



Skills and Training Directory for Health and Social Care

2025/26

Introduction - Welcome to Caring Plymouth - Our Vision - Support available from Caring Plymouth	3 4 5
What is Health and Social Care? - Did you know? - Adult Social Care - University Hospitals Plymouth NHS Trust and Livewell Southwest	6 7 8 9
Caerus - Your career, your journey. Interactive exploration. Empowering your future.	10-11
Explore careers across Health and Social Care - Fact sheets and career clips - Case Studies 1-6	12 13-18
Skills and Training Directory - Introduction - Levels of study - Funding information - Provider key - Basic skills (Maths, English, Science, Digital and ESOL) - Level 1 qualifications - Level 2 qualifications - Level 3 qualifications - Level 4 qualifications - Level 5 qualifications - Levels 6, 7 and 8 qualifications - Apprenticeships - Other available training/certification	19 20 21 22 23-24 25-26 27-28 29-31 31 32 33-37 38-39 40-42

Welcome to Caring Plymouth

Making Plymouth a great place to grow up and grow old in is one of the city's key priorities and ensuring that the right care is available for people is critical.

Through Caring Plymouth, we are working together city-wide and system-wide, to strategically coordinate efforts to focus on attraction, recruitment, retention and skills development for our vital health and social care workforce.

We are aligning action with the Government's three key shifts to govern our direction of travel: Hospital to community, Analogue to digital, and Sickness to prevention. With continued need for more nurses, care workers and home carers, this sector has the highest overall demand for job vacancies in Plymouth.

Caring Plymouth's Skills and Training Directory provides both new entrants, as well as the existing workforce, with a fantastic insight into the career pathways available and the breadth of skills, training and education opportunities across the health and social care sector.



Our vision

Caring Plymouth, the city’s sector skills partnership for health and social care, offers an integrated, flexible approach to deliver a sustainable and skilled workforce, able to provide the highest quality of care and support.

Officially launched in November 2023, Caring Plymouth is working together across the public, private and voluntary sectors to bring together a coordinated place-based approach to tackling workforce challenges, particularly around recruitment and retention in adult social care. Working as part of a wider system to improve overall delivery is already making a positive impact.



Support available from Caring Plymouth

The Caring Plymouth team are here to help connect you with the training, education, career and job opportunities that best fit you, your lifestyle, skills and experience. Offering impartial information, advice and guidance, the team can also support those already working in the health and care sector to ensure they are better connected with the wider support and training available to continue developing in their careers.

To find out more and to keep up-to-date with the latest health and social care news and events happening in Plymouth:

Visit: www.skillslaunchpadplym.co.uk/caringplymouth

Email: caringplymouth@plymouth.gov.uk

Follow: **Facebook** @CaringPlymouth



What is Health and Social Care?

Health and social care refers to the integrated provision of services that address individuals physical, mental, and social needs. These services are designed to ensure that people feel heard, understood, and supported, with the ultimate goal of improving health and wellbeing outcomes for individuals, carers, families, and communities.

Health and social care encompasses a broad range of support activities that enable individuals to live independently, safely and with dignity. These services are delivered across diverse settings, including care homes, day centres, community facilities and within individuals' own homes. The approach is person-centred, aiming to empower individuals while promoting inclusion, resilience and quality of life.



Health and Social Care - Did you know?

The sector is about supporting people to maintain their independence, dignity and control. You could be supporting people working in a care home, in the local community or from someone's home. There's always a job in your community that you can do to help others.



Health and Social Care employers recruit through a values-based recruitment process. It is a way of getting to know people, their motivations, passions, interests, and whether they'll be a good fit for your organisation.



Subjects, such as Science, Maths, English, ICT and Psychology can be useful within this sector but not always essential for every role. Having the right values and transferable skills are key.

1.54 million people currently work in the social care sector. Because of the increasing number of disabled younger adults living longer and the growing number of older people needing care, adult social care is growing and the sector needs another half a million jobs, and people to do them, by 2035.



Adult Social Care in Plymouth

Adult social care refers to a range of services and support options designed to help adults aged 18 and over who, due to illness, disability, frailty, or mental health needs, require assistance to live their daily lives safely and independently for as long as possible.

This part of the sector requires workforce growth across England, with 470,000 needed by 2040 if the workforce is to grow proportionally to the number of people aged 65 and over (Skills for Care, 2025).



Care homes provide a home and personal care for people who need extra support in their daily lives. Care homes can be categorised into two main types – Residential, which ensure needs of residents are met and Nursing, which ensures needs are met as well supporting with nursing needs, commonly supported by a qualified Nurse.

Domiciliary Care enables people with care needs to remain in their own home rather than moving into a care setting or staying in hospital. It is often provided to the elderly but can also be offered to children, young people or adults with temporary care needs.



Supported living typically offers support and/or care services to help people to live as independently as possible. Enabling individuals to decide where they want to live and who with, how they want to be supported and what happens in their own home.

Complex lives services enable people to be supported flexibly, receiving the right help, at the right time, in the right place. Providing support surrounding mental health, the treatment and support of substance misuse, housing advice and support, access to temporary and settled accommodation.



Health and Social Care in Plymouth - NHS Trust

University Hospitals Plymouth (NHS Trust) play an important role in the health and care system across the South West Peninsula, serving as a regional specialist centre and working in close partnership to deliver integrated health and social care. Providing care across a broad spectrum, from supporting individuals in their homes and collaborating with voluntary sector partners in local communities, to delivering highly specialised hospital services.

