



14th Annual Congress of the Cyprus Ophthalmological Society

30.11 – 01.12.2024 | Amathus Beach Hotel, Limassol

PROGRAM

UNDER THE AUSPICES OF:



REPUBLIC OF CYPRUS
MINISTRY OF HEALTH

www.cyosconference.com

The Conference has been accredited by CMA for 6 CME points



14th Annual Congress

of the Cyprus Ophthalmological Society





CONTENTS

Message form the Congress Chair	4
Organizing Committee	5
Program	7
Speakers & Moderators	14
Sponsors	19



Message from the Congress Chair

The Cyprus Ophthalmological Society is pleased to announce the organization of its **14th Annual Congress**, scheduled to take place at the Amathus Hotel in Limassol from November 30th to December 1st, 2024. The congress will feature a distinguished lineup of internationally renowned speakers who will present on a wide range of topics, providing an excellent opportunity to enhance our knowledge and engage in discussions on the latest advancements in the field of ophthalmology. We look forward to your participation and are confident that you will find the event both informative and engaging.

Dr. Sophocles Sophocleous
Congress Chair



Organizing Committee _____

Sophocleous Sophocles, Chair

Kontou Eleni

Loukianou Eleni

Nestoras Nestor

Ikonomu Christina

Congress Organizer _____



About CYOS

The Cyprus Ophthalmological Society was founded in 1970.

The Company's aims and objectives is for promoting knowledge about eye diseases to its members, the medical world in general and for the benefit of the general public, as well as achieving the best scientific and professional conditions for its members. Also, the specialty of Ophthalmology is preserved maintained and a high level.

www.cyos.org

Systane®

GET REAL RELIEF WITH OUR DRY EYE SOLUTIONS



 **Systane®'s HP-Guar formulations adapt to your eyes' unique needs^{1,2}**

Consult your healthcare or eye care professional for use, precautions, warnings and contraindications.

References: 1. Silverstein S, Yau E, Tauber J, Guillon M, Jones L, Galarreta D, Srinivasan S, Manoj V. Symptom Relief Following a Single Dose of Propylene Glycol-Hydroxypropyl Guar Nanoemulsion in Patients with Dry Eye Disease: A Phase IV, Multicenter Trial. Clin Ophthalmol. 2020;14:3167-3177. 2. Springs CL. Novel hydroxypropyl-guar gelable lubricant eye drops for treatment of dry eye. Adv Ther. 2010 Oct;27(10):681-90. doi: 10.1007/s12325-010-0052-3. Epub 2010.



PROGRAM

7

Saturday 30 November 2024

09:00 – 09:15

Registrations

Moderators: Maria Phylactou, Christos Tryfonides

09:15 – 09:30

Satellite Symposium

Glaukos: Committed to Innovation in Ophthalmology

Fernando Toro

optohellas
Worldwide Representation Platform

09:30 – 09:50

Anterior Uveitis: A systematic approach

Sofia Androudi

09:50 – 09:55

Discussion

09:55 – 10:15

Why do ophthalmologists need to know about genetics?

Case examples and patient impact

Arif Khan

10:15 – 10:20

Discussion

10:20 – 10:35

The spectrum of genetic variants in patients with retinal dystrophies in a single care centre in Cyprus

Maria Kalogerou

10:35 – 11:05

Opening Remarks

Dr. Sophocles Sophocleous, Congress Chair

Dr. Savvas Hadjiraftis, President of the Cyprus Ophthalmological Society

Dr. Petros Agathangelou, President of the Cyprus Medical Association

Mr. Michael Damianos, Minister of Health

11:05 – 11:50

Opening of Exhibition & Coffee Break

Moderators: Christina Ikonomu, Georgina Hadjilouka

11:50 – 12:10

What to do for a patient who has suspected inherited retinal disease

Arif Khan

12:10 – 12:15

Discussion

12:15 – 13:00

Satellite Symposium

No one Dreams about Silver- Gold Medal Prospectives in Presbyopia Correction

Ramza Diamanti

Duration: 35mins

Give patients the relief they need: How to manage the symptoms of secondary dry eye

