

Vol. 1, Number 5 | March/April 2024

# Gazette ACE

Arts • Culture • Entertainment



JOHN KNOX  
VILLAGE

Where possibility plays

**Featured Artists:  
The Jersey Tenors**

# Exciting Spring Planned at JKV for Arts, Culture and Entertainment



*Jody Leshinsky, JKV's Life Enrichment Manager*

After two incredible early-year concerts by "Music of the Knights" and the "Jersey Tenors," John Knox Village's Arts, Culture and Entertainment events are gearing up for a memorable spring.

We are excited to bring the legendary vocalist, songwriter and guitarist Allen Harris to the JKV Cultural Arts Center stage

on Wednesday, March 20. This will be a concert that should definitely be on your radar. Make sure to call today to reserve your seats.

On page 14 of this issue of the *Gazette ACE*, read about the upcoming 19th Annual JKV Antique &

Classic Car Show scheduled for Saturday, March 23. The public is invited for this free event, so bring your family and friends. The Car Show will be held adjacent to the JKV Welcome and Innovation Center, and some 50 antique and classic cars are expected for the show.

Share in the JKV lifestyle experience in this issue of *Gazette ACE*. Read how Pickleball has become a national obsession and a popular daily activity for many JKV residents. Read how JKV residents learned about Broward County's agricultural impact on our nation's produce supply during a visit to the State Farmers' Market. Plan to visit JKV this spring, by reviewing the entertainment available for the public on page 28.

John Knox Village is an inclusive and welcoming community which emphasizes the importance of the Arts, Culture and Entertainment (ACE). Call 954-904-0006 to arrange your visit.

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## First Residents Now Moving into The Vue and Terrace in Westlake at JKV

After years of research, planning, design and construction, John Knox Village is pleased to announce the completion of Westlake at JKV.

The first resident move-in was Janet Anding, who relocated from her Cassels Tower residence to a spacious two-bedroom apartment on the top floor of The Vue. In all, there are 147 state-of-the-art sun-soaked apartments in the conjoined twin towers of The Vue and The Terrace. Features include two floors of covered parking, and a first floor filled with amenities that will be available to all residents, family members, and guests. The first-floor common-area includes:

- *BV's French Press and Wine Bar, a coffee and wine bar named after Cassels Tower resident Bruce Voelkel, who provided a very generous gift to the JKV Foundation*
- *The bistro-styled Westlake Eatery*
- *A high-tech projection theatre*
- *Art, music, and fitness studios*
- *Tech learning center*
- *Library*
- *Sacred space*

Now that Westlake has officially opened its doors, the excitement is evident as move-ins commence, and we are touring prospective residents through our stunning new apartment homes in The Vue and The Terrace. Witnessing the joy and anticipation of individuals as they envision their future in our beautiful spaces is truly a rewarding experience.

We invite you to schedule a tour and discover the new heart of JKV for yourself, to see the first-floor amenities and two new dining venues that perfectly complement our existing Aquatic Complex and Cultural Arts Centers. Check out page 28 to see a list of our upcoming shows. Call 954-904-0006 for more information and to schedule your exclusive one-on-one visits. Don't miss the chance to see how Westlake at JKV is redefining luxury living.



*Jamisyn Becker, JKV's Marketing & Innovation Director*



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# The Jersey Tenors

*Presenting Songs from Jersey's Greatest Hitmakers*



*The Jersey Tenors (l to r) Robert Koutras, Vaden Thurgood, Brian Noonan and Joseph DePietro.*

New Jersey has long taken pride in its many great vocalists and musicians, starting during the pop ages of the '40s and '50s. The great Sarah Vaughan from Newark and Hoboken's Frank Sinatra got their start in the Garden State. Don't forget jazz pianist Bill Evans, and the incomparable Count Basie.

Follow that up with '60s stars Frankie Valli and the Four Seasons, Ricky Nelson, Paul Simon and into the 70s with Bruce Springsteen, Jon Bon Jovi, Kool & the Gang, George Clinton & the Funkadelics, Dionne Warwick, the great Whitney Houston, and currently with Queen Latifah and Lauryn Hill.

But maybe nothing had a greater impact on the Jersey sound, than the Tony, Grammy® and Olivier Award-Winning Best Musical "Jersey Boys," described as "the international musical phenomenon that took you behind the scenes — and behind the music — of Frankie Valli and The Four Seasons."







Early last month, a talented quartet of singers named, "The Jersey Tenors" brought many of those sounds to John Knox Village. The Jersey Tenors are Jersey Proud — and highlighted some of Jersey's finest like Frankie Valli and The Four Seasons, Frank Sinatra, Bruce Springsteen,

Kool and The Gang, and even Jersey Girl Whitney Houston. Their harmonies also featured an explosive blend of iconic Opera classics alongside Rock 'n Roll greats like Queen, Elton John, Bon Jovi, Journey and the Beach Boys – to name but a few.

*Residents Linda Allen (in red) and Carol Venuti (in pink) joined the act during the Jersey Tenors' version of "Ladies Night" by Kool & The Gang.*







*The Jersey Tenors took the audience on a musical tour from New Jersey to Europe and back to California.*

On stage at JKV's Cultural Arts Center, the Tenors performed before a near capacity audience and quickly captivated the concert goers with their harmonies and on-stage presence.

The Jersey Tenors are led by Brian Noonan with more than 30 years in the entertainment business. He has starred on Broadway and National Touring Companies, as both The Phantom and Raoul in "Phantom of the Opera," Enjolras in "Les Miserables," Dr. Jekyll and Mr. Hyde in "Jekyll & Hyde," Cable in "South Pacific" with the legendary Robert Goulet, and Gus/Growltiger in "Cats," and "Jesus Christ Superstar."

Vaden Thurgood is the Frankie Valli of the group. His musical credits include National Tours: Michael in "Smokey Joe's Cafe" (20th Anniversary National Tour). Regional credits: "Good News!" (Goodspeed Opera House), Dr. Hart in "Yoshimi Battles the Pink Robots" (La Jolla Playhouse), Rocky in "Damn Yankees: Red Sox Version" (Ogunquit Playhouse), Vernon in "Damn Yankees" (Paper Mill Playhouse, 5th Avenue Theater).