The Trust serves a population of approximately 475,000, with services accessible to nearly 2 million people across Plymouth, Devon and Cornwall.

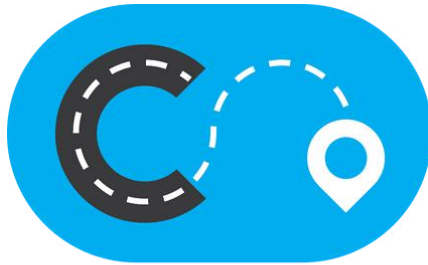


Health and Social Care in Plymouth - Livewell Southwest

Livewell Southwest is a recognised provider of integrated health and social care services operating across South Hams, West Devon and Plymouth, with additional responsibilities for delivering specialist services to people living in certain parts of Cornwall and Devon. Integrating health and social care means care can be delivered for people in new ways which are more efficient, with professionals who would have previously worked in individual teams now working together.



COMING SOON



caerus



COMING SOON



Click on the careers to explore each fact sheet, featuring career clips 

[Respiratory physiology and sleep sciences](#)

[Administration](#)

[Funeral Services](#)



[Orthopaedics](#)

[Palliative Care](#)



[General Practice \(GP\)](#)

[Activities Coordinator](#)

[Complex Lives](#)

[Family Support Worker](#)

[Physiotherapy](#)

[Dementia Care](#)

[Care Worker](#)

[Counselling](#)

[Clinical coding](#)

[Oncology](#)

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[Emergency Department](#)

[Support Worker](#)

[Leadership and Management](#)

[Health care assistant](#)

[Ophthalmology](#)

[Radiology and Sonography](#)

[Catering](#)



[Pharmacy](#)

[Speech and Language Therapy](#)

[Early Years](#)

[Occupational Therapy](#)

[Nutrition and Dietetics](#)



[Audiology](#)

[Site services](#)

[Teaching](#)

[Family Hubs/Children's centre](#)

[Nursing - Adult, Mental Health, Learning Disability & Children](#)

[Children's Services](#)

[Midwifery](#)

[Probation](#)

Case study 1

Alexandra - Nursing Associate - Meadowside and St Francis

Alexandra Pop began her career in health and social care in 2021 at Meadowside and St Francis, initially as a Health Care Assistant. Her dedication and growth led to a promotion to Nursing Assistant later that year, and in 2022, she commenced a Nursing Associate Apprenticeship at the University of Plymouth. She is now a Registered Nursing Associate, providing specialised care within the centre.

Driven by a personal experience supporting a family member through health challenges, Alexandra chose a career in health and social care to make a meaningful difference in people's lives. Her approach is rooted in empathy, emotional support, and a commitment to restoring dignity and wellbeing.

Alexandra's role involves caring for residents with complex needs, including ventilated patients. Her day typically starts at 7 am with handover meetings, followed by medication rounds, tracheostomy and ventilation care, and coordination with medical professionals and families. Her work is characterised by strong teamwork and a focus on delivering high-quality, person-centred care.

Alexandra has completed extensive clinical training, including tracheostomy and ventilation care, PEG feeding, bowel management, blood collection, catheterisation, and emergency procedures. Alexandra emphasises the importance of both clinical competence and soft skills, such as communication and empathy, in building trust and delivering effective care.

Alexandra encourages those entering the sector to lead with compassion. While qualifications are important, genuine care, patience, and respect for residents are what truly define success in health and social care roles.



Case study 2

Steve - Business Development Manager - Indiana Healthcare

Steve Hodge began his role as Business Development and Strategy Officer in 2025. Initially uncertain about a career in health and social care, Steve started with a bank contract through an agency. His early experiences quickly revealed a passion for supporting others, leading to a long-term commitment to the sector.

Steve was inspired by the impact even small achievements can have on individuals' lives. His decision to pursue a career in care was driven by a desire to help others improve their quality of life and achieve personal goals.

In his current role, Steve focuses on identifying opportunities for continuous improvement and strategic growth within the organisation. He uses his sector knowledge to develop initiatives that promote client engagement and mental wellbeing, and conducts audits to identify service gaps and implement action plans.

Steve has completed a wide range of mandatory training, including safeguarding, medication, fire safety, and food safety. He is currently studying towards a Level 5 Management qualification in Health and Social Care.

Steve advises those unsure about entering the sector to gain experience through trial days, shadow shifts, or volunteering. He also recommends speaking with organisations like Caring Plymouth to explore the diverse roles available in health and social care, which extend beyond direct care to include administration, domestic services, physiotherapy, and more.



Case Study 3

Juliana - Healthcare Assistant - Prestige Nursing and Care

Juliana Loye has worked in the care sector since leaving school and joined Prestige Nursing and Care 16 years ago. Her lifelong passion for helping others began with a childhood aspiration to become a nurse, which evolved into a diverse and fulfilling career in health and social care.

Juliana was drawn to the sector by a deep-rooted desire to care for others. Although she didn't pursue nursing formally, she found purpose and reward in supporting individuals across various care settings.