Theofanis Liazos

Duration: 15mins



POTAMITIS
MEDICARE
ESTABLISHED 1987

13:00 – 14:45

Lunch Break



14th Annual Congress

of the Cyprus Ophthalmological Society

Moderators: Andreas Sofronides, Eleni Loukianou	
14:45 – 15:10	Posterior Uveitis: A systematic approach on diagnosis Sofia Androudi
15:10 – 15:15	Discussion
15:15 – 16:00	<p>Satellite Symposium</p> <p>Patient – centered Approaches to Reduce Treatment Burden in nAMD and DME</p> <p>Doukas Dardambounis</p> 
16:00 – 16:45	<p>Satellite Symposium</p> <p>Aflibercept. Present, Past and Future in Retinal Diseases</p> <p>Alexandros Charonis</p>   
16:45 – 17:30	Coffee Break
Moderators: Nestor Nestoros, Stelios Hatzikyriakos	
17:30– 17:50	An approach to anterior segment dysgenesis Arif Khan
17:50 – 18:00	Discussion
18:00 – 18:40	The revolution of MIGS in the contemporary management of glaucoma Chrysostomos Dimitriou
18:40 – 18:45	Closing Remarks
20:00	Dinner at Columbia Plaza Venue
	



AcrySof IQ Vivity®
EXTENDED VISION IOL
TORIC EXTENDED VISION IOL

Over
1 Million
Implants.*

Extraordinary Moments
made possible with
Vivity® IOL,
the World's #1 EDOF.¹⁻²

Alcon

*Based on worldwide sales of AcrySof® IQ Vivity and Clareon® Vivity® IOLs

References: **1.** Market Scope - 2023 Premium Cataract Surgery Market Report; 2023 IOL Market Report. **2.** Alcon Data on File, 2022. REF-22137.
Please refer to the product direction for use for a complete list of indications, contraindications and warnings.

© 2024 Alcon Inc. 03/24 GLB/IMG-VIV-2400007 ALC-MD-VIV-071-BA-202610



Sunday 01 December 2024

09:15 – 09:30

Registrations

Moderators: Eleni Kontou, Trisevgeni Ntinioti

09:30 – 11:00

Presentations

09:30 – 09:40

How bad is my IHH?

Antigoni Koukkouli

09:40 – 09:50

Radiation Retinopathy

Eleni Loukianou

09:50 – 10:00

Pediatric ocular trauma

Theodoros Potamitis

10:00 – 10:10

Intraocular Lens Exchange

Petros Tsangaris

10:10 – 10:20

The importance of white to white (WTW) and corneal asphericity (Q), in IOL selection during Cataract Microsurgery

Antonis Aristeidou

10:20 – 10:30

Compensation for missed refractive targets

Petros Aristodemou



10:30 – 10:40	A Retrospective Review Of 172 Cases Using Intrasceral Transtrocar Sutureless Subconjunctival Fixation Of Carlevalle Hydrophilic Implant Vasiliki Mamareli
10:40 – 10:50	Aphakic DMEK and future developments Esther Papamichael
10:50 – 11:00	Myasthenia the great mimic Marina Syrimi
11:00 – 11:10	More than meets the eye Maria Vrahimi
11:10 – 11:20	Ocular trauma - What happened here? Sophocles Sophocleous
11:20 – 11:30	Discussion
11:30 – 12:00	Coffee Break
12:00 – 14:00	General Assembly of Cyprus Ophthalmological Society

NAVI[®] NaCl

5%

PF

Υπερτονικό διάλυμα για την ανακούφιση των συμπτωμάτων που σχετίζονται με οίδημα του κερατοειδούς

