



## GREENVIEW MEDICAL CENTER

(a Unit of Greenview Healthcare Pvt. Ltd.)

A Multi-Specialty Hospital (Since 2004)

# THE GREENVIEW PROMISE

The transition to motherhood involves profound, physical, emotional and financial changes. We are trying to help you to navigate through this journey with much awareness.

Every moment matters and we care about you. You will get all the care and attention that you need at this time. Trust us, we are here for you for more than 20 years.

To fix an appointment please call 080-474-92071 / [sunshine@gvhcol.com](mailto:sunshine@gvhcol.com)

#20&21, 14th Main, HSR Layout, Sector V, Opp. Agara Lake, Bangalore - 560 102.



080-6792 7777 / 96861 15772



[www.gvhcol.com](http://www.gvhcol.com) / [appt@gvhcol.com](mailto:appt@gvhcol.com)



**At Greenview Medical Centre, we offer a wide range of specialized care to support you in every step of your health journey:**

**Obstetrics & Gynecology:**

With extensive experience in fertility treatments (ART, IUI, IVF), high-risk pregnancies, and gynecological surgeries, our specialists are here to provide care for all your women's health needs.

**Clinical Nutrition Therapy:**

Our experienced dietitian provides personalized nutrition support for women's health, including pregnancy, breastfeeding, PCOD, and infertility.

**Physiotherapy Services:**

With expertise in pain management, mobility improvement, and certified techniques, our physiotherapy team is committed to helping you lead a healthier, more active life through personalized treatment plans.

**Lactation Support and Birth Education:**

Our dedicated team offers support throughout pregnancy, labor, postpartum, and breastfeeding. We provide personalized care to help you feel informed, confident, and in control at every step of your journey.

**Psychology and Mental Health Support:**

We also have a skilled psychologist on our team, offering counseling and therapy to help you manage stress, anxiety, postpartum challenges, and more, ensuring your mental well-being is prioritized.

At Greenview, our team is committed to holistic, personalized care to help you achieve your health and wellness goals.



## OUR PACKAGE

- **The Greenview Promise**
- **The Early Joy Package**
- **7 Months of Care Package**

### Our Exclusive Offering

- ❖ A dedicated companion by your side 24/7, providing continuous support for all your needs throughout your journey.
- ❖ Transportation Services (up to 5 km)
- ❖ Telehealth Platform (experts available 24/7)
- ❖ Exclusive availability of a Doula
- ❖ Financial Counselling (as required)

### Care we provide

- ❖ 15 Gynaecologist consultation
- ❖ (1 additional free consultation every trimester)
- ❖ Lab tests-UPT, Beta-hCG, Complete Blood Count (CBC), Rh Factor, RBS, T3, T4, TSH, VDRL, HIV, HbsAg, HCV, Serum Creatinine, Double Marker Test, Urine routine, Thyroid profile, OGCT



- ❖ Medicines- Iron supplements, folic acid supplements, calcium supplements
- ❖ Ultrasound Investigations:
  - Early Pregnancy scan (dating scan)
  - NT scan
  - Anomaly Scan
  - OBS Doppler
  - Growth Scan
  - OBS Doppler
- ❖ Tetanus + Booster injections
- ❖ Flu Vaccine
- ❖ Lamaze classes - 2 sessions
- ❖ Antenatal classes - 2 sessions
- ❖ Dietitian counseling - 4 sessions
- ❖ Physiotherapy session - 4 sessions
- ❖ Lactation counselling - 2 sessions
- ❖ Mental health counseling - 6 sessions
- ❖ Dental consultation - 3 sessions  
25% discount if any inpatient admission arises
- ❖ During the antenatal period.  
Optional : Dermatologist consultation

**All medication other than mentioned above in the package will have upto 20% Discount**

## In Hospital Services

- ❖ Personalized labor rooms with adjustable lighting, music, birthing balls, and various pain relief options.
- ❖ Options for vaginal delivery (with or without epidural) or planned C-section with expert care, instrumental birth
- ❖ 24/7 access to obstetricians, neonatologists, anesthesiologists, and doula
- ❖ Immediate skin-to-skin contact and APGAR scoring at birth.
- ❖ First vaccinations (Hepatitis B and BCG) are administered within the first 24 hours.
- ❖ Quick decision-making support for emergency procedures.
- ❖ Encouragement for partner's presence during labor and delivery.
- ❖ Doula inside the Labor room
- ❖ ECG, Nonstress test
- ❖ 24 Hrs nursing care
- ❖ Hospital tour

