

3RD MEDITERRANEAN CONFERENCE OF PLASTIC SURGERY INNOVATIONS

5 - 7 SEPTEMBER 2026
ELOUNDA BEACH HOTEL, CRETE

PROGRAM



ORGANIZER:



Division of Plastic and
Reconstructive Surgery

UNIVERSITY OF COLORADO **ANSCHUTZ MEDICAL CAMPUS**

In Collaboration With



The Aesthetic Society®

ENDORSED BY:



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DAY 1: SATURDAY, SEPTEMBER 5TH

07:00 - 07:50 Registration

07:50 - 08:00 Opening Remarks

08:00 - 12:20 SESSION 1 - FACIAL REJUVENATION

Meeting Room: Zeus

How to approach the face and neck

Moderators: Rod Rohrich, Jennifer Walden

08:00 - 08:10 From Predicate to Platform: Dual Wavelength Subdermal Laser for Facial Contouring, Skin Tightening and Quality in the Context of Existing Energy-Based Technologies with Facelift Surgery
Jennifer Walden

08:10 - 08:25 Endoscopic deep-plane facelift / necklift - The "Scarless Lift"
Mark Mani

08:25 - 08:40 Endoscopic preperiosteal midface lift
Zekeriya Kul

08:40 - 08:55 Endoscopic brow lift
John Anastasatos

08:55 - 09:15 Deep Plane Facelift: Fundamentals to Finesse
Samir Ghoraba

09:15 - 09:35 Identifying the Anatomic Basis of Neck Problems and Choosing Appropriate Strategies of Treatment
Timothy Marten

09:35 - 09:50 Facelift surgery outcomes: Technique or surgeon dependent?
Vakis Kontoes

09:50 - 10:05 Panel Discussion

10:05 - 10:35 Coffee Break - Opening of Exhibition

10:35 - 11:05 **Video Highlight - Facelift: Planning and Technique**
Timothy Marten
Moderator: Rod Rohrich

Adjunct Procedures

Moderators: Bob Basu, Jennifer Walden

11:05 - 11:20 Sculpting the face: The combination of deep plane face lifting & emerging biotechnology with Milli, Micro & Nano fat
Aris Sterodimas

11:20 - 11:35 Lip lift: Why and How?
Timothy Marten

11:35 - 11:55 The refined 5-step upper eyelid surgery and the new refined 5-step lower eyelid surgery
Rod Rohrich

11:55 - 12:10 Synergy in rhinoplasty and comprehensive facial rejuvenation
Ashkan Ghavami

12:10 - 12:20 Panel Discussion



PROGRAM

3

12:20 - 13:25	SESSION 2 - RHINOPLASTY	
	Structural vs Preservation	
	Moderators: Erhan Coşkun, George Karkatzoulis	
12:20 - 12:30	The 5 Favourable Preservation Rhinoplasty Indications Rod Rohrich	
12:30 - 12:45	Preservation rhinoplasty - hybrid approach Ashkan Ghavami	
12:45 - 12:55	Why rhinoplasty fails - The role of rib grafts and dead space closure Rod Rohrich	
12:55 - 13:10	Dorsal Y preservation with low septal strip Erhan Coşkun	
13:10 - 13:20	Video Highlight - Preservation Rhinoplasty Rod Rohrich	
13:20 - 13:30	Panel Discussion	
13:30 - 14:30	Lunch Break	
14:30 - 17:15	SESSION 3 - BODY CONTOURING	
	Excisional	
	Moderators:	
14:30 - 14:45	Modern Lower Body Lift: Evolving Techniques for Optimal Contour and Safety Babis Rammos	
14:45 - 15:00	Extended abdominoplasty: What happens with the waist circumference? Vagelis Keramidas	
15:00 - 15:15	Massive weight loss for men: How to approach it? Doug Steinbrech	
15:15 - 15:30	Anatomy Guided Arm Lift and Thigh Lift: Balancing Form, Tension and Scar Placement Babis Rammos	
15:30 - 15:45	Panel Discussion	
15:45 - 16:15	Coffee Break	
	Non-excisional	
	Moderators: Ash Ghavami, Sotiris Foutsizoglou	
16:15 - 16:25	Safe body/gluteal contouring, smooth, high definition, concepts Ash Ghavami	
16:25 - 16:40	Lipo 400: Redefining Circumferential Body Contouring Andre Marshall	
16:40 - 16:55	Male contouring Doug Steinbrech	
16:55 - 17:05	Rib contouring Andre Marshall	
17:05 - 17:15	Panel Discussion	
17:15 - 17:45	Video Highlight - Comprehensive high definition liposuction and fat grafting Ahmad Saad Moderator: Ashkan Ghavami	
17:45 - 19:00	Abstract Presentations	Meeting Room: Cronos
19:00 - 20:00	Welcome Cocktail Reception	Blue Lagoon
End of Day 1		

