com](http://grandmotherflordemayo.com)  
Please visit The Path website: [followthegoldenpath.org](http://followthegoldenpath.org)

Videos & Interviews



[An incredibly powerful video on The Path](#)

[Grandmother Flordemayo shares her vision of The Path](#)

[13 Grandmothers: First Gathering Part 1](#)

[Interview with Katy Koontz - Unity](#)

[Voices of the Grandmothers \[Documentary Film\]](#)

[Grandmother Flordemayo Walking the Spiritual Path](#)



I Design, She Shines

Each page I design empowers  
another woman to shine.



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**Guardians of the Sacred**