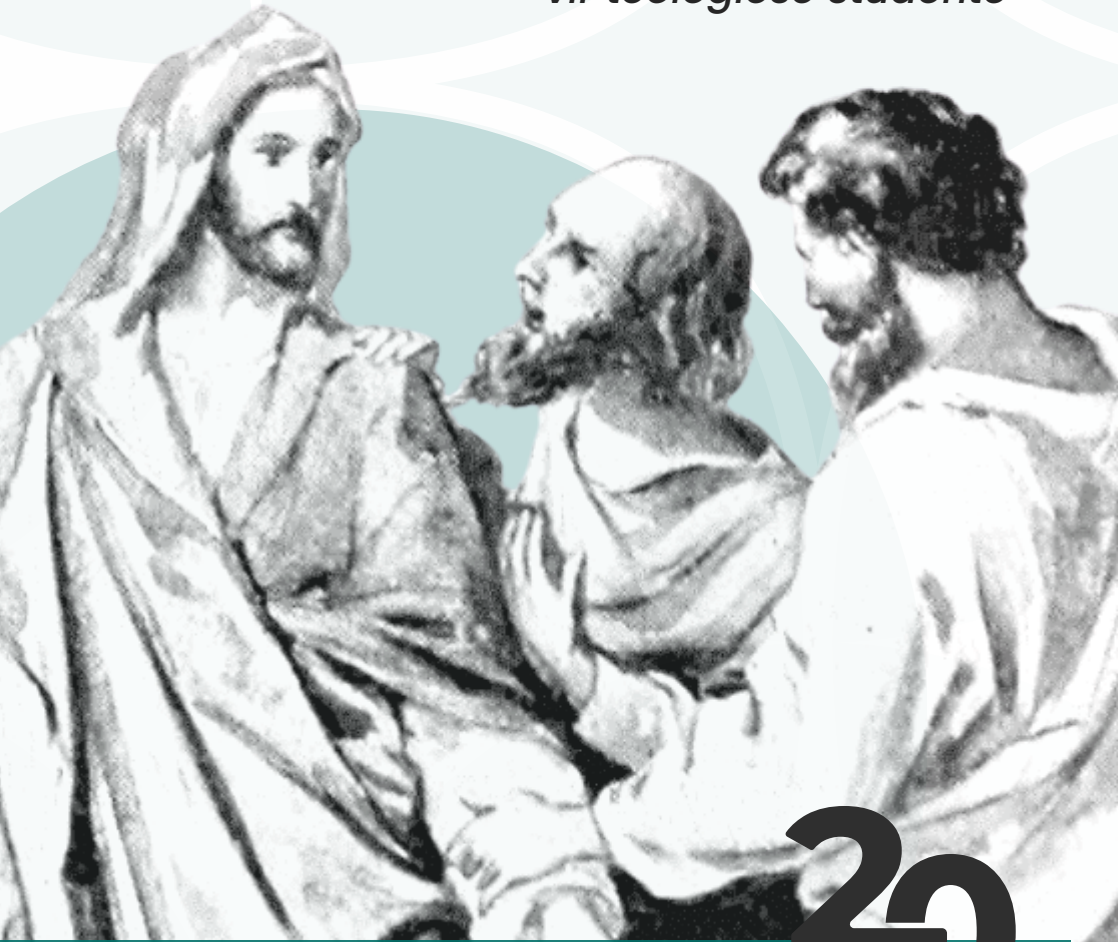


# SEMINARIUM

Spiritualiteitsvormingprogram

*vir teologiese studente*



# EMMAUS

# 20 23



# INHOUDSOPGAWE

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# VOORWOORD

Die Bybel is 'n wonderlike boek! Dis waar, maar dis te min gesê. Die Bybel is ook God se woord in mensetaal. Dis die manier waarop God mense elke dag wil vertroos, bemoedig, aanspreek, begelei en inlig. Dit vertel wie God is, wie mense is en hoe God by hulle en by Sy wêreld betrokke is. Dit vertel wie alles gemaak het en waarheen alles op pad is...