DAY 2: SUNDAY, SEPTEMBER 6TH

07:30 - 08:00 Registration

08:00 - 12:30 SESSION 1 - AESTHETIC BREAST

Meeting Room: Zeus

Primary breast augmentation

Moderators: Brad Calobrace, Nolan Karp

08:00 - 08:15 TESMA — The True Extended SubMuscular Augmentation Technique:
A 25-Year Review
Vassilis Stamatou

08:15 - 08:30 Why I prefer sub fascial coverage
Tracy Pfeifer

08:30 - 08:45 Primary breast augmentation: A 40-year experience
David Hidalgo

08:45 - 09:00 Panel Discussion

Pocket control

Moderators:

09:00 - 09:15 How I handle pocket control with advanced smooth implants
Demetris Stavrou

09:15 - 09:30 When do I use pocket control mesh in primary breast augmentation
Mindy Haws

09:30 - 09:45 Revision breast augmentation and pocket control
Steve Sigalove

09:45 - 10:00 Secondary breast augmentation
David Hidalgo

10:00 - 10:15 Panel Discussion

10:15 - 10:45 Coffee Break

10:45 - 11:15 **Video Highlight - Revision Aesthetic breast surgery with smoothsilk surface implants, pocket exchange and placement of soft tissue support**
Bradley Calobrace
Moderator: Nolan Karp

Approach to ptotic breast

Moderators: Tracy Pfeifer, Mindy Haws

11:15 - 11:30 20-year experience of augmentation mastopexy
Emmanuel Daskalakis

11:30 - 11:45 Achieving Predictable Outcomes in the Post Weight Loss “Ozempic Breast”
Bob Basu

11:45 - 12:00 My approach to the augmentation mastopexy patient
Bradley Calobrace

12:00 - 12:15 Breast support in augmentation mastopexy
Steve Sigalove

12:15 - 12:30 Panel Discussion



PROGRAM

5

12:30 - 13:00	Aesthetic Keynote Speaker Innovations in Plastic Surgery of the Breast: My Half Century Journey Pat Maxwell
13:00 - 13:45	Lunch Break
13:45 - 14:15	Reconstructive Keynote Speaker Innovation and Collaboration in Plastic Surgery Peter Neligan
14:15 - 17:35	SESSION 2 - BREAST RECONSTRUCTION
	Alloplastic Moderators: Dimitris Mastorakos, Jay Agarwal
14:15 - 14:25	A changing paradigm: Prospective comparison of PROMs and clinical effectiveness in prepectoral vs. subpectoral implant breast reconstruction Justin Broyles
14:25 - 14:35	Advances in oncoplastic breast reconstruction Albert Losken
14:35 - 14:45	Treatment of the radiated breast Joe Disa
14:45 - 14:55	Higher standards: Direct to implant nipple sparing reconstruction in the ptotic breast Danielle Leblanc
14:55 - 15:05	Implant-based breast reconstruction unwrapped Joshua Vorstenbosch
15:05 - 15:15	The use of mesh in implant-based breast reconstruction Nolan Karp
15:15 - 15:25	Optimizing sensory recovery after implant-based breast reconstruction Anne Peled
15:25 - 15:35	Sensory restoration in the modern ear. Implementing TNR in oncologic and affirming surgery Joseph Khouri
15:35 - 15:40	Q&A
15:40 - 16:10	Coffee Break
15:15 - 16:30	Abstract Presentations Meeting Room: Cronos
16:30 - 19:00	Student/Resident Workshop Meeting Room: Cronos
	Autologous Moderators: Lina Mountziaris, Adil Khan
16:10 - 16:25	Alternative free flaps for breast reconstruction-Thigh based flaps Rene Largo vs. Carrie Chu
	Utilization of the PAP flap for autologous breast reconstruction Rene Largo
	TUGs, DUGs or BUGs? The role of gracilis-based flaps in modern autologous breast reconstruction Carrie Chu

