



Cohen Community Center

DINING MENU

February 2026

Lunch is offered to the public 11:00 a.m. to 12:30 p.m. Monday through Friday

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Beef Patty w/ Gravy Rice Pilaf Mixed Vegetables Dinner Roll</p>	<p>3</p> <p>Chicken Cordon Bleu Mashed Potatoes Peas Dinner Roll</p> <p>Theresa and Paul</p>	<p>4</p> <p>Spaghetti & Meatballs Carrots Dinner Roll</p>	<p>5</p> <p>BBQ Chicken Baked Beans Zucchini & Peppers Dinner Roll</p>	<p>6</p> <p>Egg & Cheese Omelet Roasted Potato Spinach Dinner Roll</p>
<p>9</p> <p>Creamy Chicken Egg Noodles Broccoli Dinner Roll</p>	<p>10</p> <p>Sausage with Peppers and Onions Seasoned Rice Green Beans</p>	<p>11</p> <p>Roast Pork Sweet Potato Mixed Vegetables Dinner Roll</p>	<p>12</p> <p>New England Style Haddock Mashed Potatoes Peas Dinner Roll</p> <p>Country Memories</p>	<p>13</p> <p>Greek Chicken Rice Pilaf Carrots Dinner Roll</p>
<p>16</p>  <p>PRESIDENT'S DAY</p>	<p>17</p> <p>Chicken Florentine Penne Spinach Dinner Roll</p> <p>Theresa and Paul</p>	<p>18</p> <p>Beef Pot Pie Mixed Vegetables Biscuit</p>	<p>19</p> <p>Turkey & Gravy Mashed Potatoes Peas & Carrots Dinner Roll</p>	<p>20</p> <p>Potato Crusted Cod Au Gratin Potato Green Beans Dinner Roll</p>
<p>23</p> <p>Chicken Cacciatore Penne Peas Dinner Roll</p>	<p>24</p> <p>Baked Ham Mashed Potato Buttered Carrots Dinner Roll</p>	<p>25</p> <p>Baked Chicken Tenderloins Parsley Potatoes Broccoli Dinner Roll</p>	<p>26</p> <p>Stuffed Pepper Casserole Rice Mixed Vegetables Dinner Roll</p> <p>Country Memories</p>	<p>27</p> <p>Sausage & Gravy Green Beans Biscuit</p>
			<p>All lunches are served with 1% milk, water, fruit salad, and garden salad.</p>	<p>Community fundraising make the following available: Coffee, tea, desserts</p>

Monday through Friday Congregate Dining – congregate diners age 60 or older are not required to pay, contributions are by donation, are voluntary and can be confidential; congregate diners under 60, a fee of \$7.50 is required (unless noted otherwise).



Cohen Community Center

ACTIVITIES

February 2026

★ Special event/by appointment only

	TIME	ACTIVITY	COST
Mondays	12:30 pm 12:30 p.m.	Cribbage Mahjong	\$3 per person \$3 per person
Tuesdays	9 a.m. 9 a.m. 1 p.m. Feb 10 , 12 p.m.	Rug Hookers Wood Carvers Knitters Family Caregiver Support Group	\$3 per person \$3 per person \$3 per person Free
Wednesdays	12:30 p.m. Feb 4 , 12:30 p.m. Feb 11 , 9:30 a.m.–1:30 p.m. Feb 18 , 8 a.m.–1 p.m. Feb 18 , 9 a.m. Feb 25 , 10 a.m.	Mahjong Parkinson's Support Group Belton Hearing Clinic Foot Care Clinic CMP Power Hour AARP Meeting and Lunch	\$3 per person Free Free \$55 per person Free Visitors Welcome
Thursdays	12:30 p.m. 12:30 p.m. Feb 12 , 10:30 a.m. Feb 19 , 8 a.m. Feb 19 , 10 a.m.	Hand & Foot Quilting and Sewing EqualityMaine Lunch Veteran's Services Haircuts with Lisa	\$3 per person \$3 per person Free Free \$20 suggested Donation
Fridays	10 a.m.– 12:15 p.m.	Remember Me	\$25/30 minutes

Weather Cancellations & Delays

In the event of bad weather, please call 626-7777 or (800) 639-1553 for a recorded message announcing any agency closings before heading to the Cohen Community Center. Spectrum Generations will announce any delays or closings on our Facebook page as well as: **TV Channels 2, 5, 6, 8, or 13** and on **FM Radio Stations 92.3, 93.5, 96.7, 97.1, 97.5, 98.5, 101.3, 102.5, 103.3, 104.3, 105.1, 107.9,** and **AM Radio Station 1160**



Spectrum Generations is an Equal Opportunity Provider. Please let us know if you require special accommodations at least two weeks prior to the event.