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# Safe Space We care about how you feel.



# For 35 years family building has been our family business.

Since 1989, we have always believed that anyone wanting to start a family should be able to do just that. We are here to help you when donor sperm feels like the right option for you.

# Nervous. Hopeful. Apprehensive. Optimistic. Uncertain. Ready.

You're probably feeling some combination of the aforementioned emotions. And likely, many more. We get it. We've helped lots of people through this process: LGBTQIA+ couples and individuals, single parents by choice, couples experiencing male-factor infertility. Lots of people with many different circumstances but a shared desire; the desire to be a parent and start a family. To hold, love, inspire, and nurture a child of their own.

At Cryobio, we know there are many different ways to start a family and that the word family has many connotations. There is no one perfect way to form your family. Our own family has taken on many different shapes and forms over the years. We simply want anyone turning towards the option of donor sperm to know we are here to help.

# What Makes Cryobio Unique

### How we got started

In 1988, Dr. Bill Baird, PhD, HCLD, was running his IVF laboratories and found himself continuously disappointed with the quality of donor sperm samples he received from other sperm banks. So, Dr. Baird made it his mission to establish a donor sperm bank that delivers, "a great sperm sample that will give our clients the best chance of getting pregnant, having a baby, and creating a family." We know what it takes.



# Our commitment to family, both yours and ours.

Cryobio is a privately owned, family-run business with Dr. Baird's daughters, Robin, the legal and policy director, and Carly (Deal), the experience integration director, at the helm. That's right, two women are steering this ship. Two women who grew up watching their dad devote so much of himself to helping others start families of their own. It was a natural progression that they would end up doing the same one day.

Cryobio believes that this unique quality provides continuity in leadership that allows our donors, our clients and their children, and the adult donor-conceived people these children become to have confidence that their records will stay safe and be available now and in the future.

"The Baird sisters, Robin and Carly are at the helm. That's right two women are steering this ship!"

It also ensures that Cryobio will be providing donor sperm services and directed donor processing for many years to come.

Dr. Baird in 1986 with his three children. His twins were conceived through IUI.

# Our dedication to quality

While the quality of the donor sperm vials we provide is of the utmost importance, we are equally passionate about how we treat people, and family is at the center of everything that we do.



# Why Choose Cryobio?

We know you have options. It's great to have options, but here are a few more reasons to choose us.

### **Quality client care**



We want you to feel comfortable every step of the way during your family-building journey. Please take comfort in knowing that we adhere to the highest standards of care and industry requirements when accepting donors into our donor program and providing you with donor sperm. So for now, enjoy the journey. And, if you need assistance along the way, don't hesitate to contact our kind, experienced, and empathetic team.

### **Affordability**



We realize that starting a family with donor sperm is not a one-size-fits-all process. We also realize that the costs associated with starting a family vary widely depending on many factors, some of which can be anticipated, but others are unforeseen. Because of this, we decided years ago to stop charging different prices for different sets of donor information. Our Starter and Enhanced Donor Information Packages are FREE, while our Advanced Donor Information Package is \$25. Each package includes downloadable documents (no, we aren't going to charge you for downloads!). There are no hidden fees with Cryobio.

We also charge the same amount per vial based on vial processing type (IUI, ART, ICI), not on the type of identity disclosure of the donor you choose. We do not want cost to be an influencing factor when you're making this important choice.

### The highest sample quality





At Cryobio, we take great pride in preparing donor sperm vials that contain more motile sperm cells than anyone else in the industry. We know you've heard that statement before, but we can back it up: Cryobio was the first sperm bank to "wash" or process every donor sample with density gradient centrifugation. This process improves the quality of the sample by removing all of the unnecessary debris that can be found in a sample. Leaving you, the recipient, with a sample containing the most motile sperm (the best swimmers), giving you the best chance of getting pregnant, having a baby, and starting a family.

### License and registration



You want to make sure any sperm bank you work with is licensed and registered with legitimate regulatory groups. You betcha we are!

