



elevate

CAMPOUT 2023

BRAZIERS PARK OXFORDSHIRE

Four days of co-creation, inspiration and celebration

PROGRAMME



"A truly transformative event, such camaraderie and collective presence"



Bring what you expect to find

Welcome to Braziers Park and the latest edition of Campout, this year a full collaboration between Campfire and Elevate.

This year's community gathering explores the convergence of systems change and personal empowerment over the course of 4 days of talks, debates, music, wellbeing activities, conversations around the campfire and more.

In the aftermath of Covid-19 and set against the backdrop of the cost of living crisis, culture wars, ecological destruction, geopolitical conflict, political turmoil and an increasingly divided world, Campout offers a rare opportunity to put our phones away, break free from the noise and immerse ourselves in nature to share ideas and explore new models of living in a rapidly changing world.

We'll inquire how a new counterculture can emerge as we explore **community building, decentralisation, healthy living, personal empowerment, political transformation and reconnecting with nature.**

Campout is a grassroots community gathering that provides an inspiring and uplifting environment to explore the most issues facing society and provide the opportunity to discover how to create personal and societal change.

This is the 5th edition of Campout which started with the birth of the Campfire community in the Welsh borders in 2016.

Any surplus from this year's event will be reinvested into the Campfire Convention and Elevate communities to help ignite change.

Every conversation can make a difference. We warmly invite you to come and be part of this unique experience which in many ways breaks away from the old 'festival' model and charts a new course for co-creating community gatherings together.

<http://www.campout.live>

Check our [FAQs](#) and [Campout History](#)

[Social media links](#)

[Campout Facebook Group](#)

[Contact email](#)



PETE LAWRENCE, CAMPFIRE CONVENTION

Building community events from the ground upwards



Welcome to Braziers Park and the latest edition of Campout, this year a full collaboration between Campfire and Elevate.

It's good to be working with Elevate again this year after the success of their dedicated day at last year's Somerset Campout. We are aligned in many ways and I get a strong sense that both communities are here to build and shape an event without too many expectations, without big overheads, without big stages and without pre-conceptions. If there is a purpose it might be first and foremost to celebrate life, though, as I said in last year's sessions, there is much work to do to bring about the changes that we all know are possible, essential even.

Campout is not politically aligned but is very much working for systemic change as well as recognising that much of the inspiration for those changes starts at home.

As our communities come together again during another turbulent year, we aim to offer a forum for new ideas, creative concepts and diverse thinking. We are all very much learning how to have good conversations, how to listen to others and co-exist harmoniously without playing up polarities and whilst taking in a wide and diverse variety of opinions and approaches.

Every conversation can make a difference. Feeling into what is in our hearts is an important step towards feeling grounded and moving into a more open space.

So we are inviting you to bring what you expect to find! Part of our programme utilises the open space format to allow not only radical participation but a fertile space where seeds can grow, where magic can occur. It is our wish to enable all members to find the confidence to be part of the change through finding their own voices and we've been delighted by the quality of applications for sessions from the community in advance this year. We intend to work towards a truly democratic gathering to explore ways we can imagine a better world, and then empower ourselves to actually make it happen.

I would like to extend a huge thank you to all the crew who have been amazing since we came together at the early May Spring Springboard event. Their involvement has made this event what it is and now it's time to light a path together to go forward!

www.campfireconvention.network



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DAN ASTIN-GREGORY, ELEVATE NETWORK



Welcome to this co-created Campout experience

The chances are that you are here because you are concerned by the way the world has unfolded over the past few years and you would like to play a role in helping to co-create a brighter future.

At no other point in history has civilisation been more complex and fragile. The vulnerabilities of Western societies have been exposed by the recent series of catastrophic events and exacerbated by the emergence of new technologies, geopolitical instability, ecological crisis, polarisation and the creeping rise of unelected centralised powers.

These interrelated problems are described by many as the meta crisis and it is possible that we are now approaching a tipping point where humanity could either face a collapse into further chaos or rise into a new phase of evolution.

This is a wake-up call for humanity to come together to triumph over our adversities, preserve our freedoms and create a better world. It is time for some truly new thinking about how to create a better world for the people and the planet.

Elevate is founded upon a simple philosophy: to make the world a better place, all one has to do is imagine that world, and start living in it as if it were already here.

I believe that our greatest opportunity for impact lies not just in connecting people to each other, but in creating an empowering space where people can explore solutions and support each other in the quest to take the type of action that can lead to deep and profound change.

This year's gathering offers the opportunity to inquire into the challenges of our time as we seek ways to inspire and lead grassroots change.

Thank you for choosing to be part of the change you want to see

Find out more about Elevate at <https://www.weareelevate.org>



Campout Themes

The Emergence of a New Counterculture
Trailblazing Systemic Change
Decentralisation & Localisation
Personal Empowerment
Natural Health & Wellbeing
Psychedelics & the Rise of Cyber Culture
Activating Abundance
Navigating the Financial Reset
Finding Your Voice & Taking a Stand
The Art of Conversation
Healing & Meaning
Releasing Trauma
Nature Connection & Our True Nature
Sacred Masculine & Divine Feminine
Breathwork • Dance • Yoga

Getting to Braziers Park

Campout 2023 is situated in the beautiful Chiltern Hills near the village of Ipsden, close to Wallingford. We are south of Oxford and just north of Reading. Our postcode is **OX10 6AN**.

There is a bus stop 5 minutes away and the most convenient train station is Reading. If you have any problems on your journey, you can reach Braziers Park on **01491 680221**. Safe travels!

By car

We encourage visitors to use public transport, car sharing and liftshare.co.uk if possible. Please observe our 5mph speed limit on site and park considerately. Car parking is at the owners' risk. For detailed directions, [click here](#).

ACCESS via the specified signed lane from the main road, near Ipsden village.

By train

We suggest going to Reading and catching the **X39/X40 bus** to Braziers Park from just outside the station. You can also catch this bus from Oxford, but it's a longer ride. Goring & Streatley station is a 40-60-minute walk from Braziers, over hilly ground.

By bus

From **Reading station**, walk 2 minutes to **stop SB** on Station Road. The X39 gets to Braziers in about 25 minutes. The X40 goes via Woodcote and takes 5-10 minutes longer. The Braziers Park stop is between Woodcote and Wallingford, on the **X39/X40** route to Oxford. Ask the driver for **Braziers Park Turn**, a few minutes after the Woodcote stop. If you miss the stop, we suggest carrying on to Wallingford and getting the next bus back. It's a long walk from the next stop that can be difficult with luggage.

From **Oxford**, catch the **X39/X40** from High Street (T2) or Westgate (E1). The journey takes about 55 minutes, passing through Wallingford. From Wallingford, it's about 5 minutes to the stop at Braziers Park Turn.

Once you're off the bus, follow the sign to Braziers Park; it's a 5-minute walk. Our main entrance is just behind the trees you can see at the end of the lane.

By plane

The nearest airport is Heathrow. From there to Reading station are regular buses. From Gatwick, take the train.

Site Map





CAMPOUT 2023

Our Principles of Co-Creation

- PRINCIPLES
- UNIVERSAL INCLUSION (ACTIVE) 1
 - RADICAL PARTICIPATION 2
 - COMMUNITY BUILDING CONNECTIONS 3
 - HARMONIOUS ~~INTER~~ BEING 4
 - SELF EXPRESSION ✖ 5
 - ~~RADICAL~~ OPENNESS & CURIOSITY 6
 - BEING HERE, NOW 7
 - CREATE YOUR OWN EXPERIENCE 8
 - RANDOM ACTS OF KINDNESS ☺ 9
 - LEAVE? IT BETTER THAN YOU FOUND IT  10
 - HAVE FUN  11



CAMPOUT PRINCIPLES

This year's principles are a co-creation between our organising team and represent the ethos we'd like to bring to this event and perhaps the wider world :)

1. **Universal Inclusion "Everyone is a VIP"** Everyone is invited to participate in Campout and we embrace diversity in all its forms. We believe that by bringing together a wide range of perspectives and experiences, we can create a truly transformative and enriching environment.
2. **Active Participation:** We encourage active participation in all aspects of Campout, encouraging attendees to co-create the experience with us and to contribute to the community in their own unique way.
3. **Community Building:** We foster a sense of community and encourage connections through shared experiences, workshops, and activities that promote collaboration and co-creation. We believe that by working together, anything is possible.
4. **Harmonious Connection:** Everything you say and do can affect another soul. If you constantly engage in battles, you become embattled yourself. If you constantly give love, you become love itself. We invite you to choose love at Campout.
5. **Self-Expression:** We celebrate artistic expression and creativity in all its forms, providing a platform for participants and performers to showcase their talents and inspire others to embrace their own self-expression.
6. **Openness & Curiosity.** Our willingness to embrace new ideas determines our capacity for self discovery and personal growth. Rediscover your sense of awe and wonder by allowing yourself to be curious with an open mind, the rest will unfold in beautiful and magical ways.
7. **Be Here Now:** Our level of conscious awareness in any given moment determines the quality of our experience. In a world of chaos and distraction we invite you to 'be here now' at Campout. Take a breath, enjoy the gift of being fully present in the moment.
8. **Create your own experience:** We encourage attendees to take responsibility for bringing the experience you wish to see at Campout. We invite all participants to exercise personal responsibility for the conscious creation of an enriching experience for themselves and others at Campout.
9. **Random Acts of Kindness:** We invite all participants to engage in random acts of kindness towards others throughout Campout, with the intention of making someone else's experience more positive. Each small act of kindness can create a ripple effect that can impact the entire event and help to foster a culture of generosity, empathy, and mutual support.
10. **Leave it better than you found it:** Many of the world's challenges are created as a result of us not making the decision every day to leave the world just a tiny bit better than we found it. We respect the world we live in and invite you to apply this principle at Campout and our beautiful surroundings.
11. **HAVE FUN!**



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CAMPOUT 2023

STAGES & SPACES





CAMPOUT 2023

1) THE HUB - “Resist & Rebuild”

The Hub is our central event space where you can enjoy talks by day and live music and DJs in the evening, adjoined by our bar, food stalls and main campfire. Our core theme is ‘resist & rebuild’ where we seek to find a balance between resisting the old and building the new...

Themes

- **Breaking through collective trauma** - with current events playing out on a world stage, how do we break through the anger, frustration and trauma associated with global narratives
- **Building a Counterculture Movement** - with the growing disillusionment with the status quo, how can we ignite a counterculture movement to create a brighter future?
- **Communication in a divided world** - with an increasingly polarised society, how can we find common grounds and ways to connect beyond our differences?
- **Natural living as medicine** - how to detach from the pharmaceutical industrial complex and embrace holistic and natural approaches to health, individually and collectively.
- **Navigating the financial reset** - with the cost of living crisis raging, rising inflation and declining economies, how can we prepare for what may lie ahead? How can Bitcoin or crypto help to hedge what is coming?

Join our Daily community-wide meditations with Paulina Jones, Laurie Pyne and Meleni Aldridge,

Plus take part in a special **ceremonial fire ceremony** with Jessica Mallock on Thursday evening and a **community drum circle** experience with Wendy Doig on the final afternoon of the event!

You’ll have the chance to start each day naturally energised with an Embodied Dance-Flow Into Transformational Breath® facilitated by Yael Hochenberg

PLUS, you are invited to take part in our Native Chorus with Sarah Jewell with two powerful vocal workshops on Saturday and Sunday and the chance to be part of the closing ceremony.



CAMPOUT 2023

2) THE VORTEX - “Reconnection”

The Vortex is a well-being and movement activity space that brings together workshops, sessions, health talks and an invitation to turn within. You'll have the opportunity to experience breathwork, mindfulness, yoga and more!

In a divided and polarised world, the core theme for our Vortex zone is RECONNECTION.

Themes include :

- **Reconnect to ourselves** - you'll have the opportunity to explore the different aspects and practices of inner work from confronting your shadow to discovering the keys to your potential
- **Reconnecting with others** - you'll learn effective and co-creative ways to protect our boundaries, in order to be free to choose to connect more deeply and intimately with others.
- **Reconnecting to abundance** - we'll explore how to move from fear and scarcity to love and abundance in every way.
- **Reconnecting to our feminine and masculine energies** - we'll look at how we can harmonise with our innate feminine and masculine energies to step into a better relationship with ourselves, each other and our planet
- **Reconnecting through technology** - we'll examine how the rise of cyberculture can both constrain and liberate our consciousness and connection to ourselves and others.

You'll have the chance to start each day naturally energised with an Embodied Dance-Flow Into Transformational Breath® facilitated by Yael Hochenberg

PLUS, you are invited to take part in our Native Chorus with Sarah Jewell with two powerful vocal workshops on Saturday and Sunday and the chance to be part of the closing ceremony.



CAMPOUT 2023

3) WOODLAND STAGE - “Find your voice”

The Woodland Stage will offer an intimate space for our Open Space talks, spoken word and open mic sessions in a tree-covered, secluded corner of the event site. In the evenings, we invite you to bring your acoustic instruments for a jam session around the Campfire.

This years core theme is ‘Finding your voice’ - helping participants to find the courage to stand up and speak out in your authentic voice.

Themes include :

- **Finding courage and confidence** - the art of speaking up, both individually and collectively, through our Open Space and Open Mic sessions
- **Exploring creativity** - the importance and power of the untapped imagination, and unlimited creative potential of the subconscious realm to enable each of us to find our truth.
- **Trauma and tension release** - helping us to find freedom and growth through understanding and connecting to our bodies on different levels.
- **Non-violent communication** - creating a different mode of community where we can connect, and share skilful techniques, which can defuse conflict and create real connection.
- **Jamming** - bring an instrument and gather around the fire

NB Specific sessions and timings are subject to change.



