



Cohen Community Center

# DINING MENU

## February 2026

Lunch is offered to the public 11:00 a.m. to 12:30 p.m. Monday through Friday

Monday	Tuesday	Wednesday	Thursday	Friday
2 Beef Patty w/ Gravy Rice Pilaf Mixed Vegetables Dinner Roll	3 Chicken Cordon Bleu Mashed Potatoes Peas Dinner Roll <i>Theresa and Paul</i>	4 Spaghetti & Meatballs Carrots Dinner Roll	5 BBQ Chicken Baked Beans Zucchini & Peppers Dinner Roll	6 Egg & Cheese Omelet Roasted Potato Spinach Dinner Roll
9 Creamy Chicken Egg Noodles Broccoli Dinner Roll	10 Sausage with Peppers and Onions Seasoned Rice Green Beans	11 Roast Pork Sweet Potato Mixed Vegetables Dinner Roll	12 New England Style Haddock Mashed Potatoes Peas Dinner Roll <i>Country Memories</i>	13 Greek Chicken Rice Pilaf Carrots Dinner Roll
16  <b>PRESIDENT'S DAY</b>	17 Chicken Florentine Penne Spinach Dinner Roll <i>Theresa and Paul</i>	18 Beef Pot Pie Mixed Vegetables Biscuit	19 Turkey & Gravy Mashed Potatoes Peas & Carrots Dinner Roll	20 Potato Crusted Cod Au Gratin Potato Green Beans Dinner Roll
23 Chicken Cacciatore Penne Peas Dinner Roll	24 Baked Ham Mashed Potato Buttered Carrots Dinner Roll	25 Baked Chicken Tenderloins Parsley Potatoes Broccoli Dinner Roll	26 Stuffed Pepper Casserole Rice Mixed Vegetables Dinner Roll <i>Country Memories</i>	27 Sausage & Gravy Green Beans Biscuit
			All lunches are served with 1% milk, water, fruit salad, and garden salad.	Community fundraising make the following available: Coffee, tea, desserts

Monday through Friday Congregate Dining – congregate diners age 60 or older are not required to pay, contributions are by donation, are voluntary and can be confidential; congregate diners under 60, a fee of \$7.50 is required (unless noted otherwise).



# ACTIVITIES

## February 2026

★ Special event/by appointment only

	TIME	ACTIVITY	COST
<b>Mondays</b>	12:30 pm 12:30 p.m.	Cribbage Mahjong	\$3 per person \$3 per person
<b>Tuesdays</b>	9 a.m. 9 a.m. 1 p.m. <b>Feb 10</b> , 12 p.m.	Rug Hookers Wood Carvers Knitters Family Caregiver Support Group	\$3 per person \$3 per person \$3 per person Free
<b>Wednesdays</b>	12:30 p.m. <b>Feb 4</b> , 12:30 p.m. <b>Feb 11</b> , 9:30 a.m.–1:30 p.m. <b>Feb 18</b> , 8 a.m.–1 p.m. <b>Feb 18</b> , 9 a.m. <b>Feb 25</b> , 10 a.m.	Mahjong Parkinson's Support Group Beltone Hearing Clinic Foot Care Clinic CMP Power Hour AARP Meeting and Lunch	\$3 per person Free Free \$55 per person Free Visitors Welcome
<b>Thursdays</b>	12:30 p.m. 12:30 p.m. <b>Feb 12</b> , 10:30 a.m. <b>Feb 19</b> , 8 a.m. <b>Feb 19</b> , 10 a.m.	Hand & Foot Quilting and Sewing EqualityMaine Lunch Veteran's Services Haircuts with Lisa	\$3 per person \$3 per person Free Free \$20 suggested Donation
<b>Fridays</b>	10 a.m.– 12:15 p.m.	Remember Me	\$25/30 minutes

### Weather Cancellations & Delays

In the event of bad weather, please call 626-7777 or (800) 639-1553 for a recorded message announcing any agency closings before heading to the Cohen Community Center. Spectrum Generations will announce any delays or closings on our Facebook page as well as: **TV Channels 2, 5, 6, 8, or 13** and on **FM Radio Stations 92.3, 93.5, 96.7, 97.1, 97.5, 98.5, 101.3, 102.5, 103.3, 104.3, 105.1, 107.9, and AM Radio Station 1160**