As a complex care worker, Juliana's day involves delivering high-level personal and clinical care. Her responsibilities include washing, dressing, transferring clients using overhead hoists, administering medication via PEG, providing nebulisers and cough assist, setting up feeds, insulin administration, monitoring blood sugars and oxygen saturation and escorting clients to appointments and day centres. She also facilitates engaging activities such as Lego and outings to places of interest.

Juliana thrives on overcoming challenges and thinking creatively to deliver effective care. She finds great satisfaction in seeing positive outcomes, even small ones like a smile, which affirm the impact of her work.

Her role demands a high level of clinical competence and adaptability. Juliana's experience reflects the importance of both technical skills and compassionate care in supporting individuals with complex needs. Juliana encourages applicants to be honest and authentic. She believes that showing genuine passion and a caring nature is key to succeeding in the sector.



Case Study 4

Teisha - Support Worker - Brandon Trust

Teisha has been a support worker with Brandon Trust for three years, proudly joining as their youngest employee. Her journey into health and social care was inspired by her brother's experiences in the sector and her own passion for helping others, which she demonstrated early on through coaching young footballers.

Teisha was drawn to the sector by the opportunity to empower individuals with disabilities to live more independently and confidently. Her commitment to making a meaningful impact is rooted in her belief that everyone deserves the chance to thrive, regardless of their circumstances.

Teisha supports a woman with autism in a 1:1 service, working overnight and into the day. Her responsibilities include managing clinical tasks such as PEG feeding, catheter care, medication administration and mobility support using hoists and transfer aids. She also assists with daily routines, meal preparation, and personalised activities, all while promoting independence and dignity.

Teisha finds deep fulfilment in building relationships and witnessing the positive impact of her support, not only on individuals but also on their families.

Teisha has completed a wide range of training and earned her NVQ Level 2 in Adult and Social Care in 2024 and is progressing to Level 3.

Her top tip for applicants is to highlight emotional intelligence, especially patience, empathy and communication skills. Building trust and adapting to each individual's needs are key to success in support work.



Case Study 5

Kim - Senior Recruitment Consultant - Big Picture Care Group

Kim began her career in the care sector as a support worker in a residential setting, supporting individuals with learning disabilities and complex behaviours. From the outset, she recognised that care was more than just a job, it was a calling. Her passion for making a difference led her to work with individuals requiring person-centred support, where she developed a strong foundation in trust, consistency, and resilience.

Kim progressed into leadership roles, becoming a Team Leader and then Deputy Manager, where she supported both service users and staff in delivering high-quality care. After five years in frontline care, she transitioned into a strategic role as a Recruitment Consultant at Next Generation Nursing and Care, where she has worked for the past 11 years.

In her current role, Kim continues to make a meaningful impact by supporting service providers and users through recruitment and staffing solutions. She manages challenges such as last-minute absences, compliance, and service continuity, ensuring vulnerable individuals receive consistent, quality care. Kim views her work as a privilege and remains deeply connected to the sector.

Kim's journey highlights the diverse career paths within health and social care and the lasting value of experience, whether hands-on or behind the scenes.



Case Study 6

Jane- Head of Residential Care - Meadowside and St Francis

Jane Wyatt has a dedicated career of over 40 years at Meadowside and St Francis. Starting her career after transitioning from a role as a machinist, Jane was inspired by a factory nurse who offered her a position in a care home. Since then, she has found the work deeply rewarding and has never looked back. Her passion lies in making a meaningful difference in the lives of residents, ensuring their voices are heard and their dignity upheld.

As Head of the Residential Unit, Jane's day begins early to connect with the night team and oversee handovers. Her responsibilities include supporting medication rounds, coordinating GP visits, reviewing care plans, conducting staff appraisals, and liaising with health professionals and families. She also monitors the wellbeing of both staff and residents and contributes to strategic meetings with management.

Jane finds joy in seeing residents thrive, especially during social activities in the garden where families and residents come together. She values moments when her efforts lead to improved independence and happiness for those in her care.

Committed to professional development, Jane holds NVQ Level 2 and 4 in Care, Level 3 in End-of-Life Care and is proud to be part of a St Luke's Six Steps + programme.

Jane encourages those considering a career in care to give it a try, even if unsure. She highlights the emotional rewards of seeing residents smile and the importance of being part of a supportive team.



Skills and Training Directory - Introduction

Discover Your Path in Health and Social Care

Plymouth is a city with opportunity, especially in the growing Health and Social Care sector. Whether you're a new entrant, or a part of the existing workforce, considering a career change, or aiming to progress, this directory is designed to guide you through the many education and training pathways available locally.

Understanding Qualification Levels

To help you choose the right next step, we begin with an overview of qualification levels, from Entry Level (basic skills) through to Level 8 (doctoral level). This section will help you identify the most suitable route based on your current experience and career goals.

