

# EXCELLENCE in WELLBEING



 ELAZEN  
SPA & WELLNESS





*Experience excellence,  
feel renewed spiritually and  
physically.*





*Excellence*  
in Wellbeing

The mesmerizing effect of nature, the healing traditions of the east and west, healing treatments and massages applied by experts in their field using completely organic products...

Blending Turkish hospitality with the SPA culture of the Far East and offering holistic therapy, care and healing rituals that are good for your soul and body, ELAZEN SPA invites you to meet your most perfect self and have an unforgettable SPA experience.






Natural oils and phytocosmetics selected from organic plant extracts in skin and body rituals, from the mystical and sophisticated world of the Far East to the traditional therapies of the Ottoman Empire and much more are waiting for you, our esteemed ELAZEN SPA guests with the principal of "Excellence in Wellbeing".

As soon as you step into the enchanting atmosphere of ELAZEN SPA, you will feel physically and mentally transformed, healed, and on a journey to your most perfect self.









With 50 years of history, the Italian "VAGHEGGI" tailor-made cosmetics brand, which is based on the principle of "Respect and Love for Nature", offers a range of striking and unique phytocosmetics, as well as The skin and body treatments of the French "Thalgo" brand, which stands out with its innovative "marine" based products, are among the most preferred SPA rituals.

Supporting the restoration of the skin's natural rhythm, strengthening the skin barrier, and restoring its overall health to achieve intense, instant, and lasting beauty. A dense, fresh complexion with a lifting effect that fights aging thanks to the stimulation of youth proteins with a valuable active ingredient that forms the facial contour, "Vagheggi" and "Thalgo" laboratories offer ideal cosmetic treatments, creating protocols and innovative formulas for every skin type, giving a youthful and firm appearance.

ELAZEN SPA, which prefers environmentally friendly products in all cosmetics; It offers you cosmetics produced with innovative and high-tech methods based on cosmetic recipes that do not leave carbon footprints, protect traditional harvesting and production processes, are manufactured with environmental sensitivity, and contain rich natural active ingredients obtained from healing natural stones, medicinal and aromatic plants.



# Facial

## Rituals

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HYALU- PROCOLLAGENE TREATMENT - By THALGO	75 min
SILICIUM SUPER LIFT - By THALGO	75 min
75.15. SUPERIOR FACE RITUAL - By VAGHEGGI	75 min
INTENSE ANTI AGING TREATMENT - By VAGHEGGI	50 min
LIME VITAMIN C - By VAGHEGGI	50 min
REHYDRA FACE RITUAL - By VAGHEGGI	50 min
EMOZIONI PLUS - By VAGHEGGI	50 min
SOURCE MARINE TREATMENT - By THALGO	50 min
75.15. EYES TOUCH CARE - By VAGHEGGI	35 min
CASMARA PEEL OFF MASK COLLECTION	25 min





## *Signature Body Treatments & Peelings & Wraps*

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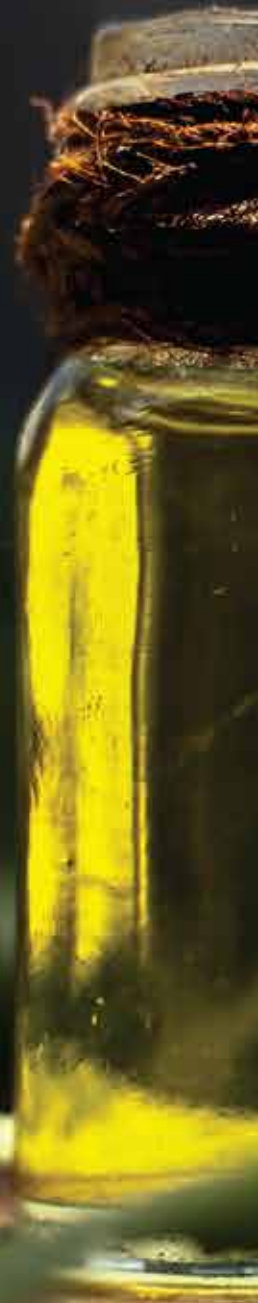
FUOCO LUXURY BODY SCULPTING RITUAL - By VAGHEGGI	75 min
SINECELL REDUCING MUD TREATMENT - By VAGHEGGI	75 min
CAVIAR, MACADEMIA DEEP MOISTURIZING RITUAL - By NATURAL SECRET	75 min
GREEN TEA DETOX RITUAL - By NATURAL SECRET	75 min
BAOBAB REBORN RITUAL - By NATURAL SECRET	75 min
CELLULITE ALGAE WRAP - By NATURAL SECRET	50 min
MACADEMIA, GREEN TEA, BAOBAB, CAVIAR MASK - By NATURAL SECRET	25 min
MACADEMIA, GREEN TEA, BAOBAB, CAVIAR PEELING - By NATURAL SECRET	25 min
PRESSOTHERAPY	30 min
OZON SAUNA	30 min

Extracts of medicinal plants, holistic natural aromas and oil blends are combined with healing massage and rituals to offer a unique experience in harmony. A variety of massage techniques blended with the ancient wisdom of the East and West will bring you physical and spiritual peace, you will feel your tiredness flowing away and you will have a unique experience.

