

Engaging. Educating. Empowering.

**Where Knowledge Meets
Passion - Translating Expertise
into Engaging Stories for
Unforgettable Learning
Experiences.**

NR Medical Training
Thetford, Norfolk
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Course details valid
as of January 2024.

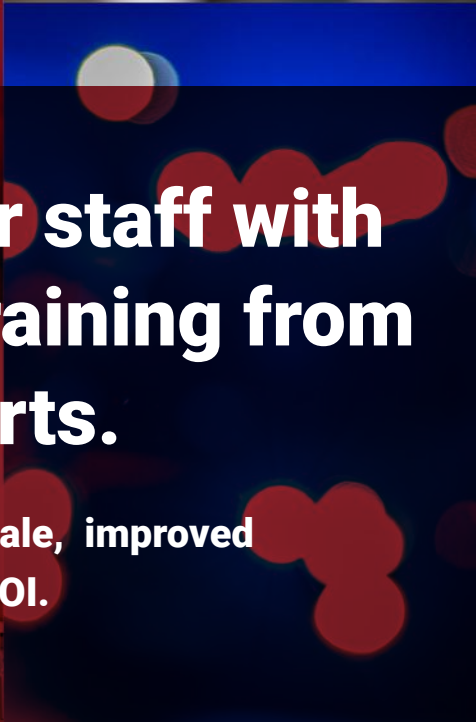
Version 3

*"It's not who you are that holds you back.
It's who you think you're not"*



Empower your staff with exceptional training from industry experts.

Better retention, better morale, improved productivity, and tangible ROI.



Foremost, it's about people.

NR Medical Training was founded by individuals with 40 years of collective experience in emergency and healthcare services, aiming to share their expertise, passion, and mentoring experiences with others.

Our mission is to empower learners with the knowledge and confidence to apply their skills in the real world. Our vision is to transform training services and become the preferred provider for businesses in the East of England and beyond. At NR Medical Training, our values guide us in everything we do. We believe in doing things with passion, which leads to greater motivation, improved performance, and positive impact on others. We also believe in thinking big and dreaming bigger, which pushes us to achieve our most ambitious goals. Integrity is non-negotiable for us, as it builds trust and maintains relationships. Quality always comes before quantity, as we strive for excellence in everything we do. And finally, we believe in “serve to lead,” which means putting others’ needs first and using our influence to make a positive impact.

“We’ve built a reputation for excellence and reliability. We can only sustain this by listening to our customers and forging strong business relationships” - Rachel Holden - Director NR Medical Training



Rachel Holden

Director | Paramedic

Rachel is a highly experienced healthcare professional and educator, currently serving as the co-director of NR Medical Training. With over 20 years of experience in health and social care, Rachel is a registered Paramedic with the Health and Care Professions Council (HCPC) and has extensive knowledge in forensic and emergency medicine. Throughout her career, Rachel has held various roles including safeguarding lead in a custodial healthcare setting. Rachel is passionate about sharing her expertise and has provided training and mentoring to countless professionals. With her wealth of experience, Rachel is committed to pushing the boundaries of how training is delivered and is determined to provide exceptional training and education.

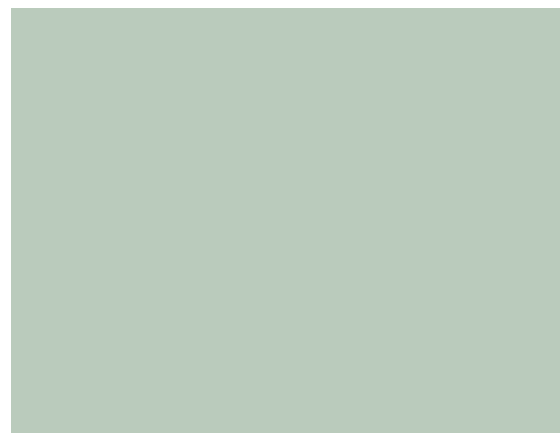
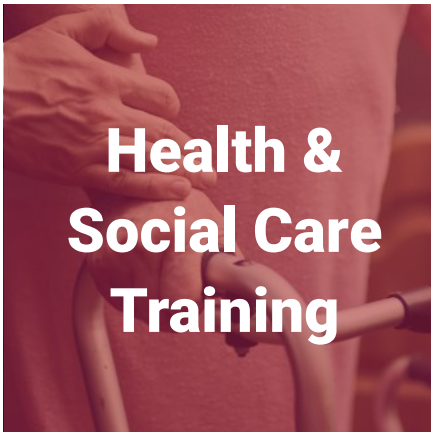


Neil Fossett

Director | AAP | Fire & Rescue Commander

Neil is a highly experienced emergency services professional with over 20 years of experience in both operational and training roles. As co-director at NR Medical Training, Neil brings his wealth of experience to the forefront of education. His career began in the Police Service before moving onto the Fire and Rescue Service, where he was promoted to commander and led incident command and recruit training. Neil also led a fire service training team in Afghanistan, providing both operational fire cover and training Afghan firefighters as part of Operation Resolute Support. He later joined the Ambulance service, where he upskilled clinically and became an Associate Ambulance Practitioner. Neil's diverse skill set, and range of experiences make him an invaluable asset to training, education and mentorship.