Funding Your Learning

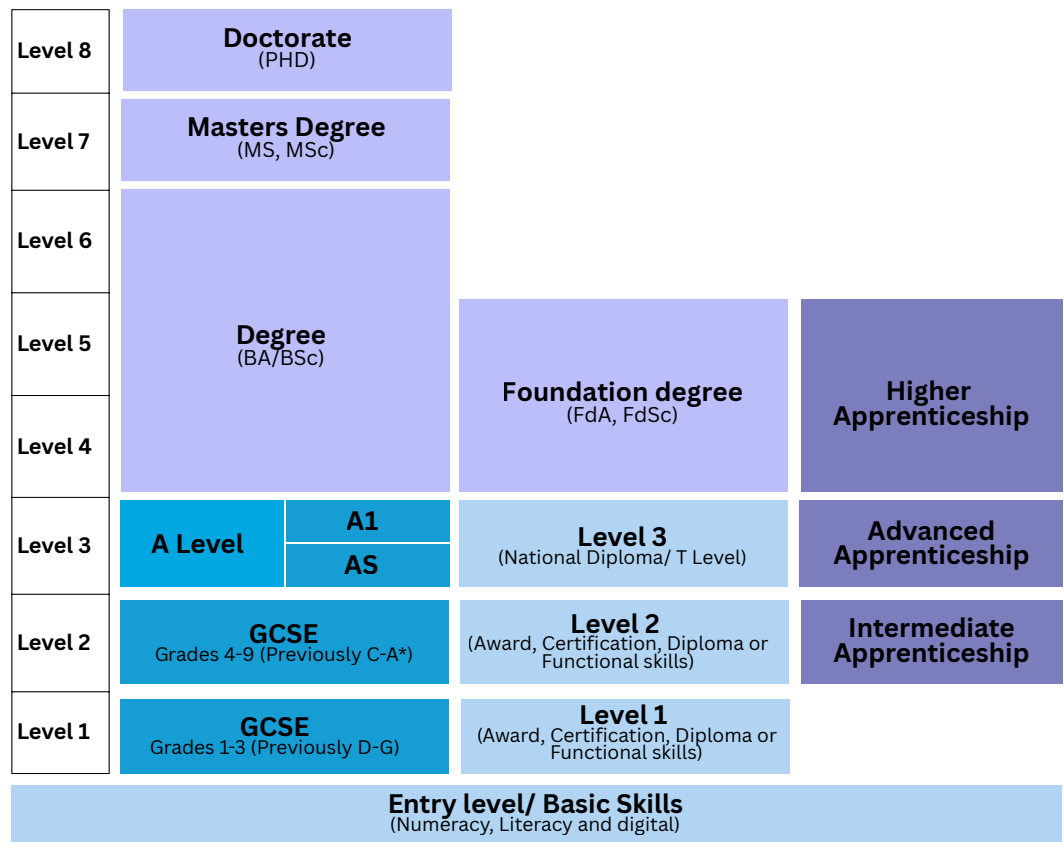
Many courses are available at little or no cost to you. This section outlines the funding options available, including government support and loans, helping you understand how to finance your studies with confidence.

Explore Training, Education and Apprenticeships

Work your way through the comprehensive list of training, education and apprenticeship opportunities through the qualification levels to help you find the right next step for you.

Levels of study

Education and training is organised into levels that reflect the depth and complexity of learning, starting at Entry Level and progressing through Levels 1 to 3, which cover GCSEs and A-levels or vocational equivalents such as T Levels. Levels 4 to 6 represent higher education qualifications including foundation degrees, and bachelor’s degrees. Level 7 represents postgraduate study such as Master’s degrees, while Level 8 is the highest level, representing doctoral degrees focused on original research and advanced expertise. Each level builds on the previous one, supporting learners in academic, vocational, or professional development.



Funding information

Read below for a summary of guidance for each level of study.

When studying, funding can be self funded, either personally or through loans and also funded by public schemes and programmes.

For further information contact the training provider of choice.

Level 1 and 2 qualifications:

Maths, English and Digital courses are free to those who do not hold a qualification.

ESOL courses are free for those living in the UK, but for further information contact the training provider.

Level 3 qualifications:

Level 3 qualifications are usually free, if you:

- already have a level 3 qualification or higher but earn below £25,000 or are unemployed.
- already have a level 3 qualification or higher but are unemployed.

For Level 3 funding visit;
[Advanced Learner Loans | UCAS](#)

Level 4, 5, 6 - 8 qualifications:

These courses need to be funded, further information can be found at [Student Finance England](#).

Provider key

Provider	Abbreviation
Achievement Training	AT
City College Plymouth	CCP
Discovery College	DC
Focus Training Group	FTG
Marjon University	MU
NHS England	NHS
Odils Learning Foundation	O
On Course South West	OCSW
Scott Medical and Healthcare College	SM
University of Plymouth	UoP



Basic skills underpin your training and career progression. English, Maths and Digital skills are integrated into many aspects of a career in healthcare. From administering medication, preparing care plans and the use of technology to track symptoms and log treatment these skills are vital to your core roles and responsibilities, ensuring professional standards are met and competency upheld.

English

Course title	Duration	Provider
Functional Skills (Entry level - Level 2)	up to 18 weeks	OCSW/ CCP/ AT
GCSE English	up to 1 year	OCSW/ CCP

Maths

Course title	Duration	Provider
Functional Skills (Entry level - Level 2)	up to 18 weeks	OCSW/ CCP/ AT
GCSE Maths	up to 1 year	OCSW/ CCP

Science

Course title	Duration	Provider
GCSE Combined Science	1 year	OCSW
GCSE Science	1 year	CCP

Digital Skills

Course title	Duration	Provider
Digital First Steps	5 weeks	OCSW
Digital Core Skills (Various)	Various	OCSW
Digital Functional Skills	5 weeks	OCSW/ CCP
Digital Improvers	4 weeks	OCSW

ESOL (English for Speakers of Other Languages)

Course title	Duration	Provider
English for Speakers of Other Languages (19+)	Various	O/ CCP
IELTS Exam Preparation Course	10 weeks	O
Women Only English Language Courses (with Creche Facilities)	1 year	O
English for Speakers of other Languages (16-18 years)	1 Year (Full Time)	CCP





Entry Qualifications:

These qualifications are available at three levels, 1, 2 and 3. They provide an introduction to and a base understanding of a given subject area.