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4) WELLBEING VILLAGE & Open Space

Campfire pioneered the Open Space concept back in 2018. One of our Campout attendees that year, Kate Edgley, commented at the time “At that event, nothing was planned but people attending were invited to bring their own skills and creativity, to run workshops or hold space in other ways. I was convinced it would be a shambles but it was amazing how everybody organised themselves and ran immensely engaging sessions from one on collective and corporate co-dependency, to building your own caravan, to unleashing your inner performance artist – and I ran one on self esteem. Massage and yoga were on offer and singing round the (constant) campfire was impressively led. It gave me an insight into how festivals, based around community gatherings rather than organised entertainment, might evolve.”

So, we are continuing to explore the balance between a totally programmed event and an open event. With that balance in mind, the plan is to have a blackboard available where your own sessions can be proposed and launched. People will then vote with their feet as to what they'd like to attend...

Over to you!








CAMPOUT 2023


4) WELLBEING VILLAGE: Discover Your Inner Sanctuary


Step into our Wellbeing Village at Campout 2023, where tranquility and rejuvenation await. Immerse yourself in a journey of self-care and exploration, guided by an exceptional lineup of practitioners.


 **Geoff Greentree's Shiatsu & Qi Gong:** Start your mornings with revitalizing Shiatsu and Qi Gong sessions. Geoff invites you to connect body and mind, setting a serene tone for the day. Plus, ad hoc singing bowl sessions for pure relaxation.


 **Jessica Mallock's Energy Healing:** Experience the transformative power of energy healing. Jessica offers two daily sessions to restore your energy, balance your chakras, and leave you feeling refreshed.

 **Rebecca Blech's EFT Sessions:** Discover emotional freedom through 1:1 EFT sessions with Rebecca. Release blockages, find clarity, and embrace a journey towards emotional well-being.

 **Barrie Griffin's Sound Healing:** Immerse yourself in the harmonious vibrations of Nepalese singing bowls, gong, drum, and more. Join the Cacao ceremony and savor the finest cacao, igniting your senses and heart.

 **Mark Griffin's Tea Ceremonies:** Enjoy a group tea ceremony and immerse yourself in the art of mindfulness as you sip on carefully selected teas, letting each sip guide you to a place of inner tranquility and connection. Mark also leads nature connection foraging walks, guiding you to rekindle your bond with the natural world.

 **Bill Turpin's Palm & Tarot Reading:** Delve into the mystical realm with Bill's insightful Palm and Tarot readings. Unlock secrets of your path and receive messages from the unseen.

 **Ember Sauna's Wood Fired Sanctuary:** Embark on a journey of heat and refreshment with wood-fired sauna and ice bath sessions. Unwind, rejuvenate, and leave feeling invigorated.

Sauna and Ice Bath

Sauna culture is spreading like wild-fire and we couldn't be happier about this. Cultures who haven't grown up with sauna are discovering the wellness benefits of hot and cold therapy and experiencing a more immersive relationship with nature and the elements. Social connection is also an important part of the sauna experience.

Our Sauna and ice bath will be provided by Ember Pop-Up Sauna. All wood used to heat the tent, which is locally sourced and kiln dried by members of the 'woodsurre quality assurance scheme'

Pre-book your session now: <https://www.ember-popupsauna.com/booking>



ember

pop up sauna





CAMPOUT 2023

5) FOOD & DRINK

Our Food village will be open from breakfast time until well into the evening and our bars serving beers, wines and softs from 12pm-12am. Here's what's on offer this year:

Campout Bar Gunners Gold and Abingdon Bridge are two of the delicious local ales from Loose Cannon Brewery available at our own Campout bar. We will also have quality lager and cider as well as a selection of wines, still and sparkling and a selection of softs. In tent

Amber's Kitchen Amber is the head chef at Braziers Park and has studied since she was 16 to get where she is. With a true passion for food and a natural talent for herbs and spices. She creates vegan food, unlike you've tasted before.

Pop Up Thame Hearty bacon and sausages breakfast baps, Burgers and hot dogs in the evening.

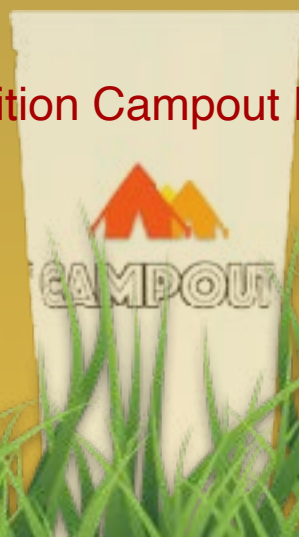
Damascus Rose Kitchen's story began when a few refugee women based in Oxford decided to unite and share their culture by preparing Middle Eastern dishes for their community. In doing so, they were able to preserve a part of the story and identity that they had to leave behind. Together, they empower themselves and form a close-knit community that aims to empower other refugee women to make social connections, improve their language skills and develop their independence in the UK.

Horsebox Coffee Co - Enjoy delicious coffee and snacks delivered by a small passionate team brought together by a love of coffee and the opportunity to support and work within the wider coffee community. Sustainability filters through everything we do, from sourcing to serving. Not just minimising our impact but making a positive change.

Imma The Bakery will be delivering daily baked produce to the site. Tona the baker is French trained and from humble beginnings, they now employ a team of 7. They do not use instant yeast, so everything, bread and pastries, is made with a "preferment or starter," .

Blue Tin Farm are located within a 10 minute walk, offering a selection of daily fresh produce for your camping experience

Limited Edition Campout Pint Mugs



Children's Space

We have a full programme of children activities supported by our volunteers and parents on site plus a children's play area is located on the southern edge of the event field, our Woodland Playground. This area will be open from 8am – 8pm. Children playing in this area must be supervised by a parent or guardian. Children play at their own risk.

Programme for Children's Area				
	Thursday	Friday	Saturday	Sunday
9-9.30am		Singing	Singing	Singing
9.30 - 11 / 11.30am		Crafts - mobiles, collage, tree/ leaf rubbing.	Games eg. Shark infestation Caterpillars, Quick Sand	Woodland sculpture Crafts - mandalas,
11 / 11.30 - 1pm		Group games - 40/40 Hide and seek Capture the Flag	Crafts - headdresses wands, talking sticks,	Games eg. tangle team, grandma's footsteps Trust walk
2 - 4pm	Welcome songs. Get to know games Woodland exploration Ideas from children	Den building Scavenger hunt	Drama games / story making	Find me by my voice Sardines, Pirates, Ball games
4 - 6pm	Ideas from children Woodland craft Drawing	Parachute games Ball games Mindful wood walk	Making / cooking Damper Music making Sewing pouches	Den building Drawing games Mindful wood walk
7.30pm		Singing / stories to end the day	Singing / stories to end the day	Singing / stories to end the day
<p>This is an outline programme. Other games / activities will be available too. We will be guided by what the children want to do. There will be a board written up with the programme for each day.</p>				





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TIMETABLES



	The Hub Talks & Upbeat	Vortex Workshops & Music	Woodland Spoken Word & Acoustic	Village Wellbeing & Open Space
07:00				
08:00				
09:00				
10:00	Site Opens			
11:00				
12:00				
13:00	LUNCH + music			
14:00				Open Space
15:00		15:30-16:45 Welcome Yoga with Satkartar Kennedy		
16:00				
17:00	17:00-18:00 Opening Session			
18:00	Circle + Site Meditation Paulina Jones			
19:00	DINNER			
20:00	20:00-21:30 Allan Kleynhans - Breaking Through Collective Trauma			
21:00		20:00-24:00 Little Chill Sessions		
22:00	21:40 Jessica Mallock			21:00 - 24:00 Acoustic Campfire Jam
23:00	Shamanic Fire Ceremony	Clive Craske alucidnation		
24:00				
01:00				

	The Hub Resist & Rebuild	Vortex Healing & Wellbeing	Woodland Finding Our Voice	Village Wellbeing & Open Space
07:00	07:45-09:00 Yoga with Satkatar Kennedy	07:45-09:00 Dance-Flow into Transformational Breath® with Yael		
08:00				
09:00	BREAKFAST			
10:00	10:00-11:00 Opening Circle			11:00 and 18:00 Nature Connection & Wellness Walks
11:00	11:15-13:00 Alexander Beiner Making Sense of the Big Picture	11.15 - 13.00 Sunita Passi Creating New Health Habits	11:15-13:00 Nick & Sue Stone Awakening Abundance	Open Space
12:00				
13:00	LUNCH + music Bob Hillary and Freya Morse			
14:00	14:00 - 15:30 James Deneka -Lavers Communication in world of low trust	14:00-15:30 Rise of psychedelics & cyber culture PANEL	14.00 - 15.30 Jessica Mallock Why do inner work?	14:15-15:30 Geoff Greentree A Paradise Built in Hell
15:00				
16:00	16:00 - 18.00 World Council For Health PANEL	16:00 - 18.00 SunDari with Sangeet Activation to Manifest	16:15-17:45 Anastacia Nikolaeva Trauma Release	16:00-17:30 Open Space
17:00				
18:00	18:00 - 19:00 Circle + Site Meditation: Laurie Pyne			
19:00	DINNER			
20:00	20.00 - 21.00 Richard Vobes	Little Chill Sessions 20.00 - 23:00	20:00-20:40 Robert Allwood Spanish acoustic	
21:00				
22:00	21:20-22:05 SoundTransmission with SunDari & Sangeet	The Light Surgeons Filmwork AV sets	21:00-22:30 Bob Hillary 5Rhythms	
23:00				
24:00	22:30-23:50 DJ Arwen Varda	23:05-24:00 Stuart Warren-Hill New Vequencer	22:30-24:00 Campfire Jam	
01:00				

	The Hub Resist & Rebuild	Vortex Healing & Wellbeing	Woodland Finding Our Voice	Village Wellbeing & Open Space
07:00	07:45-09:00 Yoga with Satkartar Kennedy	07:45-09:00 Dance-Flow into Transformational Breath® with Yael		
08:00				
09:00	BREAKFAST			
10:00	10:00-10:40 Opening Circle			
11:00	11:00-12:45 Sam X - an intro to crypto & the financial reset	11:00 - 12:45 Sheian Alegria Adventures in Consciousness	11:00 - 12:30 Leora Lightwoman Soil Sentiments	11:00-12:45 Tamara Alferoff Waking Dreamwork
12:00				
13:00	LUNCH + Nemo Jones			
14:00	14:00 - 15:45 Sacred Sexuality Reconnecting to our masculine & feminine	14:00-15:45 David Charalambous - Shifting shadows to shift your paradigm	14:15-15:45 Laurel Pyne An Introduction to Non-Violent Communication	14:15-15:30 Open Space
15:00				
16:00	16:15-17:45 Dr Rob Verkerk Transforming health	16:00 - 18:00 Sarah Jewell Native Chorus Rehearsals	16:15-17:45 Matt Coldrick Creativity, mysticism and the subconscious	16:15-17:45 Nick Doherty Group Hypnotherapy
17:00				
18:00	18:00-18:40 Circle + Site Meditation : Facilitator Meleni Aldridge (30 mins)			
19:00	DINNER			
20:00	19.30 - 20.30 Wendy Doig Drum Circle	20:30-24:00 Little Chill Sessions	19:45-20:45 Open Space	
21:00	21:15-22:00 Pan Electric	20:30-22:00 Christian De Sousa 5Rhythms	21:00-22:30 Open Mic Sessions	
22:00			22:30-24:00 Campfire Jam	
23:00	22:15-23:45 DJ: Bruce Bickerton	22:30-23:45 The Egg		
24:00				
01:00				

	The Hub Resist & Rebuild	Vortex Healing & Wellbeing	Woodland Finding Our Voice	Village Wellbeing & Open Space
07:00	Morning Workout with Lizzie Astin-Gregory	07:45-09:00 Dance-Flow into Transformational Breath® with Yael		
08:00				
09:00	BREAKFAST			
10:00	Morning Circle - A STAND IN THE PARK			
11:00	11.15 - 12.45 Trailblazing Political Transformation PANEL	11:15-12:45 Leora Lightwoman Receptivity - The Joy of Intimacy	11:15-12:30 Paula Charnley Moving Through It	11.00 - 12.30 Cliff Jordan Is THIS the revolution?
12:00				
13:00	LUNCH + Julila + Planet Local Screening			
14:00	14.00 - 16.00 Dan Astin-Gregory + Guests Building a New Counterculture Movement	14.00 - 16.00 Sarah Jewell's Native Chorus	15.00 - 16.00 Open Space	Open Space
15:00				
16:00				
17:00	16.00 - 17.30 Shares, Closing Ceremony : Group Singing, Ritual and More			
18:00				
19:00	DINNER			
20:00	20.00 - 20:45 Peter Conway	20.00 - 20.30 Charles Eisenstein TBC	20:00-24:00 Campfire Jam	
21:00	TBC	21.00 - 23.00 Robin Monotti & Film		
22:00				
23:00	Last Night Campfire			
24:00				
01:00				



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OPEN SPACE

Campfire pioneered the Open Space concept back in 2018. One of our Campout attendees that year, Kate Edgley, commented at the time “At that event, nothing was planned but people attending were invited to bring their own skills and creativity, to run workshops or hold space in other ways. I was convinced it would be a shambles but it was amazing how everybody organised themselves and ran immensely engaging sessions from one on collective and corporate co-dependency, to building your own caravan, to unleashing your inner performance artist – and I ran one on self esteem. Massage and yoga were on offer and singing round the (constant) campfire was impressively led. It gave me an insight into how festivals, based around community gatherings rather than organised entertainment, might evolve.”

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Over to you!





