

Free Family Session

Saturday 6 December

10am to 11.30am at the
Health Resource Centre



Cooking - Arts and Crafts - Games - Messy Play

Free family activity for children aged 0 to 8 who live
in Newcastle - no need to book just pop along!



Healthworks
the community health charity



children & families
newcastle



Healthworks
the community health charity

WARM SPACE DROP-INS

A free, friendly Warm Space to relax, get support, and stay well this winter - supported by the Healthworks Community Wellbeing Pathfinder Service



**Join us for a
Festive Drop-In
1 to 4pm 9 December**

Healthworks, Adelaide Terrace, Benwell, NE4 8BE

- Free tea, coffee, and warm, comfortable space
- Friendly conversation and a welcoming place to connect
- Support with energy bills, housing, benefits, and wellbeing
- Info and referrals to Warm Homes Healthy Futures
- Part of National Energy Action and the Open Doors Support Network
- WiFi, refreshments, and private chat spaces
- Open to everyone - no booking needed

Call 0191 272 4244 with any questions, or just pop in and see us!

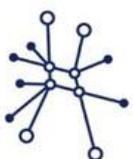
HealthWalk



Festive HealthWalk 10 December
Grab those Christmas jumpers and join us!
10am to 11am in the west end of Newcastle

Get out and about - meet other people - socialise -
improve your fitness - manage your weight

Call us on 0191 272 4244 to book a place



Healthworks
the community health charity

www.healthworksne.org.uk

Cinderella Pantomime

13 Dec

Saturday 13 December

**Group 1 - 10.30am to
12.30pm**

**Group 2 - 1.30pm to
3.30pm**

Family Fun - all ages



Useful Vision invite the whole family to join us for this year's exclusive Pantomime – 'Cinderella'!

Harriet Louise Productions with Stage Door Events will be whisking you away on a magical adventure in this enchanting pantomime, packed with laughter, music, and dazzling performances!

Will Cinderella make it to the ball? Will Prince Charming find the owner of the lost slipper? There's only one way to find out - don't miss the fairest pantomime of them all!

One Strawberry Lane, Newcastle, NE1 4BX

www.usefulvision.org.uk



in support of

Newcastle Eagles

28 Dec

Sunday 28 December
4.30pm TIP OFF
Doors open at 3pm

Family Fun - All ages

Join Useful Vision at Vertu Motors Arena where

Newcastle Eagles will take on Caledonia Gladiators in this Super League Basketball game.

Please note parking at the Arena is £7.50 per Car.

- The car park sells out well in advance of SLB games!! If you require parking this must be booked ASAP using the link that will be sent to you with your booking confirmation email.
- Ear defenders are recommended for younger children.
- No food/liquids to be taken into the venue.
- The arena is a CARD ONLY venue

**Vertu Motors Arena, Scotswood Road,
Newcastle, NE4 7AF**

www.usefulvision.org.uk