Courses are delivered either face to face/ in person, online or through a hybrid approach. To find out more about the delivery method, follow the links to each provider below.

Level 1 qualifications

Course title	Duration	Provider
Investigating jobs in the Health sector	2.5 hours	OCSW
Working in Adult Social Care	3 weeks	OCSW
Mental Health Awareness	4 weeks	OCSW
Strategies to improve mental health	2.5 hours	OCSW
Manual Handling for Falls	2.5 hours	OCSW
Neurodiversity Awareness	3 hours	OCSW
Introduction to sensory loss	3 hours	OCSW
Introduction to sensory loss	3 hours	OCSW

Level 1 qualifications

Course title	Duration	Provider
Dementia Awareness	3 hours	OCSW
Supporting Additional Learning Needs	4 hours	OCSW
Health and Safety Awareness	5 hours	OCSW
Infection Prevention and Control	8 hours	OCSW
Employability Health Check	2.5 hours	OCSW
Introduction to Dementia	18 hours	OCSW
Introduction to Autism	30 hours	OCSW
Introduction to Counselling	5 weeks	OCSW
Working in Health (Plymouth Skills Builder)	20 hours	CCP
Employability Skills (Award)	6-24 weeks	CCP
L1 Award in Preparing to Work in Adult Social Care	Up to 12 weeks	AT



Level 2 qualifications

Course title	Duration	Provider
Preparing to Work in Adult Social Care	12-20 weeks	OCSW
First Aid at Work	1 Day	CCP
Understanding Specific Learning Disabilities	Up to 20 weeks	OCSW
Understanding Nutrition and Health	12-20 weeks	OCSW
Mental Health First Aid (Certificate)	Online	OCSW
Understanding Autism	12-20 weeks	OCSW/ AT
Understanding Behaviours That Challenge	12-20 weeks	AT / OCSW / CCP /
Mental Health Awareness	Up to 22 weeks	CCP/ AT
Falls Prevention Awareness	Up to 20 weeks	OCSW
Safe Handling of Medication	Up to 20 weeks	OCSW
Principles of Care Planning	Up to 20 weeks	OCSW
End of Life Care	Up to 20 weeks	OCSW / AT
BTEC First International Diploma in Health and Social Care (16-19)	1 year	DC

Course title	Duration	Provider
Certificate in Customer Service for Health & Social Care settings	Up to 20 weeks (online)	OCSW
Understanding Dignity and Safeguarding in Adult Social Care	Up to 20 weeks (online)	OCSW / AT
Understanding Domestic Abuse	Up to 20 weeks (online)	OCSW
Understanding Personal Care Needs	Up to 20 weeks (online)	OCSW
Safe Handling of Medication	Up to 20 weeks (online)	OCSW
Understanding Technology Enabled Care	Up to 20 weeks (online)	OCSW
Counselling Skills (Certificate)	12-20 weeks	OCSW
Counselling Skills	5 months	OCSW
Certificate in Health Care for all	6 months	AT
Certificate and Extended Diploma Health and Social Care	7 months	AT





Level 3 qualifications

Access to Higher Education

Equivalent to three A-Levels the various Access to HE pathways enable you to develop the skills and knowledge you need to succeed at University. Minimum entry requirements include a Level 2 English and maths. This pathway can be funded using an Advanced Learner Loan which, if you successfully complete your degree programme, will be waived.

T-Levels

T-Levels are aimed at school leavers and are designed to give you a head start towards a career in your chosen field. They follow GCSEs and are equivalent to three A Levels. Designed with employers, including the NHS, on this two year course you will spend 80% of your time in the classroom and 20% on a 45-day work placement which will give you the skills and knowledge that employers are looking for. Undertaking a T-Level will help you to step straight into your chosen career, an apprenticeship, or a degree programme.

Course title	Duration	Provider
Access to HE - Health and Social Care	1 year (face to face or online)	CCP
Access to HE - Health and Social Care	1 year (face to face or online)	CCP

Course title	Duration	Provider
Access to HE - Science (Biopsychology)	1 year (face to face or online)	CCP
Access to HE - Science	1 year (face to face or online)	CCP
Access to HE - Health and Social Care (Counselling)	1 year (face to face or online)	CCP
Access to HE - Education	1 year (face to face or online)	CCP
Access to HE - Nursing	1 year (online)	OCSW
Access to HE - Health and Social Care	1 year (online)	OCSW
Access to HE - Midwifery	1 year (online)	OCSW
Access to HE - Health Professionals	1 year (online)	OCSW
Access to HE - Humanities	1 year (online)	OCSW
Diploma in Adult Care	1 year	AT
T Level - Health	2 years (full time)	CCP
T Level - Healthcare Science	2 years (full time)	CCP
T Level - Childhood Education	2 years (full time)	CCP
Counselling Skills (Certificate)	Up to 20 weeks	OCSW