Rounding out the group were Joseph DePietro, and Robert Koutras, both with impressive resumes, who added their enthusiasm, lead vocals, harmonies and dance routines to The Jersey Tenors show.

*The Jersey Tenors invited audience participation, as JKV Lakeside Villa resident Carol Venuti joined the act during their "Kool And The Gang" medley.*

True to their Jersey roots, the Tenors began their musical repertoire with a tribute to Frankie Valli and the Four Seasons, starting with "Big Girls Don't Cry," and "Let's Hang On."

The act quickly shifted from Newark across the Atlantic to England with a tribute to Queen and the operatic harmony of "Bohemian Rhapsody," only to return to their Jersey roots with a Frank Sinatra medley.







*The Jersey Tenors had great audience rapport and took time to meet JKV residents after the show.*

The boys then crossed the Atlantic again to visit Sinatra's Italian roots with "Come Back to Sorrento," and a rock/opera medley: "Funiculi," "Still Rock and Roll," "La Donna Mobile," "Don't Stop Believin'," and "O Sole Mio." The audience got personally involved in the show as the vocalists started a conga line that wound through the crowd. The Tenors were ably joined by JKV

residents Carol Venuti, Linda Allen and Nancy Logue.

From Jersey to the western reaches of the U.S., the Jersey Tenors also brought us memories from the Beach Boy hits: "409," "Little Deuce Coupe," and an audience singalong favorite, "Barbara Ann." The entire show was a nostalgic trip in time and place to the songs we remember so very well.

*Click on the image below to view the YouTube video of the Jersey Tenors concert at JKV.*





# Music of the Knights

Featuring Music of Sir Andrew Lloyd Webber,  
Sir Elton John and Sir Paul McCartney



*"Music of the Knights" featured John Boswell on piano with vocalists Scott Coulter and Jessica Hendy.*

John Knox Village kicked off its 2024 concert season with the *"Music of the Knights,"* featuring hits by three songwriting giants: the British Knights named Sir Andrew Lloyd Webber, Sir Elton John and Sir Paul McCartney.

Performing on stage at JKV's Cultural Arts Center were Broadway veterans who reprised many of the songs from their own New York City performances in musicals like *"Cats,"* and *"Joseph and the Amazing Technicolor Dreamcoat."*

Vocalists Scott Coulter and Jessica Hendy were accompanied on the piano by John Boswell, who has served as musical director for many big stars including Andy Williams, Judy Collins and Bob Newhart. Scott guided the audience appreciation with narration about the careers and songs of the three featured British Knights.

*Jessica Hendy triumphantly sang "Don't Cry for Me Argentina," from the musical "Evita."*







Left to right: Pianist John Boswell, vocalist Scott Coulter and vocalist Jessica Hendy.

From hits by Andrew Lloyd Webber: *"I Don't Know How to Love Him," "Don't Cry for Me Argentina," "Memory,"* and *"Music of the Night,"* to Elton John's *"Your Song," "Goodbye Yellow Brick Road," "Crocodile Rock,"* and *"Don't Let the Sun Go Down on Me,"* the onstage trio breezed through hit after hit. Paul McCartney

was given his tribute with *"Live and Let Die," "Maybe I'm Amazed,"* and *"Yesterday."* But it was the showstopping encore *"Hey Jude,"* co-written by McCartney and Beatles' partner John Lennon, that got the audience to its feet in song by remembering: *"To let her into your heart, then you can start to make it better."*





# 12 Reasons Why Pickleball May Be the Greatest Sport Developed in Decades



Pickleball has been a popular activity at JKV since the courts opened at the Aquatic Complex in 2021.



Whether you've taken to the court yet, it's hard to escape the fastest-growing sport in the United States. Pickleball, the racket sport that's a tennis-ping-pong hybrid, seems to be everywhere.

With its skyrocketing popularity and the demand for places to play, public parks are making renovations to create more courts to keep up with demand, and now empty retail spaces abandoned by the likes of Bed Bath and Beyond are being considered as potential locations for indoor courts.

What makes Pickleball so great? JKV Village Towers residents Michael Featherstone and Barbara Morningstar say it gives them purpose to get up in the morning and get moving.

"When we're playing, we are using almost all the muscles in the body, and the game connects us socially to so many other residents," Barb said.

"We laugh so much when we play. We're so lucky to live at JKV and to be able to utilize the beautiful Pickleball courts, any time of the day, at the Aquatic Center."

She says the reason they play almost every day is, "A day without Pickleball is like a day without sunshine."

If you're not already in the game and that hasn't convinced you, here are 12 reasons why you should be playing:

## 1. It's Easy to Learn

Pickleball is an approachable

JKV's Fitness Studio Manager Marsha Dixon (left) takes to the court.





*Village Towers residents Barbara Morningstar (left) and Michael Featherstone are almost daily Pickleball competitors.*

sport. Even for those not athletically inclined, it's a non-intimidating sport that can turn even the most unlikely candidate into an athlete. You can step onto the court and be at an intermediate level within a short amount of time. Unlike tennis, the rules and basic techniques are relatively easy to learn.

## **2. Anyone Can Get in the Game**

Whether you've always been active by nature, or have always wanted to be, Pickleball is suitable for every fitness level. The court is one-fourth the size of a tennis court. With that much less real estate to cover while trying to hit the ball, it's less intimidating for those who may not be athletes.

## **3. It Contributes to Longevity**

A Mayo Clinic study found that playing racket sports may increase the life expectancy of

participants by six to 10 years. Although the study was observational by nature, it was noted that because racket sports involve more interaction with others than individual sports, and socialization has been shown to positively impact one's well-being, this benefit may be a factor in Pickleball's overall health benefit.

## **4. Your Heart Will Get a Low-Impact Workout**

Playing Pickleball provides a moderate workout for middle-aged and older people, but may be safer than tennis for people with heart issues. Although it's a cardiovascular workout, it doesn't put excessive strain on the body. You'll burn twice as many calories as you would walking three miles per hour on moderate terrain.

## **5. You'll Build Muscle and Improve Your Balance**

In addition to the boost it

gives your cardiovascular system, playing Pickleball requires hand-eye coordination, and builds your muscles. Your forearms, biceps, triceps, hamstrings and quadriceps are all getting a great workout when you play. It can also help your balance.