MEDICAL DEVICE
CLASS II A



- ✓ Παρέχει προσωρινή ανακούφιση των συμπτωμάτων του οιδήματος
- ✓ Βελτιώνει τη λίπανση του ματιού
- ✓ Διατηρεί φυσιολογικό το πάχος του κερατοειδούς
- ✓ Χωρίς συντηρητικά



VISIONLUX[®] PLUS



ΟΦΘΑΛΜΙΚΕΣ ΣΤΑΓΟΝΕΣ

Ολοκληρωμένη
λύση για την
ΟΦΘΑΛΜΙΚΗ
ΕΝΥΔΑΤΩΣΗ



Για ταχεία ανακούφιση από τη βαριά ξηροφθαλμία, με μακράς διάρκειας αποτελέσματα επιλέξτε το ενυδατικό οφθαλμικό διάλυμα ανάπλασης **VISIONLUX[®] PLUS** με Υαλουρονικό Νάτριο 0,3%, P-PLUS[™] και βιταμίνη B12.

- Σταθεροποιεί το δακρυϊκό υμένιο
- Βελτιώνει την ποιότητα όρασης
- Βοηθά στη διατήρηση μιας υγιούς οφθαλμικής επιφάνειας
- Περιέχει ένα μοναδικό, ασφαλές και βιοσυμβατό σύστημα συντηρητικών
- Είναι συμβατό με όλους τους τύπους φακών επαφής

Αφού ανοιχθεί το φιαλίδιο, το διάλυμα πρέπει να χρησιμοποιηθεί εντός 90 ημερών

ΒΡΕΙΤΕ ΤΟ ONLINE:



Συμβουλευτείτε τον γιατρό ή τον φαρμακοποιό σας.

ΔΙΑΤΙΘΕΤΑΙ ΣΕ ΟΛΑ ΤΑ ΦΑΡΜΑΚΕΙΑ



M.S.Jacovides

Invited Speakers



Dr. Arif O. Khan

Department Chair of Pediatric & Neuro-Ophthalmology,
Eye Institute, Cleveland Clinic Abu Dhabi, UAE;
Professor of Ophthalmology, Cleveland Clinic Lerner College
of Medicine of Case Western Reserve University, USA



Dr. Chrysostomos D. Dimitriou

MBChB(Hons) FRCOphth(UK) FEBOphth FEBOS(Glaucoma)
PGCertMedEd(Healthcare), Consultant Ophthalmic Surgeon – Specialist
in Cataract, Glaucoma & Lasers, The Colchester Eye Centre of Excellence,
Health Education England Lead for East Anglia Eye Surgery Simulation,
The ICENI Centre, Faculty for Ophthalmology, Royal College of
Ophthalmologists College Tutor – Chair: East Anglian Glaucoma
Microsurgical Symposium EAGLaMS



Prof. Sofia Androudi

Professor of Ophthalmology, Director of University Eye Clinic,
University of Thessaly, Greece



Speakers of Short Presentations (in program order)

Maria Kalogerou BSc, PhD

Ophthalmos Research and Educational Institute, Nicosia, Cyprus

Antigoni Koukkouli MBBS, FRCOphth, MSc, MEd

Consultant Ophthalmologist, Pantheo Eye Center

Eleni Loukianou MD, MSc, PhD

Consultant Ophthalmic Surgeon

Theodoros Potamitis

Consultant vitreo-retinal specialist

Petros Tsangaris Bsc, MBBS, FRCOphth

Consultant Ophthalmologist & Vitreoretinal Surgeon, Iris Eye Centre, Nicosia

Antonis Aristeidou MD, PhD

Ophthalmic Surgeon

- Doctor of Medicine, School of Medicine, Democritus University of Thrace
 - Specialist in Refractive Surgery & Keratoconus
 - Visiting Physician, MEEI, Harvard University, Boston, USA
 - Scientific Director, Ophthalmology General Clinic of Thessaloniki - EyeRobotica
-