Wat baie spesiaal is, is dat jy nou geroep is om mense met hierdie wonderlike Woord te bedien. Die volle verhaal van die Groot Verhaal. Die Woord in sy volheid.

Daar is een gevaar, naamlik dat 'n mens homself en ander kan verarm deur net kennis te neem van 'n klein stukkie van wat God met hulle wil deel omdat hulle net 'n paar liefingboeke of – tekste lees. Ons wil jou dus die geleentheid gee om, voordat jy as dominee in 'n gemeente kom, die hele Bybel sistematies deur te lees. Nie net te lees nie, maar dat jy ook alleen en saam met ander sal nadink oor hoe die gedeelte jou aanspreek, en hoe dit jou lewe moet verander.

## Hoe werk dit?

Die hele Bybel is in vyf groot versamelings (“modules”) ingedeel. Al die studente van die NG Kerk in die Fakulteit Teologie (dit staan ander studente of vriende ook vry om in te skakel), doen elke jaar een module. Die modules is as volg:

### 2023 | Module 1

Ou Testament (Teksgedeeltes uit die volgende boeke):

Genesis, Exodus, Numeri, 1 Samuel, Psalms, Jesaja, Jona.

Nuwe Testament (Teksgedeeltes uit die volgende boeke):

Matteus, Lukas, Johannes, Handeling, Romeine, 1 Korintiërs, Efesiërs, Fillipense, Hebreërs, 1 Petrus.

### 2024 | Module 2

Ou Testament: Sal nog aangekondig word

Nuwe Testament: Sal nog aangekondig word

### 2020 | Module 3

Ou Testament: Jesaja tot Maleagi (al die profete).  
Nuwe Testament: Lukas, 1 en 2 Timoteus, Titus, Efesiërs, Kolosense.

### 2021 | Module 4

Ou Testament: 1 en 2 Kronieke, Esra, Nehemia, Daniël en Psalms  
Nuwe Testament: Johannes-evangelie, 1, 2 en 3 Johannes en Openbaring.

### 2023 | Module 5

Ou Testament: Rut, Ester, Job, Spreuke, Prediker, Hooglied en Klaagliedere.  
Nuwe Testament: Hebreërs, Jakobus, 1 en 2 Petrus en Judas

Die Bybelgedeeltes van elke module is in weke ingedeel. By elke gedeelte, is ook ruimte vir 'n persoonlike joernaal in jou stiltetyd.

- Feite:** Wat is die feite in die teks? Waaroor gaan dit?  
Wat is die storie?
- Gevoelens:** Watter emosies maak dit by my wakker en waarmee kan ek identifiseer?
- Ontdekkings:** Watter nuwe ontdekkings maak ek? Wat leer ek?
- Toekoms:** Wat sê dit vir môre? Hoe kan ek en wil ek in die toekoms anders optree?

Een keer per week kom jy en 'n groep teologiese studente onder leiding van 'n kringleier (Steunspanlid) bymekaar en deel julle die lees en ervarings met mekaar – 'n selgroep. Daar is 'n periode op Woensdae hiervoor vasgestel; julle kan egter ook op 'n ander tyd byeenkom.

In eksamentye is daar nie formele byeenkomste nie; jy kan dan op jou eie die boeke lees, soos aangedui op die Seminarium Handleiding program. In vakansietye kan jy enigiets aanvullend en stigtelik lees.

Ons wil jou aanmoedig om by hierdie dissipline te bly en dit in te oefen. Daarom is die Emmausprogram verpligtend, en wil ons jou help om so 'n belangrike en goeie geloofsgewoonte vir die pad vorentoe aan te leer.

Bring so tyd by die Here deur.