### Regulatory groups:

FDA , CLIA, Health Canada, State of New York, State of California, State of Maryland

# **Donor Options:**

### The Cryobio donor

We refer to our "anonymous" or "unknown" donors as Cryobio donors. Anonymous is an antiquated and misleading term. Before direct-to-consumer DNA test kits became popular, sperm banks provided "anonymous" and open donors. Now that we realize anonymity is not a guarantee, we have evolved to offering ID Release and ID Release Plus donors. While you can still find all four of these options on our website, we are now only accepting ID Release and ID Release Plus donors into our program.

### **ID Release Plus**

These donors have agreed to release identifying information, name, date of birth, address, email, and phone number—when a donor conceived person turns 18 and requests it.

### **ID Release**

Same as ID Release Plus, except no phone number.

### **Open**

These donors have agreed to have Cryobio help mediate initial contact between the donor and the donor conceived person when they reach 18.

### **Non-ID Release**

These donors opted to keep their identifying information confidential. We cannot release this information without their consent

# Directed or known donor

Some people who are interested in using donor sperm want to use someone they know as a donor. These types of donors are called directed or known donors. The FDA requires directed donors to undergo screening and testing, just like our Cryobio donors. We can do that. The American Society for Reproductive Medicine recommends that directed or known donors go through the same testing, screening, and other qualifying steps our Cryobio donors go through. We can do that. We also process and freeze directed donor vials the same way we process and freeze our Cryobio donor vials. Then, when you are ready to use your directed donor vials, we can ship them to your healthcare providers office or your home. If you want to use a directed donor, why not come to us.

For additional information on directed or known, donors please visit our additional resources page on cryobio.com.



# Choosing a sperm donor is a personal process.

### We think it should be an enjoyable one, too.

At Cryobio, we encourage you to experience the donor selection process at the pace that feels right for you. So gather your decision-making tools, determine your wants vs. needs, select the donor search categories that interest you most, and dive in. If you need us along the way, we'll be here to help.



# What donor information is provided to you:

Use our website to get to know these donors. Read through the information available on their profiles. Start with their descriptions written by our team, individuals who work with our donors daily. Find out what their hobbies and interests are. Take a look at their Favorite "Things" List! Review their Donor Medical History, Family History Summary, Genetic Testing Results, and Keirsey Tests. Read through their Donor Essay and listen to their Audio Interviews. Look through their photos; baby, childhood, or even grownup. \*\*

<sup>\*\*</sup>Please note that we can only provide items the donor has consented to share.

# The Cryobio Donor

### Breaking the mold

As long as there has been donor sperm, there has always been the concept of the "ideal sperm donor," which is comprised of things like what school they attended, how many sports teams they were on, and how they dressed; you get the idea. We stopped subscribing to that model years ago. Cryobio is dedicated to providing our clients with donor sperm vials from individuals that represent the world around us. The human race is a vibrant, fluid, evolving one. Shouldn't our donors be too? Our donors come to us from all walks of life, and we are happy they found us. Otherwise, we wouldn't have options for you!

### Requirements for Becoming a Donor with Cryobio:

# Step 1. Application Process: risk factors and sperm freeze

Each potential donor completes an initial risk factor questionnaire. If that is okay, they provide their first semen sample, which is run through our freeze-thaw process. If it survives, the potential donor collects a second sample. If this sample also survives the freeze-thaw process, we move on to Step 2!

## Step 2. Qualification Process: screening, testing, and evaluating

Now, we start an information-gathering process that includes testing, screening, and evaluating this potential donor to see if they qualify to be a Cryobio donor. Each potential donor is required to:

- provide a personal and 3-generation family medical history\*;
- undergo a physical exam and review by our medical director;
- undergo a genetic history interview and evaluation by our licensed genetic counselor;
- have genetic karyotyping, and a genetic carrier screening test for specific recessive genetic conditions;
- have viral and sexually transmitted infection and disease screening and testing;
- undergo a psychological evaluation by a licensed mental health care provider;
- and pass a background check.

# Step 3. Acceptance Process: consents, profile information, and ID Release.

When a donor is officially accepted, they complete consents and decide what kinds of information they will release about themselves. They also decide whether they will be an ID Release or an ID Release Plus donor. Now they are officially a Cryobio donor and they start collecting at least once a week for at least 6 months.