Petros Aristodemou FRCOphth

VRMCy, Cyprus, IOL Power Club, USA

Vasiliki Mamareli MD, PHD(c)

Ophthalmic Surgeon, Ophthalmos Research & Educational Institute

Esther Papamichael MBBS, IBSc, FRCOphth, PgDipCRS, CertLRS

Consultant Ophthalmologist

Marina Syrimi BA, MA, MBBChir, FRCOphth, CCT (London)

Consultant Ophthalmic Surgeon, Dr Marina Syrimi Eye Clinic

Maria Vrahimi BSc (Hons), MBChB, FRCOphth (London), CCT (UK)

Consultant Ophthalmologist & Neuro-ophthalmologist

Sophocles Sophocleous OD, MD, FEBO, FRCOphth

Consultant Ophthalmologist, specializing in Pediatric Ophthalmology and Strabismus,
President of Academic Committee of the Cyprus Society of Ophthalmology



Satellite Symposium Speakers (in program order)

Fernando Toro

Regional Commercial Manager, Corneal Health and Glaucoma, Distributor Marke

Ramza Diamanti MD, MRCOphthI, FEBO

Anterior Segment Surgeon, Head of Surgical Department
and Scientific Supervisor in OMMA Ophthalmological Institute of Athens

Theofanis Liazos

Alcon Professional Education & Development Manager VC CSEE Cluster

Doukas Dardambounis

Director of the NHS and scientific director of the Department of Retinal Disease Diagnosis
at the University General Hospital of Alexandroupolis

Alexandros Charonis

Ophthalmic Surgeon
Head of Retinal Department, Athens Vision



Moderators (in program order)