22 Februarie 2023

**WEEK 1**

**Persoonlike refleksie:**  
Matt 6:1-6, 16-21 (As-Woensdag teks)

**ONTHOU:**     *Feite;*     *Gevoelens;*     *Ontdekkings;*     *Toekoms:*

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✝ *Sondag se erediens: Tekst en gedagtes*

Selgroep:

**WEEK 1**

***Feite:***

***Gevoelings:***

## WEEK 1

***Ontdekkings:***

***Toekomst:***







1 Maart 2023

**WEEK 2**

**Persoonlike refleksie:**

Gen 2:15–17, 3:1–7 | Psalm 32 | Rom 5:12–19 | Matt 4:1–11

**ONTHOU:**      *Feite;*      *Gevoelens;*      *Ontdekkings;*      *Toekoms:*

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✝ *Sondag se erediens: Tekst en gedagtes*

Selgroep:

**WEEK 2**

***Feite:***

***Gevoelings:***

**WEEK 2**

***Ontdekkings:***

***Toekomst:***

# EMMAUS-PROGRAM 2023

## WEEK 2

Teksgedeelte waarop die toepaslike inhoudsvraag fokus:

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Naam Sellid: \_\_\_\_\_ Datum: \_\_\_\_\_

Naam Selleier: \_\_\_\_\_

1. Beskryf in twee of meer sinne wat in hierdie Skrifgedeelte aan die gang is. Wat het gebeur/wat is gesê en hoekom? (3 punte)

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8 Maart 2023

**WEEK 3**

**Persoonlike refleksie:**

Gen 12:1–4a | Psalm 121 | Rom 4:1–5, 13–17 | Joh 3:1–17 of Matt 17:1–9

**ONTHOU:**

*Feite;*

*Gevoelens;*

*Ontdekkings;*

*Toekoms:*

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*Sondag se erediens: Tekst en gedagtes*



Selgroep:

**WEEK 3**

***Feite:***

***Gevoelings:***

## WEEK 3

***Ontdekkings:***

***Toekomst:***

# EMMAUS-PROGRAM 2023

## WEEK 3

Teksgedeelte waarop die toepaslike inhoudsvraag fokus:

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Naam Sellid: \_\_\_\_\_ Datum: \_\_\_\_\_

Naam Selleier: \_\_\_\_\_

1. Beskryf in twee of meer sinne wat in hierdie Skrifgedeelte aan die gang is. Wat het gebeur/wat is gesê en hoekom? (3 punte)

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15 Maart 2023

**WEEK 4**

**Persoonlike refleksie:**

Ex 17:1-7 | Psalm 95 | Rom 5:1-11 | Joh 4:5-42

**ONTHOU:      *Feite;*      *Gevoelens;*      *Ontdekkings;*      *Toekoms:***

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✝ *Sondag se erediens: Tekst en gedagtes*

Selgroep:

**WEEK 4**

***Feite:***

***Gevoelings:***

## WEEK 4

***Ontdekkings:***

***Toekomst:***







22 Maart 2023

**WEEK 5**

**Persoonlike refleksie:**

1 Sam 16:1–13 | Psalm 23 | Ef 5:8–14 | Joh 9:1–41

**ONTHOU:**

*Feite;*

*Gevoelens;*

*Ontdekkings;*

*Toekoms:*

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*Sondag se erediens: Tekst en gedagtes*

Selgroep:

**WEEK 5**

***Feite:***

***Gevoelings:***

## WEEK 5

***Ontdekkings:***

***Toekomst:***







5 April 2023

**WEEK 6**

**Persoonlike refleksie:**

Jes 50:4–9a | Psalm 70 | Heb 12:1–3 | Joh 13:21–32

**ONTHOU:**      *Feite;*      *Gevoelens;*      *Ontdekkings;*      *Toekoms:*

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✝ *Sondag se erediens: Tekst en gedagtes*

Selgroep:

**WEEK 6**

***Feite:***

***Gevoelings:***

## WEEK 6

***Ontdekkings:***

***Toekomst:***





12 April 2023

**WEEK 7**

**Persoonlike refleksie:  
Jer 31:1-6**

**ONTHOU:**

*Feite;*

*Gevoelens;*

*Ontdekkings;*

*Toekoms:*

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Selgroep:

**WEEK 7**

***Feite:***

***Gevoelings:***

## WEEK 7

***Ontdekkings:***

***Toekomst:***





19 April 2023

**WEEK 8**

**Persoonlike refleksie:**

Hand 2:14a, 22–32 | Psalm 16 | 1 Pet 1:3–9 | Joh 20:19–31

**ONTHOU:**

*Feite;*

*Gevoelens;*

*Ontdekkings;*

*Toekoms:*

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✝ *Sondag se erediens: Tekst en gedagtes*

Selgroep:

**WEEK 8**

***Feite:***

***Gevoelings:***

**WEEK 8**

***Ontdekkings:***

***Toekomst:***







26 April 2023

**WEEK 9**

**Persoonlike refleksie:**

Hand 2:14a, 36–41 | Psalm 116:1–4, 12–19 | 1 Pet 1:17–23 | Luk 24:13–35

**ONTHOU:**

*Feite;*

*Gevoelens;*

*Ontdekkings;*

*Toekoms:*

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✝ *Sondag se erediens: Tekst en gedagtes*

Selgroep:

**WEEK 9**

***Feite:***

***Gevoelings:***

## WEEK 9

***Ontdekkings:***

***Toekomst:***







3 Mei 2023

**WEEK 10**

**Persoonlike refleksie:**

Hand 2:42–47 | Psalm 23 | 1 Pet 2:19–25 | Joh 10:1–10

**ONTHOU:**

*Feite;*

*Gevoelens;*

*Ontdekkings;*

*Toekoms:*

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✝ *Sondag se erediens: Tekst en gedagtes*

Selgroep:

**WEEK 10**

***Feite:***

***Gevoelings:***

## WEEK 10

***Ontdekkings:***

***Toekomst:***





10 Mei 2023

**WEEK 11**

**Persoonlike refleksie:**

Hand 7:55–60 | Psalm 31:1–5, 15–16 | 1 Pet 2:2–10 | Joh 14:1–14

**ONTHOU:**      *Feite;*      *Gevoelens;*      *Ontdekkings;*      *Toekoms:*

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✝ *Sondag se erediens: Tekst en gedagtes*



Selgroep:

**WEEK 11**

***Feite:***

***Gevoelings:***

## WEEK 11

***Ontdekkings:***

***Toekomst:***





17 Mei 2023

**WEEK 12**

**Persoonlike refleksie:**

Hand 17:22–31 | Psalm 66:8–20 | 1 Pet 3:13–22 | Joh 14:15–21

**ONTHOU:**      *Feite;*      *Gevoelens;*      *Ontdekkings;*      *Toekoms:*

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*Sondag se erediens: Tekst en gedagtes*

Selgroep:

**WEEK 12**

***Feite:***

***Gevoelings:***

## WEEK 12

***Ontdekkings:***

***Toekomst:***







24 Mei 2023

**WEEK 13**

**Persoonlike refleksie:**

Hand 1:1–11 | Psalm 47 of Psalm 93 | Ef 1:15–23 | Luk 24:44–53

**ONTHOU:**      *Feite;*      *Gevoelens;*      *Ontdekkings;*      *Toekoms:*

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✝ *Sondag se erediens: Tekst en gedagtes*

Selgroep:

**WEEK 13**

***Feite:***

***Gevoelings:***

**WEEK 13**

***Ontdekkings:***

***Toekomst:***







31 Mei 2023

**WEEK 14**

**Persoonlike refleksie:**

Hand 2:1–21 of Num 11:24–30 | Psalm 104:24–34, 35b, 1 Kor 12:3b-13 of Hand  
2:1–21 | Joh 20:19–23 of Joh 7:37–39