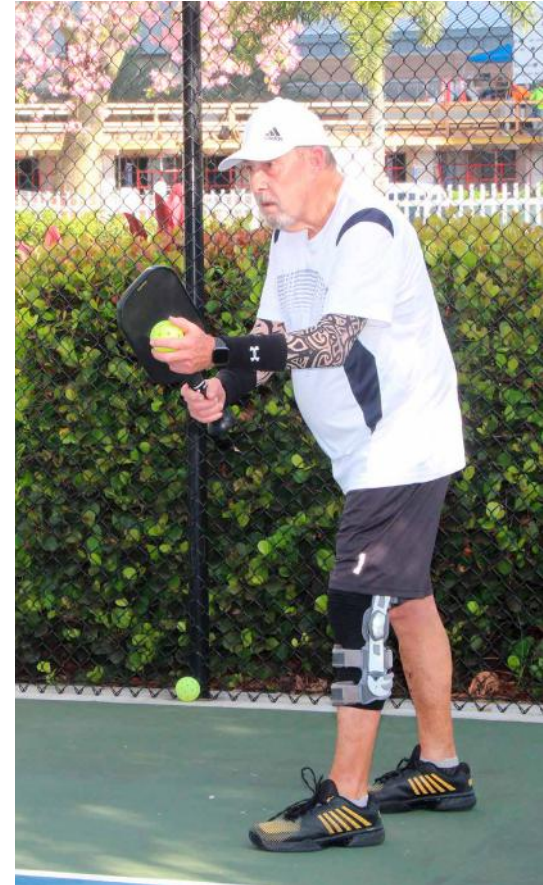
## **6. It Keeps Your Brain Sharp**

Once you master the basic skills of the game, you start to think about strategy. Where is your opponent positioned? Where does their typical serve land on the court? Analyzing the competition, your own placement and strategy, and the desire to keep improving your own game all keep those synapses firing and help keep your mind sharp.

## **7. You'll Sleep Like a Baby**

Playing Pickleball is so much fun, you'll hardly notice that you're getting a real workout until later in the day. Aside from





*JKV's Pickleball courts are a center of activity from early morning to early evening.*

the physical exertion that's been proven to have significant benefits for sleep, getting out there and playing helps lower stress levels and helps you relax when the day is done.

### **8. It Promotes Healthy Habits that Can Lead to Weight Loss**

Playing Pickleball burns eight to 11 calories a minute, so 60 minutes of play can burn 480 to 660 calories. You'd need to play four-and-a-half hours a week to meet recommended exercise guidelines, but with the enticement of the social aspect, it gets some people moving who would otherwise not be doing any physical activity.

### **9. Get a Confidence Boost**

Even for those who historically haven't been athletic, Pickleball is a great entry-level sport anyone can master. There's much to be said for the confidence

12.

that physical activity, accomplishment, and pride (especially when you're on the winning team) can do for your confidence.

### **10. It's Good for a Laugh**

Pickleball is a very social sport, and most people who play would probably agree that this is one of the things they most love about this sport. Although you can play "singles" (one-on-one), games are often played as "doubles," where you and a partner compete against another team of two. Inevitably, you'll get a good laugh. Laughing isn't just good for your mental and emotional health – it's good for the soul.

### **11. Your Relationships Will Grow**

There's something about spending time together and competing on a Pickleball court that fosters mutual respect

among players in the game. It's a great way to get to know someone in a setting that's typically lighthearted (unless, of course, you're competing in a tournament).

### **12. It's Fun for All Ages**

Another truly great thing Pickleball has going for it is that it's a sports activity that different generations can play together. In this world of generational divides, especially when it comes to technology-driven activities, Pickleball is simple fun that brings people of all ages together.

As always, engaging in any sporting activity is not without risk. Talk to your doctor before starting and find out if playing Pickleball is right for you.

As part of John Knox Village's impressive array of amenities, the Aquatic Complex is home to two covered Pickleball courts,





*The Pickeball courts share space in the Aquatic Complex with the resort-styled pool, pictured in the foreground, and the four-lane lap pool beyond.*

two bocce ball courts, two sparkling pools – a resort pool and a lap pool – the Glades Grill, and the Poolside Pub for indoor and poolside dining.

Want to learn more about what John Knox Village has to offer? Contact the Marketing Department today to arrange a time to take a tour, or for a

no-pressure conversation with one of our Life Plan Consultants, please call 954-871-2655.

*Two bocce ball courts are adjacent to the Pickleball courts.*

*JKV Residents enjoyed last year's Kentucky Derby at the Aquatic Complex's Poolside Pub.*







The JKV Classic and Antique Car Show features classic vehicles – many close to 100 years old.

# 19th Annual JKV Antique and Classic Car Show

**Saturday, March 23 from 10am to Noon – All Are Invited**

It will probably be close to some 5,000 collective years of automotive history on display during the 19th Annual John Knox Village Antique and Classic Car Show, set for March 23 at the Village's Welcome and Innovation Center.

With more than 50 Car Show entries expected – many close to 100 years old – the Village's show offers a little something for enthusiasts and casual observers alike. Last year's oldest entry was a 1929 Chevrolet Cabriolet and guests to the show voted for their favorite vehicle, with a 1931 REO Speedwagon winning the prestigious "People's Choice Award."

## Dr. Paul Loree Founder Of The Show

The Car Show was the brainchild of JKV's Heritage Tower resident, retired ophthalmologist, Dr. Paul Loree, an avid antique car collector who recently gave his 1941 Cadillac Series 62 Formal Sedan by Derham to his son in Boston.

Paul recalls how the show began: "My first tour, when I previously owned my 1929 Hudson Dual Cowl Phaeton, was in the small city of Canandaigua in New York. Driving slowly down the road, I noticed the people watching have tears rolling down their faces. They were so moved seeing the cars from their youth and childhood."

Shortly after moving into JKV in 2004, Paul







*A 1931 REO Speedwagon (left) and a WW II era Jeep were two of last year's notable vehicles on display*

shared that story with then-Director of Marketing Bob Milanovich. "Bob agreed it would be an incredible event for our residents—to have several cars and their owners on campus for John Knox Village's own Car Show."

The Car Show has become one of the most popular events during the year, starting from some 20 participating cars to now more than 50. Paul helps the Marketing Department promote and plan for the event.