CAMPOUT 2023

DAILY ACTIVITIES





Dance-Flow Into Transformational Breath® with Yael

Vortex, Friday, Saturday, Sunday

Embodied Dance-Flow Into Transformational Breath®: An Early Morning Body-Centred Kick-Off!

Wake up and GET IN to your body, warming it up from the inside-out, ACTIVATING your authentic Inner-Dance; with lightly guided somatic facilitation from Yael.

From here your breath will naturally become activated, ready for the seamless shift into a conscious-connected-breathing session via the dynamic breathing pattern of Transformational Breath®, leading to an ANCHORING-IN of your personal intention for the day ahead!

Dance, Breathe, Tone, Sense, Feel, Witness, Transform, Integrate, Release, Reset, Open, Align, and Step-Out to meet your BEST DAY EVER!

This workshop will be informed by Yael's 'lense' as both a long-standing Conscious Dance teacher and Transformational Breath® Facilitator!

7.45 - 9.00am Saturday and Sunday





Sat Kartar Kennedy

Thursday afternoon, Friday and Saturday early morning, The Hub

Learn to ride the waves of life'

ANGelfire yoga & meditation to start your day. Sat uses a variety of techniques: kundalini, hatha, vinyasa yogas including movement, asanas combined with mantra, mudra and powerful breath. the `Yang` and the `Yin` relaxation/stillness, all designed to produce powerful effects on mind body and soul. Sat is a very experienced teacher who has been practicing for teaching 28 years. She has presented at the London and Manchester yoga shows 2006 -2008, taught on teacher training programmes in UK, Spain & France, Portugal and the USA as well as Campout 2019 in Frome.





Morning Body Workout with Lizzie Astin-Gregory

Hub - Sunday

Rise and shine with a burst of energy at Campout 2023! Join Lizzie Astin-Gregory for an invigorating morning bodyweight workout that will set the tone for an empowered day ahead.

Let Lizzie guide you through a series of bodyweight exercises designed to awaken your body, boost your mood, and ignite your metabolism. Discover the joy of movement as you stretch, strengthen, and energise.

Lizzie Astin-Gregory is a personal trainer and body transformation coach who has been working with women for nearly 10 years. She has brought together a vast knowledge of training principles, extensive knowledge of nutrition, personal development strategies, counselling techniques and a whole lot of life experience.





Geoff Greentree

Every Day, The Village

Shiatsu one-to-one sessions and Qi Gong

As an active member of the Campfire & Campout communities over the years, Geoff been an ambassador for physical and spiritual wellbeing for many decades, and continues to aspire to bringing that ethos into our lives.

"Mens sana corpore sano"

He is also leading a workshop in the Vortex - workshop on creating "A Paradise built in Hell". Rebecca Solnit's inspirational work on how people and communities come together in times of disasters; how this applies in general to our current existential multiple crises



Site Meditation

Everyday, central field 6pm

Paulina Jones , Laurie Pyne and Meleni Aldridge

Paulina, Laurie and Meleni Aldridge each take turns to guide us through site-wide meditation to close each afternoon from Thursday to Saturday.

Paulina (Thursday) believes that we do not need to fix our lives, we need to retrieve our spirit and reconnect with life itself. She uses vibrational healing by tuning into the frequency of your mind, body, and spirit through sound, colour, and her intuition to open your heart to the highest force of love ever known to mankind.

For Laurie Pyne (Friday), see separate page bio.

Meleni (Saturday) is a seasoned practitioner of over 30 years experience, her passion for the power of nutrition, lifestyle and meta-energetic interventions to ignite the body's miraculous self-healing pathways is undimmed and remains a major driver behind all her professional endeavours.





CAMPOUT 2023

MUSIC





Clive Craske

Vortex, Thursday Evening, The Little Chill



Clive is a radio (and live) DJ on community station RadioReverb in Brighton with two shows (dance music from dub to drum'n'bass - Chilli Beat Science; ambient, jazz, improv, electronica etc. - The Sound Laboratory). He was Station Manager for Big Chill FM at the Big Chill Festival at the Larmer Tree Gardens and Eastnor Castle. Other past radio includes organising the ambient and dance "night-time sessions" for Radio Avalon at Glastonbury and latterly regularly DJing at The Glade, plus Bestival Radio. As an improvising musician, (percussion and electronics) Clive helps run Safehouse Brighton - the collective has several lockdown albums on Bandcamp.



Bob Hillary and Freya Morse

Hub, Friday and Earth dance 5Rhythms Woodland, Friday

Bob is a folk roots Singer-songwriter who makes music that is Earthy, soulful & powerful in its simplicity. His music carries a strong message in these times. He sings about change, consciousness, empowerment, & how to remain positive in these times of transition.

There is a strong sense that Bob's time has come - his latest record 'Sacred' has an innate sense of zeitgeist which is extraordinary. At a time when most of us would surely agree that change is needed like never before ("the world is in a complete nightmare mess"), Hillary steps up as a flagbearer for how we might do that

Bob met Freya last year at Campout. They immediately began to sing together. Thank you Campout! They have a strong musical connection & look forward to bringing through some exciting musical vibes for you...

Earthdance 5Rhythms is a guided live / DJ journey for people to drop really deeply into themselves through juicy tribal heart-opening dance music - to Ground people, take you back to your truest self, open your heart, and dance out any current blockages & stuck energy. & then finally to a deep still meditational finish.

This dance is for those of you who wanna Empower yourselves in these times. For those of you who are longing for more connection. More Humanness. More embodiment. More LOVE.





ArwenVarda

Hub, Friday

From her family origins in deepest Dorset and the Rhineland through the Celtic mists of the West Highlands to the magic lands of Merlin in West Wales, where she has lived almost all her life, Arwen has been immersed in music. From her parents' hippie tastes and obsessions with self-sufficiency and sound systems she was exposed to a wealth of music ... Donovan to Dylan, Joni to Jimi and everything between.

As a child she fell in love with Jean Michel Jarre's Equinox, the beginning of a lifetime affair with Electronica. At an early age with family and friends she was involved with Blue Moon, Harvest Fair and early Glastonbury Festivals and met many musicians. Teenage years saw her at Big Love and Universe and in Tony Andrews' experimental sound field at Glastonbury listening to Underworld.

She has done a huge number of events working with SPACE, the Pedal Power Stage in the Glastonbury Green Fields, Templehead, Big Chill, Club Dog, Megadog and Solfest with Michael Dog alongside Steve Hillage's System 7, Merv's Eatstatic, Platipus Sound System, The Orb, Ninja Tunes' Matt Black and Mixmaster Morris, as well as being deeply involved in the German electro scene. We welcome Arwen to Campout.

<https://www.mixcloud.com/arwenvarda/>





Sound Transmission with SunDari & Sangeet

Hub, Friday

Join SunDari & Sangeet, for a transformative experience that serves as a bridge to self-discovery through a sacred blend of music, mantras, and indigenous rhythms drawn from the deep wells of global spiritual traditions.

SunDari ~ also known as Marci Lock shares her transformational offerings with the world through her global mentorship programs, online courses, plant medicine & psychedelic retreats, book, podcasts, tv show & her “Sanctuary of Light,” along with “The Training Center of Awakening Consciousness” in Bali.

Prem Sangeet, also known as Petar Savic, is a musician, conscious entrepreneur, and shamanic practitioner with a unique sound and visual identity that he developed over two decades of touring and working as a producer and multi-instrumentalist. He was fortunate enough to work and play with the sacred mantra singers Deva Premal and Miten in concerts and retreats, and it was from Miten that he received his spiritual name, which means "unconditional love for the music of God."





Stuart Warren-Hill : New Vequencer

Vortex, Friday Evening, the Little Chill and Saturday, VJing for The Egg

We're delighted to welcome Big Chill favourite and audio-visual pioneer Stuart Warren-Hill to Campout for the first time. On Friday he will follow The Light Surgeons in the Vortex with his brand new Vequencer project, which will also include a revisit of his all-time classic 'Timber' track. Be prepared to dance...

<https://www.holotronica.com/>





Nemo Jones

Hub, Saturday

Nemo has the voice 'of an angel... who sings like there's no tomorrow' (U2 producer Andy Barlow) and a passionate, funky and assured style honed on the road and in the studio with uber-pop diva Sia, dancefloor legends Faithless, acid jazz luminaries Galliano and his mum, Eve Libertine of seminal anarcho-punk band Crass, among many others.

A lover of liberty and pursuer of Truth, as a writer Nemo has long been dedicated to finding his authentic voice, venturing far from the toxic mainstream in search of knowledge and insight. These philosophical explorations alchemise into songs and written word - ranging in tone from whimsical to acerbic to exhortational - channelled and crafted to foster hope, deep reflection and grounded resilience.





Pan Electric

Hub, Saturday (Music), Woodland, Saturday (workshop)

Pan Electric is the artist/producer name of Matt Coldrick (Music* For a Busy Head, QuietEarth). Matt is also a founding member of The Green Nuns of the Revolution. His unique brand of ambient, cinematic music was highly influential in Big Chill circles and continues to delight, as does his guitar playing.

Inspired by 7 years in Australia and New Zealand exploring Plant Consciousness, devotional music practice, mantra chanting and reflecting on some pretty big life experiences, Matt's recent work draws on 60's Minimalism, hip-hop, clips from civil rights activism, art podcasts about robotics, afro-futurism, plant consciousness and psycho-drama film scripts all in the same sneeze. "





alucidnation

Vortex, Thursday, Hub, Saturday,

alucidnation is Bruce Bickerton.

He's been composing and producing music since the mid-nineties and was an integral part of the famed Big Chill festival, signed to their label and performing at pretty much every event throughout the halcyon period of 2000 - 2010.

Bruce's output is pretty prolific and there's a large canon of work all over the internet.

When he's not making music, he compiles and produces a radio show for MixCloud and syndicated stations in the UK called 'Eelectronica'.

alucidnation has recently released an album of new material called 'Mellifluous'

Pop over to alucidnation.co.uk and find out more.





Christian De Sousa

Vortex, Saturday Evening, The Little Chill

Using movement, music, photography, words and collective process, he invites immersive exploration of what it means to be alive in the twenty-first century.

Certified teacher of both 5Rhythms and Movement Medicine, he created the legendary Sweaty Thursdays dance space in London and initiated the seminal dancing Tao collective. He is also a trained Processwork facilitator and explorer of Taoist & shamanic/animist approaches to living, renewal & kinship.

As a photographer, writer and spoken word artist he created the book album and multimedia project 'Postcards from Babylon - a rough guide to liberation'

Current projects include Transmission, a monthly deep radio session, The Dancefloor Jedi Project, a subscription service offering DJ mixes and teachings for dancers - and an as-yet-untitled depth photographic exploration of post-colonial legacies, memory and migration.

He lives in south Devon with his family and learns about enlightenment from the cats



The Egg

Vortex, Saturday Evening, The Little Chill

The Egg are dance floor technicians - they play live rocktronic, funk and house inspired big textural dance music. Their live performances are legendary multimedia experiences where they combine electronic and live instruments with synched video samples with vocoder'd live vocals to create a audiovisual show that draws its sonic inspiration from bands the likes of Pink Floyd, New Order, Underworld, Air, Ulrich Schnauss, LCD soundsystem and anything underground and electronic.

The band are based around twins Ned (keys and vocals) and Maff Scott (drums), with bass and guitar- up to 4 -people but often have guest musicians.

Visuals by Stuart Warren-Hill (Hexstatic, Holotronica)





JuliLa

Hub, Sunday

Charismatic cross-over cellist JuliLa landed in 'ElgarLand' in 1999 after a World Tour playing Jimi Hendrix with Nigel Kennedy. Perhaps the pinnacle of a colourful career carved as a cross-over cellist in London's 80's/ 90's Acoustic scene. Settling in the Malvern Hills, whilst raising two gorgeous off-spring, JuliLa has hosted magical happenings, created a 'spike' of cellists in her Cello'Scool and conceived SongSPACE Sessions, a Family Singers Class intended to cultivate mini-future musicians on Planet Earth, whilst, all the while, concentrating on her own compositions. JuliLa's gift is to invite presence while sharing a unique cathartic collection of instant sing-a-long songs to tickle, uplift and inspire. Grab a copy of JuliLa ~ in Fields, her debut album made in lockdown, while you can! Available now via www.julila.co.uk