## Post Discharge Services (optional)

- ❖ Monthly Champ or healthcare staff visits for the first six months.
- ❖ 1 home visit to check breastfeeding progress.
- ❖ 1 home visit for physical recovery assistance.
- ❖ Regular phone consultations to adjust the postnatal diet.
- ❖ Continuous Mental Health services, as and when needed Till 6 months
- ❖ 1 Gynecologist consultation at the hospital

## After Delivery Services

- ❖ Suite Room with Soft ambient lighting, baby-themed décor, and comfortable beds for mother and attendant. (Normal Delivery- 2 Nights & 3 days, C-section -3 nights & 4 days)
- ❖ Daily visits by lactation consultants to establish breastfeeding and address challenges.
- ❖ 2 sessions focusing on pelvic floor recovery and general body strengthening.
- ❖ 1 visit to plan a diet for postpartum recovery and breastfeeding support.
- ❖ Monitoring newborn's health, weight gain, and development.
- ❖ Professional photography services for memorable first-day pictures.
- ❖ First vaccinations Hepatitis B and BCG, OPV, VIT K
- ❖ Newborn Screening Test
- ❖ Newborn Hearing Test
- ❖ Blood Group
- ❖ BBMP Birth Certificate + Holder
- ❖ **Surprise Spark**

## Exclusions

- ❖ NICU Charges
- ❖ Phototherapy
- ❖ Investigation, medication, and treatment for any pre-existing disease.
- ❖ Any additional procedures done
- ❖ Pharmacy, Consumables, and Diagnostic services for the newborn
- ❖ Any other services which are not mentioned above.
- ❖ Extra charges in case of Twin Delivery



The Early  
*Joy Package*



## What we provide

- ❖ 3 Gynaecologist Consultation  
(1 Additional Free Consultation in every trimester)
- ❖ Lab tests-UPT, Beta-hCG, Complete Blood Count (CBC), Rh Factor, RBS, T3, T4, TSH, VDRL ,HIV, HbsAg ,HCV, Serum Creatinine, Double Marker Test, Urine routine, Thyroid profile, OGCT
- ❖ Medicines - Folic Acid, Antiemetics
- ❖ Ultrasound Investigations
  - Early pregnancy Scan (dating scan)
  - NT Scan

- ❖ **Antenatal classes - 1 Session**
- ❖ **Dietician counseling - 1 Session**
- ❖ **Mental health counseling - 2 Sessions**

## Our Exclusive

- ❖ A dedicated companion by your side 24/7, providing continuous support for all your needs throughout your journey.
- ❖ Transportation Services (up to 5 km)
- ❖ Telehealth Platform (experts available 24/7)
- ❖ Exclusive availability of a Doula



**All medication other than mentioned above in the package will have upto 20% Discount**

7

Months of  
*Care Package*



7 Months of  
Care Package

## Care we provide

- ❖ 7 Gynaecologist Consultation  
(1 Additional Free Consultation in every trimester)
- ❖ Lab tests-UPT, Beta-hCG, Complete Blood Count (CBC), Rh Factor, RBS, T3, T4, TSH, VDRL ,HIV, HbsAg ,HCV, Serum Creatinine, Double Marker Test, Urine routine, Thyroid profile, OGCT
- ❖ Medicines - Iron supplements, folic acid supplements, calcium supplements
- ❖ Ultrasound Investigations :
  - Early pregnancy Scan (dating scan)
  - NT Scan
  - Anomaly Scan
  - OBS Doppler



- ❖ **Tetanus+Booster injections**
- ❖ **Antenatal classes**
- ❖ **Dietitian counseling- 2 sessions**
- ❖ **Physiotherapy counseling- 3 sessions**
- ❖ **Lactation counselling- 2 sessions**
- ❖ **Mental health counseling-3 sessions**
- ❖ **Dental Consultation- 1 session**
- ❖ **25% Discount on any inpatient appointment during the 7 months**
- ❖ **Optional - Dermatologist Consultation**

## Our Exclusive

- ❖ A dedicated companion by your side 24/7, providing continuous support for all your needs throughout your journey.
- ❖ Transportation Services (up to 5 km)
- ❖ Telehealth Platform
- ❖ Exclusive availability of a Doula

## GOLD PACKAGE



### Care we provide

- ❖ 15 Gynaecologist Consultation  
(1 Additional Free Consultation in every trimester)
- ❖ Lab tests-UPT, Beta-hCG, Complete Blood Count (CBC), Rh Factor, RBS, T3, T4, TSH, VDRL ,HIV, HbsAg ,HCV, Serum Creatinine, Double Marker Test, Urine routine, Thyroid profile, OGCT
- ❖ Medicines - Iron supplements, folic acid supplements, calcium supplements
- ❖ Ultrasound Investigations :
  - Early pregnancy Scan (dating scan)
  - NT Scan
  - Anomaly Scan
  - OBS Doppler
  - Growth Scan
  - OBS Doppler