"Our residents and guests really love walking the grounds, seeing the old cars and talking to the owners. It's always enjoyable listening to them share memories and personal stories," Paul told the *Gazette ACE*.

When it comes to variety, each year there are regular participants and always some newcomers. "We have great participation by the Antique Automobile Club of America [South Florida Region], the Classic Car Club of America, and lately, the local Volkswagen Club."

Attendees are given the opportunity to vote for the "People's Choice Awards" by choosing their favorite automobile. Around noon on March 23, there will be a parade of cars around JKV, for viewing by all residents campus-wide, before the participants enjoy a delicious lunch in JKV's Cultural Arts Center.

Residents, their guests and car enthusiasts from the greater community are welcome to attend. For more information call the JKV Marketing Department at 954-783-4040.

*In the next two pages, view photos of the many classic and antique cars and trucks that were showcased during last year's show.*

*Please plan to join us and take a nostalgic trip down Detroit's automotive history, with some European and Japanese entries along the way.*

*Pictured to the left is Dr. Paul Loree, founder of the now – 19th Annual JKV Classic and Antique Car Show.*







*JKV Lakeside Villa resident Don and son Dirk DeJong showcased their 1941 Buick Super Convertible, last year.*

**19th Annual JKV Antique & Classic Car Show**  
**Saturday, March 23 from 10 a.m. – 12 p.m.**  
**On Grounds Of Welcome & Innovation Center**  
**Info: Call 954-783-4040**







Click on the image below to view the YouTube video of the 2022 JKV Antique & Classic Car Show.





# We Are the World

## The JKV Life Enrichment Department Plans a Yearlong Visit to the Blue Zones and the World's Interesting Countries



The Life Enrichment Department welcomes JKV residents during the "We Are the World" kick-off party.

The John Knox Village Life Enrichment Department set a yearlong theme for activities and events in 2024, named "We Are the World."

The theme is centered upon the "Blue Zones," regions in the world where people are claimed to live longer than average. Examples of Blue Zones include Okinawa Prefecture, Japan; Nuoro Province, Sardinia, Italy; the Nicoya Peninsula, Costa Rica; Icaria, Greece; and Loma Linda, California.

According to Dan Buettner, author of "The Blue Zones: Lessons for Living Longer From the People Who've Lived the Longest," there are nine factors all Blue Zones have in common; these include:

- **Physical activity:** Blue Zone centenarians maintain high levels of physical activity.
- **Sense of Purpose:** The source of life satisfaction, contributing to a longer and happier life.
- **Sleep:** Blue Zone centenarians prioritize rest and sleep.

- **80 percent rule:** Blue Zone people stop eating when their stomachs are 80-percent full.
- **Plant-based diet:** Blue Zone centenarians' diets largely on plants.
- **Moderate alcohol consumption:** Blue Zone centenarians contributed to their long life span.
- **Sense of community:** Strong community ties promote longevity.
- **Loved ones first:** Strong family ties are the cornerstone of Blue Zones communities.
- **Social encouragement:** Blue Zones centenarians live in social networks that promote healthy behaviors.

The JKV activities' calendar will offer lectures, events and dinner outings focusing on that month's featured country.

Having already focused on Japan in February, the calendar now moves to Ireland in March with many Irish-themed events around St. Patrick's Day.





Left: JKV Cassels Tower resident James Jana points to Antarctica, one of the world's venues he has visited. Pictured on the right is the plaque dedicated to George Morikami, namesake of the Morikami Gardens and Museum in Delray Beach, a venue visited during February's focus on the Japanese Blue Zone.

The following are the Blue Zones, and additional countries on which the Life Enrichment Department will focus in upcoming months.

- April: Costa Rica - Blue Zone**
- May: Italy - Blue Zone**
- June: India**
- July: California, USA - Blue Zone**
- August: Greece - Blue Zone**
- September: Spain**

- October: Mexico**
- November: France**
- December: Holidays Around the World**

Coming in the May/June edition of Gazette ACE, watch for a portfolio of photos focusing on the history and culture of Italy. Gifted JKV South Garden Villa resident travel-photographer Tom Regan is now touring Italy, and has been sending back some very impressive pictures for the next Gazette ACE.

JKV residents Lena Dehlin, Claire McCarty and Janet Anding during the "We Are the World" kick-off party.





# Be in the Know: Life-Plan Communities Offer Valuable Tax Benefits

Join Us for a Free Seminar on Monday, March 11 at 11 a.m.



Learn the benefits of living in a CCRC, like John Knox Village, during a Free Seminar on Monday, March 11.

When looking at retirement living options, buying or renting into a senior living community are well-known options. But choosing to live in a Life-Plan Community, such as John Knox Village (JKV) offers some valuable federal tax benefits that other senior living options do not.

## What Is a Life Plan Community?

Life-Plan communities, also known as Continuing Care Retirement Communities (CCRCs), provide the security of having a plan in place for any future health care needs that might arise. Residents live independently, knowing if they ever need care, they'll have it. Most CCRCs offer multiple service levels: Independent living, assisted living, skilled nursing, and memory support services, all available when you need them.

## What Are the Tax Benefits?

Current federal income tax laws permit residents in Life-Plan Communities or CCRCs, like JKV in

Pompano Beach, a tax deduction on a sizeable portion of the one-time entrance fee the year of move-in. In addition, a percentage of the monthly service fees paid during each year can be itemized as a medical expense.

At the beginning of each year, in some communities, such as JKV, auditors calculate the portion of the Entrance Fees and Monthly Service Fees that are attributable to medical expenses and provide this information to residents for their tax preparation.

## Tax and Financial Advisors Can Help You

Tax and financial advisors can play a crucial role in helping seniors living in CCRCs and Life-Plan Communities navigate the complexities of tax laws related to their unique situation. An advisor can help you understand CCRC-related tax deductions, such as:

- *The amount or portion of your healthcare services and fees to the CCRC, as applicable*





*Living in a CCRC provides the security of having a plan through every stage of life.*

- **Other potential itemizable deductions, such as local income taxes related to living in a CCRC**
- **Specific tax implications of different types of CCRC contracts, including the nuances of life care, fee-for-service, and other modified contracts**

In addition, financial advisors can help seniors project future healthcare needs and provide guidance on potential tax implications for accessing long-term care services within or outside of the CCRC.