Peter Conway

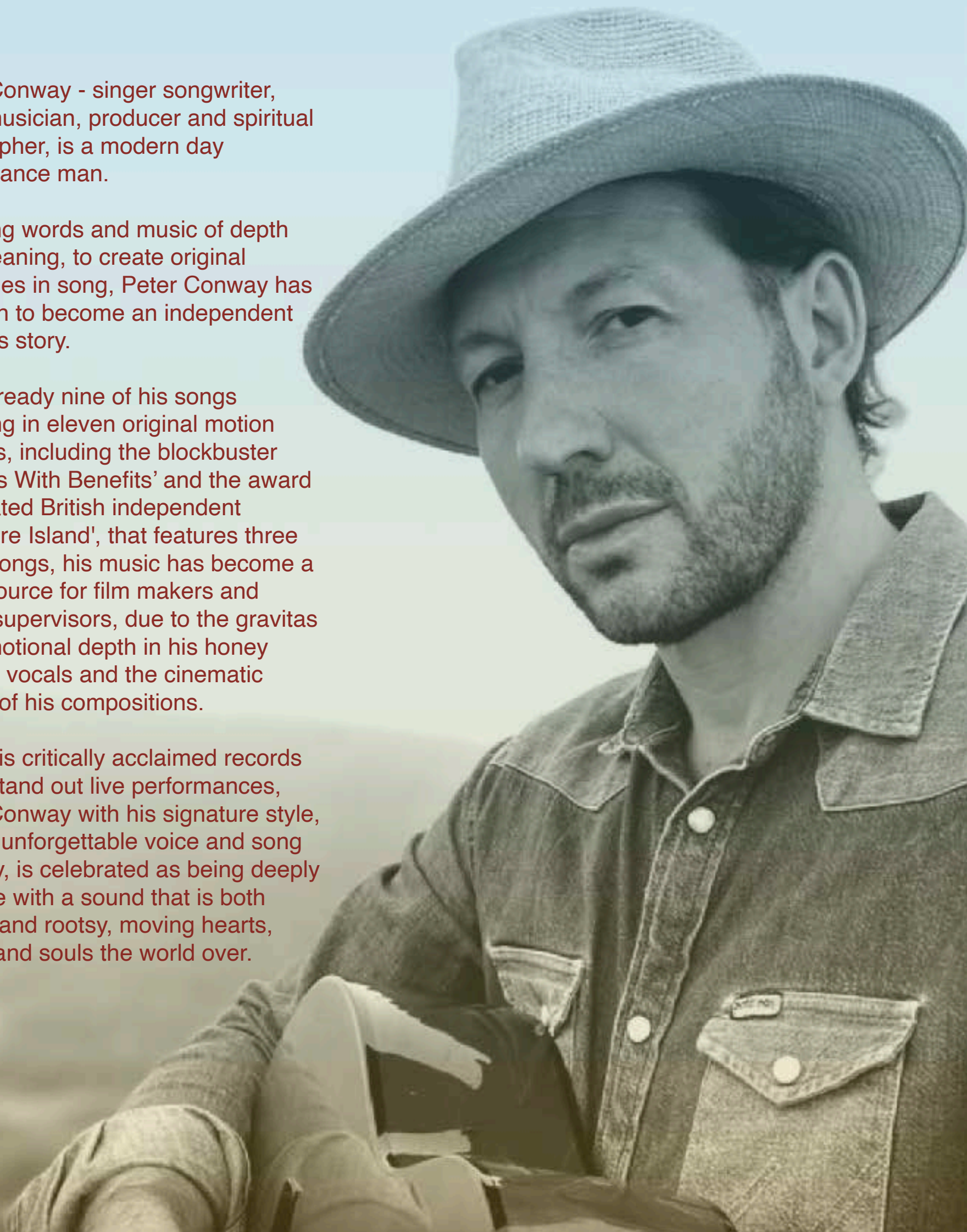
Hub, Sunday

Peter Conway - singer songwriter, poet, musician, producer and spiritual philosopher, is a modern day renaissance man.

Weaving words and music of depth and meaning, to create original tapestries in song, Peter Conway has gone on to become an independent success story.

With already nine of his songs featuring in eleven original motion pictures, including the blockbuster 'Friends With Benefits' and the award nominated British independent 'Pleasure Island', that features three of his songs, his music has become a go to source for film makers and music supervisors, due to the gravitas and emotional depth in his honey soaked vocals and the cinematic quality of his compositions.

From his critically acclaimed records to his stand out live performances, Peter Conway with his signature style, unique unforgettable voice and song delivery, is celebrated as being deeply emotive with a sound that is both soulful and rootsy, moving hearts, minds and souls the world over.





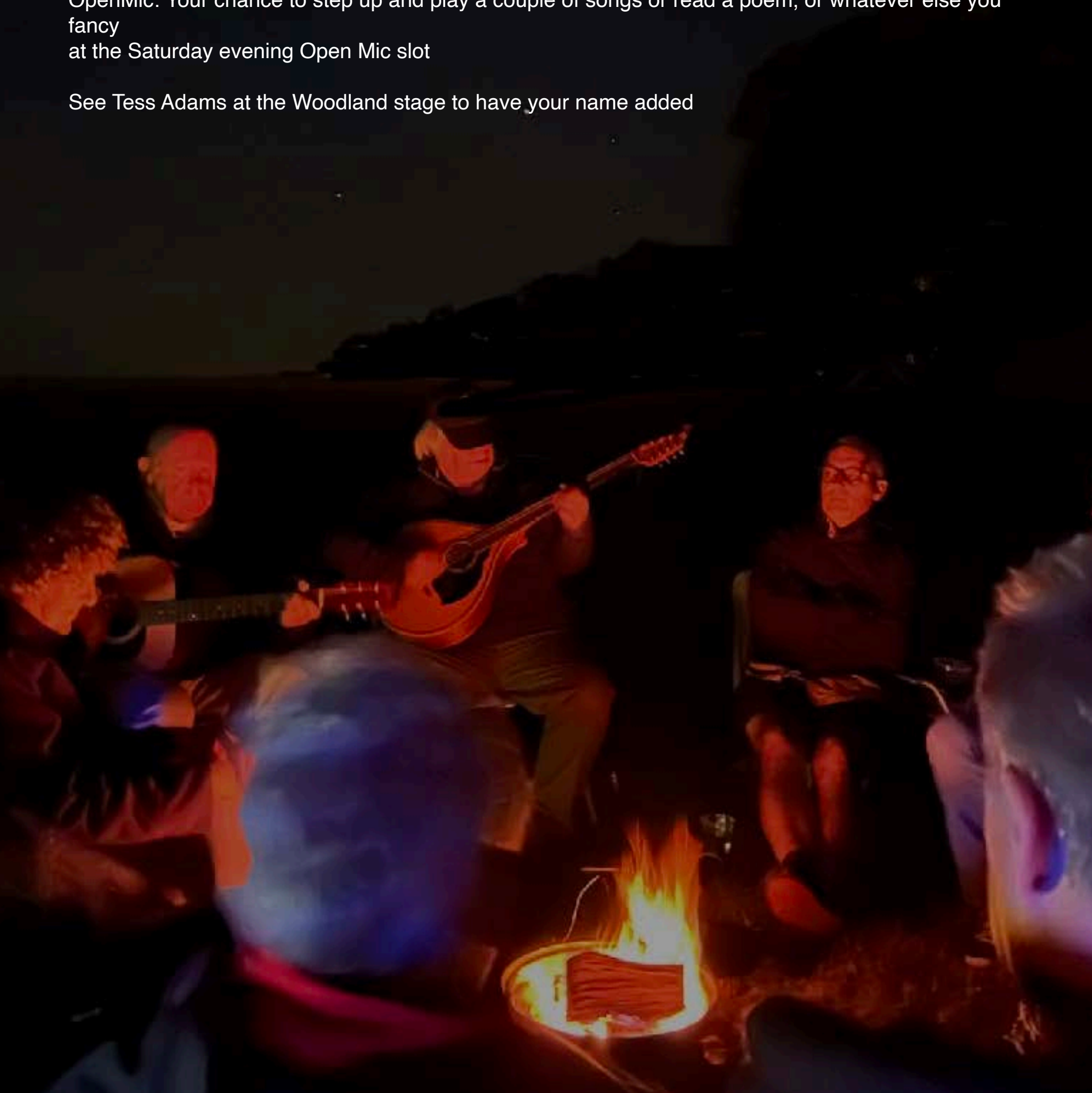
Jamming / Saturday Evening Open Mic

Woodland, Saturday and Sunday

Acoustic Jam Sessions: Around the fire from 20:30. Bring an instrument

OpenMic: Your chance to step up and play a couple of songs or read a poem, or whatever else you fancy
at the Saturday evening Open Mic slot

See Tess Adams at the Woodland stage to have your name added





elevate

THURSDAY

Opening Day

Four days of co-creation, inspiration and celebration





Allan Kleynhans

Hub, Thursday

Breaking Through Collective Trauma

To open this year's event we are joined by returning guest speaker Allan Kleynhans following his much talked-about session at last year's gathering.

The occurrences of the past 3 years have created enormous amounts of challenges and have resulted in significant trauma individually and collectively. Societies have become divided and polarised which have deepened the impact upon humanity.

In this high emotive and experiential session, Allan will explore what we can do to not only process what has happened over the past few years to release the trauma, but to actively reverse the damage and begin to consciously turn things around with love.

The session will include a series of guided processes and experiences.

Allan Kleynhans is an high demand International Speaker and High Performance Coach. With a vast amount of experience accumulated over three decades, he is a highly skilled Facilitator where his expertise includes self-awareness, leadership and communication.





LIGHT OFF! Shamanic Fire Ceremony

The Central Campfire, Thursday

Led by Jessica Mallock “We will gather together to make a fire as a community. Calling in sacred space, the ceremony is a movement meditation and a simple and beautiful way to let go of anything that is getting in the way of you stepping into your life. As we stand in circle we also make an offering to pacha mamma, mother earth who’s bely we live on, the fire then becomes The Children’s Fire. This is where we dream a new world into being one not informed by the past but informed by who we are becoming. So we leave something more life enriching and beautiful for the future generations.”



elevate

FRIDAY

OXFORDSHIRE

Four days of co-creation, inspiration and celebration





Alexander Beiner

Hub, Friday

The Big Picture: Making Sense of the World

To open up proceedings on Friday we are joined by Alexander Beiner, a writer, podcaster and facilitator with a love for making sense of culture, hosting transformative experiences, and exploring how we can evolve and thrive in the chaotic times we live in.

Alexander will be taking us through an engaging and interactive sense making session exploring the Big Picture issues of our time, whilst sharing techniques that you can use to sharpen your ability to make sense of the world.

His session will draw up his the latest research featured in his groundbreaking book, 'The Bigger Picture: How psychedelics can help us make sense of the world' (Hay House, 2023) where he'll draw upon the role of psychedelics in addressing global issues such as global warming, geopolitical instability, and political polarization

Alexander is an executive director of Breaking Convention, Europe's longest-running conference on psychedelic medicine and culture, and has also co-created and co-facilitate a legal psilocybin retreat called Regenerative Stewardship.

He is more recently known as a former co-founder of Rebel Wisdom, a popular alternative media platform that ran from 2017-2022 and explored the cutting-edge of systems change and cultural sensemaking.





James Lavers

Hub, Friday

Psy-Ops: Communication in a low-trust era

How to communicate with clarity, congruence and conviction in a divided and polarised world where censorship is rife?

In this session James will bring his decades of communication expertise to help you to speak up with confidence. He'll also deliver some fascinating insights to help you to determine when people are communicating truthfully in order to help you to make sense in a world of low trust and grand narratives.

As a former infomercial producer James Deneka-Lavers is a communication expert who has been making people more influential on-camera since 2001. He's coached self-help guru's, spokespeople for household name brands and everyday influencers to sell their message and sell their products when the camera's rolling.

A popular speaker, James has been a featured expert on the BBC and in two books (one published by McGraw Hill). He's lectured on video and digital entrepreneurship at the *Institute of Contemporary Arts* and for MBA Post-grads in collaboration with *Cambridge University Judge Business School*.

He lives in Somerset with his wife, seven kids and an assortment of pets. He's a *Dungeons & Dragons* nerd who loves seagulls and the freedom (as well as badass attitude) they represent!





World Council For Health Panel: Natural Health and Sovereignty.

Hub, Friday

Dr Tess Lawrie, Rev Clare Hinsley, Philly J Lay, Jane Gunn

In a world dominated by Big Pharma, discover how regain your sovereignty over your health and well-being during our thought-provoking World Council for Health panel discussion led by Dr Tess Lawrie. During this insight packed session we'll explore how conscious lifestyle choices, nutrition, and mindfulness can empower you to take charge of your physical and mental health.



Dr **Tess Lawrie** is a medical doctor and researcher and co-founder of the **World Council for Health**. Tess envisions a healthier world in which science and learned wisdom are brought together to empower people to take responsibility for their own health. She believes that what defines us as human beings is our capacity, desire, and freedom to choose.



Jane Gunn is known to her clients as “The Barefoot Mediator” Jane is an expert in the field of conflict resolution, effective decision-making and the principles of self-determination. She is a author of 2 popular books “*How To Beat Bedlam In The Boardroom And Boredom In The Bedroom*” and “*The Authority Guide To Conflict Resolution*”, and has spoken at the United Nations, The White House and the European Commission.



Rev. Dr. Clare Hinsley has earned her Doctor of Philosophy, Ph.D. specializing in Metaphysical Counselling, from the University of Sedona. She offers different types of consultations with the aim of realigning one with their Soul Purpose. Individuals who stray from their own Divine path will feel out of sync and may experience symptoms of anxiety, depression, stress, and unhappiness.



Philly J Lay is a natural wellness guide, EFT Practitioner, Breathwork and Meditation Coach. Author of *The Natural Wellness Journal* and host off the *The Wellness Awakening*, a guided meditation album, taking you on a journey from your ancestors to the last day of your life



Richard Vobes

Hub, Friday

From Fire Eating to Saving the world!

Richard Vobes talks about his background in the entertainment business as an independent and how his quirky measured approach has brought him success as a YouTube commentator and interviewer.

For the past three years he has been producing and presenting a documentary series called 'The Bald Explorer' and recently, it has been shown on the Community Channel. It has been hailed as a great success and they are shortly going to make more. The programmes look at Britain's towns and heritage, as well as its many legends, traditions and fabulous architecture. They have covered subjects from the old smugglers on the Romney Marshes to abandoned canals. You can watch the episodes and find out more at the [Bald Explorer Website](#)

Having spent five years making videos about England's landscape, heritage and nature, Richard turned his attention to the disturbing policies spewing from Government. This sent him inevitably down the rabbit hole.





Sunita Passi

Vortex, Friday

Creating New Health Habits

We all know we could and should eat better, and doing that will have benefits for the way we show up for ourselves and what matters. But – And that's the thing. There's always a but.

Sunita's deep-seated understanding of Ayurveda's healing principles starts with a simple fact: Everything we do affects everything else we do. Relying on caffeine to have the energy for a meeting when sleeping better would have delivered it can throw your day off kilter.