- ❖ **Tetanus+Booster injections**
- ❖ **Lamaze Classes - 2 sessions**
- ❖ **Antenatal classes - 2 sessions**
- ❖ **Dietitian counseling- 4 sessions**
- ❖ **Physiotherapy counseling- 4 sessions**
- ❖ **Lactation counselling- 2 sessions**
- ❖ **Mental health counseling-6 sessions**
- ❖ **Dental Consultation- 3 sessions**
- ❖ **25% Discount on any inpatient appointment during the Antenatal Period**
- ❖ **Optional - Dermatologist Consultation**

### Our Exclusive offering

- ❖ A dedicated companion by your side 24/7, providing continuous support for all your needs throughout your journey.
- ❖ Transportation Services (up to 5 km)
- ❖ Telehealth Platform (experts available 24/7)
- ❖ Exclusive availability of a Doula
- ❖ **Financial Counselling (as required)**

## In Hospital Services

- ❖ Personalized labor rooms with adjustable lighting, music, birthing balls, and various pain relief options.
- ❖ Options for vaginal delivery (with or without epidural) or planned C-section with expert care, instrumental birth
- ❖ 24/7 access to obstetricians, neonatologists, anesthesiologists, and doula
- ❖ Immediate skin-to-skin contact and APGAR scoring at birth.
- ❖ First vaccinations (Hepatitis B and BCG) are administered within the first 24 hours.
- ❖ Quick decision-making support for emergency procedures.
- ❖ Encouragement for partner's presence during labor and delivery.
- ❖ Doula inside the Labor room
- ❖ ECG, Nonstress test
- ❖ 24 Hrs nursing care
- ❖ Hospital tour

## Post Discharge Services (optional)

- ❖ Monthly visits by the Champ or healthcare staff for the first six months (optional)
- ❖ 1 home visit to check breastfeeding progress.
- ❖ 1 home visit for physical recovery assistance.
- ❖ Regular phone consultations to adjust the postnatal diet.
- ❖ Continuous Mental Health services, as and when needed Till 6 months
- ❖ 1 Gynecologist consultation at the hospital

## After Delivery Services

- ❖ Suite Room with Soft ambient lighting, baby-themed décor, and comfortable beds for mother and attendant.
- ❖ Daily visits by lactation consultants to establish breastfeeding and address challenges.
- ❖ 2 sessions focusing on pelvic floor recovery and general body strengthening.
- ❖ 1 visit to plan a diet for postpartum recovery and breastfeeding support.
- ❖ Monitoring newborn's health, weight gain, and development.
- ❖ Professional photography services for memorable first-day pictures.
- ❖ First vaccinations Hepatitis B and BCG, OPV, VIT K
- ❖ Newborn Screening Test
- ❖ Newborn Hearing Test
- ❖ Blood Group
- ❖ BBMP Birth Certificate + Holder
- ❖ **Gold Surprise Spark**

## Exclusions

- ❖ NICU Charges
- ❖ Phototherapy
- ❖ Investigation, medication, and treatment for any pre-existing disease.
- ❖ Any additional procedures done
- ❖ Pharmacy, Consumables, and Diagnostic services for the newborn
- ❖ Any other services which are not mentioned above.
- ❖ Extra charges in case of Twin Delivery

**All medication other than mentioned above in the package will have upto 20% Discount**

## SILVER PACKAGE



### Care we provide

- ❖ 12 Gynaecologist Consultation  
(1 Additional Free Consultation in every trimester)
- ❖ Lab tests-UPT, Beta-hCG, Complete Blood Count (CBC), Rh Factor, RBS, T3, T4, TSH, VDRL ,HIV, HbsAg ,HCV, Serum Creatinine, Double Marker Test, Urine routine, Thyroid profile, OGCT
- ❖ Medicines - Iron supplements, folic acid supplements, calcium supplements
- ❖ Ultrasound Investigations
  - Early pregnancy Scan (dating scan)
  - NT Scan
  - Anomaly Scan
  - OBS Doppler
  - Growth Scan
  - OBS Doppler

- ❖ **Tetanus + Booster injections**
- ❖ **Lamaze Classes - 2 sessions**
- ❖ **Antenatal classes - 2 sessions**
- ❖ **Dietitian counseling- 4 sessions**
- ❖ **Physiotherapy counseling- 4 sessions**
- ❖ **Lactation counselling- 2 sessions**
- ❖ **Mental health counseling-6 sessions**