## **How Much Can I Deduct?**

According to Carol Enisman, Investment Advisor Representative and Managing Partner at Premier Wealth Planning in Ft. Lauderdale, "The current tax code allows you to deduct a portion of your unreimbursed medical and dental expenses that exceed a set percentage of your Adjusted Gross Income."

However, she says, it's important to note that you'll need to itemize your deductions rather than take a standard deduction, which would disqualify you from claiming medical expenses.

***I'm not sure which type of care contract I'm going to choose. Can you tell me the tax benefits of each?***

The tax benefits may vary, depending on which type of care contract you select. Any of JKV's four Life-Plan Consultants can explain the different contract options, including Type A, B, and C contracts, and what each includes. Depending on how much healthcare coverage is included in the contract you

choose, the medical expense tax benefit may vary.

For some types of CCRC contracts, a portion of the entrance fee and monthly fee may be applied toward future medical expenses. Essentially, this portion is considered a pre-paid medical expense and may be included as part of your annual medical expenses.

It's always best to speak with your tax professional, who will be able to advise you with up-to-date tax regulations.

Are there any other tax deductions seniors should keep in mind when filing taxes?

Most of us know that medical bills, hospital bills, prescription costs, dental and vision care, in-home medical care, and costs for hearing aids and glasses are tax deductible.

Another hidden gem that might surprise you is that the standard mileage rate for driving to and from doctor appointments, therapy sessions, and other medical care is also tax deductible.

## **Your Invitation to a Free Tax Seminar**

***Join us for a free seminar on Monday, March 11, at 11 a.m., in the John Knox Village Centre Auditorium. Your hosts for the seminar will be Carol Enisman, Investment Advisor and Managing Partner, and Ariel Enisman, Estate Planning and Asset Protection Attorney from Premier Wealth Planning in Ft. Lauderdale. JKV residents and guests are welcome.***

Carol will focus on the importance of proper tax planning, tax filing updates, and optimization strategies and will offer a new client discount of 25 percent for tax preparation this year. Ariel will be speaking on wills, trusts, probate avoidance and the importance of proper estate planning.

Premier Wealth Planning works with clients to understand the complexities of the tax code and how it applies to residents of a CCRC. Non-JKV residents who are interested in attending are welcome. Please call John Knox Village at 954-834-5075 to RSVP.

*Premier Wealth Planning Mandatory Disclaimer: Securities are offered through Registered Representatives of Cambridge Investment Research, Inc., a broker-dealer member FINRA/SIPC. Advisory services through Cambridge Investment Research Advisors, Inc., a SEC Registered Investment Adviser. Cambridge and Premier Wealth Planning are not affiliated. Cambridge and Asset and Estate Planning, LLC are not affiliated. Cambridge does not offer tax nor legal advice.*



# Residents Visit State Farmers' Market

**Broward County's Amazing History as an Agricultural Powerhouse**



*Fred Segal, President at Broward County Farm Bureau, explains the importance of agriculture in the history and economy of Broward County.*

In an outing arranged in conjunction with the Sample-McDougald House, JKV residents visited the Edward L. Myrick State Farmers' Market. Guides for the visit were Fred Segal, President of the Broward County Farm Bureau, and Edward L. Myrick, now in his 80s, who remains fully active and working daily in the produce business.

Edward L. Myrick State Farmers' Market is one of 12 markets run by the Florida Department of Agriculture and Consumer Services. They offer attendant services such as produce refrigeration, packinghouses, coolers, offices, farm supplies, restaurants and produce brokerage sales as well as produce and freight shipping companies.

One of the few remaining reminders of Pompano Beach's agricultural past, the doors to the Edward L. Myrick State Farmers' Market officially opened for business on Nov. 15, 1939. The 1,008-foot-long platform was said to be the longest in the world at that time.

Since its opening, the Farmers' Market serves as a major produce hub. It is a redistribution site where pre-packed vegetables are brought in and sorted for shipment to supermarkets. Its location is ideal for shipping and distribution. Across the state, State Farmers' Markets are self-sustaining. Revenue earned from tenant leasing pays for the market expenses.







Left: JKV residents meet with the State Farmers' Market's Edward L. Myrick during an informative visit to the Market. Right: Some of the produce shipped nationwide through the State Farmers' Market.

During the winter growing season, the 85-year old market handles hundreds of trucks a day that bring Florida produce to be sold and shipped to customers near and far. Average truck traffic during the high season, November through April or May, is 200 trucks daily or more. The Edward L. Myrick State Farmers' Market offers over 100 jobs to stimulate the local economy. These positions include a range of opportunities in working in agriculture ranging from the broker, to the restau-