Our Services





We Also Provide Fully Equipped Specialist Response & Rescue Teams

Confined Space | Water Rescue | Rescue From Height | Medical Response



**Confined
Space
Training**



**Working
At Height
Training**



**Water Rescue
Training**



**MTFA & HEAT
Training**



**Unmanned
Aircraft
Systems
Training**



**Urban Search
& Rescue
Training**

All training, no matter the speciality is always delivered by subject matter experts.

Everything we teach we've seen.

Prehospital & Trauma Training

For those employed in high-risk sectors like construction, oil and gas, security, or mining, possessing a FREC 3 or FREC 4 qualification is highly advantageous. These fields are more prone to workplace accidents, and having a trained first responder on hand can significantly enhance the management and outcome of any emergency scenarios.



At NR Medical Training, we use life-like simulations to create an engaging and immersive learning experience. By replicating real-life situations, learners are provided with a solid understanding of the skills being taught. This type of simulative training engages learners and allows them to apply their knowledge in a safe and supportive environment, preparing them for the challenges they may face in the real world.



QA Level 3
First Response
Emergency Care

FREC 3

Throughout the course, you will acquire the competencies outlined in the PHEM skills framework at descriptor level D. Additionally, you will gain practical experience in administering emergency oxygen, managing trauma patients, identifying major illnesses, and other vital competencies.

The Quallsafe First Response Emergency Care (FREC 3) (Level 3 RQF) is a 5 day nationally recognised and regulated qualification perfect for those who want to work or volunteer as a first responder. It's great for police officers, firefighters, and medical personnel who work at events and festivals like Emergency/Community First Responders, Door Supervisors, Close Protection Operatives, and Security Guards. It's also suitable for people who work in high-risk environments such as the military, power stations, agriculture, and manufacturing.

QA Level 4
First Response
Emergency Care

FREC 4

Throughout the FREC 4 course, you will develop advanced skills as outlined in the PHEM skills framework at descriptor level E. This course will enhance your abilities in managing complex trauma patients, advanced airway management, administering emergency medications, and dealing with major illnesses.

The Quallsafe First Response Emergency Care (FREC 4) (Level 4 RQF) is a comprehensive, nationally recognised and regulated qualification, ideal for those aspiring to further their first responder capabilities. It is particularly suitable for police officers, firefighters, and medical personnel involved in events and festivals, as well as aspiring Emergency Care Assistants (ECAs) Door Supervisors, Close Protection Operatives, and Security Guards. Additionally, it's highly relevant for individuals working in high-risk settings such as the military, power stations, agriculture, and manufacturing, where advanced first aid skills are crucial.

First Aid Training

From nurseries, schools and care homes to shops, offices and construction companies, we offer quality, accredited and flexible first aid courses across the UK tailored to you. Our trainers are experienced healthcare professionals who have seen firsthand the importance of effective first aid training. They are passionate about sharing their knowledge and expertise with our learners to help them save lives.

Courses	Duration	Level	Valid For
Emergency First Aid At Work (EFAW)	1 Day	3	3 Yr
First Aid At Work (FAW)	3 Days	3	3 Yr
Combined EFAW & Emergency Paediatric First Aid	1 Day	3	3 Yr
Combined FAW & Paediatric First Aid	3 Days	3	3 Yr
Paediatric First Aid	2 Days	3	3 Yr
Basic Life Support & Safe Use of an AED	5 hr	2	1 Yr
Basic Life Support & Management of Anaphylaxis	4 hr	2	1 Yr
Basic Life Support For Adults and Children	3 hr	2	1 Yr



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First Aid Training Delivered By Paramedics & Associated Healthcare Professionals.

97%

Of our first aid course delegates felt that having training delivered face to face by an experienced healthcare professional enhanced their learning experience and made the training more engaging and memorable.



First Aid Needs Assessment

All businesses are required to carry out a first aid needs assessment. We have a free online tool on our website that can help you to determine what level of training you require.



Fire Safety Training

Ensuring workplace safety involves providing employees with essential fire safety training. This proactive measure safeguards both personnel and business interests. Fire safety training demonstrates a commitment to employee well-being, instilling confidence and boosting morale. Expert delivery by firefighters and industry professionals provides real-world experience, imparting invaluable knowledge and hands-on experience to effectively prepare employees for unforeseen emergencies.

