



Muskie Community Center

DINING MENU

March 2025

Lunch is offered to the public 11 a.m. to 12:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Swedish Meatballs Egg Noodles Peas & Carrots or Salad Bar Dinner Roll</p>	<p>4</p> <p>Chicken & Broccoli Casserole Noodles Mixed Vegetables or Salad Bar Biscuit</p>	<p>5</p> <p>Shepherd's Pie Green Beans or Salad Bar Dinner Roll</p>	<p>6</p> <p>Baked Ham Sweet Potato Carrots or Salad Bar Dinner Roll</p>	<p>7</p> <p>Breakfast Buffet Seafood Newburg Rice Vegetable Medley or Salad Bar Dinner Roll</p>
<p>10</p> <p>Beef Patty with Gravy Rice Pilaf Mixed Vegetable or Salad Bar Dinner Roll</p>	<p>11</p> <p>Turkey Tetrazzini Egg Noodles Carrots or Salad Bar Dinner Roll</p>	<p>12</p> <p>Sausage & Beans With Rice Cauliflower or Salad Bar Dinner Roll</p>	<p>13</p> <p>BBQ Chicken Baked Beans Coleslaw or Salad Bar Cornbread</p>	<p>14</p> <p>Breakfast Buffet Baked Stuffed Haddock Sweet Potato Spinach or Salad Bar Dinner Roll</p>
<p>17</p> <p>Corned Beef Boiled Potatoes Carrots, Cabbage or Salad Bar Dinner Roll</p>	<p>18</p> <p>Chicken Stew Biscuits Green Beans or Salad Bar</p>	<p>19</p> <p>Beef Tips Jasmine Rice Broccoli or Salad Bar or Dinner Roll</p>	<p>20</p> <p>Turkey with all the Fixings Mashed Potatoes Butternut Squash or Salad Bar Dinner Roll <i>Suggested Donation of \$8.00</i></p>	<p>21</p> <p>Breakfast Buffet Teriyaki Glazed Salmon Rice Pilaf Peas or Salad Bar Dinner Roll</p>
<p>24</p> <p>Salisbury Steak Mashed Potato Carrots or Salad Bar Dinner Roll</p>	<p>25</p> <p>Chicken Parmesan Penne Pasta Spinach or Salad Bar Dinner Roll</p>	<p>26</p> <p>Frank and Beans Coleslaw or Salad Bar Hot Dog Roll</p>	<p>27</p> <p>Roast Pork Scalloped Potato Mixed Vegetable or Salad Bar Dinner Roll</p>	<p>28</p> <p>Breakfast Buffet Lemon Butter Haddock Jasmine Rice Beets or Salad Bar Dinner Roll</p>
<p>31</p> <p>Chicken Cacciatore Rice Peas or Salad Bar Dinner Roll</p>	<p>All lunches are served with 1% milk, water, and fruit salad. Community Fundraising make the following available: Coffee, Tea and Desserts.</p>			<p>Breakfast Buffet Served every Friday From: 8 - 9:30 a.m. Cost: \$7 per person</p>

Congregate Dining – congregate diners age 60 or older are not required to pay, contributions are by donation, are voluntary and can be confidential; congregate diners under 60, a fee of \$7.50 is required (unless noted otherwise).

We are an equal opportunity provider.



Muskie Community Center

ACTIVITIES

March 2025

★ Special event/by appointment only

	TIME	ACTIVITY	COST
Mondays	By Appointment	★ Notary Services	Donations Accepted
	8 a.m. - 3 p.m.	★ Pool Table ~ <i>Sign up at Reception - Veterans Play Free</i>	\$5 per hour
	9 - 10 a.m.	Richard Simmons Workout	\$2 per person
	8 a.m. - 3:30 p.m.	MOTIVATE at Home Oral Health Education	Free
	12:30 - 2:30 p.m.	★ Mahjong ~ <i>Beginners are welcome!</i>	\$2 per person
Tuesdays	By Appointment	★ Notary Services	Donations Accepted
	8 a.m. - 3 p.m.	★ Pool Table ~ <i>Sign up at Reception - Veterans Play Free</i>	\$5 per hour
	8 a.m. - 3:30 p.m.	MOTIVATE at Home Oral Health Education	Free
	9 - 11 a.m.	Quilts & Crafts	\$2 per person
	Noon - 2:30 p.m.	Hand & Foot ~ <i>Canasta ~ Rummy Type Card Game</i>	\$2 per person
	1 - 2:30 p.m.	Muskie Music Makers	\$1 per person
Wednesdays	8 a.m. - 3:30 p.m.	MOTIVATE at Home Oral Health Education	Free
	9 - 10 a.m.	Richard Simmons Workout	\$2 per person
	9:30 - 10:30 a.m.	French Social Hour ~ <i>Converse with others in French!</i>	\$2 per person
	10 a.m. - 1 p.m.	★ Computer/Phone Classes	Returning in May
	Noon - 2:30 p.m.	Cribbage	\$2 per person
	2 - 3:30 p.m.	Waterville Chess Club ~ <i>Beginners are welcome!</i>	\$2 per person
	Mar 19 , 11 - 12:30 p.m.	★ Meet & Greet Waterville's City Manager Bryan Kaenrath	Free
Mar 19 , 1 - 2:30 p.m.	★ Family Caregiver Support Group	Free	
Thursdays	Mar 13 , 8 a.m. - 2 p.m.	★ Veterans Assistance - Veterans' Service Officers	Free
	9 - 10 a.m.	★ Line Dancing Class	\$2 per person
	1 - 3 p.m.	★ Scrabble ~ <i>If interested, sign up at Reception</i>	\$2 per person
	Mar 20 , 10 - 11 a.m.	★ Nale Law Presentation - Learning Basics of IRA's & More	Free
	Mar 20 , 9 a.m. - 1 p.m.	Power Hour with CMP Representatives	Free
	Mar 20 , 10 a.m. - Noon	One-on-One Tech Help with NDEC	Donations Accepted
Fridays	8 a.m. - 3:30 p.m.	★ MOTIVATE at Home Oral Health Education	Free
	8:30 - 3 p.m.	★ Pool Table ~ <i>Sign up at Reception Veterans Play Free</i>	\$5 per hour
	9 - 10 a.m.	Richard Simmons Workout	\$2 per person
	1 - 3 p.m.	"63" Card Game ~ <i>Beginners are welcome!</i>	\$2 per person
	Mar 28 , 1 - 2:30 p.m.	★ Medicare 101 Clinic at Muskie	Donations Accepted

Inclement Weather Cancellations

In the event of bad weather, please call 873-4745 or (800) 639-1553 for a recorded message announcing any agency closings before heading to the Muskie Community Center. Spectrum Generations will announce any delays or closings on our Facebook page as well as: **TV Channels 2, 5, 6, 8, or 13** and on

FM Radio Stations 92.3, 93.5, 96.7, 97.1, 97.5, 98.5, 101.3, 102.5, 103.3, 104.3, 105.1, 107.9, and AM Radio Station 1160