In our carefully crafted massage collection, we offer you a wide range of massages from the Classic Swedish Massage developed by Swedish Doctor Per Henrik Ling in 1812, to relaxing Mediterranean Aromatherapy, authentic Far Eastern and holistic Indian Ayurvedic rituals, to healing Remedial therapies.

Touches applied to the whole body stimulate the nervous system, regulate blood and lymph circulation, detoxify, and mentally relax.







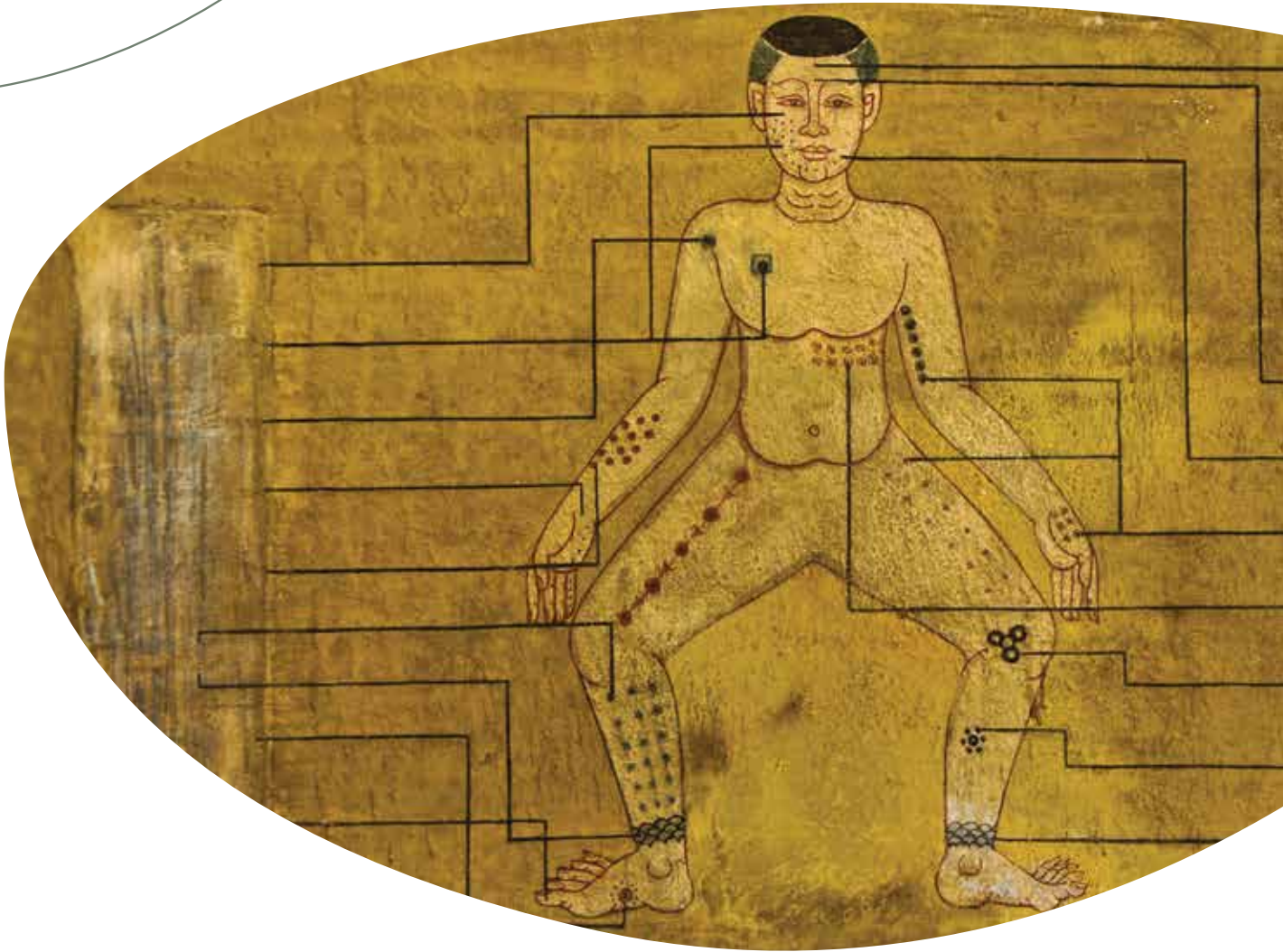


# *Ayurveda Holistic* Rituals

Ayurveda, meaning "Life Science" in Sanskrit, is a 5,000-year-old natural healing system originating from the Vedic culture of India. It is a comprehensive wisdom that helps humans stay balanced and fit in every aspect while realizing their human potential to the fullest extent. It considers humans as a whole with nature and lifestyle, and it establishes its healing system on this foundation. One of the most important pillars of the treatment system is Ayurveda massage. Ayurveda's healing rituals consider the body and mind as a whole. In this massage application, the necessary life energy transfer to body systems is provided for the body's self-repair, refreshment, renewal, and for the mind to calm and become serene. It cleanses all accumulated negative energy in the body, relieves muscle tension, strengthens the body, prevents premature aging, and stops wrinkles.

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SHIROABHYANGA	75 min
ABHYANGA	50 min
SHIRODHARA	45 min
INDIAN HEAD MASSAGE	30 min





## *Authentic* Asia Collection

Balinese Massage brings to mind the holistic, healing therapies of the mystical island of Bali, the Land of Temples. Inspired by great traditions and differentiated by the Elazen Spa touch, these therapies incorporate palm pressure and pulling techniques to release tension in your body, increase blood flow and send relaxing waves through your muscles. Thai Massage, also known as exotic, unique passive yoga that has been practiced for generations, uses pressure on energy points to release tension in your body and stretching techniques to increase vitality and flexibility.

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LOMI LOMI NUI MASSAGE	75 min
TRADITIONAL THAI MASSAGE	75 min
ASIAN DEEP TISSUE MASSAGE	50 / 75 min
THAI AROMA MASSAGE	50 / 75 min
TRADITIONAL BALI MASSAGE	50 / 75 min