Nothing earth-shattering in those observations, right? Here's two you may not be aware of:

- The way you are fluctuates in ways that are predictable. Your body type, and ways of thinking and feeling go together more deeply than you can imagine.
- Those factors, plus seasonal patterns, are explored through the lens of Ayurveda to provide a greater degree of reliable influence over how you perform than you're used to.

In this fascinating workshop you'll learn how to create new health habits to help revitalise your energy and wellbeing.

Sunita Passi is an Ayurvedic practitioner and international holistic therapist educator. As the founder and principal of Tri-Dosha Academy, Sunita is dedicated to promoting a deeper connection with our inner bodies and the world around us. With a profound belief in joyful respect and self-care, Sunita envisions a path towards wellbeing by challenging societal conditioning and embracing natural wisdom.





Psychedelics and the Rise of Cyber Culture

Vortex, Friday

Step into a thought-provoking realm where the ancient wisdom of plant medicine and cutting-edge technology converge as we embark upon a mind-expanding panel discussion on "Psychedelics and the Rise of Cyber Culture," host by Alexndar Beiner



Our panel shed light on the profound similarities between psychedelic experiences and the hyperconnected cyber world, where technology intertwines with our lives, reshaping our perceptions and transforming the way we interact with the world. We'll uncover the impact of the digital revolution on our collective psyche as virtual realms and artificial intelligence become integral parts of our world and discover how both realms offer both the possibility of constraining and liberating our potential.



Rise of Cyber Culture and the Evolution of Consciousness

Batuhan Bintas is a kickass Cyber Alchemist who uses modern day lab tools such as AI, Blockchain and XR technologies to alchemize cyberdelic experiences. He is the founder of Imaginatrix, a London based tech company that expands imagination through CyberSpace. The company's first product Cyber Mushroom is an online psychedelic playground where Psychonauts can meet each other holographically, attend events, share Cyberdelics and upload their trip reports in the form of Virtual Reality experiences.



Psychedelic Satire: The Role of Humor in the Psychedelic Renaissance

Dennis Walker is a journalist and puppeteer primarily known for his satirizing of the psychedelic space. He is the host of Mycopreneur Podcast, with which he has platformed over 100 fungi entrepreneurs from 15 countries on five continents. The Mycopreneur platform is now a globally recognized leader in the psychedelic media space, with recent press coverage in Forbes, Rolling Stone, and many other outlets.



Prem Sangeet, also known as Petar Savic, is a musician and conscious entrepreneur. He is now a general partner at Supreme Factory, an accelerator and micro VC fund that empowers purposeful tech startups and conscious founders in AI, Web3, and psychedelics. He is also the director of Startup Grind London, the world's largest entrepreneurial community. From a young age, Prem has been fascinated by the inner workings of the human heart and mind, studying shamanism, Buddhism, and exploring the use of psychedelics.



SunDari with Sangeet

Vortex, Friday

Activation to Manifest



A live activation journey, sound transmissions, and rituals to clear your system of stuck energy and programmes, attune to the higher vibrations to alight and manifest the life your desire.

SunDari & Sangeet invite you to travel with them from broken to bliss, suffering to serenity. Peace is a choice, and infinite possibilities are available to you when you give yourself permission to live in joy, abundance, and divinity.

SunDari ~ also known as Marci Lock shares her transformational offerings with the world through her global mentorship programs, online courses, plant medicine & psychedelic retreats, book, podcasts, tv show & her “Sanctuary of Light,” along with “The Training Center of Awakening Consciousness” in Bali. Her passion & genius is taking you past education & into embodiment to a place of divine remembrance & knowing, integrating the codes of ascension into your daily life to create lasting change and to a dive life of mastery you absolutely love. SunDari reveals the truth within by operating from heart consciousness, activating DNA, and sharing the codes of divine remembrance, liberation, abundance, and wholeness for all humankind. It isn't education that changes your life; it's embodiment.

Prem Sangeet, also known as Petar Savic, is a musician, conscious entrepreneur, and shamanic practitioner with a unique sound and visual identity that he developed over two decades of touring and working as a producer and multi-instrumentalist. He was fortunate enough to work and play with the sacred mantra singers Deva Premal and Miten in concerts and retreats, and it was from Miten that he received his spiritual name, which means "unconditional love for the music of God." From a young age, Prem has been fascinated by the inner workings of the human heart and mind, studying shamanism, Buddhism, and exploring the use of psychedelics.



Ian Banyard

Friday, meet at Wellbeing Village

Natural Mindfulness Walks

When we connect we care and what we care about we protect and nurture.

Ian is offering to guide some Natural Mindfulness wellness walks to help others energise the body, relax the mind and lift the spirit.

These are gentle, mindful walks where we commune with nature and our true nature using Natural Mindfulness and Forest Bathing practices.

All welcome and no prior knowledge/experience of mindfulness is necessary.

Friday 11:00 and 19:00





Nick Stone - Awakening Abundance

Woodland, Friday

In this opening session on the Woodland Stage, Nick Stone will guide us through a series of dynamic connected breathwork, breath holds, movement and sound as a powerful way to release tension and anxiety held in the body allowing us to cultivate a deeper sense of stillness, inner peace, joy and abundance from within.

Nick is a yoga teacher, breathwork facilitator and food grower with a love of the great outdoors and connecting back to nature.

His passion is sharing different tools and techniques focused around the breath, mindset and movement that help shift you away from stress and overwhelm and into a happier, healthier and greater version of yourself.

Nick's session will be followed by a talk on Activating Abundance by his mother, Sue Stone





Sue Stone - Activating Abundance

Woodland, Friday

Sue made her mark as a successful woman in business, being appointed Managing Director and Chairman at the age of 29 of a manufacturing company in a male dominated business sector. However, an unfortunate series of events and her marriage breaking down sent the company to near financial collapse – and Sue's life hit a serious downward spiral.

She hit absolute rock bottom emotionally and financially in 1999. Sue was desperately unhappy and left with over a quarter of a million pounds worth of debt following her marriage breakdown. She faced the terrifying repossession of her family home and the reality of 3 young children to bring up alone with no income. The turning point came when Sue had just £10 left in her purse and no idea where the next penny would come from.

Sue will share her story about how she bounced back and will share how to awaken to abundance in alignment with your true values.





Jessica Mallock

Woodland, Friday

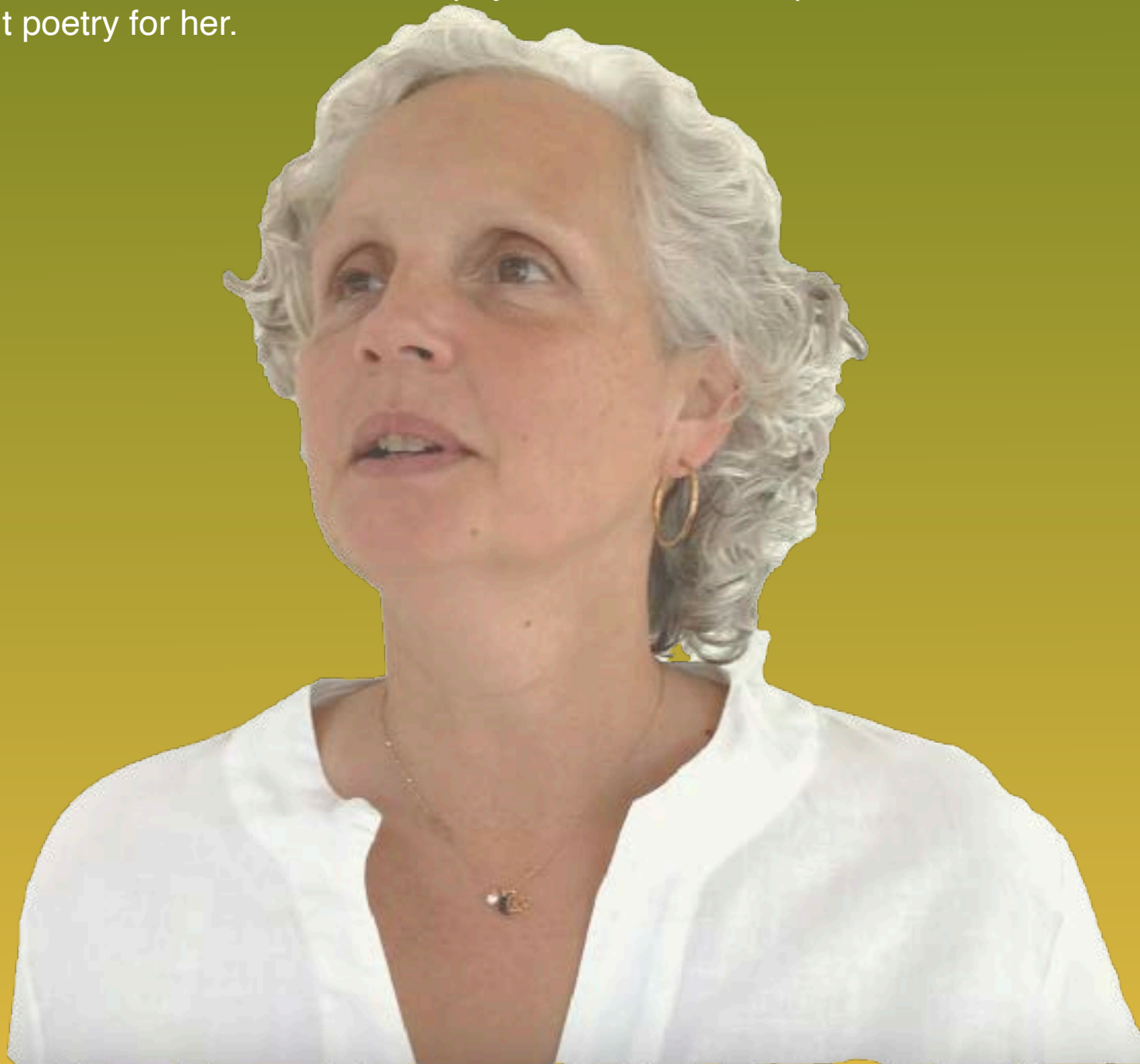
Why Do Inner Work?

Jessica will give a talk about “why do inner work” what are the benefits on a personal level and how that can affect a wider community. She will explain what is inner work and She will teach some simple practical techniques that you will be able to take home and use in your lives. She hopes to self empower you, this is what these times all calling for.

Jessica Mallock is an Artist, Shamanic Practitioner, TRE (tension & trauma release exercise) Provider, Mentor, Creative Guide and Grandmother.

Her life’s work has been to explore her inner and outer landscape and now as an elder she is a guide for others on the path. She brings lightheartedness, depth, safety, peace, wonderment and laughter to her work.

Her favourite place is to be found in nature, in the physical and the metaphorical which is a kind of wonderment poetry for her.





Trauma Release Exercises

Woodland, Friday

Anastacia Nikolaeva

TRE is a set of seven simple exercises that trigger a natural tremoring reflex in the body that helps the body to release deeply held stress, tension and trauma.

TRE was created by psychologist Dr David Berceli. TRE could be taught easily to whole communities and practised in a group or alone.

Anastasia works as a body-centred therapist and help people to find freedom and growth through understanding and connecting to their bodies on different levels.





Geoff Greentree

Village, Friday

A Paradise Built in Hell

The Session

A workshop on creating "A Paradise built in Hell". Rebecca Solnit's inspirational work on how people and communities come together in times of disasters; how this applies in general to our current existential multiple crises. How people can and are coming together in innovative, practical and heart-centred ways. How the elites panic and cause more problems as they try to take control of the situation and ultimately the ensuing narrative. Ideally in a circle.

About Geoff

Geoff has been an ambassador for physical and spiritual wellbeing for many decades, and continues to aspire to bringing that ethos into our lives. "Mens sana corpore sano"

He has been part of Campout and Campfire Convention since its inception and is also know for his Qi Gong and Shiatsu work. You are likely to find him in the Wellbeing area.



elevate

SATURDAY

OXFORDSHIRE
Four days of co-creation, inspiration and celebration





Sam X, Founder of Crypto Cafe.

The Hub, Saturday

An Introduction to Crypto & The Financial Reset

Join us with a brew on Saturday morning for Crypto Cafe!

We're at such a pivotal time in history when it comes to currencies & monetary systems, and how we now find ourselves in uncharted territory as we head towards a financial reset.

In this expansive and interactive session we we will take a look at

- Is this the end of our current fiat system and if so why now?
- Bitcoin versus fiat currency
- Blockchain Technology - the good, the bad and the ugly
- Central Bank Digital Currencies - a tool for control?
- Why decentralising and diversifying one's assets is key
- The paradigm shift towards self custody of your assets
- How to protect your assets during the coming financial reset

Sam offers talks on the financial reset and trainings designed to help empower people who are interested in understanding and investing in digital assets.

He is the co-host of the Uncharted Territory Podcast with Dan Astin-Gregory, published by Elevate Media.





Sexual Sovereignty

The Hub, Saturday

Sacred masculine and divine feminine

The Session Owning our Sovereignty in order to step into better relationship with ourselves, each other and our planet. We look at how we can express our authentic sexual selves in the context of alignment between divine feminine and masculine.

Chloe De Sousa is a Love, Sex and Relationship Coach, 5rhythms dance teacher and a dance movement psychotherapist. She holds over 20 years of intimate, deep space holding. She is passionate about empowering people to live their ecstatic sexuality and step into their self leadership. Her approach is trauma-informed backed by both modern science and ancient tantric wisdom. She has been called “a legend of space holding,” and “a queen” of 5 rhythms dance facilitation. She offers 1-1 coaching, courses and talks internationally on these topics. She is a published author. Chloe believes pleasure is everyone's birth right.