Maria Phylactou MD, MSc, FEBO, PGDipCRS, CertLRS

Consultant Ophthalmic Surgeon, Cornea and Ocular Surface Disease Specialist

Christos Tryfonides MD

Ophthalmic and Oculoplastic Surgeon

Christina Ikonomu

Ophthalmic Surgeon

Georgina Hadjilouka MD, PhD, FEBO

Ophthalmic Surgeon

Archbishop Makarios III Hospital, Nicosia

Andreas Sofronides

Vitreoretinal Surgeon

Eleni Loukianou MD, MSc, PhD

Consultant Ophthalmic Surgeon

Nestor Nestoros MD, FEBO

Ophthalmic Surgeon

Stelios Hatzikyriakos MD

Consultant Ophthalmologist

Eleni Kontou

Ophthalmic Surgeon

Trisevgeni Ntinioti

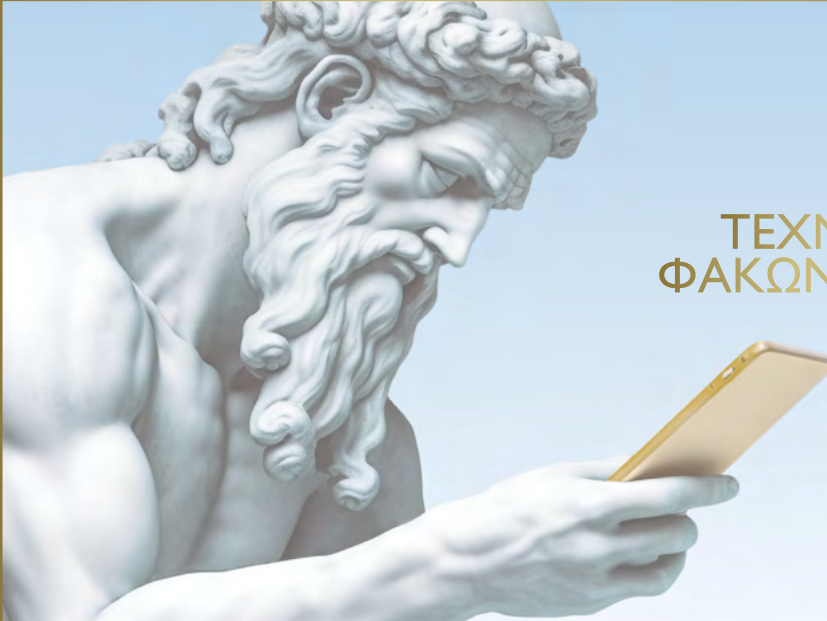
Surgeon Ophthalmologist

Assistant Professor of Ophthalmology

European University of Cyprus

Η ΝΕΑ
ΕΠΟΧΗ
ΑΠΑΙΤΕΙ

ΝΕΕΣ
ΤΕΧΝΟΛΟΓΙΕΣ
ΦΑΚΩΝ ΕΠΑΦΗΣ



✓ Sphere ✓ Toric

Daily disposable

PRECISION 1™
contact lenses

> 80%
water
at the surface⁴

Offers
comfortable
wear even at
16 hours^{29,30}



✓ Sphere ✓ Toric ✓ Multifocal

Daily disposable

TOTAL 1®
contact lenses

~ 100%
water
at the surface^{1,2}

It provides
exceptional
comfort that it
feels like nothing³



✓ Sphere ✓ Toric ✓ Multifocal

Monthly disposable

TOTAL 30®
contact lenses

~ 100%
water
at the surface^{5,6}

It feels like
nothing even
at day 30²⁸



SPONSORS

Main Sponsor



Authorized
Distributor



POTAMITIS
MEDICARE
Established 1962

Sponsors



Bayer



COSTAS PAPAELLINAS ORGANIZATION
Cyprus Pharmaceutical Organization Ltd



**Costakis
Tsisios & Co**



DASK VISION

Kypropharm Ltd

MARZAVAS

MEDICAL COMPANY



life pharma



M.S.Jacovides



optohellas
Worldwide Representation Platform



Synapsis Cyprus

System Vision

VHP HADJIPANAYIS



SHOCKINGLY BRILLIANT DISTANCE VISION, TIME AFTER TIME¹⁻⁵

CLAREON® MONOFOCAL IOLs give your patients functional intermediate vision while maintaining exceptional sharp, crisp distance vision⁶⁻⁹. But what they see might surprise them.



Alcon

1. Clareon® IOL Directions for Use. 2. Lane S, Collins S, Das KK, Maass S, Thatthamila I, Schatz H, Van Noy S, Jain R. Evaluation of intraocular lens mechanical stability. J Cataract Refract Surg. 2019 Apr;45(4):501-506. 3. Alcon Data on File, 2017. 4. Lehmann R, Maxwell A, Lubeck DM, Tong R, Walters TL, Sakadej J. Effectiveness and Safety of the Clareon Monofocal Intraocular Lens: Outcomes From a 12-Month Single-Arm Clinical Study in a Large Sample. Clin Ophthalmol. 2023;15:1647-1657. 5. Oshika T, Fujita Y, Inamura M, Miyata K. Mid-term and long-term clinical assessments of a new 1-piece hydrophobic acrylic IOL with hydroxyethyl methacrylate. J Cataract Refract Surg. 2020 May;46(5):682-687. 6. AcrySof® IQ Vivity® Extended Vision IOL Directions for Use. 7. Bala, Chandra, et al. Multi-country clinical outcomes of a new nondiffractive presbyopia-correcting intraocular lens. Journal of Cataract and Refractive Surgery Publish Ahead of Print DOI:10.1097/jcrs.0000000000000712. 8. Varma, Devesh, et al. Clinical Outcomes of a New Non-Diffractive Presbyopia-Correcting Intraocular Lens From Two Large Confirmatory Studies. American Academy of Ophthalmology Abstracts PA005. 9. Alcon Data on File, 2022. [401970-REF-211731]-Optical Equivalency of Clareon Monofocal and AcrySof IQ IOL Version 1.2 REF-15172. Based on Studies with AcrySof®, Clareon® and AcrySof® are optically equivalent with the same -0.2µm aspheric design resulting in improved depth of focus.