PROGRAM

3RD MEDITERRANEAN CONFERENCE OF PLASTIC SURGERY INNOVATIONS

16:25 - 16:40	Alternative free flaps for breast reconstruction-Lower back based flaps David Greenspun vs. Tae Chong
	Love handles reclaimed: Lumbar artery perforator flaps in breast reconstruction David Greenspun
	Can you handle this? SGAP for breast reconstruction Tae Chong
16:40 - 16:50	Microsurgical breast reconstruction and sensation: An update Arash Momeni
16:50 - 17:00	Robotic-assisted DIEP flaps: Early experience at MSKCC Robert Allen Jr.
17:00 - 17:10	Role of the Fat Augmented Latissimus Dorsi flap as an alternative for pure autologous breast reconstruction Efterpi Demiri
17:10 - 17:25	Autologous tissue reconstruction in high BMI versus low BMI patients Angela Cheng vs. David Mathes
	Autologous tissue reconstruction in high BMI patients Angela Cheng
	Autologous tissue reconstruction in low BMI patients David Mathes
17:25 - 17:30	Q&A
20:00	Official Conference Dinner Spinalonga Tavern
End of Day 2	

DAY 3: MONDAY, SEPTEMBER 7TH

07:00 - 07:30	Registration
07:30 - 08:45	Abstract Presentations
08:00 - 09:10	Upper Extremity Reconstruction Moderators: Bauback Safa, Pedro Cavadas
08:00 - 08:15	Emergency free flaps to salvage the mangled hand Kyle Eberlin
08:15 - 08:30	Combining tendon procedures and hyperselective neurectomies to treat the spastic arm Austin Hembd
08:30 - 08:45	Multi-stage reconstruction of the mangled upper extremity. Lessons learned Bauback Safa
08:45 - 09:05	Case presentations/discussion Mark Greyson, Pedro Cavadas, Christian Fessas
09:05 - 09:10	Q&A



PROGRAM

7

09:10 - 10:15	Lower Extremity Reconstruction Moderators: Greg Lamaris, Sami Tufaha
09:10 - 09:25	Strategies to manage difficult recipient vessels Pedro Cavadas
09:25 - 09:40	Lower extremity nerve transfers Sami Tufaha
09:40 - 09:55	Advances in lower extremity amputation care Jason Souza
09:55 - 10:10	Case presentations/discussion Ketan Patel, Maureen Beederman, David Kurlander
10:10 - 10:15	Q&A
10:15 - 10:45	Coffee Break - Meet sponsors/exhibitors
10:45 - 11:45	Peripheral Nerve Moderators: Sami Tufaha, Bauback Safa
10:45 - 10:55	Modern approaches in migraine surgery Ziv Peled
10:55 - 11:10	RPNIs vs. TMR in extremity amputation Paul Cederna vs. Petros Konofaos
	Case Presentation Paul Cederna
	Case Presentation Petros Konofaos
11:10 - 11:20	Brachial plexus reconstruction: nerve transfers from the shoulders to the fingertips Jason Ko
11:20 - 11:30	Surgical treatment of painful neuroma Ivica Ducic
11:30 - 11:40	The latest in nerve transfers Christine Radtke
11:40 - 11:45	Q&A
11:45 - 12:20	Gender Affirming Surgery Moderators: Melissa Poh, Chris Kaoutzanis
11:45 - 11:55	Beyond Routine Vaginoplasty: Managing Anatomical and Clinical Variability Rachel Bluebond Langer
11:55 - 12:05	Structure, design and identity in facial feminization surgery Justine Lee
12:05 - 12:15	Complex complications after phalloplasty: Surgical strategies for salvage versus total redo Devin Coon
12:15 - 12:20	Q&A