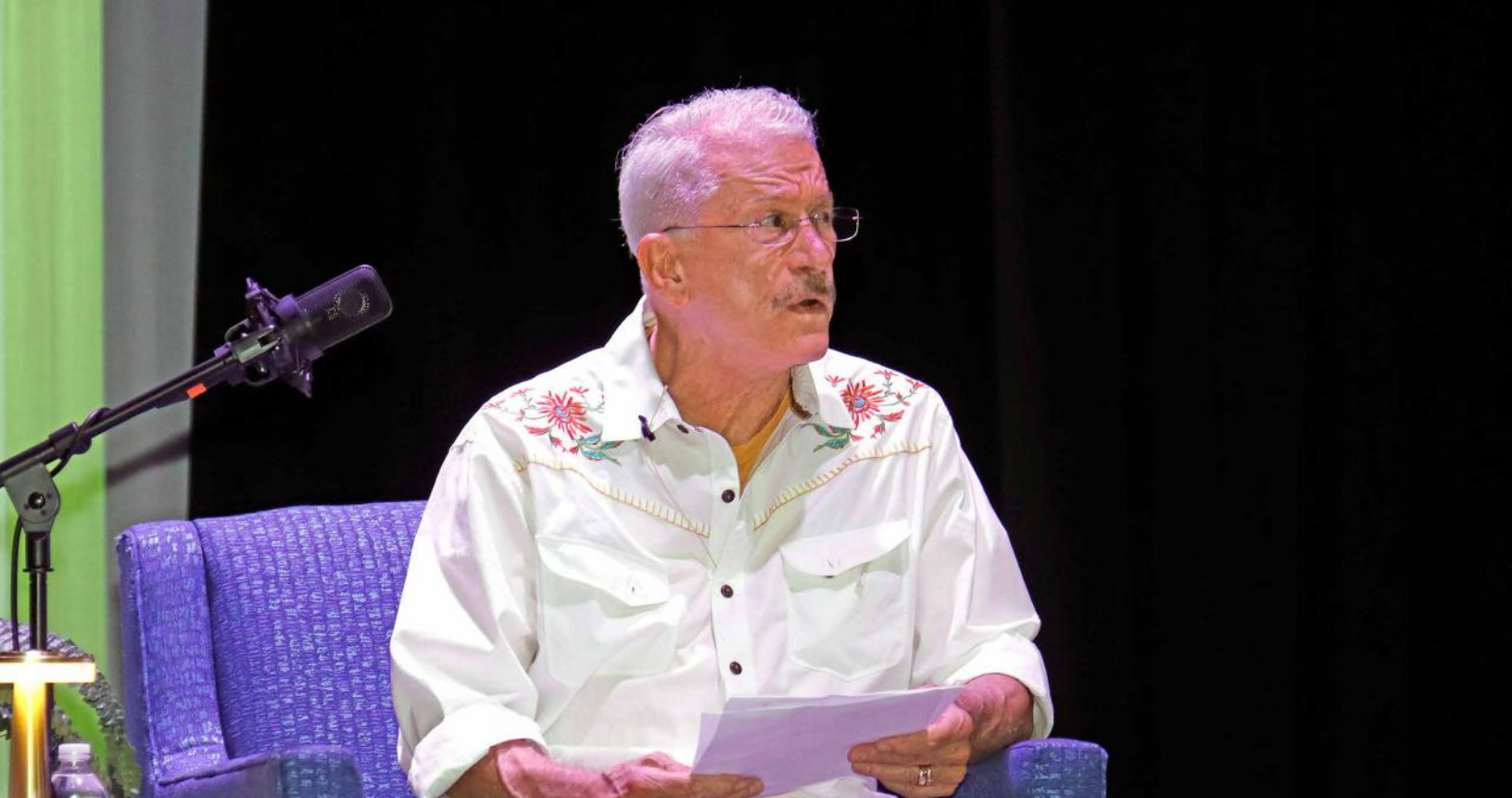
rant waitress, dock attendant, attorney, truck driver and many more. The market also houses over 300 parking spaces for produce truck drivers.

With a total of 25 tenants, the market offers agriculture-related industries an opportunity to lease space at a significant amount lower than the surrounding area. In doing so, this gives the market an opportunity to support the agriculture industry and local economy. It also offers continued support of growth in the agriculture sector.

*JKV residents each received a swag bag containing information about the State Farmers' Market, Broward County agriculture, even flower seeds to plant in their own gardens.*







Phillip Elton Collins reads from his recent book "Sacred Poetry & Mystical Messages," during a JKV authors' forum.

# 'It's a Great Time to be Older'

## ***JKV Resident with Varied Experiences Shares his Vision***

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### **Phillip Elton Collins**

Gazette ACE Contributor

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During these challenging times, I often feel that it is the best of times to be older. In fact, I think about when I was younger and all the opportunities that were available then and not so much for young folks today.

There was free college tuition for Florida residents, career opportunities galore for anyone willing to apply themselves and no global pandemics to complicate schooling, massive debt, relationships or careers.

As a young man, I was able to become Florida Universities educated without any debt, and relocate to New York City and create a very successful career in TV production becoming director 24.

of marketing for George Lucas' Industrial Light & Magic Commercials, producing spots that are still advertising icons. Then later fulfilling a dream in becoming a metaphysical Psycho-Therapist, processing the emotional and mental aspects of being human, Reiki Master Teacher, and a doctor of acupuncture. And finally, being able to start a school to teach what I had learned and write and publish some 20 books on these subjects.

### **Time to Fulfill Who We Are**

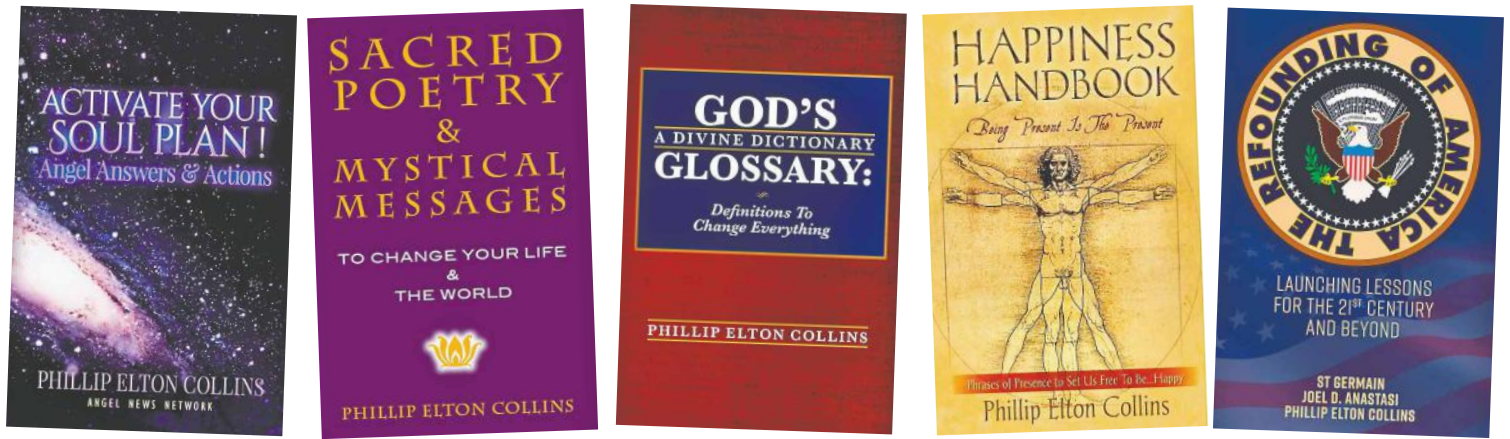
Now, for most older folks, the rearing of families (the realities of reproduction) largely complete, the worst of career pressures behind us, successful first or second marriages for many of us, the daily stresses of life reduced, a few pennies saved, we often

find the best of our lives starts after the age of 50. This is a time when we can wake up and fulfill who we really are and satisfy why we are here, and if we don't know the answers to these, have the time to find out.