**ONTHOU:**

*Feite;*

*Gevoelens;*

*Ontdekkings;*

*Toekoms:*

**Dag 1**

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## Dag 6

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*Sondag se erediens: Tekst en gedagtes*

Selgroep:

**WEEK 14**

***Feite:***

***Gevoelings:***

**WEEK 14**

***Ontdekkings:***

***Toekomst:***





19 Julie 2023

**WEEK 15**

**Persoonlike refleksie:**

Gen 25:19-34 | Ps 119:105-112 | Rom 8:1-11 | Matt 13:1-9, 18-23

**ONTHOU:**      *Feite;*      *Gevoelens;*      *Ontdekkings;*      *Toekoms:*

**Dag 1**

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**Dag 2**

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## Dag 6

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✝ *Sondag se erediens: Tekst en gedagtes*



Selgroep:

**WEEK 15**

***Feite:***

***Gevoelings:***

## WEEK 15

***Ontdekkings:***

***Toekomst:***





26 Julie 2023

**WEEK 16**

**Persoonlike refleksie:**

Gen 28:10-19a | Ps 139:1-12, 23-24 | Rom 8:12-25 | Matt 13:24-30, 36-43

**ONTHOU:**

*Feite;*

*Gevoelens;*

*Ontdekkings;*

*Toekoms:*

**Dag 1**

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**Dag 2**

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*Sondag se erediens: Tekst en gedagtes*

Selgroep:

**WEEK 16**

***Feite:***

***Gevoelings:***

**WEEK 16**

***Ontdekkings:***

***Toekomst:***







2 Augustus 2023

**WEEK 17**

**Persoonlike refleksie:**

Gen 29:15-28 | Ps 105:1-11, 45b of Ps128 | Rom 8:26-39 | Matt 13:31-33,  
44-52

**ONTHOU:**      *Feite;*      *Gevoelens;*      *Ontdekkings;*      *Toekoms:*

**Dag 1**

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**Dag 2**

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## Dag 6

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✝ *Sondag se erediens: Tekst en gedagtes*

Selgroep:

**WEEK 17**

***Feite:***

***Gevoelings:***

## WEEK 17

***Ontdekkings:***

***Toekomst:***







16 Augustus 2023

**WEEK 18**

**Persoonlike refleksie:**

Gen 37:1-4, 12-28 | Ps 105:1-6, 16-22, 45b | Rom 10:5-15 | Matt 14:22-33

**ONTHOU:**

*Feite;*

*Gevoelens;*

*Ontdekkings;*

*Toekoms:*

**Dag 1**

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**Dag 2**

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✝ *Sondag se erediens: Tekst en gedagtes*

Selgroep:

**WEEK 18**

***Feite:***

***Gevoelings:***

**WEEK 18**

***Ontdekkings:***

***Toekomst:***





23 Augustus 2023

**WEEK 19**

**Persoonlike refleksie:**

Genesis 45:1–15 | Psalm 133 | Rom 11:1–2a, 29–32 | Matt 15:[10–20],  
21–28

**ONTHOU:**      *Feite;*      *Gevoelens;*      *Ontdekkings;*      *Toekoms:*

**Dag 1**

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**Dag 2**

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✝ *Sondag se erediens: Teks en gedagtes*



Selgroep:

**WEEK 19**

***Feite:***

***Gevoelings:***

**WEEK 19**

***Ontdekkings:***

***Toekomst:***





30 Augustus 2023

**WEEK 20**

**Persoonlike refleksie:**

Ex 1:8-2:10 | Psalm 124 | Rom 12:1-8 | Matthew 16:13-20

**ONTHOU:**      *Feite;*      *Gevoelens;*      *Ontdekkings;*      *Toekoms:*

**Dag 1**

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**Dag 2**

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*Sondag se erediens: Tekst en gedagtes*

Selgroep:

**WEEK 20**

***Feite:***

***Gevoelings:***

**WEEK 20**

***Ontdekkings:***

***Toekomst:***







6 September 2023

**WEEK 21**

**Persoonlike refleksie:**

Ex 3:1–15 | Psalm 105:1–6, 23–26, 45b | Rom 12:9–21 | Matt 16:21–28

**ONTHOU:**

*Feite;*

*Gevoelens;*

*Ontdekkings;*

*Toekoms:*

**Dag 1**

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**Dag 2**

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✝ *Sondag se erediens: Tekst en gedagtes*

Selgroep:

**WEEK 21**

***Feite:***

***Gevoelings:***

**WEEK 21**

***Ontdekkings:***

***Toekomst:***







13 September 2023

**WEEK 22**

**Persoonlike refleksie:**

Ex 12:1–14 | Psalm 149 | Rom 13:8–14 | Matt 18:15–20

**ONTHOU:**      *Feite;*      *Gevoelens;*      *Ontdekkings;*      *Toekoms:*

**Dag 1**

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✝ *Sondag se erediens: Teks en gedagtes*

Selgroep:

**WEEK 22**

***Feite:***

***Gevoelings:***

## WEEK 22

***Ontdekkings:***

***Toekomst:***





20 September 2023

**WEEK 23**

**Persoonlike refleksie:**

Ex 14:19–31 | Psalm 114 of Exodus 15:1b–11, 20–21 | Rom 14:1–12 |  
Matt 18:21–35

**ONTHOU:**

*Feite;*

*Gevoelens;*

*Ontdekkings;*

*Toekoms:*

**Dag 1**

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**Dag 2**

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*Sondag se erediens: Tekst en gedagtes*



Selgroep:

**WEEK 23**

***Feite:***

***Gevoelings:***

**WEEK 23**

***Ontdekkings:***

***Toekomst:***





27 September 2023

**WEEK 24**

**Persoonlike refleksie:**

Ex 16:2–15 | Jona 3:10-4:11 | Psalm 105:1–6, 37–45 | Fil 1:21–30 | Matt  
20:1–16

**ONTHOU:**

*Feite;*

*Gevoelens;*

*Ontdekkings;*

*Toekoms:*

**Dag 1**

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✝ *Sondag se erediens: Teks en gedagtes*

Selgroep:

**WEEK 24**

***Feite:***

***Gevoelings:***

**WEEK 24**

***Ontdekkings:***

***Toekomst:***







11 Oktober 2023

**WEEK 25**

**Persoonlike refleksie:**

Exodus 20:1–4, 7–9, 12–20 | Psalm 19 | Fil 3:4b–14 | Matt 21:33–46

**ONTHOU:**

*Feite;*

*Gevoelens;*

*Ontdekkings;*

*Toekoms:*

**Dag 1**

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**Dag 2**

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*Sondag se erediens: Tekst en gedagtes*

Selgroep:

**WEEK 25**

***Feite:***

***Gevoelings:***

**WEEK 25**

***Ontdekkings:***

***Toekomst:***







18 Oktober 2023

**WEEK 26**

**Persoonlike refleksie:**

Exodus 32:1–14 | Psalm 106:1–6, 19–23 | Fil 4:1–9 | Matt 22:1–14

*Feite; Gevoelens; Ontdekkings; Toekoms:*

**Dag 1**

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**Dag 2**

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✝ *Sondag se erediens: Tekst en gedagtes*

Selgroep:

**WEEK 26**

***Feite:***

***Gevoelings:***

**WEEK 26**

***Ontdekkings:***

***Toekoms:***







# SEMINARIUM

van die NG Kerk Vrystaat | 2023

Van Heerdenweg 20, Wilgehof, Bloemfontein 9301 | Tel: (051) 406 6700 | [www.ngkerkvrystaat.co.za](http://www.ngkerkvrystaat.co.za)



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 **NG Kerk**  
Vrystaat

Kuratorium