Darren Deojee has been teaching the Toltec native gender wisdom for over 15 years, as well as offering transformational and unique sessions on everything from native sounding and language evolution to personal sovereignty (true individuality), social change and ancestral healing and re-connection.

He runs rites of passage for men as well as offering mentoring and workshops for men, women and couples. Through rediscovering our native wildness as embodied mammals with aware spirits, we can bring a sense of real ease at at-home-ness in the power of our bodies, and in the world. Healing these foundations of our connections with each other, the land and our ancestors is a deep, profound medicine that brings unspeakable changes filled with warmth and feeling.

Carla Crivaro is a Sex, Love & Relationship Coach. She helps men and women who feel insecure and unsatisfied in the bedroom and who feel lonely and unheard in their relationship. She does this by creating safe spaces for men and women to learn more about their unconscious patterns and behaviours. She does this so they can feel desirable and confident in the bedroom and have a greater connection and intimacy with their partner and feel heard and seen in the relationship. Carla offers 1-1 coaching, in-person and online workshops and courses as well as free content on YouTube and her website www.carlacrivaro.com





Dr Rob Verkerk

Hub, Saturday

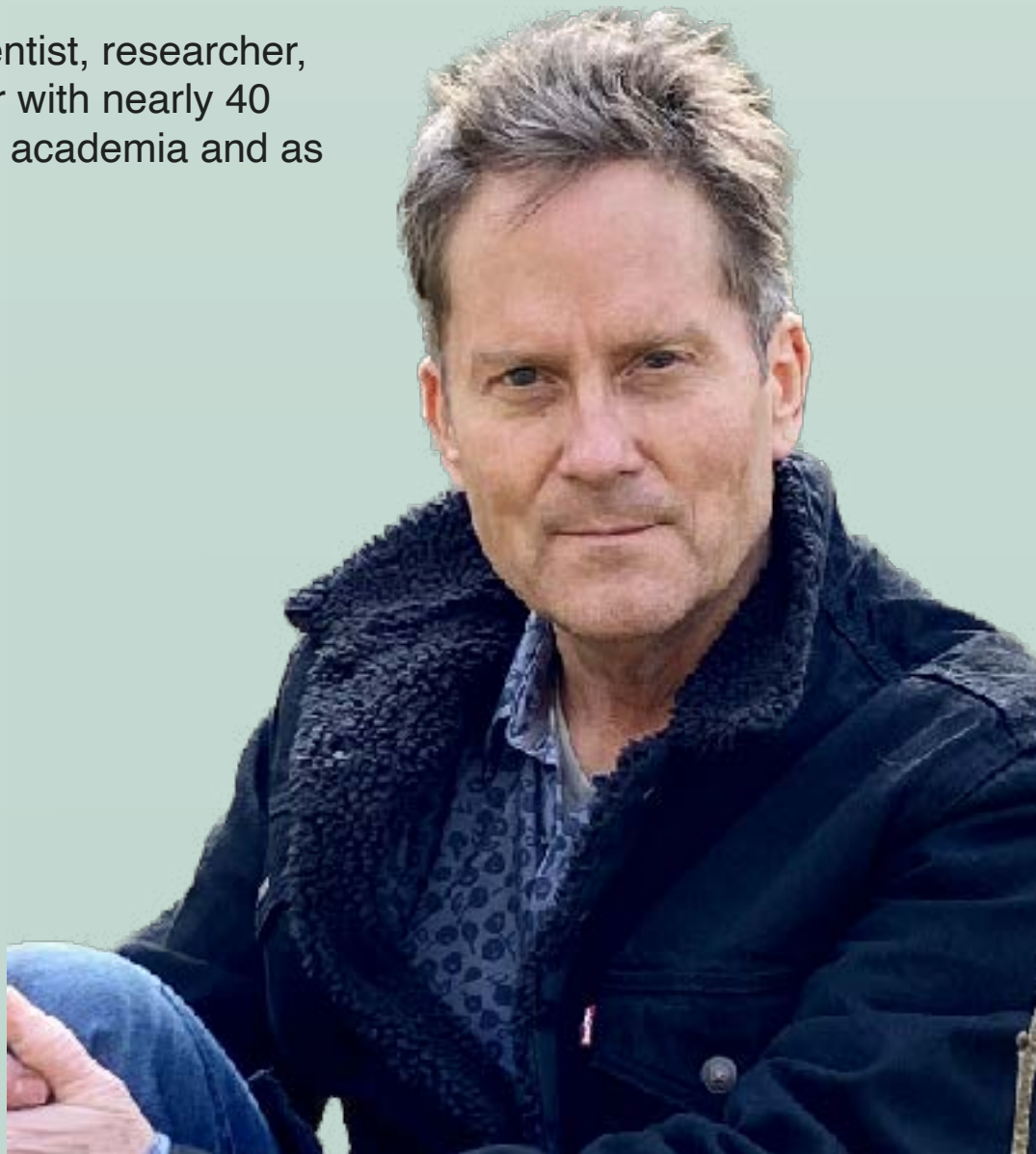
Life medicine - a new paradigm for a grassroots health revolution

For most, medicine means consuming or ingesting a pill, capsule or herb, being injected, or being manipulated. This kind of medicine might be better described as ‘doctoring’ and there’s no doubt it’s sometimes needed. But decades of research now tells us it’s the things we do in our daily lives, the things we often do for months, years or even decades on end, that are the strongest determinants both of health - and of disease. As Rob will explain, most of us can’t really create or regenerate health until we have a deep understanding of what this incredibly complex phenomenon called life - and human life especially - actually is.

Rob will take you on a tour of some fascinating science about life and humans, drawing from a diverse range of fields - from ecology, biochemistry and molecular biology, through to biophysics and (are you ready?) psychoneuroendocrinoimmunology. With this primer in life, Rob will invite you to open the door to your own multi-dimensional transformation - and if you’ve got there already - help you to start the transformation of those around you. Welcome to the health revolution!

Rob Verkerk PhD is a multi-disciplinary scientist, researcher, educator, regulatory expert and campaigner with nearly 40 years of experience in the non-profit sector, academia and as a consultant.

Dr Verkerk and his team at ANH have been heavily involved with the covid-19 pandemic, evaluating science, policies and multi-disciplinary strategies that aim to facilitate a return to normal societal function with minimum collateral damage. Critical to this is ongoing research, education and campaigns focusing on building multi-system resilience, including the use of healthy dietary and lifestyle interventions.





Drumming for Community in Unity

Hub, Saturday

Rhythm is innate in all of us. We are designed to live, breathe and move in rhythm.

Our very first sensing of rhythm was our own grandmother's heartbeat, deep within our mother's womb, within her mother's womb while nurturing her beautiful child to be.

We need and yearn to reconnect with that rhythm and do so in many ways, through dance and conversation and of course our primal expression of life – drumming.

Come and experience that sense of connection and belonging in our Campout community drum circle, where facilitator Wendy and her team from Drumming for Community in Unity will guide us through a rhythmic journey together. No musical ability needed, just bring your willingness to share your rhythm spirit.



Wendy Doig - drum circle facilitator, yoga and meditation teacher

Through experiencing Village Music Circles facilitator training and mentor programmes over the last 14 years.

She is passionate about building better communities one drum beat at a time and strives to find innovative ways to help heal the divide, isolation and mental health issues which have arisen during the course of the covid chapter.



Sheian Alegria (Lazo Freeman)

Vortex, Saturday

Adventures in Consciousness

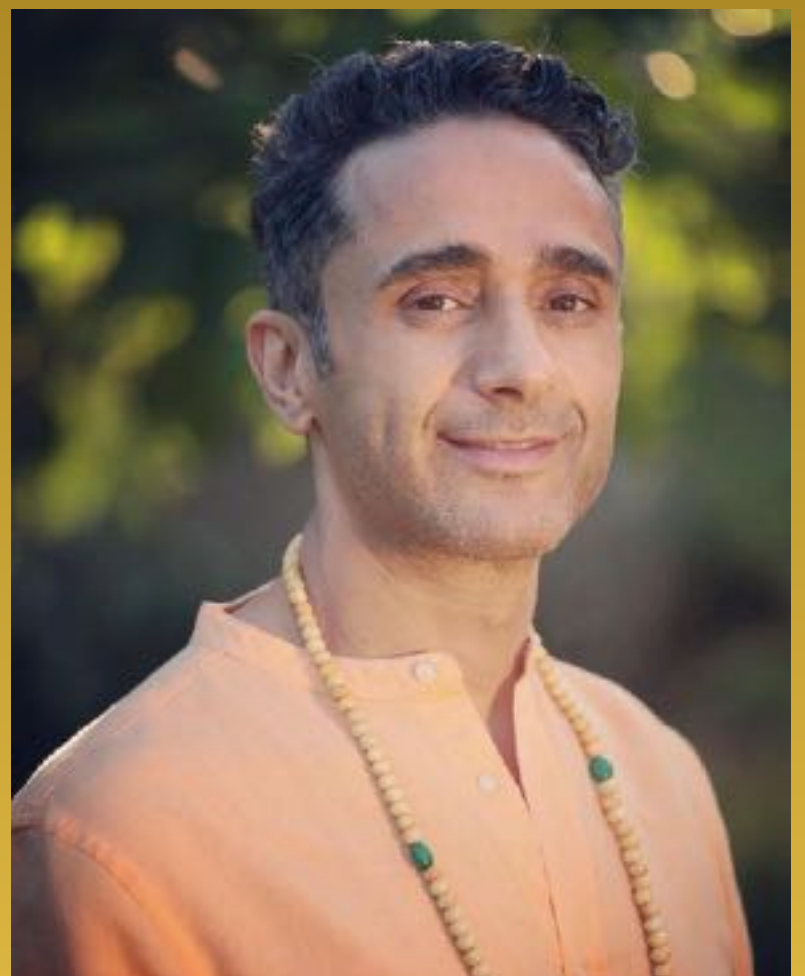
Sheian Alegrai, also known as Lazo Freeman, spent the last 8 years studying deeply with indigenous elders and is part of the initiatic lineage of sacred traditions. A qualified Kundalini yoga teacher, Wim Hoff instructor, breathwork and mediation teacher, a coach for Dr. Joe Dispenza, and a Dr. Demartni facilitator. As a public speaker, he runs large healing events, and consciousness training programs to bridge the ancient with the modern times.

Sheian studied biochemical engineering at UCL, got into the fitness industry in the early 2000s, and became one of the highest-paid trainer for CEOs, celebrities, and executives. He launched a successful business as an entrepreneur and "Influential Gentleman" for well-to-do men and "Body Transformation Academy" for personal trainers winning best innovation in the health sector by the UK Government. He had no interest in any of the so-called woo-woo stuff until a miracle happened to him, so he decided to quit everything and go and study with various masters of sacred traditions across the globe. Very intense and deep training and initiations, travels, and pilgrimages.

Sheian has a passion for helping to with build communities which is what drew him to Campout and NOW he is happy to share some of this valuable knowledge guided by his Elders at this years gathering

Your are invited to embark upon a shamanic journey with a deep dive into opening dimensions of your beingness, releasing old negative thought patterns and feelings, and igniting the inner fire of innovation, creativity, and expansion.

Sheian will take you through a deep theta-delta breath work session, healing, and clearing through ancient indigenous chants from various traditions that will leave you feeling lighter, stronger, and liberated.





David Charalambous

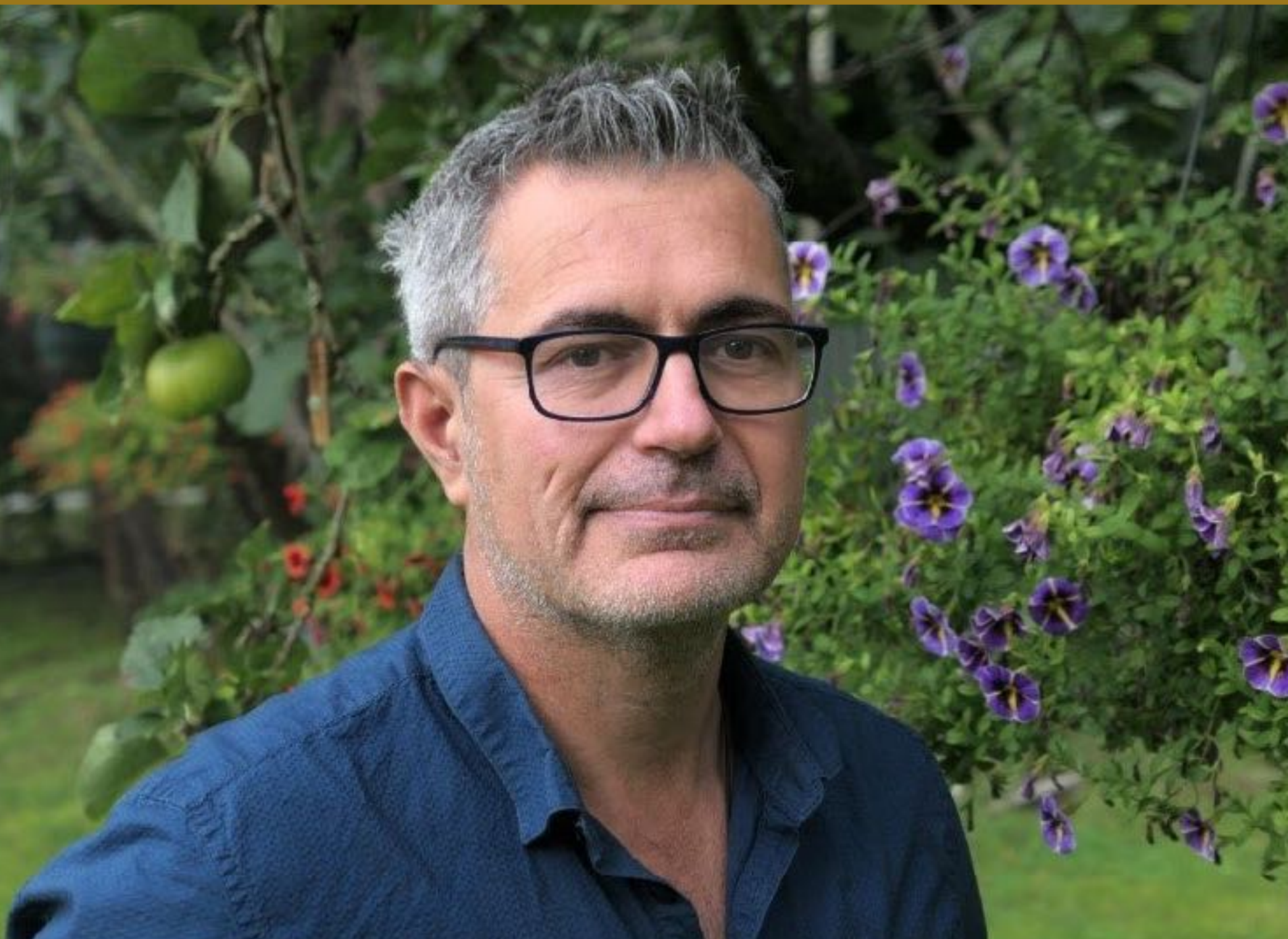
Vortex, Saturday

How to stop chasing shadows and create a better future

What drives us to do the things we do? What dictates our confidence?