Course title	Duration	Provider
BTEC National Extended Diploma	2 years	DC/ SM
A Level Pathway to Health	2 years	SM

Level 4 qualifications

Course title	Duration	Provider
Diploma in Adult Care	12-18 months	AT
Education and Training	1 year (part time)	CCP
Certificate for the Advanced Practitioner in Schools and Colleges	9 months	GHQ





Level 5 qualifications

Course title	Duration	Provider
Diploma for Leadership and Management for Adult Care	18 to 24 months	AT
FdSc Assistant Practitioner	2 years	MU
(FsSc) Nursing Associate	2 years (full time) 4 years (part time)	MU/ UoP
FdA Teaching and Learning	2 years (full time) 4 years (part time)	MU

Level 6, 7 and 8 qualifications

Course title	Duration	Provider
BSc (Hons) Nursing (Adult)	3 years (full time)	MU / UoP
BSc (Hons) Nursing (Mental Health)	3 years (full time)	UoP
BSc (Hons) Midwifery	3 years (full time)	UoP
BSc (Hons) Dietetics	3 years (full time)	UoP
BSc (Hons) Nursing (Child)	3 years (full time)	UoP
BSc (Hons) Counselling for Helping Professions	3 years (full time) 6 years (part time)	MU
BSc (Hons) Speech and Language Therapy	3 years (full time) 6 years (part time)	MU
BSc (Hons) Occupational Therapy	3 years (full time)	UoP
BSc (Hons) Paramedic Science	3 years (full time)	UoP
BSc (Hons) Physiotherapy	3 years (full time)	UoP
BSc (Hons) Podiatry	3 years (full time)	UoP
BA (Hons) Social Work	3 years (full time)	UoP
BSc (Hons) Professional Development in Critical Care	5 years (part time)	UoP
BSc (Hons) Diagnostic Radiography	3 years (full time)	UoP

Level 6, 7 and 8 qualifications

Course title	Duration	Provider
BSc (Hons) Dietetics with Integrated Foundation Year	4 years (full time)	UoP
BSc (Hons) Occupational Therapy with Foundation Year	4 years (full time)	UoP
BSc (Hons) Paramedic Science with Integrated Foundation Year	4 years (full time)	UoP
BSc (Hons) Physiotherapy with Integrated Foundation Year	4 years (full time)	UoP
BSc (Hons) Podiatry with Integrated Foundation Year	4 years (full time)	UoP
BSc (Hons) Dental Therapy and Hygiene	3 years (full time)	UoP
BSc (Hons) Social Work	3 years (full time)	UoP
Physiotherapy - M Physio	4 years (full time)	MU
MA Arts, Health and Wellbeing	1 year (full time) 2 years (part time)	MU
MRes (Research Masters)	1 year (full time) 2 years (part time)	MU
MPsy Master of Psychotherapy and Counselling Studies	4 years (full time) 8 years (part time)	MU
MSc Psychology	1 year (full time) 2 years (part time)	MU

Level 6, 7 and 8 qualifications

Course title	Duration	Provider
BEd (Hons) Primary Education	3 years (full time)	MU
PGCE Secondary Education (Biology)	1 year (full time) 2 years (part time)	MU
PGCE Secondary Education (Chemistry)	1 year (full time) 2 years (part time)	MU
PGCE Primary	1 year (full time) 2 years (part time)	MU
PGCE Primary Education with Special Educational Needs and Disability	1 year (full time) 2 years (part time)	MU
PGCE (incorporating the Diploma in Teaching (Further Education and Skills))	1 year (full time)	UoP
MA Education - Disability	1 year (full time) 2 years (part time)	MU
MA Social Policy	1 year (full time) 2 years (part time)	MU
MA Youth and Community Work	1 year (full time) 2 years (part time)	MU
MDiet (Hons) Dietetics	4 years (full time)	UoP
MOccTh (Hons) Occupational Therapy	4 years (full time)	UoP
MOptom (Hons) Optometry	4 years (full time)	UoP



Level 6, 7 and 8 qualifications

Course title	Duration	Provider
MNurs (Hons) Nursing (Adult Health and Child Health)	4 years	UoP
MSc Midwifery	3 years (full time)	UoP
MSc Midwifery (Shortened)	2 years (full time)	UoP
MSc Advanced Clinical Practitioner in Mental Health	3 years (part time)	UoP
MSc Advanced Critical Care Practitioner	1 year (part time)	UoP
MSc Advanced Neonatal Nurse Practitioner	3 years (part time)	UoP
MSc Advanced Professional Practice (Clinical Practitioner)	3 years (part time)	UoP
MSc Advanced Professional Practice in Dietetics	1 year (full time or part time)	UoP
MSc Advanced Professional Practice in Paediatric Dietetics	1 year (full time or part time)	UoP

Level 6, 7 and 8 qualifications

Course title	Duration	Provider
MSc Advanced Professional Practice in Physiotherapy	1 year (full time)	UoP
MSc Advanced Professional Practice in Occupational Therapy	1 year (full time)	UoP
MSc Advanced Professional Practice (Nursing and Midwifery Professions)	3 years (part time)	UoP
MSc Advanced Professional Practice (Health and Social Care Professions)	1 year (full time or part time)	UoP
MSc Human Nutrition	1 year (full time or part time)	UoP
MSc Occupational Therapy (Pre-Registration)	2 years (full time)	UoP
PgDip Community Nursing Specialist (District Nursing)	2 years (full time)	UoP
ResM Applied Health Studies	1-3 years (full time or part time)	UoP