\*There are a variety of reasons why a potential donor may have trouble providing a threegeneration medical history or complete some of these other requirements. The ability to provide this information and participate in or "pass" these screenings may be impacted by the inequities experienced by many in our country today. Cryobio considers whether a donor is appropriate for our donor program based on the information known at the time of the selection, our current genetic understanding of risk and inheritance, and professional guidelines.

"The human race is a vibrant, fluid, evolving one. Shouldn't our donors be too?"

# **Cryobio's How To Guide**

At Cryobio, we want to make the process of selecting a sperm donor to start your family as simple as possible. Follow these steps to guide you through your personal journey. We'll be here if you need us.

### Create an account

Your Cryobio account allows you to place orders for vials, access donor information, and more. Cryobio provides extensive donor information packages to help customize your selection process and choose a donor just right for you.

### Search our donors

Search our database of carefully selected donors. Filter according to traits that are important to you.



# Your personal journey. Our simple process.

### Select your vial type

You've found your donor! Select the vial type you will be using we offer IUI, ART, and ICI vials. Decide the number of vials you would like to purchase and place them in your cart. Note: We cannot quarantee the availability of specific donor vials in the future, so if you are planning for siblings, we suggest ordering multiple vials and storing them with Cryobio until you're ready to use them.



### Place your order

You are welcome to place your order online or over the phone. For more information on shipping and storage options visit crvobio.com.



### **Paperwork**

We cannot complete your order until you have completed the following:

### Cryobio Sperm Use Agreement 4

This explains Cryobio's policies, the terms of using our services, and other important things to think about when using donor sperm.

### Provider Authorization Form



If necessary, your health care provider should complete this form to allows us to ship donor sperm vials to your home.

### Additional Agreement



Since 2019, all Cryobio donors have undergone expanded genetic carrier screening. Each of these donors has an additional agreement that explains carrier screening, carrier status, and important things to think about when using a donor who is a carrier.



# **More Helpful Information**

Trust us, we get it; there is so much information out there about building your family with donor sperm. It can be overwhelming and, at times, misleading. We hope that the information we have provided is helpful to you. As you continue to read on, make a note of any additional questions you might have. If we haven't answered them here, don't hesitate to reach out to us at 614.451.4375 or via email at info@cryobio.com.

### Vial types

Cryobio donor sperm is available in three different vial types.

### **IUI vials**

IUI vials are used for inseminations—either at home or at your health care provider's office. These vials have been "washed" to remove the seminal fluid from the sperm and can be put directly in the uterus or you can put them on your cervix.

IUI Vials can also be used for IVF.

### **ART vials**

ART vials are intended for use in a clinic when you are making embryos through IVF or ICSI.

You can also use two ART vials for an insemination.

### ICI vials

ICI vials are used for cervical inseminations. The sperm in these vials has not been "washed" to remove the seminal fluid. If you are working with a clinic, these vials can be washed at the clinic and then used for IUIs or IVF also.

### Working with a licensed health care provider

As a reminder - you will need to be under the care of a licensed health care provider in order to purchase donor sperm. They will play a valuable role in your family formation process, and will be the person to tell you which type of vial(s) you should order. Here are a few things we suggest you discuss with them.

### Preconception screening and testing

This can include whether you would benefit from any or all of the following: a physical, a review of your personal and family health history, vaccinations, prenatal vitamins, fertility medications, disease and condition screening and testing, genetic carrier screening, and testing, and a referral to a genetic counselor.

### Treatment policies

Each physician's office, or clinic has its own policies and procedures for inseminations. Your licensed health care provider will go over the timing of your insemination, the number and type of vials you should order for each insemination, and how far in advance of your procedure the vials should arrive at their office or clinic

### Fertility treatment

If additional interventions or a visit to a fertility specialist may be beneficial in order to help you achieve a pregnancy. You can use donor sperm in more advanced fertility procedures.

### Additional necessary care

Care during and after your pregnancy.

Note: Cryobio is happy to assist you with the donor selection process, answer your questions about our donors, and set up an appointment with our genetic counselor.

However, we are not providing medical advice, and we do require you to be under the care of a licensed health care provider in order to use our services.