Level 1 Award in Fire Safety Awareness (RQF)

This half-day qualification provides a thorough understanding of fire safety principles, including causes of workplace fires, safety responsibilities, risk control methods, and fire-fighting equipment use. Invest in your workplace safety with this essential training course.

Level 2 Award in Fire Safety (RQF)

This 1-day course equips designated personnel with essential fire safety knowledge and skills. Topics covered include crucial fire safety issues. Investing in this training gives your business peace of mind that employees can handle fire safety incidents and protect your workplace.

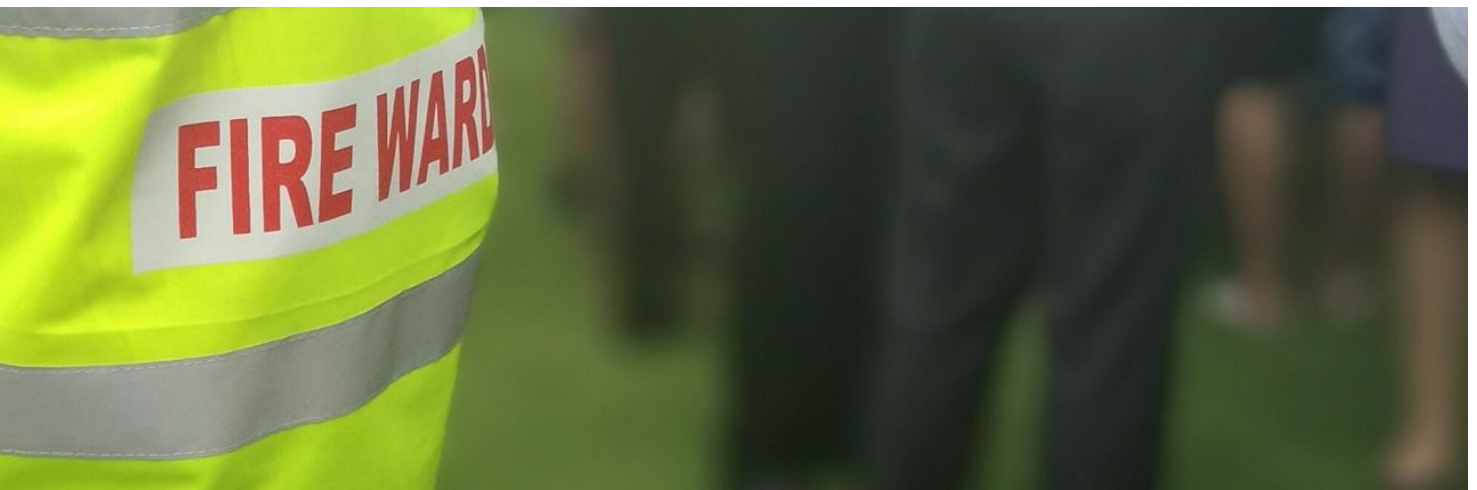


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Fire Safety Training Delivered By Fire Fighters & Fire Officers.



qualsafe
registered centre
No: 0907787



Health & Social Care Training

At NR Medical Training, we pride ourselves on delivering the highest quality health and social care training. Our unique selling point is that our training is exclusively delivered by experienced Paramedics and healthcare professionals with extensive experience caring for individuals with disabilities, older people, and those with mental health illnesses. Our trainers possess hands-on experience and knowledge, allowing them to provide learners with practical insights into the challenges they may face in their respective fields.

Level 2 Award in Safeguarding and Protecting Children, Young People and Adults at Risk (RQF)

Level 2 Award in Principles of Safe Handling & Administration of Medication (RQF)

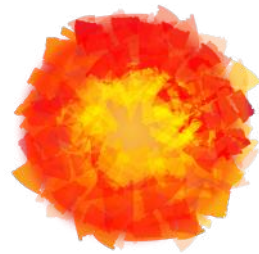
Level 2 Award in Infection Prevention and Control (RQF)

The Essentials Of Sepsis Recognition & Escalation For Care & Support Staff



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**Health & Social Care
Training Delivered
By Healthcare
Professionals.**



THE UK
**SEPSIS
TRUST**



Manual Handling Training

Manual handling training is essential for any business that involves the lifting, carrying, or moving of heavy objects, as it reduces the risk of injury to employees. A manual handling injury can have a significant impact on both the individual and the business, resulting in time off work, loss of productivity, and potential legal action. Therefore, it's crucial to ensure that employees receive proper training to prevent these injuries from occurring. Having an industry expert deliver this training brings a unique level of expertise and real-world experience to the table.

Level 2 Award in Principles of Manual Handling (RQF)

Level 2 Award in Safe Moving and Handling (RQF)

Level 2 Award in Principles & Practice of Moving People Safely (RQF)

Level 2 Award in Moving People Safely (RQF)



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**Manual Handling
Training Delivered By
Industry Experts.**



qualsafe
registered centre
No: 0907787



Health & Safety Training

Ensuring the health and safety of employees should be a top priority for any business. Providing comprehensive health and safety training not only protects employees from potential harm, but also reduces the risk of accidents and incidents in the workplace. Industry experts with hands-on experience and knowledge of current regulations and best practices are essential in delivering this training.