### **Live to Your Full Potential**

Living at John Knox Village, we have more time to realize the full potential of our life at this stage of our life. Here at JKV, our staff and community are striving everyday to provide information and resources that can help us increase our self-empowerment, self-expression and creativity to make decisions that pave the way to living our best lives now. And in spite of pandemic challenges, programs are about to get even better still and these will be made available through





*JKV Heritage Tower resident Phillip Elton Collins is a prolific writer and author of more than 20 books of transformation.*

virtual forms of communication (and live when appropriate). Many of our greatest achievers, and artists achieved their most expressive and successful work during their later years. Our campus is filled with talent of every variety and it is the mission of JKV to bring this out into our community in a grander way as our campus expands and grows with a new Cultural Arts Center and state-of-the art homes on

the western end of our campus. We have been given many visions what this will look like and be. Stay tuned for us becoming a part of it all.

### **With Age Comes Wisdom**

Cultural attitudes about aging are being replaced by the realization that we are vital people with an essential gift to offer humanity. It is called wisdom; gained from our long experi-

ences, talents, gifts, knowledge and understanding how to apply it. Not so long ago elders were considered the back bones of many cultures. Here at JKV, we are the whole body reflecting out into the world.

One of the many opportunities of joining the JKV community is experiencing the highlights of the aging journey. We are not ending our lives, for many, we are just beginning.

*Click below for a YouTube video interview with Phillip Elton Collins*



# Therapy Pups Visit Friends at JKV

**Ft. Lauderdale's Canine Assisted Therapy, Inc. Reprises Pet Parade**



*Six Therapy Dog Teams from Canine Assisted Therapy, Inc. brought smiles and kisses to JKV residents in February.*

During the COVID-19 lockdowns of 2020, '21 and '22, Ft. Lauderdale's Canine Assisted Therapy, Inc. (C.A.T.) became a "pawsitive" partner with John Knox Village during visits by many of its therapy dog teams. The affinity with C.A.T. began on July 24, 2020 with the first Pet Parade

organized throughout JKV. The dogs and their handlers drove along the streets of JKV, stopping at the entrance to every building...spending extra therapy time at Gardens West, Seaside Cove and The Woodlands. The C.A.T. teams brought smiles and joy back to the residents during that time of isolation caused by the COVID-19 pandemic.

Since then, C.A.T. has made regular visitations, particularly for dress-up occasions like Valentine's Day, St. Patrick's Day, Halloween, and the Hanukkah and Christmas holidays. The dogs love the attention, and JKV's residents love their visits.

Last month, six teams from C.A.T. dropped by JKV for a Pet Parade. The C.A.T. Parade Director was Elise Samet with Donna Pittala and Jackie O, a Cavalier King Charles spaniel; Vanessa Carosella with Ivy the golden retriever, Dan and Deborah Cummings with golden retriever Archie; Kathy Klein with Archie, another golden retriever;

*(Left to right) Meaningful Life Coordinator Shari White meets the CAT team of Susan Lawrence and Teddy, with Gardens West resident Ava Janes.*







Left photo: Golden retrievers Ivy and Jackson visited The Woodlands along their parade route.  
Right photo: Jackie O, a Cavalier King Charles Spaniel, posed for her parade portrait.

Diane Lea with her French bulldog Jazzmyn; and Susan Lawrence with the smallest therapist of the group, Teddy, the Maltese. The teams paraded the entire Village, stopping for smiles, petting and kisses at every building throughout the campus.

This year marks C.A.T.'s 15th year in operation. C.A.T.'s humble beginnings started in 2009, when co-founders Wayne and Debra Berger and Joanne Jurgle started the organization from their dining room table with just two therapy dogs (Dillon and Chance). As of 2023, C.A.T. enjoys 117

pet therapy teams and more than 60,000 people are served each year.

C.A.T. has evaluated, certified, mentored, and deployed countless therapy dogs and their devoted handlers across hospitals, schools, nursing homes, treatment centers and more. Each wagging tail and gentle paw has brought comfort, smiles, and healing to those in need. For more information on Ft. Lauderdale's Canine Assisted Therapy, Inc. please visit the nonprofit organization's website: [www.catdogs.org](http://www.catdogs.org)

Click on the YouTube video link below to view the mission of Canine Assisted Therapy, Inc.





# Join Us at JKV for Arts, Culture and Entertainment



## Mon., March 4 @ 7 p.m. JKV Broadway Series – Blockbuster Broadway

Celebrate Broadway's biggest songs from Broadway's biggest blockbusters, featuring Broadway's biggest stars.

Come experience all the show-stopping tunes you love from Broadway. Spend an evening enjoying songs from "Wicked," "The Phantom of the Opera," "Annie," "Jersey Boys," "The Sound of Music," "Chicago," "CATS," "The Lion King" and "A Chorus Line" performed by some of New York's top vocalists.

### Tickets

**JKV Resident**      \$20  
**Village Arts Circle**   \$16  
**Non-Resident**      \$26

**Funded by the JKV Foundation**

## Mon., March 11 @ 11 a.m. Free Seminar: Learn the Tax Benefits of CCRCs

John Knox Village is a Life-Plan community, also known as a Continuing Care Retirement Community (CCRC). CCRCs provide the security of having a plan in place for any future

health care needs that might arise. You are invited to a free seminar to also learn the tax benefits of moving to a CCRC, such as JKV. Please call 954-834-5075 to RSVP.

### Free Seminar



## Wed., March 20 @ 7 p.m. Allan Harris: Captivating Vocalist and Guitarist

Allan Harris is a Brooklyn-born, Harlem-raised vocalist, guitarist, songwriter and band leader. With an impressive discography boasting 14 recordings as a leader, Harris has established himself as one of the Jazz world's most acclaimed vocalists, possessing a potent combination of dynamic vocal abilities, impeccable phrasing and powerful emotional resonance.

To read more about Allan Harris, see the story on page 30 of this Gazette ACE.