## Continued.

### **Genetic Testing and sperm donors**

Cryobio's sperm donors have had:

- an evaluation of their reported family and personal health history by our licensed genetic counselor;
- genetic karyotyping; and
- genetic carrier screening is a test that looks for changes in a person's genes to determine their carrier status for some recessive genetic conditions.

We are all carriers of genetic risk, and the use of carrier screening tests means that most donors, and most people, will be identified to be carriers for at least one, if not multiple, recessive genetic conditions.

The number of conditions tested for depends on when a donor entered our donor program.

Donors that started donating in 2019 to the present have had a larger "expanded" carrier screening test for hundreds of conditions; older donors were screened for 2-3 conditions, or occasionally more depending on their ethnicity.

Although no amount of genetic testing can eliminate the risk of genetic conditions, Cryobio thoroughly evaluates each donor's carrier screening results and assesses potential risks of any identified results before allowing donors to remain in our donor program.

There are often interactions between a person's genes and their environment that contribute to disease; these environmental factors are usually abundant and vary over time. We look at each donor's history to determine if there is anything that might indicate a clear increased risk to health above that of the general population. It is important to remember that we are all at risk for something. What we are at risk for is often a combination of genes we inherit, as well as the environments we are exposed to that may or may not be within our control.

We understand, genetics is complicated! Reach out with any questions and for a consult with our genetic counselor.

### **Family limits**

Cryobio limits the number of vials sold per donor based on the number of reported family units per donor. In the United States, that number is 25. Once we have received birth reports from 25 separate families, vials from that donor will only be made available for sale to those families in the event that they would like to try for siblings.

### Report a pregnancy

Asking our clients to report a pregnancy or birth is the most effective way for us to maintain these limits. Not only is this data shared super important to us, we also LOVE hearing about your exciting news!

You can report your pregnancy by completing the 'report a pregnancy' form on cryobio.com, or by giving us a call.

### **Cost and pricing**

For more information on costs and pricing, please visit our costs and pricing page at cryobio.com



Our team is stacked with an incredible group of dedicated, experienced, and empathetic individuals.

### Our team consists of our:

### High-complexity Clinical Lab Director, and Founder

with 40+ years of experience, he has made it his mission to help people build their families. He has run his own IVF laboratories, started a donor sperm bank, and most recently developed the safest, most reliable cryotank monitoring system ever made.

### QA/QC advisor

with a Master of Science in Reproductive Biology and 35 years in the fertility industry who has been with Cryobio since the very beginning.

### **Legal and Policy Director**

with a law degree and 13+ years of experience in the field.

### **Experience Integration Director**

with 12+ years of experience managing teams with a client-centric focus.

### Scientific Advisor

with a Master of Science in Reproductive Biology and 10+ years of experience in the field

Most importantly, our team is full of individuals with lived experience in the challenges that many face when trying to build their family. We have IVF warriors, moms of rainbow babies, parents, grandparents, aunts and uncles made, and individuals born with the help of assisted reproductive technology (ART). ♥

### Registered IVF Nurse

with over 25 years of experience helping those on their journey to parenthood.

### **Donor Coordinator**

with 5+ years of experience and an exceptional track record for keeping track of our donors, and running our directed donor program.

### Communications Liaison

a licensed occupational therapist with over 7 years of experience working in a fast-paced hospital setting, providing rehabilitation and support to patients and their families.

### Senior Lab Tech

who has been with us for almost 30 years; fertility preservation is her specialty.

### **Junior Lab Tech**

who is as calm and thoughtful processing a sample as she is answering client questions.