Courses	Duration	Level	Valid For
Award in Risk Assessment (RQF)	2 Days	3	3 Yr
Award in Health and Safety in Health & Social Care (RQF)	1 Day	2	3 Yr
Award in Working at Height (RQF)	3 hr	2	3 Yr
Award in Principles of Risk Assessment (RQF)	1 Day	2	3 Yr
Award in Principles of COSHH (RQF)	4 hr	2	3 Yr
Award in Health and Safety in the Workplace (RQF)	3 Day	3	3 Yr
Award in Health and Safety in the Workplace (RQF)	1 Day	2	3 Yr
Award in Health and Safety in the Workplace (RQF)	4 hr	1	3 Yr



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Health & Safety Training Delivered By Industry Experts.



Our trainers can provide practical insights and real-world examples that engage learners and make the training more relevant and effective. Ultimately, investing in health and safety training delivered by industry experts can help businesses create a safer and more productive work environment.



Specialist Rescue Training & Response

Working alongside our trusted sub-contractors we can provide bespoke training packages for operations in high-risk environments both in the UK & internationally.

Decades Of Experience From Around The World.

NR Medical Training work closely with specialist sub-contractors to provide high risk industry with any training and rescue teams they require.



Drawing on extensive experience with the Emergency Services, Military, Private Sector and Charitable Organisations, we work with clients to deliver practical risk-based solutions tailored to their specific needs. All team members and instructors are operationally experienced, suitably qualified and adhere to policies and procedures aligned to the most up to date legislation, best practice industry standards, HSE recommendations and government guidance.



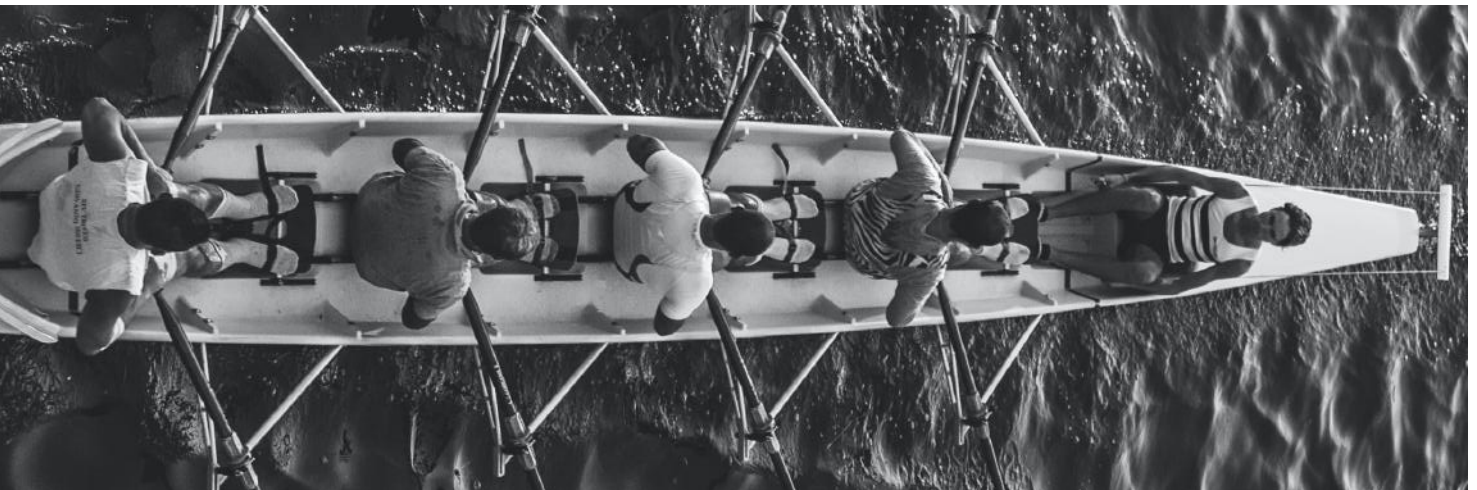
Training Consultancy

NR Medical Training offers training consultancy services to businesses and organisations, providing support and expertise in developing and implementing effective training programs. We work closely with our clients to understand their unique needs and tailor our services to help them achieve their goals. Our team can act as an extension of your learning and development team, offering guidance and support to ensure your staff receive the highest quality training. With our experience in the healthcare and emergency services industries, we are well-equipped to provide insight and advice on best practices, compliance, and regulatory requirements.



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**Unlocking the
potential of
your workforce
through
tailored
training
solutions.**





NR MEDICAL TRAINING

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