



Revitalize

A LUXURY WELLBEING RETREAT
NOVEMBER 22-23, 2025

S P A

AT SEAFIRE

Revitalize Your Mind, Body & Soul.

Immerse yourself in an exclusive retreat allowing you to unwind from the demands of everyday life and designed to reconnect you with your inner balance.

Join us November 22 & 23 for a transformative two-day wellbeing retreat that promises to leave you centered, inspired and revitalized.





Experience Elevated Luxury.

Set against the serene backdrop of Seafire's award winning Forbes 5-Star Spa, our retreat is meticulously curated to nurture every aspect of your well-being. Explore a series of transformative activities - from immunity-boosting sessions and longevity-enhancing workshops to indulgent spa therapies designed to harmonize your body and spirit. Every detail of this intimate retreat is designed to provide a unforgettable bespoke experience.

Your two-day retreat experience includes:

- 2 bespoke Spa Treatments
- Gourmet curated meals by our acclaimed culinary team - including:
 - 2x Breakfasts (Saturday/Sunday)
 - 1x Dinner (Saturday)
 - 2x Lunches (Saturday/Sunday)
- Daily Activities and Wellness Experiences
- Luxury Welcome Gift Bag & Departure Gift
- Complimentary B12 Booster shots from REVIV

*Spa at Seafire Revitalize Retreat packages only available to Cayman Residents.
Proof of residency must be provided upon booking.*


A LUXURY WELLBEING RETREAT
JUNE 13-19, 2025

SPA
AT SEAFIRE

Saturday November 22: Reflect.

8:00-8:55AM	Morning Yoga session and meditation with seasoned instructor Ariel Grace at our oceanfront Beach Deck.
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9:00-10:15AM	Beachfront Breakfast at Coccoloba. Journaling with Emotional Intelligence Coach Rita Dickens and local artist and designer Isy B. - "Setting your intentions for the year ahead."
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11:30-12:30PM	Relax at The SPA (Group 1): Indulge in our five-star facility followed by a Biodynamic Body Exfoliation - a luxurious full body exfoliation treatment. Skincare Workshop (Group 2 & 3) - Experience a retreat exclusive - Skincare Masterclass with the leaders of innovative skincare BABOR! led by international trainer Elyse Blakey.
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1:15-2:30PM	Enjoy a captivating lunch and learn in Ave restaurant with local renowned Chef Maureen Cubbon and discover her top tips for healthy eating habits.
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3:45-4:45PM	Relax in The SPA (Group 2): Indulge in our five-star facility followed by a Biodynamic Body Exfoliation - a luxurious full body exfoliation treatment. Skincare Workshop (Group 1) - Experience a retreat exclusive - Skincare Masterclass with the leaders of innovative skincare BABOR! led by international trainer Elyse Blakey.
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5:00-6:00PM	Relax in The SPA (Group 3): Indulge in our five-star facility followed by a Biodynamic Body Exfoliation - a luxurious full body exfoliation treatment.
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7:00 - 8:30PM	Enjoy an Omakase-style dinner at Avecita featuring a sushi chef and live demonstrations with fresh ingredients from farm, land and sea.
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Sunday November 23: Reignite.

7:30-8:00AM	High intensity interval (HIIT) workout at the Seafire Beach Deck with local health and fitness coach Kadan Bogie.
8:00-8:25AM	Blue therapy, a relaxing swim in the ocean.
8:30-9:25AM	Healthy Breakfast and self-led ocean painting meditation experience at the Seafire Beach Deck.
9:30 - 10:30AM	"The Art of Juicing Master Class" hosted by Green 2 Go in our Seabridge room.
11:00 - 2:00PM	REVIV complimentary B12 Booster shots available and IVs at exclusive retreat only rates, in the Seabridge Room.
11:30 - 12:30PM	Relax in The SPA Garden (Group 1) - Enjoy our five-star facility followed by a personalized 60-minute Artisans Touch Massage. Sound healing with local sound bath facilitator and mindset coach Kiristen Cousins (Group 3&4).
12:30-2:00PM	Experience our new SPA food menu in the Seabridge room, crafted by our culinary team.
1:15- 2:15PM	Relax in The SPA Garden (Group 2) - Enjoy our five-star facility followed by a personalized 60-minute Artisans Touch Massage.
2:30-3:30PM	Relax in The SPA Garden (Group 3) - Enjoy our five-star facility followed by a personalized 60-minute Artisans Touch Massage.
3:00- 4:00PM	Sound healing with local sound bath facilitator and mindset coach Kiristen Cousins (Group 1 & 2).
3:45-4:45PM	Relax in The SPA Garden (Group 4) - Enjoy our five-star facility followed by a personalized 60-minute Artisans Touch Massage.
4:30 - 5:30PM	Farewell & lobby departure gift collection at leisure.



Limited Spaces, Reserve Now.

2-DAY FULL WEEKEND PACKAGE: \$850KYD

Includes: 2x bespoke Spa Treatments, 2x Breakfasts, 2x Lunches, 1x Dinner, All Activities and Wellness Experiences, Luxury Welcome Gift Bag & Departure Gift + B12 Booster shots from REVIV

1-DAY SATURDAY PASS: \$475KYD

Includes: 1x Spa Treatment, 1x Breakfast, 1x Lunch, 1x Dinner, All Saturday Activities and Wellness Experiences

1-DAY SUNDAY PASS: \$399KYD

Includes: 1x Spa Treatment, 1x Breakfast, 1x Lunch, All Sunday Activities and Wellness Experiences + B12 Booster shots from REVIV.

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