### **Genetic Counselor**

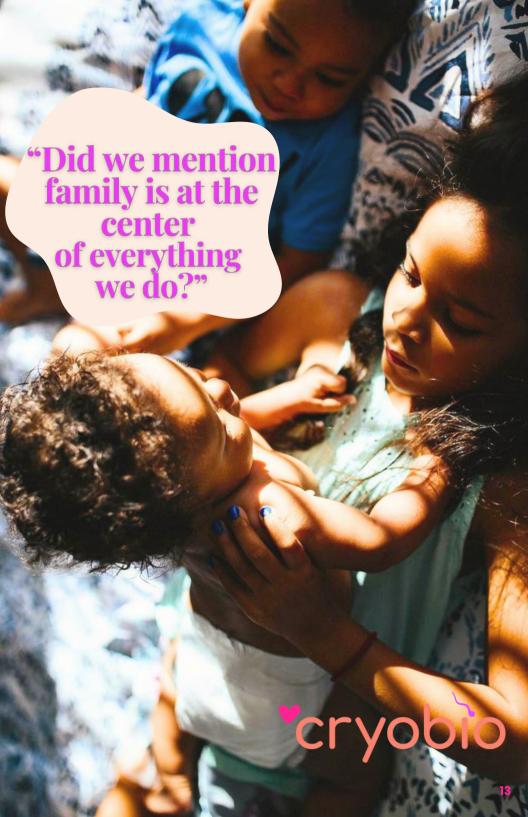
a licensed and certified GC, who in her almost 5 years with us, has been taking complicated genetic information and making it easily understandable for our staff, donors, and clients.

### Physician Consultant

with 14+ years providing emergent, lifesaving care to countless patients.

### **Medical Director**

12 who has been with Cryobio since the very beginning.



### COSTS & PRICING + FAQ

PRICES ARE SUBJECT TO CHANGE, PLEASE VISIT CRYOBIO.COM FORTHE MOST ACCURATE PRIGING INFORMATION.

### Donor Information Packages

Starter

Donor Medical

Family History
Summary

History

Genetic Test Results

Favorite Things List

Baby + Childhood Photos

**Physical Traits** 

Personalitly, Hobbies, and Interests

FREE

You get to control
how much available
how much available
information you
want to see on your
want to see on your
potential sperm
potential sperm

Enhanced

Donor Medical History

Family History
Summary

Genetic Test Results

Favorite Things List

Baby + Childhood
Photos

Physical Traits

Personalitly, Hobbies, and Interests

Audio Interviews

Donor Essay

FREE

Advanced

Donor Medical History

Family History Summary

Genetic Test Results

Favorite Things List

Baby + Childhood Photos

Physical Traits

Personalitly, Hobbies, and Interests

Audio Interviews

Donor Essay

Keirsey Test

Photos of the donor as an adult

\$25

FAQ

Itow do I choose a sperm donor for my family?

A thonestly, choosing a sperm donor is a very personal process, and it truly is different for everyone. For some, the medical information and genetic test results are all they want and need. Others gravitate more toward the social and physical/aesthetic information provided in the donor profiles. There are also many people whose interests fall in the middle.

-7

One thing we recommend to everyone is if the donor you are interested in has had expanded carrier screening and they are a carrier for something, that you also be tested.

### DONOR SPERM VIALS

vial type	Cost per vial	
IUI: Pre-washed. suitable for IVF	\$1170	
ART: FOR IVF WITH ICSI.	\$820	
two ART vials can be combined for 1U1		
ICI: Unwashed; When avilable.	\$1020 <b>Q</b>	
Do I need a doctor to purchase donor sperm?		
A You will need to be under the care of a licensed health care provider.		
what steps should I take prior to def	termining what type of vial(s) 1	
A. Your licensed health care provider wi of vial would be best for you. They w formation process. Here are a few th	ill be the person to tell you which type vill play a valuable part in your family ings we suggest you discuss with them.	

### Preconception screening and testing

This can include whether you would benefit from any or all of the following: a physical, a review of your personal and family health history, vaccinations, prenatal vitamins, fertility medications, disease and condition screening and testing, genetic carrier screening, and testing, and a referral to a genetic counselor.

### Treatment policies.

Each physician's office has its own policies and procedures for inseminations. Your licensed health care provider will go over the timing of your insemination, the number and type of vials you should order for each insemination, and how far in advance of your procedure the vials should arrive at their office or clinic.

### Infertility treatment.

If additional interventions or a visit to a fertility specialist may be beneficial in order to help you achieve a pregnancy. You can use donor sperm in more advanced fertility procedures.

Additional necessary care. Care during and after your pregnancy.

