

Muskie Community Center

DINING MENU

November 2025

Lunch is offered to the public 11 a.m. to 12:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Sausage & Meatball Subs with Peppers & Onions Seasoned Rice Salad Bar Sub Roll	4 Greek Chicken Rice Pilaf Buttery Carrots Or Salad Bar Dinner Roll	Roast Pork Sweet Potato Mixed Vegetable Or Salad Bar Dinner Roll	Creamy Chicken Egg Noodles Steamed Broccoli Or Salad Bar Biscuit	Breakfast Buffet 7 Breaded Fish Fillet with Cheese Au Gratin Potato Peas & Onions Or Salad Bar Hamburger Roll
10 Veterans' Day Lunch Beef Pot Roast Mashed Potato Corn O'Brien Or Salad Bar Dinner Roll	Closed Veterans Day	Cuban Pork Brown Rice Vegetable Medley Or Salad Bar Dinner Roll	Chicken & White Bean Skillet Roasted Potatoes Beets Or Salad Bar Dinner Roll	Breakfast Buffet 14 Lemon Butter Haddock Baked Potato Peas & Carrots Or Salad Bar
27 Chicken Cacciatore Penne Pasta Steamed Peas Or Salad Bar Dinner Roll	Baked Ham Mashed Potato Glazed Carrots Or Salad Bar Dinner Rolls	Baked Chicken Rice Pilaf Steamed Broccoli Or Salad Bar Dinner Roll	Turkey 20 with all the fixings Mashed Potatoes Butternut Squash Or Salad Bar Dinner Roll Suggested Donation of \$8	Breakfast Buffet 21 Teriyaki Glazed Salmon Jasmine Rice Green Beans Almond Or Salad Bar Dinner Roll
24 American Chop Suey Buttered Spinach Or Salad Bar Garlic Bread	25 Chicken Stir Fry Over Rice Vegetable Medley Or Salad Bar Dinner Roll	Turkey & Black bean Chili Or Beef Stew Roasted Vegetables Or Salad Bar Dinner Roll	Closed in Observance of Thanksgiving Day	Closed in Observance of Thanksgiving (Day After)
			All lunches are served with 1% milk, water, and fruit salad. Community Fundraising make the following available: Coffee, Tea and Desserts.	Breakfast Buffet Served every Friday from 8 - 9:30 a.m. Cost: \$8 per person

Congregate Dining – congregate diners age 60 or older are not required to pay, contributions are by donation, are voluntary and can be confidential; congregate diners under 60, a fee of \$7.50 is required (unless noted otherwise).

We are an equal opportunity provider.

spectrum generations

Muskie Community Center

ACTIVITIES

November 2025

💘 Special event/by appointment only

	TIME	ACTIVITY	COST
Monda	By Appointment 8 a.m 3 p.m. 9 - 10 a.m. 12:30 - 2:30 p.m. Nov 10, 10 - 11:30 a.m. Nov 17, 10 - 11 a.m. Nov 17, 10 - 11:30 a.m. Nov 24, 10 - 11:30 a.m.	Notary Services Pool Table ~ <i>Sign up at Reception - Veterans Play Free</i> Richard Simmons Mahjong Beginner Watercolor Series Round Table with John E. Nale, Esq Beginner Watercolor Series Beginner Watercolor Series Beginner Watercolor Series	Donations Accepted \$5 per hour \$2 per person \$2 per person \$3 per person Free \$3 per person \$3 per person
Tuesda		Notary Services Pool Table ~ <i>Sign up at Reception - Veterans Play Free</i> Quilts & Crafts Hand & Foot ~ <i>Canasta</i> ~ <i>Rummy Type Card Game</i> The Computer / Phone Classes	Donations Accepted \$5 per hour \$2 per person \$2 per person \$7 Per Class
Wednes	By Appointment 9 – 10 a.m. 9:30 - 10:30 a.m. Noon - 2:30 p.m. 2 - 3:30 p.m. Nov 19, 1-2:30 p.m.	 ★ Notary Services Richard Simmons Workout French Social Hour- Converse with others in French Social Hour- Converse with other Converse w	Donations Accepted \$2 per person ench! \$2 per person \$2 per person \$2 per person Free
Thursda	By Appointment 9 – 10:30 a.m. 11 - 3 p.m. Nov 6 , 8 a.m 2 p.m. Nov 20 , 9 a.m 1 p.m.	 Notary Services Line Dancing Game & Gather− Come Enjoy the Muskie Center Veterans Assistance− Veterans' Service Officer Power Hour with CMP Representative 	Donations Accepted \$3 per person Free Free
Friday	8:30 - 3 p.m. 9 - 10 a.m. 11 p.m 3 p.m. Noon - 2:30 p.m.	 → Pool Table- Sign up at reception- Veterans play Find Richard Simmons Workout Game & Gather- Come Enjoy the Muskie Center → Hand & Foot ~ Canasta ~ Rummy Type Card Game 	sper hour \$5 per hour \$2 per person \$2 per person

Game & Gather at the Muskie Center

Come join us for Game & Gather—a relaxed, open time at the Muskie Center where folks can drop in to play games, chat, and enjoy each other's company. There's no schedule or structured activity—just a welcoming space to unwind, laugh, and connect. Bring a friend, meet someone new, or start up a game—Game & Gather is all about community, fun, and good conversation!