PROGRAM

3RD MEDITERRANEAN CONFERENCE OF PLASTIC SURGERY INNOVATIONS

12:20 - 13:20	Lunch Break
13:20 - 14:25	Head and Neck Reconstruction Moderators: Jamie Levine, Spyros Stavrianos
13:20 - 13:30	Head and neck war injury reconstruction Amir Ibrahim
13:30 - 13:40	Microvascular reconstruction of the mandible Peter Cordeiro
13:40 - 13:50	Advances in corneal neurotization Greg Borschel
13:50 - 14:00	Restoring felling: The next frontier in head and neck reconstruction Patrick Garvey
14:00 - 14:10	Single stage facial reanimation in early and late paralysis Andreas Gravvanis
14:10 - 14:20	Microvascular reconstruction in the pediatric population Noopur Gangopadhyay
14:20 - 14:25	Q&A
14:25 - 15:15	Innovations in Plastic Surgery Moderators: Richard Baynosa, George Kokosis
14:25 - 14:35	Innovations and Entrepreneurship updates from ASPS MTI program Howard Levinson
14:35 - 14:45	AI in surgery Sashank Reddy
14:45 - 14:55	Working outside the box-Medical Innovation Ted Kung
14:55 - 15:05	Electrospinning and autologous cells for burn reconstruction Josef Haik
15:05 - 15:15	Newer Nonopioid Pain Medication: A Brand New Classification Samuel Lin
15:15 - 15:45	Coffee Break
15:45 - 16:45	Trunk Reconstruction Moderators: Howard Levinson, Katie Egan
15:45 - 15:55	Abdominal wall reconstruction with innervated latissimus dorsi muscle flap John Suck
15:55 - 16:05	Chest wall reconstruction. What is the latest? Detlev Erdmann
16:05 - 16:20	Perineal reconstruction: Humans against The Machine Alana Rebecca vs. Richard Baynosa
	Case Presentation Alana Rebecca
	Case Presentation Richard Baynosa



PROGRAM

9

16:20 - 16:30	Cover your back: Advances in spinoplastic reconstruction Sebastian Winocour
16:30 - 16:40	Modern surgical approaches in genitourethral reconstruction Jamie Levine
16:40 - 16:45	Q&A
16:45 - 18:00	Lymphedema Moderators:
16:45 - 16:55	Immediate lymphatic reconstruction Babak Mehrara
16:55 - 17:05	Lymphovenous bypass for lymphedema treatment David Chang
17:05 - 17:15	Vascularized lymph node transfer for treatment of lymphedema Gema Pons
17:15 - 17:25	Ultra-high frequency ultrasound in lymphatic surgery: seeing is believing Ara Salibian
17:25 - 17:35	No one-size fits-all: Mastering the full spectrum of lymphedema surgery Christoph Hirsche
17:35 - 17:45	Buried dermal flap after axillary lymph node dissection: digging deeper into axillary lymph node dissection Al Hasannein
17:45 - 17:55	Algorithm in primary lymphedema treatment Dimitris Dionysiou
17:55 - 18:00	Q&A
Closing Remarks	
End of Conference	