Note: Cryobio is happy to assist you with the donor selection process, answer your questions about our donors, and set up an appointment with our genetic counselor. However, we are not providing medical advice, and we do require you to be under the care of a licensed health care provider in order to use our services.

### COSTS & PRICING + FAQ

PRICES ARE SUBJECT TO CHANGE, PLEASE VISIT CRYOBIO, COM FORTHE MOST ACCURATE PRIGING AND PROMOTIONAL INFORMATION.



### STORAGE OPTIONS

OPTION ONE:

when you purchase 1-3 VIALS



### YOUR FIRST MONTH IS ON CRYOBIO!



\$375

\$700

AMOUNT OF TIME IN STORAGE	COST OF STORAGE
MONTHLY	<b>545</b>
6 MONTHS	□ \$225

- IYEAR 2 YEARS
- \$1000 5 YEARS

when you purchase 4+ VIALS **OPTION TWO:** 



### YOUR FIRST YEAR IS ON CRYOBIO!



AMOUNT OF TIME **COST OF** IN STORAGE STORAGE

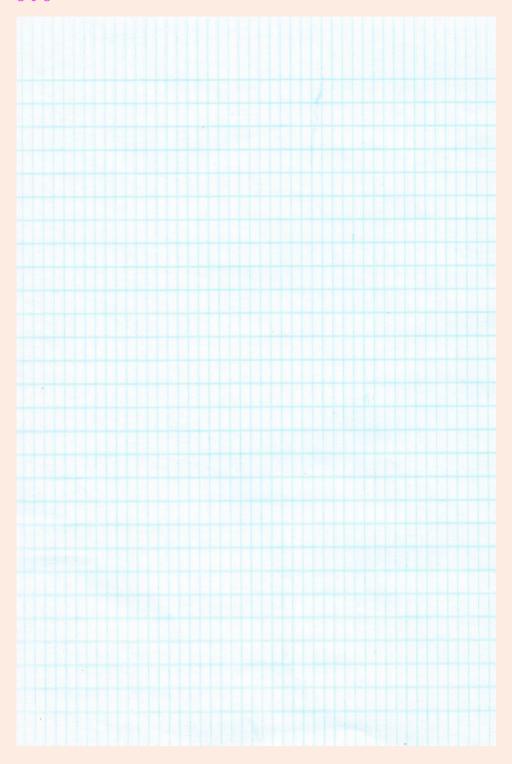
- 2 YEARS 5385
- 5 YEARS \$800

### Vial Buy Back

You have up to 36 months to receive a vial buy back for 50% of the original price you paid per vial - as long as your vial(s) remained at Cryobio the entire time.

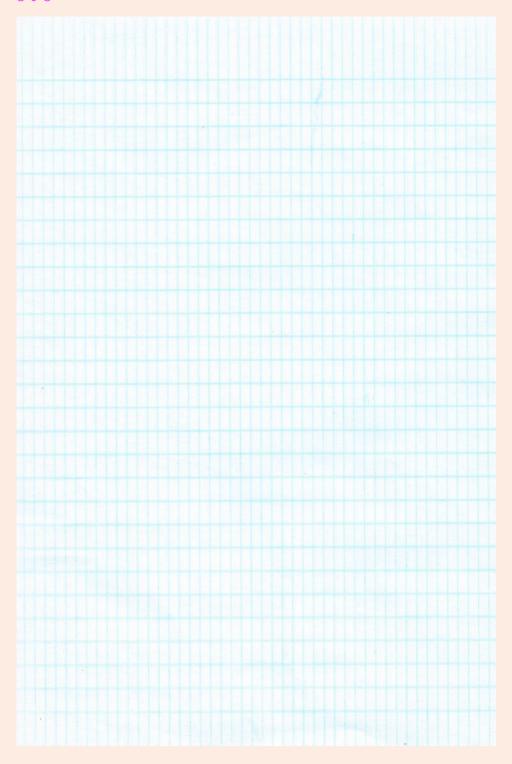
# NOTES + THOUGHTS:





# NOTES + THOUGHTS:





# Cryolo Donor Sperm Bank

"That's right two women are steering this ship."

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