Apprenticeships

Course title	Duration	Provider
Level 2 Adult Care Worker	1 year	CCP/ FTG/ AT
Level 2 Healthcare Support Worker Apprentice	1 year	CCP
Level 3 Lead Adult Care Worker Apprentice	18 months	CCP
Level 3 Senior Healthcare Support Worker Apprentice	18 months - 2 years	CCP/ AT
Level 3 Teaching Assistant	18 months	CCP
Level 4 Lead Practitioner in Adult Care	18 months	AT/ FTG
Level 5 Leader in Adult Care	18 months	AT/ FTG
Level 5 Learning and Skills Teacher	18 months	AT
Higher Level Apprenticeship Assistant Practitioner	2 years (full time)	MU
Higher Level Apprenticeship Nursing Associate	2 years (full time)	MU/ UoP
Registered Nurse Degree Apprenticeship	3 years	UoP
BSc (Hons) Podiatry Degree Apprenticeship	3 years (online)	UoP
Advanced Clinical Practitioner Degree Apprenticeship	2 years	UoP

University Hospitals Plymouth NHS Trust
Apprenticeships Pathways

Here at UHP we offer a variety of apprenticeships from Level 2 to Level 7. Scan the QR code to find an apprenticeship that would interest you.

SCAN ME

If you cannot find an apprenticeship you are interested in

CONTACT US

plh-tr.apprenticeships@nhs.net

www.plymouthhospitals.nhs.uk/apprenticeships

The diagram is a circular chart with eight segments representing different apprenticeship pathways: Corporate Support (green), Nursing (yellow), Healthcare Science (orange), Allied Health Professionals (light orange), Management & Leadership (red), Hotel Services & Facilities (purple), Estates (dark blue), and Digital & Innovation Services (light blue). Each segment contains an icon related to the pathway. A rainbow heart icon is in the center of the chart.

Apprenticeships | University Hospitals Plymouth NHS Trust

Livewell Southwest

Apprenticeships

The diagram is a circular chart with eight segments representing different apprenticeship pathways, each with a numbered icon and a list of roles:

- Clinical non-registered**
 - L2 Healthcare Support Worker
 - L3 Senior Healthcare Support Worker
 - L5 Assistant Practitioner
 - L5 Trainee Nursing Associate
- Nursing**
 - L6 Registered Nurse Degree
 - L7 Advanced Clinical Practitioner
 - L7 District Nurse
 - L7 Specialist Community Public Health Nurse
- Allied Health Professionals**
 - L6 Occupational Therapist Degree
 - L6 Podiatry Degree
 - L6 Speech and Language Therapist
- Medical & Dental**
 - L3 Dental Nurse
 - L4 Dental Practice Manager
 - L4 Oral Health Practitioner
 - L5 Dental Technician
- Admin & Clerical**
 - L2 Customer Service
 - L3 Customer Service Specialist
 - L3 Business Administration
 - L4 Associate Project Manager
- Management & Leadership**
 - L3 Team Leader
 - L5 Operations/Departmental Manager
 - L6 Chartered Manager
 - L7 Senior Leader
- Corporate Support**
 - L3 Human Resources Support
 - L5 HR Consultant Partner
 - L2 Accounts/Finance Assistant
 - L3 Assistant Accountant
 - L3 Procurement & Supply Assistant
 - L3 Financial Services Administrator
 - L3 Workplace Pensions
 - L3 Payroll Administrator
 - L5 Payroll Assistant Manager
 - L6 Accounting Finance Manager
 - L7 Accountancy or Taxation Professional
 - L4 Asset Manager
 - L3 Digital Support Technician
 - L3 IT Solutions Technician
 - L4 Applications Support Lead
 - L6 Service Designer
 - L3 Data Technician
 - L4 Data Analyst
 - L4 Data Protection & Information Governance Practitioner
 - L4 Intelligence Analyst
 - L7 Actuary
 - L3 Digital Marketer
 - L4 Public Relations & Communications Assistant
- Estates**
 - L2 Carpentry & Joinery
 - L3 Advanced Carpentry & Joinery
 - L3 Maintenance Electrician
 - L3 Landscape Technician
 - L4 Facilities Manager
 - L2 Healthcare Cleaning Operative

Apprenticeships | Livewell Southwest

Other Available Training/Certification

Provider	Overview
<u>E-Learning for Healthcare</u>	Providing e-learning to educate and train the health and care workforce. These e-learning programmes are developed in partnership with the NHS, third sector and professional bodies and can be accessed for free, 24/7 by health and care professionals.
<u>On Course South West</u>	An adult education provider that can provide funded and full cost courses designed to meet your business need. Health and Care related courses that can be tailored for your team including; • Face to Face • E-Learning • Blended learning • Skills Bootcamps • Workshops • Qualifications • Digital Badges
<u>Skills Bootcamps</u>	Health and Social Care Skills Bootcamps are short, intensive training programmes designed to help adults quickly gain the practical skills needed for roles in the care sector. They are free for eligible learners and typically last up to 16 weeks. Delivered in partnership with local employers, these bootcamps cover topics like safeguarding, dementia care, infection control, and person-centred support. Completion often leads to a guaranteed job interview or career progression, making them a fast-track route into meaningful work in health and social care.