### Tickets

**JKV Resident**      \$20  
**Village Arts Circle**   \$16  
**Non-Resident**      \$26

**Funded by the JKV Foundation**



## Fri., March 22 @ 2 p.m. Jazz History Lectures: The Evolution of Jazz

"Swinging Through Time: Tracing the Evolution of Jazz" is an enthralling Jazz history lecture series featuring the illustrious Dr. Chuck Bergeron who has enjoyed a remarkable four-decade career as a highly sought-after bassist. In this lecture presentation, Chuck will feature Ella Fitzgerald and Billie Holiday: "The First Ladies of Jazz."

### Tickets

**JKV Resident**      Free  
**Village Arts Circle**   Free  
**Non-Resident**      \$10

## Sat., March 23 @ 10 a.m. 19th Annual Antique & Classic Car Show

You are invited to take a nostalgic walk back in time to view automotive history. The JKV Antique & Classic Car Show is expected to showcase some 50 entries – many close to 100 years old. the Village's show





Florida Grand Opera's Studio Artists to perform in the JKV Cultural Arts Center on April 18.



offers a little something for enthusiasts and casual observers alike. The show will be held on the JKV Campus adjacent to the Welcome and Innovation Center. Everyone is invited. Call 954-783-4040 to let us know you plan to attend.

**Admission Is Free**

**Thurs., April 18 @ 7 p.m.  
Florida Grand Opera's  
Studio Artists**

The Florida Grand Opera Studio Artists spent the full season performing principal and comprimario roles alongside FGO's roster of

acclaimed directors, conductors, and musicians. But they perform more often in concerts all over Miami-Dade and Broward counties, including the beloved "SongFest" series and a touring outreach opera for young audiences among other events.

**Tickets**

<b>JKV Resident</b>	<b>Free</b>
<b>Village Arts Circle</b>	<b>Free</b>
<b>Non-Resident</b>	<b>\$10</b>

**Tues., April 23 @ 7 p.m.  
Jazz & Java –  
World Influences on Jazz**



The Gold Coast Jazz Society invites music enthusiasts and history buffs alike to embark on a captivating journey through the evolution of Jazz. Held in the intimate setting of a Jazz club, each instalment of the series offers an immersive atmosphere that recreates the ambiance of a bygone era.

**Tickets**

<b>JKV Resident</b>	<b>Free</b>
<b>Village Arts Circle</b>	<b>Free</b>
<b>Non-Resident</b>	<b>\$26</b>
<b>Funded by the JKV Foundation</b>	

Plan a visit to John Knox Village for the Free Seminar, the Antique & Classic Car Show, or one of the listed concerts.

To reserve your spot for these events or to explore our full schedule of upcoming performances at JKV, please visit [www.johnknoxvillage.com/events/](http://www.johnknoxvillage.com/events/).

For inquiries about these events, don't hesitate to contact the John Knox Village Life Enrichment Department at 954-783-4039.



# Concert by Jazz Luminary Allan Harris: March 20 in the JKV Cultural Arts Center



Aptly described by the *Miami Herald* as an artist blessed with “the warmth of Tony Bennett, the bite and rhythmic sense of Sinatra, and the sly elegance of Nat ‘King’ Cole,” Allan Harris is a Brooklyn-born, Harlem-based vocalist, guitarist, songwriter, and band leader. With an impressive discography

boasting 14 recordings as a leader, Harris has established himself as one of the jazz world’s most acclaimed vocalists, possessing a potent combination of dynamic vocal abilities, impeccable phrasing, and powerful emotional resonance.

Recognized for his outstanding contributions to jazz, he is a three-time winner of the New York Nightlife Award for “Outstanding Jazz Vocalist,” a *DownBeat* “Rising Star Jazz Vocalist,” and a winner of the prestigious 2022 “Sarah Vaughan International Vocal Competition.” He has also been honored twice as the “Best Male Jazz Vocalist” by *Hot House Jazz Magazine*, received a Back Stage award for “Ongoing Achievement in Jazz,” and was recognized with France’s Palmares Award for the third Best Jazz Vocal Album.

Be sure to mark Wednesday, March 20 at 7 p.m. on your entertainment calendar and plan to hear the vocals and guitar of this legendary entertainer. To reserve your spot for this concert or to explore our full schedule of upcoming performances at JKV, please visit [www.johnknoxvillage.com/events/](http://www.johnknoxvillage.com/events/).

You can also contact the John Knox Village Life Enrichment Department at 954-783-4039 for more information.

Click on the image below for the YouTube video: Allan Harris singing “Run Through America.”







JOHN KNOX  
VILLAGE



# Westlake at JKV, Now Open and Available for Private Tours

**BETTER HURRY! THEY'RE GOING FAST.**

## One Bedroom **AMELIA MODEL**



**Only 17 Left!**

**1 Bedroom + Den/Bedroom, 2 Bath  
1,231 Sq. Ft.**

## Two Bedroom **BISCAYNE MODEL**



**Only 1 Left!**

**2 Bedroom, 2 Bath  
1,748 Sq. Ft.**



John Knox Village 400 SW 3rd St. (Main Entrance), Pompano Beach, FL 33060



**Johnknoxvillage.com | 954-871-2655**





JOHN KNOX  
VILLAGE

Playing fetch at the Wellness  
Park, then lunch at the Palm  
Bistro with the grandkids,  
followed by a show at  
the Cultural Arts Center.

Tired? Sure. Retired?  
I'm not stopping.



Come see our new apartment homes and brand new amenities including:

- Pavilion - Cultural Arts Center
- Coffee and Wine Bar
- Westlake Eatery
- Club Room
- Library
- Virtual Reality Room

- Sacred Space
- Art Studio
- Theater
- Fitness Studio
- Music Studio
- Technology & Learning Centers

## There Are Significant Tax Benefits To Moving To John Knox Village. Learn What They Are.

Join Us For A Free Educational Seminar.

Learn about tax filing updates,  
tax planning and  
optimization strategies.

Monday, March 11<sup>th</sup>  
11 a.m. – 12 p.m.  
in the Village Centre Auditorium

Call to RSVP today **954-904-0006**



400 SW 3rd St. (Main Entrance)  
Pompano Beach, FL 33060



web

JohnKnoxVillage.com  
JohnKnoxVillage