### Our Exclusive offering

- ❖ A dedicated companion by your side 24/7, providing continuous support for all your needs throughout your journey.
- ❖ Telehealth Platform (experts available 24/7)

## In Hospital Services

- ❖ Personalized labor rooms with adjustable lighting, birthing balls, and various pain relief options.
- ❖ Options for vaginal delivery (with or without epidural) or planned C-section with expert care, instrumental birth
- ❖ 24/7 access to obstetricians, neonatologists, anesthesiologists, and doula
- ❖ Immediate skin-to-skin contact and APGAR scoring at birth.
- ❖ First vaccinations (Hepatitis B and BCG) are administered within the first 24 hours.
- ❖ Quick decision-making support for emergency procedures.
- ❖ Encouragement for partner's presence during labor and delivery.
- ❖ ECG, Nonstress test
- ❖ 24 Hrs nursing care

## Post Discharge Services (optional)

- ❖ Hospital visit to check breastfeeding progress.
- ❖ Hospital visit for physical recovery assistance.
- ❖ 2 phone consultations to adjust the postnatal diet.
- ❖ Continuous Mental Health services, as and when needed Till 6 months at Hospital
- ❖ 1 Gynecologist consultation at the hospital

## After Delivery Services

- ❖ Private Room with Comfortable beds for mother and attendant.
- ❖ Daily visits by lactation consultants to establish breastfeeding and address challenges.
- ❖ 2 sessions focusing on pelvic floor recovery and general body strengthening.
- ❖ 1 visit to plan a diet for postpartum recovery and breastfeeding support.
- ❖ Monitoring newborn's health, weight gain, and development.
- ❖ Professional photography services for memorable first-day pictures.
- ❖ First vaccinations Hepatitis B and BCG, OPV, VIT K
- ❖ Newborn Screening Test
- ❖ Newborn Hearing Test
- ❖ Blood Group
- ❖ BBMP Birth Certificate + Holder
- ❖ **Silver Surprise Spark**

## Exclusions

- ❖ NICU Charges
- ❖ Phototherapy
- ❖ Investigation, medication, and treatment for any pre-existing disease.
- ❖ Any additional procedures done
- ❖ Pharmacy, Consumables, and Diagnostic services for the newborn
- ❖ Any other services which are not mentioned above.
- ❖ Extra charges in case of Twin Delivery

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## Dr. Achi Ashok

MBBS, MD(O&G),  
DIP in Reproductive Medicine

### Experience:

30 years in Obstetrics & Gynecology

### Areas of Expertise :

- ❖ Fertility treatments, including ART,
- ❖ IUI, and IVF
- ❖ High-risk pregnancies
- ❖ Management of recurrent miscarriages
- ❖ Gynecological surgeries
- ❖ Gynecologic oncology

### Approach:

- ❖ Caring and complete support tailored to individual needs
- ❖ Dedicated to ensuring patients feel supported every step of the way



## Dr. Seema

BAMS, Physician Asst.

### Experience:

17 years in Obstetrics & Gynecology

### Assisting in :

- ❖ Normal deliveries in the Labour Room
- ❖ MTP and D&C procedures
- ❖ IVF treatments and follicular studies
- ❖ Pap smears and IUCD insertions
- ❖ Providing pre- and post-operative care
- ❖ Complete gynecological care with experience in assisting women's health and fertility-related cases.



## Dr. Lalitha Somasunder

Clinical Nutritionist & Dietitian M.S,  
M.Phil, R.D,

### Experience:

40 Years

### Professional highlights :

- ❖ Diabetic Educator & consultant
- ❖ Faculty member of Nutrition & Dietetics in top universities ; guiding M.Sc, M.Phil, and Ph.D.Students
- ❖ Awarded as the best clinical Nutrition and Diabetic Educator by IDE.



## Mrs. Preethi Prakash

### Role :

- ❖ Lactation Consultant
- ❖ Birth Educator
- ❖ Doula

### Services Offered :

- ❖ Guidance through pregnancy, childbirth, postpartum, and breastfeeding
- ❖ Personalized care tailored to individual needs



## Dr. Pooja Savalekar

### BPT

(Physiotherapy Consultant)

### Experience:

5 years

### Specialization :

- ❖ Pain relief, improved mobility, and strength building for pregnant and postpartum women
- ❖ Support for a healthier pregnancy and recovery after childbirth



## Dr. Priyankadevi S

M.phil, Ph.D in Psychiatric Social work  
(NIMHANS)

### Experience:

12 years

### Specialization :

- ❖ Specialized in Women's Mental Health, Family therapy.

OUR HOSPITAL  
INSIDE & OUT !





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