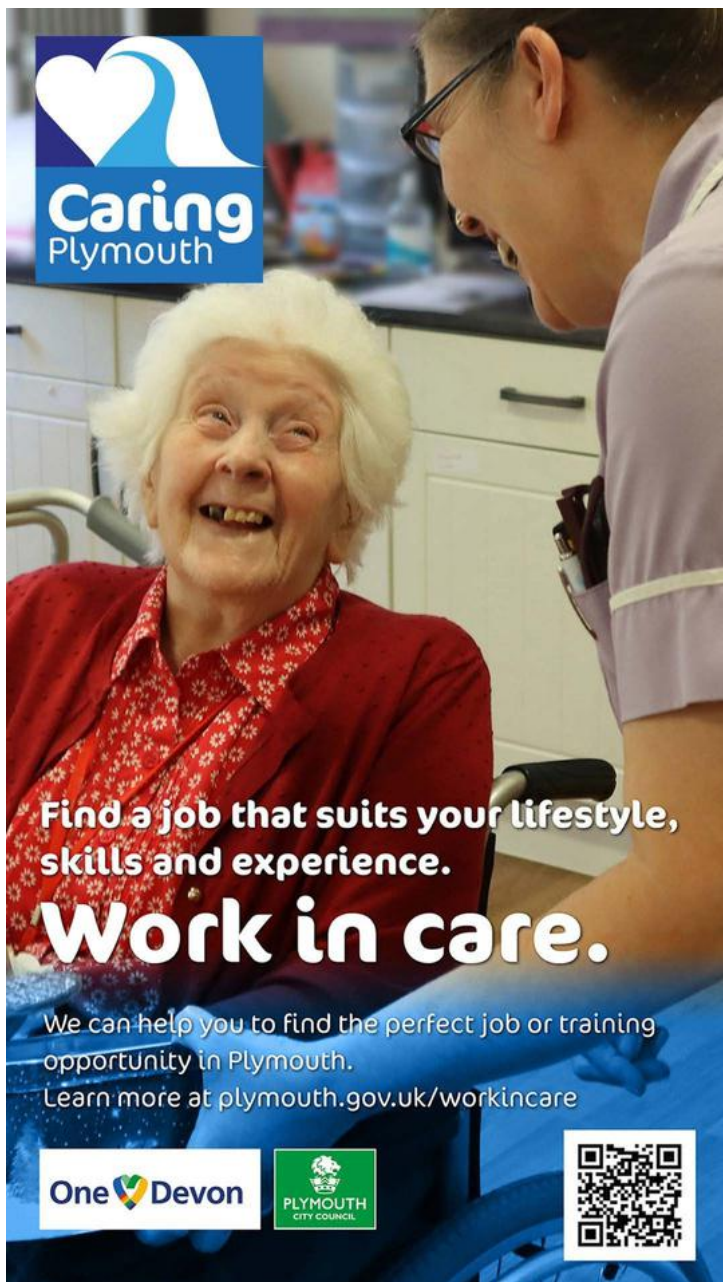
Other Available Training/Certification

Provider	Overview
Department for Work and Pensions (DWP)	Care SWAPs are delivered by the Department for Work and Pensions (DWP) in collaboration with local training providers and employers for claimants on out of work benefits. They allow customers to get the skills and knowledge needed to move into work in the healthcare sector. They are usually delivered face to face between 1-6 weeks. They include skills training, work experience, and conclude with a guaranteed interview with a local employer.
<u>Curve Learning and Development</u>	Curve Learning and Development provide health and social care training across the UK. With a combined total of 50 years of experience across all their staff, providing a high level of training. Curve deliver training nationwide and also offer an online eLearning portal that allows trainees to train wherever and whenever.
<u>St Lukes Hospice Plymouth</u>	The courses offered support and develop all those who care for terminally ill patients and their families, both clinically and non-clinically.
<u>T2 Group</u>	T2 provides a range of industry leading Apprenticeships in Health and Social Care and Apprenticeships in Management throughout the UK.

Other Available Training/Certification

Provider	Overview
<u>Florence Academy</u>	Florence Academy offer an online platform for learning for nurses, carers and support workers, where CPD and certified qualifications can be gained.
<u>Your Hippo</u>	Your Hippo offer an online learning platform. Courses are organised into lessons and topics with a training matrix which displays a record of training.
<u>The Livewell SW Training Network</u>	The Livewell SW Training Network is a social enterprise, committed to developing Health and Social Care Professionals for the future, as well as reinvesting its revenue into local Healthcare Services.
<u>HuFTI - Trauma Informed Supervision</u>	Underpinned by human factors and trauma informed principles, this half-day workshop provides a much-needed foundation in HuFTI-informed supervisory practices, equipping supervisors and those who would like to be supervisors, with the tools to support teams more compassionately and effectively, foster resilience, and promote reflective, skilled supervision best practices.
<u>Skills for Care - eLearning</u>	A range of eLearning modules to support the development of knowledge and skills in different areas. Including • Creating an inclusive organisation • eLearning to support CQC inspection • Introductory modules for managers • Learning from accidents and events • Digital Skills eLearning

The content of the Skills Directory was correct at the time of publication (Autumn 2025).



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