How can we stop chasing shadows? We will look to shed light on these questions.

David Charalambous is an expert in behavioral psychology. He has profound insights and practical solutions for helping people out of what has been, for many, a fearful and often illogical covid trance.





Native Chorus

Vortex, Saturday, Sunday. Closing Ceremony Sunday events field

Tapping into our roots through song with Sarah Jewell and Mark Brown

Sarah Jewell, who led some memorable singing sessions with Rebel Chorus at Campout 2019 returns to Campout this August (10-13) in Oxfordshire with her Native Chorus.

Enshrined in the Celtic culture of these islands is the sacred principal of hospitality. But how far we as a nation have strayed from that noble ideal.

Our central song sets music firmly at the heart of any welcome. Over two days we will play with some other great tunes, all with their origins in our ancient song. Sarah's teaching style is informal and playful, but she likes to encourage participants to explore and expand their voices. challenging unhelpful assumptions about their limitations . Working with her long time collaborator singer and guitarist Mark their enthusiasm inspires a fresh and courageous approach to group harmony and creativity! The movement infused sessions aim to reinvigorate our connection with our roots, and to burrow into this musical earth with all its mystical, loamy traditions.

Join Sarah (voice) and Mark (guitar) in joyful celebration of our birthright.

The Celtic Rune of Hospitality

We saw a stranger yesterday,
We put food in the eating place
drink in the drinking place,
music in the listening place

And, with the sacred name of the triune God, he blessed us and our house,

our cattle and our dear ones.
As the lark says in her song:

Often, often, often, goes Christ in the stranger's guise.



Laurie Pyne

Woodland, Saturday

Non Violent Communication

FINDING PEACE WHEN WE'RE TRIGGERED

Our relationships, our occupations and our lives all create demands on our time and energy. They also offer great opportunities to get triggered!

So many of us are taking action to create inner and outer peace at this challenging time, but it can be hard to find ways through interpersonal conflict and high-stress interactions; NVC offers us skills to navigate these times.

Let's create a different mode of community where we can connect, and share skilful techniques, which can defuse conflict and create real connection.

Come! Experience the power of living empathy, even when you don't really feel like it!

The workshop will contain a mix of activities relating to topics you suggest, including:

- How to stay present present during conflict
- How to do emergency empathy
- The peace of deep listening.
- Gentle movement to build trust and connection





Soil Sentiments with Leora Lightwoman

Woodland, Saturday

A workshop based on the work of Joanna Macy's 'The Work that Reconnects' to process feelings around soil degradation. To move from hopelessness and inaction to newfound perspectives, motivation and effective action. Through dialogue and inner questioning, facilitated space for emotional processing, and movement and body exercises to support connection, reconnection and rejuvenation. Some gentle touch may be (optionally) included.

The workshop will include a video about the Save Soil movement and its reach so far.





Matt Coldrick

Woodland, Saturday

Creativity, mysticism and the sub-conscious



Matt will take you through an anecdotal cavort exploring the importance and power of the untapped imagination.

From his childhood imaginary friends “The Googlinunks” to experiences with plant consciousness and how he used visualisations to beat Covid in the first wave .

This is a personal journey which illustrates the power and unlimited creative potential of the sub-conscious realms.



Tamara Alferoff

Village, Saturday

Waking Dreamwork

People sometimes tell me they never dream, yet science has proven that all of us dream, and yet try as we might to recall them, they usually vanish from our conscious memory the minute we open our eyes. Dreaming happens during periods of deep REM (rapid-eye-movement) sleep when our brains are most active. So knowing some ways to bring your dreams from that somnolent state into your waking awareness without losing them is a precious skill to have.

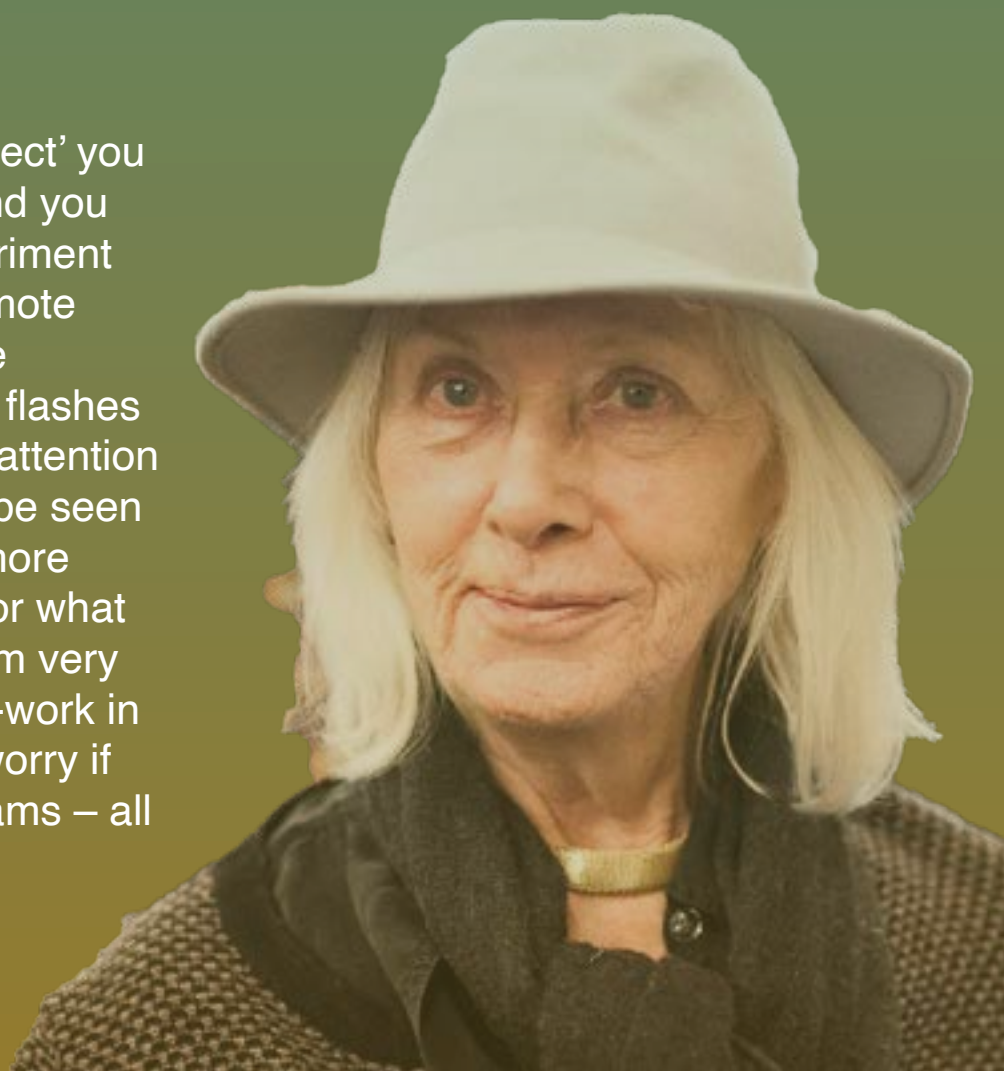
Dreams can behave like those little silver fish that shine momentarily at the surface, only to dart away back down into the dark depths of the unconscious – the secret is to net them before they have a chance to dive!

If you'd love to remember those elusive encounters and mysterious journeys, here are a few tried and tested techniques to help you retrieve your dreams before they slip away. (Some sound weird (cheese) and actually do work). Let me know your favourites.

Eat an ounce or two of strong cheese before you get into bed • Keep a notebook and pencil/pen where you can reach it without shifting position. • Don't put a light on. If you must, write in the dark! • Stay quiet and still as you come to a partial awareness. Don't stretch, sit up, or turn over. • Keep your eyes gently closed, and try not to allow them to move (this would jerk your brain into waking mode, ditto light) • However sluggish, make a bit of an effort to speak your dream out loud, engaging your vocal cords, naming the main elements. Do not just whisper.

Doing this ensures the dream becomes an 'object' you can study, rather than a shifting experience, and you are more likely to remember it next day • Experiment with binaural beats recordings – they may promote lucid dreaming (where you're aware that you're dreaming) • During the day you may have little flashes of recall of a dream you 'lost'. Pause, and pay attention with soft focus – the dream may allow itself to be seen once more • If you're intrigued to understand more about what your dreams are trying to tell you, or what messages the universe is whispering to you, I'm very happy to walk you through some active dream-work in one of my zoom sessions or in person. Don't worry if you have scary or negative events in your dreams – all are open to exploration.

tamara.alferoff@me.com





Connection to Self

Village, Saturday

Group Hypnotherapy

Nick Doherty has been practicing hypnotherapy since 2004, successfully helping people with a wide range of issues and brings a wealth of experience to his sessions.

He is offering a group hypnotherapy experience where he will lead you into a relaxed and safe altered-mind state, the same as a daydream state, where you will experience wonderful relaxation and a connection to our innate, inner ability to change, heal and improve.

The theme on offer will be “Connection to Self” and our innate abilities. Please bring something warm and comfy to lie under/sit on to help facilitate this cosy experience.





elevate

SUNDAY

Four days of co-creation, inspiration and celebration





A Stand In The Park

Hub, Sunday 10am

Standing for Truth and Freedom. A Stand in the Park unites people in parks all over the world every Sunday, 10-11am, now with over 1400 parks in over 30 Countries.

Individuals Standing to celebrate freedom, diversity, and fairness for all. Together. Wear yellow in unity.

We'll be holding a special stand in the park this year where you will have the opportunity to connect and share your experience with fellow participants at Campout





Trailblazing Political Change

Hub, Sunday

Join us for an electrifying panel discussion as we challenge the political status quo and forge a path towards a new era of governance, hosted by Pete Lawrence



Louise May Creffield - Transforming Politics: Embracing a Philosophy of Service for the People

In this enlightening talk, Louise, a passionate advocate for human rights and founder of Save Our Rights UK, will delve into the history of the UK political system and its relevance in our modern world, uncover the limitations of the current governance philosophy and explore the pressing need for a transformative shift towards a philosophy of service towards all members of society.

William Keyte 'The People Can and Must Learn to Govern Themselves'

The hidden concepts of our existing Common Law Constitution already provide us the practical solution and mechanism for our self-governance and sovereignty but it has been deeply concealed from us. William, a political thought leader who is sceptical about political and education systems, will guide us through a path to self governance.



Dr David Thunder - The Enslaving & Liberating Potential of the Stories We Tell About Ourselves



How can we make our political system more responsive to the needs and aspirations of ordinary citizens? It is tempting to just roll up our sleeves and “get to work,” or try to put in place an anti-establishment party, or a party of our choice. But this is to skip a crucial step: we need to critically re-think the political narrative we have inherited, and ask, “can we do better?” David is a researcher in political philosophy at the University of Navarra’s Institute for Culture and Society.

Pete Lawrence - Trailblazers Can Shape Our Future

A lifelong activist campaigning for peace and social justice, he passionately believes in the potential for personal change through connection and the self-organising capacity of communities as a spark for wholesale systemic change. Founder of Campout and its affiliated social network Campfire Convention, Pete’s previous projects include the Cooking Vinyl label and the pioneering Big Chill festival.





Dan Astin-Gregory

Hub, Sunday

How to Build a Counter Culture Movement

You are invited to join us to explore how to build a new counterculture movement to challenge the status quo and begin to explore and create alternative social, economic, and political structures.

Counter-culture movements often begin with a shared dissatisfaction with the mainstream culture and a rejection of the dominant narratives.

However, to build a widespread collective resistance against hegemonic powers, movements must develop strong leadership, create effective channels for communication, and balance idealism with practicality.

During this closing session hosted by Dan Astin-Gregory and featuring multiple speakers from this year's event, we'll explore the practicalities and challenges of making this happen as we look beyond this event by asking 'where do we go from here?'

Dan Astin-Gregory is an entrepreneur, content creator and activist whose commentary on the pandemic reached over 15 million views. He has since launched a media brand and online community to explore solutions to the critical issues that have arisen during this time. He is passionate about being part of a movement that can lead to lasting change.





