



Muskie Community Center

DINING MENU

August 2024

Lunch is offered to the public 11 a.m. to 12:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
	All lunches are served with 1% milk, water, and fruit salad. Community Fundraising make the following available: Coffee, Tea and Desserts.	Breakfast Buffet Served every Friday from 8 - 9:30 a.m. Cost: \$7 per person	1 Pot Roast Mashed Potatoes Green Beans or Salad Bar Dinner Roll	2 Breakfast Buffet Breaded Fish Fillet Oven Fries Coleslaw or Salad Bar Dinner Roll
5 American Chop Suey Zucchini or Salad Bar Dinner Roll	6 Chicken Cordon Bleu Au Gratin Potatoes Summer Squash or Salad Bar Dinner Roll	7 Meatloaf Mashed Potatoes Green Beans or Salad Bar Dinner Roll	8 Turkey Tetrazzini Egg Noodles Corn or Salad Bar Dinner Roll	9 Breakfast Buffet Salmon Casserole Pasta Vegetable Medley or Salad Bar Dinner Roll
12 Chicken Fingers Macaroni & Cheese Broccoli or Salad Bar Dinner Roll	13 Chicken Teriyaki Rice Pilaf Summer Squash or Salad Bar Dinner Roll	14 BBQ Ribs Baked Beans Coleslaw or Salad Bar Dinner Roll	15 Roast Pork Mashed Potatoes Peas & Carrots or Salad Bar Dinner Roll	16 Breakfast Buffet Stuffed Haddock Au Gratin Potatoes Green Beans or Salad Bar Dinner Roll
19 Lasagna Mixed Vegetables or Salad Bar Dinner Roll	20 Chicken Pot Pie with Biscuit Carrots or Salad Bar Dinner Roll	21 Shepherd's Pie Green Beans or Salad Bar Dinner Roll	22 Ham Salad, Egg Salad, Chicken Salad Potato Salad Pickled Beets or Salad Bar Bread/Rolls	23 Breakfast Buffet Seafood Casserole Seasoned Rice Coleslaw or Salad Bar Dinner Roll
26 Closed for Staff Appreciation Day	27 Assorted Quiche Roasted Potatoes Spinach or Salad Bar Dinner Roll	28 Chicken & Sausage Cassoulet with White Beans Roasted Vegetables or Salad Bar Dinner Roll	29 BBQ Chicken Rice Pilaf Green Beans or Salad Bar Dinner Roll	30 Breakfast Buffet Lemon Butter Haddock Scalloped Potatoes Carrots or Salad Bar Dinner Roll

Congregate Dining – congregate diners age 60 or older are not required to pay, contributions are by donation, are voluntary and can be confidential; congregate diners under 60, a fee of \$7.50 is required (unless noted otherwise).

We are an equal opportunity provider.



Muskie Community Center

ACTIVITIES

August 2024

★ Special event/by appointment only

	TIME	ACTIVITY	COST
Mondays	By Appointment 8 a.m. – 3 p.m. 9 – 10 a.m. 10 – 11:30 a.m.	★ Notary Services ★ Pool Table ~ Sign up at Reception - Veterans Play Free Richard Simmons Workout ★ Book Club~ Come read and Discuss Books! <i>Cost covers the book and meetings. The book will be yours to keep!</i>	Donations Accepted \$5 per hour \$2 per person <i>See receptionist</i>
	By Appointment 8 a.m. – 3 p.m. 9 – 11 a.m. Noon – 2:30 p.m. Aug. 6, 1 – 2:30 p.m. Aug. 20, 10 – 11 a.m.	★ Notary Services ★ Pool Table ~ Sign up at reception - Veterans Play Free Quilts & Crafts Hand & Foot ~ Canasta ~ Rummy Type Card Game ★ Muskie Music Makers ★ Medicare 101 Clinic <i>(Somerset Community Center, 30 Leavitt St. Skowhegan)</i>	Donations Accepted \$5 per hour \$2 per person \$2 per person \$1 per person Donations Accepted
Wednesdays	9 – 10 a.m. 9:30 – 10:30 a.m. Aug. 14, 10 – 11 a.m. 10 a.m. – 1 p.m. Aug. 28, Noon – 1 p.m.	Richard Simmons Workout French Social Hour ~ Converse with others in French ! Nutrition Presentation & Cooking Demo - Tomatoes ★ Computer/Phone Classes with Lois Harrington ★ Collage Creations with Waterville Creates	\$2 per person \$2 per person Free \$7 per class \$2 per person
	Noon – 2:30 p.m. 2 – 3:30 p.m.	Cribbage Waterville Chess Club ~ Beginners are welcome!	\$2 per person \$2 per person
Thursdays	By Appointment Aug. 1, 8 a.m. – 2 p.m. Noon – 1 p.m. 1 – 3 p.m. Aug. 15, 9 – 1 p.m. Aug. 15, Noon – 1:30 p.m.	★ Notary Services ★ Veterans Assistance -Veterans' Service Officers ★ Line Dancing Class Please Note: 3rd Thursday 1-2 p.m. ★ Scrabble ~ Players Needed if interested sign up at Reception Power Hour with CMP Representatives ★ Presentation; Native Plants for NE Gardens	Donations Accepted Free \$2 per person \$2 per person Free Donations Accepted
	8:30 a.m. – 3 p.m. 9 – 10 a.m. 1 – 3 p.m. Aug. 23, 9:30 a.m. – 2 p.m. Aug. 23, 1 - 2:30 p.m.	★ Pool Table ~ Sign up at Reception Veterans Play Free Richard Simmons Workout "63" Card Game ~ Beginners are welcome! ★ Free Hearing Tests ★ Medicare 101 Clinic at Muskie	\$5 per hour \$2 per person \$2 per person Free Donations Accepted

Rummage Sale at Muskie, September 19, from 9 a.m. - 3 p.m.!

We are currently accepting donations for any lightly used items that we can add to the sale such as: household items, games, books, puzzles, decorations, jewelry, tools, art, etc...

For more information or to donate, please visit the front desk receptionist or call the Muskie Community Center at (207) 873-4745.

 Spectrum Generations is an Equal Opportunity Provider. Please let us know if you require special accommodations at least two weeks prior to the event.