# Healing Massages

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ELAZEN HOLISTIC RITUAL	75 / 90 min
HOT STONE MASSAGE	75 min
REMEDIAL MASSAGE	50 / 75 min
MEDITERRANIAN AROMATHERAPY	50 / 75 min
SWEDISH MASSAGE	50 / 75 min
FOOT REFLEXOLOGIE	30 / 50 min
SPORT MASSAGE	50 min
CELLULITE MASSAGE	50 min
LYMPHATIC DRAINAGE MASSAGE	50 min
PREGNANT MASSAGE	50 min
BACK MASSAGE	30 min
FACELIFT MASSAGE	20 min
SHINING PRINCESS & PRINCE(4 to 12 years)	30 min







## *Traditional* Turkish Hammam Rituals

The Turkish Hammam culture, which has existed since ancient times, aims to refresh the body and soul, revitalize the body and experience a feeling of renewal. Healing water purification treatments, nourished by the traditional Turkish hammam culture that relieves your physical and mental fatigue and calms your ego, are among the most preferred rituals. Our hammam ritual ends with the Water Greeting Ceremony, followed by a purifying scrub application and silky foam touch on your skin prepared for purification with the gentle heat of steam and stone in the relaxing environment of the authentic hammam.

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AB'I HAYAT HOLISTIC HAMMAM RITUAL ( <i>Peeling &amp; Foam Massage with Authentic Mediterranean Lavander Products, Traditional Turkish Clay Mask, Holystic Body Mask, Special Hand &amp; Foot Massage</i> )	75 min
ELAZEN HAMMAM RITUAL ( <i>Peeling &amp; Foam Massage, Traditional Turkish Clay Mask</i> )	60 min
HÜRREM SULTAN HAMMAM TREATMENT ( <i>Peeling &amp; Foam Massage</i> )	50 min
ZEVKİ SEFA HAMMAM ( <i>Peeling or Foam Massage</i> )	30 min







## *For Couples*

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SPLENDID ELAZEN JORNEY

150 min

(Hürrem Sultan Hammam Treatment 50 min, Mediterranean Aromatherapy Massage 50 min, Casmara Mask, Jacuzzi)

SERENITY OASIS (Elazen Holystic Ritual, Jacuzzi)

110 min

# Exclusive Services

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SPA TREATMENTS IN THE VILLA EXTRA

SPA TREATMENTS IN THE BEACH SUITE EXTRA

SPA TREATMENTS IN THE GRAND SUITE EXTRA

SPA TREATMENTS IN THE GARDEN SUITE EXTRA

SPA TREATMENTS IN THE TUĞRA HAMMAM SUIT EXTRA

GARDEN SUITE JACUZZI Maximum 2 Person

30 / 50 min

INDOOR JACUZZI Maximum 2 Person

30 / 50 min

GRAND SUITE (Sauna, Hammam, Jacuzzi-Pool) Maximum 2 Person

60 min

TUĞRA HAMMAM SUITE (Sauna, Hammam, Steam Bath) Maximum 6 Person

60 min







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