The Joy of Intimacy with Leora Lightwoman

Woodland, Sunday

Receptivity allows us to feel another being. To choose to open to another, we need first to be able to say 'no' and protect our vulnerable parts. Learn effective and co-creative ways to look after yourself, in order to be free to choose to receive another. Gently release limitations to joy, love, sensuality and your own beautiful sexuality. Open your horizons to a deeper calibre of experience. Through eye contact, communication, breath, movement, awareness and play, reconnect with your innocent self.

For couples and individuals.

Leora has been facilitating Tantra workshops for 25 years and is author of 'Tantra - The Path to Blissful Sex'.





Charles Eisenstein

Vortex, Sunday evening interview TBC

Charles Eisenstein is a hugely respected American public speaker, teacher and author. His work covers a wide range of topics, including the history of human civilisation, economics, spirituality, and the ecology movement. Key themes explored include anti-consumerism, interdependence, and how myth and narrative influence culture.

On Sunday evening he will be speaking exclusively via the internet with Elevate's Dan Astin-Gregory - subject to confirmation





Robin Monotti

Vortex, Sunday evening film

"Packs a Highly
Gratifying Visual
Punch" CINEUROPA

Robin Monotti will introduce a screening of *The Book of Vision*, a journey into the history of medicine which does not hesitate to conjure the role of the subconscious in healing.

The Book of Vision:

Eva, a promising young doctor, leaves her brilliant career to study History of Medicine in a remote university. Now is the time for her to call everything into question: her nature, her body, her illness, and her sealed fate. Johan Anmuth is an 18th-century Prussian physician in perpetual conflict between the rise of rationalism and ancient forms of animism. *The Book of Vision* is a manuscript that sweeps these two existences up, blending them into a never-ending vortex. Far from a proper scientific text, the Book contains the hopes, fears, and dreams of more than 1800 patients. Dr. Anmuth truly knew how to listen to his patients whose spirits still wander through the pages, life and death merging in a continuous flow.

Robin Monotti Graziadei is an architect, songwriter with Eric Clapton, and filmmaker. Robin is the cofounder of Luminous Arts Productions of London. He worked as a producer on Amir Naderi's "Mountain", which premiered at the 73rd Venice Film Festival where Naderi received the Jaeger-Lecoultre Glory To The Filmmaker Award 2016.

Robin then worked as UK producer on the Terrence Malick executive produced *The Book of Vision*, a journey into the history of the doctor-patient relationship starring Charles Dance, which opened the 35th International Critics' Week of Venice's 77th Film Festival in 2020 and the Warsaw International Film Festival 2020, and was released in Italy in 2021 and in the UK & Ireland in 2023. Robin also runs a Telegram channel with Dr Mike Yeadon & Cory Morningstar: @RobinMG, as well as X account @robinmonotti.





Paula Charnley

Woodland, Sunday

‘Moving Through It with Focusing’

In this workshop

Paula will introduce you to ‘Focusing’. It’s a technique which you can apply to emotional feelings past or present, situations like conflict or uncertainty as well as physical symptoms. There is no need to re-live the trauma or recount the story, she will guide you through the simple steps. This non-invasive process can really help us to ‘move through it’, to make sense of or feel more at ease about any situation.

About Paula

Paula is a Person-Centred Psychotherapist and Focusing Teacher. She has created a unique and embodied way of working which incorporate many years as a Shiatsu Therapist and Yogi. Having spent much of her adult life in The Netherlands she now has her practice in the Staffordshire Moorlands and online. For Consultations and details of Focusing Courses go to: www.paulacharnley.com





Is THIS the revolution?

Village, Sunday

Clifford Jordan

A guided conversation:

What happens when we ask the question: "(How much) is THIS the revolution?" Climate crisis, ecological emergency, concentration of wealth and power - all of these call for more drastic and rapid change than our current economic, social and political systems are delivering. Whatever our nuanced views, we could summarise the necessary changes as 'revolution'.

This guided conversation assumes humans have the information and the techniques we need, but lack something else. Maybe we can each access that 'something else' by way of asking ourselves, "What happens within me when I am asked this question?" and sharing the responses.

"THIS" could refer to this social movement; this sharing circle; this moment in time.



Camping Check List

ESSENTIALS

Refillable water bottle
Lawn Chair
Tent
Pegs
Mallet
Torch (with extra batteries/bulbs)
Sleeping bag or duvet
Groundsheet
Pillow(s)
Foam mat/airbed
Mobile phone and charger
Blanket/Rug
Loo roll
Wash bag (with toothpaste)
Towel
Refuse Bags
Clothes
Waterproof jacket/trousers /poncho
Warm/walking boots
Wellington boots
Plastic glasses
Bottle opener
Lighter
Large water container
Small water bottle
Warm pullover/fleece
Suncream
Lip Balm
Sunglasses
Hat
Insect repellent
Portable ashtray
Earplugs & eye mask (if you're a light sleeper)
Condoms (if you're not;)
Map
Wet wipes
Instant hand wash
Yoga Mat
Plates, Cutlery, Mugs (we will also have special Campout pint mugs available)

Extras

Medical kit
Flip-flops
Drawing pad/paper
A pack of cards
Inflatable armchair
Something comfortable to sit on during the day
Facial spray mist
Fancy dress
Battery powered fairy lights

IF YOU'RE BRINGING CHILDREN

Toys
Dressing-up box
Skipping ropes, batons, boules
Water squirters
Swing-ball
Musical instruments
Drawing materials, paper

Final Check

Ticket confirmation
Mates

Campfire Camping Top Tips

Bring something to sit on – a rug and/or a cushion or foam cushions, or an inflatable option.
Bin liners, for sitting on, using for waterproofing socks in the event of a muddy festival and to put all your rubbish in. Li-lo.
A small torch (a white LED bike light is handy in your tent).
Sensible shoes and sandals
Sun hat for day – warmer hat for evening
Umbrella (rain or sun cover)
Flag for tent pole

Clean up after yourself. We have to leave Braziers Parks exactly as we found it...

LEAVE NO TRACE!



FAQs

The Event : Campout is a co-created event, between [Campfire Convention](#) and [Elevate Media](#). It runs from 3pm on Thursday August 10th (entry on site from 11am) until midnight on Sunday August 13th. Tickets offer four nights camping from Thursday to Sunday (off site by 11am Monday). The event will take place in outdoor and indoor settings. Book via www.campout.live

Accessibility We aim for Campout to be as accessible as possible. We have accessible parking, camping and toilet facilities. Contact us if you have specific needs email at crew@campout.live

Co-creating this event: Bring what you expect to find. This is not a festival, it's an intimate community gathering for maximum 500 people. **The idea is to co-create a space which everyone feels a part of. The event gets away from the old models of audience / performer, promoter / punter. If you spot something that needs doing or is missing from the programme, there's every chance that you may be able to do it yourself!**

Our event is designed to encourage each of us to help one another and offer our skills and time to make a safe, fun, magical and creative world for a few days. Some people might just want to sit around the fire with friends, eat lovely food and relax. Others might want to learn a new skill and offer a workshop or get more involved in holding a space for others.

We are inviting attendees to step up with their own gifts / expertise / enthusiasms to help Campout run smoothly. We intend to hold morning circles where we all have a chance to speak and allocate / share essential jobs needed for the day and also promote each day's highlights.

Car Parking and Camping Car parking tickets are required and parking will be signed when you arrive. These can be purchased at the ticket checkout and can also be purchased at a later date via [this link](#). There is a car park in the camping field which is a short walk to activity areas, toilets, food stalls and bar. Please bring your ticket booking email / reference with you.

We need to keep an emergency access lane through the campsite, and also to make sure there is room for everyone to camp; please co-operate with any requests from our friendly campsite stewards. We regret that no gazebos are allowed in the campsite.

Live-In vehicles We have limited space for campers vans and motorhomes. Tickets available after event / camping options in the ticket page. No hook ups. First come, first served.

Accommodation There are a limited number of beds available in the house at Braziers Park. These are to be booked direct through the Braziers Office (admin@braziers.org.uk) at the rates of £55 per person in shared accommodation per night and of £70 per person in single accommodation per night, both with a self-service breakfast. Bathroom facilities in the house are only available to accommodation ticket holders.

Children 5-13: half price. Children under 5: free.

Toilets and Showers The site uses composting toilets. Please put a handful of sawdust after you tinkle and keep toilets tidy. There are composting urinals onsite and four showers. Two of the toilets are accessible. There is a wood burning outdoor hot shower on site. Please only use the ecologically sound cleaning products provided as they drain directly back into the land.

FAQs

Dogs are not allowed on site, other than guide dogs, with specific prior permission. Any dogs visiting site must be kept on a lead at all times.

Fires There will be two large campfires on site, no other fires are allowed apart from camping stoves which are safely raised above the ground.

What to Bring? The essentials are tent, bedding, blanket, warm clothes, water proof boots, a head torch and cooking facilities, sun hat and any other sun protection. Bring cash for food and drink sales. We strongly encourage you to support our bar and food stalls. Bring camping chairs, yoga mat, camping plates, mugs, water bottle, cutlery. See [Camping Check List](#) a couple of pages back

What to take home? We'd love not to have to bring a professional waste and litter company and the extra costs this would incur. So the accent is on each of us to leave no trace. That means bringing any bags or receptacles you might need, plus any items listed above. And to take home any litter with you. We are committed to leaving no physical trace of our activities wherever we gather and whenever possible, to leave such places in a better state than when we found them.

Getting There / Lift Share Campout is located at [Braziers Park](#) in south Oxfordshire, between Oxford (17 miles) and Reading (10 miles). Although the event site is in a remote and beautiful part of the country on the edge of the Chilterns, there is a regular bus service from both major centres, the X40 which offers a service around 20 times a day. The nearest railways station is Goring (4 miles away) Please do not contact the venue with enquiries. Try the [lift share thread](#) on our Campfire network

Food There will also be food stalls on site offering a range for all tastes and coffees and teas. There will be a bar offering draft beer and cider, wines and cocktails. **If you do not want to purchase food every day we suggest bringing a camping stove and cooking facilities.**

Drink

There will be a bar serving a range of alcoholic and soft drinks running every day 12-12 Our friendly bar-people serve locally-sourced ale, organic cider and cold cans of lager, as well as wines, spirits and soft drinks. Only those over 18 will be served. Under 25's will be carded. Free drinking water is available from all water points, marked on the map.

Our music and drinks license goes up to midnight. We are aiming to create an empowering and healthy environment. We invite you to drink responsibly so that you enjoy the fullness of the daytime experience without a hangover!

Walking The site is 11 acres and surrounded by beautiful untainted countryside. There are some great countryside walks in the neighbourhood.

Kids activities Campout is about connecting to our children and each other. We are currently curating an experience for our younger attendees and will update as details emerge.

Codes of Conduct. This is a conscious gathering. We are developing our event ethos and manifesto for co-creating events as we go so please feel free to be part of this process. We welcome your ideas as we form that Manifesto. Please take full responsibility for yourself and your own children at the camp. Heavy drinking or drug use will not be tolerated at the camp. If someone is seen by a group of others as a threat then they will be asked to attend the adult circle held daily to address the issue with a potentiality of being asked to leave the camp.

September 18-23rd 2023

AEGEAN GATHERING

IRAKLIA CYCLADES



A different way of bringing community together

A FIVE DAY RETREAT VACATION EXPLORING CYCLADIC SERENITY, ISLAND HERITAGE, LOCAL FOOD & DRINK, MUSIC, MAKING, ART, CONVERSATION, SWIMMING, WELLBEING, CONNECTION and TRANSFORMATION

<http://tiny.cc/Aegean2023>

ANDIE BRAZEWELL



This event is dedicated to the memory of our beloved crew member and festival manager Andie Brazewell who died of a sudden heart failure late in 2022

AUGUST 10-13



elevate

CAMPOUT 2023

BRAZIERS PARK OXFORDSHIRE

Four days of co-creation, inspiration and celebration

JAMES LAVERS • RICHARD VOBES • MELENA ALDRIDGE • PAULINA JONES
ARWEN VARDA • THE LIGHT SURGEONS • THE EGG • CHRISTIAN DE SOUSA NEMO
JONES • BOB HILLARY & FREYA MORSE • ALUCIDNATION
PAN ELECTRIC • JULILA • PETER CONWAY • LOUISE MAY CREFFIELD
sarah jewell native chorus • STUART WARREN-HILL
Yael HOCHENBERG • Geoff greentree • Jessica mallock
Anastasia NIKOLAEVA • LEORA LIGHTWOMAN • JANE GUNN
PAULA CHARNLEY • CHLOE DE SOUSA • CARLA CRIVARO
NICK DOHERTY • DAN ASTIN-GREGORY • PETE LAWRENCE
ALLAN KLEYNHANS • CLIFF JORDAN • DARREN DEOJEE
TAMARA ALFEROFF • LAURIE PYNE • TESS LAWRIE • SUNITA PASSI
IAN BANYARD • ROB VERKERK • BATUHAN BINTAS
DAVID CHARALAMBOUS • MATT COLDRICK • SAM X • CLARE HINSLEY
PHILLY J LAY • MARCI LOCK • SAT KARTAR KENNEDY
NICK STONE • SUE STONE • SHEIAN ALEGRIA (LAZO FREEMAN)
ON SCREEN: ROBIN MONOTTI • CHARLES EISENSTEIN

Children's Activities • Opening Shamanic Fire Ceremony
Wendy Doig's Drum Circle • Site-wide Meditation • Campfire Jams
Open Space for Your Sessions • Ember Pop Up Sauna
Nature Connection & Wellness Walks • Disabled Friendly

"A truly transformative event, such camaraderie and collective presence"

Get tickets: <https://campout.live>